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or email request to orders@NewLightHealth.life

NEW LIGHT HEALTH™

Wellness To Your Door™

SUMMER 2024

LARGE SELECTION

We have over 3,000 items in stock to suit a variety of needs!

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Monday – Friday from 8 AM to 5 PM EST.

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FAST SHIPPING

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Then shall thy **LIGHT**
break forth as the morning,
and thine **HEALTH**
shall spring forth speedily.

ISAIAH 58:8

Welcome to NewLight Health

At NewLight Health, we understand the busyness of life and that being a mother or provider in the home requires a lot of your energy. We also understand you have many responsibilities and that raising a healthy family is often an important priority.

You may be looking for a high-quality source of natural products and supplements that you feel safe giving to your family and that can promote a healthier lifestyle for yourself and those you love. Perhaps you wish to nourish and support the health of yourself and your loved ones with excellent natural remedies that boost wellness.

It can be confusing to know if you are doing the right thing, especially when you are concerned about a sick child or family member. It is sometimes difficult to choose the right supplements and you might be seeking guidance.

Our goal is to provide helpful educational resources and compassionate staff who can offer thoughtful support so you can make informed decisions on the best course of action to promote family wellness and a healthy lifestyle.

At NewLight Health, we have been serving our communities since 2012 and we strive to stay aligned to the mission of providing top quality natural products and supplements that are tested, inspected and safe. We offer an extensive line of natural products and healthful supplements for many different life needs. We aim to promptly fill your order, so you have what you need as quickly as possible, and we do our best to provide support should questions arise.

So, if you are ready to learn more about the wide range of natural products, we offer to you and to your family, we invite you to browse through our catalog. Here you will find many natural products and supplements that support a healthy lifestyle for the entire family.

When it comes to helping you and your loved ones feel better, our goal is to walk beside you as you journey on to a healthier life. At NewLight Health, we are grateful for the trust you place in us as we strive to bring wellness to your door.

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Let It Be.

By Ruth Ellen Allgyer

Prioritizing Your Summer, For Women

The winter months have said good-bye as spring and summer unearth themselves, beginning to say hello. Naturally, the air's warmth and the beauty of the two seasons feels energizing to our souls. The bigger question is…how energizing is the calendar on our wall, mockingly reminding us of busy days ahead? You say to yourself 'I was sure this spring and summer will not be as busy as the last.' Capturing now is a broken promise and the dreadful, familiar feeling of anxiety and stress. Oh Lord we pray, help us to keep our focus on you today, grant us wisdom and discernment to keep our priorities straight. Teach us the values of 'letting it be' even when we do not agree. So, you oh Lord will be honored, and glorified. Amen.

It would be interesting to know how many of us would raise our hands in agreement that the 'Martha' character has become a thorn in our lives —while in our hearts we longingly want to be a 'Mary.' Oh, how do we remember the days of childhood when there was never a care in the world! How do we remember that the sunshine, blue skies, and warmer weather promised a life of ease and bliss? Now in adulthood the weeds grow faster than the time to pluck them, and the produce overtakes before granted time to harvest. Family gatherings, reunions and other events unconsciously fill up the weekends.

During busy times, how do we keep our priorities straight? How do we keep our heart treasures on eternal values and not of this earth? When knowingly, our 'to do' lists are longer than the hours in one day. If you are anything like me, time management inspirations from friends and family are a gift. I hope these tips will inspire you and help us all have a fruitfully prioritized spring and summer of 2024.

INSPIRING TIPS FOR A PRIORITIZED SPRING & SUMMER

1. Arise at 4:30–5:00 am.
2. Spend quiet time in the morning praying and reading the Bible. Write down five things for which you are grateful.
3. Set a timer in the morning to get the house clean and ready for the day.
4. Instead of writing a long 'to do' list for the day, write 2 or 3 main priorities you would like to conduct. This helps from feeling overwhelmed by yourworkload.
5. 'Meal plan' each Monday for the week. If not for the week, do it in the morning so you can get anything out of the freezer needing to thaw.
6. If cleaning your home in one day looks overwhelming and impossible to you, try cleaning a room each day of the week. Especially when the demands of gardening and preserving food take first place.
7. When you know an event is drawing near, start prepping foods 1 or 2 days before the event. (Put food in the freezer to keep it fresh.)
8. Pack half the lunches the evening before. (Anything that does not need refrigeration).
9. Work outside in the evenings together as a family.
10. Before heading for bed in the evening spend 30 minutes to an hour unwinding. If you are a mother this is especially needful. Read a book, exercise, take an Epsom salt bath—whatever fills your mind and soul with joy and warmth, and better equips you for the following day.

'Let it Be' may be a helpful motto to move forward from the 'to do' lists which stare at us unforgivingly. 'Let it Be' may remind us God is in control and He will help us, if we ask, to achieve even the smallest of tasks.

By the Grace of God, Ruth Ellen was hired to work for NewLight Health in 2020. She feels richly blessed to collaborate with such wonderful people and values the inspiration she receives from her employer and co-workers to step outside of her comfort zone.

In 2016 she married her best friend, Steven Allgyer. Their abode is in the hills of Perry County, Pennsylvania. Food and family are their favorites, and they absolutely adore their nieces and nephews.

Ruth Ellen's personality is 100 percent visionary; therefore, in her mind she is constantly dreaming and spending money. She enjoys connecting with others but do perhaps avoid her if caffeine is in her bloodstream!

Greetings Friends

HELLO NEWLIGHT COMMUNITY & FRIENDS!

While we may be feeling caught in winter's darkness, where our souls are tired, and the surrounding light seems to fade, we have faith that renewal is coming. As the spirit of God calls us to our knees, we're ready to experience heart renewal. This is the story of the cross. Spring is the reminder of how God makes all things new, and thus out of the dark, bleak winter, the flowers bloom and the warm sunshine rays expand the horizon. May we worship the King for His amazing grace and revival of the soul!

How do you plan to spend your spring and summer? Have you thought of ways to support your health and mental well-being during the busiest times of these seasons? Let us encourage one another to do so, for our families may suffer if we neglect to take care of our health. Supporting your health during the spring and summer may look something like this: soak up the sun for extra vitamin D, drink plenty of water and electrolytes, go barefoot, eat herbs, and get a full night's rest of sleep.

"Wilt thou not revive us again: that thy people may rejoice in thee?" – Psalm 85:6

Blest wishes for a joyous spring and summer!

YOUR PARTNERS IN HEALTH,
Amos & Linda Stoltzfus, and the team at NewLight Health

Helpful Ordering Information

HOURS

Hours 8:00 AM to 5:00 PM Eastern Time

Open Monday thru Friday

Closed Saturday, Sunday, and Holidays

SHIPPING

Same day shipping on most orders received by 2:00 PM Eastern Time.

Free shipping on orders $49.00 or more.

$4.95 shipping on all orders under $49.00

PRODUCT INFORMATION

Each item has an item # that is used to reference the item. For easy phone ordering simply give us the item number and we will repeat the item name back to you. For mail orders list the item and information on the order form located in the back of the catalog.

Also note that some items are taxable in the following states: Arkansas, Illinois, Indiana, Iowa, Kansas, Kentucky, Maryland, Michigan, Minnesota, Missouri, New York, North Carolina, Ohio, Pennsylvania, Tennessee, Virginia, West Virginia, Wisconsin.

BACKORDER & RETURNS POLICY

Short term out of stock items will be placed on backorder and will ship free of charge. Exception: If a product is discontinued or is unavailable from our supplier for a long time we will send you a refund.

All sealed/undamaged items may be returned and exchanged for another item. A 10% restocking fee may apply.

PRODUCT REQUESTS

Please let us know if we do not carry an item that you would like. If the item meets our standards we can try to get it in for you. We try hard to only get items with quality ingredients and we try to avoid any harmful ingredients.

DISCLAIMER

The products, statements, comments, articles, and information in this publication have not been evaluated by the FDA and are not intended to diagnose, treat, cure or prevent any disease. All prices are subject to change without notice.

Order forms are located in the back of the catalog.

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Featured

NEW PRODUCTS

ZeroLyte "Electrolyte Drink Mix"

Serving Size: 1 Packet

ZEROLyte is a sodium and electrolyte drink pack aimed at replenishing essential electrolytes lost through exercise and other daily activities to keep your body hydrated and full of energy. ZEROLyte supports proper nerve and muscle function and is full of high quality ingredients including ancient sea salt, coconut water, potassium, magnesium, and a full spectrum of Ionic Trace Minerals.

TM0930 Salty Orange (30 packets)
30 servings **$32.85**

TM0933 Salty Citrus (30 packets)
30 servings **$32.85**

Rehydrate & Refuel

Serving Size: 1 Scoop

These refreshing Rehydrate & Refuel drinks may help you recover faster so you can feel more energized and focused and get back to doing more of the activities you enjoy! Contains four powerful ingredients: Organic coconut water (electrolyte), Potassium D-Glucarate, 140 mg of vitamin C & himalayan & pink salt.

SR1030 Black Cherry Lemonade
50 servings **$38.20**

SR1032 Blueberry Vanilla
50 servings **$38.20**

SR1034 Lemon Lime
50 servings **$38.20**

Multivitamin Focus & Hydration

Serving Size: 1 Packet

Our unique blend of 20 natural vitamins and minerals works together to boost your productivity, focus, and overall well being. Get the long-lasting boost you need plus hydration benefits all in one! Enjoy improved focus, clarity and concentration! Caffeine Free.

SR1020 Orange Cream (30 count)
30 servings **$32.40**

SR1025 Grape (30 count)
30 servings **$32.40**

Mushroom Breakthrough Powder

Serving Size: 2 Scoops

Supports Alertness & Healthy Brain Function. A blend of four mushrooms and collagen that gives you maximum brain power, healthier skin, hair and nails, and supports the immune system. Each dose contains 2.5 g 50:1 Lion's Mane, which is equal to 200 grams of ground mushrooms. Lion's Mane boosts BDNF (Brain-Derived Neurotrophic Factor). This helps to significantly improve learning and memory. Taking it at this concentration also massively promotes the number of neurons being created. By focusing on the BDNF and expanding the amount your body can intake, Lion's Mane is one of the most vital nutrients to include on your path to achieving excellent neurogenesis.

BO1671 Salted Caramel (10.01 oz.)
30 servings **$32.00**

Multi Collagen Protein "Lean"

Serving Size: 1 Scoop

Multi Collagen Advanced Lean powder includes a Fat Loss Blend of clinically studied organic ashwagandha root extract and organic ceylon cinnamon, as well as our clinically studied Vitamin C and SBO (soil-based organism) probiotics. These ingredients have been used for centuries to help your body with a healthy response to stress, feel balanced and maintain a healthy weight (in addition to an overall healthy diet and lifestyle, including regular exercise). Now, organic ashwagandha root extract is one of the most clinically studied superfoods in the world.

AN22320 Cinnamon (15.09 oz.)
25 servings **$52.75**

Kids Neurovite Multivitamin

Serving Size: 2 Chewables

Kids' NeuroVite contains a broad spectrum of plant extracts, minerals, and vitamins for kids that help growing bodies and brains function at their best.* Nourish your child's growing brain and active body with this comprehensive, doctor-formulated multivitamin. Kids' NeuroVite provides essential nutrients and plant extracts in sugar-free, penguin-shaped chewable tablets to help fill any nutritional gaps in your child's diet.

AC1058 (120 Chewables) 60 servings ... **$32.80**

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Our friendly staff is standing by ready to assist! Mail, call, fax or text: 717-692-3500.

WELLNESS TO YOUR DOOR™

Behavior Balance-DMG

Serving Size: 2 Capsules

Behavior Balance-DMG™ is an advanced nutritional supplement that combines our patented N,N-Dimethylglycine (DMG) with betaine, folic acid, vitamins E, B6 and B12, l-carnosine, zinc, and magnesium in an easy to swallow enteric coated capsule. These nutrients work synergistically to balance behavior patterns and socialization skills, as well as to support stress coping mechanisms and immune system function.

DL1511 (120 Caps.) 60 servings **$43.45**

Magnesium Breakthrough

Serving Size: 2 Capsules

Get all 7 forms of magnesium and transform your body and mind into the peak performance you know and deserve. Promotes a balanced stress response, feel relaxed and at peace. Sleep faster and deeper. A key nutrient for healthy immune responses. Provides an essential electrolyte to maintain healthy rhythm. Provides a key building block to strong bones. An excellent product!

BO0754 (60 Caps.) 30 servings..... **$28.00**

Mama Bear, Magnesium Complex

Serving Size: 4 Capsules

Mama Bear Magnesium Complex is crafted with four forms of magnesium to offer support for expecting mothers. Having enough magnesium is always important but is especially important during pregnancy because the body needs to supply not only mom but also baby with nutrients. Specially formulated for optimal absorption and enriched with nourishing whole foods like nettles and spinach, Mama Bear Magnesium Complex provides essential nutrition during pregnancy.

SPR6217 (120 Caps.) 30 servings..... **$24.00**

Opti-Adrenal

Serving Size: 2 Vcaps

Nutritionally supports healthy adrenal glands. Key ingredients help to promote the body's ability to increase energy levels. Repair adrenal gland damage from synthetic caffeine, stimulants, etc. Contains glandulars extracted from adrenal glands and other glandulars, these proteins help supplement your body's natural glandular functions.

OH1068 (90 Vcaps.) 45 servings..... **$31.70**

Organic Castor Oil

This Certified Organic Castor Oil is premium, hexane free, expeller pressed oil. Not only the processing but all the way back to the growing is supervised and maintained chemical-free. Castor oil is rich in vitamins and essential nutrients and has an amazing ability to hydrate the skin, making it a perfect remedy for treating dry, cracked heels. It is also high in Ricinoleic Acid (an Omega 9 fatty acid) which affects the lymphatic system, helping your body produce or increase production of lymphocytes. Lymphocytes are the body's natural disease fighters. The lymphatic system helps drain your body of toxins, waste and proteins that have built up over time. The Omega 9 is also very beneficial for both skin and hair.

NA6006-008+T glass bottle (8 fl. oz.) ... **$21.60**

"Flow" Medium Roast Coffee

This original medium roast coffee is produced using exceptional quality specialty-grade organic coffee beans, lab-tested for purity, high in antioxidants, and specifically formulated to support overall health and wellness. USDA Organic Certified. INGREDIENT: 100% Specialty-grade organic Arabica coffee. Purity Coffee® contains only high-quality Arabica coffee beans with no additives or allergens. Third-party tested for mold, mycotoxins, and contaminants.

PC1010 Whole Bean (12 oz.)..... **$24.00**

PC1012 Whole Bean (5 lbs.)..... **$120.00**

PC1015 Single Serve Pods (12 ct.)
12 servings..... **$20.00**

Multi-Vitamins

EMPowerplus Ultimate TOP SELLER

Truehope EMPowerplus is a specially formulated vitamin, mineral, and amino acid supplement designed to assist in creating a balanced life. It provides a broad-spectrum, highly absorbable range of nutrients that are essential to brain function and overall health. The EMPowerplus formula may be helpful in reducing or eliminating the symptoms of bipolar, anxiety, depression, and ADHD. Helps Improves: Focus, Mood, Energy, Brain Fog, Cellular Nutrition, & Brain Fog.

Serving Size: 1 Capsule

TH1001 (30 Caps.) 30 servings **$85.95**

Daily Essential Nutrients TOP SELLER

A all-in-one brain support and vitamin & mineral supplement! Used for the treatment of various conditions, especially mood and anxiety-related disorders such as bipolar disorder, ADHD, autism spectrum disorders, OCD, and anxiety disorders.

Serving Size: 4 capsules up to 3 x daily

HN2035 (360 Caps) 90 servings **$115.00**

HN2038 No Zinc, Copper, or Folate (360 Caps.) 90 servings **$127.95**

Fresh Start TOP SELLER

A great all-in-one brain support and vitamin & mineral, and amino acid supplement! This product has also been used for people with mood disorders using 4 to 6 capsules per day. Formulated by John Keim. Suggested use; 2 caps with each meal. Excellent Product. Choose from the Original Formula or the Improved & Reformulated Formula.

Serving Size: 6 per day

WS5132-A Reformulated (270 Caps) 45 servings **$84.95**

WS5132-B Original (270 Caps) 45 servings **$79.95**

LifeEssence (Multivitamin) TOP SELLER

This multi is for those whose lifestyles demand maximum energy, or those whose diets fail to provide the seven to 13 servings of fruits and vegetables nutritionist and dieticians recommend. This four tablet formula is remarkably energizing, and supports the actions of every cell in the body.

Serving Size: 4 per day

PEL1003 (120 Tabs) 30 servings **$44.65**

PEL1004 (240 Tabs) 60 servings **$79.90**

One 'N' Only

It is a perfect choice for those who simply can't take more than one tablet per day. Naturally, we'd rather see you use one of our LifeEssence™ formulas, because, within reason, you need all the nutrition you can get. Obviously, we can't get as much nutrition in one tablet as we can in two or three or four.

Serving Size: 1 Tablet

PEL1505 (90 Tabs.) 90 servings **$56.40**

Essential Multivitamins TOP SELLER

This is a very bioavailable, cell-ready formula for getting your essential daily multivitamins. This complete formula comes in a liquid and capsule option, and there's no need to take multiple products to help your body fill in the gaps between your nutrition and what your body needs. NO SYNTHETICS! You'll feel the difference!

Serving Size: 4 Capsules or 2 Tablespoon

MEL1034 (120 Caps.) 30 servings **$33.30**

MEL1035 (32 fl. oz.) 32 servings **$39.45**

Comprehensive Core Daily All-In-One

Comprehensive Core is a convenient, daily, all-in-one multivitamin supplement that eliminates the need to take multiple products saving you time and money and is made using 100% natural ingredients. Special ingredients support focus, mental clarity, and cardiovascular and circulatory health. Digestive support includes alkalizing greens and detox blend. Contains Organic Whole Foods, Herbs & Botanicals. Nothing synthetic! Comprehensive Core is great for the entire family. An excellent wholefood multivitamin!

Serving Size: 4 Capsules

MEL1056 (120 Caps.) 30 servings **$68.70**

NeuroVite Plus Multivitamin

This daily multivitamin contains over 50 powerful vitamins, minerals, and plant extracts developed through clinical studies. NeuroVite Plus was formulated to provide whole-body wellness with additional key brain-healthy nutrients. Supports; Total Wellness, Immunity, Brain Health, Digestion.

Serving Size: 4 Capsules

AC1055 (120 Caps.) 30 servings **$53.99**

Brain & Body Power Max TOP SELLER

A great all-in-one brain support and vitamin & mineral supplement! Advanced Health Power for Your Brain and Entire Body! Brain & Body Power Max is recommended for those who are interested in a truly powerful dietary supplement for their brains. It provides your brain and the rest of your body with amino acids, vitamins, minerals, botanical extracts and neuro-nutrients – but at advanced levels. This all-in-one supplement system makes it easy to stay healthy on the go with easy-to-carry packets for your purse or pocket. Each convenient daily packet contains the same supplements as Brain and Body Power, plus 2 additional capsules of Omega-3 Power and 2 additional capsules of Brain and Memory Power Boost.

Serving Size: 2 packs per day

AC1020 (60 Packets) 30 servings **$145.95**

Vitalerbs TOP SELLER

A Nature balance whole food vitamin & mineral supplement for the body. Vitamins & minerals play a key role in boosting the immune system, growth & development, mental attitude, physical fitness & in supporting the body's systems. Eating a variety of healthy foods is the best way to get all the vitamins & minerals you need each day but many skip meals, diet or do not eat enough items from a particular food category, such as vegetables or dairy. The market is flooded with standardized supplements, which extract leading active ingredients but Dr. Christopher's Vitalerbs is the ultimate whole-food formula, perfectly balanced the way Mother Nature intended with vitamins & minerals.

Serving Size: 2 capsules up to 3 x a day

DC89138 (180 Caps) 90 servings **$27.75**

DC87009 Powder, (1 lb.) **$48.65**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Purely Pak Multi

Purely Pak is a truly natural, whole food nutritional enhancement system. This is 100% whole food vitamins, essential fatty acids, cofactors, bioflavonoids, and powerful antioxidants. This is a full spectrum vitamin supplement that is non-GMO and free of corn, soy, fillers, binders, and solvents. Made from the most wholesome ingredients, including sunflower seeds, rice bran, royal jelly, camu camu, New Zealand, grass-fed liver powder, and wild sockeye salmon oil, PurelyPak is the ideal addition to every diet. There is nothing synthetic about it, no gimmicks—only the purest wild, raw nature. You get whole food vitamins A, E, D, C, and the entire B complex, EPA, DHA, and astaxanthin in a form that the body can readily absorb and utilize. That's because the biological activity of these natural vitamins is far higher than the synthetics, which are potentially toxic and essentially dead. Conveniently packaged as a daily serving. For the budget minded or for children, use one half packet daily for a 60 day supply. You will feel the difference with Purely Pak.

Serving Size: 1 pak

NH9001 (30 paks) 30 servings $77.40

Clinical Essentials Multi-Vitamin & Minerals

Vibrant Energy, Mood, and Stamina—Bioidentical B vitamins in their most effective form for optimal utilization in the body. Immune System Strength—Proper levels of vitamins and TRAACS™ chelated minerals to help you stay healthy all year long. Bone and Collagen Structure—Unique sources of boron and vitamin K2, plus TRAACS chelated calcium and magnesium, for healthy bone formation. Heart and Arteries—A complete array of nutrients to support healthy heart function. Metabolism and Blood Sugar Balance—Vanadium and chromium for healthy blood sugar metabolism. Antioxidant Defense—Vitamin C, E, and A with selenium to prevent oxidative stress and damage. Selenium may reduce the risk of certain cancers. Some scientific evidence suggests that consumption of selenium may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive. MTHFR Compactible.

Serving Size: 2 Tablets

TN17006 (60 Tabs.) 30 servings $29.60

Doc's Daily Multivitamin Plus

Recent research has shown the importance of using the most carefully balanced and bioavailable forms of nutrients in a daily multivitamin formula. That's why Doc's Daily Multi Plus has natural, well-absorbed forms of key vitamins, minerals, and antioxidants. It contains a full day's supply of 29 essential vitamins and minerals.

Serving Size: 1 Capsule 2-3 x daily

DRU8172 (180 Caps.) 180 servings $62.35

Whole Food Vitamin/Mineral

Whole Food Vitamin • Mineral contains 24 potent whole food vitamins and patented organic minerals. There are no synthetics present. Each dose contains 100% RDA of essential vitamins and minerals. The organic minerals are retained at the highest level and have the lowest toxicity of any mineral supplement in the world.

Serving Size: 3 Capsules

OH1020 (90 Caps.) 30 servings $25.20

Vitamin-Mineral

Vitamin-Mineral™ is a 100% vegetarian FOOD supplement. Food vitamins and minerals contain important enzymes, peptides and phyto-nutrients in superior forms which are critical to the utilization of vitamins and minerals. Easy to digest and can be taken on an empty stomach without upsetting it. An awesome 100% true whole food multivitamin!

Serving Size: 2 Tablets

DOC8140 (90 Tabs.) 45 servings $40.00
DOC8150 (270 Tabs.) 135 servings $112.00

Electro-Vita-Min Daily 5

A powerful multi to that provides a complete synergistic blend of the 5 most important nutrient categories in just 3 tablets per day! Contains, Vitamins, Minerals, Enzymes, Omegas, Green foods and herbs.

Serving Size: 3 per day

TM1015 (180 Tabs) 60 servings $49.25

Multi-Vitamin Plus

Multi-Vitamin Plus is a formula that benefits both men and women as well as children. The suggested usage is 4 capsules per day, so for children this could be cut down to 1 or 2 capsules per day, depending on the age of the child. Multi-Vitamin Plus contains 166% of the recommended Daily Amount for Vitamin A, as well as 125% of the RDA for Vitamin D. It includes a 50 mg B-Complex, so it is good for dealing with stress. And there are 140 mg of natural Vitamin E. (These are the amounts in 4 capsules, as is the case for all the following comments.) It has 500 mg of Vitamin C as well as the bioflavonoid complex of Hesperidin, 20 mg, Quercetin, 50 mg, and Rutin, 25 mg.

Serving Size: 4 Capsules

RGA1036 (120 Caps.) 30 servings $24.80

Liquid Multi Gels

When choosing a quality multiple, there are many elements to consider including potency, profile balance and integrity, core ingredients, and safety. As one of the Natural Product Industry's foremost leaders in quality, science-based multiples, we're pleased to offer our NOW Liquid Multi Gels.

Serving Size: 2 Gels

NO3816 (60 Gels) 30 servings $17.40

Men's Complete

Frontier Men's Complete provides important antioxidant vitamins A, C and E, an array of B vitamins, easily absorbable calcium and magnesium, as well as a full spectrum of bio-available, trademarked TRAACS® minerals and trace elements. Frontier Men's Complete also contains beneficial additions like choline, CoQ10, Lutemax, lycopene, red beet powder, DMG, saw palmetto, and a super-food blend. MTHFR Compactible.

Serving Size: 4 Capsules

NFR1128 (120 Vcaps.) 30 servings $47.60

Life Essence Men Multi

LifeEssence™ Men's Formula is more than just an excellent multivitamin; it's a complete support system designed especially for men to maintain optimum health. The ingredients are chosen to maximize prostate health, vitality, and to act as an energy-support tonic.* This comprehensive vitamin and mineral formula is joined by enzymes, carotenoids, bioflavonoids, co-nutrients, SuperFoods, Superior Herbs, beta-sitosterol, tribulus, maca, and ginger for male specific support. It is a robust combination of nutrients that the modern diet often does not provide. MTHFR Compactible.

Serving Size: 4 per day

PEL1008 (120 Tabs.) 30 servings $52.90

One "n" Only Men's Formula TOP SELLER

One 'n' Only formulas are designed to bridge the gap between what we need and what we get from the modern diet. They do this in at least four ways. *They provide ideal potencies, forms, and balances of all vitamins and minerals, which activate the enzyme systems required for cellular function. *They provide antioxidants to protect cells against damage and death. *They provide from 12 to 50 times more whole food value than most other one daily (23,000mg in the Men's and Women's formulas). That means more energy, which means greater cellular efficiency. *They provide the equivalent of 4000mg of raw Superior Herbs each day, which promotes cellular efficiency in many ways. It supports cellular function, builds energy, promotes immunity, and provides whole food nutrition. Contains ingredients specifically for male needs. MTHFR Compactible.

Serving Size: 1 per day

PEL1701 (30 Tabs) 30 servings **$23.50**
PEL1702 (90 Tabs) 90 servings **$64.65**

Optimal Balance for Men TOP SELLER

Optimal Balance - For Men is a comprehensive combination of vitamins, minerals, and botanicals designed to boost immunity, support prostate health, and fortify your body against chronic illness and stress, allowing you to feel your best.*

Serving Size: 3 caps up to 2 x per day

HN2055 (180 Caps) 60 servings **$48.95**

Active Man's Formula

A nice men's multi which includes an array of vitamins and minerals including prostate support herbs such as maca root extract, tribulus teretris and more.

Serving Size: 3 tablets

CHU695 (90 Tabs.) 30 servings **$26.80**

Adam, Men's Multiple

These multi-vitamin softgels are easier to swallow, and are formulated for better GI tolerability. A great multi for men!

Serving Size: 2 Softgels

NO3880 (90 Gels.) 45 servings **$26.10**
NO3881 (180 Gels.) 90 servings **$47.85**

Men's Multivitamin & Mineral

Our Men's formula provides the full range of nutrients needed to support the demands of physical stress, dietary limitations and/or metabolic inefficiencies. Our Men's bioenergetic formula contains meaningful levels of over 20 vitamins and minerals, along with a wide array of enzymes, antioxidants and polyphenols from our Farm Fresh Factors™ and other whole food ingredients. It is made from the highest quality organic ingredients and contains vitamins, minerals and other nutrients to energize and support younger men. This Men's formula contains heart-healthy nutrients such as niacin, vitamin B6, folic acid, vitamin B12, calcium and magnesium.* It does not contain gluten or corn. This product is completely suitable for vegans. MTHFR Compactible.

Serving Size: 2 Tablets

NFN5504 (60 Tabs.) 30 servings **$36.85**

Men's 50+ Multivitamin & Mineral

Our Men's 50+ formula provides the full range of nutrients needed to support the health demands of men over age 50. It contains the essential vitamins, minerals and phytonutrients to support the complex nutritional needs of mature men. It is made from the highest quality organic ingredients and contains vitamins, minerals and other nutrients to help energize and support the unique health needs of mature men. Men's 50+ formula contains brain-supporting and heart-healthy nutrients such as niacin, vitamin B6, folic acid, vitamin B12, calcium and magnesium.* It does not contain gluten or corn. This product is completely suitable for vegans. MTHFR Compactible.

Serving Size: 2 Tablets

NFN5503 (60 Tabs.) 30 servings **$36.85**

Max Potency Men's Multi

Alive!® Men's MAX Potency formula is a complete and nutritionally diverse multi-vitamin optimally balanced to support men's health. This multi-vitamin contains unique nutrient blends such as eleuthero, rhodiola and korean ginseng for energy & endurance, saw palmetto and lycopene for prostate support and resveratrol, CoQ10 and hawthorn for cardiovascular support.* Alive!® MAX Potency multi-vitamins contain a diversity of daily essentials, greens, and antioxidants. They're also packed with high potency B-vitamins to help convert food into energy, Orchard Fruits™/ Garden Veggies™ blend of powder/extract/dried juice (200 mg per serving), and nutrients to help support bone health, daily energy, eye health, heart health, and immune health.*

Serving Size: 3 per day

NW15542 (90 Tabs) 30 servings **$26.30**

Alive Once Daily Men's Ultra

Alive!® Once Daily Men's Ultra Potency is a complete and nutritionally diverse once daily multivitamin optimally balanced to support men's health; featuring unique nutrient blends such as eleuthero, rhodiola and korean ginseng for energy & endurance, saw palmetto and lycopene for prostate support and resveratrol, CoQ10 and hawthorn for cardiovascular support.*

Contains; 23 vitamins and minerals, 12 digestive enzymes, 14 green foods, 12 organically grown mushrooms.

Serving Size: 1 per day

NW15685 (60 Tabs.) 60 servings **$22.30**

Men's Gummy Multi "Alive"

Alive! Mens Gummy Vitamins Specifically Balanced for Men Under the Age of 50. Full B-vitamin complex. Extra vitamin C, vitamin E & Vitamin B6 Plus selenium, chromium and lycopene. Whole body nourishment for heart, prostate, digestion, energy, immune, eyes & bone support. Gluten & gelatin-free (natural pectin base). No artificial flavors or preservatives. Sweetened with organic tapioca and cane juice. Made with 26 fruits and vegetables.

Serving Size: 3 per day

NW15895 (75 Ct.) 25 servings **$16.00**

Women's Complete TOP SELLER

Women's Complete is uniquely formulated for women of all ages, from menstruation, conception and pregnancy through menopause. This new women's wellness complex is a high-quality multivitamin-mineral supplement that includes bio-available ingredients in nutritionally meaningful amounts. Women's Complete contains activated vitamins, chelated minerals and the best form of specialty ingredients including DMG, inositol and super foods, along with a unique, proprietary probiotic complex. This formula was created to enhance all facets of women's health, including heart, reproductive, GI and musculoskeletal health as well as skin, hair and nail care. MTHFR Compactible.

Serving Size: 4 Capsules

NFR1120 (120 Vcaps.) 30 servings **$47.95**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Optimal Balance For Women TOP SELLER

Optimal Balance - For Women is an exceptional combination of scientifically-balanced vitamins, minerals, and botanicals specifically designed to prevent stress, depression, and anxiety, allowing you to look and feel your best. It also meets a women's full daily requirement for iron and provides a positive estrogenic factor—royal jelly—to support healthy estrogen production.*

Serving Size: 3 caps up to 2 x per day

HN2060 (180 Caps) 60 servings **$48.95**

LifeEssence Women's Multi TOP SELLER

LifeEssence™ Women's Formula is more than just an excellent multivitamin; it's a complete support system designed especially for women to maintain optimum health. The ingredients are chosen to promote bone and breast health, hormone balance, and act as an energy-enhancing tonic.* This comprehensive vitamin and mineral formula is joined by enzymes, carotenoids, bioflavonoids, co-nutrients, SuperFoods, Superior Herbs, Calcium D-glucarate, ipriflavone, and DIM for female specific support. It is a robust combination of nutrients that the modern diet often does not provide. MTHFR Compactible.

Serving Size: 4 per day

PEL1009 (120 Tabs) 30 servings **$52.90**

One "n" Only Women's Formula TOP SELLER

One 'n' Only™ Women is a nutritional support system formulated for women in reasonably good health who prefer taking just one tablet per day, but want added support for bone and breast health, and hormone balance. It is formulated with vitamins, minerals, whole organic foods, antioxidants, phytonutrients, and Superior Herbs. The ingredients in One 'n' Only™ Women are selected to support the entire body and act as an energy-enhancing tonic. MTHFR Compactible.

Serving Size: 1 per day

PEL1601 (30 Tabs) 30 servings **$23.49**
PEL1602 (90 Tabs) 90 servings **$64.65**

Eve, Women's Multiple

These multi-vitamin softgels are easier to swallow, and are formulated for better GI tolerability. A great multi for women!

Serving Size: 3 per day

NO3802 (90 Gels) 30 servings **$21.70**
NO3803 (180 Gels) 60 servings **$40.60**

Women's Multivitamin & Mineral

Our Women's bioenergetic formula contains meaningful levels of more than 20 vitamins and minerals, including iron, along with a wide array of enzymes, antioxidants and polyphenols from our Farm Fresh Factors™ and other whole food ingredients. It is made from the highest quality organic ingredients and contains vitamins, minerals and other nutrients to energize and support the various health needs of younger women. It does not contain gluten or corn. This product is completely suitable for vegans. MTHFR Compactible.

Serving Size: 2 Tablets

NFN5502 (60 Tabs.) 30 servings **$36.85**
NFN5520 (120 Tabs.) 60 servings **$69.60**

Women's 50+ Multivitamin & Mineral

Our Women's 50+ formula provides the full range of nutrients needed to support the health needs of women over age 50. It contains the essential vitamins, minerals and phytonutrients to support the complex needs of mature women. MTHFR Compactible.

Serving Size: 2 Tablets

NFN5501 (60 Tabs.) 30 servings **$36.85**

Active Womens Multi

A new women's multi for women on the go. More energy and stamina! Contains NO sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial colors or flavors.

Serving Size: 3 Tablets

CHU690 (90 Tabs.) 30 servings **$25.60**

Vitamin Code Women Multi

Vitamin Code Women is a comprehensive whole food multi-nutrient formula, specifically designed to meet the unique needs of active women during their reproductive years, providing the nourishment the body craves to maintain optimal health and well-being. Over 20 fruits and vegetables add supporting antioxidants, vitamins and nutrient cofactors. Raw means no high heat, synthetic binders, fillers, artificial flavors, sweeteners, colors or additives commonly used in tablets.

Serving Size: 4 Capsules

GO2371 (120 Caps.) 30 servings **$39.99**

Women's Multi Gummy

Women's Multi Gummies are Certified USDA Organic and Non-GMO Project Verified fruit and vitamin gummies. Made with nine organic whole fruits in every bottle—no synthetic vitamins—mykind Organics Women's Multi Gummies come in a great-tasting organic berry chew made with pectin from non-GMO apples and organic orange peel—no pig gelatin. mykind Organics Women's Multi Gummies Benefits; Contains Organic Pacran, whole food cranberry, with 800IU Vegan D3. Made with only whole food ingredients, mykind Organics Women's Multi Gummies have targeted ingredients to support women's special needs.

Serving Size: 4 gummies daily with food.

GO2032 (120 ct) 30 servings **$29.95**

Women's Gummy Multi "Alive"

Alive! Womens Gummy Vitamins Specifically Balanced for Women Under the Age of 50. Full B-vitamin complex. Extra vitamin B6, vitamin D and biotin Plus calcium, phosphorus, boron and chromium. Whole body nourishment for heart, bone, digestion, energy, immune & eye support.* Naturally, a good choice. Gluten & gelatin-free (natural pectin base). No artificial flavors or preservatives. Sweetened with tapioca and dried cane syrups. Made with 26 fruits and vegetables.

Serving Size: 3 per day

NW15897 (75 Ct.) 25 servings **$16.00**

Once Daily Women's Ultra

Alive!® Once Daily Women's Ultra Potency formula is a complete, nutritionally diverse once daily formula complete with: 22 vitamins and minerals; 12 digestive enzymes; 14 greens; 12 organically grown mushrooms. They're also packed with high potency B-vitamins to help convert food into energy, Orchard Fruits™/ Garden Veggies™; Daily Greens™; powder blends (80 mg per serving), and nutrients to help support bone health, daily energy, eye health, heart health, and immune health.*

Serving Size: 1 Tablet

NW15686 (60 Tabs.) 60 servings **$21.75**

Teen Multi Once Daily TOP SELLER

Our one a day multi is especially for teens and does a nice job supplying energy and ridding acne.

Serving Size: 1 per day

CHU550 (60 Tabs) 60 servings **$19.85**

RiteStart Kids & Teens Multi Chewable

Comprehensive daily support for growing children and teens that features essential vitamins, minerals, and 4Life Transfer Factor. Supports strong bones, healthy muscle function, and healthy vision. Contains 22 essential vitamins and minerals with B vitamins for healthy brain function and healthy energy support. Promotes long-term health and wellness.

Serving Size: 2 to 4 Tablets Daily

LF24089 (120 Tabs.) 30 servings $57.75

IntraMAX 2.0

intraMAX 2.0 is produced using intraCELL Technology. This innovative cold-fill manufacturing process allows the 415+ ingredients in intraMAX 2.0 to retain their maximum nutritional value while being enriched organically with naturally-sourced fulvic acid. In just a one-ounce daily serving, intraMAX 2.0 provides an array of vitamins, trace and macro minerals, prebiotics, antioxidants, digestive enzymes, fruits, vegetables, essential fatty acids, bioflavinoids, amino acids, and much more! The unique ingredient blends in intraMAX 2.0 not only support the body's ability to eliminate harmful substances, they also provide support for a wide range of systems and functions which include: Endocrine and hormone, immune, development, and response, blood, cellular, and circulatory, cognitive, brain development, and neurological, skin, bone, skeletal, muscle, and joint, energy, strength, stamina, and stress management. MTHFR Compactible.

Serving Size: 1 oz

DL1025 Peach Mango (32 oz.) 32 servings $89.95

Prodovite Vitality

Prodovite liquid and Prodovite+ powder provide a daily single serving of a powerful combination of health products—multivitamins, essential minerals, phytonutrients, botanicals, adaptogens and more—working together to help make you healthier. Prodovite liquid is complete product that will support, supercharge, and strengthen your body's vital systems at a cellular level to create and maintain optimal health. It features a powerhouse of phytonutrients from botanicals, multivitamins, and minerals. Prodovite+ is a capsule that also has added blueberry juice powder for an extra punch of antioxidant superfruit power. Utilizes VNI's proprietary rapid absorption Prodosome technology.

Serving Size: 1 Capful or 1 Capsule

VN1001 Liquid (30 fl. oz.) 30 servings $81.95
VN1003 (30 packets) 30 servings $81.95

Complete Multiple

Liquid Health's first all-inclusive daily nutritional product contains the highest quality ingredients, including Optiberry, PureWay C, XanoMax and NutraFlora. The addition of fiber and 10 blends and complexes designed to enhance the whole food based vitamins, minerals, enzymes and amino acids in this formula makes Liquid Health™ Complete the most comprehensive multiple available. Sweetened with agave cactus nectar and fruit juices, Liquid Health™ Complete is a great tasting multi-supplement for the entire family. MTHFR Compactible.

Serving Size: 1 oz

LH70032 (32 fl. oz.) 32 servings $40.00

VM100 Complete "Multivitamin"

A good liquid multivitamin. VM100 Complete helps to neutralize damaging free radicals, has Antioxidants to protect on a cellular level, Vitamin B-12 for energy production, plus Plant-Derived Minerals Nutritional System. VM-100's liquid form starts working for you faster than most tablet, capsule or softgel product. VM-100 COMPLETE is the perfect solution for all ages!

Serving Size: 2 Tbsp

BT4042 (33 fl. oz.) 32 servings $37.36

Daily Multi Mineral

Daily Multi-Mineral is a natural food supplement comprised of nutrient-dense sea vegetation, honey, and aloe vera juice designed to supplement your diet with phytonutrients, vitamins, and trace minerals.

Serving Size: 2 Tbsp

LH4061 (32 fl. oz.) 32 servings $27.20

Core + PH Balancer

This is our nice Complete Multivitamin and Mineral supplement! It provides comprehensive daily nutritional support with Alkalizing, Antioxidant, and Anti-Inflammatory Complexes helping support Optimal Health! Supercharged with Fulvic & Humic Minerals to Maximize Nutrient absorption and delivery to cells where they can be used by the body. It helps reverse chronic acidity and inflammation that promote chronic disease. Ingredients in pH BALANCER are natural and not synthetic. They are in the "Cell-Ready" form our bodies can use naturally so that they provide maximum benefit. An excellent foundational product! Can be used by adults and children. Take 1 to 3 oz. per day. Instructions; ph Balancer should be taken with a full glass of pure, non-chlorinated water. Shelf life is nine months unopened, but it is best when used as fresh as possible. Refrigerate after opening.

Serving Size: 1 oz. up to 3 x per day

MEL2005 w/dispenser (32 fl. oz.) 32 servings $67.95

Comprehensive Core Multi

Definitely not your ordinary multi-vitamin, multi-mineral supplement. A Professional Full-Spectrum Nutritional Support Formula. COMPREHENSIVE Core is an ALL-INCLUSIVE, liquid, whole food, nutritional Health Product that delivers all the vitamins, minerals, and nutrients including many nutritional groups that help support optimum health and wellness: Whole Food Nutrition – the way Nature intended – sourced from over 310 of the Earth's finest Natural ingredients. Great for young and old alike!

Serving Size: 1 oz. up to 3 x per day

MEL1050 (32 fl. oz.) 32 servings $69.99

Active 55 Multivitamin

As we advance through life our bodies change and our nutritional requirements change as well. Buried Treasure Active 55+ provides a precise balance of vitamins, minerals, antioxidants and herbal nutrition designed to supply active seniors the additional support for energy, vision health and improved well being. With over 100 nutrients Active 55+ liquid formula is easy to swallow and tastes great.

Serving Size: 2 Tbsp

BT4568 (33 fl. oz.) 32 servings $37.36

"And Jesus answered and said unto her,
Martha, Martha, thou art careful &
troubled about many things:
But one thing is needful:
and Mary hath chosen that good part,
which shall not be taken away from her."

LUKE 10:41-42

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Immune Support Formulas

Super Tonic TOP SELLER

Traditional formula of spicy, pungent and hot herbs in a vinegar extract has been used by common folk for centuries to support a healthy immune system. Super Tonic is made with fresh herbs only and extracted with Organic Apple Cider Vinegar. An excellent product to use at the first sign of a cold or flu. Take 2 droppers every couple hours for the first day then continue taking as needed till symptoms improve.

Serving Size: 2 Droppers up to 4 x a day

NA1009-002 (2 fl. oz.) 36 servings **$15.20**
NA1009-004 (4 fl. oz.) 72 servings **$22.80**
NA1009-008 (8 fl. oz.) 144 servings **$42.55**

Elderberry Honey Syrup TOP SELLER

Treat your taste buds while you treat your immune system. Thick and fruity, made with concentrated Organic Elder Berry juice, Organic Wild Flower Honey and a proprietary blend of potent herbal extracts Elderberry Honey Syrup is sure to please. Elderberry with its longstanding reputation for supporting a healthy immune system is a must have for every home herbal cabinet. Contains; Elder berry (Sambucus nigra), Fresh Spilanthes herb, Fresh Ginger root, Orange peel, Cinnamon bark, Clove bud, Organic Wild Flower Honey, Vegetable Glycerin, Organic Cane and/or Grain Alcohol, Distilled Water, Organic Apple Cider Vinegar, Organic Orange Essential Oil. Suggested Use: 1 teaspoon with water or herbal tea, 3-4 times daily, or as needed. Store in a cool dry place. Shake well before use.

NA1063-004 (4 fl. oz.) 24 servings **$19.20**
NA1063-008 (8 fl. oz.) 48 servings **$35.20**

Immune-Stim

When you need more than Echinacea, reach for Immune Stim. This potent formula is packed with nine of the best herbs which work together synergistically to support a robust immune response. This is great to use at the first sign of a cold or flu. Take 2 droppers every couple hours the first day then continue to take as needed the next couple days or till cold and flu symptoms improve.

Serving Size: 2 Droppers

NA1044-002 (2 fl. oz.) 37 servings **$18.40**
NA1044-004 (4 fl. oz.) 72 servings **$33.60**

Advanced Immune Support TOP SELLER

Your immune system is your insurance policy for maintaining good health, fighting infections, and maintaining high performance. With our new Advanced Immune Support product you'll give your body: Clinically-Studied ingredients proven to support healthy immune response including ResistAid®, BFG-Immune®, and BerrySheild® Elderberry Concentrate. High-potency, Non-GMO Vitamin C & Powerful Bioflavonoids. Elderberry concentrate providing superior, full-spectrum Haschberg Elderberry Actives. Reishi Mushroom Fruiting Body Extract providing Active Compounds including highly-concentrated Beta-Glucan to support Immune System Response.

Serving Size: 6 Capsules

MEL1025 (180 Caps.) 30 servings **$47.55**

Immune Boost NEW

Immune Boost was formulated to provide comprehensive immune support with six essential nutrients: vitamin C, zinc, vitamin D, N-Acetyl L-Cysteine, quercetin, and DMG.

Serving Size: 5 Capsules

NFR065 (150 caps.) 30 servings **$44.40**

Stem Boost-R Stem Cell Support

Protects against cell deterioration by providing balanced nourishment.
Reduces inflammation by alerting cells to damaged areas.
Encourages natural cell production by creating a healthy environment.
Helps the body expel free radicals through antioxidant binding.
Limits DNA changes caused by free radical reactions.

Serving Size: 4 Capsules

LS5237-120 (120 Caps.) 30 servings **$36.00**

Mono-Immune TOP SELLER

A formula for all around immune support. Chronic fatigue virus, mono, colds, flus, respiratory infections, or any immune weakness. Use for prevention or when sick. Serving size is one capsule per day, however you can take more as needed when symptoms persist.

Serving Size: 1 Capsule

NN7005 (100 Caps) 100 servings **$37.95**

MegaViron

MegaViron™ is an innovative immune supplement formulated with potent herbs with antioxidant properties for seasonal immune support. MegaViron™ was designed to provide a short-term burst of powerful immune support. This product was designed to support 3 key features of immune function: the surveillance system, clean-up crew, and de-escalation team. The herbal ingredients in MegaViron™ work together to support a healthy immune response.

Serving Size: 6 Capsules

MBL2625 (90 Caps.) 15 servings **$39.99**

Immunomax

ImmunoMax III is an advanced nutritional supplement that combines two heavily researched ingredients, N,N-Dimethylglycine (DMG) and Galactoarabinan, with a purified D-fraction from Maitake Mushroom and Beta 1,3 Glucans from the cell walls of baker's yeast. ImmunoMax features herbs and nutrients targeted at supporting immune function during acute illness.

Serving Size: 2 Capsules or 1 Tablet 2 to 4 x Daily

NFR054 (60 Vcaps.) 30 servings **$26.40**
NFR060 Elderberry Chewable (60 Tabs.) 60 servings **$35.60**

Ultimate Immune Support Kit

The Ultimate Immune Support System provides comprehensive support for optimizing the body's natural immune response, a healthy inflammatory response and the ability to neutralize oxidative stress. Achieve total body detoxification, immune boost, reduced oxidative stress, neurological & cellular regeneration with this powerful system. Take daily for extraordinary results. Just spray, swish & swallow. This is a 4 part kit and contains, ACS 200 Silver Extra Strength, ACZ Nano Zeolite Extra Strength, ACG Glutathione Extra Strength, and ACN Neuro Extra Strength.

Serving Size: 6 to 12 Sprays up to 2 x daily

RN5004 4 part kit (4 fl. oz.) 60 servings **$189.99**

Immune Support System

A great overall immune support formula. The immune system is a system of organs and processes within our body that works to help keep us healthy, so it makes sense that an effective immune support formula would provide support to the entire system. Starting with known immune enhancers, like the polysaccharides and beta-glucans in mushrooms, nutritional yeast, colostrum, fucoidan, and aloe, Immune Support System™ takes it further by supporting the organ systems and building the energies that support immune function.*

Serving Size: 2 per day

PEL8021 (60 Tabs) 30 servings **$35.25**

Clinical Immunity Quick-Start

Clinical Immunity Quick Start is a formula available with ingredients proven to increase the number, activity, and efficacy of the five key immune cells – and it works in as little as 2 hours. Only Clinical Immunity Quick Start combines well-known immune ingredients like black elderberry, vitamin D3, and zinc with the scientifically proven ingredients PureWay-C, EpiCor, and Natramune to deliver a powerful boost to your immune system.

Serving Size: 6 Capsules

LS5500-060 (60 Vcaps.) 10 servings $20.40

Clinical Immunity Daily Boost

Daily Boost supports and maintains your healthy immune activity with an easy 2-per-day serving size, providing your body with the vitamins and botanicals needed to keep those immune cells functioning at peak performance. With beneficial prebiotics, probiotics, and clinically proven botanical ingredients, Daily Boost is your everyday support for immune challenge.

Serving Size: 2 Capsules

LS5501-060 (60 Vcaps.) 30 servings $20.40

Immune Formula 103 TOP SELLER

This combination of vitamins, mushrooms and herbs helps to support healthy immune function.Kyolic Aged Garlic Extract begins with 100% organically grown garlic bulbs. They are then aged to perfection in a unique extraction process to eliminate odor and create beneficial compounds found only in Kyolic. Ingredients; Aged Garlic Extract™ [220 mg]; Premium Mushroom Complex [75 mg]; Vitamin C [52.5 mg]; Astragalus Extract [50 mg]; Oregano Extract [50 mg]; Olive Leaf Extract [40 mg] (per capsule).

Serving Size: 2 Capsules

WK1008 (100 Caps.) 50 servings $13.95
WK1010 (300 Caps.) 150 servings $35.80

X-INFEX "Infection Formula" TOP SELLER

A synergistic blend of herbs for the lymphatic system.
When we eat food, the body digests & sends nutrients to every living cell. As the cells process these nutrients some waste is created. An abundance of waste in our lymphatic vessels built up over time can block the lymph nodes, decreasing the body's ability to fight infections.
Dr. Christopher's time tested Infection formula supports the body's lymphatic system which is helpful to promote overall health.

Serving Size: 2 Capsules up to 2 x a day

DC88521 (100 Caps.) 50 servings $26.90

Anti-VI w/Vitamin C TOP SELLER

A great formula for infections, viruses, colds, flus, and to help boost the immune system. Compare to 717 formula.

Serving Size: 4 capsules

SEH1090 (100 Caps.) 25 servings $17.95

Formula 717

A powerful formula to help boost the body's Natural Defenses. Great for infections.

Serving Size: 4 capsules up to 2 x a day

S717 (56 Caps.) 14 servings $34.50

Germ Destroy

Germ Destroy is specially formulated to help rid the body of mold, fungal, Lyme and other bacteria along with co-infections without stimulating a strong immune response.

Serving Size: 3 Capsules

WS9290 (120 Caps.) 40 servings $48.00

ImmPower Ultra

Start Feeling Healthier … Quickly! When you start taking American BioSciences ImmPower, you can quickly – within days, even – fortify and sharpen your immune defense and start feeling healthier and younger than you have in years, knowing that your body is fully protected. As a side effect, you might experience a surge of renewed energy, so you can enjoy doing whatever you love to do.

Serving Size: 2 capsules up to 6 x daily

ABS4545 500mg (45 Vcaps.) 22 servings $65.60

Thymus

The thymus is the gland most involved with the immune system, containing proteins that act as stimulants for natural killer cells. Thymus capsules provide a boost for the immune system, especially important in the cold and flu season during the winter months. Capsules are prepared by freeze-drying freshly harvested organs and glands, preserving the unaltered proteins, enzymes, and fat-soluble activators so important in traditional diets. About an ounce of fresh tissue goes into making each six capsules. The tissues used are from only grass-fed, grass-finished, and inspected animals, raised in New Zealand without the use of pesticides, hormones, or antibiotics.

Serving Size: 1 Capsule up to 2 x daily

DRU2100 500mg (180 Caps.) 180 servings $62.35

Andrographis EP80 "Extra Strength"

Andrographis has been widely used in Ayurvedic practice since ancient times, and is at the forefront of research today. In fact, you may have even heard of its many strengths, including immune function, cellular protection from oxidative stress, and healthy inflammation response.

Serving Size: 1 Capsule

TN39466 (60 caps.) 60 servings $23.20

ACF Fast Relief "Immune Support"

When it's time to be well Fast! This product combines the very best nature has to offer, creating a superior immune enhancing tonic in a readily absorbable liquid form. This synergistic formula of proven effective herbs blended with vitamin C, bioflavonoids, zinc and colloidal silver creates the ultimate immune support formula in a natural fruit juice.

Serving Size: 2 Tablespoons

BT4032 (17 fl. oz.) 16 servings $27.80

Wellness Formula

Wellness Formula is designed to support the immune system when under physical stress. Wellness Formula® contains a powerful combination of herbs, antioxidants, vitamins, and minerals formulated to boost your well-being. For best results, begin taking Wellness Formula capsules at the very first signs of imbalances in your well-being.

Serving Size: 3 Tablets or 6 Capsules, 2 x a day

SN1423 (90 Tabs.) 30 servings $24.10
SN1425 (120 Caps.) 20 servings $22.55

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Immune Gummies "Alive"

Whatever you have planned for the day, support your immune health with these delicious grape and cherry flavored gummies. Formulated with 100% DV or more of vitamins A, C, E, and D3 plus an excellent source of zinc, Alive! Immune Gummies can be taken alongside your favorite daily Alive! multivitamin. They also contain elderberry extract for traditional immune support.

Serving Size: 3 Gummies

NW15860 (90 Ct.) 30 servings $19.10

Immune Renew

Immune Recharging Mushroom Blend with Astragalus Root Extract. Immune Renew™ has been specifically formulated to support the immune system with standardized Astragalus Extract and a specialized Mushroom Blend.* This specialized blend of eight mushrooms has been optimized for the characteristic mushroom polysaccharides known as Beta-Glucans. Mushroom Beta-Glucans have been long respected and scientifically studied for their immune system supporting properties.* Astragalus has been included to complement this Mushroom Blend due to its ability to support a healthy immune system response.*

Serving Size: 1 capsule 1 to 2 times daily

NO3055 (90 Vcaps) 90 servings $14.50

Mushroom Immune

Does your immune system need a lift? Nourish and build your immune system with this amazing blend of five popular mushrooms. Mushrooms work at a deep cellular level to fortify the immune system. Mushroom Immune is not just an ordinary tincture. A two-step extraction process informed by traditional wisdom and current science is used to extract the full spectrum of mushrooms' beneficial compounds. Water is required to extract polysaccharides and alcohol to extract terpenoids, so we use both and combine the extracts to bring you the best of the mushrooms' goodness.

