



# Seed Starting

## PLANNER



[Access to Seed Starting Planner Spreadsheet](#)

# How to Use the Seed Starting Planner Workbook

A step-by-step guide to planning your garden season with automated sowing, transplanting, harvest, succession, and fall planning calculations.

---

## 1. Setup Tab – Enter Your Frost Dates

- Open the 'Setup' tab.
- Enter your Last Spring Frost Date.
- Enter your First Fall Frost Date.
- These two dates drive ALL automatic calculations in the workbook.
- If you move to a new climate or season, simply update these dates.

## 2. Crop Library – Customize Your Crops

- The Crop Library contains timing data for each crop.
- You can edit or add crops at any time.
- Columns include: Start Type, Indoor Weeks Before Frost, Direct Sow Offset, Transplant Offset, Days to Maturity, and Harvest Window.
- All calculations in 'My Plan' and 'Fall Plan' pull directly from this library.

## 3. My Plan – Spring & Main Season Planning

- Select your crop from the dropdown in Column A.
- Optional: Add variety name, bed/location, and notes.
- Sow Date auto-calculates based on frost date and crop timing.
- Transplant Date calculates automatically for indoor-started crops.
- Harvest Start and End dates are calculated using days to maturity and harvest window.

## 4. Succession Planting – Automated Scheduling

- Enter your desired Succession Interval (example: 14 days).
- Enter the Number of Successions.
- The workbook generates a list of all sow, transplant, and harvest dates.
- Leave blank if you only want a single planting.
- Great for lettuce, radish, carrots, and continuous harvest crops.

## **5. Fall Plan (Example Sheet)**

- The Fall Plan sheet works the same as My Plan.
- All dates are calculated backward from your First Fall Frost Date.
- This allows you to determine when to start fall crops indoors or direct sow.
- Example crops are included for demonstration.
- Duplicate this sheet to create additional seasonal plans.

## **6. Tips for Best Results**

- Always verify frost dates for your specific microclimate.
- Adjust indoor weeks or maturity days in the Crop Library if needed.
- Use succession planting to avoid overwhelming harvests.
- Review orange-highlighted cells for frost conflict warnings.
- Duplicate sheets yearly to keep historical garden records.

---

This workbook is designed to simplify planning so you can focus more on growing and less on guessing. Update frost dates annually and enjoy a fully mapped-out growing season.