Serving Size: 3 droppers up to 4 x a day

NA1058-002 (2 fl. oz.) 24 servings $19.20
NA1058-004 (4 fl. oz.) 48 servings $33.60

Cordyceps "Organic"

Helps support a healthy immune system and promote normal vascular function.* Cordyceps sinensis is a fungus that has been used by traditional Chinese herbalists for its energizing and adaptogenic properties for centuries.* Cordyceps has numerous bioactive compounds, including polysaccharides and nucleosides, which have been studied for their broad range of biological activities.

Serving Size: 2 Vcaps

NO3005 750mg (90 Vcaps.) 45 servings $20.30

X-Ceptic

A synergistic blend of herbs containing Nature's most potent germ & bacteria fighters. Germs (microbes) live in the air, on food, plants, animals, soil, water & on just about every other surface including our bodies. But there is no need to overreact as most germs won't harm us. Our immune system does an incredible job protecting against most infectious agents. Some germs though, are enemies as they constantly mutate & try to breach our immune system's defense. Dr. Christopher's X-Ceptic Extract contains powerful anti-fungal, anti-bacterial & anti-viral properties to aid the body. Do not take internally!

Serving Size: 1 dropper

DC49706 (1 fl. oz.) 30 servings $18.40

Ech-N-Elder TOP SELLER

The perfect synergistic blend of your favorite immune support herbs – Organic Elderberry and Echinacea. First, we start with our own Echinacea, which if you have ever tried, you've already noticed that it is extraordinary. That is because it isn't just a simple extract of the herb, but a compound extraction that includes all three parts of the Echinacea purpurea, grown here on our farm, as well as Echinacea angustifolia, to provide you with the full spectrum of Echinacea's immune boosting goodness. To the Echinacea we add Organic Elderberry (Sambucus nigra) which has a long standing reputation as an immune system tonic. The rich, fruity notes of the elder berry combine well with the tingly echinacea to give your taste buds a treat as well as your immune system. Suggested Use: 2-3 droppers with water or herb tea, 3-4 times daily, or as needed. Store in a cool dry place. Shake well before use.

NA1066-002 (2 fl. oz.) 36 servings $17.60
NA1066-004 (4 fl. oz.) 72 servings $31.99

Echinacea Plus

Fresh Echinacea, Spicy Ginger and Hot Cayenne give Echinacea Plus a lot of oomph to support a healthy immune system. At the first sign of a cold or flu take 2 droppers every couple hours the first day then continue to take as needed till cold or flu symptoms improve.

Serving Size: 2 droppers up to 4 x a day

NA1010-002 (2 fl. oz.) 36 servings $17.60
NA1010-004 (4 fl. oz.) 72 servings $31.99
NA1010-008 (8 fl. oz.) 144 servings $58.40

Echinacea Goldenseal TOP SELLER

Proprietary formula of Echinacea angustifolia, Goldenseal and fresh Echinacea purpurea to support healthy immune system function. Take 2 droppers when you feel a cold or flu coming on then continue to use as needed till symptoms improve. This formula contains a small amount of Goldenseal leaf as recent studies show that it increases the immune system benefits of Goldenseal root.

Serving Size: 2 Droppers up to 4 x a day

NA1036-002 (2 fl. oz.) 36 servings $16.00
NA1036-004 (4 fl. oz.) 72 servings $28.10

Echinacea Compound

Combination of Echinacea angustifolia root with fresh Echinacea purpurea root, leaf, flower and seed. Echinacea is commonly used for immune and lymphatic system support.

Suggested Use: 3-6 droppers, 1/2-1 tsp., 4-8x a day. 1 tsp. can be taken every 2 hours for a short period of time (7-10 days).

Serving Size: 3 Droppers up to 4 x a day

NA4008-002 (2 fl. oz.) 24 servings $17.60
NA4008-004 (4 fl. oz.) 48 servings $31.20

Echinacea w/Zinc & Vitamin C TOP SELLER

Imagine your immune system is a lifeguard scanning the sea for sharks. Echinacea helps the immune system see those invaders coming a mile away. This organic Echinacea is blended with important minerals and vitamin C to nourish and support the immune system.

Serving Size: 2 Capsules

OWH0057 (90 Vcaps.) 45 servings $22.40

Echinacea & Goldenseal Root TOP SELLER

Individually, both Echinacea and Goldenseal are viewed as beneficial in supporting the body's healthy overall immune function. When combined, a unique synergism occurs that makes this one of the most effective supplements available to promote optimal wellness.

Serving Size: 2 Capsules

NO4665 (100 Caps.) 50 servings $21.75

ElderMune

Elderberry (Sambucus nigra) is a multipurpose fruit used widely throughout Europe as a tonic to maintain health and well-being. More recently, elderberry has been recognized for its high nutritive value, especially for its potent naturally occurring polyphenols and anthocyanins. The unique process used to make the juice concentrate in ElderMune™ helps to preserve the bioactive polyphenols and anthocyanins native to elderberry. Sunfiber®, a prebiotic fiber, is included to replace the fiber lost during the juicing process.

Serving Size: 2 Capsules up to 3 times a day

NO4664 (90 Vcaps.) 45 servings $15.95

Elderberry Immune Gummy

Made with Certified Organic and Non-GMO Project Verified real fruit, our Elderberry Gummy contains no gelatin and no refined sugar. Black Elderberry and Echinacea—also included—have been used for centuries across Europe and North America in traditional herbal remedies. We've also added zinc and vitamin C for an added boost to our Elderberry Gummy.

Serving Size: 4 Gummies

GO3070 (120 Ct.) 30 servings $30.99

Clinical Immunity Elderberry Gummy

These vegan, gluten-free gummies are great for the whole family and provide not only scientifically-validated black elderberry, but also a vital dose of vitamin D3, vitamin C, and zinc—all known to support a healthy, robust immune response. Contains 3 grams raw cane sugar per serving.

Serving Size: 2 Gummies

LS5504-075 (75 Gummies) 37 servings $17.00

Elderberry Immune Syrup

For highly concentrated immune system support for the entire family, mykind Organics Elderberry Immune Syrup is the herbal product for you. Black Elderberry and Echinacea have been used for centuries across Europe and North America as traditional herbal remedies. We've concentrated our own unique organic extracts of these herbs and combined them with antioxidant-rich vitamin C derived from Organic Amla berry, Organic Rosemary extract and Zinc (from organic guava) for this delicious, sugar-free syrup that you can use as needed.

Serving Size: 6.5 ml

GO3270 (6.59 fl. oz.) 30 servings $29.75

Sambucus Immune System Syrup

Give your immune system a boost with this great tasting syrup. It combines standardized, Bio-Certified black elderberry extract, vitamin C, zinc, echinacea angustifolia (root), echinacea purpurea (flower), propolis and natural raspberry flavor in a base of fructose, purified water, vegetable-source glycerin and citric acid.

Serving Size: 2 Teaspoons

NW6974 (4 fl. oz.) 12 servings $16.60

Sambucus

Choose from Lozenge or Gummy. The Lozenge is made with unique, full-spectrum black elderberry extract. Each lozenge provides 12.5 mg of Black Elderberry Extract, plus 5 mg of Zinc and 60 mg Vitamin C. The Gummy is a great tasting Pectin-based gummy (no gelatin). Gluten free. Supports healthy immune function.

Serving Size: 1 lozenge or 2 Gummies

NW14001 Lozenge (30 Loz.) 30 servings $14.65
NW3030 Gummy (60 Ct.) 30 servings $19.15

N-Acetyl Cysteine TOP SELLER

An amino acid supplement to support immune system function, detoxification and lung health.

Serving Size: 1 Capsule up to 4 x a day

NFR090 500mg (90 Caps) 90 servings $26.00

DMG

DMG (Dimethylglycine), also known as Pangamic Acid, is a derivative of the amino acid Glycine that can be found in foods such as beans, brown rice and pumpkin seeds. DMG is an important methyl donor that participates in numerous biochemical pathways and is important for glutathione synthesis. It also helps to promote optimal cellular oxygen utilization and supports the production of cells involved in the immune response.

Serving Size: 1 Capsule

NO0472 125mg (100 Vcaps.) 100 servings $10.90

EnerDMG

EnerDMG is a supplement to support immune system, circulatory, cardiovascular and neurological functions, muscle recovery and endurance. It is also an adaptogen that can be used to maintain good health and benefit performance and productivity. As a metabolic enhancer, DMG supports the body in times of stress, throughout the aging process, and during immune system challenges. Also used for treatment of arthritis and inflammation - For modulating immune response and treating inflammatory disease - For the treatment of melanoma.

Serving Size: 1 chew. or 1 dropper

NFR071 500mg (60 Chewables) 60 servings $42.80
NFR074 300mg Liquid (2 fl. oz.) 60 servings $42.80

Epicor

EpiCor is designed to help strengthen the body's Immune Functions and starts to work in as little as two hours to activate Natural Killer cells to help ward off foreign invading pathogens. EpiCor is a complex nutrient-rich ingredient comprised of fiber, proteins, vitamins, minerals, amino acids, antioxidants, and other metabolites.

Serving Size: 1 Capsule

HO57885 500 mg (60 Caps.) 60 servings $21.95

Cell Forte Max

Supports Natural Killer Cell Activity* Triple-Action Formula for Ultimate Immune Support*

Cell Forte® MAX3 provides the unique spectrum of wholesome phytonutrients found in these three beneficial ingredients: IP-6 & Inositol Supports natural killer-cell activity and overall immune health* Maitake Mushroom Extract Helps maintain a healthy and balanced immune response* POA Cat's Claw Helps support the body's innate and adaptive immune systems* This formula helps provide your immune system with great support.*

Serving Size: 2 capsules up to 2 x a day

ENT5812 (120 Vcaps) 60 servings $33.90

Beta 1,3/1,6-D-Glucan

NOW® Beta-1,3/1,6-D-Glucan (Beta-Glucan) is a bioactive carbohydrate derived from the cell wall of Saccharomyces cerevisiae, commonly known as Bakers' yeast. Scientific studies have shown that yeast-derived Beta-Glucan can interact with certain immune cells, including those present in the gut-associated lymphoid tissue (GALT).* The GALT exists in the intestinal tract and is known to play a critical role in healthy immune system function. NOW® Beta-Glucan is blended with Maitake Mushrooms for complementary support.

Serving Size: 1 Capsule

NO3054 (90 Vcaps.) 90 servings $14.50

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Extra Strength Beta Glucans

250 milligrams Beta Glucan (a bioactive carbohydrate derived from the cell wall of Saccharomyces) supports healthy immune system through its ability to maintain several aspects of the body's normal immune function. It is completed with ImmunEnhancer.

Serving Size: 2 Capsules

NO3033 (60 Vcaps.) 30 servings $18.10

Apricot Power B17/Amygdalin

B17 is a substance found naturally in over 1200 different foods, including the seeds of many kinds of fruits, such as apricots, plums, cherries, oranges, nectarines, apples and peaches, as well as many raw nuts. Our natural B17 supplement is extracted from apricot seeds. B17 was the name given to the purified form of the molecule by a biochemist named Ernst T Krebs in 1952. It is a non-toxic natural product found in over 1,200 foods. Today B17 is extracted from apricot seeds. Why is B17 Important?

We believe that a balanced diet is essential to a healthy life. Few of us consume enough vitamins and minerals from the foods we eat. Nutritional supplements become necessary for optimal body function. B17 is just one of the many nutrients our body needs.

Serving Size: 1 capsule

AP1035 500 mg (100 Caps) 100 servings $81.60

Biocidin Advanced Formula

Available in Liquid or Capsules. Biocidin® is a synergistic combination of botanical medicines which targets the entire GI tract and supports microbiome balance for healthy digestion and elimination. The botanicals also have systemic applications in microbial challenges wherever they occur. Independent laboratory testing has concluded that Biocidin® has broad reaching effects, including addressing biofilms. Suggested Use; To decrease die-off reactions increase very gradually per tolerance from Beginning to the Moderate usage levels. May be used at the Maximum Usage level in acute cases if well tolerated. Not for use during pregnancy.

Children, use 1 - 2 drops of liquid per 10 lbs. of body weight per day divided into 2 - 3 doses.

Serving Size: 1 drop

BBR2572 (90 Caps.) 30 servings $60.75
BBR2569 (1 fl. oz.) 600 servings $60.75

Olivirex Olive Leaf Combination

Olivirex® is an innovative formulation combining standardized olive leaf extract with a synergistic blend of botanicals to enhance the broad-spectrum qualities of olive leaf, and support clearance of toxins.

Serving Size: 1 per day

BBR2212 (60 Caps.) 60 servings $36.95

AlliBiotic CDZ

NOW® AlliBiotic CDZ™ is formulated for the support of seasonal immune system function. This formula contains vitamins C and D plus zinc, which are nutrients that are critical for healthy immune system function. AlliBiotic CDZ™ also has garlic extract, which has been used for centuries to promote overall wellness. We've also included olive leaf extract and oregano oil to complete this comprehensive formula.

Serving Size: 1 Softgel

NO1818 (60 Gels.) 60 servings $21.75

Super Odorless Garlic +

Super Odorless Garlic + Hawthorn & Cayenne is a great formula. This Odorless Garlic extract is aged for 18 months, is highly purified, and has been deodorized while maintaining the nutritional value of garlic. Garlic abounds with naturally occurring sulfur compounds, amino acids and trace minerals. We have included standardized Hawthorn Extract, Hawthorn Berry and Cayenne Pepper to round out this health supporting formula.*

Serving Size: 1 capsule twice daily.

NO1817 50mg (180 Vcaps.) 180 servings $19.55

Super Garlic Immune Formula

Formerly known as Anti-Plague, this is a great remedy for colds, flu, or any communicable disease. This formula strengthens and stimulates your immune system and should be used as a tonic and preventive. Ingredients: Fresh Garlic Juice, Mullein Leaf, Wormwood Herb, Lobelia Herb, Marshmallow Root, White Oak Bark, Black Walnut Leaf, Skullcap Herb, Gravel Root, Plantain Leaf, and Aloe Vera Gel in a base of pure vegetable glycerine, pure apple cider vinegar & Raw Honey.

Serving Size: 1 Tbsp.

DC88551 (4 fl. oz.) 8 servings $18.20

Immune Support Herbs

Elderberry 2.5 Concentrate Syrup

Our Elderberry 2.5X Concentrate Syrup contains two and a half times more elderberry than 100% pure elderberry juice! Starting with ultra concentrated Organic Elderberry juice, we add Non-GMO palm glycerin, a small amount of Organic cane alcohol and Organic apple cider vinegar to preserve the elderberry concentrate, as well as to make it TASTY! No water added!

Serving Size: 1/2 teaspoon

NA1074-004 (4 fl. oz.) 48 servings $22.35
NA1074-008 (8 fl. oz.) 96 servings $35.20

ElderBerry Juice

This is the real American made Elderberry Juice, not from concentrate. High in antioxidants, vitamins and other nutrients. Used as a prevention for cold, flu, sore throat, coughs, various kinds of bacterial and viral infections, allergy relief and for urinary tract/ bladder disorders.

Serving Size: 1 Tablespoon

RH2015 (11 fl. oz.) 22 servings $21.60

Elderberry Liquid Concentrate

Elderberry (Sambucus nigra) is a multipurpose fruit used widely throughout Europe. As a centuries old tradition, it has been used by herbalists as a tonic to maintain health and well-being. More recently, Elderberry has been recognized for its high nutritive value. Elderberry provides vitamins A and C, as well as anthocyanins, which are potent free radical scavengers. It is truly among nature's sweet and healthy surprises.

Serving Size: 1 Teaspoon

NO4852 (8 fl. oz.) 47 servings $14.50

Sambucus Syrup (Original)

Sambucus syrup contains a unique, full-spectrum, standardized black elderberry extract. Gentle, solvent-free extraction method ensures maximum flavonoid potency.

Serving Size: 1 Teaspoons

NW5151 (8 fl. oz.) 24 servings $28.35

Sambucus Drops

Ultra strength elderberry. Great tasting, gluten free, easy to use drops. Just add to water, other liquids or take directly. 1 mL provides 100 mg of extract derived from 6,400 mg of fresh black elderberries.

Serving Size: 1 ml (25 drops)

NW3036 (1 fl. oz.) 30 servings **$24.45**

Echinacea "Organic"

Wake up your immune system* Open the bottle. What you smell is the amazing balance of wellness. Certified organic Echinacea, grown organically and hand-harvested and processed in small batches for optimum potency. Now, that's powerful stuff.

Serving Size: 2 capsules

OWH0095 (90 Vcaps) 45 servings **$20.00**

Orega- O's Gummies

Introducing North American Herb & Spice's new clean gummy. Infused with P73 oregano oil, a spice oil known for its immune-supporting benefits, it took over two years to develop and contains no refined sugars, tapioca syrup, or natural flavors yet tastes delicious. Made with the only oregano oil for daily use, P73 Orega O's combines Black Seed Oil and Peruvian Yacon root syrup, a zero glycemic sweetener that acts as a natural prebiotic. Every handpicked harvest is triple-tested for purity and authenticity. These delicious gummies are perfect for daily use.

Serving Size: 2 Gummies

NH9260 (60 Ct.) 30 servings **$23.05**

OregaMax

Maximum strength mineral rich natural calcium and magnesium source. This wild oregano grows directly on rock in the Mediterranean mountains, making it rich in natural trace minerals. Unlike commercial oregano, OregaMax is undiluted. This is the crude herb of wild, high mountain oregano in combination with Rhus Coriaria, organic garlic powder, and organic onion powder. It is the most potent wild oregano whole herb available. Take two or more OregaMax capsules daily. For young children or pets open capsules and mix with food or drink. Great to use in combination with the Oreganol P73 oil.

Serving Size: 1 Capsule

NH0074 (90 Caps.) 90 servings **$23.25**

Oreganol "Oil of Oregano" ORIGINAL STRENGTH

TOP SELLER

Oreganol P73 is the true wild oregano P73 "Oil of Oregano" in an easy-to-take gelcap or drops. Oreganol P73 is a blend of edible species of wild oregano grown on natural, mineral-rich soil. This growing condition, along with our dedication to a chemical-and alcohol-free extraction, is the reason P73 Oreganol oil has a unique chemical profile, which is ideal for human consumption. The same oregano species can be grown elsewhere and would not have the same effect as the P73. It is truly one of a kind. Oreganol P73 gelcaps are ideal for those who take the oil internally.

Serving Size: 1 Gel or 2 drops

NH0100 (60 gels) 60 servings **$23.20**
NH0101 (120 gels) 120 servings **$30.75**
NH0076 (1 fl. oz.) 432 servings **$30.75**

Oreganol "Oil of Oregano" SUPER STRENGTH

TOP SELLER

For maximum power, Super Strength Oreganol P73 "Oil of Oregano" is the answer. Oreganol is potent. It doesn't take much to achieve its powerful effects. Even two or three drops of liquid daily is sufficient to gain much of its immense benefits. Directions:Take two or more drops under the tongue or in juice/water once daily. Also may be used topically.

Serving Size: 1 Gel or 2 drops

NH0110 (60 gels) 60 servings **$33.05**
NH0077 (1 fl. oz.) 432 servings **$42.25**

Oreganol Juice

Oregano Juice is the highly aromatic wild oregano essence. This is a fat soluble form for penetrating the membranes of the body-any part of the body coated with fat. Use straight from the bottle or add to water or juice.

Serving Size: 2 Tablespoons up to 2 x a day

NH0080 (12 fl. oz.) 12 servings **$15.50**

OregaBiotic

OregaBiotic is a highly specialized, slow release form of multiple spice oil complex. This highly sophisticated supplement is powerfully designed to support overall immune and digestive health. This potent formula also supports a healthy weight loss response. It releases all the way down through the entire colon, as the spice oils are emulsified in organic beeswax.

Serving Size: 2 capsules up to 2 x a day

NH1049 (60 Caps.) 30 servings **$46.10**

Oregano Oil

This slightly minty, slightly spicy herb is actually a member of the mint family. When burned, its oil gives off a pleasant, calming aroma. In the kitchen, it's commonly used to add zest to Italian foods. Oregano Oil Softgels contain a minimum of 55% carvacrol, the most widely researched active ingredients in oregano.

Serving Size: 1 Gel up to 3 x a day

NO4732 (90 Gels) 90 servings **$14.50**

Oil of Oregano "Gaia"

A natural antioxidant source, Oil of Oregano contains phytochemicals which support the body's natural resistance. Gaia Herbs' supercritical CO2 extract of Oregano volatile oils contains phenols, including Carvacrol and Thymol. These oils help support a healthy microbial environment in the intestines and a healthy immune response. Suggested maximum time of use 2-4 weeks or as recommended by your health care provider.

Serving Size: 1 capsule 2 times daily between meals.

GH7500 (60 Vcaps.) 60 servings **$23.85**

Oil of Oregano

Antibacterial and antifungal, often used for asthma and bronchitis. Also used for strep, staph and pneumococcus. Directions: Adults, take one (1) capsule, one to three times daily, preferably with meals. Contains NO sugar, starch, yeast, corn, wheat, soy, milk, preservatives, artificial color or flavor.

Serving Size: 1 Gel

CHU944 (90 Gels) 90 servings **$10.40**

Olive leaf

TOP SELLER

Olive Leaf extract exerts powerful antiviral, antibacterial, antifungal, and antiparasitic activity. Anecdotal evidence shows it to be helpful for many stubborn infections. It seems to work particularly well for colds, flu, and other respiratory infections.

Serving Size: 1 capsule

NFN4569 500mg (60 Caps) 60 servings **$12.00**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Olive Leaf Extract "d-Lenolate" TOP SELLER

We've all experienced being sick. Whether a common cold or something more serious, it's never pleasant to feel under the weather – and it comes down to our immune systems. Some of us were born with strong immune systems, protecting us from getting sick most of the time; others feel we're constantly battling one bug or another. Whichever category you fit in, you can strengthen your immune system effectively and naturally with our d-Lenolate olive leaf extract. These 100% all-natural olive leaf extract capsules are made up of powerful nutrients – including a compound called oleuropein – extracted from olive leaves that eliminate toxins by working with white blood cells and balancing the body's natural chemistry. For candida use 2 to 3 capsules per day, 1 capsule per day for maintenance.

Serving Size: 1 Capsule up to 6 per day

EPR1759 500 mg (60 Caps.) 60 servings **$25.95**
EPR1760 500 mg (180 Caps.) 180 servings **$74.95**

D-Lenolate Olive Leaf Extract (Easy to Swallow) NEW

These Easy to Swallow capsules are especially nice for children. Strengthened immune system. Protection from Flu. Protection from infectious diseases. Protection from bacterial infections.

Serving Size: 1 Capsule

EPR1765 (60 Caps.) 60 servings **$16.95**

Olive Leaf Organic

Antioxidants are a super important part of your diet and are found in many of the foods we eat. They can help slow down and prevent oxidation, which can lead to free radicals. Our Olive Leaf capsules are a wonderful and simple source of antioxidant activity.

Serving Size: 1 Capsule

OWH0091 (90 Caps.) 90 servings **$20.00**

Allimax PrePro

Allimax PrePro is specifically designed for maximum benefit and contains the world's finest enzymes. Plant protease, acid-stable protease, and bromelain which break down proteins to smaller chains of amino acids and individual amino acids which are used by the body as building blocks. Allimax is stabilized natural allicin, a natural organosulfur compound, extracted from fresh, raw garlic using a crushing, filtration and temperature controlled extraction process that dissolves pure allicin in water. Allimax PrePro capsules contain 200 mg of stabilized Allisure AC-23 allicin powder, a balanced blend of 5 probiotic strains that equal (5 active billion bacteria) 5 digestive enzymes and FOS a prebiotic.

Serving Size: 2 Capsules

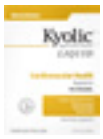
ALL5006 450mg (60 Caps.) 30 servings **$70.00**

Allimax (Garlic) TOP SELLER

An excellent product to take at the first signs of cold and flu. Some have used this for sick children, with tightness and croup using 1 drop under tongue once every few hours or as needed. Allimax is made from fresh, raw garlic. Heads of garlic are specifically selected to ensure that they contain significant enzyme activity (allinase enzyme). Garlic heads are split into cloves, which are left unpeeled and then subjected to crushing, filtration and a temperature controlled extraction process designed to produce pure liquid allicin dissolved in water. This product has also been used as a very strong antibiotic.

Serving Size: 1 drop or 1 Capsule

ALL5002 Liquid (10ml) 200 servings **$26.70**
ALL5000 180mg (30 Caps.) 30 servings **$26.70**
ALL5001 360mg (30 Caps.) 30 servings **$47.95**



Aged Garlic Extract Liquid

Liquid Aged Garlic Extract™ begins with 100% organically grown garlic bulbs. They are then aged to perfection in a unique extraction process to eliminate odor and create the beneficial compounds found only in Kyolic.

Serving Size: 1/4 tsp.-1 tsp. with meal 2 x daily

WK2236 Plain (4 fl. oz.) 120 servings **$30.30**

Odorless Garlic

Odorless Garlic is extracted from Allium sativum and is a specially made Japanese product. Garlic has been the subject of numerous studies in the past decade and has been endorsed by celebrities and athletes alike. Our Odorless Garlic is aged 18 months and concentrated to yield high amounts of Scordinin, a unique sulfur compound which may be responsible for many of garlic's renowned benefits.

Serving Size: 2 Gels up to 2 x a day

NO1808 (250 Gels) 125 servings **$15.90**

Garlic 5000 Odor Controlled

This garlic product is standardized to yield allicin and allicin precursors, which convert to allicin when ingested. It is enteric coated so that this conversion occurs in the upper intestine for optimal absorption, while it avoids the release of garlic's pungent odor in the stomach. Allicin precursor levels are achieved through a special process that keeps garlic's moisture low. This process maintains allicin precursors while preserving all of the natural goodness of whole fresh garlic. Enjoy the benefits of this odor-controlled garlic tablet!

Serving Size: 1 Tablet

NO1814 (90 Tabs.) 90 servings **$17.40**

Garlic

Christopher's Original Formulas Garlic Bulb. Take 2 capsules three times a day or as directed by your Health Care Professional. For optimum results take 1 hour before or after meals as to not compete with digestion.

Serving Size: 2 Vcaps

DC86738 1200mg (100 Vcaps.) 50 servings **$19.60**

Garlic 'Organic'

This Garlic is strong. There are no fillers or masking agents to hide that rich, strong sulfuric odor. Whole Garlic has been the focus of many clinical trials to support immune and cardiovascular health.

Serving Size: 3 Capsules

OWH0032 1,575mg (90 Caps.) 30 servings **$17.60**

Garlinase Fresh

Garlinase Fresh delivers 5,000 mcg of allicin per tablet (the equivalent allicin potential of four cloves of fresh garlic). No garlic breath! Garlinase Fresh tablets are enteric-coated to ensure they pass through the stomach and release in the intestine. This ensures you won't get garlic breath from taking Garlinase Fresh.

Serving Size: 1 capsule

ENT8503 320mg (30 Caps.) 30 servings **$11.10**
ENT8501 320mg (100 Caps.) 100 servings **$30.40**

Garlic Oil TOP SELLER

NOW® Garlic Oil is extracted and concentrated from the bulb of Allium sativum. It is equivalent to a whole garlic clove with no added fillers. Garlic abounds with naturally occurring sulfur compounds, amino acids and trace minerals.

Serving Size: 3 Softgels

NO1790 1500 mg (100 Softgels) 33 servings **$5.80**

Garlic Clove

Fresh raw garlic is best, but next best, for handy and fast immune system support is our tincture made from fresh raw garlic. Garlic is a great natural antibiotic. Can be used for children at a smaller dosage.

Serving Size: 2 Droppers up to 4 x a day

NA4009-002 (2 fl. oz.) 36 servings **$15.99**
NA4009-004 (4 fl. oz.) 72 servings **$28.80**

Goldenseal

Root & Leaf. Goldenseal root is considered the potent part of the plant, but recent studies show that adding a small percentage of leaf increases the immune system benefits of Goldenseal root. *K. Ettefagh, J. Burns, et al. Planta Med 2011;77:835-840

Serving Size: 1 Dropper up to 4 x a day

NA4033-002 (2 fl. oz.) 60 servings **$23.20**
NA4033-004 (4 fl. oz.) 120 servings **$38.75**

Cat's Claw

Cat's claw, also known as the "life-giving vine of Peru," "saventaro," or "uña de gato," is a thick woody vine indigenous to the Amazon rain forest and other tropical areas of South and Central America. It has been revered by native herbalists of the region for over 2000 years and is valued for its many uses. Modern scientific research has determined that its characteristic alkaloids are responsible for its biological activities.

Serving Size: 2 Capsules

NO4618 500mg (100 Vcaps.) 50 servings **$8.70**

Pau D' Arco 500mg

Pau D'Arco is derived from the inner bark of tabebuia trees, which are native to the Amazonian rainforest. Pau D'Arco has been used by traditional herbalists for centuries. This traditional use is supported by the more recent discovery of many active compounds including lapachol and beta-lapachone.

Serving Size: 2 Capsules up to 2 x daily

NO4726 (250 Vcaps.) 125 servings **$17.40**

Pau D' Arco Extract

Pau D'Arco is derived from the inner bark of a tree growing in the Amazonian rainforest. It has been used by traditional herbalists for centuries. Our extract is concentrated to highlight some of the active components naturally present in Pau D'Arco that may support healthy cell growth and have free radical scavenging properties.

Serving Size: 2 Droppers up to 3 x daily

NO4910 (2 fl. oz.) 36 servings **$11.60**

Pau D' Arco

Source Naturals PAU D' ARCO is derived from the inner bark of the Purple Lapacho tree found in Brazil and Northern Argentina. The Guarani and Tupi people of South America call the tree tajy, meaning "to have strength and vigor," and have traditionally used the bark to support respiratory function and the body's healthy inflammatory response.*

Serving Size: 1 teaspoon

SN4265 (8 fl. oz.) 47 servings **$23.20**

Lomatium Root

Sought after herb for immune system support needs to be used with respect. Caution: avoid excessive sun exposure when using Lomatium. Warning: with normal use of Lomatium some people can develop a low grade fever and severe full body rash. Do not exceed recommended dose. Best to use with other immune supporting herbs.

Serving Size: 1/2 dropper up to 4 x a day

NA4011-002 (2 fl. oz.) 120 servings **$21.60**

Propolis 1500mg

Propolis is a mixture of resins collected by honey bees & from tree buds, sap and other plant sources and is used to seal small gaps in the beehive. The function of propolis is to reinforce the hive's integrity and stability, as well as to maintain its sanitary state. NOW® Propolis is collected by beekeepers from active, healthy hives and possesses a variety of naturally occurring bioflavonoids.

Serving Size: 1 Capsule

NO2540 (100 Vcaps.) 100 servings **$13.75**

Graviola

Graviola also known as soursop has been revered by the native people of Central and South America for centuries for its health promoting properties.

Serving Size: 2 Capsules up to 2x per day or 1/2 teaspoon

BN2010 (60 Vcaps.) 30 servings **$20.75**
BN2015 (4 oz.) 48 servings **$18.85**

Colostrum & Silver

Transfer Factor

Wellness Transfer Factor is a low molecular weight fraction of bovine colostrum. Transfer factors are chemical messengers that help enhance immune system response.

Serving Size: 1 Capsule

SN1815 125mg (30 Caps.) 30 servings **$13.80**
SN1816 125 mg (60 Caps.) 60 servings **$25.95**

Transfer Factor CLASSIC TOP SELLER

The original UltraFactor XF® for safe and proven immune system support. Supports the immune system's natural ability to recognize, respond to, and remember potential threats. This product is great to help heal the gut lining and for leaky gut. For allergies use 3 to 9 capsule per day for 3 to 12 month or as needed.

Serving Size: 3 Capsules

LF24080 (90 Caps.) 30 servings **$53.95**

"Let go of what the world tells you that you should be.
Let God's word give you direction for your life,
and let His word be encouragement
for each day of our lives.

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Transfer Factor TOP SELLER

Transfer factors are some of the most unique molecules in your body. They carry important messages to immune cells. Transfer factors help the immune system to quickly identify invading threats, speed up the immune system's response to a potential threat after it's been identified, and lend a hand in remembering the specific makeup of the threats your immune system encounters, so the next time it's encountered, your body knows exactly what it is and how to combat it.* Contains • UltraFactore™—A proprietary concentrate of ultra-filtered 4Life Transfer Factor proteins and other peptides from cow colostrum • OvoFactor®—A patented concentrate of 4Life Transfer Factor proteins and other peptides from chicken egg yolk • NanoFactor®—A proprietary concentrate of nano-filtered cow colostrum. Available in chewable form also!

Serving Size: 2 Capsules or 3 Tablets

LF24070 (60 Caps.) 30 servings **$56.75**
LF24042 Chewable (90 Tabs.) 30 servings **$59.10**

Transfer Factor PLUS

A ultimate immune system product that boosts natural killer cell activity and contain a proprietary mushroom blend and zinc along with 4Life Transfer Factors. Transfer factors are some of the most unique molecules in your body. They carry important messages to immune cells. Transfer factors help the immune system to quickly identify invading threats, speed up the immune system's response to a potential threat after it's been identified, and lend a hand in remembering the specific makeup of the threats your immune system encounters, so the next time it's encountered, your body knows exactly what it is and how to combat it.

Serving Size: 2 Capsules

LF24075 (60 Caps.) 30 servings **$79.80**

Transfer Factor IMMUNE SPRAY

Marshmallow and aloe vera to soothe the mouth and throat, plus 4Life Transfer Factor®, lactoferrin, and zinc to support the immune system. Increases the number of immune cells within the body, promoting a stronger, more resilient immune system. Available in Orange or Mint flavor!

Serving Size: 9 Sprays up to 4 x Daily

LF24044 Orange (1.7 fl. oz.) 28 servings **$38.00**
LF24046 Mint (1.7 fl. oz.) 28 servings **$35.75**

Pro Bioidentical Polypeptides

PRO BioIdentical Polypeptides™ Oral Spray is a liquid fraction of whole colostrum rich in PRPs. With PRO BioIdentical Polypeptides™ Oral Spray, the PRPs and other natural immune-supporting nutrients are delivered via a unique and effective oral spray delivery system. With this system, the PRPs and other immune factors are absorbed quickly in the digestive tract because the 80+ identified low-molecular weight peptides are less than 5,000 daltons. Swishing the spray starts the absorption process through the inner lining of the mouth before swallowing.

Serving Size: 3 Sprays 2 x a day

SL3045 (4.0 fl. oz.) 80 servings **$38.40**

Colostrum Collagen Powder NEW

All-Natural Ingredients. Promotes Gut Health *Movement *Joint Support *Cartilage Support *Hair, Skin & Nail Health *Immune System Function. Contains 4000 mg of colostrum and 1600 mg of (IgG) plus 8000 mg of Collagen Peptides!

Serving Size: 1 Scoop

NTR2858 Unflavored (12.7 oz.) 30 servings **$67.20**

Colostrum LD Powder

Colostrum-LD® is clinically proven to heal and prevent Leaky Gut Syndrome.

Most physicians agree that Leaky Gut Syndrome is a primary cause of chronic disease.

The LD Difference: Colostrum-LD® remains biologically active at the cellular level with maximal effectiveness (up to 4X more effective than regular colostrum).

Colostrum-LD® is the only colostrum certified to contain a minimum of 25-30% Immunoglobulins, 1.5% Lactoferrin, 1.5% Growth Factors and 4.5-5% PRPs (colostrum's most powerful bioactive component).

Serving Size: 1 Teaspoon

SL1020 Powder (12 oz.) 68 servings **$79.65**
SL1025 Powder (16 oz.) 90 servings **$98.95**

Colostrum LD Quadruple Strength

Colostrum capsules contain dried, liposomally encapsulated and micronized bovine colostrum, the milk-like fluid obtained from female cows in the first few days after giving birth. Cow (bovine) colostrum capsules feature a rich combination of bioactives that may help improve immune function. Bovine colostrum may also help address leaky gut, a primary cause of allergies and autoimmune conditions.

Serving Size: 2 Capsules

SLD1030 480mg (120 Caps.) 60 servings **$42.25**
SLD1032 480mg (240 Caps.) 120 servings **$69.10**

Colostrum PRP

This is our all new American raised Colostrum used for depleted immune systems. Promotes a stronger immune response and is available in chewables for children.

Serving Size: 4 capsules or 2 chewables

NN5030 (120 Caps.) 30 servings **$32.00**
NN5032 CHEWABLE (120 Ct.) 60 servings **$40.95**

Colostrum Plus Chewables TOP SELLER

Symbiotics Colostrum Plus features key natural Immune Factors such as Immunoglobulins, which are types of proteins that are used by the immune system to identify and neutralize foreign objects, as well as Lactoferrin, which is a multifunctional protein and Proline-Rich Polypeptides, which have a very powerful effect in actively modulating the immune response. The Immune Factors found in Symbiotics Colostrum Plus have a dual action effect, working in the bloodstream, as well as in the GI tract, by maintaining healthy intestinal flora in a normal GI tract. Great for adults & children.

Serving Size: 2 Chewables

SY2130 Wild Cherry (120 Tabs.) 60 servings **$28.25**
SY2154 Orange Cream (120 Tabs.) 60 servings **$28.25**

Colostrum TOP SELLER

Naturally occurring Immunoglobulins and Lactoferrin. Colostrum is the nourishing fluid produced by mammals as food for the newborn in the few days after birth, before milk production begins. This bovine-derived food supplement offers a variety of biologically active proteins, including Immunoglobulins, Lactoferrin, and other factors that support the maintenance of lean muscle tissue, as well as a healthy immune system.* Scientific studies have shown that Colostrum may help to enhance bioavailability and absorption of nutrients into the body, while promoting healthy gastro-intestinal function.* Contains no Synthetic Growth Hormones.

Serving Size: 1 Teaspoon or 1 Capsule

NO3214 1,250mg Powder (3 oz.) 68 servings **$18.85**
NO3216 500mg (120 Capsules) 120 servings **$18.85**

Super Colostrum + Olive Oil

NOW® Super Colostrum combines colostrum with the herbal ingredients, larch arabinogalactan, olive leaf and astragalus to maximize immune system support. Colostrum has naturally occurring immunoglobulins IgG, IgM and IgA, which are important immunological proteins for both animals and humans. In addition, NOW has also included eleuthero to support a healthy response to typical, everyday stress.

Serving Size: 2 Capsules

NO3232 (90 Vcaps.) 45 servings $20.30

Colostrum Chewable "Pineapple"

Colostrum6 Pineapple Lozenges are a cold pressed form of colostrum. Tired of taking capsules or need some help losing weight? The lozenges are just right for you and they taste just like the "Sweet Tarts" of old! Taking 2-3 twice every day provides 1,800 mg of colostrum. Also an excellent source of vitamin C!

Serving Size: 2 Chewables 2 x Daily

IT9905-A 450mg (130 Chewables) 65 servings $51.60

Colostrum6 Capsules

Colostrum6 is a "cornerstone" whole food with over 700 constituents that naturally balance and regenerate the body. It contains the following: the IGF-1 superfamily for anti-aging and tissue support; over 95 immune factors for health and wellness; all of your essential amino acids, fatty acids, and glyconutrients; along with metabolic factors, vitamins, minerals, and enzymes.

Serving Size: 3 Capsules

IT9901-A 500mg (180 Caps.) 60 servings $54.10

Colostrum Powder

A very versatile form of colostrum; you can take it from a spoon, mix it in a smoothie, or sprinkle it over your food.

Serving Size: 1/2 Teaspoon 2 x daily

IT9902-A Powder (6.5 oz.) 124 servings $75.95

Colostrum Powder 100% Pure & Raw

Colostrum is a natural immune system enhancer. Colostral components stimulate, normalize and regulate the immune system. The growth factors in colostrum can enhance and increase energy levels, stamina and endurance. It also speeds tissue repair and enhances overall bodily function. Over 80 components comprise the unique balance of immune-enhancing nutrients preserved by carefully processing fresh colostrum, all collected from the first milking within six hours of the birth of bovine calves.

Serving Size: 1 teaspoon

DRU4060 Powder (8.8 oz.) 167 servings $72.95

Silver Biotics TOP SELLER

Ultimate immune system support. Helpful for viral or bacterial infections and much more. Liquid, tasteless. Use daily or as needed. 10 parts per million.

Serving Size: 1 Teaspoon or 10 Sprays 3 x a day

ABL1001 10 PPM Spray (4 fl. oz.) 24 servings $14.95
ABL5230-08 10 PPM (8 fl. oz.) 48 servings $25.30
ABL5230-016 10 PPM (16 fl. oz.) 94 servings $35.75
ABL5230-032 10 PPM (32 fl. oz.) 188 servings $54.95

Colloidal Silver "Extra Strength"

Natural Path Silver Wings Colloidal Silver is a superior source in quality and concentration. There are no chemicals used in the process. This product is formulated at 500 PPM (parts per million). NPSW's silver is combined with pharmaceutical grade water according to a proprietary formula. Testing and assays of the finished products are completed by qualified independent labs for micron particle size, parts per million, and other analytical tests for purity.

Serving Size: 1 teaspoon

NPS1004 500 PPM (4 fl. oz.) 24 servings $34.90
NPS1008 500 PPM (8 fl. oz.) 48 servings $64.25
NPS1016 500 PPM (16 fl. oz.) 96 servings $91.55
NPS1032 500 PPM (32 fl.oz.) 192 servings $167.25

Pico Silver

Pico Silver Solution® is a liquid mineral product that is used on an as-needed basis to support the structure and function of the immune system. Pico Silver is a unique (95-98% biologically active silver ions) stabilized ion of silver prepared from 99.99% pure elemental silver and measuring in the picometer range. It is designed to provide safe and effective amounts of non-toxic silver at the recommended dosages.

Serving Size: 1 teaspoon

RNA1060 20 PPM (8.1 fl. oz.) 48 servings $36.00

Silver Sol 10ppm

Silver Sol is composed only of elemental silver (10 parts per million) and deionized water, and thus retains the characteristic properties of silver found in colloidal silver. Silver Sol is colorless and odorless.

Serving Size: 1 Teaspoon

NO1408 10 PPM (8 fl. oz.) 47 servings $21.75

Sovereign Silver

To support your immune system for all its needs. Sovereign Silver is actively charged and easily absorbed. Suggested use: maintenance, once daily hold one teaspoon under tongue for 30 seconds, then swallow. Or use more often when needed. 10 parts per million.

Serving Size: 1 Teaspoon

NI2150 10 PPM (8 fl. oz.) 47 servings $32.38
NI2151 10 PPM (16 fl. oz.) 94 servings $49.55

ACS 200 Silver Extra Strength

ACS 200 Extra Strength provides 200 parts per million of uniquely energized silver molecules, suspended in ultra-pure deionized water: a proprietary micronutrient transport medium enabling rapid absorption and utilization by all biological systems.

Serving Size: 12 Sprays

RN9050 200 PPM (2 fl. oz.) 30 servings $26.85

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Respiratory Support

Respiratory Aid TOP SELLER

Popular blend of traditional herbal favorites to support healthy lung and immune function. Use to assist in the normal clearing of mucus from the lungs and to help ease chronic coughs. Considered safe for children, just use smaller dosages. Suggested Use: 2-6 droppers, 1/3-1 tsp., 3-4x per day. Or 1/2 tsp. every 2 hours for a short period of time.

Serving Size: 2 Droppers up to 4 x a day

NA1008-002 (2 fl. oz.) 36 servings **$15.99**
NA1008-004 (4 fl. oz.) 72 servings **$29.60**
NA1008-008 (8 fl. oz.) 144 servings **$52.80**

Respiratory Syrup

This is an excellent syrup for asthma, colds and flu, and is very helpful in expelling mucus from the respiratory system. It can be used for sore throats and mucus. Respiratory Relief Syrup is excellent for fighting toxins.

Serving Size: 1 teaspoon

DC88536 (4 fl. oz.) 24 servings **$18.40**

Resp-Immune

Resp-Immune is a combination of Mediterranean black seed plus wild oregano P-73 oil essence for bronchial, lung, and congestions support. It is mycellized for optimal absorption. It also contains wild juniper for immune and respiratory support. With raw honey it is the traditional way to support the immune system and bronchial tract. It also tastes great!

Serving Size: 2 Droppers

NH9237 (2 fl. oz.) 39 servings **$19.25**

OregaRESP TOP SELLER

OregaResp is the strongest of all the wild spice formulas. It contains desiccated pure spice oil. It is a synergistic blend, which gives it extra power. This is the power of desiccated pure spice oils of wild oregano, wild sage, remote-source cumin and cinnamon. This is the perfect combination of spices to provide maximum power where needed. Take one or two OregaResp capsules daily. For a larger dose take two capsules three times daily. Children can take OregaResp softgels, once per day. It is even safe for pets—just open a capsule and dust onto their food. Now also available in liquid!

Serving Size: 2 Gels

NH0051 (60 Gels) 30 servings **$23.25**
NH0054 (1 fl. oz.) 183 servings **$30.75**

OregaResp P73

This is the original desiccated multiple spice oil complex. Ultra-potent support for the immune and respiratory systems. OregaRESP is a synergistic multiple spice oil combination, truly potent to the extreme, the most powerful North American Herb and Spice supplement of all. Ideally, take with juice or food.

Serving Size: 1 Capsule

NH0055 (30 Vcaps.) 30 servings **$28.80**

Respir-All "Respiratory Support"

Respir-All™ is a combination of key vitamins, minerals and herbal extracts that nutritionally supports healthy respiratory functions.

Serving Size: 3 Tablets

NO3282 (60 Tablets) 20 servings **$21.70**

Immune & Nasal Defense

Once daily, gluten free, non-GMO support for a healthy immune response. Helps you promote healthy immune cell activity, helps maintain comfortable nasal airflow, and encourages production of secretory IgA.

Serving Size: 1 Capsule

LE2144 (30 Vcaps.) 30 servings **$19.20**

BosMed Respiratory Support

This unique combination of botanicals works with the body's own pathways and immune system responses to support healthy lung function without drowsiness or jitters. Boswellia works through unique pathways in the body. BosMed Respiratory Support provides an advanced form of boswellia that can support your respiratory health in ways that many other forms of boswellia cannot. Ravinsara is a long-trusted botanical ingredient from Madagascar, supports immune system health and clear, open bronchial airways. Myrtle supports clear bronchial function and the body's own immune system response. Thyme, a favorite traditional herb for generations, supports clear bronchial passages and strong, overall immune health.

Serving Size: 1 per day

TN16236 (60 gels) 60 servings **$36.00**

SuperSinus w/Horseradish "Organic"

This powerful combination of organic herbs packs a bite with the addition of Horseradish. Prepared with love and hand-crafted for optimum potency.

Serving Size: 1 ml

OWH0228 (1 fl. oz.) 30 servings **$16.00**

Sinus Blaster Spray TOP SELLER

Sinus Blaster is a pungent formula with aromatic compounds that produce vapors that open and dilate the sinus passageways. Contains; Fresh Horseradish, Echinacea Angustifolia root, Fresh Spilanthes Herb, Elderberry, Garlic Bulb and more.

Serving Size: 2 Sprays

CHU5941 (1 fl. oz.) 90 servings **$16.00**

SinuCare "Extra Strength"

Provides powerful eucalyptus and myrtle, with the additional synergistic strength of lemon to support both the sinus and bronchial airway passages. Powerful action and safe results you'll notice. Does not cause drowsiness, jitteriness or nasal dryness.

Serving Size: 2 Softgels

TN32503 (30 Gels.) 15 servings **$20.80**

Sinus Clear TOP SELLER

SinusClear is specially formulated to help support the body's ability to keep nasal passages and airways clear. It includes mullein, stinging nettle, and rooibos leaf, all thought to support your body's natural state, free from excess inflammation. Other ingredients support free breathing.

Serving Size: 2 per day

RC5870 (60 Vcaps.) 30 servings **$23.25**

Sinus Plus TOP SELLER

A synergistic blend of whole herbs for the sinuses. Millions of us suffer from at least one episode of sinus issues each year. Often in winter months or when pollen levels soar, our sinuses become blocked & filled with fluid. Germs can grow & cause congestion (runny or stuffy nose), pressure in the eyes & facial pain among other problems. Dr. Christopher's Sinus Plus provides nutrients to support the respiratory system & aids the body to expel the offending mucus from the head, bronchopulmonary tubes & passages for proper nasal function.

Serving Size: 2 Capsules or 20 drops 3 x a day

DC89108 Liquid (2 fl. oz.) 57 servings **$17.70**
DC89109 (100 Caps.) 50 servings **$22.80**

Lung & Sinus Formula

A great formula to support healthy lung and sinus function. Has been used for asthma, bronchitis, COPD, chronic cough, whopping cough, congestion, mucus and more.

Serving Size: 2 Capsules

S1050 (56 Caps.) 28 servings **$34.50**

ClearLungs Extra Strength TOP SELLER

RidgeCrest Herbals offers ClearLungs Extra Strength, a powerful and synergistic blend of herbs that helps the body maintain favorable respiratory health. This powerful, one-of-a-kind herbal formula helps sustain a normal, healthy respiratory system by combining the traditionally known properties of 13 perfectly balanced herbs.

Serving Size: 2 Capsules

RC5826 (120 Caps.) 60 servings $40.00

Lung Care

The health of your respiratory system is dependent upon more than just the lungs. To fully support breathing, the entire system needs to be addressed with supportive nutrients, herbs and adaptogens. Formulated with a combination of vitamins, minerals and supportive botanicals, Lung Care™ is targeted care to further promote healthy lungs and easy breathing.

Serving Size: 2 Capsules

RR1118 (80 Caps.) 40 servings $31.68

Lung & Bronchial TOP SELLER

Breathing, even though a simple act requires a lot of energy from our body. We breathe anywhere from 15 to 25 times a minute without even thinking about it. Dr. Christopher's Lung & Bronchial formula helps nourish the lungs & supports the respiratory system. Now available in liquid form also!

Serving Size: 2 Capsules 2 x a day or 5 Drops

DC89129 (100 Caps.) 50 servings $21.10
DC49815 Liquid (2 fl. oz.) 228 servings $15.85

Lung, Bronchial & Sinus Health TOP SELLER

Lung, Bronchial & Sinus Health is an all-natural formula designed to nourish and support the entire respiratory system.*

Serving Size: 1 tablet 3 to 4 times daily

NFN3504 (45 Tabs) 45 servings $9.95
NFN3505 (90 Tabs) 90 servings $22.40

Lung Capaci-T Respiration Support

Lung Capaci-T increases oxygen uptake in the lungs and helps thin mucus. It also soothes the respiratory tract.

Serving Size: 3 Capsules

LS5249-090 (90 Vcaps.) 30 servings $26.55

Bronchial Clear

The synergistic combination of Thyme and Ivy Extracts in Bronchial Clear has a dual action effect on the upper respiratory airways including the lungs. These clinically studied ingredients are shown to support healthy bronchial airway function. Available in capsules or liquid!

Serving Size: 1 tsp or 1 Tablet

TN20608 Liquid (3.4 fl. oz.) 20 servings $22.40
TN20609 (90 Tabs.) 90 servings $16.80

Bronchial Soothe

Ivy extract syrup that soothes occasional irritation and clears bronchial passages.*Why is ivy leaf so beneficial for your immune system? Ivy leaf is a traditional ingredient used for centuries to support bronchial health.*

Serving Size: 2 Teaspoons 2-6 x a day

ENT8771 (4 fl. oz.) 12 servings $13.15

Chest Formula

A synergistic blend of whole herbs for the immune system & cold weather season.

During winter we are usually stuck inside, with lots of sniffling & sneezing people breathing the same air. It's important this time of year to get rest, wash hands frequently, drink plenty of fluids & you may escape the winter season unscathed.

Dr. Christopher's Chest Formula is full of herbs that supports the body's immune system & is great for the cold season. Ingredients; Bayberry Bark, Ginger Root, White Pine Bark, Clove Whole & Cayenne Pepper.

Serving Size: 2 Capsules 2 x a day

DC89119 (100 Caps.) 50 servings $16.70

Vitamin O 'Supplemental Oxygen' TOP SELLER

Do you find yourself running a little low on energy these days? A low blood oxygen level may be the cause. Causes of low blood oxygen levels include blocked airways, high altitudes, anemia, pneumonia, interstitial lung disease, acute respiratory distress syndrome and sleep apnea, according to the Mayo Clinic. Other pulmonary conditions such as pulmonary edema, pulmonary embolism and pulmonary fibrosis also can cause low oxygen levels. Even the normal aging process seems to lead to low oxygen levels in some people. Many have found that a little extra oxygen gives them what they need to improve their health.

Serving Size: 1/2 tsp

RGA1003 (8 fl. oz.) 96 servings $23.95
RGA1004 (16 fl. oz.) 192 servings $49.95

O2rega Oxygen Support

O2rega is a unique combination of all-wild extracts, P73 oregano, spruce and pine, mycellized for maximum absorption. A powerhouse for energy support, it provides immense molecular oxygen and is free of all chemicals, solvents, and additives.

Serving Size: 1 Tbsp

NH9041 (8 fl. oz.) 16 servings $30.75

Complete Smell & Taste

Complete Smell and Taste is a 100% Food supplement that is intended to supply nutrients, glandulars, and herbs needed to maintain and support optimal olfactory and tongue health. Complete Smell and Taste contains goat tongue and olfactory tissues which contain proteins and other nutrients found in properly functioning taste and smell receptors. Parotid glands support the salivary process and the health of the glands.

Serving Size: 1 Capsule up to 3 x a day

DOC2600 (90 Caps.) 90 servings $39.00

Lobelia Herb TOP SELLER

Our Lobelia tincture is made with fresh herb and seed in a vinegar and alcohol base to create a superior lobelia tincture.

Serving Size: 1/2 dropper up to 3 x a day

NA4022-002 (2 fl. oz.) 120 servings $17.60
NA4022-004 (4 fl. oz.) 240 servings $31.20

Lobelia Vinegar Extract

Lobelia is used as a supplement for the respiratory, nervous, digestive, and circulatory systems. Lobelia's antispasmodic/relaxing, stimulating (respiratory), emetic/expectorant action makes it valuable for bronchitis, asthma, etc. It supports relaxation of the smaller bronchial tubes, thus opening the airways, stimulating breathing, and promoting the coughing up of phlegm, helping prevent spasmodic nonproductive cough.

Serving Size: 3 Drops

DC98350 (1 fl. oz.) 190 servings $12.75

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Lobelia

Native to the eastern coast of North America, lobelia was a highly prized medicinal plant used extensively by Native Americans. Recent studies suggest that lobelia may help support healthy respiratory and bronchial function. Solaray Lobelia Aerial formula combines lobelia with ginger root for added lung support and contains the whole aerial to ensure you get all the nutrients contained in the plant.

Serving Size: 1 Capsule

SOL1190 50mg (100 Vcaps.) 100 servings **$8.85**

Stinging Nettle Leaf

A tonic herb, Nettle, supports healthy kidney function and normal elimination of uric acid and other metabolic wastes. Nettle Leaf may be helpful with allergy relief.

Serving Size: 3 droppers up to 4 x a day

NA4034-002 (2 fl. oz.) 24 servings **$17.60**
NA4034-004 (4 fl. oz.) 48 servings **$31.20**

Nettle Quercetin

Your body's normal immune response to spring, summer, fall and even winter can often feel like a full frontal challenge. The beauty of Quercetin and Nettle (Freeze-dried)is their ability to support your body's normal histamine-producing response.

Serving Size: 3 capsules

OWH0047 (60 Vcaps.) 20 servings **$24.00**

Nettle "Leaf" by Eclectic Institute

Nettles may aid in clearing up respiratory system and nasal congestion issues and supports relief from various allergies, including hay fever, and may help reduce occurrence of asthmatic attacks. For allergies take along with 1,000 mg of vitamin C.

Serving Size: 1-3 capsules

EI3093 (90 Caps.) 30-90 servings **$25.10**

Propolis

Bee Propolis 235 mg in liquid form.

Serving Size: 10 Drops

BB5164 (1 fl. oz.) 60 servings **$17.95**

Wild Lettuce TOP SELLER

Tinctured twice, our wild lettuce tincture has twice the herb power of a regular tincture. Wild lettuce is used as a mild tonic to support a healthy respiratory system and a full night's rest. It is used as a sedative and a pain reliever.

Serving Size: 2 droppers up to 4 x a day

NA4036-002 (2 fl. oz.) 36 servings **$17.60**
NA4036-004 (4 fl. oz.) 72 servings **$31.20**

Olbas Inhaler

Natural Olbas vapors provide a pleasant, refreshing, and cooling sensation to your nasal passages. Especially beneficial during times of seasonal discomfort, low humidity, and other unwelcome nasal encounters. Fast-acting, penetrating vapors provide an immediate, fresh, clean feeling in the nose, sinuses, and lungs.

OL50010 (1 Ct.) **$5.75**

Breathe Easy Oil 'Respiratory Blend' TOP SELLER

A Respiratory & Sinus blend designed to support healthy breathing. Good for congestion, sinus issues, coughs, respiratory issues, asthma, allergies and odors. Can be used in diffuser, rubbed on chest etc. or apply to hands and cup over nose and mouth and breath deeply. These herbs have also been known to have mucus thinning support and help to produce productive mucus. Dilute and apply, use with care.

NFE1209+T (0.5 fl. oz.) **$18.00**

Olbas Oil TOP SELLER

- ALL Natural Essential Oil Formula
- Soothes Tired Muscles
- Invigorates Your Senses
- Penetrating Vapors Stimulate And Enhance Breathing Passages

Also see Cough & Throat section for Cough syrup.

OL50011 (0.32 fl. oz.) **$8.95**
OL50012 (1.01 fl. oz.) **$17.25**

Allergy Spray

P2 probiotics help eat away the microscopic film in your nasal cavity that harbors bacterial and viral allergens and germs. P2 also helps eliminate dust mite allergens by eating its excrement (the source), so you can breathe! It can be safely sprayed directly into eyes, nose, mouth and ears for optimal protection and relief. P2 spray is non-allergenic, non-irritating & chemical and alcohol free, so it's a perfect travel companion. It even helps eliminates free floating bacterial and viral allergens, so spray it into the air and breathe again! Safe for Skin & Inhalation. Safe for babies. USDA certified organic certified ingredients: EPA & FDA GRAS spore probiotics, Organic Vanilla, Organic Spearmint, Enzymes.

EB1010 (2 oz.) **$10.15**
EB1012 Refill (16 oz.) **$37.10**

Sinus Support

Sinus Support is designed to help you cleanse, soothe, and hydrate the delicate membranes lining your nasal passages. Start your daily beauty and hygiene regimen by gently flushing your sinuses with Ion's proprietary blend of minerals suspended in purified water. It's the perfect rinse for the dust, pollen, and other airborne particulates and irritants we are exposed to in our daily environment.

Serving Size: 4 Sprays

BSL8803 (1 fl. oz.) 75 servings **$15.40**

Sinu Orega Nasal Wash

A potent spray to the extreme SinuOrega is wild spice oils in a sea salt saline base. It's ideal for supporting a healthy sinus response. Use it also as a potent cleanse of the sinus membranes. Can be used daily as it is non-addictive. For optimal results use with OregaRESP capsules for sinus and bronchial as well as post-nasal drip response.

NH1121 (1 fl. oz.) **$9.99**
NH1120 (2 fl. oz.) **$15.50**

Sinus Relief Nasal Spray 250 PPM

Helps cleanse your nasal passages from aerial irritants and pollutants.

Serving Size: 1 Teaspoon up to 3x per day

NPS1002 (2 fl. oz.) 10 servings **$12.20**

Xlear Nasal Spray, Pump-Mist

Xlear Nasal Spray is a combination of xylitol and saline nasal spray that has shown to be effective in soothing and moisturizing the sinuses and nasal passages.

XL5401 (1.5 fl. oz.) **$10.25**

Activated Nasal Mist

For a nose in need of a natural soothing nasal mist, to rinse away irritating particles.

Activated Nasal Mist is a saline activated formula containing erythritol, xylitol, sea salt and essential oils, that cleanses nasal passages of dirt and irritating airborne particles.

NO8098 (2 fl. oz.) **$9.60**

Nasal Rinsing System

Nasaline is a unique, patented, drug-free nasal rinsing system. With the simple use of saline solution, Nasaline effectively washes away unwanted mucus, crusty secretions or allergens and provides relief from symptoms associated with allergies, colds, the flu and other sinus related infections. After a prolonged stay in dry, dusty, or smoky environments, Nasaline cleans and soothes the nasal passages, reducing nasal irritation and moistening the mucous membranes. Nasaline is a patented nasal rinsing system that consists of a 2 oz. syringe, a silicone tip, saline and a storage/travel case. The silicone tip was designed to fit most noses in such a way as to completely seal the nostril opening. The channel inside the tip is formed in the shape of an hourglass, producing a gentle swirl stream when the saline solution enters the nose. The silicone tip does not contain latex and is safe for direct contact with the skin.

SQ2125 (Junior Kit) **$12.95**
SQ2126 (Adult Kit) **$15.95**

HylaMist Nasal Mist

Unique Hyla Mist dry sinus nasal spray will gently clean and moisturize the sinuses. Made with the best hyaluronic acid, a water loving molecule, making it one of the best moisturizers for the skin, eyes, nose and rest of the body.

HYA3100 (2 fl. oz.) **$9.95**

DID YOU KNOW ?

Nettle tea can be good for allergies, add local raw honey for added benefit. Drink hot or cold for refreshing drink and health benefits.

Cough & Throat Support

Elderberry Honey Syrup TOP SELLER

Treat your taste buds while you treat your immune system. Thick and fruity, made with concentrated Organic Elder Berry juice, Organic Wild Flower Honey and a proprietary blend of potent herbal extracts Elderberry Honey Syrup is sure to please. Elderberry with its longstanding reputation for supporting a healthy immune system is a must have for every home herbal cabinet. Contains; Elder berry (Sambucus nigra), Fresh Spilanthes herb, Fresh Ginger root, Orange peel, Cinnamon bark, Clove bud, Organic Wild Flower Honey, Vegetable Glycerin, Organic Cane and/or Grain Alcohol, Distilled Water, Organic Apple Cider Vinegar, Organic Orange Essential Oil. Suggested Use: 1 teaspoon with water or herbal tea, 3-4 times daily, or as needed. Store in a cool dry place. Shake well before use.

NA1063-004 (4 fl. oz.) 24 servings **$19.20**
NA1063-008 (8 fl. oz.) 48 servings **$35.20**

Throat & Tonsil TOP SELLER

Echinacea Plus mixed with throat soothing fig syrup, makes up our popular Throat & Tonsil formula. Echinacea, Garlic and Cayenne have a long history of use in supporting a healthy immune system. It's great to soothe a sore throat. Suggested Use: 2-6 droppers, 1/3-1 tsp., 3-4 x a day. Or 1/2 tsp. every 2-3 hours for 1-3 days.

Serving Size: 2 Droppers or 2 Sprays up to 4 x a day

NA1012-002 (2 fl. oz.) 36 servings **$16.80**
NA1012-004 (4 fl. oz.) 72 servings **$31.20**
NA1012-008 (8 fl. oz.) 144 servings **$58.40**
NA1049-001 Spray (1 fl. oz.) 90 servings **$11.99**
NA1049-002 Spray (2 fl. oz.) 180 servings **$17.60**

Wild Cherry Honey Syrup TOP SELLER

Natural Hope Herbals has blended wild cherry bark extract with several herbs including mullein and horehound (to support the upper respiratory system), organic tart cherry juice concentrate (high in vitamin C, antioxidants, potassium, and melatonin), organic wildflower honey (long revered for throat care), and a touch of elderberry (super immune builder) to make an all-natural herbal syrup as an alternative to conventional cough syrup products.

Serving Size: 1 tsp

NA1068-004 (4 fl. oz.) 24 servings **$18.40**
NA1068-008 (8 fl. oz.) 48 servings **$32.80**

Mullein-X Cough Syrup

Made with English ivy and honey, Mullein-X soothes coughs and helps clear mucus. Meanwhile supporting upper respiratory health.

Serving Size: 1 Teaspoon

NAN9120 (4 fl. oz.) 24 servings **$22.80**

Cough & Mucus Immune Syrup 'Organic'

A nice Organic Immune Blend that helps loosen and clear mucus when coughing. Contains food derived Vitamin C & Zinc along with an Organic Immune blend of Acerola Cherry, Ivy Leaf, Black Elderberry, Echinacea, and Rosemary.

Serving Size: 5 ml

GO3886 (5 fl. oz.) 30 servings **$26.25**

Olbas Cough Syrup TOP SELLER

A naturally effective herbal formula that helps support healthy bronchial activity. Provides natural antioxidants that support the immune system, easing the stress of winter's insults and environmental pollutants. Great for children and adults. Made with Herbal Extracts and Pure Wildflower Honey.

Serving Size: 2 Teaspoons

OL5138 (4 fl. oz.) 12 servings **$8.95**

Old Indian Wild Cherry Bark Syrup

Planetary Herbals Old Indian Wild Cherry Bark Syrup™ is a combination of some of the finest botanicals in North America and China, traditionally used for supporting the respiratory system. North American classics such as elecampane, horehound, hyssop, and mullein are combined with loquat leaf, fritillaria, and platycodon from Chinese herbalism. In addition, other herbs, including North America's renowned wintertime treasure, echinacea, are added to support internal defenses. The syrup is specially prepared from both fresh and dry herbs, utilizing a multi-step extraction process, designed to capture the essence of each botanical. The quality of this formulation, together with the care that goes into its preparation, provides you with a comprehensive seasonal health supplement.

Serving Size: 1 Tablespoon

PH2211 (8 fl. oz.) 15 servings **$21.45**
PH2212 (16 fl. oz.) 30 servings **$41.15**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Cough Syrup

Herbion Cough Syrup is a natural and effective dietary supplement which is alcohol free and a non-sedative preparation. Herbion Throat syrup promotes healthy lung functions, soothes throat and naturally optimizes your immune system. Its palatable taste and benefiting characteristics makes it a must for every house-hold.

Serving Size: 2 Teaspoons 3-4 x a day

HN2001 (5 fl. oz.) 15 servings **$9.50**

Manuka Honey 250 MGO

Delightfully sweet, rich and creamy, our manuka honey comes from hardworking bees collecting nectar in New Zealand's pristine forests. The creaming process creates a smooth, thick, robust honey that's a superb addition to tea, smoothies, granola or a tasty spread on toast or an apple. Manuka Honey can be a great natural healer. Use for coughs, sore throat, skin spots and much more.

Serving Size: 1 Tablespoon

NO7140 (8.8 oz.) 13 servings **$25.35**

Manuka Honey 400 MGO

Feeling a cold or sore throat coming on? Soothe your pains with a spoonful of manuka honey straight from the jar. Manuka honey is high in antibacterial levels and is recommended to help with ulcers, strep throat, cold sores, skin infections, cuts and abrasions. It can also be used for digestive issues, energy or skin ailments. If using for skin it may be helpful to slightly warm the honey prior to applying. This is the true New Zealand honey with a MGO™ value of 400+ Manuka Honey.

Serving Size: 1 Tablespoon

FI3007 (8.8 oz.) 16 servings **$56.70**

Silver Lozenges TOP SELLER

Reach for Silver Biotics® Lozenges to quickly soothe a sore throat, with an added boost of support for your immune system. These lozenges contain 60 ppm of Silver for added immune support, Made with all natural and organic ingredients. Choose from "Manuka Honey" made with Cooling Organic Mint and Raw New Zealand Manuka Honey or "Orange Splash"made with 90 mg of Vitamin C. Each package contains 21 individually wrapped lozenges.

ABL3060 w/Manuka Honey 'Mint' (21 ct.) **$11.55**
ABL3064 W/Vitamin C 'Orange' (21 Ct.) **$11.55**

Immune Lozenges

Herbal lozenges are made from whole-food vitamin C from acerola fruit to strengthen immune defenses. Organic honey provides comforting respiratory care for occasional dry coughs. Take them anywhere your day takes you.

GH1280 Eucalyptus w/ Zinc & Vit. C (24 Ct.) **$6.75**
GH1282 Lemon w/Vit. C (24 Ct.) **$6.75**
GH1284 Peppermint w/ Zinc, Vit. C & D (24 Ct.) **$6.75**

Fisherman's Friend TOP SELLER

All natural menthol and eucalyptus lozenges. Produced exactly according to the original recipe, no artificial colorings or flavorings.

FF11500 Original Extra Strong (38 Ct.) **$4.20**

Olbas Lozenges TOP SELLER

Olbas Lozenges give you maximum strength cough suppressant action that also makes your nasal passages feel clearer. These tasty lozenges help you fight coughs due to minor throat and bronchial irritation that often occurs when you have a cold, or when you inhale an irritant, like smoke. They also have a natural anesthetic action that provides instant, cool, soothing relief for sore throat. Great cough drop!

OL50620 (24 Lozenges) **$7.45**

Herbal Throat Spray TOP SELLER

Swallowing doesn't have to hurt. Throat Spray is designed to cool the fire, ease the tickle or moisten overused vocal cords. It is comprised of cooling and moistening herbs to support healthy immune system function. In addition to the herbal extracts, glycerin is moistening to the throat and peppermint essential oil has a cooling sensation. Suggested Use: 2-6 sprays, 3-6x a day.

Serving Size: 2 Sprays

NA1055-001 (1 fl. oz.) 78 servings **$11.99**
NA1055-002 (2 fl. oz.) 156 servings **$17.60**

Colloidal Silver Throat Spray

Natural Path Silver Wings Colloidal Silver 150PPM Herbal Tincture with Oregano and Echinacea Spray is a best selling colloidal silver herbal combination. 15 times stronger (more silver particles) per serving than 10PPM silver solutions. Higher PPM strength offers convenience of less dosages per day. Silver Wings combined Organic Echinacea and Organic Oregano Leaf Tincture for the ultimate immune support formulation.

Serving Size: 8 Sprays

NPS1001 (1 fl. oz.) 30 servings **$12.95**

Propolis & Herb Throat Spray

A blend of seven herbs & propolis. Excellent as a mouth and breath freshener.

BB5165 (1 fl. oz.) **$10.95**

Baby Formulas

Infant Goat Milk Formula TOP SELLER

Proudly crafted in The Netherlands with no GMO ingredients, Kabrita Goat Milk Infant Formula is naturally easier to digest than cow milk, mild in taste, and rich in critical nutrients. For ages: 0 to 12 months.

Serving Size: 4 Scoops

KB0002 (28 oz) 44 servings **$43.95**

Toddler Goat Milk Formula

Proudly crafted in the Netherlands with no GMO ingredients, Kabrita Goat Milk Toddler formula is naturally easier to digest than cow milk, mild in taste, and rich in critical nutrients. For ages: 12 to 24 months

Serving Size: 4 Scoops

KB0006 (28 oz.) 44 servings **$39.99**

Junior Goat Milk Formula

Made with European goat milk. Kabrita Junior is easy to digest and fortified with essential nutrients, for children 2 years and up. Supports your child's growing needs.

Serving Size: 5 Scoops

KB0030 (14 oz.) 15 servings **$19.99**

CapraMilk

CapraMilk™ is a creamy, great tasting, powdered goat milk. It is now available in both nonfat and whole milk varieties! CapraMilk is the ideal food for babies, children and adults. This milk powder is naturally homogenized and has a lower allergy potential than cow milk. CapraMilk™ is an excellent source of calcium and is free of pesticides, herbicides, growth hormones, and antibiotics and comes from happy, healthy goats! Contains 16 servings.

Serving Size: 2 Tablespoons

MC2010 "Nonfat" Powder (1 lb.) 16 servings **$20.20**

MC2014 Whole Milk Powder (1 lb.) 16 servings **$22.10**

GOAT MILK

This is a delicious, natural choice for those sensitive to cow milk and/or soy products. Goat milk plays an important dietary role in an ever-growing number of people who need and desire a cow or soy milk substitute. It offers superior nutritional benefits with the taste and richness of real, natural milk. Worldwide, more people consume goat milk! It's easier to digest than cow's milk, higher in calcium, and it's a wonderful kitchen companion for foods made with milk. Makes 3 quarts.

Serving Size: 1/4 Scoop

JM0002 Powder (12 oz.) 12 servings **$26.60**

Capra Lactose TOP SELLER

Goat Milk Lactose™ is 100% pure goat milk lactose. Lactose is the naturally occurring sugar in the milk of all mammals. Also known as "milk sugar", lactose is roughly 20% the sweetness of common white table sugar.

Serving Size: 1 tsp.

MC1371 (13.8 oz.) 97 servings **$16.30**

A2 Whole Milk Toddler Formula

Easy to digest recipe for sensitive tummies. Packed with grass fed organic A2 whole milk, probiotics, vitamins and minerals, nutrient rich fats and proteins. Free from soy, industrial seed oil, corn & rice syrup, gluten, GMOs, grains, & synthetic folic acid.

Serving Size: 2 Scoops

SK1012 (12.7 oz.) 21 servings **$38.95**

SK1014 (21 oz.) 35 servings **$49.99**

Goat Milk Toddler Formula TOP SELLER

Easy-to-digest goat milk toddler drink with DHA, ARA, and naturally occurring prebiotics.

Serving Size: 2 Scoops

NOB2501 (12.7 oz.) 21 servings **$25.75**

Dairy Toddler Formula, Organic

Our USDA Organic Certified classic dairy toddler drink with an extra helping of whey to support digestion.

Serving Size: 2 Scoops

NOB2901 (12.7 oz.) 21 servings **$19.95**

Sensitive Toddler Formula w/DHA Organic

TOP SELLER

No soy, American dairy DHA + ARA toddler drink formulated to support lactose sensitivities.

Serving Size: 2 Scoops

NOB2904 (12.7 oz.) 21 servings **$25.75**

Plant Based Pea Protein Toddler Formula, Organic TOP SELLER

Non-dairy & plant-based pea protein recipe—terrific for toddlers who have trouble digesting traditional cow dairy drinks.

Serving Size: 2 Scoops

NOB3981 (12.7 oz.) 21 servings **$25.75**

A2 Organic Infant Formula

Certified USDA Organic infant formula made with A2 organic milk for easy digestion.

Serving Size: 2 Scoops

NOB2929 (21 oz.) 35 servings **$34.70**

Complete Nutrition Infant Formula, Organic

Our USDA Organic Certified infant formula made with organic American milk—backed by clinical data to nourish your baby through their first year of life.

Serving Size: 2 Scoops

NOB1901 (21 oz.) 35 servings **$32.48**

Child Vitamins & Minerals

Baby Multi-Vitamin "Organic" TOP SELLER

Whether you breastfeed or have a picky toddler, our baby multivitamin liquid helps fill important nutrition gaps to ensure they're getting the nutrients they need every day. Our baby multivitamin liquid is an organic daily supplement that delivers 13 essential vitamins and minerals for optimal nutrition and healthy growth.

Serving Size: 1 ml

GO4592 (1.9 fl. oz.) 56 servings **$20.15**

Kid-e-Mins

Vitamins & minerals play a key role in boosting the immune system, growth & development, mental aptitude, physical fitness & in supporting the body's systems. Christopher's Original Formulas Kid-e-Mins Extract is the ultimate whole-food formula, perfectly balanced the way Mother Nature intended with vitamins & minerals.

Serving Size: 1 Dropper

DC94710 (2 fl. oz.) 59 servings **$16.35**

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IntraKid 2.0 TOP SELLER

intraKID 2.0 specially formulated for children, is produced using intraCELL Technology. This innovative cold-fill manufacturing process allows the 215+ ingredients in intraKID 2.0 to retain their maximum nutritional value while being enriched organically with naturally-sourced fulvic acid. In just a one-ounce daily serving, intraKID 2.0 provides an array of vitamins, trace and macro minerals, prebiotics, antioxidants, digestive enzymes, fruits, vegetables, essential fatty acids, bioflavinoids, amino acids, and much more! The unique ingredient blends in intraKID 2.0 not only support the body's ability to eliminate harmful substances, they also provide support for a wide range of systems and functions which include: Endocrine and hormone. Immune, development, and response. Blood, cellular, and circulatory. Cognitive, brain development, and neurological. Skin, bone, skeletal, muscle, and joint. Energy, strength, stamina, and stress management. Recommended for ages 4 – 12

Serving Size: 1 oz

DL1050 Raspberry (32 oz.) 32 servings $72.95

Children's Complete Multiple

Full-spectrum vitamin-mineral support with added lutein for blue-light protection, prebiotic fiber, fruits & greens blend, and MTHFR friendly folate. Naturally sugar free. No crystalline fructose!– Great tasting children's liquid multivitamin with a tropical orange flavor sweetened with Xylitol. Double the vitamin D!– The American Academy of Pediatrics recently doubled its recommendation of Vitamin D intake. Vitamin D is essential for bone production and support in young children. NutraFlora®– scFOS prebiotic fiber combined with soluble fiber and plant-based digestive enzymes promote calcium absorption and gently strengthen the immune and digestive system. Fruits + Greens– a blend of fruit and veggies that will assure even the most health-conscious mom that her little ones are actually getting what they may be missing in their diet. Aquamin® mineralized red algae– a natural source of purified calcium, magnesium, and 63 other trace minerals.

Serving Size: 1 Tbsp

LH70045 (16 fl.oz.) 32 servings $29.60

Children's Daily Multi

Children's Daily Multi is a comprehensive multivitamin and mineral dietary supplement formulated for your child. This liquid formula with Vitamin A, B, C, D, E and essential trace minerals for active growing children. Our liquid multivitamin and mineral formula is also more bioavailable and absorbable than gummies. No waxes or gelatin is needed, harmful or not. Only 2 grams of sugars from natural fruit concentrates. No added sugar, honey or artificial sweeteners. Ages 4-12 take 2 Tbsp daily.

Serving Size: 2 Tablespoons

BT5100 (17 fl. oz.) 16 servings $24.95

Kids Neurovite Multivitamin NEW

Kids' NeuroVite contains a broad spectrum of plant extracts, minerals, and vitamins for kids that help growing bodies and brains function at their best.* Nourish your child's growing brain and active body with this comprehensive, doctor-formulated multivitamin. Kids' NeuroVite provides essential nutrients and plant extracts in sugar-free, penguin-shaped chewable tablets to help fill any nutritional gaps in your child's diet.

Serving Size: 2 Chewables

AC1058 (120 Chewables) 60 servings $32.80

Complete Childrens Chewable TOP SELLER

Complete Children's Chewable™ is a great tasting complete multivitamin with vitamins, minerals, trace minerals and essential nutrients your active child needs to stay healthy and grow up strong. With Boron. Suggested use: Ages 2-3 chew 1 wafer per day, ages 4 and up chew 2 wafers per day.

Serving Size: 1 - 2 Wafers

TM3030 (60 Wafers) 30-60 servings $19.10

Kid's Vitamins Chewable TOP SELLER

The nutritional needs of a growing child are of considerable importance, especially during their early years. Essential nutrients such as vitamins, antioxidants, minerals and other important co-factors play crucial roles in the growth and development of skeletal structures, brain function, internal organs and many other areas of basic developmental health. Unfortunately, kids can be extremely fussy when it comes to eating, and as a result, many of these basic nutritional needs can get overlooked in the process. Suggested use: Age 4 and up chew 2 tablets daily with food.

Serving Size: 2 Lozenges

NO3882 Berry Blast (120 Loz.) 60 servings $13.05

RiteStart Kids & Teens Multi Chewable

Comprehensive daily support for growing children and teens that features essential vitamins, minerals, and 4Life Transfer Factor. Supports strong bones, healthy muscle function, and healthy vision. Contains 22 essential vitamins and minerals with B vitamins for healthy brain function and healthy energy support. Promotes long-term health and wellness.

Serving Size: 2 to 4 Tablets Daily

LF24089 (120 Tabs.) 30 servings $57.75

Kid's One Daily TOP SELLER

Convenient foundational multivitamin designed to support the unique nutritional needs of children 5 years of age older plus daily nutritional support, bone health, immune support and real food.

Serving Size: 1 Tablet

MF1180 (60 Tabs) 60 servings $28.30

Kids Multi Gummy "mykind organic" TOP SELLER

Only the best for your children, mykind Organics Kids Multi Gummies are Certified USDA Organic and Non-GMO Project Verified fruit and vitamin gummies. Made with nine organic whole fruits in every bottle—no synthetic vitamins—mykind Organics Kids Multi Gummies come in two yummy flavors; organic fruit and organic cherry. Each chew is made with pectin from non-GMO apples and organic orange peel—no pig gelatin.

The mykind Organics line of gummies is a true health crusader, ditching the conventional vitamin gummy course by steering clear of processed sugars and syrups, artificial colors and flavorings, animal products, and GMOs. With our clean gummy technology, there are no "candy" ingredients, no pig gelatin or corn starch. You can rest assured you are receiving a true, whole food vitamin fruit chew that not only is good for you, but is great-tasting! They are Certified USDA Organic, Non-GMO Project Verified, Certified Vegan, Certified Gluten Free and Kosher.

Serving Size: 4 gummies daily

GO2027 Fruit (120 ct.) 30 servings $36.50

GO2028 Cherry (120 Ct.) 30 servings $29.95

Nordic Berries

Nordic Berries™ multivitamin gives kids (and adults) the daily vitamins and minerals they need in a great tasting, gluten-free gummy. Help your child fill in any nutritional gaps with Nordic Berries multivitamin. These yummy gummies give growing kids the essential vitamins and minerals they need. They even contain full-spectrum B vitamins. Made for ages 2 and up. Provides essential nutrients-including zinc and vitamins A, B, C, D3, and E.

Serving Size: 4 berries daily

NNA0124 Citrus (200 Ct.) 50 servings **$38.35**

Multivitamin for Children Gummy "Alive"

Alive!® Premium Gummies for Children is a gluten and gelatin-free (made with pectin) multi-vitamin that is sweetened with organic tapioca and dried cane syrups. It also contains: 14 vitamins and minerals. A full B-vitamin complex to help convert food into energy* Orchard Fruits™ &Garden Veggies™ dried blend(150 mg per serving). No synthetic flavors or preservatives.

Serving Size: 3 per day

NW15789 (90 ct.) 30 servings **$15.20**

Essential Multivitamins TOP SELLER

This is a very bioavailable, cell-ready formula for getting your essential daily multivitamins. This complete formula comes in a liquid and capsule option, and there's no need to take multiple products to help your body fill in the gaps between your nutrition and what your body needs. NO SYNTHETICS! You'll feel the difference!

Serving Size: 4 Capsules or 2 Tablespoon

MEL1034 (120 Caps.) 30 servings **$33.30**
MEL1035 (32 fl. oz.) 32 servings **$39.45**

Kids Multivitamin Powder 'Organic'

Kids multivitamin powder is an organic daily supplement that delivers 15 essential food-derived vitamins and minerals for optimal nutrition, healthy growth and bone development. Contains essential vitamins for toddlers and children.

Serving Size: 1 Scoop

GO3597 Powder (2.11 oz.) 30 servings **$17.50**

Children's Coco Greens NEW

Macro Coco Greens is an all natural chocolate super "greens" multi-vitamin drink mix with a taste kids love! (Similar to Chocolate Milk!) Delicious is the new nutritious! No common allergens or other harsh ingredients. What are the benefits of using Macro Coco Greens? • 3.5 billion probiotics and enzymes aid digestion and support immune system • Essential vitamins A, C, D, E, plus calcium, magnesium, trace minerals and electrolytes • 3+ servings of fruits and vegetables • Perfect "green food" alkalizing source • Complete raw superfood and powerful antioxidants • 70% less sugar than other coco drinks • No high fructose corn syrup or artificial ingredients • Gluten free and vegan • All natural chocolate super food drink with taste kids love!

Serving Size: 1 Scoop

MLN1425 (7 oz.) 32 servings **$35.20**

Kid's Daily Super Greens TOP SELLER

Kids don't ask for more broccoli, but they will ask for more Kids Daily Super Greens. Kids Daily Super Greens is packed with 48 different superfoods (including broccoli) with a chocolate taste your children will love! Children love the taste, moms love the nutrition that comes from superfoods like Acai, Maca, Baobab, Elderberry, Nettles, Goji, and more. But we didn't stop at superfoods. Kids Daily Super Greens is packed with enzymes, probiotics and fiber for digestion health, trace minerals and tons of phytonutrients to support full body health!* They can eat like you want them to, feel like a superhero, and get their daily fruits and veggies all before breakfast.

Serving Size: 1/2 scoop-1 scoop

SPR4631 Chocolate (9.5 oz.) 30 servings **$36.00**

Children's Iron 5mg

Our Children's Iron is a low 5 mg dosage suitable for children under 4 years of age. It is in the fumarate form, which is gentler on the stomach than other forms of iron. Easy to take Instant Dissolve Tablets.

Serving Size: 1 Tablet

SS90150 (100 ct.) 100 servings **$9.15**

Tasty Herb Calc TOP SELLER

Delightful combination of tonic herbs generally known to contain a broad spectrum of minerals with a pinch of ginger and organic orange essential oil to stimulate healthy digestion. Herbs in this formula are famous for nourishing a healthy nervous system and musculoskeletal system. Also good to use when children are teething. Suggested Use: 1/3 tsp. - 1 Tbsp., 3-4x a day.

Serving Size: 2 Droppers up to 4 x a day

NA5013-002 Orange (2 fl. oz.) 36 servings **$15.99**
NA5013-004 Orange (4 fl. oz.) 72 servings **$29.60**
NA5013-008 Orange (8 fl. oz.) 144 servings **$52.80**

Chidren's B Complex w/Vitamin C TOP SELLER

Children's B-Complex with folic acid, calcium pantothenate and biotin is formulated to provide the nutrients that support optimal health for the production and maintenance of new cells and supports nervous system health, energy metabolism, and healthy heart function. Easy to take Instant Dissolve Tablets.

Serving Size: 2 Tablets

SS90080 (60 Ct.) 30 servings **$7.15**

Kids B Complex TOP SELLER

Balanced ratio of B vitamins to support the health of the nervous system. Zinc to support immune health and help fill a common nutritional gap in children's diets.GTF Chromium to help maintain already healthy blood sugar levels,Bacopa and L-Theanine to promote alertness and mental clarity and to support learning and focus.Lemon Balm to help calm nerves and "busy bodies". Easy to swallow and digest mini tablet.

Serving Size: 1 Tablet

MF1275 (30 Tablets) 30 servings **$14.60**

Kids-C Plus

Kids-C provides the unique powers of natural food source vitamin C, plus flavinoids and buffered minerals, as found in nature. It is especially pure for children. No additives, colorings, chemicals or GMOs.

Serving Size: 4 Droppers

NH9236 (2 fl. oz.) 20 servings **$15.40**

Baby Vitamin-C "Organic" TOP SELLER

Vitamin C is essential for your baby. Our baby vitamin C liquid supports immune health, iron absorption, production of connective tissue and so much more.

Serving Size: 2 ml

GO4594 45mg (1.9 fl. oz.) 28 servings **$14.00**

Kid's Vitamin C Clean Melts

Our Kid's Immune Clean Melts are formulated specifically for children, with enhanced antioxidant and Immune System support. Each tablet has 125mg Vitamin C.

Serving Size: 1 Tablet

SS90065 (90 Ct.) 90 servings **$14.35**

Kid's Vitamin C & D Clean Melts

Our Kid's Immune Clean Melts are formulated specifically for children, with enhanced antioxidant and immune system support. Each tablet has 30mg Vitamin C, and 400IU D3.

Serving Size: 1 Tablet

SS90145 (90 Ct.) 90 servings **$14.35**

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Baby D Infant Formula 200 IU

Vitamin D works in conjunction with calcium to promote the development and maintenance of strong bones and teeth. Our Vitamin D products are D3, the finest source of Vitamin D available. Our Instant Dissolve Tablets go to work fast, when placed on the tongue or dissolved in liquid.

Serving Size: 1 Tablet

SS90200 (100 Ct.) 100 servings **$5.05**

Children's D-3 400 IU TOP SELLER

Vitamin D works in conjunction with calcium to promote the development and maintenance of strong bones and teeth. Our Vitamin D products are D3, the finest source of Vitamin D available. Our Instant Dissolve Tablets go to work fast, under the tongue.

Serving Size: 1 Tablet

SS91050 (100 Ct.) 100 servings **$6.10**

Super Daily D-3 for Kids

In just one highly concentrated liquid drop, Super Daily D3 provides 400 IU of vitamin D3, the recommended daily dose. Super Daily D3 is tasteless, odor-free and may be dropped onto food, beverage, or directly onto tongue. Each bottle contains a one-year supply.

Serving Size: 1 Drop

C1260 400 IU (10.3ml) 365 servings **$10.95**

Liquid Vitamin K-2 Drops

The function of a vitamin K2 supplement is unique among other vitamins; its biological role is to help move calcium into the proper areas in your child's body. Vitamin K2 helps support your children to maintain strong, healthy bones during their most important period of growth and development.

Serving Size: 1 Drop

CL3209 (0.25 fl. oz.) 240 servings **$18.40**

Child Immune

Tasty Echinacea TOP SELLER

Pleasant tasting immune system support. Children's Tasty Echinacea is a simple combination of Echinacea flower, root and leaf and Peppermint leaf. Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day.

Serving Size: 2 Droppers up to 4 x a day

NA5002-002 Mint (2 fl. oz.) 36 servings **$14.50**
NA5002-004 Mint (4 fl. oz.) 72 servings **$26.75**
NA5002-008 Mint(8 fl. oz.) 144 servings **$47.10**

Children's Immune Chewable

Wellness Children's Immune Chewable™ is a powerful cold weather blend, designed to support children's immune defenses. It is carefully formulated with safe dosages of herbs and nutrients-including echinacea, elderberry, astragalus, marshmallow, mushrooms, and zinc-plus advanced special ingredients such as beta-glucan and transfer factor. And it is offered in kid-friendly, raspberry flavored wafers.

Serving Size: 1 Wafer

SN2138 Raspberry (30 Wafers) 30 servings **$12.10**
SN2139 Raspberry (60 Wafers) 60 servings **$22.90**

Children's ACF "Immune Support" TOP SELLER

This product provides great immune support for Children by combining immune boosting ingredients in a readily absorbable liquid form. Use for; Sore Throat • Sneezing • Runny Nose • Coughing

Serving Size: 2 Tablespoons

BT4035 (16.54 fl. oz.) 16 servings **$24.63**

Orega-Cinn Oregano Oil

Kid-e-kare Orega-cinn oil of oregano is the ideal wild oregano formula for children. Both wild oregano and cinnamon oils have known health-supporting properties. With its pleasant taste, it is ideal for children and taste sensitive adults. Use every day for best results.

Serving Size: 10 drops

NH9009 (2 fl. oz.) 120 servings **$23.25**

Yummy Gummy Cherry Bears

P73 Yummy Gummy Cherry Bears are the newest, fun way for children to get the benefits of wild oregano for daily immune support. Each P73 Yummy Gummy Cherry Bears serving contains three drops of the finest Mediterranean high-mountain oregano oil blend. Every handpicked harvest is made with the highest quality ingredients, is triple-tested for purity and authenticity, and meets cGMP standards. Yummy Gummy Cherry Bears with P73 Oreganol and Black Seed Oil are tasty ways for children to support their immune system. Perfect for daily use.

Serving Size: 2 Gummies

NH9268 (60 Ct.) 30 servings **$23.05**

Kid's Immune Clean Melts

Formulated specifically for children, with enhanced antioxidant and Immune System support; each tablet has 2mg Zinc , 30mg Vitamin C , 400IU D3, and 25mg Elderberry extract.

Serving Size: 1 Tablet

SS90095 (60 Ct.) 60 servings **$14.35**

Children's Echinacea & Zinc Lozenjets

Zinc is an essential mineral required by more than 300 enzymes for the support of multiple systems and functions in the human body. In addition, studies have indicated that zinc promotes recovery from the common cold and related symptoms. Our Zinc Lozenjets are formulated with an herbal blend as added protection for children's health and immune system support. Try this special formulation in our Zinc Lozenjets. Easy to take Instant Dissolve Tablets.

Serving Size: 1 Tablet

SS90120 (60 Ct.) 60 servings **$10.10**

Sinus Support "GaiaKids"

Supports healthy sinus function* Gentle supportive action to the Eye, Ear, Nose, Throat* Supports healthy levels of inflammation to promote normal mucus production* Supports the mucus membranes of upper respiratory tract* Supports the immune system in the upper respiratory system* Suggested Use; Age 0-1 use 5-10 drops. Age 1-2 use 15-20 drops. Age 3 -6 use 40-50 drops. Age 7 -13 use 70-90 drops. Dilute in water or juice. Use up to 3 times a day. Alcohol-free formula.

Serving Size: 90 Drops

GH8540 (1 fl. oz.) 10 servings **$13.45**

Tasty Elderberry Immune TOP SELLER

Gentle blend of Elderberry and other immune tonic herbs to support and maintain a healthy immune system, now with delicious orange flavor. Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day.

Serving Size: 2 Droppers

NA5008-002 Orange (2 fl. oz.) 36 servings **$16.80**
NA5008-004 Orange (4 fl. oz.) 72 servings **$30.40**

Elderberry Liquid for Kids

NOW® Elderberry Liquid for Kids combines elderberry concentrate with zinc and astragalus to promote seasonal wellness. Elderberry has been used traditionally to maintain health and well-being. Astragalus is an herbal ingredient that has been included to support a healthy immune system response to seasonal challenges. Zinc has been added to promote normal immune system function.

Serving Size: 2 Tsp

NO4851 (8 fl. oz.) 24 servings **$14.50**

Kids Elderberry Syrup 'Organic'

Black Elderberry has been used in Europe for centuries as a traditional remedy for immune support. We combined our own premium Elderberry extract with Aronia Berry and antioxidant-rich vitamin C to provide a delicious syrup for Immune Support.

Serving Size: 4 ml

GO3596 (3.9 fl. oz.) 29 servings **$26.25**

Sambucus For Kids

A black elderberry product with echinacea & propolis. Berry flavored. Great Taste.

Serving Size: 2 Teaspoons

NW3884 (8 fl. oz.) 24 servings **$28.35**

Colostrum Plus Chewables TOP SELLER

Symbiotics Colostrum Plus features key natural Immune Factors such as Immunoglobulins, which are types of proteins that are used by the immune system to identify and neutralize foreign objects, as well as Lactoferrin, which is a multifunctional protein and Proline-Rich Polypeptides, which have a very powerful effect in actively modulating the immune response. The Immune Factors found in Symbiotics Colostrum Plus have a dual action effect, working in the bloodstream, as well as in the GI tract, by maintaining healthy intestinal flora in a normal GI tract. Great for adults & children.

Serving Size: 2 Chewables

SY2130 Wild Cherry (120 Tabs.) 60 servings **$28.25**
SY2154 Orange Cream (120 Tabs.) 60 servings **$28.25**

Colostrum6 Moo Chews for Kids

Colostrum6 Strawberry Tablets are cold pressed colostrum for kids! They taste just like "Sweet Tarts" of old! Remember, you may have to hide the bottle as kids don't think of them as supplements but as candy! Taking 3 twice every day provides 1,200 mg of colostrum helping to keep the little ones healthy. Also an excellent source of vitamin C! Strawberry Flavor.

Serving Size: 2 Tablets 2 x a day

IT9909-A Strawb. 200mg (180 Tabs.) 90 servings **$51.60**

Infant & Toddler Colostrum LD Powder TOP SELLER

Since the dawn of time, mothers' colostrum ("first milk") has sustained and nurtured their newborns. This rich source of immunoglobulins, peptides (lactoferrin & lactoperoxidase), signaling molecules (cytokines, proline-rich polypeptides), beneficial bacteria, and growth factors jumpstart the newborn's immune system and heal the leaky gut. Pediatric experts agree that colostrum is "liquid gold." Liposomal Lipid-coated Superfood for Your Precious One. 100% Pure Bovine Colostrum with High Potency Immunoglobulins. Provides a concentrated source of antibodies. Promotes a healthy immune system. Aids in normal childhood development. Helps build strong muscle, bone, and connective tissues. Offers a healthy alternative when breastfeeding isn't possible.

Serving Size: 1 teaspoon

SLD1014 (1.76 oz.) 20 servings **$15.35**
SLD1015 (12 oz.) 170 servings **$79.65**

Colostrum Powder

A very versatile form of colostrum; you can take it from a spoon, mix it in a smoothie, or sprinkle it over your food.

Serving Size: 1/2 Teaspoon 2 x daily

IT9902-A Powder (6.5 oz.) 124 servings **$75.95**

Tasty Temp Support

Mother nature knows best. Our Tasty Temp Support formula is designed to support nature's wisdom and keep an immune system functioning strong. This custom blend of herbs supports the body's natural ability to maintain a normal body temperature. Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day.

Serving Size: 2 Droppers

NA5009-002 Mint (2 fl. oz.) 36 servings **$16.80**
NA5009-004 Mint (4 fl. oz.) 72 servings **$30.40**

Tasty Wild Cherry Compound

Our Tasty Wild Cherry Compound soothes the lungs and supports the healthy function of even the most overworked respiratory system. Not only will this soothing formula bring comfort, but the delicious taste is likely to bring smiles and requests for seconds! Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day. Not intended for long term use.

Serving Size: 2 Droppers

NA5010-002 Citrus (2 fl. oz.) 36 servings **$16.80**
NA5010-004 Citrus (4 fl. oz.) 72 servings **$29.60**

Kid-e-Soothe

This formula was designed to calm yet strengthen the body's immune responses. Oftentimes, we believe that we are allergic to certain foods, plants or animals, but in reality our immune system may be just overreacting. This simple combination of Marshmallow root and Astragalus has made life easier for those who suffer from allergies, hay fever, asthma, rheumatoid arthritis or any hyperactive immune response. This extract is in a base of 100% pure vegetable glycerine with natural cherry flavoring. Great for children.

Serving Size: 5-10 Drops 3 x dailly

DC94705 (2 fl. oz.) 114 servings **$15.50**

Cough Syrup for Kids

This cough syrup is formulated with honey, black elderberry and ivy leaf. It is formulated to help soothe occasional dry coughs for kids ages 2+, while supporting respiratory and immune health.

Serving Size: 1.5 Teaspoon

GH8508 (4 fl. oz.) 16 servings **$14.40**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Kids Cough & Mucus Syrup 'Organic'

A nice Organic immune blend that helps children clear mucus when coughing. Contains food derived Ivy Leaf, Acerola Cherry, Black Elderberry, Rosemary, Vitamin C, and Zinc. Sugar Free.

Serving Size: 4 ml

GO3888 (3.92 fl. oz.) 29 servings $20.20

Bronchial Wellness Syrup "Gaiakids"

Finding natural support for your child's throat and bronchial health which is both organic and great tasting can be a challenge. Bronchial Wellness for Kids has been popular with parents in Europe for over 10 years. Gaia Herbs now brings this herbal syrup to the U.S. Parents can trust the purity of organic herbs such as Plantain and Grindelia, used traditionally in Europe for promoting respiratory health and naturally processed to ensure high concentration and absorption. Kids, on the other hand, can enjoy the great taste which comes from organic honey and flavorful essential oils.

Serving Size: 1 Teaspoon

GH8503 (3 fl. oz.) 18 servings $17.75

Old Indian Syrup For Kids

Old Indian Syrup For Kids™ combines potent botanicals from North American for this comprehensive seasonal health supplement. This formula supports immune system response, easy breathing, healthy respiratory function and clear sinuses. It has a delicious natural cherry flavor kids like.

Serving Size: 1 Tablespoon 2 x a day

PH2120 (8 fl. oz.) 15 servings $17.95

Garlic Salve TOP SELLER

Made with fresh garlic, gently infused in organic olive oil and lightly scented with lavender essential oil. Can be rubbed on chest, back and soles of feet. A great product to use for children and adults who have the cold & flu.

NA2011-001 (1 oz.) $7.99
NA2011-004 (4 oz.) $20.80

Ultra Immunity Oil 'Germs Blend' TOP SELLER

Are you fighting a battle with germs or mold? Ultra Immunity to the rescue! Excellent for viral and bacterial infections and even mastitis. Can be rubbed on bottom of feet, chest and other areas as needed. It can also used in a bath soak (only a few drops mixed with soap and water). This is a great oil to use at the first sign of illness or to help get ride of existing germs. Can also be used to combat mold in the home. Note; has a garlic smell. Dilute and apply, use with care.

NFE1245+T (0.5 fl. oz.) $18.50

Child Probiotics

Kid's Probiotic + D3 Sticks

Your child's microbiome, made up of trillions of microbes located primarily in their gut, turns over every 3 days. It's constantly changing based on what they eat, their stress levels, if they're taking antibiotics, and how much sleep they get. A healthy microbiome is crucial for proper early development and long-term health—so it's important to fuel their microbiome properly. Each probiotic strain in True Littles Probiotic + D3 has been carefully selected and combined in specific, and consistent ratios. 10 Billion

Serving Size: 1 Stick Pack

TG9758 10 Billion (30 Stick Packet) 30 servings $28.80

Probiotic Drops "Baby" TOP SELLER

Probiotic Drops promote digestive health support immune function. It may also help with occasional gas, diarrhea & constipation. Contains 1 billion Lactobacillus rhamnosus GG cells per serving

Serving Size: 5 drops

MB5551 (0.34 fl. oz.) 30 servings $27.95

Mega SporeBiotic For Kids

MegaSporeBiotic™ for Kids gummies are a 100% spore-based proprietary probiotic blend that supports a healthy gut microbiome by promoting microbial diversity, maintaining a healthy gut barrier, and supporting the immune system's protective responses. 2 billion.

Serving Size: 1 Gummy

MBL2503 2 Billion (45 Gummies) 45 servings $38.40
MBL2504 2 Billion (30 Gummies) 30 servings $25.99

Health-Bac Probiotic "1 Billion" TOP SELLER

Health-Bac contains the most extensively researched probiotic available: Ecologic 500. Health-Bac contains Bifidobacterium infantis, lactis, longum, Enterococcus faecium, Lactobacillus acidophilus, paracasei, plantarum, salivarius, and Lactocuccus lactis. Health-Bac has been clinically demonstrated to readily implant in humans. Always use Health-Bac when taking large amounts of Oreganol and/or Oregacyn P73 daily. Scored among the top two probiotics in the world. Use Health-Bac; it really does implant and thus is effective. Can be used for all ages.

Serving Size: 1 Teaspoon

NH3118 Powder (3.52 oz.) 33 servings $38.70

Berry Dophilus "2 Billion" TOP SELLER

NOW® BerryDophilus™ provides 2 billion CFU from a combination of 10 clinically validated probiotic bacterial strains designed to support gastrointestinal health and healthy immune system function. Healthy intestinal flora also helps to create a favorable environment for the absorption of nutrients. BerryDophilus™ can be used by both adults and children. Sweetened with xylitol, BerryDophilus™ won't harm teeth and it tastes great.

Serving Size: 1 Chewable

NO2936 (60 Chewables) 60 servings $10.90

HEALTHY SNACK IDEAS FOR YOUR CHILD THIS SUMMER

1. Fruit & raw cheese kabobs
2. Blue smoothies (antioxidant blend)
3. Chocolate hummus served with bananas & strawberries
4. Zucchini pizza bites (replace flour crust with zucchini)

Journey to Health

By Rebecca Graeff, MH

"Let food be thy medicine and medicine be thy food."

— HIPPOCRATES

Children are the joy of our lives. We guide and nurture our children daily, and as we care for them in the course of their illnesses, we assist them to set off on solid ground for a lifetime of service. In natural healing, we always look to the cause of ill health and make changes to achieve wellness. We do not simply "treat" the symptoms; we go to the cause. Mothers and dads become diligent and patient detectives to identify the foods or other factors which provoke a reaction in their children. Keeping track of foods eaten during an elimination diet, and how their body reacts to suspected problem foods will narrow down the search to identify irritating foods to take out of the diet, for a period of time. This journaling method has proven worthwhile when the time is right to reintroduce whole foods, one by one back into the diet. Maintaining a cleanse, nourish, and restoration mindset throughout the process gives us the route to achieve positive results.

First, let us look at the difference between allergy, intolerance, and food sensitivity to better understand ways to bring support. A true food allergy is an over reactive response by the body's immune system to a substance that is not normally harmful, usually occurring within the hour of exposure. For example, if your child is allergic to peanuts, even a tiny amount of the food may cause an immediate, mild, possibly resulting in the development of a rash, to a severe reaction, as seen in anaphylaxis. Life-threatening allergic reaction symptoms include tightening of airways, swollen throat, difficulty breathing, rapid pulse, dizziness, or loss of consciousness, and a severe drop in blood pressure. This type of outcome is an emergency, not to be taken lightly, requiring prompt medical services.

Similarly, food intolerance and food sensitivity, although distressing, are not immediately dangerous and show up a few hours to days after consuming a problem food. Common intolerance symptoms include stomach pain, gas and bloating, nausea and vomiting, heartburn, diarrhea, headaches, irritability, and anxiety. Additionally, food sensitivity is much milder with a delayed response. One may experience abdominal cramps, nausea, and acid reflux. To demonstrate, if you eat eggs for breakfast every day for years, you may be more likely to develop sensitivity to them than if you vary your breakfast meals.

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For this purpose, I propose we ask not just what we are allergic to, but why. According to Dr. Leo Galland, recognized world leader of integrated medicine, the rampant rise of food allergy, intolerance, and sensitivity may be traced back to several harmful conditions. His findings suggest that the nutritionally depleted processed foods of the Western diet, industrial pollution, the proliferation of toxic chemicals in household, garden, and workplace, chemically laden personal care products, the disruption of gut microbial balance from antibiotics use, antibiotic treated animal products that we ingest, and pesticides in our environment are the offenders.

> ***Our family greatly benefited from reading every food label to avoid the artificial colorings, additives, sulfites, "natural flavors", and preservatives that cause allergic reactions and place an excessive strain on the liver and excretory organs.***

As I studied Dr. Galland's book, *The Allergy Solution,* time and again it brought me back to the work of Dr. J. R. Christopher. Galland also suggests staying consistent with a nutrient-rich, whole-foods diet, overflowing in live elements known as enzymes, found in fresh vegetables, fruits, nuts and seeds to nourish and maintain superior health while preventing food allergies, intolerances, and sensitivities all while keeping the body working smoothly through normal cleansing. Adding an abundance of these immune enhancing, concentrated nutrients to our family's daily routine naturally brings improvement to immune function, detoxifies the system, and boosts antioxidant status thereby protecting the body's cells all while supporting healthy gut flora. Correcting the underlying problem causing sensitivity is our goal. In many cases, an unhealthy gut is to blame for the development of food allergies, intolerances, and sensitivities. Our family's hand-picked herb of choice, Slippery Elm, was discovered while desperately searching for any relief for our child's chronic gut problem. This nutritive, demulcent herb gently soothes nausea, cramping, neutralizes stomach acidity, and eases gas and bloating. When our child could barely keep water down, Slippery Elm powder mixed with warm water to an oatmeal-like consistency would come to the rescue bringing remarkable relief. It has been used with great success to calm the tummies of infants and elderly alike. What an impressive soothing, overall system strengthening herb. Slippery Elm has been recommended for so many problems that it is hard to count them all, and is a true favorite to study and keep on hand.

Equally important and something for us to consider is the emotional cause of the allergy problem. Stress and anger, especially if the immune system is not functioning properly, are frequently contributing factors to this widespread condition. Dr. Richard Anderson says it well; "The first step in overcoming dis-ease is to put a stop to its cause. This always begins by changing the habitual patterns of thoughts and feelings. Good health requires good thoughts and good feelings." Being loved and accepted brings peace, gratitude, and joy while building energy, vitality, and contentment. As followers of Christ, parents understand that to achieve all that Dr. Anderson teaches, we must faithfully walk with the Lord every moment trusting, abiding, obeying, and expecting to be given direction for each day. Evidence clearly reveals that no matter what the challenge, if we have a health-promoting attitude and a strong desire for wellness, a disposition to make necessary changes, and a will to forgive and love others as Jesus teaches, our desires will be met. Our children learn and imitate behaviors by watching and listening to us—they may learn what is "caught", not taught.

> ***Being well is the complete blending of body, mind, and spirit—the realization that everything we do, think, feel, and believe influences our health.***

Dr. Earendil Spindelilus, accomplished holistic practitioner of one of the most successful clinics in Northern California, sees hundreds of clients using the tried-and-true natural healing program of Dr. Christopher. The common theme for each person he sees in his thriving practice is to rid the body of disorder, beginning with cleansing, teaching clients to make appropriate adjustments to avoid the former ill condition. Instead of suppressing symptoms with prescription drugs year after year, he goes to the source of the food induced reaction, working with the body to restore and balance the immune system that involves the whole body. Food allergy and sensitivity may be an indication that the body is responding to a foreign substance. These foreigners may be proteins leaking out into the bloodstream. Getting to the cause of the symptoms time and again brings us to the real problem. Let's consider the vital importance of candida albicans in the gut. The favorable bacteria, candida albicans, live in the mucosal lining of our gut. This type of yeast plays a principal role in the maintenance and improvement of a healthy gut microbiome, urinary tract system and skin condition. However, the overgrowth of this type of yeast in the system may cause disorder allowing unwanted matter and undigested proteins, access to the bloodstream. The overgrowth of candida may be caused by the overuse of antibiotics, steroids, pain, and fever reducing medications and the overconsumption of artificial and surprisingly, natural sweeteners; honey, maple syrup, agave, Sucanat and more. When candida yeast grows uncontrollably, in time it grows whip-like appendages. These projections thrash against the intestinal wall, causing thousands of small lesions creating a pathway allowing undigested proteins to enter the bloodstream. Our immune system recognizes these undigested proteins as an invader and attacks. Later, the immune system remembers the undigested protein intruder and responds with an allergic reaction and inflammatory response. Hence, the autoimmune condition, Leaky Gut Syndrome exists. Food allergies, intolerances, and sensitivities may result. We may assist the body in its effort to move towards healing beginning with the Candida Cleanse to restore the intestinal lining damage and balance the friendly flora, essential for gut recovery. *(Herbal Home Health Care* p. 55–57). I admit, this cleanse is difficult, but quite effective and is helping clients daily get on the road to recovery.

Another common approach to correct leaky gut is to remove, replace, and repair the gut. One may begin this process by removing all things that may cause damage to the gut, such as parasites, antibiotics, preservatives, chemical additives, and chronic stress. Replace the disturbing foods with simple, fresh, flavorful food. From this point, we go one step further to remove unhealthy pressure and balance chronic stress by making time to do something enjoyable. Taking a walk, spending time with friends, praying, reading the Bible, learning a new skill, studying about something of interest, drawing or taking care of our animals may be just what we need to get our minds clear once again. Finally, repairing the gut may begin with a cleansing process, probiotic and other nutritional supplementation, and a change in diet. With this arrangement, along with practice and test runs to fine tune your own program, in time, recovery will come.

Likewise, let's consider the eliminative channels of the body in relation to overall health. Dr. Christopher's "no nonsense" approach to health care has been supporting people for many years as he reminds us that over

ninety percent of all diseases and the breakdown of our bodies stem from an unclean bowel. Commonly overlooked in children, the bowels are often the most neglected part of their bodies. A decline of bowel function may be caused by eating too much highly refined, overly cooked, and starchy foods. Cleansing the body with a simple diet including more water, fresh juices, herbal formulas and teas, raw fruits, vegetables, and other wholesome food thoroughly chewed and mixed well with saliva, will allow the door to proper digestion to open thus improving absorption and assimilation of nutrients as well as the elimination of wastes.

> ***William Lintz, M.D., successfully treated 472 patients suffering from allergies simply by cleansing the bowel.***

In summary, we have thoughtfully considered a few possibilities causing food allergies, intolerance, and sensitivity, often as being evidence of Candidiasis also known as Systemic Yeast Overgrowth or Leaky Gut Syndrome. While the undigested proteins leak directly into the bloodstream before being broken down in the gut as is normal in digestion, the immune system overreacts to these proteins as foreign invaders. The difficulty is that our own immune system does not recognize these foreign proteins as belonging there, so the body responds to defend the system. Dr. Galland's nutritional approach to improving health and wellness along with developing an awareness of pollutants in our homes and inside of us is a reminder to keep our foods and the home and garden products simple, leaving harmful additives behind. His research reveals the importance of detoxification and nutrition as foundational to defend against allergy. "Vitamins, minerals, essential fatty acids, omega-3, and omega-6, along with cell protecting antioxidant rich plant foods and herbs are essential for detoxification and nourishment. The level of exposure to toxins and your ability to detoxify may be enhanced greatly through cleansing, detoxification, and building the entire system."Dr. Spindelilus currently guides his clients towards healing primarily with a Candida Cleanse, then builds the gut with probiotic foods and supplements all while calming and strengthening the immune system with Marshmallow (3 pt.) and Licorice roots (1 pt.) supplementation and teaches how to make changes for restoration. The familiar teachings of Dr. Christopher point us to getting to the root of the trouble with an understanding that 90% of all diseases begin in the bowel. Feeling well starts with what we eat and overflows to other areas of our lives. We may take baby steps to include more life giving, real food in our diets including dark leafy greens, cruciferous vegetables, roots and tubers, bulbs, squashes, legumes, beans, nuts, seeds, healthy oils, herbs, spices, and herbal teas, rich in antioxidants as found in Imm-Uni-Tea. Fresh, colorful, in season food from the local farm and garden is a great beginning as we get on or continue the road to recovery. We recognize and appreciate the value of cleansing and nourishing to bring about healing. Dr. Anderson's meaningful and encouraging words hold the most weight of all—joy and blessedness are the natural by-products of love. Let us all learn to love and do it well.

> ***The Western diet is a dietary pattern characterized by high intakes of pre-packaged foods, refined grains, red meat, processed meat, high-sugar drinks, candy, sweets, fried foods, conventionally raised animal products, high-fat dairy products, and high fructose products.***
>
> ***Common Problem Foods:***
> ***Dairy, eggs, fish and other seafood, beef, pork, wheat, rye, and barley, corn, soy, other beans, chocolate, tree nuts, peanuts, yeast found in some vinegars, bottled fruit juices, dried fruits, grapes, commercial soups, sauces, mushrooms, nightshade vegetables and sugar.***

Herbs for the Digestive System

DIGESTION
- Peppermint leaf
- Ginger
- Fennel seed
- Cinnamon
- Clove
- Caramon
- A pinch of cayenne

DEMULCENT / SOOTHING
- Slippery elm bark
- Marshmallow root
- Licorice root
- Meadowsweet leaf / flower
- Aloe vera leaf gel

CANDIDA OVERGROWTH HERBS
- Pau d'arco
- Black walnut
- Chaparral
- Garlic
- Goldenseal

CHILDREN'S HERBS
- Catnip leaves and tops
- Chamomile flowers
- Fennel foliage and seeds
- Licorice root
- Oat seeds meal and straw
- Lemon balm herb

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Rebecca Graeff delights in herbal studies and research and strives to encourage everyone around her to continue in their life-long learning of natural health. Her email address is 122rbgraeff@gmail.com .

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Syntol Kid's Probiotic "3 Billion" TOP SELLER

Syntol Kids is a berry-flavored probiotic that dissolves instantly. Instamelt Delivery Technology is utilized within the formula to make it instantly dissolving, making administration to your child simple and effortless. No water is necessary, just open the sachet and place the great-tasting contents in your child's mouth. They will thank you for it! Syntol Kids contains 3 billion colony forming units (CFUs) of probiotic bacteria per single sachet dose. One of the strains is the potent and widely studied L. rhamnosus GG. Syntol Kids also contains immune boosting vitamins C and D3, as well as prebiotics to support and balance your child's digestive tract.

Serving Size: 1 sachet

AA1008 (30 Sachets) 30 servings **$19.99**

Kids Probiotic 3 Billion

Ultimate Flora Kids Probiotic is a great-tasting, safe and gentle way to help replenish the balance of "good" bacteria in the intestines to support a growing child's immune system. Ultimate Flora Kids Probiotic contains 3 billion live cultures per tablet, 6 kid-friendly probiotic strains, is sugar-free, and naturally sweetened with tooth-friendly xylitol. Chewable Tablets. Suggested use: Age 2 and up chew 1 tablet daily. Dairy Free

Serving Size: 1 Tablet daily

RL15868 (30 Tabs.) 30 servings **$17.30**
RL15869 (60 Tabs.) 60 servings **$35.50**

Kids Probiotic Gummy '3 Billion'

Most children don't consume enough fermented foods to build a healthy gut flora needed for good intestinal health, regularity and immune health. Expertly formulated, with 3 billion CFU of clinically studied strains, kids probiotic gummy is designed to support healthy digestion and immunity. This probiotic gummy is organic and delicious, without sugar, artificial flavors, toxic pesticides or GMOs.

Serving Size: 1 Gummy

GO3587 (30 ct.) 30 servings **$26.25**

Organic Kids + Probiotic "5 Billion" TOP SELLER

Organic Kids + 5 Billion Probiotic is a delicious chewable probiotic, with no added sugars or sweeteners, designed to build a healthy microbiome and support children's digestive and immune health. Each chewable is Certified USDA Organic, Non-GMO Project Verified tastes great and has no added sugar. It also contains vitamin C from Organic Amla (30mg), vitamin D (400IU) and prebiotic fiber to help maintain a healthy immune system.

Serving Size: 1 per day

GO2427 Berry/Cherry (30 ct.) 30 servings **$22.85**
GO2435 Watermelon (30 ct.) 30 servings **$22.85**

Primadophilus for Kids TOP SELLER

Primadophilus (R) Kids Chewable probiotic tablets specifically designed for children ages 2-12. 3 billion CFUs Bifidobacteria & lactobacillus strains including acidophilus (see ingredients for full listing of strains). 3 strain formula with a delicious, natural orange or cherry flavor.

Serving Size: 1 Tablet once daily between meals

NW2002 Orange (30 Tabs.) 30 servings **$10.05**
NW2003 Cherry (30 Tabs.) 30 servings **$10.05**
NW2004 Cherry (60 Tabs.) 60 servings **$18.05**

Child Digestive & Cleansing

Tasty Bowel Reg

Gentle and tasty formula designed to support normal healthy bowel function without causing dependency. Tasty Bowel Reg combines herbs that are used for the relief of occasional constipation with carminative herbs that support healthy digestion. Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day.

Serving Size: 2 Droppers

NA5005-002 Orange (2 fl. oz.) 36 servings **$16.80**
NA5005-004 Orange (4 fl. oz.) 72 servings **$30.40**

Kid-e-Reg TOP SELLER

An unhealthy lifestyle & a diet that lacks in fiber & water are often causes of kids suffering from less than regular bowel movements. Christopher's Original Formulas Kid-e-Reg Extract was designed to encourage the elimination of waste & assist the motor activity of the intestines in a natural way.

Serving Size: 10 Drops

DC94712 (2 fl. oz.) 114 servings **$16.35**

Lower Bowel TOP SELLER

A synergistic blend of herbs for the lower bowel. An unhealthy lifestyle and a diet that lacks in fiber and water are often causes of people suffering from less than regular bowel movements. If the intestine is packed with degradable waste products that accumulate bacteria and not fully eliminated, the barrier function of our intestinal wall weakens and toxins enter the bloodstream and are spread throughout the body. This formula was designed to encourage the elimination of waste and assist the motor activity of the intestines in a natural way. Now available in powder and liquid also!

Serving Size: 2 Capsules or 30 Drops up to 3 x a day

DC89050 (2 fl. oz.) 38 servings **$17.35**
DC89101 (100 Caps.) 50 servings **$20.95**
DC89100 (16 oz. powder) **$72.10**

Intestinal Formula #3 TOP SELLER

Promotes soft and easy bowel movements. Strengthens colon muscles, Great for children of all ages. For children under a year you can use a smaller dosage.

Serving Size: 1 Teaspoon

DS6502 (4 fl. oz.) 24 servings **$38.45**

Constipation Ease "Baby"

Constipation Ease is a safe & effective all natural liquid herbal supplement used to promote regular bowel movements and ease occasional constipation. The gentle liquid formula is free of any harsh chemicals or stimulants.

Serving Size: 1 tsp.

MB5531 (4 fl. oz.) 24 servings **$13.40**

ChewyZymes

ChewyZymes is a broad spectrum digestive enzyme formulation in a natural berry-flavored, vegetarian chewable tablet for adults and children. It is designed to support optimal digestion of meals. Digestive enzymes are essential to the body's absorption and full use of food. The enzymes used in this product have been tested in a controlled laboratory study and have been shown to be active throughout the entire pH range of the digestive system and to not be degraded by acid in the stomach.

Serving Size: 2 Chewables

NO2957 Berry (90 Chewables) 45 servings $15.95

Digest-A-Meal TOP SELLER

A great formula that breaks down all foods, helping eliminate gas, bloating, acid reflux and more. Also aids the gut in nutrient absorption and metabolism.

Serving Size: 2 Capsules

OH1050 (90 Caps.) 45 servings $24.00

Tiny Tummy Calm TOP SELLER

Alcohol free version of Tasty Tummy Soothe formulated especially for tiny tummies. Tiny Tummy contains four gentle soothing herbs used to relieve occasional gas, stomach upset, and intestinal discomfort. This can be used for infants.

Serving Size: 1-2 droppers up 4 x a day

NA5200-002 (2 fl. oz.) 36 servings $15.99
NA5200-004 (4 fl. oz.) 72 servings $29.60

Kid-e-Col TOP SELLER

Christopher's Original Formulas Kid-e-Col is a time tested formula to help aid in digestion & supports healthy stomach function. A synergistic blend of herbs to soothe infants & toddlers.

Serving Size: 10 Drops

DC94707 (2 fl. oz.) 114 servings $15.65

Stomach Soother

Neutralizes Stomach Acid* This delicious combination of five organic, digestive herbs is gentle enough for the whole family, ages two and up. The Benefits of Stomach Soother; Occasional indigestion or heartburn can arise from foods we eat that challenge our digestive tract. Stomach Soother combines potassium bicarbonate and five certified organic synergistic herbs that help neutralize stomach acid providing fast relief from irritation.

Serving Size: 2 teaspoons

OWH0338 (4 fl. oz.) 12 servings $32.00

Baby Gripe Water "Organic" TOP SELLER

Occasional stomach upsets, colic, gas and all that crying can be draining to both baby and parents. Our organic herbal remedy, with a blend of chamomile, fennel, lemon balm and ginger extracts, safely and effectively helps ease occasional stomach discomfort and gas often associated with colic, fussiness and hiccups.

Serving Size: 5 ml

GO4591 (4 fl. oz.) 24 servings $13.15

Gripe Water

Gripe Water Original is a safe and effective herbal supplement used to ease stomach discomfort often associated with gas, colic, hiccups and teething.

Gripe Water Night Time also includes sleep promoting herbal ingredients of Chamomile, Lemon Balm & Passion Flower help to promote a restful sleep for baby.

Serving Size: 1 tsp.

MB5299 Original (4 fl. oz.) 24 servings $12.95
MB5410 Nighttime (4 fl. oz.) 24 servings $15.75

Aloe Vera TOP SELLER

Promotes a healthy digestive system, bowel movements, and more. This is a fractionally distilled aloe. A distillate is a liquid that consists of pure components of a plant in its most basic form. It is unique in that a distillate is comprised of a low molecular weight thereby enabling the body to assimilate its components in the purest form at the cellular level. This occurs both internally, and through the skin's dermal layers, at a much higher rate than would occur if the plant's components were introduced in any other manner. This product bitter free, tastes like water, and has no adverse flavor. Contains no preservatives or additives. For optimum function drink 2 ounces twice daily.

Serving Size: 2-8 ounces

G5141-0 (0.5 gal.) 8-32 servings $17.95
G5141-1 (1 gal.) 16-64 servings $31.95

Turkey Rhubarb Root

A bitter, astringent, cooling herb that improves digestion, promotes healing and has a laxative effect.

Serving Size: 30-40 Drops 3 x daily with water

DC10074 (1 fl. oz.) 19 servings $8.00

LivaClenz Liver Cleansing

A potent complex of spice oil concentrates plus wild, raw dandelion leaf concentrate for improving the cleansing actions of the liver. The dandelion extract is from raw, wild leaves, which are handpicked in the remote wilderness. LivaClenz can be taken with a colon cleanse or used for daily maintenance. Ingredients: Cumin concentrate, wild bush dandelion leaf extract, concentrate of wild oregano, organic pulverized turmeric, and wild rosemary concentrate. Can be used for children at a reduced dose. Safe to take daily.

Serving Size: 5 drops up to 2x per day

NH4025 (1 fl. oz.) 173 servings $30.75

Flush-eez "Child" TOP SELLER

Flush-eez is a gentle cleanse that can be used on a daily basis. It contains wild dandelion, burdock and nettles which are great liver cleansing and detox herbs. These wild herbs can also help support natural regularity. The cleansing action from these herbs supports digestive issues and bedwetting. Take 10 drops or more as needed.

Serving Size: 10 Drops

NH8207 (1 fl. oz.) 86 servings $23.10

Tasty Para-Cleanse TOP SELLER

Junior version of Para-Cleanse for gentle cleansing of digestive system. Fennel seed and Peppermint leaf help to prevent tummy discomfort. Tasty Bowel Reg may be used with Tasty Para-Cleanse to support normal bowel function. Dosage recommendations: 1-2 droppers with water or juice, 3 times daily, for 2 weeks. Note: appropriate dosage is determined by weight (approx. 1 dropper per 40 lb). It is okay to take longer than 2 weeks. If you buy extra, you can simply use it till it is all gone.

Serving Size: 2 droppers

NA5007-002 Orange (2 fl. oz.) 37 servings $15.20
NA5007-004 Orange (4 fl. oz.) 75 servings $27.35
NA5007-008 Orange (8 fl. oz.) 150 servings $47.10

Parasite Destroyer (Childs) TOP SELLER

A good natural parasite cleanse for children. Children age 8 to 12 take two capsules with breakfast and two with dinner for 14 day cycles. Children under eight years take 1 with breakfast for 14 day cycles. A cycle is 14 days on then 14 days off. Cycles may be repeated.

Serving Size: 2 Capsules

WS5133C (180 Caps.) 90 servings $41.25

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Herpanacine Skin Support TOP SELLER

Clear, Healthy Beautiful Skin - Naturally. Use for Acne, Psoriasis, Eczema, Herpes, Canker Sores and more. Dr. Diamond designed the unique blend in Herpanacine utilizing the finest quality, gluten free, non-GMO vitamins, herbs, amino acids and antioxidants including Lysine, A-Beta-Carotene, L-Tyrosine, E-D-Alpha, Selenium, Dandelion, Sarsaparilla, Astragulus, Ligustrum, Echinacea and Zinc. Using all these important ingredients in the precise amounts, Herpanacine Skin Support helps clients achieve optimal benefits, from the inside out. We suggest using it for a minimum of 2 months. For best results use long term. Can be used for children of any age, simply open capsule and mix with juice, yogurt, apple sauce etc. Great for rashes and more.

Serving Size: 3 capsules

DHP1100 (100 Vcaps) 33 servings **$32.55**
DHP1200 (200 Vcaps) 66 servings **$50.65**

Kid-e-Dry TOP SELLER

Occasionally a growing child may need extra support to strengthen the entire urethral canal and you won't have to beg your child to take this great-tasting extra each day. Christopher's Original Formulas Kid-e-Dry helps to support the entire bladder, urethral canal, and kidneys.

Serving Size: 5 Drops

DC94714 (2 fl. oz.) 228 servings **$13.60**

Tasty Dry Bed

Proprietary blend of nerve and urinary tract tonic herbs provides gentle support so you and your child can have a happy morning. Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day.

Serving Size: 2 Droppers

NA5003-002 Natural Flavor (2 fl. oz.) 36 servings **$16.80**
NA5003-004 Natural Flavor (4 fl. oz.) 72 servings **$30.40**

Child Attention & Calming

Tasty Attention

When mind and body go in a hundred different directions, give this tasty peppermint flavored formula designed to nourish and calm the nervous system a try.

Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day.

Serving Size: 2 Droppers

NA5004-002 Peppermint (2 fl. oz.) 36 servings **$16.80**
NA5004-004 Peppermint (4 fl. oz.) 72 servings **$30.40**

Added Attention

PROVIDES SPECIFIC NUTRIENTS THAT AN ACTIVE CHILD NEEDS FOR OPTIMAL HEALTH Supports children's ability to learn and develop mental focus. Provides nourishing vitamins and traditional herbs, with phyto-nutrients such as PS, PC, DHA, Chromium, Melissa, Chamomile, Gotu Kola, DMAE, GABA and grape seed extract.

Serving Size: 1 Tablespoon

BT4031-A (17 fl. oz.) 32 servings **$29.75**

Attention Teens & Kids TOP SELLER

Liquid Health's Attention blend combines key vitamins, amino acids, minerals, and supplements to support brain health. It's specially designed to support dopamine and serotonin to keep the brain's cognitive and behavior functions at high performance. It can help kids and teens struggling with concentration issues, staying on task, behavior issues, fidgeting, learning difficulties, impulsivity, and mood swings to feel calm and focused.

Serving Size: 1 Tablespoon

LH70020 (16 fl. oz.) 32 servings **$32.00**

Attention Support

If you or your child has difficulty paying attention, you may be searching for focus and concentration supplements. Attention Support, a comprehensive formula of nutrients and herbs, helps the wandering mind focus on what's important by promoting a calm, focused, and productive brain.

Serving Size: 3 Capsules

AC1064 (90 Caps.) 30 servings **$45.60**

Tasty Calm

Junior version of Calm/Nerve since adults aren't the only ones who occasionally stress out and worry. Tasty Calm is a low alcohol extract made with gentle herbs generally considered safe for children. Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day.

Serving Size: 2 Droppers

NA5011-002 Orange (2 fl. oz.) 36 servings **$16.80**
NA5011-004 Orange (4 fl. oz.) 72 servings **$30.40**

Kid-e-Trac TOP SELLER

Kid-e-Trac formula supports brain function, properly assisting the body with delivering nutrients to the brain, aids in calming the nervous system, and supports the bodies natural response to stress. An alcohol free children's formula that helps support mental and emotional clarity.

Serving Size: 10 Drops

DC94716 (2 fl. oz.) 114 servings **$16.35**

Neu-BeCalm'd TOP SELLER

NeuBecalm'd is for anyone looking for help with impulsive, hyperactive, or aggressive behavior, or those looking for help coping with day-to-day stress or insomnia. NeuBecalm'd may be effective for those suffering from Attention Deficit Disorder (ADD), Attention Deficit Hyperactivity Disorder (ADHD), Post Traumatic Stress Disorder (PTSD), or Anxiety Disorder. The targeted nutrients in NeuBecalm'd may help those affected with these disorders gain mental focus and regain control in their lives.

Directions for Use; Take 30 minutes or more before meals.

Adults and children over 80 lbs. should take one serving (two capsules) up to three times per day. Children 40 – 60 lbs. should take one serving (two capsules) one time per day. Children 60 – 80 lbs. should take one serving (two capsules) two times per day.

Serving Size: 2 capsules up to 3 x per day

NGC2156 Capsules (90 Caps) 45 servings **$37.70**

Behavior Balance-DMG NEW

Behavior Balance-DMG™ is an advanced nutritional supplement that combines our patented N,N-Dimethylglycine (DMG) with betaine, folic acid, vitamins E, B6 and B12, l-carnosine, zinc, and magnesium in an easy to swallow enteric coated capsule. These nutrients work synergistically to balance behavior patterns and socialization skills, as well as to support stress coping mechanisms and immune system function.

Serving Size: 2 Capsules

DL1511 (120 Caps.) 60 servings **$43.45**

Kid's Calm Chewable TOP SELLER

Our new Kid's Calm is made with Vitamin C, Magnesium, Chamomile, Lemon Balm and Passion Flower. This blend is great for helping your child calm down and focus in the task at hand. As a bonus this product is melatonin free! Great with our Kids Mellow Plus. Contains NO sugar, salt, dairy, wheat, gluten, eggs, peanuts, soy, sesame, yeast, tree nuts, fish, shellfish, preservatives, artificial colors or flavors.

Serving Size: 1 Chewable Tablet

CHU6002 Mixed Fruit (30 Chewable Tabs.) 30 servings $9.20

Calm Kids

Calm Kids is an exclusive Terry Naturally® formula that provides a unique combination of nutrients that support healthy brain function and enhance feelings of well-being for children safely and effectively. Calm Kids mixes easily into food and drinks. Recommendations: Ages 4 and up, start with 1 capsule daily and increase dosage every few days until the desired response is achieved. Do not take more than 8 times daily. Capsule may be opened and contents mixed with applesauce, yogurt, juice, etc.

Serving Size: 1 Capsule

TN20116 (60 Caps.) 60 servings $28.00

Chamomile Blossom TOP SELLER

The remedy Peter Rabbit's mother gave to him after a rather stressful day - Chamomile is used to this day for relieving occasional restlessness, stress, irritability, nervousness, sleeplessness and digestive discomfort.

Suggested Use: 2-6 droppers, 1/3-1 tsp., 3x a day. For children use in smaller dosages.

Serving Size: 3 Droppers up to 4 x day

NA4047-002 (2 fl. oz.) 24 servings $16.80

Calm Child

Calm Child combines the soothing botanicals chamomile, lemon balm, and catnip, with the nourishing tonifiers hawthorn, zizphus, gotu kola extract, and amla. Additional herbs and nutrients, traditionally used by cultures around the world, support alertness and focus in children.

Serving Size: 1/2 Teaspoon or 2 Tablets

PH0119 (4 fl. oz.) 47 servings $21.00

PH0015 (72 Tabs.) 36 servings $10.10

Relax Tincture TOP SELLER

A great formula to help the little ones settle down and relax for the evening or when around crowds.

Serving Size: 30 drops

CHU4861 (1 fl. oz.) 30 servings $12.40

Kids Mellow Plus

A good formula for colicky babies and to help calm them down. May also be used for helping a regular teething process.

Serving Size: 30 Drops 3 x a day

CHU6811 (1 fl. oz.) 30 servings $12.00

Kid's Sleep Clean Melts

Superior Source Kid's Sleep Clean Melts contains up to 96% less sugar than your average gummy. Formulated with potencies specifically for children: 5mg L-Theanine, 5mg GABA and 1mg Melatonin. Never worry again about your child consuming too much sugar while getting their daily supplement.

Serving Size: 1 Tablet

SS90015 (90 Ct.) 90 servings $14.35

Tasty Natural Sleep

A good night's sleep makes everyone happier. Tasty Natural Sleep is a proprietary blend of herbs designed to ease restlessness and promote pleasant dreamy sleep.

Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 2-3 hours before going to bed (suppertime) and then again 1/2 hour before bed time. A third dose may be taken at bed time or during the night.

Serving Size: 2 Droppers

NA5006-002 Mint (2 fl. oz.) 36 servings $16.80

NA5006-004 Mint (4 fl. oz.) 72 servings $30.40

Kids Elderberry & Sleep

Restful sleep plus immune system support for the whole family! Both formulas offer an herbal sleep blend added to our Elderberry Immune Syrup to help you have a restful night. Featuring black elderberry, Echinacea, and vitamin C, these formulas are designed to provide immune system support.

Serving Size: 4 ml

GO3893 (3.92 fl. oz.) 29 servings $17.50

Platinum

Platinum is believed to help with the brain function, glandular production and circulation. It has also been linked to controlling the inflammation in the body.

Serving Size: 1 Tablespoon

NHN6264 (32 fl. oz.) 64 servings $38.70

Child Omegas Oils

Baby Plant DHA "Organic"

Omega-3 DHA is an essential fatty acid your baby needs for healthy brain, eye and nervous system development, especially during the first years of life. Our baby plant DHA liquid delivers 600mg of omega-3 DHA in triglyceride form.

Serving Size: 2 ml

GO4601 (1.26 fl. oz.) 15 servings $30.65

Baby's DHA

Great for babies 5–35 lbs. Supports healthy brain, eye, and nervous system function* Nordic Naturals Baby's DHA is a safe and effective way to ensure that growing babies get the DHA they need for healthy development.* Like all Nordic Naturals fish oils, Baby's DHA is third-party tested and surpasses strict international standards for purity and freshness.

Serving Size: 5 ml

NNA3787 (2 fl. oz.) 12 servings $17.25

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Kids DHA Chews TOP SELLER

Great tasting formula. Plays an important role in the developing brain and necessary of optimal neural development. Can be used in ADD and ADHD programs. Suggested use: Age 3 and up chew 2 softgels daily with a meal.

Serving Size: 2 Softgels daily

CHU6001 (60 Chews) 30 servings $14.00

Children's DHA

Children everywhere love Nordic Naturals strawberry-flavored Children's DHA™. Made entirely from Arctic cod liver oil, these products are rich in the omega-3 DHA. DHA is essential for the proper development of the brain, eyes, and nervous and immune systems.* Children's DHA also contains healthy levels of 100% natural vitamins A and D. Suggested Use; One-half teaspoon daily, with food, or as directed by your health care professional or pharmacist. Consult your pediatrician for use in children younger than 12 months.

Serving Size: 1/2 tsp.

NNA3880 (4 fl. oz.) 48 servings $18.20

Kids Plant Omega-3 Liquid

Omega-3s play a key role in the development of the brain, eyes and central nervous system. As kids get older, omega-3s continue to provide valuable, overall health benefits through all stages of life.

Serving Size: 2.5 ml

GO3599 (2 fl. oz.) 23 servings $35.00

Cod Liver Oil for Kids TOP SELLER

Carlson for Kids Norwegian Cod Liver Oil liquid has received numerous awards for its taste and quality. A single 1/2 teaspoonful provides 550 mg of omega-3s, including EPA and DHA, which support heart, brain, and immune system health and vitamin A & D. To ensure maximum freshness, Kid's Cod Liver Oil is closely managed from sea to store. Available in two great flavors.

Serving Size: 1/2 Teaspoon twice daily

C1353 Lemon (8.4 fl. oz.) 100 servings $26.35
C1363 Bubble Gum (8.4 fl. oz.) 100 servings $26.35

Fish Oil for Kids

Kid's Norwegian The Very Finest Fish Oil™ has received numerous awards for its taste and quality. To ensure maximum freshness, Kid's The Very Finest Fish Oil™ is closely managed from sea to store. They source the highest quality, deep, cold-water fish using traditional, sustainable methods. Kid's The Very Finest Fish Oil™ is then bottled with a touch of vitamin E and is given a nitrogen flush to remove oxygen and help prevent oxidation. Each teaspoon of Kid's The Very Finest Fish Oil™ provides 800 mg of omega-3s, including EPA and DHA, which support heart, brain, vision, and joint health. Like all Carlson omega-3s freshness, potency, and purity are guaranteed.

Serving Size: 1/2 Teaspoon

C5406 Lemon (6.7 fl. oz.) 80 servings $22.35
C5406-5 Orange (6.7 fl. oz.) 80 servings $22.35

Allergies

Allergy Spray

P2 probiotics help eat away the microscopic film in your nasal cavity that harbors bacterial and viral allergens and germs. P2 also helps eliminate dust mite allergens by eating its excrement (the source), so you can breathe! It can be safely sprayed directly into eyes, nose, mouth and ears for optimal protection and relief. P2 spray is non-allergenic, non-irritating & chemical and alcohol free, so it's a perfect travel companion. It even helps eliminates free floating bacterial and viral allergens, so spray it into the air and breathe again! Safe for Skin & Inhalation. Safe for babies. USDA certified organic certified ingredients: EPA & FDA GRAS spore probiotics, Organic Vanilla, Organic Spearmint, Enzymes.

EB1010 (2 oz.) $10.15
EB1012 Refill (16 oz.) $37.10

Transfer Factor CLASSIC TOP SELLER

The original UltraFactor XF® for safe and proven immune system support. Supports the immune system's natural ability to recognize, respond to, and remember potential threats. This product is great to help heal the gut lining and for leaky gut. For allergies use 3 to 9 capsule per day for 3 to 12 month or as needed.

Serving Size: 3 Capsules

LF24080 (90 Caps.) 30 servings $53.95

Immucalm TOP SELLER

A synergistic blend of herbs for the immune system. Many times we believe that we are allergic to certain foods, plants or animals, but in reality our immune system may be just over-reacting. This simple combination has made life easier for those who suffer from symptoms during allergy season. Dr. Christopher's Immucalm aids the body with maintaining the immune system & was designed to support the body's immune responses. Take up to 5 capsules immediately after allergy onset or exposure to allergy. Repeat if needed.

Serving Size: 2 capsules up to 2 x a day

DC89117 (100 Caps) 50 servings $18.55

AllerFree TOP SELLER

Millions of Americans suffer from discomforts triggered by allergic reactions. AllerFree™ provides a specially designed blend of plant-based enzymes to help reduce the frequency and intensity of such reactions.*

Allergic responses occur when the immune system sends histamines and other factors to break down foreign proteins in the blood. These factors trigger itching, sneezing, watery eyes, runny noses, inflammation, and other discomforts. When taken between meals, the protease enzymes in AllerFree™help digest proteins (from yeasts, molds, pollen, animal dander, etc.) before the immune system reacts to them, thus preventing the release of histamines. AllerFree™ also utilizes amylase enzymes that help neutralize any histamine that has already been released, thereby minimizing the effects of reactions in progress. Studies have shown that allergy sufferers have lower amylase enzyme levels than normal.*

For those who suffer from allergies caused by airborne allergens, AllerFree™ is a safe, natural, and highly effective solution.* May be used during pregnancy & while nursing.

Serving Size: 2 per day

PEL0401 (60 Vcaps.) 30 servings $24.20

Breathe-X Allergy & Sinus Support TOP SELLER

Breathe-X provides sinus support and soothes nasal passages. It helps manage healthy tissues in the respiratory tract, while supporting immune function and providing antioxidants to assist in detoxification.

Serving Size: 3 Capsules

LS5252-090 (90 Vcaps.) 30 servings $28.80

AirMaxx TOP SELLER

AirMaxx was designed to support healthy respiratory function and reduce allergic response. The ingredients in this supplement were selected with the goal of maintaining histamine levels within normal ranges. People take AirMaxx to help with itchy skin and eyes, congested and runny nose, splotchy, red skin, and discomfort associated with skin irritation and respiratory dysfunction.

Serving Size: 1 Capsule or 1 Chewable

NFR5330 Strawberry Chewables (90 Tabs.) 90 servings $39.20
NFR5331 Citrus Chewables (90 Tabs.) 90 servings $39.20
NFR5332 (90 Vcaps.) 90 servings $39.20

All Season Support

Supports normal respiratory function in the presence of airborne allergens.

Serving Size: 3 Tablets

CHU8954 (90 Tabs.) 30 servings $32.75

Aller Ease TOP SELLER

Fast allergy relief formula. Helps inhibit the release of histamines and support the immune system response. Quercetin, activated by Bromelain, helps inhibit the release of Histamines and has anti-inflammatory properties. Stinging Nettle is a traditional herb known to significantly reduce mucus and nasal congestion. NAC helps clear mucus and protects tissue. Bayberry, Eyebright and Mullein assist in reducing inflammation, congestion and itchy red eyes.

Serving Size: 2 Tbsp

BT4034 (16 fl. oz.) 16 servings $27.66

Aller-Out

Ragweed in a formula for sinus health? Yes, you may be surprised that the same plant that is responsible for many people's miserable allergic reactions is the key herb in this formula. The ragweed herb is harvested before it flowers so there is no pollen in the tincture. Carry this formula around in your pocket and make sure to stop and smell the roses! Suggested Use: 1-3 droppers, 1/6-1/2 tsp., 3-4x a day. Not recommended in pregnancy, and caution is advised while nursing.

Serving Size: 2 droppers up to 4 x a day

NA1035-002 (2 fl. oz.) 36 servings $17.60
NA1035-004 (4 fl. oz.) 72 servings $31.99

Aller-Lung Support

The immune system is quite complex, but when it reacts to normally harmless foods and pollen allergies, sinus complaints can result. Aller-Lung Support is intended to supply nutrients to the sinuses, lungs and bronchial system.

Serving Size: 1 Capsule

DOC1350 (90 Caps.) 90 servings $32.00

Allergy Formula

This product has been formulated to support in relieving allergies.

Serving Size: 1 capsule up to 2 x a day

S1001 (56 Caps) 56 servings $33.95

SuperSinus w/Horseradish "Organic"

This powerful combination of organic herbs packs a bite with the addition of Horseradish. Prepared with love and hand-crafted for optimum potency.

Serving Size: 1 ml

OWH0228 (1 fl. oz.) 30 servings $16.00

Stinging Nettle Leaf

A tonic herb, Nettle, supports healthy kidney function and normal elimination of uric acid and other metabolic wastes. Nettle Leaf may be helpful with allergy relief.

Serving Size: 3 droppers up to 4 x a day

NA4034-002 (2 fl. oz.) 24 servings $17.60
NA4034-004 (4 fl. oz.) 48 servings $31.20

Nettle Leaf

Supports natural histamine levels. Nettle leaf has a long history of use for modulating the body's inflammatory pathways and supporting upper respiratory health.* Gaia Herbs' Nettle Leaf is a concentrated extract of nettles grown on Gaia's own farm. Stinging Nettle leaf has been traditionally used to initiate a positive response to inflammation.

Serving Size: 1 capsule 2 times daily between meals.

GH9930 (60 Vcaps.) 60 servings $26.00

Nettle "Leaf" by Eclectic Institute

Nettles may aid in clearing up respiratory system and nasal congestion issues and supports relief from various allergies, including hay fever, and may help reduce occurrence of asthmatic attacks. For allergies take along with 1,000 mg of vitamin C.

Serving Size: 1-3 capsules

EI3093 (90 Caps.) 30-90 servings $25.10

Nettle Quercetin

Your body's normal immune response to spring, summer, fall and even winter can often feel like a full frontal challenge. The beauty of Quercetin and Nettle (Freeze-dried)is their ability to support your body's normal histamine-producing response.

Serving Size: 3 capsules

OWH0047 (60 Vcaps.) 20 servings $24.00

Activated Quercetin

Those looking for seasonal comfort can confidently embrace the outdoors with ACTIVATED QUERCETIN, an advanced complex containing 1,000 mg of quercetin per serving. This unique bioflavonoid was found to inhibit the release of histamines and support a healthy inflammatory and immune response in preliminary studies. Key additional ingredients—like the pineapple enzyme bromelain, magnesium citrate, and vitamin C—serve to activate and optimize quercetin's benefits, in addition to providing immune, respiratory, and antioxidant support. Not all inflammation is associated with disease states. Inflammation is the body's healthy immune response to life's normal stressors and is important for optimal health.

Serving Size: 3 Capsules

SN1960 (100 Caps.) 33 servings $34.15

Quercetin Nutra Drop

Quercetin is a bioflavonoid similar to rutin. Human cell culture studies with quercetin demonstrated its capability to inhibit the release of histamines. NutraDrops™ Quercetin provides quercetin in a liquid base that is easily absorbed.

Serving Size: 2 Droppers

SN1523 (4 fl. oz.) 59 servings $24.95

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Quercetin 20x More Bioavailable NEW

Our liposomal delivery system encapsulates Quercetin along with Piperine, a compound derived from black pepper, within tiny lipid molecules. This unique combination enhances the bioavailability of Quercetin, making it 20 times more absorbable than Quercetin alone. Due to this increased efficiency there's no need to take 1000's of milligrams of Quercetin for the same amazing health effects. Quercetin is known for its exceptional antioxidant properties and may support free radical protection. By incorporating Liposomal Quercefit into your daily routine, you can support your immune system, cellular health, and overall vitality. Quercetin is renowned for its potential immune-modulating effects. By providing your body with a consistent supply of this essential flavonoid, Liposomal Quercefit can assist in maintaining a healthy immune response and promoting optimal cellular function.

Serving Size: 1 Vcap

NTR2681 (60 Vcaps.) 60 servings $38.40

Quercetin with Bromelain TOP SELLER

Quercetin is a naturally occurring bioflavonoid that supports healthy histamine levels, thereby helping to sustain a balanced immune response.Bromelain, an enzyme derived from pineapple stems, also supports healthy immune system function. The combination of Quercetin and Bromelain therefore provides powerful immunomodulating benefits important for the management of occasional seasonal discomfort.

Serving Size: 2 capsules up to 3 x a day

NO3070 (120 Vcaps) 60 servings $29.00

Pantothenic Acid TOP SELLER

Pantothenic Acid is an essential member of the B-complex vitamins.

Serving Size: 1 per day

NO0486 500mg (100 Caps) 100 servings $9.45

Pantothenic Acid "B5"

Pantothenic Acid, or Vitamin B5, is converted in the body to coenzyme A, which is involved in the biochemical cycles responsible for conversion of fats, proteins and carbohydrates into energy. It also plays a role in the synthesis of hormones by the adrenal glands.

Serving Size: 2 Capsules

NW4911 500mg (100 Caps.) 50 servings $13.50

Gut Health & Digestion

Total Gut Restoration Kit

Total Gut Restoration is an advanced 3-month protocol to support and restore gut health. A triple-threat of three unique supplements works to support a healthy gut, including maintaining a healthy and harmonious microbial ecosystem, promoting a protective gut barrier, and supplying precision bacterial species that support balanced immune and digestive function. Indeed, a healthy gut is a necessary foundation for supporting a healthy immune system. Kit contains: 1 MegaSporeBiotic 180 Caps., 2 MegaPre 180 Caps., 1 Mega Mucosa powder 5.5oz.

MBL1080 Kit $295.00

Digestive Tonic TOP SELLER

Ginger combined with Peppermint, Catnip and Fennel makes a great tasting formula to support healthy digestive function. Digestive Tonic is a favorite of travelers and expecting women to keep one's breakfast where it belongs. Suggested use: 2-6 droppers, 1/3-1 tsp., 3-4x a day. Can be diluted in a half glass of water and sipped slowly for relief.

Serving Size: 2 Droppers

NA1013-002 (2 fl. oz.) 36 servings $16.80
NA1013-004 (4 fl. oz.) 72 servings $31.20

Slippery Elm Compound

Exciting new suspension product combines slippery elm bark powder with other herbs that support normal digestive function and a healthy digestive tract. When mixed with water the suspended slippery elm bark powder absorbs the water and becomes characteristically thick and mucilaginous (slimy). One teaspoon of Slippery Elm Compound makes 4 teaspoons of slimy goodness your throat and digestive tract will love. Botanical Ingredients: Slippery Elm bark powder, Licorice root, Fenugreek seed, Calendula flower, Orange peel, Ginger root, Cinnamon bark, Clove bud.

Other Ingredients: Distilled Water, Vegetable Glycerin, Organic Wild Flower Honey, Organic Grain and/or Cane Alcohol, Organic Apple Cider Vinegar, Omega 3 Blend (oregano extractive, flaxseed extractive, plum extractive). Suggested Use: Shake vigorously before use. Mix 1 tsp. (5 ml) with 1/2-1 oz (15-30 ml) water or herbal tea. Stir well and let sit 1-5 min. to hydrate. As the suspended slippery elm absorbs water it will develop its naturally heavy consistency. Take 3-4 times daily, or as needed. Store in a cool dry place. Do NOT refrigerate.

Serving Size: 1 tsp

NA1064-004 (4 fl. oz.) 24 servings $22.80
NA1064-008 (8 fl. oz.) 48 servings $43.99

DID YOU KNOW ?

When dealing with Candida yeast/ or Leaky Gut symptoms, fermented foods may worsen the symptoms.

Slippery Elm 'Organic' TOP SELLER

Some plants are named in honor of their supporting abilities. Slippery Elm bark can often help soothe irritated mucous membranes in the digestive system. Comforts the throat and soothes the tummy.

Serving Size: 3 Capsules

OWH0422 (90 Caps.) 30 servings $20.00

Leaky Gut Health NEW

A clinical blend to help soothe and support the GI tract and promote optimal digestion and acid balance. • DGL Licorice Root Extract • Quercetin Phytosome • Slippery Elm Bark • Marshmallow Root • Aloe Vera Extract

Serving Size: 1 Scoop

EL0371 (6.45 oz.) 60 servings **$36.00**

Vital Gut Renew TOP SELLER

Advanced formula created to help soothe the gut and provide added support to help the body build and strengthen healthy cells lining the intestinal wall.* It combines L-glutamine, a naturally-occurring amino acid, with other time-honored ingredients to promote optimal digestive function.

Serving Size: 1 Scoop

VPR6736 Powder (6.88 oz.) 30 servings **$38.40**

GI UltraMAX

Help restore and protect gut health + your whole body. Your GI tract contains a balance of good and bad bacteria in your gut microbiome that affects your mood, cravings, metabolism, and overall well-being. However, when your GI lining and gut tissue are unhealthy and inflamed, it can lead to various health issues, including leaky gut, food sensitivity, weakened immune system, and more.GI UltraMAX contains ingredients to fortify your entire gastrointestinal tract.

Serving Size: 1 scoop

MEL2060 Powder (7.05 oz.) 30 servings **$74.75**

GI Complete TOP SELLER

GI Complete is a great option for optimal gastrointestinal health. It has been designed to support gut health, soothe the digestive tract lining, promote regularity, microbial balance and support proper immune function. GI Complete is flavored with natural ingredients. Available in powder or capsules!

Serving Size: 1 Scoop or 5 Capsules up to 2 x daily

NFR1135 (300 Vcaps.) 60 servings **$55.20**
NFR1130 Powder (9.24 oz.) 30 servings **$55.20**

IntestiNew

Soothing Intestinal Lining Support Formula
- Targets irritable bowel, heartburn & stress
- Helps strengthen, support & soothe the intestinal lining
- L-Glutamine, gamma oryzanol & soothing herbs
- Potent natural antioxidant effects

L-Glutamine is an amino acid that is helpful in repairing the intestinal lining, thus reducing permeability and severe reactions to foods. 5000 mg. of L-Glutamine.

Serving Size: 2 Capsules or 1 Scoop

RL15643 Capsules (90 Caps.) 45 servings **$38.40**
RL15638 Powder (5.7 oz.) 30 servings **$37.15**

Inner Healing

Inner Healing® effectively comforts and conditions gastrointestinal system tissues and promotes healthy normal functioning.* It uses a powerful but gentle synergistic combination of soothing herbs, amino acids, antioxidants and minerals formulated to help replenish beneficial mucosal tissues and cultivate robust linings along the length of the gastrointestinal (GI) tract.* Healthy mucosal linings are essential for proper GI function and protect the underlying tissues from damage and inflammation, boost immune function, and strengthen barrier function while enhancing absorption of nutrients and strengthening resistance to infection.* This uniquely effective formula promotes GI health.

Serving Size: 1 capsule

IH4500 (90 Capsules) 90 servings **$38.95**

MegaGuard

MegaGuard™ is a novel digestive aid that combines licorice polyphenols, cleansing artichoke leaf extract, and soothing ginger to promote normal digestion, regulate stomach acid, maintain healthy H. pylori levels, and reduce occasional digestive discomforts such as gas and bloating. With the power of these herbs combined, MegaGuard provides unique and comprehensive digestive support, bowel regularity, and gastric balance.

Serving Size: 1 Capsule

MBL2560 (60 Caps.) 60 servings **$49.99**

Mega Mucosa

The dairy-free immunoglobulin concentrate supports healthy digestion, neutralizes environmental toxins, and helps to REBUILD protective intestinal barriers. These IgG antibodies can reduce the damage of metabolic endotoxemia and neutralize LPS, an endotoxin that triggers mucosal activation. There are four key amino acids that play an important role in the production of intestinal mucosa including: L-proline, L-serine, L-cysteine, and L-threonine. These four amino acids have been shown to increase mucin2 production and stimulate mucin synthesis in the colon, resulting in a thicker and healthier mucosal barrier. For maximum results use this product along with Mega SporeBiotic Probiotic #MBL2500 and Mega Prebiotic Powder #MBL2505. Now available in capsules!

Serving Size: 1 Scoop or 6 Capsules

MBL2509 Powder (5.5 oz.) 30 servings **$49.99**
MBL2510 (180 Caps.) 30 servings **$49.99**

Mega IgG 2000

Mega IgG2000 is a dairy-free immunoglobulin concentrate that supports healthy digestion, detoxification, and gut barrier function. Unlike other milk-derived immunoglobulins on the market, Mega IgG2000 is derived from bovine serum, making it lactose-free, casein-free, and B-lactoglobulin-free. This unique alternative to bovine colostrum supports a healthy mucosal immune system by maintaining healthy gut barrier function.

Serving Size: 4 Capsules

MBL2515 (120 Caps.) 30 servings **$56.30**

IgG

Nutritional Frontiers' IgG contains ImmunoLin®, a protein-based dietary supplement that contains over 90% protein and 50% immunoglobulins, along with peptides and other growth factors, derived from bovine serum. This completely dairy-free product was designed to support a healthy mucosal immune system in the gut, therefore targets healthy digestive function and immune response, as well as potential benefits for sports performance.

Serving Size: 1 Scoop

NFR1138 Raspberry (1.9 oz.) 30 servings **$51.60**

Gut Support TOP SELLER

ION*Gut Health is a gut-strengthening, brain-boosting mineral supplement sourced from the earth's soil that naturally supports microbiome balance. The active ingredient, Terrahydrite®, has been shown to support the integrity of tight junctions in the gut lining, even in the face of damage from toxins such as glyphosate. The 16 oz. is a 1 month supply and the 32 oz. a 2 month supply.

Serving Size: 1 tsp. 3 x per day

BSL2055 (16 fl. oz.) 94 servings **$47.95**
BSL2056 (32 fl. oz.) 189 servings **$69.15**

Soothing Digestion

A soothing blend of herbs for the digestive tract. Dr. Christopher's Soothing Digestion supports the upper GI Tract function & aids the body in normalizing the gastrointestinal tract.

Serving Size: 2 Capsules up to 3 x a day

DC89142 (180 Caps) 90 servings **$32.15**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

IB Soothe-R Irritable Bowel Support

IB Soothe-R soothes intestinal distress and discomfort and normalizes disruptive intestinal irregularity and bloating. It provides nutritive support for the lining of the intestinal tract.

Serving Size: 2 Capsules

LS5263-060 (60 Vcaps.) 30 servings **$23.15**

Stomach Soother

Neutralizes Stomach Acid* This delicious combination of five organic, digestive herbs is gentle enough for the whole family, ages two and up. The Benefits of Stomach Soother; Occasional indigestion or heartburn can arise from foods we eat that challenge our digestive tract. Stomach Soother combines potassium bicarbonate and five certified organic synergistic herbs that help neutralize stomach acid providing fast relief from irritation.

Serving Size: 2 teaspoons

OWH0338 (4 fl. oz.) 12 servings **$32.00**

Aloe Vera Gels

Aloe Vera offers a variety of nutrients, including vitamins, minerals, enzymes and amino acids. Aloe vera's constituent mucopolysaccharides, also known as glycosaminoglycans (GAGs), are thought to be its active components. Scientific studies have indicated that aloe can help to support the body's own healing processes. In addition, aloe vera has been shown to support a healthy digestive system.

Serving Size: 2 Softgels up to 2 x daily

NO3036 (100 Gels.) 50 servings **$11.60**

Aloe Capsules

Freeze dried Aloe Vera leaf juice in a capsule form. Digestion, inflammation, joint health, and more! One capsule is equal to 3.3 oz Aloe Vera juice. Take one before meals.

Serving Size: 1 Capsule

MH1015 (100 Caps.) 100 servings **$14.55**

Aloe Vera Concentrate 40:1

This Aloe Vera Concentrate is made from aloe leaves that are washed, sanitized, and sliced open by hand to obtain the cleanest and most optimal product. This 40:1 concentrate has naturally occurring polysaccharides which guarantee authentic potent Aloe Vera.

Serving Size: 1/8 tsp

NO3030 (4 fl. oz.) 236 servings **$8.95**

Aloe 80 Stomach Formula

This Stomach Formula works with your own stomach acid to maintain a healthy pH balance while offering relief from occasional heartburn and acid indigestion. Aloe vera contains over 200 biologically-active components including polysaccharides, essential amino acids, vitamins, minerals and enzymes that help keep your body healthy. Organic Herbal Blend includes: Peppermint Leaf, Chamomile Leaf, Borage Leaf, Marshmallow Root, Ginger Root, Pau D'Arco Bark, Blessed Thistle Herb, Slippery Elm Bark and Fennel Seed.

Serving Size: 2 oz

LD5168 (32 fl. oz.) 16 servings **$18.95**

Aloe Vera Juice Concentrate 4X

A highly advanced concentration process makes this product 4x stronger than regular Aloe Vera juice. The extra strength may have a more laxative effect than regular Aloe. Used as a food supplement for arthritis, stomach, joints, immunity, and skin health. 32 oz equals 1 gallon of regular Aloe Vera.

MH1020 (32 fl. oz.) **$21.95**

Aloe Vera Juice

Straight Aloe Juice is used as a food supplement for stomach issues, immunity, hemorrhoids, joint health, skin blemishes, and more!

MH1030 (32 fl. oz.) **$11.95**

Aloe Vera Juice "Preservative Free" TOP SELLER

This is a great choice of Aloe Vera for optimal health. USDA certified organic and preservative free. Health Benefits of aloe

- Support healthy digestion
- Support a healthy immune system
- Reduce harmful toxins
- Increase absorption of nutrients
- Enhance antioxidant support
- Balance stomach acidity naturally
- Soothe occasional muscle and joint discomfort

Serving Size: 2 ounces

LD0026 (32 fl. oz.) 16 servings **$10.95**
LD0077 (1 gal.) 64 servings **$29.95**

Aloe Vera TOP SELLER

Promotes a healthy digestive system, bowel movements, and more. This is a fractionally distilled aloe. A distillate is a liquid that consists of pure components of a plant in its most basic form. It is unique in that a distillate is comprised of a low molecular weight thereby enabling the body to assimilate its components in the purest form at the cellular level. This occurs both internally, and through the skin's dermal layers, at a much higher rate than would occur if the plant's components were introduced in any other manner. This product bitter free, tastes like water, and has no adverse flavor. Contains no preservatives or additives. For optimum function drink 2 ounces twice daily.

Serving Size: 2-8 ounces

G5141-0 (0.5 gal.) 8-32 servings **$17.95**
G5141-1 (1 gal.) 16-64 servings **$31.95**

Pure Aloe Force

A Raw Premium Aloe that is processed unlike most other aloe and does not create a laxative effect. It is a unique food for the cells and has been discovered to contain over 200 naturally occurring vital nutrients, including vitamins, minerals, enzymes, amino acids, essential fatty acids, growth factors, glycoprotein's, natural plant sterols, bioflavonoids, and the full range of sizes of all polysaccharides (complex sugars). This is a premium grade aloe made by Herbal Answers.

Serving Size: 1 ounce

HA1025 (32 fl. oz.) 32 servings **$35.95**

Herbal AloeForce

A "Premium" Herb/Aloe formulation.
*Excellent Immune Tonic for daily use.
*Better absorption of nutrients.
*Promotes tissue growth and regeneration.
*Cleanse and detoxify.
*Improve cellular metabolism.
*Improves and stimulates the activity of white blood cells.
*Digestive and elimination cleansing and much more.
Herbal Aloe Force Juice is 97% AloeForce and 3% Herbs.
Herbal Answers has a unique Aloe-Herbal extraction process: These herbs are actually extracted into the aloe using the aloe as the only extracting agent - no high heat and no alcohol - ever. Thus, these herbs are not just added to the AloeForce but is incorporated into it.
Ingredients:
Cats Claw, Astragulus, Paul d'Arco, Hawthorn Berry, Chamomile, Green Tea and more.

Serving Size: 1 ounce 2-5 x a day

HA0261 (32 fl. oz.) 32 servings **$35.95**

Heartburn Rescue TOP SELLER

Heartburn Rescue provides a synergistic combination of d-limonene and sea buckthorn for soothing support of the entire digestive system. Soothing relief for occasional heartburn, acid indigestion, and upset stomach. Supports healthy esophagus and intestinal lining. Long lasting results with continued use!

Serving Size: 1 Softgel

TN20273 (30 Gels.) 30 servings $16.80

Reflux Relief

Reflux Relief combines botanicals with mineral nutrients to provide relief for occasional heartburn and acid indigestion, while promoting healthy stomach function. Natural sources of sodium bicarbonate and calcium carbonate work as neutralizers to maintain stomach acid balance.

Serving Size: 1 Tablet

GH6174 (14 Tablets) 15 servings $11.50

GH6176 (45 Tablets) 45 servings $28.60

DGL Licorice Chews

Licorice root has been used for a variety of wellness practices and purposes throughout history, including as a digestive aid. Nature's Way DGL contains GutGard® DGL licorice root for soothing digestive relief. These convenient chewables will provide digestive relief when you need it most.

Serving Size: 3 Chewable Tablets

NW9021 (100 Chewables) 33 servings $13.10

DGL with Aloe Vera

Licorice has been extensively researched for its ability to support healthy digestive function. DGL, or deglycyrrhizinated licorice, is a form of licorice root that has been specially processed to remove glycyrrhizin, an undesirable compound, thereby enriching the biologically active compounds that help maintain a healthy lining in the stomach and intestines. Aloe vera has been included for its soothing properties.

Serving Size: 2 Capsules

NO4654 (100 Vcaps.) 50 servings $13.00

GasE

A synergistic blend of herbs for the digestive system. Dr. Christopher's GasE formula supports digestion.

Serving Size: 2 Capsules

DC81040 (100 Caps.) 50 servings $19.60

Gas & Bloating

Gas & Bloating works quickly to reduce occasional gas, bloating and feeling of heaviness that can occur after meals. Natural vegetable activated charcoal and Fennel seed promote the absorption and elimination of gas, while a unique blend of herbs and essential oils helps to support digestive function.

Serving Size: 2 capsules as needed

GH6180 (50 Vcaps.) 25 servings $22.60

Gas Stop

Gas STOP is an advanced digestive enzyme blend formulated to help break down gas-forming foods in the intestines and relieve occasional gas, bloating and pressure. The multi-enzyme blend helps break down the hard-to-digest starches and sugars found in beans, vegetables, legumes and grains. Soothing properties of natural fennel seed help relieve occasional indigestion and reduce flatulence.

Serving Size: 2 Capsules

RL15541 (60 Caps.) 30 servings $21.10

Seacure Hydrolyzed White Fish

This all-natural protein supplement is made from the 100% white fish. Rich in omega 3's and 11 essential amino acids, this unique product absorbs easily into the digestive tract to relieve symptoms of IBS, malabsorption, and other gut-related problems. Seacure® has also proven to be very beneficial in wound healing and support of the immune system. Seacure® provides an easy-to-absorb source of quality protein and bioactive peptides that nourish the intestinal lining. Recent reports show Seacure® to be highly effective in supporting both intestinal structure and function. Adults, take six (6) capsules daily or as directed by a health care professional.

Serving Size: 6 Capsules

PR1260 (180 Caps.) 30 servings $44.50

Apple Pectin

Apple Pectin is a naturally-occurring set of polysaccharides found in some fruits, like apples, which contain a high amount of pectin. It is a natural source of water-soluble fiber, meaning it attracts water while forming a gel-like substance in the digestive tract. Apple Pectin has been shown to have a long list of potential benefits, including promoting gut health, aiding in weight loss, helping to control blood sugar levels and promoting heart health. Digestive disorders can cause stomach upset, constipation and diarrhea. Apple pectin has been shown to help aid in the reduction of these symptoms for a more healthy and comfortable digestive tract.

Serving Size: 1 Capsule

FB2252 (100 Caps.) 100 servings $14.00

Blessed Thistle

Blessed Thistle has traditionally been used for digestion and feminine health.

Serving Size: 2 Capsules up to 3 x a day

NW10700 (100 Caps) 50 servings $10.95

Catnip Herb

Excites cats and calms humans; Catnip is used to relieve occasional stress related digestive issues.

Serving Size: 3 droppers up to 4 x a day

NA4024-002 (2 fl. oz.) 24 servings $17.60

Fenugreek TOP SELLER

Fenugreek is one of the oldest herbs traditionally used in ancient Greece, Egypt and China. It has been used in a variety of ways and can be added to hot water to make tea.

Serving Size: 2 Capsules up to 3 x daily

NO4677 500mg (100 Vcaps.) 50 servings $7.25

Fenu-Thyme

Popular, traditional digestive support blend of herbs.

Serving Size: 2 Capsules

NW8750 (100 Caps.) 50 servings $10.90

Ginger Root

Ginger is a popular tonic for the relief of occasional digestive upset, nausea or travel sickness. Pungent warming spice is also used to support normal circulation.

Serving Size: 1 dropper up to 4 x a day

NA4005-002 (2 fl. oz.) 60 servings $17.60

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Ginger Root

Ginger Root (Zingiber officinale) has been used since antiquity to support digestive function and Ginger's historical applications have been confirmed by modern research. Scientific studies have demonstrated that Ginger helps to maintain healthy gut flora, aids in the digestion of dietary fats, and can calm and soothe the tract .In addition,Ginger contains a number of constituents that are know to support healthy cardiovascular function and encourage balanced immune responses.

Serving Size: 1 Capsule

NO4680 550mg (100 Caps.) 100 servings $8.70

Peppermint Gels

Peppermint Oil has been recommended for centuries by traditional herbalists for the support of healthy digestion. However, this delicate oil can lose its potency in the acid environment of the stomach. NOW® Peppermint Gels are enteric coated to allow it to pass through the stomach and release within the intestines where it can be helpful in providing relief from the bloating and discomfort that may be experienced after meals.

Serving Size: 2 Gels up to 3 x day

NO4727 (90 Gels) 45 servings $12.30

Caprylic Acid, 600 mg NEW

Caprylic Acid (Octanoic Acid) is a medium-chain triglyceride (MCT) typically found in coconut and palm kernel oils as well as breast milk. Caprylic Acid can help promote healthy intestinal flora while maintaining normal stomach acidity levels. Caprylic acid is also beneficial for those following a ketogenic diet. It is digested in the liver instead of the intestines, making it a great source of quick energy while promoting healthy digestion. Health Thru Nutrition's Caprylic Acid is manufactured under strict cGMP standards in the USA with each softgel containing 600mg of caprylic acid. It is free of GMOs, milk, egg, fish, shellfish, tree nuts, wheat, peanuts, soy, and gluten.

Serving Size: 1 Softgel

HTN0821 (100 gels) 100 servings $19.65

Triphala

Triphala is a potent yet gentle three-fruit herbal complex that uniquely supports GI (gastrointestinal) tract wellness. Supported by emerging science and traditional use, Triphala sets the stage for better digestion and regular elimination to help you feel better.

Serving Size: 2 per day

PH0066 1000mg (180 Tabs) 90 servings $19.95

Enzymes & Bitters

Digestive Bitters TOP SELLER

Bitter is a taste most of us avoid, but bitter is the taste that stimulates the entire digestive process, including HCL, bile, liver, pancreatic and small intestine secretions. Digestive Bitters includes bitter and warming herbs to support healthy digestive function on a daily basis. Bitters are best taken, diluted in a mouthful of water, a few minutes before meals.

Serving Size: 2 Droppers

NA1029-004 (4 fl. oz.) 72 servings $31.99
NA1029-008 (8 fl. oz.) 144 servings $56.80
NA1052-001 Handy Spray (1 fl. oz.) 78 servings $11.99

Gallexier Herbal Bitters TOP SELLER

Bitters for Better Digestion! We all love to eat, but what we dislike is that sluggish feeling and uncomfortable sense of fullness that often comes in the aftermath of a heavy or hearty meal. A common tradition in Europe, bitters have been cherished for centuries to help make the eating experience more enjoyable. Many of the gastrointestinal problems people experience today were very rare among our ancestors. It is actually the bitter taste in the mouth that triggers the optimal functioning of our digestive process. The combination of stimulating herbs and bitter food extracts in Gallexier makes for a pleasant, mellow tasting digestive aid to accompany or to round off the main meal of the day.*

Serving Size: 20 ml

FI64791 (8.5 fl. oz.) 12 servings $28.35

Swedish Bitters TOP SELLER

Gentle and Stimulating. Used historically for digestion.

Serving Size: 2 Teaspoons

NW5801 (8.45 fl. oz.) 25 servings $24.65
NW5802 (16.9 fl. oz.) 50 servings $41.20
NW5803 (33.8 fl. oz.) 100 servings $61.90

Swedish Bitters "Flora"

Boost your Digestion with Swedish Bitters!*

Traditionally used in herbal medicine as a digestive tonic and mild laxative*

- Helps stimulate the liver to produce more bile for enhanced digestion*
- Helps stimulate the stomach and gall bladder*
- Supports activation of salivary glands for healthy secretion*
- Eases constipation and regulates bowel movements*
- Encourages reduction of bloating and gas from overeating*

Serving Size: 1 Teaspoon 3-4 x a day

FI68190 (3.4 fl. oz.) 20 servings $17.05
FI68192 (8.5 fl. oz.) 50 servings $31.60

Absorb Aid Powder

AbsorbAid relieves your symptoms within minutes by helping you digest your food faster & more effectively. Quicker digestion means that stomach acid has less time to back up and cause distress. It is a unique, natural, plant-based enzyme. Absorb Aid is not destroyed by stomach acid. Enzymes need to survive in the stomach in order to get into the small intestine to be absorbed. AbsorbAid is the vehicle that delivers nutrients to the blood. AbsorbAid increases absorption by up to 71%. AbsorbAid can be a great solution for babies with Acid Reflux.

Serving Size: 1/2 Teaspoon

NSS4205 (3.5 oz.) 83 servings $30.25

Betaine HCl w/Pepsin TOP SELLER

NOW® Betaine HCl is formulated to support proper digestive conditions in the stomach.* Hydrochloric acid (HCl) is normally produced in the stomach, where it assists protein digestion by activating pepsin, helps to maintain a healthy balance of gut flora, and stimulates the release of intestinal enzymes.* Pepsin is a protease produced in the stomach that partially breaks down proteins in foods.* HCl production tends to decline with age, so supplementing with HCl and pepsin may help to maintain normal digestive function.

Serving Size: 1 capsule

NO2938 648mg (120 Vcaps.) 120 servings $15.95

Betaine HCl TOP SELLER

Betaine HCl increases acid levels so your stomach can naturally digest properly.* Enzymes are added to support gentle digestion, while MucoSave, a combination of prickly pear and olive leaf extracts, soothes the stomach lining. 1300 mg of betaine.

Serving Size: 2 capsules

ENZ10081 1300mg (120 Caps.) 60 servings $19.95

HCl + Enzymes

Introducing Smidge® HCl + Enzymes, for those who feel bloated, gassy, or have acid reflux after a meal. So you can relax after eating and soak up all of the wholesome nutrients in your food. Our Enzymes + HCl combines a balanced dose of HCl and pepsin, along with vital enzymes that support stomach acid production and help digest protein, fat, gluten and casein.

Serving Size: 2 Capsules

RRF4081 (120 Caps.) 60 servings $42.50

Digest Spectrum

This unique blend of enzymes breaks down problem foods to make eating easier for those suffering from all major food intolerances.* Powered by Thera-blend™, the enzymes in Digest Spectrum are active throughout the entire digestive tract, maximizing your health benefits. Feel the freedom proper digestion can give you!

Serving Size: 2 capsules

ENZ29172 (120 caps.) 60 servings $47.20

Digest Ultimate

Digest Ultimate™ is a potent proprietary combination of digestive enzymes produced through controlled fermentation of select microbial species and is stable throughout the pH range of the GI tract. This full-spectrum digestive support formula helps to optimize nutrient absorption by assisting in the breakdown of protein, carbohydrate and fat, as well as dairy, grains and indigestible fibers found in foods such as vegetables and beans.

Serving Size: 1 Capsule

NO2965 (60 Vcaps) 60 servings $20.30

Devigest ADS TOP SELLER

Eases digestive complaints from many hard to digest foods such as gluten, casein, and lactose. Just one capsule with meals can ease the digestion of even the most troublesome of foods. Devigest can support reduced food irritations and sensitivities as well as reduce occasional abdominal gas and bloating. Peptidase breaks down gluten and casein, two digestive irritants.

Serving Size: 2 Capsules up to 4 x a day

AA1069 (90 Caps.) 45 servings $34.20
AA1070 (180 Caps.) 90 servings $49.99

Eat E-Z Digestive Enzymes

Eat E-Z formulas are excellent to help break down proteins, fats, carbs, & fiber. Poor digestion can cause issues such as excess gas/ flatulence, weight gain, stomach pains, bloating, constipation, and diarrhea, and stop us from taking in the nutrients in our food. Eat E-Z Digest and Eat E-Z Ultra are both powerful vegetarian digestive enzyme supplement that replenishes our bodies with enzymes that are naturally produced in the stomach, pancreas, and salivary glands. The ULTRA formula is approximately twice as strong as the Eat E-Z. These are both excellent formulas!

Serving Size: 1 to 3 Capsules per meal

ASD7210 (90 caps.) 90 servings $19.99
ASD7110 ULTRA (90 Caps.) 90 servings $32.00

Digest-a-core

Good health begins with proper digestion. Specialized cells in the pancreas, stomach, and salivary glands produce digestive enzymes. The Digest-a-core enzyme blend, along with enzymes found in live foods, facilitate the breakdown or digestion of food, which is how the body absorbs nutrients and eventually produces energy. When we eat a meal, producing digestive enzymes is a high priority for the body, requiring energy and adding stress to the pancreas. Taking a digestive enzyme formula can support normal digestion, nutrient absorption, and overall health.

Serving Size: 1 Capsule

NA8102 (60 Vcaps.) 60 servings $24.00

Super Enzyme TOP SELLER

NOW Super Enzyme Capsules are a comprehensive blend of enzymes that support healthy functions. Bromelain, Ox Bile, Pancreatin and Papain have been formulated to optimize the breakdown of fats, carbohydrates and protein for maximum assimilation.

Serving Size: 1 Capsule

NO2963 (90 Caps.) 90 servings $17.40
NO2964 (180 Caps.) 180 servings $31.90

Cybzyme

A Complete Digestive Enzyme Supplement to Support Digestive Tract Function and Nutrient Absorption • One of the most comprehensive enzyme supplements available today. • A broad-spectrum multiple enzyme formulation, it contains 7 digestive enzymes along with probiotics, spirulina, dulse and trace minerals.

Serving Size: 3 Capsules

NFR5215 (180 Vcaps.) 60 servings $55.60

ProbZyme Probiotic & Enzyme Blend

ProbZyme is a comprehensive, chewable vegetarian formulation designed to support digestive tract health, regularity, lactose intolerance, and nutrient absorption in people of all ages. Probiotic Blend Bacillus coagulans, Lactobacillus acidophilus, Lactobacillus bulgaricus, Lactobacillus rhamnosus, Bifidobacterium breve, Bifiobacterium longum to support normal intestinal flora and regularity. Lactobacilli and Bifidobacteria support the small intestine and colon. Offers a complete spectrum of microrganisms to span the entire GI tract along with digestive enzymes to aid in nutrient absorption. Prob-Zyme is designed to soothe the digestive tract lining and provide ingredients that support proper immune function and microbial balance.

Serving Size: 1 Chewable

NFR5209 Tropical Punch (90 chewables) 90 servings $39.60
NFR5212 Grape (90 chewables) 90 servings $39.60
NFR5214 Cherry (90 chewables) 90 servings $39.60

ChewyZymes

ChewyZymes is a broad spectrum digestive enzyme formulation in a natural berry-flavored, vegetarian chewable tablet for adults and children. It is designed to support optimal digestion of meals. Digestive enzymes are essential to the body's absorption and full use of food. The enzymes used in this product have been tested in a controlled laboratory study and have been shown to be active throughout the entire pH range of the digestive system and to not be degraded by acid in the stomach.

Serving Size: 2 Chewables

NO2957 Berry (90 Chewables) 45 servings $15.95

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Plant Enzymes TOP SELLER

NOW® Plant Enzymes is a comprehensive blend of enzymes that helps to support proper digestion.* This product's combination of enzymes assists in the breakdown of fats, fiber, proteins, and carbohydrates, thus optimizing the availability of nutrients in the food you eat.* NOW® Plant Enzymes also includes lactase to support the digestion of dairy products for those who are sensitive to lactose.* With Lactase, Protease, Papain and Bromelain.

Serving Size: 1 Vcap

NO2967 (240 Vcaps.) 240 servings **$26.10**

Maximizer TOP SELLER

Aids Digestion. Maximizer is a plant enzyme supplement that contains 16 different types of digestive enzymes to aid in the pre-digestion of all the foods. This allows your body to use metabolic enzymes to do their vital work, rather than use them for food digestion.

Each vegetarian capsule contains four different types of enzymes to digest proteins, three types for digesting fibers, a powerful enzyme for digesting fats and oils, two types that reduce starches, and six types of enzymes for sugars, grains and dairy products.

Serving Size: 2 capsules

RGA1025 (90 Caps.) 45 servings **$22.95**
RGA1026 (180 Caps.) 90 servings **$39.95**
RGA1028 (360 Caps.) 180 servings **$69.99**

Digest-A-Meal TOP SELLER

A great formula that breaks down all foods, helping eliminate gas, bloating, acid reflux and more. Also aids the gut in nutrient absorption and metabolism.

Serving Size: 2 Capsules

OH1050 (90 Caps.) 45 servings **$24.00**

Q-Zyme Ultra Digestive Blend

Q-Zyme ULTRA is the ultimate digestive enzyme formula, supporting more complete digestion of food for gastrointestinal health, regularity and normal bowel function. This high-activity formula provides a broad spectrum of 21 digestive enzymes specifically selected to digest the full range of proteins, fats and carbohydrates found in a typical meal. These enzymes work together to unlock the nutritional value of foods.

Serving Size: 1 to 3 caps

GO1133 (90 Caps.) 90 servings **$47.25**

Gastronex Digestive Enzymes Plus

Gastronex is perhaps the most potent, unique digestive supplement available. This is because it is a blend of natural enzymes plus wild and remote-source spices—and it is well known that spices support digestion. This is a powerful combination, which is unmatched for digestive support. No other digestive support formulas combine enzymes with spice extracts. The spices strengthen healthy digestion, stimulating natural secretions, and the enzymes break down the food. Ingredients; Ginger powder (solvent-free), Crushed fresh coriander seed, Crushed fresh fenugreek, Crushed fresh cardamom, Wild oregano blend (P73), Enzyme blend -protease, amylase, lipase, cellulase, lactase, bromelain, papain.

Serving Size: 2 Capsules

NH4052 (90 Caps) 45 servings **$46.10**

Ultra Veggie Enzymes TOP SELLER

Formerly called Mega Enzymes. This plant enzyme blend helps with the digestive process by breaking down many types of proteins, carbs, fats, & fibers. Great for nursing moms.

Serving Size: 1 capsule

CHU5713 (60 Caps) 60 servings **$18.80**
CHU5714 (120 Caps) 120 servings **$34.40**

Digest-Ease

Stimulates the body's ability to secrete more digestive enzymes, making absorption more possible, thus helping digestion.

Serving Size: 30 drops

CHU4712 (1 fl. oz.) 30 servings **$12.40**

DigestMore Ultra Enzymes

Made with naturally derived enzymes, DigestMore™ Ultra Enzymes is an ultra-strength plant-based formula that helps break down hard-to-digest foods and helps reduce occasional gas, bloating and indigestion.* Take with meals to enhance digestion and nutrient absorption* Ultra-strength formula for extra digestive support. Helps break down hard-to-digest foods* Contains a blend of naturally derived plant-based enzymes. Relieves occasional gas, bloating and indigestion* Digests proteins, carbs, fats and dairy*

Serving Size: 1 Capsule

RL15535 (90 Caps.) 90 servings **$45.80**

Essential Enzymes TOP SELLER

Essential Enzymes™ is highly effective because it is a Bio-Aligned Formula™ that contains a wide array of enzymes that break down proteins, fats, milk sugars, fiber, and carbohydrates in a wide pH range. It aids the body's natural digestive process, maximizing the body's utilization of the nutrients in the diet while decreasing digestive discomforts. Suggested Use: 1 capsule with water at the beginning of each meal (or open capsule and sprinkle over food). If the meal is very large or unusually high in fat or protein, a second capsule can be taken. Do not sprinkle on hot food.

Serving Size: 1 Capsule

SN2310 (360 Caps.) 360 servings **$44.40**

Zym-Boless TOP SELLER

Zym-Boless -- enzyme for anyone, all purpose, plant based product, used for heartburn, bloating, gas, indigestion. Especially good for pregnant or breastfeeding mom's to help keep babies' stomach calm.

Serving Size: 2 Capsules per meal

NN6000 (180 Caps.) 90 servings **$26.95**
NN5999 (360 Caps.) 180 servings **$44.95**

Pro-3-Zyme

This is a stronger protein digesting enzyme, for those with gas, food allergy problems, or more severe digestive issues. Plant based.

Serving Size: 1 Capsule

NN6200 (180 Caps.) 180 servings **$43.95**

DE-3

DE3 -- enzyme for heartburn, and for those without their gallbladder, contains bile extract and hydrochloric acid. Strong on stomach. Use for adults only. Contains; Papain, Pepsin, Bromelain, Pancreatin, Betaine HCI and Bile extract.

Serving Size: 2 Capsules

NN6010-25 (180 Caps.) 90 servings **$43.95**

Pro-Enzymes

Pro-Enzymes is a 100% Food vegan supplement that is intended to supply enzymes, probiotics, and herbs needed to maintain optimal and support digestive health. The enzymes, herbs, and probiotics in this product are all plant source. This is a true vegan digestive and probiotic support product.

Serving Size: 1 Capsule

DOC6450 (90 caps.) 90 servings **$32.00**

Digestivi-T Enzyme & Probiotic Support

Digestivi-T™ helps break down food, and contains beneficial bacteria to promote health of the entire digestive tract. It enhances intestinal integrity by promoting nutrient and water absorption and helping decrease allergic antigens.

Serving Size: 3 Capsules

LS5222-090 (90 Vcaps.) 30 servings $27.20

Super Digestive Enzymes w/Probiotics

This vegetarian-friendly digestive health formula is good for anyone trying to up their intake of hard-to-digest veggies, legumes, fruit, or leafy greens. It contains a scientifically formulated blend of digestive enzymes, as well as a beneficial probiotic strain to help maintain healthy GI balance. This formula contains 10 vegetarian-friendly enzymes plus the probiotic B. coagulans to support GI balance, break down plant-based diets, and digest macros like protein, dairy and fat.

Serving Size: 1 Capsule up to 2 x daily

LE2022 (60 Vcaps.) 60 servings $22.50

Wheat Rescue

WheatRescue™ is a unique blend of powerful digestive enzymes and probiotics designed to support optimal gluten digestion and protect against hidden sources of gluten. DPP-IV and Tolerase G® are specific enzymes that assist in the breakdown of glutenin and gliadin proteins, which can help alleviate symptoms associated with dietary gluten intolerance and sensitivity. WheatRescue™ combines resilient probiotic spores with superior digestive enzymes to support the complete digestion of gluten and other inflammatory wheat-derived peptides within 60 to 90 minutes.

Serving Size: 1 Capsule

MBL2540 (60 Caps.) 60 servings $49.99

Dairy Digest Complete TOP SELLER

NOW® Dairy Digest Complete is a comprehensive blend of enzymes that is formulated to aid in the digestion of dairy products. Intolerance to dairy is often due to the inability to digest milk sugar known as lactose. However, intolerance is also frequently related to the difficult-to-digest proteins and fats inherent in dairy products. NOW® Dairy Digest Complete contains not only lactase for lactose digestion, but also proteases and lipases that specifically target milk proteins and fat for digestion. With Dairy Digest Complete, it is possible to ease temporary discomfort associated with the incomplete digestion of dairy products.* Serving Size: 1 Vcap® ® with or before each meal containing dairy. One Vcap® digests dairy products equivalent to one cup of whole milk.

Serving Size: 1 Capsule

NO2956 (90 Vcaps.) 90 servings $14.50

Gluten Digest

Gluten Digest, with BioCore® DPP IV (Dipeptidyl peptidase IV) is a digestive enzyme that can be supplemented alone or in combination with other nutritional enzymes to support the digestive process. This unique enzyme specifically breaks apart difficult-to-digest proline-containing peptides, which are generally known to come from dairy products and cereal grains. Gluten digest also contains amylase and glucoamylase enzymes that assist in the breakdown of carbohydrates. The proteases in Gluten digest are stable in the acidic environment of the stomach and are 100% vegetarian.*

Serving Size: 1 Capsule

NO2959 (60 Caps) 60 servings $15.95

Bromelain

Bromelain is a proteolytic enzyme derived from the stem of the pineapple plant that has protein-digesting properties. When taken with food, Bromelain can help to support healthy digestion; when taken between meals, it may help to support joint comfort and may help to relieve temporary soreness that is associated with muscle overuse. Bromelain is designed by nature to support proper gastrointestinal function and may also help to promote the comfort of muscles and joints.

Serving Size: 1 Capsule

NO2943 500mg (60 Vcaps.) 60 servings $15.95

Bromelain "500 mg" NEW

NutraMedix's Bromelain supplements contain proteolytic enzymes that are harvested from pineapple stems. Bromelain benefits may help with proteolytic enzyme support, which help facilitate the body's normal breakdown of unneeded proteins resulting from natural body processes. Bromelain may also help with joint health support, exercise support, and healthy inflammatory response support.

Serving Size: 2 Vcaps

NUM1580 (60 Vcaps) 30 servings $21.75

Pancreatin

Pancreatin is a preparation of porcine pancreatic enzymes. Pancreatin has naturally occurring protease (protein digesting), amylase (carbohydrate digesting), and lipase (fat digesting) enzymes.

Serving Size: 1 Capsule up to 3 x a day

NO2945 500mg (100 Caps.) 100 servings $13.05

Nattovena TOP SELLER

Nattovena provides twice the potency of ordinary nattokinase products available and is naturally acid stable in the stomach since it is derived from a food source. Cardiovascular health is the area where nattokinase has probably proven to be the most beneficial. Nattovena is specifically formulated to address fibrin imbalances in the body. Fibrin is a protein that plays a major role in blood clotting and scar formation, making it an essential component of the healing process and vital for maintaining our health and general well-being.

Directions: Take Nattovena with 8 oz of water on an empty stomach.
Maintenance: 2 Capsules per day.*
Increased Support: 4 Capsules per day.*
Therapeutic: 6 Capsules per day.*
Warning: Do not take this product without the consent of your physician if you are currently taking blood thinning medications or if you are pregnant or nursing.

Serving Size: 1 Capsule up to 6 x a day

AA1060 (180 Caps.) 180 servings $52.95

Nattokinase HP TOP SELLER

A protein digesting enzyme, nattokinase is know as an anti-coagulant that can help prevent blood clots. Nattokinase -- natural blood thinner used for those with poor circulation, heart issues, and history of blood clots. Do not use with blood thinning medications!

Serving Size: 1 Capsule 2 x a day

NN6002 (90 Caps.) 90 servings $29.95
NN6002-B (180 Caps.) 180 servings $53.95

NattoZyme Nattokinase

Isolated, purified and encapsulated nattokinase, an enzyme derived from boiled soybeans and a selected, patented strain of Bacillus subtilis natto. Nattokinase NSK-SD® was the first nattokinase introduced into the US market, and it has established standardization and quality levels for all nattokinase, with comprehensive safety studies and proven potency. It is vegetarian, non-irradiated, and free of vitamin K2.

Serving Size: 1 Softgel

NCY3705 (60 Gels.) 60 servings $33.55

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Probiotics & Prebiotics

Gut Recovery Probiotics Organic

This Certified Organic blend incorporates 50 billion CFU1 from 30 diverse strains with incredible superfood ingredients to help keep your gut on track. Supports a healthy immune system. Reduces occasional constipation, gas and bloating. Supports healthy elimination, and healthy gut function. Helps to maintain healthy gut microflora.

Serving Size: 2 Capsules

AN0684 (60 Caps.) 30 servings **$57.60**

Women's Once Daily Probiotic 25B Organic

The first-ever Certified Organic combination of 30 total strains plus female health-supporting mushrooms, mycelium and vitamin D3 to support women's gut health and reduce occasional bloating. This formula combines soil-based organisms with lactic acid bacteria for our most diverse formula yet.

Serving Size: 1 Capsule

AN0646 25 Billion (30 Caps.) 30 servings **$38.40**

MegaSporeBiotic "4 Billion" TOP SELLER

A great probiotic for those suffering from leaky gut and other digestive issues. MegaSporeBiotic is a probiotic blend of 5 Bacillus spores that have been clinically shown to maintain healthy gut barrier function and overall immunity. The bi-phasic life cycle of the Bacillus spores allows them to remain dormant in harsh environments until they reach more favorable environments like the human gastrointestinal tract. Once inside the large intestine, these dormant spores can change into their active, vegetative forms and begin colonizing in the gut. This unique probiotic blend aims to RECONDITION the gut instead of reseeding with probiotic strains that cannot survive digestion or colonize the gut. MegaSporeBiotic has quickly become a household favorite among health practitioners and consumers alike.

Dosing Instructions

Start with 1/2 capsule or 1 full capsule with food and slowly increase to 2 capsules per day using the following protocol.

If 1 capsule every other day is too strong, try starting with 1/2 capsules or even 1/4 capsule in some cases. Possible symptoms may include abdominal cramping, loose stools, and changes in bowel movements. Though these symptoms may be uncomfortable, they are a sign that the product is working! Symptoms should resolve within 2-3 days.

Serving Size: 2 capsules

MBL2500 (60 Caps) 30 servings **$54.35**

MBL2501 (180 Caps.) 90 servings **$149.99**

Prescript-Assist

28 STRAINS OF SOIL PROBIOTIC: Helping ameliorate allergies, bloating, gas, constipation, diarrhea, digestive health. Replenishes healthy GI microflora, promotes a healthy gastrointestinal environment , relieves occasional abdominal discomfort and alleviates occasional indigestion and nausea. Promotes a normal bowel pattern, support your mood and boost immune, energy as well as help lose weight and create a balance of the microenvironment inside your digestive system that encourages nutrient absorption and makes the enzyme that helps you feel more happy, energetic, and vibrant.

Serving Size: 1 Capsule

SM1012 (60 Caps.) 60 servings **$45.00**

Inner Garden Flora

Inner Garden Flora is a combination of eleven carefully chosen bacteria that can help to maintain the proper balance of bacteria to your intestines while helping the other friendly bacteria survive and flourish. It is excellent for people of all ages, regardless of health. (Children need proportionately smaller amounts of this supplement.)

Serving Size: 2 Capsules

RGA1034 (250 Caps.) 125 servings **$51.25**

Probiotic

A unique Probiotic formula that promotes optimal digestion & aids with healthy intestinal microflora. Wholistic Botanicals Probiotic caps contains 15 strains of healthy bacteria that provide additional support in promoting immune & digestive health.

Serving Size: 1 Capsule

DC90515 (60 Caps.) 60 servings **$28.25**

Health-Bac Probiotic "1 Billion" TOP SELLER

Health-Bac contains the most extensively researched probiotic available: Ecologic 500. Health-Bac contains Bifidobacterium infantis, lactis, longum, Enterococcus faecium, Lactobacillus acidophilus, paracasei, plantarum, salivarius, and Lactocuccus lactis. Health-Bac has been clinically demonstrated to readily implant in humans. Always use Health-Bac when taking large amounts of Oreganol and/or Oregacyn P73 daily. Scored among the top two probiotics in the world. Use Health-Bac; it really does implant and thus is effective. Can be used for all ages.

Serving Size: 1 Teaspoon

NH3118 Powder (3.52 oz.) 33 servings **$38.70**

Probiotia HistaminX NEW

Histamine-friendly probiotic formulated without strains known to produce high levels of histamine. Supports microbiome balance and a healthy gut response to ingested histamine. Supports the health of your immune system and skin.

Serving Size: 1 Vcap

SH1015 (60 Vcaps.) 60 servings **$34.75**

Primal Defense Powder "1 Billion"

The HSO Probiotic Blend in Primal Defense® helps support the normal gastrointestinal balance of good and potentially harmful bacteria to help maintain a balanced, healthy internal environment.

- Contains probiotics that promote regular bowel function and help maintain an already healthy immune system – both of which are beneficial to overall health.
- Maximizes the benefits of a healthy diet by supporting normal absorption and assimilation of nutrients in the gut.
- Unlike other probiotics, the key probiotics in Primal Defense can thrive in the toughest digestive environments and are undeterred by stomach and bile acids.

Serving Size: 1 Scoop up to 3 x a day

GO1125 Powder (2.86 oz.) 90 servings **$47.25**

Berry Dophilus "2 Billion" TOP SELLER

NOW® BerryDophilus™ provides 2 billion CFU from a combination of 10 clinically validated probiotic bacterial strains designed to support gastrointestinal health and healthy immune system function. Healthy intestinal flora also helps to create a favorable environment for the absorption of nutrients. BerryDophilus™ can be used by both adults and children. Sweetened with xylitol, BerryDophilus™ won't harm teeth and it tastes great.

Serving Size: 1 Chewable

NO2936 (60 Chewables) 60 servings **$10.90**

Acidophilus "2 Billion" TOP SELLER

Lactobacillus acidophilus, one of the most prominent types of resident bacteria in the intestinal tract, has been used as a probiotic for decades. It is well established that the gut is one of the most important components of the immune system and that the development and function of normal immune system function is influenced by the composition of the intestinal microflora. It has been shown that regular intake of probiotics can aid in maintaining a healthy intestinal flora.

Serving Size: 1 Capsule

NO2905 (100 Vcaps.) 100 servings **$8.70**

NO2907 (250 Vcaps.) 250 servings **$18.85**

The Benefits of Bacteria

By Rebecca Graeff, MH

By closely monitoring our children, perhaps we notice when they are not quite themselves, anxious, low on energy, out of balance, or simply feeling distress. Illness is typically a result of a strained immune system, emotional imbalance, lack of rest, or poor nutrition. We are very aware of our children's health patterns. At times, parenting and our children's digestive upsets go hand in hand. We soon learn to know if our child's abdominal pain is indigestion or something more serious. It can be difficult to know when to "weather the storm" or seek medical attention. If we decide to support our children's gut health by including supplements and foods that contain prebiotics and probiotics, then let's understand the benefits.

WHAT'S OUR GUT GOT TO DO WITH IT?

There are more bacteria living in the human gastrointestinal tract than scientists can identify. Interestingly, the food we eat affects the diversity of gut bacteria which affects bodily functions and influences our health. You may be surprised to hear your gut houses up to 1,000 different species of bacteria, each one playing an important role in our health as they process fiber, produce and metabolize nutrients, vitamins, drugs, hormones and carcinogens. Additionally, intestinal microflora, the good bacteria, maximizes the digestive process in breaking down food. These health-promoting bacteria, known as probiotics, already live in your gut to play a critical role in the health of the digestive and immune systems. Friendly flora's role is to enhance our health allowing our bodies to function efficiently all while crowding out and preventing pathogens from landing and becoming bacterial illnesses.

WHAT ARE PROBIOTICS?

The term probiotic comes from the Latin word "pro," meaning "for" and the Greek word, "biotic" signifying "bios" or "life." For life. Probiotics are live microorganisms that when taken in the proper formulation and amount may be of benefit to us. Probiotics have received renewed attention over the past few decades from product manufacturers, research studies, and consumers. Their history may be traced to the first use of cheese and home-made fermented products, which were well known to the Greeks and Romans. Probiotic supplements come in capsule, powder, or liquid form and contain live beneficial bacteria or yeast. They are of varying types of bacteria and concentrations. The right strains of probiotics offer substantial benefits depending on the type of strain, product formula, and quality of the product.

SHOULD I GIVE PROBIOTICS SUPPLEMENTS TO MY CHILDREN?

If the healthy community within our guts has been disturbed and the re-establishment of beneficial bacteria is necessary to maintain digestive health and boost the immune system, one must consider the best approach to bring support. There's a time to supplement with probiotic formulas and a time to count on fermented and raw foods to keep us in balance.

Researchers are studying when and how probiotics may best help. Some of the findings report that Probiotic supplements may be helpful for conditions such as irritable bowel syndrome, autoimmune diseases, allergies, headaches, and excessive yeast in the gut. According to Dr.

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Fuhrman, a healthy diet with plenty of raw vegetables, mushrooms, and beans, in the absence of antibiotics, will provide enough of the favorable bacteria in your gut to keep you healthy and functioning well. Our family has a great deal of experience dealing with gut imbalance. Our daughter suffered for many years with food sensitivities. We soon learned to build her system with the right foods. We added probiotic supplements containing live strains of Lactobacillus and Bifidobacterium which alleviated some symptoms; however, the lasting benefits came from adding a small portion, much like you would use a condiment of sauerkraut, kimchi, kefir, kombucha, and raw pickled vegetables to each meal along with other diet changes. We simply added fermented pickles, kraut, relishes, and salsa to our child's lunchbox for meals away from home.

EAT MORE ROUGHAGE!

We probably heard it before, but do we know why fiber or roughage is so good for our health? Dietary fiber is probably best known for its ability to prevent or relieve constipation, but there's more to fiber than meets the eye. Soluble dietary fiber comprises several types of undigestible polymers that support the environment of the colon where bacteria degrade them as prebiotics (inulin). Prebiotics are food to the beneficial bacteria found in the digestive system. One benefit of high fiber foods in the diet is to foster the growth or activity of beneficial bacteria. These microorganisms improve the balance of beneficial bacteria, support the environment where friendly flora is encouraged, while discouraging the growth of bacterial and fungal pathogens . Rich sources of high in prebiotic fiber foods include mushrooms, legumes, beans, peas, oats, bananas, berries, asparagus, onions, leeks, garlic, Jerusalem artichoke, and the roots of Dandelion, Burdock, Chicory, Elecampane root, and Salsify. A daily diet high in fiber would include lots of vegetables, fruits, whole grains, beans, nuts, seeds, and herbs and spices. Thus, prebiotics are types of fiber that our good gut bacteria digests. These types of fiber provide nutrients to the bacteria to support healthy immune function and healthy digestion. Studies show that adequate intake of fiber is necessary to maintain colon health.

THE IMPORTANCE OF GUT HEALTH

Good gut health is important for everyone but is especially essential for children. Children are growing and their immune system is developing, new cells are forming, and their brains are maturing. Because children get all the nutrients needed to grow and develop from their gut, having a healthy gut is vital for their well-being. A child's gastrointestinal system is the first line of defense for the immune system. If the condition of the gut is compromised because of antibiotics, sugary foods, or other medications, the child becomes more susceptible to illness and infection. One of the chemicals created in the body, Serotonin sends messages between the body and brain. This chemical is produced by the brain and the intestines with approximately 85% found in the gut. This neurotransmitter influences mood, social behavior, sleep patterns, memory and more. If the balance of bacteria in your child's gut is disturbed, it can lead to low mood, behavioral problems, and disruptions in sleeping patterns.

Probiotic foods:

- Probiotics are found in fermented foods, with live active cultures.
- Fermentation of vegetables often involves adding salt, so fermented foods can be a great source of new, fantastic, complex, and deep flavors to add to each meal.
- High temperatures kill the beneficial bacteria. It is best to eat these precious foods cold, room temperature or just slightly warmed.
- Different types of fermented foods provide a wide variety of bacteria strains which is ideal.

If your child's digestive system is not working well, his overall health will suffer. Poor eating habits not only cause immediate distress, but research shows the long-term health risks of a variety of conditions increase as well. Protecting the healthy balance of bacteria in the gut aids digestion and supports immune function. Preserving or rejuvenating a diverse population of beneficial bacteria is vital for overall wellness.

Fermenting garden vegetables, foraged vegetables, and even fruits will soon be a fun adventure to feed their cravings.

"Every artist was first an amateur."

— RALPH WALDO EMERSON

ARE THERE ANY RISKS?

According to St. Louis Children's Hospital, probiotic supplements are generally safe, but should not be given continually. Seek qualified health care for children with serious illness.

Probiotic risks do exist especially in people who already have stomach and bowel distress. Gas, bloating, or mild cramping may be a short-term effect from supplemental probiotic use. It is best to start with small servings of probiotic supplements and food increasing gradually. Avoid if the child is suffering with Small Intestinal Bacterial Overgrowth (SIBO) or anyone sensitive to the ingredients in the supplement.

Probiotics are dietary supplements that are not regulated by the Federal Food & Drug Administration (FDA). There are no official recommendations for dosage. The beneficial bacteria may prevent diarrhea and digestion problems if your child is taking antibiotics.

Rebecca Graeff delights in herbal studies and research and strives to encourage everyone around her to continue in their life-long learning of natural health. Her email address is 122rbgraeff@gmail.com.

Acidophilus "2 Billion" Chupps TOP SELLER

This dairy-free, freeze-dried probiotic (Pro-Life) supplement helps repopulate a 'friendly bacteria' in the intestinal tract. It is helpful with fighting yeast overgrowth and is great to take should you need to be on an antibiotic. 2 billion per capsule. Directions: Take one capsule one to three times daily, after meals, with milk or water or as directed by your healthcare professional. Refrigerate after opening.

Serving Size: 1 capsule up to 3 x a day

CHU5151 (100 Caps.) 100 servings **$9.15**
CHU5152 (250 Caps.) 250 servings **$20.20**

Thrive Probiotic & Antioxidant "3 Billion"

TOP SELLER

A great probiotic for those suffering from leaky gut and other digestive issues. Just Thrive replaces the outdated approach of "reseeding" the gut to "reconditioning" the gut, favoring the growth of good bacteria and strengthening whole-body health and immunity. Its specialized spore-based bacilli formulation guarantees the survivability of the probiotics through the stomach and upper digestive system. It not only provides digestive and immune support, but also delivers antioxidants to the GI tract. The strains used in Just Thrive survive the gastric system 100% and when they arrive alive in the intestines, they have the unique ability to read the microbial environment.

Serving Size: 1 Capsule

JT2370 (30 Caps) 30 servings **$49.99**

Acidophilus Pearls "1 Billion" TOP SELLER

Probiotics support digestive, immune, and skin health.

- Beneficial probiotics can help you get relief from occasional gas, loose stools, constipation, sensitive stomach and lactose intolerance.
- Ensures your body is not weighed down by toxins which may limit your immune defenses.
- Probiotics help support healthy skin from the inside out: they help manage and eliminate free radicals and toxins.

Serving Size: 1 per day

ENT4299 (90 Caps.) 90 servings **$32.26**

Daily Probiotic "3 Billion"

Kyo-Dophilus is a safe, trusted, quality brand with a long history of customer satisfaction. The three biocompatible human strains in Daily Probiotic, The Friendly Trio® have been the subject of clinical studies that have documented the efficacy of these strains to support a healthy gut microbiome. To maintain good colon health. Relieve occasional digestive discomfort. Promote healthy immune function.

Serving Size: 2 capsules

WK2010 (180 Caps.) 90 servings **$35.95**

Intestinal Strength "4 Billion"

Eingeweide Stärken/Intestinal Strength is a complete intestinal support product made with nutrients that have beneficial effect on gastrointestinal health. It features Kumut juice powder, Alfalfa grass whole powder grass, Oat grass powder, Barley grass whole powder, Wheat grass whole powder and Broccoli sprouts as well as a comprehensive blend of probiotics to further support intestinal microflora bacteria.

Serving Size: 1 capsule 2-3 x a day

WS5131 (180 Caps.) 180 servings **$49.99**

Primadophilus Bifidus "5 Billion"

Enteric-coated for adults. 5 billion CFUs. 4 strain blend specifically designed for adults.

Serving Size: 1 per day

NW2035 (90 Vcaps) 90 servings **$19.25**

Saccharomyces Boulardii "5 Billion"

Saccharomyces boulardii is a probiotic yeast that survives stomach acid and colonizes the intestinal tract. It promotes the health of the intestinal tract, helps to encourage a healthy gut flora balance, and supports a balanced intestinal response to normal internal and environmental stressors. Saccharomyces boulardii has also been shown to support proper gastrointestinal function during temporary disruptions to the normal balance of gut flora. Great digestive support to use during or after Antibiotic use.

Serving Size: 2 Capsules

NO2934 (60 Vcaps.) 30 servings **$15.95**

Frontier Biotics II "6 Billion"

Frontier Biotics is a non-dairy probiotic formulation produced from an all-natural source of beneficial microorganisms. It is designed to support digestive tract health and provide ingredients that support proper immune function and microbial balance in adults. Frontier Biotics contains some species of the numerous microorganisms that naturally populate the human gastrointestinal tract. Probiotic bacteria, or "good bacteria," promote favorable balance of intestinal microflora.

Serving Size: 1 Capsule

NFR3465 (180 Vcaps.) 180 servings **$54.80**

Kyo-Dophilus9 "6 Billion"

Kyo-Dophilus® 9 is formulated with three Lactobacilli strains and six Bifidobacteria strains.

- This unique blend of nine probiotics contains specially cultured human strains of friendly bacteria that are carefully processed to retain viability at room temperature, insuring an adequate number of cells for implantation in the intestine.
- Kyo-Dophilus® 9 helps maintain a balanced intestinal flora and promote healthy intestinal function.*

Serving Size: 2 Capsules

WK2001 (180 Caps.) 90 servings **$54.50**

Probiotic 10 Billion "Spore"

Supports the normal immune reaction of intestinal cells. Maintains a healthy gut flora and gut barrier function. This single strain 500mg probiotic is unique in that it is spore forming, which is a hardier group of bacteria that offers additional benefits compared to non-spore forming: Viable under a wide temperature range, so no refrigeration is required. Able to survive and even increase in numbers within the acidic environment of the GI tract.

Serving Size: 1 Capsule

EPR1025 (30 Caps.) 30 servings **$23.95**

CoreBiotic "11 Billion"

CoreBiotic™ represents the latest in advanced probiotics, combining 3 fully sequenced and registered soil based strains with an organic prebiotic to promote colonization. Each of the strains were specifically chosen for their supporting science. Advanced 3 spore forming strains each genomically sequenced and registered guaranteeing accurate specificity and potency. Microbiome support 11 Billion CFU per dose. Convenient 1 dose per day, no refrigeration, dairy-free and vegan.

Serving Size: 2 Capsules

RNL1245 (60 Caps.) 30 servings **$49.95**

UF Women's Care Go Pack "15 Billion"

Once-Daily Maintenance Formula To Support Vaginal & Urinary Tract Health Ultimate Flora Women's Probiotic helps promote healthy yeast balance while supporting vaginal and urinary health. Lactobacilli are the most prevalent good bacteria in a healthy vagina. They produce beneficial compounds to help promote urogenital health. Ultimate Flora Women's probiotic contains 100% Lacto strains known to help maintain a healthy balance of vaginal flora. No refrigeration needed.

Serving Size: 1 per day

RL15872 (30 Vcaps.) 30 servings **$23.99**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Probiotic Daily + Prebiotic "12 Billion"

Maintaining a healthy microbial balance in your gut is essential to overall health and well-being. And that's where a good daily probiotic comes in. Formulated for daily use, our Nordic Flora™ Probiotic Daily is an original blend of four research-backed probiotic strains—including the powerhouse Lactobacillus acidophilus 1—all proven to survive passage through the GI tract. Perfect for travel, our Nordic Flora™ Probiotic Daily blends 4 probiotic strains in a no-refrigeration-needed formula to help you maintain a healthy microbial balance.

Serving Size: 2 Capsules

NNA1672 (60 Caps.) 30 servings **$29.71**

Vital Flora Probiotic + Prebiotics "100 Billion"

Vital Flora Advanced Biome is formulated with 100 Billion cultures and 100 Strains per capsule for those seeking a higher potency and higher diversity formula.

Serving Size: 1 Capsule

VPR6651 (30 Vcaps.) 30 servings **$65.30**

Occasional Constipation Support Probiotic + Prebiotic

Occasional Constipation Support + Organic Prebiotic is a clinically formulated, daily probiotic and an Organic XOS prebiotic to:Support digestive and immune health* Help improve regularity when taken daily* Relieve occasional constipation by optimizing the normal speed that food moves through the digestive tract* Reduce occasional bloating* Promote healthy stool consistency* Help stimulate the growth of healthy bacteria in the gut. Gluten, Dairy & Soy free.

Serving Size: 2 Vcaps

RL50029 20 Billion (60 Vcaps.) 30 servings **$41.30**

Women's Daily w/Cranberry

Women's Daily is a clinically formulated probiotic plus whole organic cranberry and an Organic XOS prebiotic to: Support digestive and immune health. Help maintain a healthy urinary tract. Promote healthy vaginal flora. Help maintain respiratory health. Help stimulate the growth of healthy bacteria. Gluten, Dairy & Soy free.

Serving Size: 2 Vcaps

RL50030 20 Billion (60 Vcaps.) 30 servings **$41.30**

PyloGuard "20 Billion"

PyloGuard™ is a dietary supplement designed to support the body's natural processes for elimination. It contains patented Lactobacillus reuteri DSM17648, which can attract specific organisms in the intestine and support their removal via the digestive tract. This particular strain of L. reuteri maintains H. pylori levels already within the normal range and supports overall digestive health.

Serving Size: 1 Capsule

MBL2610 (30 Caps.) 30 servings **$40.75**

Florasure Probiotic '20 Billion'

FloraSure Probiotic delivers a unique combination of 20 billion live, active cultures with a long history of human use, and can help make occasional digestive discomforts a distant memory.

Serving Size: 1 Capsule

TN30703 (30 Caps.) 30 servings **$24.80**

Probiotic-10 "25 Billion"

NOW® Probiotic-10™ offers a balanced spectrum of live organisms consisting of acid-resistant probiotic bacterial strains that are known to naturally colonize the human GI tract. Probiotic bacteria are critical for healthy digestion, help maintain the integrity of the intestinal lining, support proper intestinal motility and participate in the detoxification process. Probiotic-10™ utilizes bacterial strains that have been clinically validated for their support of healthy immune system function.

Serving Size: 1 capsule up to 2 x day

NO2926 (50 Vcaps.) 50 servings **$21.70**
NO2933 (100 Vcaps.) 100 servings **$36.25**

Pro-Brain Biotics Max

With a premium blend of probiotic strains and a total 30 billion CFU (colony-forming units) per day, ProBrainBiotics MAX is a powerful and effective, scientifically-researched probiotic. These fully-defined probiotic strains benefit the brain (mood, stress, occasional anxious feelings), immunity (help to increase immune cell population), and gut health (bowel regularity and comfort, intestinal probiotic balance).

Serving Size: 1 Capsule

AC1060 (30 Caps.) 30 servings **$49.95**

Baby & Me 2 Probiotic + Prebiotic "30 Billion"

TOP SELLER

MegaFlora Probiotic for Baby & Me contains a broad spectrum of our proprietary blend of 14 unique strains of 30 billion probiotics, FoodState® Ginger to soothe upset tummies and support healthy digestive function, and prebiotics, to promote the health and wellbeing of pregnant and breastfeeding women.* Probiotics support nutrient absorption, and studies have shown that intake of Lactobacillus rhamnosus (HN001) during the last trimester and early breastfeeding supports the child's developing immune system.* Note: This is not a Prenatal.

Serving Size: 2 capsules

MF1127 (60 Caps.) 30 servings **$36.95**

Probiotic-10 "50 Billion" TOP SELLER

NOW® Probiotic-10™ offers a balanced spectrum of live organisms consisting of acid-resistant probiotic bacterial strains that are known to naturally colonize the human GI tract. Probiotic bacteria are critical for healthy digestion, help maintain the integrity of the intestinal lining, support proper intestinal motility and participate in the detoxification process. Probiotic-10™ utilizes bacterial strains that have been clinically validated for their support of healthy immune system function.

Serving Size: 1/2 tsp or 1 capsule

NO2927 Powder (2 oz.) 38 servings **$26.80**
NO2928 (50 Vcaps.) 50 servings **$36.20**

Primadophilus Optima "50 Billion"

7 Probiotic Strains for Total Intestinal Balance. 50 billion active probiotics including researched strains NCFM (R) and Bl-04 2 lactobacillus strains (26 billion CFU) for the small intestine. 5 bifidobacteria strains (24 billion CFU) for the large intestine/colon Promotes healthy digestion - plus relieves occasional gas, bloating and constipation. Supports immunity.

Serving Size: 1 per day

NW2020 (30 Vcaps.) 30 servings **$31.95**

Ultra Daily Probiotic + "60 Billion"

Ultra Daily Probiotic + Prebiotic is great for digestive and immune health. It provides 60 billion cultures as well as 60 different strains of probiotics to provide a large diversity of probiotics. It also contains a prebiotic and fiber blend to support optimal gut health. Formulated by Brenda Watson the founder of RenewLife.

Serving Size: 1 Capsule

VPR6507 60 Strains (30 Vcaps.) 30 servings $45.15

Adult Daily 55+ Probiotic + "60 Billion"

Adult 55+ Daily Probiotic + Prebiotic is great for digestive and immune health. It provides 60 billion cultures as well as 60 different strains of probiotics to provide a large diversity of probiotics. It also contains a prebiotic and fiber blend to support optimal gut health. Formulated by Brenda Watson the founder of RenewLife.

Serving Size: 1 Capsule

VPR6521 60 Strains (30 Vcaps.) 30 servings $45.15

Women's Daily Probiotic + "60 Billion"

Women's Daily Probiotic + Prebiotic is great for women's digestive, immune and vaginal health. It provides 60 billion cultures as well as 60 different strains of probiotics to provide a large diversity of probiotics. It also contains a prebiotic and fiber blend to support optimal gut health. Formulated by Brenda Watson the founder of RenewLife.

Serving Size: 1 Capsule

VPR6514 60 Strains (30 Vcaps.) 30 servings $45.15

UF Colon Care "80 Billion"

Colon Care Probiotic 80 Billion is a potent formula with 14 specially selected strains designed to re-establish digestive balance, help relieve occasional constipation, and promote digestive health.* It contains more Bifidobacteria than Lactobacilli to help provide more beneficial bacteria in the colon.*

- 14 clinically proven probiotic strains
- 52 billion Bifido for advanced colon support
- Helps relieve digestive distress
- Ease symptoms of irritable bowel
- Helps relieve occasional IBS, diarrhea & constipation
- Promotes digestive health & bowel regularity

Serving Size: 1 per day

RL15660 80 Billion (30 Caps.) 30 servings $50.95
RL15874 80 Billion (60 Caps.) $86.40

Primadophilus Optima Women's "90 Billion"

TOP SELLER

100% HDS Probiotics (TM) Naturally compatible with a woman's vaginal, urinary and intestinal tracts. Supports vaginal and urinary tract health, yeast balance, digestion, regularity and immunity. Probiotic strains not derived from animal, dairy, soil or plant sources. 90 billion CFUs per capsule. 10 strain blend specifically designed for women (see ingredients for full listing of strains). Bifidobacteria & Lactobacilli strains Guaranteed potency through date of expiration.

Serving Size: 1 per day

NW2030 (30 Vcaps.) 30 servings $35.95

UF Women's Complete "90 Billion"

Ultimate Flora Women's Complete 90 Billion is a once-daily, high-potency probiotic uniquely formulated for women to promote digestive and immune health, and support vaginal and urinary health. Each capsule contains 90 billion live cultures of 12 GPS strains of beneficial flora.

Serving Size: 1 per day

RL15667 (30 Vcaps.) 30 servings $52.80
RL15621 (60 Vcaps.) 60 servings $91.80

Probiotic-10 "100 Billion"

TOP SELLER

NOW® Probiotic-10™ offers a balanced spectrum of live organisms consisting of acid-resistant probiotic bacterial strains that are known to naturally colonize the human GI tract.* Probiotic bacteria are critical for healthy digestion, help maintain the integrity of the intestinal lining, support proper intestinal motility and participate in the detoxification process.* This potent Probiotic-10™ formula delivers 100 billion live organisms to help restore healthy flora following occasional but temporary disruptions to intestinal balance.*

Serving Size: 1 per day

NO2931 100 Billion (30 Vcaps.) 30 servings $32.60

Mycrobiome Probiotic 100 Billion

NEW

Whether you've had to take an antibiotic or some other event has disrupted your gut flora, our Urgent Care Blend is formulated to help your body recolonize your entire microbiome. Solaray's Urgent Care is a powerful Probiotic Support Blend that contains an impressive 100 Billion CFU of 24 probiotic strains intended to support healthy digestion, immune system balance and more! Solaray Mycrobiome Probiotics are delivered via a specialized capsule called Enteric Shield. Our fortified capsules are designed to help the probiotics survive the journey to the alkaline environment of the intestines where they can begin benefitting your body. Vegan, non-GMO and lab verified for identity, potency and purity.

Serving Size: 1 Vcap

SOL40321 (30 Vcaps.) 30 servings $56.10

UF Extra Care (Choose Strength)

TOP SELLER

Guaranteed to deliver a potent, proven blend of gut-boosting flora, our Ultimate Care Probiotic provides 100 billion live cultures from 12 different probiotic strains to help re-establish digestive balance and help restore your body's good, natural flora.*

For occasional digestive upsets*

Promotes digestive and immune health*

Once-daily, delayed release capsule ensures the probiotics reach your gut, ready to work

Multiple probiotic strains reflect the natural diversity of your gut

Quality, purity and potency guaranteed through expiration

Chose your strength and size below.

Serving Size: 1 per day

RL15655 50 Billion (30 Caps.) 30 servings $43.25
RL15658 50 Billion (60 Caps.) 60 servings $67.40
RL15669 50 Billion (90 Caps.) 90 servings $86.50
RL15350 100 Billion (30 Caps.) 30 servings $52.50
RL15670 150 Billion (30 Caps.) 30 servings $71.05

PRE/O Biotics w/Transfer Factor

This university-tested, proprietary blend features five strains of highly-researched probiotics that increase beneficial "friendly" microflora in your gut and three types of prebiotics to optimize the growth of healthy probiotics. Our exclusive micro-beadlet system delivers the probiotics directly to the colon, enabling Pre/o Biotics to increase the amount and longevity of beneficial gut flora by up to 1000 times over standard delivery. Plus, the inclusion of exclusive 4Life Tri-Factor® Formula stimulates the growth of the probiotics found in Pre/o Biotics by up to 868% ! Pre/o Biotics also helps bolster your immune system function, especially since a large percentage of your immune system resides in your gut!

Serving Size: 1 Stick pack

LF23020 (15 Stick Packs.) 15 servings $52.95

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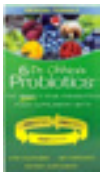
Flora ReVive

Flora ReVive® is a great soil-based probiotic specifically formulated to keep Candida albicans and gut bacteria in balance. Flora ReVive® contains humic-fulvic acid, a soil-based bacteria derived from high carbon humus found in ancient compacted plant material that is broken down by soil bacteria. Humic-fulvic is the best soil-based probiotic type because it's latent with millions of microscopic friendly bacteria abundant in the natural world, but almost 100% absent from modern civilized life. Humic -Fulvic contains probiotics, prebiotics, phytochemicals, enzymes, and minerals.

Serving Size: 2 Capsules

RNA1040 (60 Caps.) 30 servings **$46.95**



Dr. Ohhira's Probiotics

This complete probiotic and prebiotic system is fermented in a 3 year process at seasonal temperatures resulting in a product that is stable without refrigeration. The capsules contain biogenic probiotics plus their nutritious prebiotic culture medium, which ensures the probiotics' survival and balances your GI tract environment.

Relieves occasional gas and heartburn*

Promotes healthy digestive function and immune response*

Enhances absorption of nutrients from food and other supplements*

Serving Size: 1 capsule up to 2x a day

EF1212 (60 Caps.) 60 servings **$53.50**

Pro-Plus Pre/Probiotic Concentrate

Pro-Plus is a blend of ingredients that individually have studies to indicate support to various functions of the body. Broad spectrum probiotics to help keep the gut clean and resist pathogens. Pre-Biotic to supply a food source to probiotics and other micro flora. Ginger to provide stomach function support while dextrose seems to add a quick energy boost. Each of these ingredients combined with a source of vitamin c which provides support to the immune system in a great tasting powder form.

Serving Size: 2 scoops

NDS2596 Orange (7 oz.) 96 servings **$37.35**

Micro Life TOP SELLER

Micro Life is a Pre/Pro-biotic that helps promotes Digestive Health & Normalize Bowl Function. Ingredients; Water, Inulin, Dextrose, Colostrum, Potassium Sorbate, Lactobacillus Acidophilus, & Flavoring.

Serving Size: 1 Teaspoon 2-3 x a day

EL3137 Mixed Berry (16 fl. oz.) 96 servings **$49.95**

Floraphage Prebiotic "Probiotic Multiplier"

TOP SELLER

Multiply and Maximize the Strength of Any Probiotic

Floraphage is the world's first prebiotic "PHAGE," capable of destroying harmful bacteria in the digestive tract.* Floraphage has selective antimicrobial properties that enable it to dismantle specific bacteria within the gut.* When these bad bacteria are destroyed, nutrients are released that act as a high-quality prebiotic food for supplemented probiotics and our own indigenous bacteria.* Based on lab testing, Floraphage increased the strength of supplemented probiotics by an average factor of 24x compared to control.* Floraphage supports normal digestive and immune health and turns any probiotic into a super-biotic.* Floraphage was designed to support the proliferation of beneficial bacteria throughout the gastrointestinal tract in order to promote optimal digestive and immune health. Floraphage was tested in conjunction with four popular probiotic supplements to determine its ability to increase the potency or growth of each respective product. Suggested Use: Take 1-2 capsules daily with 8 oz. of water or as directed by your healthcare practitioner. Floraphage may also be taken with your favorite probiotic formula like Syntol AMD

Serving Size: 1 Capsule up to 2 x a day

AA1030 (30 Caps.) 30 servings **$22.85**

AA1031 (90 Caps.) 90 servings **$49.99**

Mega Prebiotic

MegaPreBiotic™ is a cutting-edge Precision Prebiotic™ supplement made up of clinically-tested, non-digestible oligosaccharides that can increase microbial diversity and selectively feed beneficial, keystone bacteria like Akkermansia muciniphila, Faecalibacterium prausnitzii, and Bifidobacteria. Prebiotics are non-digestible fibers that feed the bacteria living in your gut. However, many prebiotics on the market can feed both harmful and beneficial gut bacteria, which can exacerbate digestive issues. Keystone bacteria like bacterium prausnitzii, and Bifidobacteria are very important for human health, but their populations can be easily diminished by antibiotics, stress, diet, glyphosate, and other environmental toxins. Start with ½ scoop daily for one week, then increase to 1 scoop daily with or without food, or as directed by your healthcare practitioner. Mix into 16 oz of cold water or liquid of your choice. Also available in capsules!

Serving Size: 1 Scoop or 6 Capsules

MBL2505 Powder (5.5 oz.) 30 servings **$49.99**

MBL2525 (180 Caps.) 30 servings **$49.99**

Prebiotic Bifido Boost Powder

Prebiotic Bifido Boost™ Powder is an advanced prebiotic formula that feeds and encourages the growth of probiotic Bifido bacteria in the gut, helping to support a healthy balance of gut microflora.* This product features PreticX™, a unique xylooligosaccharide (XOS) prebiotic ingredient that nourishes existing probiotic bacteria, favorably changing gut microflora composition to promote healthy, balanced immune system function, regularity and intestinal comfort.

Serving Size: 1 teaspoon

NO2948 (3 oz.) 31 servings **$14.50**

Inulin Prebiotic Powder "Organic"

Inulin, a fructooligosaccharide (FOS), is a soluble prebiotic fiber that is resistant to digestion and reaches the large intestine essentially intact. Intestinal probiotic bacteria consume Inulin and in turn, produce the short-chain fatty acids that nourish the cells lining the colon.* Inulin thus helps to maintain intestinal health and function. Inulin has a pleasant flavor that adds a mild sweetness to foods and drinks, but has a very low glycemic index and will not negatively impact serum glucose levels.

Serving Size: 1 teaspoon

NO2944 (8 oz.) 81 servings **$10.90**

Healthy BBQ Chicken Salad

INGREDIENTS

Grilled & Seasoned Chicken of your choice

Lettuce, Spinach, Onions Tomatoes, Grilled Corn Kernels Cucumbers, Black Beans

Garlic Salt

Raw Cheese

Crushed Organic Tortilla Chips

Guacamole

Healthy Ranch

BBQ Sauce

DIRECTIONS

Place the chicken on top of vegetables.

Sprinkle with garlic salt and chips. Top with sauces.

Tastes great anytime especially in the summertime when fresh vegetables are plentiful!

Fiber & Colon Cleanses

Lower Bowel TOP SELLER

A synergistic blend of herbs for the lower bowel. An unhealthy lifestyle and a diet that lacks in fiber and water are often causes of people suffering from less than regular bowel movements. If the intestine is packed with degradable waste products that accumulate bacteria and not fully eliminated, the barrier function of our intestinal wall weakens and toxins enter the bloodstream and are spread throughout the body. This formula was designed to encourage the elimination of waste and assist the motor activity of the intestines in a natural way. Now available in powder and liquid also!

Serving Size: 2 Capsules or 30 Drops up to 3 x a day

DC89050 (2 fl. oz.) 38 servings **$17.35**
DC89101 (100 Caps.) 50 servings **$20.95**
DC89100 (16 oz. powder) **$72.10**

Quick Colon TOP SELLER

Dr. Christopher's Quick Colon Caps helps clear the bowel of toxic waste, encourages normal bowel function & supports the intestinal system. The large intestine (Colon) is an important part of our body. It's role is vital to proper digestion & moving waste out in a timely manner. Ingredients for Quick Colon #1; Cape Aloe, Cascara Sagrada Bark, Garlic Bulb, Senna Leaf, Ginger Root, Barberry Bark, Cayenne Pepper (90,000 H.U.). Ingredients for Quick Colon #2; Apple Pectin, Flax Seed, Psyllium Seed, Slippery Elm Bark, Marshmallow Root, Fennel Seed, Plantain Leaf & Activated Charcoal Powder.

Serving Size: 1 Capsule and 1 Teaspoon 3 x daily

DC89136 Quick Colon #1 (100 Vcaps.) 100 servings **$18.40**
DC89137 Quick Colon #2 (8oz. pwd.) 75 servings **$30.80**

Vital Lax "Natural Laxative" TOP SELLER

A more natural way to help relieve occasional constipation, this gentle, yet effective formula conveniently works overnight to help promote a normal bowel movement in the morning.

Serving Size: 2 Capsules

VPR6712 (60 Vcaps.) 30 servings **$21.15**

Kiwi Regularity

The Actazin kiwifruit in every bottle of Kiwi Regularity helps maintain regularity and healthy digestion. With over 15 real, organic kiwifruits in every bottle, not only does Kiwi Regularity help reduce occasional constipation, but it also offers prebiotics to help give your gut microbiome a boost.

Serving Size: 2 Chewables

ENZ10062 (30 Chews) 15 servings **$19.99**

Regulari-T Bowel Support

Regulari-T™ helps reduce gas and discomfort, and supports healthy elimination. It also helps maintain normal peristalsis and healthy waste transit time, while providing stool-softening bulk.

Serving Size: 2 Capsules

LS5217-060 (60 Vcaps.) 30 servings **$21.10**

Health Guardian Cleanse TOP SELLER

HG Cleanse is a safe, proven effective, all natural colon cleanse that works equally well for both men and women. It is a powder that mixes well in water and tastes great! HG Cleanse contains fiber to support digestive health and promote regularity and healthy bowel movements.

HG Cleanse contains vital herbs that have been traditionally used for digestive cleansing and removing parasites. HG Cleanse contains probiotics, which are cultures of friendly (good) bacteria to help balance the flora of the intestines and colon and keep bad bacteria in check.

HG Cleanse is a complete colon health formula to:

;* Flush out dangerous toxins * Relieve constipation and bloating * Improve the immune system;* Reduce the risk of colon cancer

What makes HG Cleanse effective?

* Fiber for cleansing * Parasite cleansing * Probiotic

This cleanse is designed to be used on an ongoing basis if desired. Suggested long term use is 5 to 6 days out of each week. Has been used while pregnant and nursing.

Serving Size: 1 scoop

HG1020 Powder (16 oz.) 32 servings **$34.15**

Timely Elimination

Zeitlich Ausleeren/Timely Elimination is a formulation that contains a broad range of natural nutrients that support the gastrointestinal system with proper elimination such as natural fibers, whole food extracts, antioxidants, bioflavonoids, enzymes and healthy oils such as flax. This product contains both soluble and insoluble fiber for regularity without having to use harmful laxatives. The insoluble fiber helps to absorb and excrete LDL cholesterol from the bloodstream. Special ingredients are used to allow the body to work on its own and not become dependent on the product like some other products do. One quarter teaspoon every day really feeds the colon keeping things moving the way they should.

Serving Size: 1 Tablespoon

WS5139 Powder (10 oz.) 23 servings **$54.99**

GI Purify

A gentle and complete colon cleanse. Supports digestion, mental focus, lymphatic system, increased energy, and helps reduce bloating. Not recommended for Pregnant or lactating women.

Serving Size: 1 Tablespoon

NN6003 Powder (15.4 oz.) 60 servings **$36.95**

Vital Fiber "Organic"

A great tasting, USDA Certified Organic daily fiber formula that contains mostly INSOLUBLE fiber. There are two types of fiber, soluble and insoluble. Insoluble fiber is known to promote bowel regularity without the unwanted side effects such as occasional gas and bloating sometimes produced by soluble fibers.

Serving Size: 2 Scoops

VPR6729 (7.76 oz.) 10 servings **$24.00**

Fiber 14g

Fiber 14g is a unique blend of inulin fiber and organic acacia fiber from all-natural sources in a convenient, great-tasting liquid. Diets high in fiber have also been shown to help prevent occasional constipation, support good colon health, and promote and support cardiovascular health.

Serving Size: 2 Tablespoons

TM3036 (15 fl. oz.) 15 servings **$29.45**

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Raw Fiber Organic

RAW Fiber is a Certified USDA Organic, Non-GMO Project Verified fiber and is an excellent source of fiber—delivering 9 grams of fiber per serving (36% Daily Value) along with 7 grams of protein and the clinically studied probiotic Bacillus coagulans to maintain optimal bowel function and overall health. It is made with 15 RAW organic superfoods, including sprouted seeds, grains and legumes. It is free of harsh fiber and artificial ingredients. RAW Fiber is not flavored, which means it can easily be added to most beverages, smoothies, fruit and veggie juices, cereals, yogurt and many recipes.

Serving Size: 1 scoop

GO1570 Powder (28.32 oz.) 30 servings **$32.40**

Daily Digestive Organic Prebiotic Fiber

TOP SELLER

Renew Life® Daily Digestive Organic Prebiotic Fiber is made with an effective, yet soothing mix of organic soluble and insoluble fiber for regularity.* It contains plant-based Omega-3s (ALA) and is USDA Organic. Relieves occasional constipation, gas, and bloating. Supports regularity. Powder formula mixes with favorite foods or beverages and is an excellent source of fiber. Available in powder or capsules!

Serving Size: 1 Scoop or 5 Capsules

RL81104 Powder (8.5 oz.) 30 servings **$16.35**

RL81106 (150 Vcaps.) 30 servings **$19.95**

CleanseMore

Fast Relief for Occasional Constipation

- Potent natural herbal laxative formula
- Promotes normal, healthy bowel movements
- Magnesium hydrates stool to ease elimination
- Herbal ingredients soothe & lubricate the bowel
- Non-cramping; no harsh laxative herbs

Serving Size: 2 Capsules

RL15523 (60 Caps.) 30 servings **$20.25**

RL15644 (100 Caps.) 50 servings **$30.25**

Intestinal Formula #1

TOP SELLER

Promotes regular, healthy and complete bowel movements. Stimulates and strengthens the muscular movement of the colon.

Serving Size: 1 Capsule

DS6500 (90 Caps.) 90 servings **$32.65**

Intestinal Formula #2

A powerful intestinal vacuum that supports removal of old fecal matters, toxins, poisons, bacteria, drug residues, mercury and lead. A strong anti-inflammatory and soothing agent.

Serving Size: 1 Teaspoon up to 5 x a day

DS6501 Powder (8 oz.) 25 servings **$32.65**

Intestinal Formula #3

TOP SELLER

Promotes soft and easy bowel movements. Strengthens colon muscles, Great for children of all ages. For children under a year you can use a smaller dosage.

Serving Size: 1 Teaspoon

DS6502 (4 fl. oz.) 24 servings **$38.45**

5 Day Bowel Detox

Your BOWEL is the LARGEST elimination organ in your body. It is the major way that waste gets out of your body. When your bowel is not working efficiently, your fecal waste is stored, and sooner or later, it becomes dehydrated and compacted in your colon. Eventually, this waste turns to sludge and will poison you by being absorbed back into your body. The FIRST STEP in any health program is cleansing and detoxifying your bowel. A sluggish, constipated, swollen bowel can compress a nearby area, putting pressure on it, causing pain, blockage, inflammation, disease, or emit infection and toxins, which can affect any area of the body. A blocked colon can cause an almost endless list of symptoms and ailments like abdominal discomfort, allergies, anxiety, asthma, backaches, constipation, cramps, depression, fatigue, food cravings, headaches, hemorrhoids, indigestion, insomnia, irritability, lack of intimate response, loss of concentration, memory loss, menstrual problems, nausea, poor appetite, prostate trouble, skin problems, and weight gain. This is a 5 day program.

DS4200 (Kit) **$89.99**

Bowel Stim

Support Regular Elimination for Optimal Health. Life is better regular. When things aren't moving as they should reach for Bowel-Stim to get them moving again. Bowel-Stim is comprised of herbs that encourage and support the peristaltic intestinal movements that keep stool moving through the colon. This formula is intended to be used along with adequate water intake and a nutritious diet rich in natural fibers. Bowel-Stim is designed for occasional use rather than regular long term use.

Serving Size: 2 droppers or as needed

NA1061-002 (2 fl. oz.) 36 servings **$15.99**

NA1061-004 (4 fl. oz.) 72 servings **$29.60**

Colon Clean

Used for gentle cleansing and to promote regularity.

Serving Size: 1 to 3 caps at bedtime

CHU3860 (90 VCaps) 90 servings **$16.00**

3A Magnesia "H2GO"

TOP SELLER

H2Go is the natural, gentle answer to constipation. When taken as directed, it helps keep you regular day after day. H2Go contains patented Active Magnesia, which is vastly superior to ordinary magnesium. Active Magnesia has up to 4x the water-attracting power of ordinary magnesium, helping to quickly soften stools for a gentler, easier elimination. And the best part is that H2Go is safe for long-term use. H2Go is 3 products in one…. it can be used for daily regularity, overnight constipation relief or as a colon cleanse.*

Serving Size: 2 per day

LL4015 (100 Tabs.) 50 servings **$25.95**

Intestinal Sweep

A synergistic blend of herbs for the intestinal tract. Candida albicans is a natural part of the body's gut flora; however, if any bug has grown beyond the boundaries of the immune system, the body is not being adequately supported & can lead to Candida overgrowth, requiring a solution to help balance candida. Dr. Christopher's Intestinal Sweep aids the body in maintaining the normal balance of colonization of Candida albicans & supports the intestinal tract.

Serving Size: 2 Capsules up to 3 x a day

DC89143 (180 Caps.) 90 servings **$29.25**

Psylli-Yum Powder

Psylli-Yum is both a heart healthy product and promotes intestinal health and regularity. One heaping teaspoon (6g) provides: Vitamin C 450mg, Calcium 144mg, Psyllium 4.4g, Bentonite 120mg & Aloe Concentrate (200:1) 60mg (equivalent to 12g of fresh gel from Aloe barbadensis). (Citric Acid, Natural Orange & Vanilla Flavors, Stevia, Lo Han Go).

Serving Size: 1 Teaspoon

DM2665 (16 oz.) 75 servings **$28.95**

Psyllium Husk Powder NEW

Soluble fiber from foods such as psyllium seed husks, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of psyllium husk powder supplies 6 grams of the 7 grams soluble fiber necessary per day to have this effect.

Serving Size: 1 Tablespoon

NO5978 (24 oz.) 76 servings **$19.95**

Psyllium Husk Powder

Psyllium seed husk is an excellent, low caloric source of soluble dietary fiber. One serving of Source Naturals psyllium husk provides four grams of soluble fiber and consumption of seven or more grams of soluble fiber from psyllium seed husk per day, in association with a diet low in saturated fats and cholesterol, may reduce the risk of coronary heart disease. Psyllium seed husk may also support a healthy digestive system and encourage healthy bowel movements.

Serving Size: 1 teaspoon

SN0779 Powder (12 oz.) 68 servings **$9.95**

Psyllium Husk TOP SELLER

Suggested Usage: Take 3 capsules with an 8 oz. glass of liquid, 2 to 3 times daily. Surveys have shown that the fiber content of the American diet is typically about half of government recommended levels. Psyllium Husks can be a convenient way to increase the intake of dietary fiber. Psyllium has the ability to swell up to 50 times its initial volume when added to liquid. This bulking action can play an important role in maintaining regularity and gastrointestinal health.

Serving Size: 3 Capsules 2 to 3 x daily

NO5970 500 mg (200 Caps) 66 servings **$12.30**

Psyllium Husk

Thompson Psyllium Husk Soluble Fiber capsules contain 1050mg of psyllium husk that is fresh and healthy.

Serving Size: 2 Capsules

TNP1294 (120 Caps.) 60 servings **$7.50**

Cascara Sagrada

This is a natural herbal laxative. Notice: Do not use this product if you have abdominal pain or diarrhea. Discontinue use in the event of diarrhea or watery stools. Do not exceed recommended dose. Not for long-term use.

Serving Size: 1 Capsule

NO4620 450mg (100 Caps.) 100 servings **$7.25**

Ultra-Lax

Natural Factors Ultra-Lax contains natural active herbal ingredients that help produce a gentle laxative effect in 6–12 hours. For the relief of occasional constipation take 1 tablet at bedtime. If bowel does not act by midmorning of the following day, take another tablet.

Serving Size: 1 Tablet

NFN4110 (90 Tabs.) 90 servings **$10.80**

AloeMaxLax w/Cascara Sagrada

Aloe Vera is traditionally found in warm, tropical locations, like the Caribbean and South Africa, and has been used as a supplement for thousands of years. Nature's Way® combines Aloe with Buckthorn, Cascara Sagrada, and Fennel Seed, to help support occasional constipation.

Serving Size: 1 Capsule

NW10942 (100 Vcaps) 100 servings **$12.10**

Aloelax

A natural laxative. Take 1 capsule at bedtime as needed with a full glass of water. Do not exceed recommended dosage. Do not take for more than 1 week as frequent or prolonged use may result in dependence.

Serving Size: 1 Capsule

NW10900 (100 Caps.) 100 servings **$10.35**

Glucomannan Pure Powder TOP SELLER

Glucomannan is a soluble, bulk-forming fiber derived from Konjac Root (Amorphophallus konjac). Clinical studies have demonstrated that Glucomannan can provide temporary relief of constipation and may help to maintain serum lipid levels already within the healthy range. In addition, because Glucomannan helps to promote satiety (feeling of fullness), it can be an effective addition to a weight management plan that includes a healthy diet and exercise program.*

NO6513 Powder (8 oz.) **$17.40**

DID YOU KNOW ?

Real food may be the best sunscreen around. That's because sunburn may be a type of inflammation, and diet can have a tremendous impact on inflammation in the body. Eat healthy fats rich in Omega-3, healthy saturated fats, vegetables, and antioxidant rich foods.

Slippery Elm TOP SELLER

An herbal dietary supplement used to promote regularity. Free of: sugar, salt, yeast, wheat, corn, milk, preservatives.

Serving Size: 2 Capsules up to 3 x a day

NO4750 400 mg (100 Caps.) 50 servings **$8.70**

Slippery Elm Bark Extract TOP SELLER

Nature's Answer brings you this wonder of nature in a convenient, super concentrated liquid extract. Each 2 ml serving gives you a potent 1,000 mg of Slippery Elm Bark. Herbal supplement that promotes a healthy throat.

Serving Size: 56 Drops

NAN0141 (2 fl. oz.) 30 servings **$14.50**

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Cleanse & Detox

GENERAL

Lymph Move TOP SELLER

A healthy lymphatic system is the key to successful detox and a vibrant immune system. Lymph Move is a combination of herbs that support normal flow of lymph throughout the body, healthy lymphatic drainage, and elimination of metabolic wastes. Lymph Move may be used to relieve occasional lymphatic congestion, swollen lymph nodes, and minor swelling from extra fluid in the tissues.

NA1060-002 (2 fl. oz.) **$17.60**
NA1060-004 (4 fl. oz.) **$31.99**

Fung-E-Clenz TOP SELLER

Supports removal of mold & fungus. Fung-E Clenz is a unique blend of high mountain wild oregano, sage, cumin, and myrtle. This blend can be used both internally and topically for rapid absorption. Suggested use; 1 month or as needed.

Serving Size: 5 Drops

NH4068 (1 fl. oz.) 173 servings **$30.75**

Liquid Herbal TOP SELLER

A great overall detox formula! Contains; Burdock Root - This Herb is known as a "blood purifier." It helps eliminate toxins from the blood and lymphatic system. The liver, gall bladder, kidneys, and digestive system all benefit from its properties. It also helps with the elimination of excess fluids and the regulation of sugar. Sheep Sorrel – This herb is rich in vitamin A, B-complex, C, D, K, and E. Its minerals include significant levels of calcium, iron, magnesium, silicon, sulfur, zinc, manganese, iodine, and copper. Sheep sorrel is also rich in chlorophyll. Chlorophyll increases oxygen content in the blood. High blood oxygen can increase the body's action against many invasive conditions. Cat's Claw Bark – This herb supports a variety of digestive and upper respiratory disorders. It's great for circulation, rheumatism, gastritis, ulcers, and some allergies. Slippery Elm Bark – This herb is a natural antibiotic and has exceptional cleansing properties. It helps coat and lubricate the artery wall, which helps blood flow. It has also been shown to protect membrane linings in the joints and can provide relief of inflamed areas. Chinese Rhubarb – This herb has been used in China for more than 2,000 years. It has very impressive detoxifying properties, especially in the liver. This herb also has antibiotic and anti-microbial properties. The herbs have no pesticides and are certified organic. Just one fluid ounce a day (approx. 2 tablespoons) is all you should need.

Serving Size: 2 Tbsp

OXL1255 (32 fl. oz.) 32 servings **$45.25**

Ultra Cleansing System "30 Day Cleanse"

TOP SELLER

Designed to aid your body in cleaning the blood, bowels, kidney, liver, lungs, lymphatic system and skin. An easy way to do a whole body cleanse. This is a 2 part kit.

Serving Size: 2 capsules

CHU2241 2 part kit (60 Caps.) 30 servings **$34.40**

Vital Cleanse Whole Body

Whole Body Rejuvenation! 2-part, 14-day system containing ingredients traditionally used to eliminate waste and impurities in the body. Supports a healthy, balanced intestinal environment. And also supports the body's natural detoxification & elimination function.

VPR19205 (14 Day Program) **$33.60**

CleanseSmart

Cleanse Smart™ is an advanced, 2-part herbal cleansing program powerfully formulated to help you get rid of digestive toxins and restore regularity.* The morning cleanse supports detoxification; the evening cleanse promotes elimination, so you feel better, lighter, and more energized.*

Serving Size: 2 capsules 2 x a day

RL15522 (Kit) 30 servings **$33.60**

Body Detox

Body Detox is designed to help remove toxins and pesticides out of our body. Removing what should NOT be in our body is just as important as putting good nutrients into the body. These poisons can cause many diseases and illnesses - especially in the organs. We have also added nutrients that will penetrate the blood-brain barrier and the central nervous system. Finally, we add nutrients that help all the others work together in a synergy that protects the body and arteries.

Serving Size: 6 Capsules

IN2130 (180 Caps.) 30 servings **$59.99**

Total Body Purge

Total Body Purge is a raw blend of 12 ingredients: apple cider vinegar, olive oil, black seed oil, high bush cranberry, dandelion leaf, burdock leaf, nettle, fireweed extracts, sage, rosemary, fennel, and cilantro oil. This formula was developed especially for the modern lifestyle. The diet of today is full of processed and preservative-rich foods that our bodies may be ill-equipped to eliminate. That is why these raw, organic, and wild components are so necessary for everyone. The wonderful enzymes contained in the Total Body Purge have not been destroyed by processing, a true blessing of it. Suggested Use; Take 1 oz. per day with a small meal or snack for 12 days. This can be done 2 to 4 times per year for optimal cleansing benefits.

Serving Size: 1 oz.

NH9043 (12 fl. oz.) 12 servings **$46.10**

G.I. Detox TOP SELLER

G.I. Detox™ contains both pyrophyllite healing clay and activated charcoal for a simple, well tolerated cleansing regime. Removes Debris, Mops Up Toxins and Helps Restore Microbial Balance. Removal of debris and toxins is always important when restoring microbial balance to the G.I. tract. Endotoxins from Gram negative bacteria such as LPS, heavy metals and by-products of yeast and bacteria all can contribute to an increased toxic burden and promote inflammation.

Serving Size: 1 per day

BBR2213 (60 Caps.) 60 servings **$31.95**

Binder Plus

Are you looking for healthy elimination support? Help support healthy detoxification, maintain normal intestinal reabsorption, and support healthy elimination with Binder Plus detox support supplements. This unique detox support formula contains inulin from agave, bentonite clay, zeolite, aloe vera leaf, activated charcoal, fulvic minerals, and chitosan from mushrooms to maintain healthy detoxification and elimination to support a healthy you.

Serving Size: 2 Capsules

NUM01450 (120 Caps.) 60 servings **$34.80**

Metal Detox

Metall Entzeichen/Metal Detox is a scientifically formulated nutritional product made from superior ingredients that help support the body's natural ability to remove toxic heavy metals. It includes nutritional chelating agents such as sodium alginate and pectin, nutrients that support organs of detoxification as well as key vitamins and minerals such as vitamin C, iodine, magnesium and zinc.

Serving Size: 1 tablet up to 2 x a day

WS5136 (90 Caps.) 90 servings **$48.99**

Royal Detox

Royal Detox is a collection of the most powerful natural detoxifiers on the market. This unique formulation delivers the most balanced, complete and thorough detox on the market today. Apple Pectin, Chlorella, Cilantro, Spirulina and Zeolite, individually possess binding capabilities to various different heavy metals, toxins and radioactive isotopes. By combining these ingredients, Royal Detox multiplies and maximizes the spectrum of heavy metal & toxin removal, delivering the most comprehensive detox available.

Serving Size: 3 Capsules

RS2050 (90 Vcaps.) 30 servings $33.85

ToxiPurge

ToxiPurge is the safe, whole food way to support the healthy removal of toxins. Red bentonite clay, zeolite, and chlorella have been shown to bind to toxins in the digestive tract. Rich in tannic and gallic acid, Rhus coriaria also binds and flushes toxins. A great product. Safe for all ages.

Directions: Take 2 or more capsules twice daily with or without food. For more potent support take 3 or more capsules three times daily. Drink a 12-ounce glass of water or juice with each dose of ToxiPurge. Be sure to drink 6 glasses of water daily.

Serving Size: 4 capsules or 2 droppers

NH9030 (2 fl. oz.) 61 servings $24.50
NH9031 (120 Caps.) 30 servings $30.70

Bugleweed Heavy Mineral Formula

Unfortunately we are exposed to heavy metals every day. Christopher's Original Formulas Heavy Mineral Bugleweed formula aids the body in detoxification, helps the body replenish important minerals & supports the liver.

Serving Size: 2 capsules

DC91468 (100 Caps.) 50 servings $19.60

Zeolite Pure Powder

ZEOLITE PURE is the amazing all-natural mineral Zeolite that has been proven to absorb the toxins, free radicals, and heavy metals from your body, as well as boosting the immune system without side effects. This mineral will balance the body's pH. Foreign cells cannot grow in a balanced pH environment.

Serving Size: 1 Scoop

RS2045 (14.10 oz.) 400 servings $51.00

Zeolite AV

ZEOLITE-AV is a breakthrough formula, containing 2 powerful all natural ingredients which have been proven to remove the toxins, free radicals, and heavy metals from your body, balance the pH in the body, and boost the immune system.

Serving Size: 2 Capsules

RS2040 (90 Vcaps.) 45 servings $34.00

Ultra Liquid Zeolite TOP SELLER

Liquid Zeolite is a food supplement which may help to provide immune support and assist body cleansing and detox.

Serving Size: 13 drops

LZ0517 (1 fl. oz.) 30 servings $14.90

Chlorella, 200 mg

Chlorella is a single-celled, freshwater green algae bursting with nutrients. Chlorella contains naturally occurring vitamins (like active Vitamin B12) and minerals, amino acids, antioxidants, Chlorella Growth Factor (CGF), and more chlorophyll per gram than any other plant food. When taken daily, chlorella can help support overall health, immune system, natural detoxification system, gut health, and much more!

Serving Size: 15 Tablets or 1 packet

SCL0002 (100 packets/1500 Tabs.) 100 servings $150.50
SCL0024 Powder (30 packets) 30 servings $80.55

Chlorella

Highly regarded as a supplement for heavy metal detoxification. A complete source of all 9 essential amino acids. A source of chlorophyll, vitamins, minerals, omega-3 fatty acids, and dietary fiber.

Recommended Use:

Adults - 3 grams/day. Mix one (1) tsp. powder with water or juice, or take 6 capsules daily.

Serving Size: 2- 6 capsules a day or 1 tsp powder

LT0395 (120 Caps) 60 servings $20.50
LT0396 Powder (113 g) 37 servings $17.95

Artemisinin

Pure artemisinin or Qinghaosu, the active constituent of the herb Artemisia annua (sweet wormwood). Good quality Artemisia annua contains 0.3-0.5% artemisinin, so pure artemisinin provides hundreds of times more of the active constituent artemisinin than the whole herb itself.

Serving Size: 2 Capsules

NCY2160 100mg (90 Vcaps.) 45 servings $55.95

Modified Citrus Pectin

NOW® Modified Citrus Pectin (MCP) is a patented, low molecular weight citrus pectin that can pass through the intestinal barrier so it can work systemically. MCP can bind to and facilitate the excretion of low levels of heavy metals from mild, but common environmental exposure. Studies indicate that MCP promotes healthy urinary excretion of heavy metals from typical everyday exposures without altering the retention of other nutritional minerals, including calcium, magnesium, iron, copper and selenium. In addition, MCP has been shown to support healthy cellular growth and reproduction.

Serving Size: 6 Capsules

NO3075 800 mg (180 Caps.) 30 servings $69.55

Greens Flush

GreensFlush is a combination of wild dandelion leaf, wild nettle leaf, and wild burdock leaf, since in this state all the nutrients and phytochemicals are retained. A top source of riboflavin and potassium, this is a powerful nutritional supplement and also a potent cleanse, which is beneficial for healthy digestion.

Serving Size: 10 drops

NH2007 (2 fl. oz.) 219 servings $32.65

Burdock Root

Mild tonic herb used as a nourishing food in Asia. Burdock root supports your body's natural ability to cleanse by supporting normal function of your liver and lymph.

Serving Size: 3 droppers up to 4 x a day

NA4003-002 (2 fl. oz.) 24 servings $17.60
NA4003-004 (4 fl. oz.) 48 servings $31.20

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Red Root Formula

A potent formula to support normal blood cleansing. This awesome formula contains Red Root, Burdock Root Seed, Oregon Grape Root, Dandelion Root, Milk Thistle, Yellowdock Root, Black Seeds, Red Clover, Sarsaparilla, Black Walnut Hulls, and Beet Root to help support healthy blood. This product has been used for skin problems, acne, rashes, and much more. Not for use during pregnancy or while nursing.

Serving Size: 1-3 Drops up to 4 times per day

S1025 (1 fl. oz.) **$34.50**

Charcoal (Activated) TOP SELLER

Nature's Way Activated Charcoal binds unwanted materials and gas in the digestive tract. Charcoal capsules contain 560 mg of charcoal per serving and are easy to take – no messy powder required.

Serving Size: 2 capsule up to 3 x a day

NW5322 Capsules (100 Caps.) 50 servings **$10.95**

Activated Charcoal Powder ULTRA FINE

TOP SELLER

It is a favorite as there is virtually no grit to it, a velvety smooth 100% Virgin Coconut Shell activated charcoal powder ideal for many food preparations. This ultra black charcoal is Food Grade, ultra fine and ultra pure. Its super smooth texture makes this powder a primary candidate for many interesting recipes and culinary applications. Different creations: Detox smoothies, European licorice, artisan breads, digestive cookies, mysterious desserts – explore your imagination. May also be used as a fresh food wash to remove topical agricultural sprays. ULTRA FINE Coconut charcoal is a common favorite for making toothpowders and combining with oil pulling for teeth whitening. Get a clean you can see and feel without the risk of harming tooth enamel. Because of its ULTRA FINE texture, it is even less abrasive than baking soda.

ACC5002 Ultra Fine Coconut (11 oz.) **$34.65**

Activated Charcoal "Detox and Cleanse"

100% Virgin Coconut Shell Activated Charcoal Powder aids your body in cleansing itself of toxins and metabolic impurities, boosting your metabolism and energy level. Ideal for daily detoxification and cleansing applications. Because each person is unique and each body responds differently, dosages will vary from person to person. Begin with a teaspoon of charcoal powder and work your way up (or down) to an amount that your body accepts.

ACC6753 Coconut powder (6 oz.) **$26.25**
ACC7746 Coconut powder (12 oz.) **$52.30**

Detoxificant #7

Detoxificant is a natural and powerful detoxificant derived from USP Certified Food Grade Bentonite Clay Powder, a mineral rich volcanic clay.

Serving Size: 1 Tablespoon

VE0016 (32 fl. oz.) 64 servings **$27.50**

Redmond Clay TOP SELLER

For thousands of years, people have used clay to prevent and treat physical ailments. Over time, the practice of using clay medicinally was forgotten by most cultures, but as the holistic health and organic food movements gain momentum, people have become more open to traditional remedies like Redmond Clay. Used externally for things like bites and burns and internally for a variety of ailments, Redmond Clay has become a staple in households across the world. Can be used for spider bites etc. May be used internally.

RE0031+T Powder (10 oz.) **$12.75**

Castor Oil Pack

The Original Pelvic Castor Oil Pack is a soft, nourishing hug for your pelvic area and reproductive organs. The gentle compression of the pack combined with inflammation-balancing Castor Oil (sold separately) may help relax the nervous system, supporting:
*Lymphatic flow and circulation around the uterus, ovaries, and fallopian tubes
*Fertility, fibroids, ovarian cysts, endometriosis scars or adhesions
*Hormone balance for period problems, postpartum and the transition through menopause. This pack is reusable for up to 3 month.
Step 1: Apply 1 tbsp of Organic Castor Oil onto the soft cotton side of your Pelvic Castor Oil Pack. Step 2: Place the pack over your pelvic area and tie it in place. Measurement: 20" in length, 12.5" width, 10" middle width & 35" straps. Do not share your castor oil pack with a family member or you may spread your germs.

QT1025+T (1 Count) **$39.95**

Parasite Cleanses

Para-Cleanse TOP SELLER

Green Black Walnut hull is the King-pin of this formula used to cleanse the colon. Digestive Bitters may be used with Para-Cleanse to enhance healthy bowel function. The Fennel seed and Peppermint leaf help to prevent gas and tummy discomfort. Suggested Use: 2-3 droppers with water or juice, 3 times daily, or as needed for 2 weeks or longer. Note: appropriate dosage is determined by weight (approx. 1 dropper per 60 lb). Store in a cool dry place. Shake well before use. It is okay to take longer than 2 weeks. If you buy extra, you can simply use it till it is all gone. For Childrens "Tasty Para-Cleanse" see "Childrens Health Section"

Serving Size: 2 droppers up to 3 x a day

NA1015-002 (2 fl. oz.) 36 servings **$14.45**
NA1015-004 (4 fl. oz.) 72 servings **$26.60**
NA1015-008 (8 fl. oz.) 144 servings **$47.10**

Herbal Parasite Syrup

This mild tasting formula contains a proprietary blend of Black Walnut Leaf, Fennel Seed, Senna Leaf, Tansey Herb, Tame Sage Leaf, Wormwood Herb, Malefern & Wild Sage Leaf. Shake well before opening. Take 1 teaspoon each morning & night for three days. On the fourth day take 2 Quick Colon Capsules (Digestive Section). Rest two days & repeat this program 2 more times or as directed by your Health Care Professional. For optimum results take 1 hour before or after meals as to not compete with digestion.

Serving Size: 1 tsp. up to 2 x a day

DC88517 (4 fl. oz.) 24 servings **$17.35**

Parasite Destroyer (Adult) TOP SELLER

A great parasite cleanse for adults in a convenient capsule form. May be used by children. Formulated by John Keim.
Suggested use: adults 2 caps with each meal for a 14 day cycle. (A cycle is 14 days on this product, then 14 days off the product). Cycle may be repeated. Children dosage: age 10-12 (1) cap twice daily, under 10 (1) cap a day
Note; Also see children's section for child cleanses.
Serving Size: 1 capsule up to 3 x a day
WS5133A (180 Caps.) 180 servings **$39.99**

Worm and Parasite Formula TOP SELLER

If you eat bacon or ham, you might have parasites. Parasites can remain in your body for 10, 20 and even 30 years. One famous Healer claims --' the People who are the sickest -- they have the most parasites.' Another health expert said -- 'Everyone, rich, poor, the whole population has parasites.' Why take a chance? Ingredients; Black Walnut, Artemisia, Ginger, Clove, Turmeric, Pomegranate, Pumpkin, Yellow Dock, Plantain. Suggested Use; Adults, 2 capsules, 3 x per day with meals for 21 days. Off for 14 days. Repeat for 21 days. If doing the full dose an adult will use approximately 3 bottles.
Serving Size: 1 Capsule
S2056 (90 Caps.) 90 servings **$34.50**

Diatomaceous Earth TOP SELLER

Food grade Diatomaceous Earth (DE) is a bio-available source of silica and has historically been used for parasite and detox cleanse as well as for silica supplementation. Food Grade DE contains a unique combination of amino acids, mineral silica and vegetal silica, as well as a coenzyme. When combined, they support both the surface epidermal cells and the deeper layer or dermis skin cells. DE can also help to create a healthier Colon and promotes regularity. This is especially important as we get older. A clean healthy colon helps keep away polyps, cancers, and ulcers. Suggested use; Often individuals start with 1 to 2 teaspoons in 8 oz. of water or juice once a day while others gradually increase up to 1 or 2 tablespoons in 16 ounces of water. For maximum silica absorption add 1/4 to 1 teaspoon of organic apple cider vinegar per 8 ounces of water. For a Parasite Cleanse use; 1.5 teaspoon with 8 oz. of water for 7 days then 1.5 tablespoon with 16 oz. of water for 38 days. (A 45 day cleanse) (9oz. needed for a 45 day cleanse).
LU1018 Powder (9 oz.) **$11.45**
LU1020 Powder (24 oz.) **$15.95**

K-Min

K-Min is a blend of Min-Col™ from soft rock phosphate (315 mg) and Diatomaceous earth (105 mg), supplying 78 mg of elemental calcium as calcium phosphate per capsule. Can be used as a parasite cleanse. Caution: pregnant women and pregnant animals should never use this product.
Serving Size: 1 capsule 3 x per day.
DM2655 (100 Capsules) 100 servings **$10.40**

Wormwood Kit

A nice complete de-worming kit. Use once or twice per year.
Contains two bottles of Wormwood Combination (1 month supply), two bottles of Cloves (2 month supply, and one 2 oz. bottle of Extra Strength Black Walnut Hull Tincture (2 month supply) (from green walnut hulls). When products are used cleanse is complete.
Directions: Wormwood Combination: Take 2 capsules 3 times daily before meals. Cloves: 1 capsule 3 times daily before meals. Black Walnut Hull Tincture: Shake well. Use 15 drops 3 times a day or as recommended by a health care professional. May be used in a glass of water or directly on back of tongue. Warm water helps evaporate the alcohol.
KH1025 (Kit) **$53.25**

Organic Parasite Cleanse Powder

Pure Planet's Organic Parasite Cleanse is a complete blend of organic herbs functional foods and fibers, known for deterring intestinal parasitic activity. Formulated to work preventatively and during crisis. Suggestions: Consider a parasite cleanse 2x a year or as concerns arise . Mix 1 rounded tbsp with applesauce, yogurt or water and take 2 times daily for 10 days as needed or for prevention. Some may begin with one dose for the first few days. Additional benefits can be obtained by waiting 20 days after finishing the product, then repeating the process. Always consume lots of fresh water daily.
Serving Size: 1 Tbsp
PP86499 (174 Grams) 20 servings **$23.99**

Micro-Gone

MicroGone Tincture is a unique herbal tincture designed to help fight infections of the gastrointestinal tract. In vitro studies have shown it to be anti-bacterial, anti-viral, and anti-fungal. It has been used as an anti-microbial: both antibiotic and antifungal. The herbs used in this product may help eliminate tapeworms and pinworms. May be used internally or topically for ringworms, eczema and herpes.
Serving Size: 1 to 2 Drops 3 to 6 x Daily
NFR2002 (2 fl. oz.) 48 servings **$26.40**
NFR2004 (4 fl. oz.) 96 servings **$45.20**

Green Black Walnut TOP SELLER

The green hull surrounding the black walnut is used to promote intestinal health and send uninvited guests packing. Can be used to support healthy intestinal and skin flora.
Serving Size: 2 droppers up to 4 x a day
NA4017-002 (2 fl. oz) 36 servings **$15.99**

Black Walnut Hulls

Juglans nigra Black walnut hulls come from the immature fruit of the black walnut tree (Juglans nigra). References to the use of black walnut hulls date back to the ancient Greeks and Romans, and they have been used by many cultures throughout history as an herbal tonic.
Serving Size: 1 capsule 2 x per day with food
NO4606 500mg (100 Vcaps) 100 servings **$8.70**

HEALTHY FATS RICH IN OMEGA-3

1. Mackerel
2. Salmon
3. Cod Liver Oil
4. Oysters
5. Flaxseed
6. Walnuts

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Liver & Gallbladder

Liver Formula TOP SELLER

Your liver does a lot for you, including filtering your blood, removing and detoxifying metabolic waste products and environmental toxins. Your liver also plays a role in hormone balance, manufacture of proteins, blood sugar control, digestion of fats and fat-soluble vitamins A, D, E, and K. If your liver is weak, overloaded and congested it cannot do any of its jobs well. Liver formula is designed to support normal healthy liver function so your liver can keep working at peak performance. Suggested Use: 2-6 droppers, 1/3-1 tsp., 3-4x a day. Can be used for children at a reduced dose.

Serving Size: 2 droppers up to 4 x a day

NA1022-002 (2 fl. oz.) 36 servings **$16.80**
NA1022-004 (4 fl. oz.) 72 servings **$31.20**

Hep-3 TOP SELLER

Liver Support Formula with milk thistle (120mg) Artichoke leaf extract (400mg) Dandelion root (300 mg) per capsule. Used to help increase bile production, digestion, and to help decrease gallbladder symptoms. For gallbladder attacks use up to 3 per meal. Has been used during pregnancy.

Serving Size: 1 capsule up to 3 x a day

NN6001 (90 Caps.) 90 servings **$29.95**
NN6150 (180 Caps.) 180 servings **$49.95**

Liver Transition

A synergistic blend of herbs for the liver (hepatic) systems. Liver Transition is to be taken before MindTrac. The detoxification process can last one or two months, but each individual is different.

Serving Size: 2 Capsules 3 x a day

DC49805 (100 Caps.) 50 servings **$22.30**

LivaClenz

This is a special concentrated blend of wild herbs and spices from remote high-mountain sources, including cumin, organic turmeric, and wild rosemary. LivaClenz also contains wild bush dandelion concentrate, which, unlike commercial dandelion extracts, is free of herbicides and pesticides. LivaClenz capsules support the entire digestive process.

Serving Size: 2 per day

NH4026 (60 Caps.) 30 servings **$30.75**

Puri-T Liver Support

Puri-T™ enhances liver function and detoxification. It works to help the body naturally fight the damaging effects of free radicals and supports healthy bile flow.

Serving Size: 2 Capsules

LS5218-060 (60 Vcaps.) 30 servings **$25.20**

Liver Refresh

Help support liver health and your body's vital detoxification processes with NOW® Liver Refresh™, a combination of nutrients and herbs designed to support the liver's role in these processes.* Liver Refresh™ combines milk thistle extract with a unique herb-enzyme blend to create a balanced botanical formula for the support of healthy liver function.* N-acetyl-cysteine, methionine and other nutrients are included to support the production of glutathione, a potent free radical scavenger that also plays a critical role in maintaining the body's normal elimination pathways.

Serving Size: 3 capsules

NO2449 (180 Vcaps.) 30 servings **$34.80**

LivClear II

An advanced 3 phase supplement to support detoxification. Recommended for: » Toxin Cleansing* » Weight Loss* » Chemical Exposure* » Chemical Sensitivities* » Continuous Fatigue* » Fatty Liver* LivClear II combines various minerals, herbs, antioxidants, glutathione precursors, amino acids, DMG and 3 patented ingredients known to support bioavailability and liver health.

Serving Size: 6 Capsules

NFR7056 (90 Vcaps.) 15 servings **$55.60**

LivComplete

LivComplete was formulated to provide complete support for liver function and detoxification. Along with herbs and nutrients to enhance the liver's ability to perform detoxification, LivComplete contains an array of nutrients to support the body's ability to repair oxidative stress. LivComplete is appropriate for people searching for gentle toxin cleansing, individuals on a weight-loss program, people exposed to chemical solvents (painters, dry cleaners, construction workers, printers, office workers, auto mechanics, manicurists, and beauticians), people who experience continuing fatigue, and people with chemical sensitivities.

Serving Size: 3 Capsules

NFR7055 (90 Vcaps.) 30 servings **$55.60**

Liver Cleanse TOP SELLER

Proper cleansing involves both detoxification and elimination. Liver Cleanse includes herbs traditionally used to deliver antioxidants and promote bile production to support detoxification. Elimination of those toxins is then supported with herbs such as Dandelion and Burdock. Ginger root and Rooibos also help aid the inflammatory response while cleansing the liver. 1 capsule 2 times per day between meals for up to 3 to 4 months.

Serving Size: 1 capsule

GH4602 (60 Vcaps.) 60 servings **$26.50**

7 Day Liver Cleanse

This 7-Day Liver Cleanse promotes and supports liver health, lymphatic function, and healthy cellular elimination. Conains: Liver Care Tea, Castor Oil, Liver Formula, Enzyme-a-Core, Wellness Booklet, and Instructions.

NA7003 (1 Kit) **$71.50**

5 Day Liver Detox

The herbs in these formulas are famous for their ability to stimulate, cleanse and protect the liver and gallbladder, along with ridding the body of harmful and dangerous invaders that can enter the body through diet or just from an unhealthy, polluted environment. Milk Thistle contains many phytochemicals that strengthen the structure of the liver cells' skin or membrane, which in turn prevents the penetration of toxins and microscopic intruders. Ingesting Milk Thistle is like putting a protective coating around your current liver cells, while also speeding up the repair process for building strong new cells. Oregon Grape Root, Artichoke Leaf, Gentian Root, Wormwood Leaf and Dandelion Root are some of the most bitter plants on the planet, and all these bitter herbs stimulate and flush out your liver. Black Walnut Hull, Wormwood and Garlic are strong antiparasitic plants. Use along with item "Superfood Plus" powder or tablets (Not included in this kit). Additional needed items; fresh squeezed orange, grape, or fruit juice. Organic Garlic Cloves. Organic Ginger Root. Extra Virgin Olive Oil. Potassium Broth (optional).

DS4205 (Kit) **$89.99**

LiverEssence

Unparalleled support and strengthening power for the liver, with an amazing blend of botanicals and the world's most bio-available silybin (from milk thistle). Builds Glutathione, the liver's master antioxidant.

Serving Size: 2 per day

PEL6002 (60 Vcaps.) 30 servings **$38.80**

Grass Fed Liver TOP SELLER

Let's recapture what the modern diet lacks with the number 1 nutrient-filled superfood on the planet. This wild, grass-fed liver blend is packed with vitamins, minerals, and more to promote optimal liver health.

Serving Size: 6 Capsules

AN22880 (180 Caps.) 30 servings $38.35

Organ Delight

Contains Grass fed organic New Zealand freeze dried organs and glands. Animal organs and glands were considered the most essential foods in traditional cultures everywhere. In modern times, scientists have shown that proteins specific to individual organs selectively travel to the corresponding organs of the person consuming the animal organs. Contains, heart, liver, kidney, spleen, thymus, pancreas, brain, adrenal, and adrenal cortex.

Serving Size: 6 Capsules

DRU1811 (180 Caps.) 30 servings $62.35

Beetafood

Beetafood supports a healthy liver and helps eliminate toxins. Beetafood™ contains beets and beet juice. Beets are a good source of betaine, which has been shown to be an effective lipotropic agent. Lipotropic agents promote the transportation and use of fats. It can sometimes assist with sugar cravings and related issues. A great product.

Serving Size: 1 Tablet

DOC1760 (180 Tabs.) 180 servings $45.00

Liver & Gallbladder TOP SELLER

Both the liver & gallbladder play an important part in a healthy digestive system. The liver is vital in detoxifying our body and helps in making & storing hormones. A synergistic blend of herbs to support a healthy liver & gallbladder. Available in liquid or capsules!

Serving Size: 15-30 Drops or 2 Capsules with each meal

DC49802 (100 Caps.) 50 servings $18.20
DC49803 (2 fl. oz.) 76 servings $16.00

Liv-Gall Cleanse TOP SELLER

Natural Factors Liv-Gall Cleanse is a synergistic balance of standardized herbs that supports liver and gallbladder health.*

Serving Size: 1 capsule

NFN4645 (90 Caps) 90 servings $14.40

Gallbladder Formula

A great lineup of herbs to help cleanse the gall bladder and liver. Good for any gallbladder problems. Directions: Adults take one (1) or two (2) tablets one hour before breakfast and one (1) or two (2) before dinnertime or as directed by your healthcare professional.

Serving Size: 1 per day

CHU941 (120 Tabs.) 90 servings $26.40

Milk Thistle Seed

Our gorgeous yellow Milk thistle tincture is made with a special process to best extract a full spectrum of liver supportive compounds, including the Silymarins.

Serving Size: 3 droppers up to 4 x a day

NA4012-002 (2 fl. oz.) 24 servings $17.60
NA4012-004 (4 fl. oz.) 48 servings $31.20

Milk Thistle "Organic" TOP SELLER

A little love for your liver* Go ahead, crack open a bottle. That's whole, freshly powdered, organic Milk Thistle Seed you smell. Plus, we added certified organic Milk Thistle seed extract standardized to 80% silymarin. Now that's potent stuff. Think of your liver as a Type A workhorse protecting your body from poisons and toxins. It never quits. So give your liver the love and support it deserves. After all, a healthy liver means a healthy you.*

Serving Size: 3 capsules

OWH0019 (90 Vcaps) 30 servings $28.00
OWH0020 (180 Vcaps.) 60 servings $42.00

Milk Thistle Seed

Milk Thistle (Silybum marianum) is an herb traditionally used for maintaining healthy liver function. This is a great formula to help you stay feeling well for the long-term.

Serving Size: 3 capsules

GH3120 (120 Caps.) 40 servings $43.10

Thisilyn "Milk Thistle" TOP SELLER

Liver support - the key to effective cleansing.* Your liver is responsible for filtering your blood, secreting bile and neutralizing toxins, which are the elements of good digestion. When functioning properly, your liver clears 99% of the toxins, heavy metals, bacteria and other impurities before blood re-enters circulation. Some experts recommend an internal cleanse 3 to 4 times a year to remove impurities and restore balance. Directions: Take 1 capsule three times daily with liquid before mealtimes. Thisilyn can safely be used on a long term basis.

Serving Size: 1 capsule up to 3 x a day

NW6958 (100 Vcaps.) 100 servings $36.45

Milk Thistle Dandelion Organic

Your liver is like a type A workhorse protecting your body from poisons and toxins. It never quits. So give your liver the love and support it deserves. Made with Certified Organic Milk Thistle, Burdock, Artichoke, Dandelion and Milk Thistle seed standardized extract.

Serving Size: 3 Capsules

OWH0610 (180 Vcaps.) 60 servings $42.00

Silymarin w/Artichoke & Dandelion

Silymarin (Silybum marianum), also known as Milk Thistle, has been used by traditional herbalists for centuries. Scientific studies have indicated that constituents in Silymarin may help to support healthy liver function. This vegetarian formula also includes Artichoke & Dandelion for additional support.

Serving Size: 1 capsule up to 3 x a day

NO4739 (100 Vcaps.) 100 servings $18.85
NO4753 (200 Vcaps.) 200 servings $31.95

Dandelion Root Capsules

Dandelion (Taraxacum officinale) is a common flowering plant found throughout the temperate zones of the Northern Hemisphere. Dandelion Root has a long history of use by Native American, European, and Asian herbalists. Dandelion Root has many naturally occurring compounds including inulin, sesquiterpenes, and phenolic compounds such as flavonoids, minerals, and phytosterols.

Serving Size: 2 per day

NO4645 500 mg (100 Caps.) 50 servings $8.70

Burdock Root

Burdock Root acts as an alternative, tonic, diuretic, diaphoretic, stomachic, aperient, depurative, antiscorbutic, demulcent. It is one of the best alternative and depurative (blood-purifying) agents in nature but does not nauseate.

Serving Size: 2 Capsules

DC86712 (100 Vcaps.) 50 servings $19.75

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Burdock Root Capsules

Burdock Root (Arctium lappa) ia a biennial herb native to Europe and Asia. It is a popular herb in traditional folk medicine, and is still consumed in Japan as a vegetable called "gobo". Burdock is listed in the German Commission "E" Monographs.Suggested Use: As an herbal dietary supplement, take 2 capsules three times daily with liquid.

Serving Size: 2 per day

NO4608 430mg (100 Caps.) 50 servings $8.70

Burdock Root

Mild tonic herb used as a nourishing food in Asia. Burdock root supports your body's natural ability to cleanse by supporting normal function of your liver and lymph.

Serving Size: 3 droppers up to 4 x a day

NA4003-002 (2 fl. oz.) 24 servings $17.60
NA4003-004 (4 fl. oz.) 48 servings $31.20

Artichoke Extract

Artichoke Extract has a long history of use by herbalists as a digestive tonic. Modern scientific studies have confirmed that Artichoke Extract can promote healthy digestive function through its ability to support normal bile flow and fat digestion. In addition, Artichoke Extract features flavonoids (such as luteolin and apigenin) that have been shown to support a healthy vascular system.

Serving Size: 1 Capsule

NO4592 450 mg (90 Vcaps.) 90 servings $15.95

Artichoke Organic

Your liver is like a type A workhorse. It's always working to produce bile and rid the body of natural toxins. When things get clogged up, digestion may not work as well as it should. Artichoke leaf has a history of use as an herbal bitter to keep your digestive process running smoothly.

Serving Size: 2 Capsules

OWH0461 600mg (90 Caps.) 45 servings $20.00

Candida & Yeast

Candex TOP SELLER

Because the cell wall of candida (and all other fungal organisms) is made mostly of fiber, fiber digesting enzymes can break it down. When the cell wall breaks down, the yeast dies, while causing virtually no healing crisis. While candida can develop immunity to anti-fungal drugs and herbs, it has no defense against the enzymes in Candex. This product can also be taken while pregnant or nursing if needed.

Serving Size: 2 capsules up to 2 x a day

PEL0902 (120 Vcaps) 60 servings $60.20

Candida Support

Candida albicans is a naturally occurring yeast that typically resides in the gut as part of the normal gut flora. Candida Support is a combination of traditional herbal ingredients (Pau D'Arco, Black Walnut and Oregano Oil), Biotin (a B-complex vitamin) and Caprylic Acid (a naturally occurring fatty acid derived from plant oils) that may help to support a healthy balance of intestinal bacteria. Although Candida Support is not meant to clear Candida albicans from the gut, it can help to support a healthy balance of intestinal flora.*

Serving Size: 2 Capsules

NO3308 (90 Vcaps.) 45 servings $15.95

CandiKill TOP SELLER

CandiKill was formulated to target Candida albicans and other fungal infections. Candida infections can produce various symptoms depending on the area of infection. Once you and your healthcare practitioner have determined that you are suffering from a candida infection, CandiKill can play an important role in reducing this type of infection. Do not use while pregnant or nursing. For best results take 4 capsules of CandiKill with breakfast and 3 capsule of SBC Probiotic (Listed below) at night.

Serving Size: 4 Capsules

NFR1200 (120 Vcaps.) 30 servings $39.60

Candida Cleanse & Digestion 102

Kyolic® Formula 102 herb and enzyme blend, contains a unique natural and synergistic combination of Aged Garlic Extract™, Ginger, Glucanase, Lipase and Protease to support candida cleansing , healthy intestinal function and digestive balance.* Take Kyolic® Formula 102 daily to provide GI cleansing and healthy function, prevent yeast imbalance and to support overall immunity to help strengthen the body's natural defenses.

Serving Size: 2 Capsules

WK2421 (200 Vcaps.) 100 servings $27.75

Candi Smart Yeast Cleanse Formula

CandiSmart™* is a targeted, 2-part cleansing program made with specially selected herbs and natural ingredients that focus on intestinal yeast for internal harmony.* It's designed to address your body's unique needs to help you feel your best.*

Serving Size: 1 capsule up to 2 x a day

RL15524 (Kit) 30 servings $38.40

Vital Detox 2-Part 14 Day Program

2-part, 14-day advanced system designed to support liver health and promote a healthy bacterial balance in the digestive tract. Vital DETOX – PART 1 provides herbs, nutraceuticals and other natural ingredients that help support the body's natural detoxification processes and support the health of the liver. Vital DETOX – PART 2 is delivered in a unique liquid vegetable capsule and features concentrated essential oils from oregano, thyme, clove, black cumin seed and cinnamon leaf. It is formulated to promote a healthy balance of bacteria in the gut. Too much bad bacteria can lead to occasional gas, bloating and other abdominal discomfort.

Serving Size: 2 Capsules

VPR19204 (14 Day Kit) $38.40

Candida Kit

An herbal Supplement Kit to assist the body in maintaining proper flora balance. Contains two bottles of Candida Formula #1, two bottles of Candida Formula #2, and one bottle of Taurin Dophilus. Directions: Candida Formula #1™: take 2 capsules 3 times a day before meals. Candida Formula #2™: take 1 capsule 3 times a day before meals. Once finished with both bottles of each formula, take 2 tablets 2 times a day of the Taurin Dophilus™.

KH6648 (1 Kit) $44.50

Yeast/Candida

Proprietary combination of herbs used to support normal balance of the micro-biota and yeast in the mouth and intestines. Suggested Use: 2-6 droppers, 1/3-1 tsp., 3-4x a day. Do not use longer than 4-6 weeks at any one time, except under the guidance of a qualified health care provider. Can also be used topically for skin health.

Serving Size: 2 droppers up to 4 x a day

NA1026-002 (2 fl. oz.) 36 servings **$16.80**
NA1026-004 (4 fl. oz.) 72 servings **$31.20**

Urinari-X Urinary/Yeast Support TOP SELLER

Urinari-X™ helps promote health of the urinary tract and vagina. It includes anti-adhesion substances and prebiotics that promote healthy immunity and management of bacteria in the urinary tract. Urinari-X is most effective when taken preventatively by people who are prone to getting bacteria in the urinary tract. Most people see a reduction in problems with bacteria once they start taking it regularly. People who take Urinari-X for acute conditions should double the daily amount, and they usually see an ease of symptoms in 24-48 hours.* Everyone is different, and results will vary from person to person. The key is to maintain consistent use every day to see best results.*

Serving Size: 3 Capsules

LS5212-090 (90 Vcaps.) 30 servings **$25.20**

Fung-E-Clenz TOP SELLER

Supports removal of mold & fungus. Fung-E Clenz is a unique blend of high mountain wild oregano, sage, cumin, and myrtle. This blend can be used both internally and topically for rapid absorption. Suggested use; 1 month or as needed.

Serving Size: 5 Drops

NH4068 (1 fl. oz.) 173 servings **$30.75**

FungalX TOP SELLER

This is our all new anti-fungal formula containing some of our favorite ingredients to clear fungus from the body. Bloating, gas, itchy skin, sugar cravings, and brain fog can all be signs of Fungal overgrowth.

Serving Size: 2 Capsules

NN5020 (60 Caps.) 30 servings **$28.00**

Fungal Zymes

An enzyme to be used on empty stomach to remove yeast. Drink plenty of water as it can be strong on stomach. Use for 30 to 60 days. Use with a no sugar diet if possible.

Serving Size: 2 capsules up to 3x a day

NN5001 (120 Caps.) 60 servings **$39.95**

ClenZyme Extra Strength

Yeast balancing formula. A unique enzyme blend formula that supports natural inner intestinal and whole body balance.*

Serving Size: 1 capsule

NFN1726 (90 Vcaps) 90 servings **$24.00**

Probio-Zyme-YST

Probio-Zyme-Yst is a 100% Food vegan supplement that is intended to supply enzymes, prebiotics, probiotics, and herbs needed to maintain optimal and support digestive health. It contains nutrients that aid in the maintenance, as well as establishment, of normal intestinal flora and proper pH.

Serving Size: 1 Capsule

DOC6480 (90 Caps.) 90 servings **$32.00**

Olive Leaf Extract "d-Lenolate" TOP SELLER

We've all experienced being sick. Whether a common cold or something more serious, it's never pleasant to feel under the weather – and it comes down to our immune systems. Some of us were born with strong immune systems, protecting us from getting sick most of the time; others feel we're constantly battling one bug or another. Whichever category you fit in, you can strengthen your immune system effectively and naturally with our d-Lenolate olive leaf extract. These 100% all-natural olive leaf extract capsules are made up of powerful nutrients – including a compound called oleuropein – extracted from olive leaves that eliminate toxins by working with white blood cells and balancing the body's natural chemistry. For candida use 2 to 3 capsules per day, 1 capsule per day for maintenance.

Serving Size: 1 Capsule up to 6 per day

EPR1759 500 mg (60 Caps.) 60 servings **$25.95**
EPR1760 500 mg (180 Caps.) 180 servings **$74.95**

Agrisept-L TOP SELLER

Grapefruit seed extract is an extremely useful, nontoxic, health enhancing extract. It has many practical applications both topically and internally (in both cases diluted). May have antimicrobial and antibacterial properties, and may help to protect against a broad spectrum of bacteria, including salmonella, staphylococcus, streptococcus and E-coli.

Serving Size: 3 drops or up to 10 drops a day

ND00120 (1 fl. oz.) 180 servings **$17.60**

Organic Grapefruit Seed Extract Liquid

This organic grapefruit supplement contains 300 mg of grapefruit extract in each individual serving. This grapefruit seed extract is made from controlled, certified and organic fruits and is also completely vegan.

Serving Size: 10 Drops

NY1020 (3.4 fl oz.) 250 servings **$15.40**

Maximum Grapefruit Seed Extract "Citricidal"

NutriBiotic® Maximum GSE Liquid Concentrate provides the highest concentration of grapefruit seed extract available. Contains Citricidal (60% grapefruit seed extract and 40% vegetable glycerin), a compound derived from the seed and pulp of grapefruit. The grapefruit bioflavonoids (polyphenolics) are converted into an extremely potent compound.

Serving Size: 1 drop

NB2010 (1 fl. oz.) **$15.20**

Grapefruit Seed Extract

NutriBiotic® GSE Liquid Concentrate is a compound derived from the seed and pulp of grapefruit.

Serving Size: 10 Drops

NB2000 (2 fl. oz.) 200 servings **$13.60**

High Potency Grapefruit Seed Extract

NutriBiotic® GSE Capsules contain grapefruit seed extract, a compound derived from the seed and pulp of grapefruit. Also contains Echinacea and Artemisia Annua. Each capsule is equal to 12-13 drops of Grapefruit Seed Extract Liquid Concentrate.

Serving Size: 1 capsule

NB2030 125mg (90 Caps.) 90 servings **$19.25**

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Grapefruit Seed Extract TOP SELLER

Don't let your family's health be compromised. Try this popular form of grapefruit seed extract. Vegetable coated and easy-to-swallow. Feel comfortable knowing this small tablet is strong enough for adults and gentle enough for children 6 years of age and older. Need higher potency? Our maximum strength capsules offer 250 mg of grapefruit seed extract in convenient and easy-to swallow capsules.

Serving Size: 1 Tablet or Capsule

NB2033 125mg (100 Tabs.) 100 servings **$11.50**
NB2035 250mg (60 Caps.) 60 servings **$12.00**

Candida Yeast Support Probiotic TOP SELLER

Candida Yeast Support – Three powerful strains of friendly bacteria. This probiotic formula promotes a healthy balance of gut microflora. Each capsule contains 200 million CFU of Bacillus Coagulans, 25 million CFU of Bacillus subtilis and 50 million CFU Enterococcus Faecium. This proprietary blend also contains 215 miligrams FOS, 75 miligrams of Vitamin C plus thiamine, riboflavin and B-6. 60 caps Promote digestive health, get more energy and increase brain power. Good for sinus, respiratory, skin and oral health.

Serving Size: 1 Capsule

MW1020 (60 Caps.) 60 servings **$32.95**

Floracor-GI Intestinal & Candida Cleanse

Floracor-GI® is a revolutionary blend of probiotics, prebiotics and enzymes specially formulated to support the balance of intestinal microflora and yeast organisms. Proteases, such as the powerful systemic enzyme serrapeptase, along with the enzymes Cellulase and Chitosanase, support breaking down cell walls of opportunistic organisms. Always take on an empty stomach! This product is very similar to the Syntol AMD.

Serving Size: 1 Capsule, up to 6+ capsules daily

AS5410 (60 Vcaps.) 60 servings **$17.30**
AS5412 (180 Vcaps.) 180 servings **$44.15**

Syntol AMD "13.6 Billion"

A powerful yet gentle yeast cleanse that supports intestinal balance. Too much of a good thing isn't always a good thing. This is especially true when it comes to candida, a form of yeast that, in moderation, helps with digestion and nutrient absorption. But when it starts overproducing, candida releases toxic by-products into the body. This can increase gut permeability, which may lead to a host of different health problems, such as: *Bloating, constipation, or diarrhea. *Fatigue and irritability. *Immune response and bowel irritation. *Poor memory or difficulty concentrating. *And many others. There are many factors that can lead to candida overgrowth and intestinal imbalance. Antibiotics, smoking or drinking, poor nutrition, and high stress are all known contributors. The good news is you don't have to suffer any longer. Syntol, a scientifically formulated combination of enzymes, probiotics and prebiotics, is your best defense against the effects of candida overgrowth. For maximum benefits use SyntolAMD along with Floraphage Probiotic Multiplier(Item #AA1030)to increase probiotic activity. For best result take 2 capsule or more for at least 45 days.

Serving Size: 4 capsules or up to 12 capsules a day

AA1000 (90 Caps) **$39.99**
AA1001 (180 Caps.) **$79.20**
AA1002 (360 Caps) **$135.75**

MegaMycoBalance

MegaMycoBalance is formulated with undecylenic acid and bee propolis to support healthy yeast and fungal balance in the body. Undecylenic acid is an organic fatty acid derived from castor bean oil that supports a healthy balance of yeast in the gut. Bee propolis is a plant resin that bees use to line their hives. MegaMycoBalance can support a healthy balance of vaginal flora by restoring balance to the intestinal flora.

Serving Size: 6 Softgels

MBL2650 (180 Gels.) 30 servings **$40.00**

Flora ReVive

Flora ReVive® is a great soil-based probiotic specifically formulated to keep Candida albicans and gut bacteria in balance. Flora ReVive® contains humic-fulvic acid, a soil-based bacteria derived from high carbon humus found in ancient compacted plant material that is broken down by soil bacteria. Humic-fulvic is the best soil-based probiotic type because it's latent with millions of microscopic friendly bacteria abundant in the natural world, but almost 100% absent from modern civilized life. Humic -Fulvic contains probiotics, prebiotics, phytochemicals, enzymes, and minerals.

Serving Size: 2 Capsules

RNA1040 (60 Caps.) 30 servings **$46.95**

Taurin Dophilus

Taurin Dophilus contains 400mg of Acidophilus and 250 mg Taurin to help support a healthy yeast balance. When the intestinal tract is healthy, our bodies can actually manufacture some of their own vitamins. We can take acidophilus supplements (friendly bacteria cultures) or eat yogurt for support. Taurine, however, can be a missing factor in this regimen. Research on Taurine shows that this amino acid is present in our bodies at a very young age.

Serving Size: 2 Tablets

KH6405 (100 Tabs.) 50 servings **$14.60**

SBC "Probiotic" TOP SELLER

SBC may be useful for individuals wanting to support their intestinal microflora balance. Oral supplements of live, beneficial intestinal microorganisms for nutritional health and well being are known as probiotics. Bacteria are continually in competition for colonization space. SBC supplies 5 Billion CFU of Saccharomyces Boulardii and 2 Billion CFU of Bifidobacterium lactis (BI-04) For best results use along with CandiKill.

Serving Size: 1 Capsule

NFR1250 (90 Vcaps.) 90 servings **$39.60**

Women's Care 50 Billion Probiotic

The 12 included probiotic strains promote vaginal, immune, urinary and digestive health, and help maintain healthy vaginal bacteria and yeast levels—among other health benefits. Promotes everyday vaginal, immune, urinary and digestive health. Includes two strains shown to help promote vaginal pH and yeast balance. Delayed-release capsule helps ensure the probiotics reach your gut alive.

Serving Size: 1 per day

RL15826 50 Billion (30 Caps) 30 servings **$43.25**
RL15866 50 Billion (60 Caps.) 60 servings **$67.40**

C-A-Y Defense TOP SELLER

A Powerful Natural vaginal Candida Treatment! C-A-Y Defense - Naturally kills vaginal Candida yeast! It includes 2 of the most powerful yeast killers in nature! Monolaurin is a natural nutrient in mother's milk and Colloidal silver a natural mineral. They are clinically proven in hundreds of studies to kill pathogen (bad) bacteria and all forms of Candida yeast! C-A-Y Defense can also be use topically for diaper and skin rashes.

IN2001 (60 Applications) **$40.45**

OregaMax

Maximum strength mineral rich natural calcium and magnesium source. This wild oregano grows directly on rock in the Mediterranean mountains, making it rich in natural trace minerals. Unlike commercial oregano, OregaMax is undiluted. This is the crude herb of wild, high mountain oregano in combination with Rhus Coriaria, organic garlic powder, and organic onion powder. It is the most potent wild oregano whole herb available. Take two or more OregaMax capsules daily. For young children or pets open capsules and mix with food or drink. Great to use in combination with the Oreganol P73 oil.

Serving Size: 1 Capsule

NH0074 (90 Caps.) 90 servings **$23.25**

Oreganol Juice

Oregano Juice is the highly aromatic wild oregano essence. This is a fat soluble form for penetrating the membranes of the body-any part of the body coated with fat. Use straight from the bottle or add to water or juice.

Serving Size: 2 Tablespoons up to 2 x a day

NH0080 (12 fl. oz.) 12 servings **$15.50**

Oreganol "Oil of Oregano" ORIGINAL STRENGTH

TOP SELLER

Oreganol P73 is the true wild oregano P73 "Oil of Oregano" in an easy-to-take gelcap or drops. Oreganol P73 is a blend of edible species of wild oregano grown on natural, mineral-rich soil. This growing condition, along with our dedication to a chemical-and alcohol-free extraction, is the reason P73 Oreganol oil has a unique chemical profile, which is ideal for human consumption. The same oregano species can be grown elsewhere and would not have the same effect as the P73. It is truly one of a kind. Oreganol P73 gelcaps are ideal for those who take the oil internally.

Serving Size: 1 Gel or 2 drops

NH0100 (60 gels) 60 servings **$23.20**
NH0101 (120 gels) 120 servings **$30.75**
NH0076 (1 fl. oz.) 432 servings **$30.75**

Oreganol "Oil of Oregano" SUPER STRENGTH

TOP SELLER

For maximum power, Super Strength Oreganol P73 "Oil of Oregano" is the answer. Oreganol is potent. It doesn't take much to achieve its powerful effects. Even two or three drops of liquid daily is sufficient to gain much of its immense benefits. Directions:Take two or more drops under the tongue or in juice/water once daily. Also may be used topically.

Serving Size: 1 Gel or 2 drops

NH0110 (60 gels) 60 servings **$33.05**
NH0077 (1 fl. oz.) 432 servings **$42.25**

Oil of Oregano "Gaia"

A natural antioxidant source, Oil of Oregano contains phytochemicals which support the body's natural resistance. Gaia Herbs' supercritical CO2 extract of Oregano volatile oils contains phenols, including Carvacrol and Thymol. These oils help support a healthy microbial environment in the intestines and a healthy immune response. Suggested maximum time of use 2-4 weeks or as recommended by your health care provider.

Serving Size: 1 capsule 2 times daily between meals.

GH7500 (60 Vcaps.) 60 servings **$23.85**

Oil of Oregano

Antibacterial and antifungal, often used for asthma and bronchitis. Also used for strep, staph and pneumococcus. Directions: Adults, take one (1) capsule, one to three times daily, preferably with meals. Contains NO sugar, starch, yeast, corn, wheat, soy, milk, preservatives, artificial color or flavor.

Serving Size: 1 Gel

CHU944 (90 Gels) 90 servings **$10.40**

Black Walnut Hulls

Juglans nigra Black walnut hulls come from the immature fruit of the black walnut tree (Juglans nigra). References to the use of black walnut hulls date back to the ancient Greeks and Romans, and they have been used by many cultures throughout history as an herbal tonic.

Serving Size: 1 capsule 2 x per day with food

NO4606 500mg (100 Vcaps) 100 servings **$8.70**

Kidney & Bladder

UTI Test Strips

Utiva UTI Test strips allow users to quickly screen for signs of a Urinary Tract Infection in the comfort of their homes. The same type of UTI tests used in clinics to check for leukocytes (white blood cells) and nitrites (E.coli) in the urine.

UT1010+T (3 Test Strips) **$11.05**

KB-8

TOP SELLER

Used to; flush out acids, fluid toxins, people with weak kidneys, frequent infections, and to help prevent kidney stones. Ingredients; Dandelion leaf, Uva Ursi leaf, Juniper Berries, Parsley leaf, Corn Silk.

Serving Size: 3 capsules up to 3 x a day

NN6008 (180 Caps) 60 servings **$24.95**

Kidney & Bladder Formula

Blend of 11 herbs used to support normal kidney and bladder function, fight urinary tract infections and reduce inflammation and pain. Warning: Kidney and Bladder infections can be very serious, do not hesitate to see a Doctor if symptoms are severe or do not improve. Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day, with a full glass of water for best results. Can be taken hourly for a short time. Do not take more than a total of 1 oz. in one 24 hour period.This formula is not intended for long term use (more than 6-12 weeks), except under the guidance of a qualified health care provider, as Juniper berry can be irritating to the kidneys when used long term.

Serving Size: 2 droppers up to 4 x a day

NA1014-002 (2 fl. oz.) 36 servings **$17.60**
NA1014-004 (4 fl. oz.) 72 servings **$31.99**

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KBU w/Transfer Factor

Cranberry, blueberry, dandelion leaf, and juniper berry to support the urinary system in both men and women. Features certified 4Life Transfer Factor® to educate immune cells. Supports the bladder with cleansing ingredients like cranberry, blueberry, lingonberry, and mannose. Supports healthy kidney and urinary tract function with dandelion leaf, juniper berry, chanca piedra, varuna, and IP-6.

Serving Size: 4 Capsules

LF25501 (120 Caps.) 30 servings **$63.40**

Kidney Formula

A synergistic blend of herbs for the urinary system. This formula contains, Juniper Berry, Parsley Root, Marshmallow Root, Golden Seal Root, Uva Ursi Leaf, Lobelia Herb, and Ginger Root.

Serving Size: 15 drops or 2 capsules up to 3 x a day

DC49804 Liquid (2 fl. oz.) 76 servings **$17.90**

DC89104 Capsules (100 Caps) 50 servings **$25.20**

5 Day Kidney Detox

If you want to stay healthy, keeping your kidneys in good working condition is essential. Every organ in your body DEPENDS on your kidneys staying healthy and strong. In fact, all the cells in your body need nutrition brought IN and waste eliminated OUT, and they need your KIDNEYS to do this! Kidney impairment and dysfunction can be the cause behind an endless list of symptoms and ailments. Keeping your kidneys and bladder healthy helps EVERY organ in your body to work better. From getting more vitamins and oxygen to your brain to faster immune response by maintaining healthy sugar levels in the blood, keeping your kidneys healthy and strong is MANDATORY—not optional—if you want to Create Powerful Health.

DS4210 (Kit) **$89.99**

7 Day Kidney Cleanse

Nourishes, soothes, and replenishes kidney health and urinary system function. KIT Includes: Kidney Rebuild Tea: Restorative and nourishing for kidneys, a soothing tea built for the entire urinary system. Herbs in this blend promote cardiovascular balance and mucosal integrity. A champion when chronic exhaustion, adrenal fatigue, and general stagnation are present. Kidney/Bladder Formula: Detoxification companion extract designed to support normal urinary function and microbial balance. A botanical blend of tonic herbs selected for diuretic qualities and optimizing kidneys and bladder wellness. Stone Breaker Formula: Detoxification companion extract, particularly helpful when normal elimination of excess buildup and metabolic wastes is priority. Filled with herbs that have a long history in indigenous cultures for maintaining clear elimination pathways for balanced kidney and urinary health.

NA7002 (Kit) **$59.99**

Kidney Bladder

Aids in the proper waste elimination of the body.

Serving Size: 2 capsules up to 3 x a day

NW1101 (100 Caps.) 50 servings **$10.30**

Curbita Bladder

Curbita's precious ingredients support the entire system of bladder muscles. It supports normal emptying of the bladder because Curbita has a calming and harmonizing effect on the function of bladder muscles. This leads to a strengthening of the functional urinary system for men and women.

Serving Size: 3 or 4 per day

SAN20700 (30 Gels) 10 servings **$22.95**

SagoPro Bladder Health

SagaPro is a proprietary, aqueous extract of Angelica archangelica leaves, sustainably harvested from wild plants grown in the pure air and soil of Iceland. SagaPro is ideal for men and women looking to support bladder strength and urinary tract function.

Serving Size: 1 Capsule

TN40813 (30 Caps.) 30 servings **$25.60**

Continence Max Bladder Control Formula

Continence Max is designed to strengthen and support normal bladder function.

Serving Size: 3 per day

SOL81224 (90 Vcaps) 30 servings **$37.10**

Women's Securi-T Incontinence Support

We use the supporting power of plants like Buchu, Eucommia, and Chinese Peony. We even use the superfood, Goji berry. All of these work together to help strengthen bladder health and help calm irritated bladder tissue.

Serving Size: 2 Capsules

LS5239-060 (60 Caps.) 30 servings **$23.20**

Bladder Formula TOP SELLER

A synergistic blend of time tested herbs for the urinary system. Occasionally the urinary tract system may need extra support to function properly. Bladder Formula has been used historically to support the entire urethral canal, bladder & kidneys.

Serving Size: 2 capsules up to 2 x a day

DC89105 (100 Caps) 50 servings **$19.25**

UT Cleanse Powder

UT Cleanse is a dietary supplement that supports the immune and urinary tract systems. D-Mannose, Cranberry, Probiotics Plus.

Serving Size: 1 Scoop

NFR2960 (5.95 oz.) 30 servings **$38.80**

Water Out Formula

NOW® Water Out™ is a blend of complementary herbs and nutrients formulated to support healthy urinary tract function and proper bodily fluid balance. Water Out™ features Dandelion, which has been traditionally used to support the maintenance of water equilibrium, as well as Uva Ursi and Juniper, which have been used historically by herbalists to support a healthy urinary tract. In combination with the nutritional components Vitamin B-6 and Potassium, Water Out™ represents a natural way to support proper urinary tract function.

Serving Size: 2 Capsules

NO1908 (100 Vcaps.) 50 servings **$13.00**

Cran-Essence

Cran•Essence is a full spectrum-blend of 9 herbs in a base of cranberry juice concentrate that promotes and maintains normal urinary tract health.* Cranberries contain naturally occurring proanthocyanidins and organic acids, which have been shown to support healthy urinary tract function by inhibiting the attachment of microbes to the linings of the urinary and intestinal tracts.* The added herbs in Cran•Essence are traditionally used for their diuretic and antiseptic properties, which help the body flush the bladder and urethra. Enjoy the restoring properties of Cran•Essence, a delicious tasting liquid formula that helps support urinary tract health.

Serving Size: 2 Tbsp

FI68148 (17 fl. oz.) 16 servings **$25.10**

CranFlush

A potent wild, raw purge for the entire urinary system. CranFlush is a truly wild and raw cranberry extract. It is uncooked to maintain vital nutrients that's what makes it so powerful. This is the high bush cranberry, which is rare. Notice the brilliant crimson color. This is the sign of its natural flavonoid power.

Serving Size: 20 drops

NH8015 (2 fl. oz.) 88 servings $30.75

Cranberry 'Organic'

This 100% organic, triple strength concentrate is derived from whole, organic North American Cranberries and supplies a dose of PAC (proanthocyanidins). We've added Rose Hips for a good source of vitamin C. PACran® is a patent- protected, whole Cranberry concentrate and is the most extensively studied and scientifically proven cranberry product for urinary tract health.

Serving Size: 2 Capsules

OWH0464 500mg (60 Caps.) 30 servings $24.00

CranActin Chewables

CranActin Cranberry Extract is designed to help support urinary tract and bladder health. Compounds found in cranberry may help keep bacteria from adhering to bladder cells and Solaray CranActin is formulated to provide this Bacterial Antiadherence Factor. Additionally, this formula includes Vitamin C to help support healthy immune function.

Serving Size: 1 Chewable

SOL18484 Cran./Strawberry (60 Ct.) 60 servings $12.05

Cran-Max

Cranberries have been known for decades to promote a healthy urinary tract. Clinical research demonstrates that cranberries' proanthocyanidins are powerful antioxidants that can reduce oxidative stress. A double-blind comparison study confirms that Cran-Max® helps support a healthy urinary tract. Each Life Extension Cran-Max® capsule contains 500 mg of cranberry concentrate to promote urinary tract health.

Serving Size: 1 per day

LE1862 500mg (60 VCaps) 60 servings $17.80

Cranberry Extract TOP SELLER

Sugar free formula to help you combat urinary and bladder infections. Directions: Take 1 capsule with a glass of water two to four times a day, or as directed by your healthcare professional. Daily use helps to maintain a normal and healthy urinary tract.

Serving Size: 1 Capsule

CHU929 (90 Caps.) 90 servings $14.40

Cranberry Extract Liquid

Supports Healthy Urinary Tract Function*

Serving Size: 0.7 ml

HP1910 (1 fl. oz.) 42 servings $15.80

D-Mannose w/CranActin Cranberry

Natural support for urinary tract health. Includes D-Mannose and Cranberry.

Serving Size: 2 per day

SOL1177 (60 Vcaps) 30 servings $24.50

D-Mannose TOP SELLER

D-mannose is a naturally occurring simple sugar that your body utilizes to help cleanse the urinary tract and maintain a healthy bladder lining.* It's metabolized only in small amounts, with excess amounts rapidly excreted in urine, so it won't interfere with healthy blood sugar regulation.* Clinical studies have demonstrated that, when taken regularly, D-mannose promotes normal urinary tract function by cleansing and maintaining the health of the bladder lining.*

Serving Size: 3 capsules up to 3 x a day

NO2811 500mg (120 Caps) 40 servings $23.20

Stinging Nettle Seed

The leaves may sting but the seeds are kind to your kidneys. Stinging Nettle seed is used to support and protect healthy kidneys.

Serving Size: 2 droppers up to 4 x a day

NA4040-002 (2 fl. oz.) 36 servings $17.60

Dandelion Leaf

Common weed equals green treasure used as a potassium sparing diuretic to support normal circulatory system function and healthy fluid balance.

Serving Size: 3 droppers up to 4 x a day

NA4007-002 (2 fl. oz.) 24 servings $17.60

Stone Free

Herbal Support For Kidney and Gallbladder. This comprehensive formula aids normal fluid elimination and bile production as well as assisting with the body's natural cleansing processes. Detoxifying botanicals act to flush, cleanse and detoxify, ridding the body of minerals and other wastes and fat-soluble toxins.

Serving Size: 5 tablets up to 2 x a day

PH10107 825mg (180 Tabs) 36 servings $23.00

Chanca Piedra "Stone Breaker"

Chanca Piedra is derived from a tropical plant, Phyllanthus niruri, which may support kidney and gallbladder health, as well as urinary tract, liver, and digestive health. Our unique formula delivers the leaf and stem extract of this wild harvested Peruvian plant promoting overall wellness throughout many of your body's systems.

Serving Size: 30 Drops

NUM02206 (1 fl. oz.) 20 servings $14.50

Stone Breaker Compound

Proprietary formula designed to support kidney and urinary tract health. Proprietary formula built around Stone Breaker herb is used to support normal elimination of metabolic wastes. Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day. At regular dose may be used for 6 months. Maximum dose: 4 - 6 weeks at any one time.

Serving Size: 2 droppers up to 4 x a day

NA1030-002 (2 fl. oz.) 36 servings $16.80
NA1030-004 (4 fl. oz.) 72 servings $31.20

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Lyme Support

Cowden+ Support Program

NutraMedix has enhanced the Cowden Support Program to address evolving health challenges. With the targets of the original program in mind, the Cowden Support Program offers increased potency, greater affordability, and streamlines dosing schedule. In addition to adding scientifically substantiated herbs and enzymes to address prior gaps, the Cowden Support Program incorporates comprehensive and synergistic herbal blends that provide targeted microbial support. The combination of meticulously sourced ingredients and wild-harvested Peruvian herbs serve an essential purpose in the program's design to enhance outcomes. You can simply order month by month. Instructions are included.

NUM71291 Month #1 (Kit) **$239.15**
NUM71292 Month #2 (Kit) **$239.15**
NUM71293 Month #3 (Kit) **$239.15**
NUM71294 Month #4 (Kit) **$239.15**
NUM71295 Month #5 (Kit) **$239.15**
NUM71296 Month #6 (Kit) **$239.15**

Nutra BRL

This comprehensive formula is a synergistic blend of Samento (Uncaria tomentosa) bark, Stevia (Stevia rebaudiana) leaf, and Banderilla (Otoba parvifolia) bark, designed to assist with microbial support, immune system support, and healthy inflammatory response support.

Serving Size: 60 Drops

NUM00125 (2 fl. oz.) 20 servings **$43.50**

Nutra BRT NEW

Are you searching for targeted support? This comprehensive formula is a synergistic blend of Huacapurana (Campsiandra angustifolia) bark and Houttuynia (Houttuynia cordata) herb, designed to assist with microbial support, immune support, and healthy inflammatory response support.

Serving Size: 60 Drops

NUM5942 (2 fl oz.) 20 servings **$43.50**

Nutra BBS+ NEW

Benefit from the supportive blend found in Nutra-BBS+.? Nutra-BBS+ may help with a diverse range of microbial support, as well as antioxidant support and healthy inflammatory response support.? Nutra-BBS+ is made from Elecampane root (Inula helenium), Jalap root (Ipomoea purga), Artemisia annua herb (Artemisia annua), and Capirona bark (Calycophyllum spruceanum).

Serving Size: 60 Drops

NUM5904 (4 fl. oz.) 40 servings **$65.25**

Samento TOP SELLER

(Cats Claw) Excellent microbial defense product. For best results use along with Burbur, Cumanda and Agrisept. This combination is considered as our simple program and should be used for 3 month or more, it is not intended for someone with severe illness. You may want to consider the Cowden support program for severe cases.

Used for autoimmune disorders, suppressed immune systems, microbial infections, inflammation, damaged DNA, and numerous other chronic conditions.

Serving Size: 30 drops 2 x a day

NUM00130 (1 fl. oz.) 20 servings **$34.80**
NUM00132 (2 fl. oz.) 40 servings **$54.35**

Cumanda TOP SELLER

May be used in addition to Samento for microbial defense. For best results use along with Burbur, Samento and Agrisept. Cumanda is an herbal extract made from the bark of the Campsiandra Angustifolia tree, found in South America. It has been used by indigenous groups in that region for hundreds of years. Cumanda is helpful in treating the Borrelia burgdorferi bacteria and practitioners are now using it in conjunction with Samento to treat Lyme Borreliosis with co-infections. One of the most impressive benefits of Cumanda is its antifungal action. Physicians report that it is effective in treating many difficult to treat fungi including Mycosis fungoides, Candida krusei, Candida albicans and Aspergillus niger, to name a few.

Serving Size: 30 drops 2 x a day

NUM02100 (1 fl. oz.) 20 servings **$28.99**
NUM02102 (2 fl. oz.) 40 servings **$47.15**

Burbur-Pinella TOP SELLER

Burbur-Pinella is a combination of two extracts: Burbur, produced from Desmodium molliculum, and Pinella, produced from Pimpinella anisum; both perennial plants from South America. The herb in Burbur has been traditionally used for its body cleansing properties. It is very helpful in aiding detoxification of the liver, kidneys, lymphatic system and the ground matrix. Pinella is reported to be very helpful in removing both man-made and biotoxins from the brain, spinal cord, and peripheral nervous system. Burbur and Pinella are both integral components of the Cowden Support Program, a Lyme disease protocol developed by Wm. Lee Cowden, MD. The combination of Burbur and Pinella is very helpful when a Herxheimer-like reaction is suspected.

Serving Size: 20 drops

NUM01678 (2 fl. oz.) 60 servings **$28.99**

Burbur TOP SELLER

(Detox) To help support the cleansing process. For best results use along with Samento, Cumanda and Agrisept. Burbur - Detox is an extract produced from the leaves of Desmodium molliculum, a perennial plant from South America. The herb in Burbur has been traditionally used for its body cleansing properties. It is very helpful in aiding detoxification of the liver, kidneys, lymphatic system and the ground matrix. Burbur is commonly used in conjunction with antimicrobials produced by Nutramedix like Samento, Banderol and Cumanda. In many cases a significant healing crisis (Herxheimer's reaction) can be reduced or eliminated with the frequent use of Burbur, approximately every 10 minutes.

Serving Size: 10 drops up to 2 x a day

NUM01675 (1 fl. oz.) 60 servings **$18.15**

Agrisept-L TOP SELLER

Grapefruit seed extract is an extremely useful, nontoxic, health enhancing extract. It has many practical applications both topically and internally (in both cases diluted). May have antimicrobial and antibacterial properties, and may help to protect against a broad spectrum of bacteria, including salmonella, staphylococcus, streptococcus and E-coli.

Serving Size: 3 drops or up to 10 drops a day

ND00120 (1 fl. oz.) 180 servings **$17.60**

Paracan MYC

A good grapefruit seed extract in capsule form. Widely used along with Samento (Cat's Claw) to help the body get rid of microscopic parasites.

Serving Size: 1 capsule up to 2 x a day

EF4020 (100 Caps.) 100 servings **$23.95**

Barberry

Barberry is an extract produced from the root of Mahonia aquifolium, commonly known as Oregon Grape Root. Helpful for bacterial and fungal infections.

Serving Size: 30 drops

NUM1370 (1 fl. oz.) 20 servings **$21.75**

Banderol

Banderol is an extract produced from the bark of the Otoba parvifolia (Otoba sp.), a tree that is found in South America. Banderol is very helpful against Borrelia burgdorferi and the common co-infections in Lyme disease. Banderol also targets some fungi that Cumanda does not. Some microbes treated by Banderol include: Anaerobic and Aerobic rods and cocci (many), Aspergillus (some), Babesia, Bartonella, Borrelia, Candida (some), Chlamydia, Cytomegalovirus, Encephalitis viruses (some), Hepatitis viruses (some), Human Papilloma Viruses (some), Mucor (some), Mycoplasma, Mycosis fungoides, Protozoal parasites (many), Rickettsia (including Coxiella and Ehrlichia). Some conditions treated by Banderol: Acute and Chronic prostatitis, Acute and Chronic respiratory tract infections (many), Acute and Chronic sinusitis, Asthma, Atherosclerotic disease, Cellulitis, Food poisoning, Lyme disease, Parkinson's disease, Psoriasis, Thrush, Urinary tract infections (many), Vaginal infections.

Serving Size: 30 drops up to 2 x a day

NUM01365 (1 fl. oz.) 20 servings **$28.99**

NUM01366 (2 fl. oz.) 40 servings **$47.15**

Dandelion NEW

Harness the supportive power of nature with Dandelion. Used for centuries in traditional health practices, dandelion leaf may help with comprehensive health maintenance, including liver support, metabolic support, antioxidant support, and healthy inflammatory response support. It may also help with microbial support and mood support.

Serving Size: 30 Drops

NUM2212 (2 fl. oz.) 30 servings **$14.50**

Enula

Enula is a proprietary blend of the extracts of two plants: Elecampane (Inula helenium), and Jalapa (Ipomoea Jalapa). Elecampane contains inulin which helps promote beneficial intestinal bacteria. This is very important since 70% of the immune system is located in the digestive system. Studies have also shown two other active ingredients in elecampane, alantolactone, and isoalantolactone, to be useful in treating parasites, including roundworm, hookworm, whipworm, and threadworm; this research supports the traditional use of elecampane to treat digestive disorders and parasitic infections. Many practitioners have noted that Enula is effective against certain species of Babesia, a parasite commonly associated with Borreliosis (Lyme disease).

Serving Size: 30 Drops up to 2 x daily

NUM02657 (1 fl. oz.) 20 servings **$28.99**

Houttuynia

Houttuynia is an extract of the leaves of Houttuynia cordata. Houttuynia cordata is a Chinese medicinal herb that is found throughout Eastern Asia. It has been used traditionally to treat various types of infections, inflammation, hypertension, sinusitis, pulmonary tuberculosis, etc. Dr. James Schaller has found Houttuynia to be helpful against Bartonella in vitro and in vivo and Dr. Lee Cowden has found Houttuynia to be helpful against Bartonella clinically in patients who have resistant strains of Bartonella.

Serving Size: 30 drops

NUM03723 (1 fl. oz.) 20 servings **$28.99**

DID YOU KNOW ?

Mold symptoms can often mimic Lyme symptoms. Sometimes the two can go together.

Mora

Mora is a proprietary blend of the extracts of three plants Blackberry, Capirona, and Yarrow. Traditionally, Yarrow (Achillea millefolium) has been used to treat a number of medical conditions. It was used to help stop minor bleeding and to treat wounds, to treat inflammation in a number of conditions, fight fevers, treat gastrointestinal conditions, lessen heavy menstrual bleeding, and improve circulation. Some of the compounds found in Yarrow that may explain its medicinal benefits are apigenin, luteolin, centaureidin, casticin, artemetin, paulitin, isopaulitin, psilostachyin, desacetylmatricarin and sintenin. Traditionally, blackberry leaf tea (Rubus fruticosus) has been used to treat parasites and Capirona (Calycophyllum spruceanum) has been used to treat diabetes, soothe the skin and for fungal, bacterial and parasitic infections.

Serving Size: 30 Drops up to 2 x daily

NUM5588 (1 fl. oz.) 20 servings **$28.99**

Parsley

Parsley is an extract produced from the leaves and stems of Petroselinum crispum. It is a short-lived perennial herb that is a member of the carrot family. The herb Parsley provides dietary calcium, iron, riboflavin, thiamine, carotenes, ascorbic acid, and vitamins A and C. It is very helpful in aiding detoxification of the liver, kidneys, lymphatic system and the ground matrix. Parsley Detox is commonly used in conjunction with antimicrobials produced by Nutramedix like Samento, Houttuynia, Banderol, Cumanda, Enula, and Mora. In many cases, a significant healing crisis (Herxheimer's reaction) can be reduced by taking 10 drops of Parsley Detox approximately every 10 minutes for an hour or two.

Serving Size: 10 drops

NUM06420 (1 fl. oz.) 60 servings **$18.15**

Pinella

Pinella – Brain & Nerve Cleanse is an herbal extract made from Pimpinella anisum. It has been used by indigenous groups for hundreds of years. Pinella is an integral component of a Lyme disease protocol developed by William Lee Cowden, MD. Dr. Cowden and other health care professionals report that it is very helpful in eliminating both man-made toxins and biotoxins from the brain, the spinal cord and peripheral nerves. Both patients and health care professionals also report that many times there is a significant reduction in brain fog, even after only one dose.

Serving Size: 10 drops

NUM06573 (1 fl. oz.) 60 servings **$18.15**

Quina

Quina is an extract produced from the bark of Cinchona calisaya, a tree from South America that is found between 1,400 meters and 2,800 meters above sea level. Quina has been used for centuries by native South Americans to treat a number of illnesses. Quina is utilized by some health care professionals in the U.S. as an important component of a Lyme disease protocol. It has been found to be helpful in treating Borrelia burgdorferi, the bacteria that causes Lyme disease, Babesia and many of the coinfections that are usually associated with this condition.

Serving Size: 30 drops

NUM06980 (1 fl. oz.) 20 servings **$28.99**

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Sealantro

Sealantro is a proprietary blend of the extracts of three plants — Chlorella vulgaris, Cilantro (Coriandrum sativum), and Seaweed (Chondracanthus chamissoi). This powerful combination of extracts detoxifies viral gastroenteritis and mobilizes and binds heavy metals, various radioactive substances, and other positively-charged toxins, especially in the gut. This "gut binding" aids the elimination of those substances from the body. Some specific metals supported by Sealantro include lead, arsenic, mercury, barium, cadmium, silver, nickel, aluminum, tin, titanium, radium, and indium. Sealantro is an integral component of the Cowden Support Program, developed by W. Lee Cowden, MD to address chronic inflammatory conditions such as Lyme disease.

Serving Size: 40 drops

NUM07690 (1 fl. oz.) 15 servings **$28.99**

Sparga

Sparga is an extract of the root of Asparagus officinalis and is used to resolve Sulfite and/or Sulfa drug toxicity. This condition appears to block the efficient production of reduced L-glutathione, thus inhibiting the body's ability to eliminate toxins.

Serving Size: 10 Drops up to 2 x daily

NUM08115 (1 fl. oz.) 60 servings **$14.50**

Stevia TOP SELLER

Stevia is an extract from Stevia rebaudiana, having up to 300 times the sweetness of sugar. Stevia has garnered attention with the rise in demand for low-carbohydrate, low-sugar food alternatives. Nutramedix Stevia was identified as "Stevia A" in a study published in 2015 where it was found helpful in removing Borreliaburgdorferi, in morphologic forms.

Serving Size: 3 drops

NUM08230 (1 fl. oz.) 200 servings **$14.50**

Takuna

Takuna is an extract produced from the bark of Cecropia strigosa, a tree that is found throughout South America. It has recently been found to have very powerful antiviral properties as well as some other general antimicrobial properties. Practitioners using the product have found that Takuna given every hour usually helps influenzas in just a few hours. Practitioners also report that Takuna is helpful against some bacterial infections and some fungal infections.

Serving Size: 30 drops

NUM08530 (1 fl. oz.) 20 servings **$28.99**
NUM08532 (2 fl. oz.) 40 servings **$47.15**

Tangarana

Tangarana – Microbial Defense is an extract produced from the bark of the Palo Santo (Triplaris peruviana) tree that is found in South America. For generations, tribal groups in South America have used it for its anti-microbial properties. Tangarana is a broad-spectrum anti-microbial with activity against many Lyme-related microbes, many bacteria, many rickettsia, many fungi and many protozoa. Some of the specific microbes that are targeted by Tangarana include: Anaerobic rods and cocci, Babesia, Borrelia, Chlamydia, Encephalitis, Mycosis fungoides, Rickettsia (including Coxiella and Erlichia), Aspergillus, Bartonella, Candida, Cytomegalovirus, Human Papilloma Virus (HPV) and Protozoal parasites. If a person cannot take Banderol or Cumanda because of sensitivity/allergy, Tangarana is a reasonable substitute.

Serving Size: 30 drops

NUM08640 (1 fl. oz.) 20 servings **$28.99**

Teasel

Teasel is an extract produced from the root of Dipsacus fullonum, a wild flowering plant found in moderate climates around the world. It is known as a common adjunct to fighting chronic Lyme Disease and has many other medicinal properties. Teasel increases circulation and pulls toxins (including bacteria and fungi) from the tissues of the body, which allows anti-microbial agents to destroy the pathogens. The diuretic properties of Teasel support the liver to rid the body of liver toxicity.

Serving Size: 30 drops

NUM8670 (1 fl. oz.) 20 servings **$21.74**

Serra Peptase TOP SELLER

Serrapeptase – Dietary Supplement is a strong proteolytic enzyme. The late Hans Nieper, MD, was a German physician that was well known for his use and study of proteolytic enzymes in the treatment of artherosclerosis. He called Serrapeptase the miracle enzyme after using ultrasound to measure its ability to effectively dissolve arterial plaque without harming healthy cells lining the arterial wall. One of the most significant features of Serrapeptase (Helianthus tuberosus) is that it does not harm any living cells or tissues in the human body; it only dissolves non-living tissue such as cysts, hard and soft arterial plaque, blood clots, etc. The primary purpose of Serrapeptase in a protocol for Lyme disease is to dissolve fibrin layers surrounding harmful microbes associated with Lyme disease such as Borrelia, Babesia, Bartonella and Ehrlichia. The fibrin layer covering these microbes causes them to be hidden from the immune system; once the fibrin is dissolved the immune system can more easily identify and eliminate the harmful microbes.

Serving Size: 2 capsules 1-3x daily

NUM7700 (120 Caps.) 60 servings **$34.80**

Cat's Claw

Cat's Claw is a vine that has hook shaped thorns that look like the claws of a cat, hence its name.

Serving Size: 3 Capsules

NW11450 (100 Caps.) 33 servings **$10.35**

Cats Claw Bark

Popular herb from the tropical rainforests of South America has been used to promote bowel and joint health. The belief that there are two chemotypes of Cat's Claw, one high in POA and the other in TOA, and one is good and the other is bad, is unfounded. Cat's Claw contains both POAs and TOAs.

Serving Size: 2 droppers up to 4 x a day

NA4046-002 (2 fl. oz.) 36 servings **$15.99**
NA4046-004 (4 fl. oz.) 72 servings **$28.80**

Teasel Root

Need a little limbering up? Give Teasel a try for the relief of minor musculoskeletal discomfort and stiffness.

Serving Size: 1 dropper 4 x a day

NA4035-002 (2 fl. oz.) 60 servings **$17.60**
NA4035-004 (4 fl.oz.) 120 servings **$31.20**

Cleavers Herb

Cleavers is a mild and soothing herb traditionally used as a non-irritating diuretic and lymph tonic to support normal urinary tract and lymphatic function.Fresh herb is used to ensure the best quality extract.

Serving Size: 3 droppers 4 x a day

NA4031-002 (2 fl. oz.) 24 servings **$17.60**

Understanding Lyme Disease

THE BASICS OF LYME DISEASE

What is Lyme disease?
Lyme disease is caused by *Borrelia burgdorferi* bacteria and is the most common tick-borne infection. There are an estimated 476,000 new cases of Lyme disease in the U.S. each year, and cases of all tick-borne diseases have more than doubled in the last 13 years.

How is it transmitted?
Lyme disease *(Borrelia burgdorferi* infection) is primarily transmitted by the bite of an infected tick, *Ixodes scapularis* in the northeastern U.S. and *Ixodes pacificus* in the western U.S. While Lyme disease is most common in the northeastern and upper midwestern U.S., Lyme disease has been documented in all states except Hawaii.

If I find the tick and remove it right away, can I still get Lyme?
The chances of developing Lyme are lower, but not impossible, if the tick has been attached for less than 24 hours. It is wise to take a simple herbal regimen to cover this possibility, as chronic Lyme disease (sometimes called post-Lyme disease treatment syndrome) can have devastating symptoms and require prolonged treatment.

Is it possible to have Lyme without being bitten by a tick bite?
Many people who have been diagnosed with Lyme disease do not recall a tick bite. As Lyme bacteria are present in breastmilk and other body fluids during Lyme infection, it may be possible to spread the infection through breastfeeding or intimate contact.

Can other infections come from a tick bite?
Unfortunately, ticks often carry other infections, too. Babesia and anaplasma are common Lyme co-infections, and ticks have also been found to carry Bartonella. Other tick-borne infections include Powassan virus, *Borrelia mayonii* infection, and *Borrelia miyamotoi* infection.

What are the symptoms of Lyme disease?
Symptoms of early Lyme disease include typical flu-like symptoms, such as headache, fever, chills, muscle aches, and joint pain. Though a bulls-eye rash is specific to Lyme disease, it only occurs in 70–80% of Lyme disease cases.

Is it possible to have Lyme disease and not know it?
Yes. Up to 7% of infected people may not have symptoms.

Is it possible to have Lyme disease more than once?
Yes. Lyme disease can be caught more than once, much like the common cold. Also, if treatments do not address all forms of Lyme disease bacteria (spiral, round, and biofilm), Lyme disease symptoms may return.

What is chronic Lyme disease?
Chronic Lyme disease occurs when an initial infection is either untreated or inadequately treated, resulting in Lyme bacteria leaving the bloodstream and entering the cells, hiding from the body's immune system and making it more difficult to treat.

Who has the highest risk of getting Lyme disease?
Ticks prefer grassy and wooded areas, and people in these environments have a higher risk of exposure. Though Lyme disease was originally discovered in the northeastern U.S., Lyme disease continues to spread as tick habitats expand. Lyme disease has been found in 49 of the 50 states, or everywhere except for Hawaii. Areas with the largest number of Lyme disease cases include the Northeastern and upper Midwestern U.S.

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DIAGNOSIS OF LYME DISEASE

How is Lyme Disease diagnosed?

Diagnosing Lyme disease can be complicated. Though a bull's-eye rash (also called *erythema migrans*) is a sign of Lyme disease, only 70–80% of people infected with Lyme disease will develop this rash. Because flu-like symptoms occur with early Lyme disease, if a person does not remember a tick bite, they may attribute their symptoms to flu or other illnesses.

The first test for Lyme disease is a blood test for Lyme disease antibodies, called ELISA. However, if a person is recently infected and their body hasn't had time to make antibodies yet, the ELISA test may show a false negative. The ELISA test is more accurate when a person has been infected for 30 days or more. If the ELISA results are positive or unclear for Lyme disease, it will be followed by a more sensitive blood test called western blot. If the ELISA test is negative, the western blot test is never run; when the ELISA test shows a false negative, some people with Lyme disease remain undiagnosed.

Ultimately, Lyme disease is a clinical diagnosis because of the changing symptoms over the course of the disease. If you have been bitten by a tick or are concerned that you might have Lyme disease, see a doctor or health care practitioner with experience in treating Lyme disease and other tick-borne co-infections.

TREATMENT OF LYME DISEASE

Should medications be used first to address Lyme and its co-infections?

Antibiotics are most effective for Lyme disease when the tick bite is recent. When a person has had a tick bite followed by a rash—especially a bull's-eye rash—within the last month, twenty days of the antibiotic doxycycline may resolve the infection. However, if the tick bite happened more than 6 weeks before, doxycycline treatment alone may not resolve the infection.

What treatments are available for Lyme disease?

The International Lyme and Associated Diseases Society (ILADS) recommends that tick bites be treated with the antibiotic doxycycline for 20 days. This can be very effective, especially when used within a month after the tick bite. However, Lyme bacteria can change shape from their regular spiral to more difficult-to-treat forms that are round or even a film. Unfortunately, doxycycline is most effective against the spiral shape only. For this reason, herbs that treat all forms of Lyme disease (spiral, round, and biofilm bacteria) may be useful.

Samento and **Banderol** may be very helpful, as they are effective against all forms of the Lyme disease bacteria—spiral, round, and biofilm—and together, they are more effective than either one alone. **Stevia** may also be extremely helpful. In one study, out of all the herbs tested, NutraMedix Stevia was the most effective in getting rid of the persistent round and biofilm forms, especially in combination with other herbs. Many practitioners use combination products such as **GlucoMedix** (Samento and Stevia) and **Nutra-BRL** (Samento, Banderol, and Stevia) for this purpose.

What treatments are available for other tick-borne co-infections?

In addition to Lyme disease (caused by Borrelia burgdorferi), ticks can carry multiple other infections. Common co-infections include Babesia and Bartonella, among others. Some of these can be treated by herbal combination products like **Nutra-BRL** (Samento, Banderol, and Stevia) combined with **Nutra-BBS+** (elecampane root, jalapa root, Artemisia Annua herb, and capirona bark) or **Nutra-BRT** (Houttuynia and Cumanda).

If a person is on a limited budget, what would be the best three products to help if bitten by a tick and starting to show symptoms?

Nutra-BRL (Samento, Banderol, and Stevia) with **Nutra-BRT** (Houttynia and Cumanda) can be very helpful. **Burbur-Pinella** can be added to offer support for detoxification and symptoms of Lyme bacteria die-off. If not improving, **Nutra-BBS+** and/or **Baikal Skullcap** can be added for additional support.

Can the body fight off Lyme on its own?

Not everyone with Lyme disease has symptoms, and some people with Lyme disease remain well for years. However, when the body is depleted—by stress, trauma, mold, toxicity, or another infection—Lyme disease symptoms can become quite severe. Because of this, if you think you might have Lyme disease, it is important to see your health care practitioner and seek treatment as soon as possible.

When should I see an experienced health care practitioner for Lyme disease?

Lyme disease may be misdiagnosed, as it shares common symptoms with other diseases and conditions. If Lyme disease isn't treated, it may become chronic, with migrating joint pain, brain fog, fatigue, poor sleep, depression, muscle pain, and more. If your symptoms are not improving, see a health care practitioner who is experienced in treating Lyme disease. If you are pregnant, it is important to seek treatment as soon as possible, as Lyme disease can spread to the placenta and may infect your unborn baby.

HEALING FROM LYME DISEASE

Can people recover from Lyme disease?

Yes. Herbs can benefit most people, even if they were not initially helped by standard treatment, and even if their symptoms are chronic. In the experience of physicians who regularly treat Lyme disease, including Dr. Richard Horowitz in New York state and Dr. Armin Schwarzbach in Germany, the **Cowden Support Program** generally resolves Lyme disease and co-infections within six to nine months in 80% of patients who were not helped by pharmaceutical treatment alone.

It is possible to get well. Clinicians who treat Lyme disease have seen people recover and stay well for a decade or more without any further treatment. As it says in Psalm 31:24, "Be of good courage, and he shall strengthen your heart, all ye that hope in the LORD" and in Jeremiah 30:17, "For I will restore health unto thee, and I will heal thee of thy wounds, saith the LORD."

The information in this article was gathered from industry experts, published research, and the CDC, by the NutraMedix clinical team. NutraMedix has been supporting practitioners and patients in the Lyme and complex chronic illness communities for more than 30 years.

This content is for educational purposes only. It is not intended as medical advice and does not take the place of medical advice or treatment from a physician or other health care practitioner. Readers should consult their doctor or qualified health care professional for specific health concerns.

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Lymphatic

This blend of herbs supports the lymphatic system throughout the entire body. The lymphatic system serves to defend the body against disease and also assist in fluid balance.

Serving Size: 1/2 dropper up to 2 x a day

NFR030-5 (2 fl. oz.) 60 servings **$26.40**

Ultimate Immune Support Kit

The Ultimate Immune Support System provides comprehensive support for optimizing the body's natural immune response, a healthy inflammatory response and the ability to neutralize oxidative stress. Achieve total body detoxification, immune boost, reduced oxidative stress, neurological & cellular regeneration with this powerful system. Take daily for extraordinary results. Just spray, swish & swallow. This is a 4 part kit and contains, ACS 200 Silver Extra Strength, ACZ Nano Zeolite Extra Strength, ACG Glutathione Extra Strength, and ACN Neuro Extra Strength.

Serving Size: 6 to 12 Sprays up to 2 x daily

RN5004 4 part kit (4 fl. oz.) 60 servings **$189.99**

IN-Focus

IN-focus can help give you a much needed mental and encouragement boost! Directions IN-Focus is very flexible in dosage and usage. A person can take just a few capsules a day if they want – or as much as 8-10 capsules a day in more serious cases. Most common is 4-8 capsules a day. They can be taken with or without food. It is best not to take them a few hours before bed as your mind might find itself happily thinking away when you need to be sleeping. Caution: If you are taking anti-depressant drugs, consult your doctor before using IN-Focus.

Serving Size: 6 capsules

IN2128 (180 Caps.) 30 servings **$62.20**

UltraLaurin (Ultimate Monolaurin) TOP SELLER

The Ultimate Monolaurin® is an internal defensive answer against bacterial and many viral infections. It offers a minimum of 95% monolaurin, with added monoCaprin, monoCaprylin and monoMyristin. For best results use Monolaurin along with Bio-Fibrin and IN-Focus.

Serving size;

1 blue scoop = 1 tsp = 3,000 mg Monolaurin. Monolaurin is very bitter and waxy, so is best to not chew it or take with hot liquids. Most people put it in their hands, often with other capsules they take because the monolaruin makes it easier to swallow them. Then they wash them down with water, etc.

Maintenance serving:	1 scoop a day (1 tsp.)
Flu seasons:	1 scoop, 2 times a day.
First hint of getting the flu:	1 scoop, 3 times a day.
Other existing illnesses:	1 scoop, 3 times a day.

(62 days maintenance servings) for 7 oz. size

(186 days maintenance servings) for 21 oz. size

Serving Size: 1 tsp

IN2121 Granules (7 oz.) 82 servings **$30.45**

IN2122 Granules (21 oz.) 200 servings **$64.95**

Ultimate Bio-Fibrin TOP SELLER

Ultimate Bio-Fibrin is A Blend of Systemic Proteolytic Enzymes: Serrapeptase, Nattokinsae, Bromelain, Papain, and Grapefruit Seed Extract.

What is a Proteolytic Enzyme?

An enzyme is usually simply described as something that will help dissolve foods for digestion and absorption. Most medical dictionaries will describe an enzyme as a catalyst produced by a living organism, usually a protein, that increases the rate at which chemical reactions occur. Bottom line: they help dissolve things.

Usage: 2 to 6 capsules a day is normal - depending on need and body weight (up to 2 month supply).

Caution: Check with your doctor before using Bio-Fibrin with any blood thinning drugs!

Serving Size: 5 capsules

IN2124 (150 Caps.) 30 servings **$61.15**

Biocidin Advanced Formula

Available in Liquid or Capsules. Biocidin® is a synergistic combination of botanical medicines which targets the entire GI tract and supports microbiome balance for healthy digestion and elimination. The botanicals also have systemic applications in microbial challenges wherever they occur. Independent laboratory testing has concluded that Biocidin® has broad reaching effects, including addressing biofilms. Suggested Use; To decrease die-off reactions increase very gradually per tolerance from Beginning to the Moderate usage levels. May be used at the Maximum Usage level in acute cases if well tolerated. Not for use during pregnancy.

Children, use 1 - 2 drops of liquid per 10 lbs. of body weight per day divided into 2 - 3 doses.

Serving Size: 1 drop

BBR2572 (90 Caps.) 30 servings **$60.75**

BBR2569 (1 fl. oz.) 600 servings **$60.75**

Biocidin LSF

For a Healthy and Balanced Intestinal Ecology. Lyme disease is on the rise, more than 300,000 new cases are reported each year. In chronic Lyme disease and other neurological conditions treatment is often more challenging, as pathogens can hide in the central nervous system, fatty tissues, or intra-cellularly, and are often part of a biofilm matrix. In Lyme, not only are Borrelia burgdorferi spirochetes present, other co-infections such as Babesia are also common. We are excited to be able to offer Liposomal delivery of this broad-spectrum Biocidin® combination as specialized nutritional support.

Serving Size: 0.5 ml.

BBR2215 (1.7 fl. oz.) 100 servings **$69.95**

ANTIOXIDANT RICH FOODS

1. Nuts
2. Dark Chocolate (No added sugar)
3. Organic blueberries
4. Organic strawberries
5. Artichokes
6. Organic raspberries
7. Beans
8. Organic spinach
9. Organic beets

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Adrenal Support

Adrenal Fatigue Protocol Kit TOP SELLER

A Comprehensive kit for adrenal fatigue support* Excellent for people experiencing stress-related adrenal fatigue* Dr. Wilson designed these four supplements to work optimally together during adrenal fatigue to promote: healthy stress gland function* sound stress gland structure* balanced adrenal hormone production* well-regulated stress response* enhanced stress resilience and stress recovery* enhanced energy and vitality* Kit contains; Adrenal C Formula 150 caps. Adrenal Rebuilder 150 caps. Super Adrenal Stress Formula 150 caps. & Herbal Adrenal Support Formula 2 fl. oz. and comes with complete instructions.

IH6000 (Kit) **$197.95**

Cortisol Stress Reset TOP SELLER

Cortisol calming support for stressed-out people*. Formulated to help calm stress overdrive, balance cortisol levels, support relaxation, and support brain and cardiovascular health during chronic stress. Focused amino acids, minerals, natural bioactive compounds and magnolia bark. Synergistic combination supports efficacy of individual ingredients.

Serving Size: 1 Tablet

IH4505 (60 Tabs.) 60 servings **$50.40**

Adrenal Support TOP SELLER

"Tired and stressed out? Give your adrenals a lift and improve your daily energy levels with Adrenal Support. Adrenal Support contains herbs known as adaptogens which support your body's stress response, nervines which nourish the nervous system, and alteratives which support healthy elimination of toxins. Strong & healthy adrenal glands are important to help your body respond to stress and maintain balance. The hormones produced by the adrenals affect all the major body processes including digestion, blood sugar regulation, and the immune system which support your body in maintaining normal and healthy responses to stressors." Suggested Use: 1-3 droppers, 1/6-1/2 tsp., 3-4x a day.

Serving Size: 2 droppers up to 4 x a day

NA1025-002 (2 fl. oz.) 36 servings **$17.60**

NA1025-004 (4 fl.oz.) 72 servings **$31.99**

Opti-Adrenal NEW

Nutritionally supports healthy adrenal glands. Key ingredients help to promote the body's ability to increase energy levels. Repair adrenal gland damage from synthetic caffeine, stimulants, etc. Contains glandulars extracted from adrenal glands and other glandulars, these proteins help supplement your body's natural glandular functions.

Serving Size: 2 Vcaps

OH1068 (90 Vcaps.) 45 servings **$31.70**

Adrenal Energy HP TOP SELLER

Adrenal Energy HP, an adrenal support product designed to promote the highest possible natural energy levels while helping improve the bodies stress response as well. Adrenal Energy HP is the ideal adrenal tonic to be used by those with physically demanding jobs, or fast-paced stressful lifestyles.

Serving Size: 2 per meal

NN6015 (120 Caps) 60 servings **$39.95**

Adrenal-T Adrenal Support

LifeSeasons adrenal supplement helps your body level out and maintain a consistent, sustainable level of energy. Unlike caffeine or other jolting stimulants, it restores your energy levels without making you feel jittery. Adrenal-T™ supports the body's natural ability to rejuvenate, manage stress and conserve energy. It supports healthy endocrine system functions, which supports healthy mental and physical performance.

Serving Size: 2 Capsules

LS5220-060 (60 Vcaps.) 30 servings **$25.20**

Adrenal Health Daily Support TOP SELLER

Adrenal Health Daily Support provides nourishment to the adrenals, with a unique combination of pure and potent extracts. When stress does occur, it can have both physical and emotional effects. Adrenal Health Daily Support combines herbs such as Holy Basil to support emotional wellbeing with adaptogenic herbs like Rhodiola to support optimal energy. For best results use along with the Adrenal Health Nightly Restore.

Serving Size: 2 capsules 2 times daily after meals

GH4945 (60 Phyto-caps) 30 servings **$26.85**

Adrenal Health Nightly Restore TOP SELLER

Nourishes the adrenals while you rest. As you sleep, your body repairs and restores itself. Adrenal Health Nightly Restore helps maintain the body's systems that support a healthy response to stress. Ashwagandha helps to promote normal sleep patterns and supports healthy endocrine and immune systems. Magnolia bark calms occasional nervousness and supports sleep. Other botanicals such as Lemon Balm show promise in research studies in promoting a sense of calm in the body. For best results use along with Adrenal Health Jump Start or Adrenal Health Daily Support.

Serving Size: 2 per day after evening meal

GH4938 (60 Phyto-caps.) 30 servings **$26.85**

Adrenal Health Jump Start

Revives healthy energy & stress levels. Occasional exhaustion and stress are a combination seen all too often in modern life. Adrenal Health Jump Start combines pure and potent herbal extracts that approach and address these concerns holistically. For short term use, for 6 to 8 weeks. Then transition to Adrenal Health Daily Support". For best results use along with Adrenal Health Nightly Restore. Take 2 Capsules daily in the morning for 6 to 8 weeks.

Serving Size: 2 Capsules

GH4940 (60 Phyto-caps) 30 servings **$31.15**

Adrenal Formula TOP SELLER

A synergistic blend of herbs to support the adrenal glands.

The adrenal glands is the most important organ for handling negative effects of stress. Whether it be emotional, mental or physical, including fatigue & muscular weakness.

The all natural ingredients in the Adrenal Formula may aid the body's ability to regulate stress & support normal adrenal function.

Serving Size: 2 capsules up to 2 x a day

DC89147 (100 Caps.) 50 servings **$17.55**

Adrenaplex TOP SELLER

Supports healthy adrenal gland function and helps manage fatigue. Adrenaplex® helps restore nutrients lost by stress and supports adrenal hormone balance for optimal physical and mental health.

- Provides safe, bio-identical DHEA, the "parent" hormone you need for stressful times, plus pregnenolone and targeted adrenal extract
- Helps restore energy and stress resistance with powerhouse nutrients
- Supports optimal adrenal hormone levels with licorice and rehmannia*

Serving Size: 2 per day

TN37006 (60 Caps) 30 servings **$20.80**

TN37002 (120 Caps.) 60 servings **$37.60**

Adrenal Stability TOP SELLER

This formula contains some of the worlds finest adrenal support factors in a profound formula to deeply strengthen and support the adrenal glands and helps promote a healthy response to stress.

Serving Size: 2 per day

PEL3002 (60 Vcaps) 30 servings **$38.80**

AdrenaMax

AdrenaMax by Nutritional Frontiers promotes resilience to stress by supporting the function of the adrenal glands. The herbs in Adrenamax have traditionally been used to help with both hyper-function and hypo-function of the adrenal glands, hence they are classified as 'adaptogens.

Serving Size: 3 Capsules

NFR1150 (180 Vcaps.) 60 servings **$47.60**

Adrenal Fatigue Fighter

Adrenal Fatigue Fighter™ is a unique combination of natural ingredients designed to help strengthen and support adrenal function and energy. The stimulant-free ingredients in Adrenal Fatigue Fighter™ have been shown to help: Promote energy and encourage focus, positive mood, and support healthy cortisol levels.

Serving Size: 2 Capsules

RC5890 (60 Caps.) 30 servings **$25.20**

Adrenal Adapt

This is a formula with all the most popular adaptogen herbs on the market combined in one. These herbs have been known to strengthen the adrenal glands, give a nice level increase in energy, and at the same time, balance cortisol to help manage anxiety and stress.

Serving Size: 2 Capsules

NN6025 (120 Caps.) 60 servings **$40.00**

Adrenal Daily Balance 'mykind organics"

Managing normal, everyday stress is a full time job for your body and mind. That's why our Adrenal Daily Balance features a blend of powerful adaptogenic herbs. Including Certified USDA Organic and Non-GMO Project Verified Ashwagandha, Rhodiola and Schisandra, Adrenal Daily Balance nourishes the adrenals and supports emotional well-being every day.

Serving Size: 2 Tablets

GO3079 (120 Tabs.) 60 servings **$40.25**

Energize Adrenal Boost

Whole Earth & Sea Energize features fermented organic maca root and ashwagandha as part of a harmonizing adaptogenic blend to support balance, energy, and calm, even when life has you running full speed ahead. This comprehensive formula also includes organic blueberries, acai, and black currants, alongside an organic mushroom blend to give mind and body a boost and keep you fueled throughout the day.

Serving Size: 1 Scoop

NFN5554 (6.2 oz.) 25 servings **$30.75**

Adrenal Rx TOP SELLER

If your Adrenal Glands need a boost this is a great product for you. May help with fatigue and sluggishness. Give Adrenal RX a try. Take 1-2 capsules daily.

Serving Size: 1 capsule up to 3 x a day

CHU17320 (90 Vcaps.) 90 servings **$21.20**

Adrenal Stress-End TOP SELLER

A formula that helps manage excess stress and combats stress-related fatigue. Supports adrenal gland function and healthy levels of cortisol - the stress hormone. Predigested adrenal extract for superior absorption helps you stay energized even on the most stressful day. Fatigued to Fantastic!™ Adrenal Stress End™ provides essential nutrients to avoid adrenal burnout.

Serving Size: 2 per day

ENT4035 (60 Caps) 30 servings **$21.80**

Adrenal w/Liver TOP SELLER

3 capsules provide the equivalent of one-quarter ounce of fresh, raw whole adrenal and one-quarter ounce of fresh raw whole liver. The adrenal glands, the richest source of vitamin C in an animal's body, were shared and eaten raw by every member of Native American families in certain tribes. Sourced from New Zealand grassfed, inspected animals, raised without the use of pesticides, hormones or antibiotics. Gluten-free and dairy-free.

Serving Size: 1 Capsule

DRU2059 (180 Caps.) 180 servings **$62.35**

Adrenal Rebuilder TOP SELLER

Adrenal Rebuilder® is formulated to provide naturally bioavailable building blocks the body can readily use to support healthy adrenal structure and promote optimal function of the adrenals and other endocrine glands affected by stress.* It contains a carefully balanced blend of porcine glandular tissue concentrates in the same form in which they occur in nature – but with the hormones removed. These concentrates contain specific protein structures and synergistic nutrients that are tailor-made for and uniquely beneficial to the corresponding glands in the body.* They efficiently supply essential elements for replenishing glandular structure and function without the undesirable effects that can be caused by hormones.* Adrenal Rebuilder is a rare source of purified porcine glandulars designed to preferentially nourish and build the glands of stress with optimal effectiveness. Suggested Use:

Take 1 caplet 3-6 times a day (1 upon rising, 1 at noon and 1 before bed; 1 additional caplet may be taken up to 3 times throughout the day, if desired).

Serving Size: 1 tablet up to 4 x a day

IH6070 (150 Tabs) 150 servings **$78.25**

Adrenal C Formula

Adrenal C Formula® is specifically formulated to meet the increased demand for vitamin C created by stress and adrenal fatigue.* It provides ascorbic acid reacted with minerals essential to the adrenal hormone cascade.* These chelated mineral ascorbates deliver bioavailable vitamin C in a buffered form to minimize gastric irritation and avoid increasing systemic acidity associated with stress and adrenal fatigue.* In addition, this formula combines bioflavonoids in a 1:2 ratio with vitamin C to enhance its biological and antioxidant activity, and help counter oxidative damage that increases during stress.* An innovative sustained-release design is integrated throughout each caplet to slow down absorption and avoid rapid excretion by the kidneys so that sufficient tissue saturation can be reached for optimal utilization.* Suggested Use: Take 1 caplet 3-6 times a day (1 upon rising, 1 at noon and 1 before bed; 1 additional caplet may be taken up to 3 times throughout the day, if desired).

Serving Size: 1 tablet up to 3 x a day

IH6074 (150 Tabs.) 150 servings **$39.15**

Super Adrenal Stress Formula

Super Adrenal Stress Formula® integrates decades of research and clinical experience into an efficiently synergized, well balanced nutrient formula designed to enhance energy and replenish the glands and systems depleted by stress and adrenal fatigue.* Optimal amounts, forms and ratios of vitamins, minerals and bioactive molecules required for catecholamine and corticosteroid synthesis, hypothalamic-pituitary-adrenal (HPA) axis function, and ATP generation support the energy producing and metabolic reactions that help the person experiencing adrenal fatigue and/or stress rebound quickly.

Serving Size: 1 capulets up to 4 x a day

IH6080 (150 Capulets) 150 servings **$54.00**

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Herbal Adrenal Support Formula

Calming Stress Hormone Balance* Herbal Adrenal Support Formula® is a tincture blend of four raw, organically grown, adaptogenic herbs synergistically formulated to enhance cortisol activity and safely promote balanced function in the hypothalamic-pituitary-adrenal (HPA) axis stress-response system.* The high levels of active constituents in these specially selected and prepared full-spectrum herbs support the adrenal glands without over stimulation, help sustain stable hormone and serum glucose levels, and modulate other stress reactions.* Balanced cortisol output and HPA axis function enhance energy, sleep and mood, and have a positive impact on adrenal fatigue, PMS and menopause.

Serving Size: 15 drops up 4 x a day

IH6085 (2 fl. oz.) 95 servings $40.80

Herbal HPA

Metabolic Stress Balancer* Herbal HPA™ is a licorice-free tincture of three raw, organically grown, adaptogenic herbs synergistically formulated to help safely balance function of the hypothalamic-pituitary-adrenal (HPA) axis stress-response system.* The high levels of active constituents in these specially selected and prepared full-spectrum herbs support the adrenal glands without over-stimulation, and help moderate hormone, lipid and serum glucose fluctuations, along with other metabolic alterations that occur with the over-function of the HPA axis.* Through promoting balanced HPA axis function, this unique liquid herbal helps enhance energy, sleep and mood; has a positive impact on adrenal fatigue, metabolic syndrome, PMS and menopause; and contributes to the maintenance of overall metabolic, cardiovascular and tissue health during stressful times.*

Serving Size: 15 drops up to 4 x a day

IH6088 (2 fl. oz.) 95 servings $40.50

Master Gland Formula TOP SELLER

Only the size of a pea, the pituitary gland is a tiny organ found at the base of the brain. As the master gland of the body, it produces & secretes many hormones that travel through our body, directing certain processes stimulating other glands to produce different types of hormones. The pituitary gland controls biochemical processes important to our well-being. Ingredients: Carrot Leaf, Gotu Kola Herb, Ginkgo Leaf, Mullein Leaf, Oregon Grape Root, Lobelia Herb & Ginseng Root (Panax).

Serving Size: 2 capsules

DC91338 (100 Vcaps.) 50 servings $19.40

Ashwagandha

Fortified with raw royal jelly this is an ashwagandha extract, 10:1 potency. Use these capsules to also support a healthy anti-stress response and to help the body better adapt, especially versus adrenal stress. The powerful, naturally occurring steroids, the withanolides, found in ashwaghanda support a healthy male hormone, adrenal, inflammation, and mood response.

Serving Size: 2 Capsules

NH2010 (60 Caps.) 30 servings $23.05

Ashwagandha Root "Gaia"

Adaptogenic herbs such as Ashwagandha help nourish and restore optimal nervous and immune system health by supporting normal mood, energy levels and overall immune function.

Serving Size: 1 capsule up to 2x a day

GH4930 (60 Phyto-caps.) 60 servings $21.15

Ashwagandha

Ashwagandha (Withania somnifera) is an herb that is extensively used in Ayurveda, the traditional herbal system in India. Ashwagandha is used as a general tonic and "adaptogen", helping the body adapt to temporary normal stress.* In addition, preliminary data suggest that Ashwagandha supports a healthy immune system.* Do not use if you have an overactive thyroid.

Serving Size: 1 Capsule 2 to 3 x daily

NO4603 450mg (90 Caps) 90 servings $12.30

Ashwagandha Root TOP SELLER

Balances endocrine, nervous system and immune function. Supports thyroid function. Traditionally used as brain tonic. Do not use if you have an overactive thyroid.

Serving Size: 2 droppers up to 4 x a day

NA4001-002 (2 fl. oz.) 36 servings $17.60
NA4001-004 (4 fl. oz.) 72 servings $31.20

Chaga Mushroom

A mushroom found on birch trees is used to support normal immune system function in depleted individuals. Also used for energy and endurance.

Serving Size: 3 droppers up to 4 x a day

NA4093-004 (4 fl. oz.) 48 servings $31.20

Ginseng Root, American

Prized by the Native Americans and the Chinese as a nourishing energy tonic, Ginseng supports healthy function of the HPA axis and adrenals.

Serving Size: 2 droppers up to 4x a day

NA4028-002 (2 fl.oz.) 36 servings $28.80

Eleuthero Root

Run down and out of steam? Eleuthero root, an adrenal tonic, has been used to support endurance and a healthy response to stress.

Serving Size: 3 droppers up to 4 x a day

NA4016-002 (2 fl.oz.) 24 servings $23.99

Eleuthero

Helps support adrenal function.

Serving Size: 2 per day

NO4030 500mg (100 Caps) 50 servings $8.70

Holy Basil Extract

Promotes Centered Calmness. Holy basil (known as tulsi in Ayurveda) is one of the primary botanicals used in India for reducing the negative effects of stress by lowering cortisol production in the adrenals. In vitro research shows the ursolic acid in holy basil inhibits COX-2, an inflammatory enzyme. As a powerful adaptogen, it helps to maintain normal blood sugar levels when used as part of your diet, as well as promote focused clarity.

Serving Size: 1 per day

PH0530 450mg (60 Caps.) 60 servings $11.85

Royal Power

An original superior source of undiluted, freeze-dried royal jelly from remote villages where the bees are never fed sugar, unlike most commercial types. Royal Jelly (6% 10-HDA) provides a host of nutrients, including amino acids, hydroxy acids, collagen, albumin, Riboflavin (B2), Pyridoxine (B6), pantothenic acid (B5), and naturally occurring steroids. In addition camu camu is added to provide a source of whole food vitamin C. Finally we add the concentrated powdered oils of wild sage and wild rosemary. Take two or more capsules daily.

Serving Size: 2 per day

NH0049 (120 Vcaps.) 60 servings $30.95

Thyroid Support & Iodine

Thyroid Support

Combination of tonic herbs rich in nutrients that nourish and support healthy thyroid function. Warning: Do not take with thyroid medication. Do not use this formula if you have a Hyper-thyroid (over-active) condition. Suggested Use: 2-6 droppers, 1/3-1 tsp., 3-4x a day. Try 1/2 tsp., 3x a day, before trying the maximum dose and see if that gives you the desired results. At recommended doses can be taken as long as product gives desired results. Please seek appropriate health care advice.

Serving Size: 2 droppers up to 4 x a day

NA1031-002 (2 fl. oz.) 36 servings **$16.80**
NA1031-004 (4 fl. oz.) 72 servings **$31.99**

Thyro Complete TOP SELLER

Thyro Complete is a dietary supplement to support healthy thyroid function and physiology. A thyroid glandular formulation that blends hypothalamus, pituitary and thyroxine-free thyroid glandular tissue with the most clinically significant nutrients and branded, clinically supported extracts of ashwagandha and forskohlli for optimal thyroid health. A great product!

Serving Size: 2 Capsules

NFR1181 (60 Vcaps.) 30 servings **$47.20**

Opti-Thyroid

Provides micronutrients that are essential for the production of thyroid hormones. Contains B vitamins to support energy production. Provides support for antioxidant activity and tissue protection. Supports metabolic functions.

Serving Size: 2 Capsules

OH1066 (90 Caps.) 45 servings **$25.95**

HashiMune

Clinical, combination of Myo-Inositol and SelenoExcell® Selenium which provides three organic selenium compounds (selenomethionine, selenocysteine and methylselenocysteine) for optimal support.

Serving Size: 2 Capsules

EL0202 (60 Vcaps.) 30 servings **$15.20**

Thyroid Maintenance TOP SELLER

A synergistic blend of whole food herbs for the thyroid gland. Fatigue, muscle weakness, nervousness, difficulty sleeping, irregular menstrual periods in girls may all be linked to a thyroid that isn't functioning properly. Our thyroid is a small gland in front of the neck just below the skin & muscles. Although small, the thyroid has a enormously important job. Producing hormones that control metabolism, growth, development & affects most organs. If our thyroid isn't operating properly, we can have problems all over our body.

Dr. Christopher's Thyroid Maintenance nourishes the thyroid gland & supports a healthy metabolism.

Serving Size: 2 capsules up to 3 x a day

DC89132 (100 Vcaps.) 50 servings **$17.70**

Herbal Thyroid TOP SELLER

Stressed, fatigued, depressed are all-too-common used words to explain how many feel today. Many have a thyroid problem and don't even know it yet. When our thyroid does not function correctly, it can affect every aspect of our health, & in particular, weight, depression & energy levels.

Dr. Christopher's Herbal Thyroid formula was designed to nourish the thyroid gland & supports the actions of thyroid hormones.

Serving Size: 2 capsules up to 2 x a day

DC89139 (100 Vcaps.) 50 servings **$18.20**

Thyroid HP

Use for mild or low thyroid. Promotes Healthy Metabolism.

Ingredients: Vitamin B-12, Magnesium glycinate, Zinc citrate, Selenium chelate, Copper chelate, Manganese chelate, Potassium iodide, L-tyrosine, Para thyroid (bovine), Thyroid (bovine), Pituitary (bovine).

Serving Size: 1 per day

NN6007 (100 Caps) 100 servings **$33.95**

Thyro-T Thyroid Support

Thyro-T provides a sense of well-being, while supporting normal thyroid gland activity. It provides precursors necessary for thyroid hormone production, which supports natural energy levels and calms stress and anxiety.

Serving Size: 2 Capsules

LS5221-060 (60 Caps.) 30 servings **$26.55**

Thyroset

This is the natural, whole food way to support a healthy thyroid and endocrine hormone response. The combination of tyrosine plus Atlantic Ocean kelp helps the body boost thyroid hormone production in a natural way.

Serving Size: 2 Capsules

NH0103 (90 Caps.) 45 servings **$28.80**

Metabolic Thyro

Metabolic Thyro is a 100% Food supplement that is intended to supply nutrients, glandulars, and herbs needed to maintain and support optimal thyroid health. It contains both naturally-iodine containing kelp, plant source l-tyrosine, bovine glandulars, and herbs to support an optimally functioning thyroid.

Serving Size: 1 Tablet

DOC5700 (90 Tabs.) 90 servings **$28.00**

Thyroid w/ Liver

Thyroid tissue from male moose was eaten in the fall by northern Native Americans to enhance fertility. These organs and glands are ideal supplements for individuals wanting to provide nutritional support for specific organs and systems, and to complement the diet with the incredible array of nutrients found in organs and glands from healthy, carefully raised animals. Contains 30 mg bovine thyroid with 470 mg liver. Gluten-free and dairy-free.

Serving Size: 1 Capsule

DRU1821 (180 Caps.) 180 servings **$62.35**

Thyroid Energy

NOW® Thyroid Energy™ is a complete nutritional supplement for the support of a healthy thyroid gland. NOW has combined Iodine and Tyrosine, the two integral constituents necessary for the synthesis of thyroid secretions. The minerals Selenium, Zinc and Copper have been added as cofactors needed for normal thyroid function. In addition, NOW® Thyroid Energy™ contains the Ayurvedic herbal extracts from Guggul (Commiphora mukul) and Ashwagandha (Withania somnifera) to complement its nutritional support components.*

Serving Size: 2 Capsules a day

NO3369 (180 Caps) 90 servings **$29.00**

Thyroid Support "Gaia"

The health of the thyroid gland impacts how you feel on a daily basis. Because it helps regulate metabolism, every major system in the body is affected by altered levels of thyroid hormones. Gaia Herbs' unique formula supports normal thyroid hormone production—helping you maintain optimal weight, neuromuscular tone, and cardiovascular health.2 capsules in the morning and 1 in evening between meals.

Serving Size: 2 capsules

GH4961 (120 Vcaps.) 60 servings **$42.35**

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Thyroid Health

Thyroid Health contains therapeutic dosages of New Zealand Bovine Glandular powder 350mg, Sensoril® Ashwagandha Extract, Seleno Excell® Selenium and Rosemary extract which have been shown to help support the body's thyroid activity and help maintain healthy levels of triiodothyronine (T3) – the body's most active thyroid hormone.*1,2

Serving Size: 2 capsules

EL0224 (60 Vcaps) 30 servings $36.00

Thyroid TOP SELLER

A nice thyroid formula. Provides nutrients to the thyroid gland. Supports increased energy and weight loss.

Serving Size: 2 per day

CHU7450 (90 Caps) 45 servings $16.80

Thyroid Care

The Nutrients Your Thyroid Needs! Contains Iodine in three forms, including potassium iodide, sodium iodide, and molecular iodine for thyroid hormone synthesis, which in turn supports a healthy metabolism, lustrous hair, and hormone balance. L-Tyrosine, an amino acid required to create thyroid hormones, supports mental well-being and daily energy.

Serving Size: 2 per day

TN29002 (60 Caps) 30 servings $18.40
TN29003 (120 Caps.) 60 servings $29.60

Thyroid Care Plus TOP SELLER

If you're looking for the ultimate in thyroid support, Thyroid Care Plus can make a difference. It provides rejuvenating ingredients that help the thyroid create hormones for optimal health. Thyroid Care Plus features the nutrients the thyroid needs for: *Daily Energy *Healthy Metabolism *Lustrous Hair *Hormone Balance *Healthy Weight Management .*Immune Health

Serving Size: 2 capsules

TN29008 (60 Caps.) 30 servings $19.20

Tri-Iodine TOP SELLER

Tri-Iodine™ provides three beneficial forms of iodine to nourish multiple body systems: a blend of potassium iodide, sodium iodide, and molecular iodine.

Serving Size: 1 capsule

TN29006 3mg (90 Caps.) 90 servings $20.80
TN29007 12.5mg (90 Caps.) 90 servings $27.20

Iodine Plus

A dietary supplement to support thyroid function and health. Ingredients: L-tyrosine, Potassium iodide, Iodine, Potassium, Selenium.

Serving Size: 1 per day

NFR5143 (90 Caps) 90 servings $22.00
NFR10020 (180 Caps) 180 servings $39.60

Lugol's Iodine TOP SELLER

Iodine is a nutrient needed by every part of the body and one we're often deficient in. Lugol's Iodine provides an ideal ratio of both forms of iodine needed by the body. Complete your essential daily routine with this commonly forgotten element in both its active forms! Extensively researched blend of iodine and iodide and offers powerful antiviral, antibacterial, antifungal, and antiparasitic properties. Choose from liquid or capsules!

Serving Size: 1 Capsule or 20 Drops

MEL2051 (2.03 fl. oz.) 60 servings $19.95
MEL2052 (90 Caps.) 90 servings $30.80

Iodine "Ionic"

Ionic Iodine Trace Minerals is a rich, concentrated liquid dietary supplement that provides iodine, an important mineral that is used in the body in several different ways. Helps support the following: healthy thyroid function, ATP production, hormone production, central nervous system function, immune function and skin health.

Serving Size: 3 drops

TM2025 225mcg (2 fl. oz.) 295 servings $17.00

Bladderwrack

Natures Way Bladderwrack is a marine plant source of iodine. Contains 151mcg of iodine per serving from Bladderwrack.

Serving Size: 1 Capsule

NW15380 (100 Vcaps.) 100 servings $9.85

Kelp "Organic" TOP SELLER

This organic Kelp Supports Healthy Thyroid Function. Kelp is an excellent source of iodine, which has been shown to be essential for healthy thyroid function.* Kelp is a large, leafy seaweed belonging to the brown algae family that grows in "forests" in the colder waters of the world's oceans.

Serving Size: 1 capsule

NO2675 325mcg (250 Vcaps) 250 servings $13.05

Kelp "Super" TOP SELLER

Kelp is a seaweed that is great for putting nutrition into the thyroid. If you have cold hands & feet and and feel sluggish, this may help.

Serving Size: 1 per day

CHU453 225mcg (250 Tabs.) 250 servings $11.80

Brown Seaweed Extract 'Kelp'

Eidon BSE (Brown Seaweed Extract) is a pure whole food supplement made from the brown seaweed Laminaria, better known as kelp. Current research on brown seaweed shows that it contains all the known mineral elements found in the ocean including Iodine, Selenium, Calcium and Potassium, as well as vitamins, including B-12. BSE is known to support the thyroid gland, due to the significant amount of Iodine and Selenium it contains.

Serving Size: 3 capsules

EIM0420 (90 Caps.) 30 servings $27.25

COMMON NUTRIENT SHORTFALLS IN WOMEN

1. Iron
2. Vitamin B12
3. Vitamin D
4. Calcium
5. Folate
6. Potassium
7. Iodine
8. Magnesium
9. Omega Oils

Energy

Energizing Morning Blend Powder TOP SELLER

Foundational Super Greens: Energizing Morning Blend is a simple, yet effective way to give your body the extra nourishment that it needs, every day. It is formulated with highly concentrated nutrient-dense foods, including: fermented ingredients and multiple source, organic food-based prebiotic natural fiber to support gut health, digestion, and elimination; as well as power-packed probiotics to support a healthy microbiome which helps immunity, vitamin assimilation, and overall gut health; multiple food-based sources of antioxidants; and energizing enzymes to support effective digestion. This blend is naturally sweetened with Monk Fruit Extract, it has NO added sugar! No fillers or extra bulking agents added, either! It's also Certified Organic, which means NO GMOs or Chemical Pesticides, etc. Our Energizing Morning Blend includes a special energy blend including Apple, Cordyceps Mushroom Extract, Green Tea Extract, and more! Try some Foundational Super Greens: Energizing Morning Blend today! Note: Contains approximately 11mgs. of natural caffeine from organic green tea leaf extract.

Serving Size: 1 Scoop

NA8201-030 (6.98 oz.) 30 servings **$29.95**

Energy Boost TOP SELLER

Energy Boost 70'S fulvic Minerals mineral complexes are the world's finest electrolyte, which improves energy function, increases assimilation, stimulates metabolism, restores electrochemical balance, reduces high blood pressure, enhances nutrients, and helps rebuild the immune system. Energy Boost 70 is the excellent electrolyte, it is a transporter it carries nutrients and vitamins into the blood stream, it increases absorbsion of other minerals that the body can become depleted from such as Calcium and Magnesium. Energy Boost 70® liquid contains the most easily digestible and bioavailable organic mineral complexes and amino acids available.

Directions ADULTS: Recommended dosage minimum of 1 oz (30ml) / a day with large glass of non-chlorinated water or fruit juice. For other needs, up to 2 oz (60ml) in a large glass of non-chlorinated water or fruit juice, three times a day or as directed by your health care professional. CHILDREN: 1 teaspoon for every 25 lbs of body weight.

Serving Size: 1 oz 2 x per day

MSM09973 (1 gal.) 128 servings **$45.00**

EnergyPlus TOP SELLER

Each day, many Americans turn to stimulants – guarana, yohimbe, caffeine, ephedra, ma huang, etc. – to help them get through the day. But, instead of generating energy, stimulants drain it, leaving us weaker than ever and placing extreme stress on the adrenal glands and the cardiovascular system. Energy Plus™ reflects the holistic reality that the body can produce abundant energy only when all its systems – and all its cells – work in perfect harmony. EnergyPlus may support the energizing and repairing of the cells throughout the body, so that they can more efficiently make energy of their own. EnergyPlus helps support clean, clear energy that you may feel within minutes and may last for hours.

Serving Size: 2 tablets up to 2 x a day

PEL2003 (60 Tabs) 30 servings **$29.40**
PEL2004 (120 Tabs) 60 servings **$56.40**

Focus & Energy TOP SELLER

Clean energy! Boost focus, energy, and endurance – without the jitters or a caffeine crash. If you're looking for a smoother "pick me up," Focus and Energy naturally supports your body's energy level with caffeine-free green tea, choline and the special adaptogens Rhodiola, ashwagandha, and ginseng. And unlike the energy blast some of us get from go-to daily stimulants (coffee, diet soda, caffeine pills), there is no mood-thudding crash. We call it clean energy! Note; This is not a substitute for quality sleep.

Serving Size: 4 per day

AC1030 (120 caps) 30 servings **$43.65**

Natural Motivation TOP SELLER

Support your energy naturally with Natural Motivation! This herbal formula helps to support your adrenal glands as they produce the hormones your mind needs to stay clear and your body needs to function. This energizing blend helps to support your brain and body throughout the day and is a must have if you are over reliant on caffeine or suffering from daily afternoon slumps.

Serving Size: 5 Capsules

SPR4620 (120 Caps.) 24 servings **$31.99**

Power Fuel

Cardio, Energy, Endurance. Power Fuel is a vegetarian, gluten-free, powdered, formula designed to support mitochondrial function to help manage fatigue and support cellular activity. Power Fuel Supports: Energy via the production and recycling of ATP. Exercise tolerance and cardiovascular output. Muscle strength and recovery. Oxygen utilization and physical stamina. Athletic performance and endurance. Available in Orange or Berry flavor! An excellent product!

Serving Size: 1 Scoop

NFR0250 Orange (14.92 oz.) 30 servings **$60.00**
NFR0255 Berry (14.5 oz.) 30 servings **$60.00**

Energy Vitality Support

Energy is a vitality tonic that helps the body overcome tiredness and fatigue without unwanted side effects. It helps improve mental and physical energy and performance, is mood enhancing, and also supports the body's ability to fight the damaging effects of free radicals. **Contains Caffeine (from green tea extract) 150 mg per serving

Serving Size: 2 Capsules

LS5223-060 (60 Vcaps.) 30 servings **$25.20**

Caffeine + L-Theanine Day Starter

Day Starter™ delivers the energy benefits of caffeine with the calming benefits of L-theanine, to help you start the day focused and productive. In contrast to the nervousness that can come from consuming excess caffeine by itself, these two ingredients work together to provide calm, focused energy. Clinical research has shown that caffeine and L-theanine have a synergistic effect on attention and accuracy, and together support healthy focus and memory better than the use of each ingredient by itself. We suggest you start with one tablet but increase to two if the desired effect is not achieved.*

Serving Size: 1 per day

SN2763 (60 Tabs.) 60 servings **$10.95**

Chag-O-Power

Use Chag-O-Power when you need extra energy and Stamina. Chag-o-Power is a potent source of natural B vitamins plus the all-important antioxidant enzyme SOD. It is also a natural source of beta glucan, minerals, and powerful plant sterols. Chaga is a special mushroom, which grows on wild birch trees and is a kind of hard growth. It acts to heal the tree, so it is different than any other mushroom. Plus, in hot water it is delicious, especially when mixed with other potent substances such as wild white birch bark. Includes oil of wild oregano. Convenient to use as drops under the tongue; take 20 or more drops daily

Serving Size: 20 drops

NH0152 (2 fl. oz.) 88 servings **$26.90**

Chaga Mushroom

A mushroom found on birch trees is used to support normal immune system function in depleted individuals. Also used for energy and endurance.

Serving Size: 3 droppers up to 4 x a day

NA4093-004 (4 fl. oz.) 48 servings **$31.20**

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ChagaMax

ChagaMax is great for people who are always on the go. Wild chaga is a dense source of a wide range of nutrients, including B vitamins, minerals, sterols, and enzymes. Use the power of nature to increase your energy and endurance naturally. Take 1-2 capsules per day.

Serving Size: 1 per day

NH0155 (90 Vcaps) 90 servings $30.75

Red Ginseng HRG80 Energy

HRG80 Red Ginseng Energy from the Terry Naturally® brand of supplements features HRG80 red ginseng, specially grown using ultra-clean, pesticide free cultivation that makes it safe, reliable, and increases the amount of valuable compounds called noble ginsenosides. The result is a more powerful red ginseng that helps you stay resilient in the face of stress and feel energized all day long.

Serving Size: 1 Capsule

TN29603 (30 Caps.) 30 servings $30.40

Royal Power

An original superior source of undiluted, freeze-dried royal jelly from remote villages where the bees are never fed sugar, unlike most commercial types. Royal Jelly (6% 10-HDA) provides a host of nutrients, including amino acids, hydroxy acids, collagen, albumin, Riboflavin (B2), Pyridoxine (B6), pantothenic acid (B5), and naturally occurring steroids. In addition camu camu is added to provide a source of whole food vitamin C. Finally we add the concentrated powdered oils of wild sage and wild rosemary. Take two or more capsules daily.

Serving Size: 2 per day

NH0049 (120 Vcaps.) 60 servings $30.95

Royal Jelly

Royal Jelly has a complex nutritional profile that includes nucleotides, polyphenols, and unique organic acids. It has been used traditionally since ancient times as a health tonic. This Royal Jelly has been freeze-dried to maintain maximum stability and is among the finest products available. 10-HDA (hydroxy-d-decenoic acid) is one of the active, measurable components of Royal Jelly.

Serving Size: 1 softgel 1 to 2 times daily.

NO2560 1000mg (60 gels) 60 servings $15.95

Methyl-Mate B12 Liquid

Methylcobalamin or Methyl B12 is a form of vitamin B12 that is considered to be more absorbable and effectively utilized than other forms of B12. Adequate levels of Methyl B12 are needed to protect nerve tissue and maintain the myelin sheaths that cover the nerve endings. Vitamin B-12 is required for proper digestion, absorption of foods, protein synthesis, and anemia prevention. Helping to metabolize fats and carbohydrates, it aids cell formulation and longevity. Vitamin B-12 promotes development of healthy red blood cells and maintenance of nerve tissue. Adequate levels of this vitamin is important for the creation of glutathione and to assist the body in detoxification. As a dietary supplement, take 5 drops per day or as suggested by your physician. For best results, hold in the mouth, preferably under the tongue, for one minute before swallowing. For young children, a few drops at a time can be squirted under the tongue to allow for more effective absorption.

REN1263 1,385mcg (1 fl. oz.) 108 servings $35.40

B-12 2,000 mcg

Vitamin B-12 is necessary for the maintenance of a healthy nervous system and for the metabolic utilization of fats and proteins. Vitamin B-12 is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells.

Serving Size: 1 per day

NO0459 2,000 mcg (100 Loz.) 100 servings $11.60

Methyl B-12 TOP SELLER

Vitamin B-12 is a water soluble vitamin necessary for the maintenance of a healthy nervous system and for the metabolic utilization of fats and proteins. Vitamin B-12 is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells.

As a dietary supplement, take 1 lozenge 1 to 2 times daily. Chew lozenge or hold in mouth until dissolved and swallow. Choose from 1,000 or 5,000 mcg.

Serving Size: 1 per day

NO0495 1,000mcg (100 Loz.) 100 servings $9.45
NO0496 5,000mcg (60 Loz.) 60 servings $18.85

Energy Go Stix

Boosts healthy energy levels with a synergistic blend of amino acids, yerba mate, green tea extract, and three forms of ginseng. Contains 4Life Transfer Factor® to support the immune system. Supports memory, alertness, and mood.

Serving Size: 1 Pak

LF27587 Tropical (15 Paks.) 15 servings $34.99
LF27563 Berry (30 Paks.) 30 servings $62.95
LF27572 Orange Citrus (30 Paks.) 30 servings $62.95

Max-Hydrate Energy TOP SELLER

Max-Hydrate is a convenient, great-tasting fizzing tablet that when added to water, provides elite levels of electrolytes–sodium, potassium, magnesium, calcium–to help avoid muscle cramping and muscle fatigue. 10 Tablet Tube High Performance Electrolyte Fizzing Tablets Plus 50mg of natural Caffeine from Green Tea Extract Electrolytes–sodium, potassium, magnesium, calcium. All natural Orange flavor, tastes great! Gluten Free, Sugar Free, Certified Vegan, Non-GMO

Serving Size: 1 Tablet

TM1203 (10 Tabs) 10 servings $6.75

40,000 Volts Electrolyte Concentrate

40,000 VOLTS! Electrolyte Concentrate can turn any beverage into an electrolyte sports replacement drink. 40,000 VOLTS! is created by blending ConcenTrace® Trace Mineral Drops and Utah Sea Minerals in a base of liquid potassium citrate. Aids vitality and overall health nutritionally with natural, soluble, ionic minerals and trace minerals. ConcenTrace® is a trade name for concentrated sea minerals from the Great Salt Lake. Add 1 teaspoon (approximately 80 drops) to a large glass of juice or other beverage anytime electrolyte replacement is desired.

Serving Size: 1 tsp

TM1010 (8 fl. oz.) 48 servings $21.40

Electrolyte Stamina

New & Improved Electrolyte Stamina is a dietary supplement that is ideal for sports performance, people working in high temperatures, and anyone expecting to experience high levels of fluid loss. P-5-P and L-Taurine help get magnesium into the cells more effectively to help reduce cramps and increase stamina and energy. You may expect a wide spectrum of nutritional benefits. Suggested Use; 4-6 tablets daily, depending on activity, divided with meals and before and after periods of physical activity. Take with large amounts of fluid. WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Serving Size: 6 tablets

TM1012 (90 Tabs.) 15 servings $24.55

Eye Health

CAN-C Eye Drops NEW

Can-C™ eye drops are the original N-acetylcarnosine (often shorted to NAC) eye drop formula developed to normalize senile cataract impairment. In addition to senile cataract impairment, Can-C™ may also have other benefits. Although the information is not yet published, Russian researchers believe "that the unique Can-C™ formula with its added and synergistic lubricants, could also have benefit in the following eye disorders. Users and scientists have reported that Can-C™ is also great for: Dry eye syndrome. Benefit for those who wear contact lenses, particularly soft contact lenses. (Not only do the lubricants in Can-C™ help contact lenses more comfortable, but N-acetylcarnosine is also believed to inhibit the build up of lactic acid in the eye, meaning you can wear them in comfort for longer.) Corneal disorders. Computer vision syndrome. Eye strain. Ocular inflammation. Blurred vision. Presbyopia. Retinal diseases. Vitreous opacities and lesions. Complications of diabetes mellitus and other systemic diseases. Open-angle primary glaucoma."

Serving Size: Two Drops up 2x a day

CC0456 (5 ml) 30 servings **$38.40**

Bilberry Eye TOP SELLER

Our eyes are constantly exposed to light which in time can generate free radicals that have harmful effects on ocular cells. Dr. Christopher's Bilberry Eye formula combined with eating a diet rich in fruits & vegetables will help protect your sight support total eye health. A synergistic blend of of herbs for the eyes.

Serving Size: 2 capsules

DC49704 (100 Caps.) 50 servings **$21.60**

Herbal Eye Formula TOP SELLER

A synergistic blend of herbs for the eyes. Available in liquid or capsules. Can also be used as a eye wash using the "Glass eye cup" listed below. A great product! Contains; Bayberry Bark, Eyebright Herb, Goldenseal Root, Red Raspberry Leaf, and Cayenne Pepper (40,000 H.U.).

Serving Size: 2 capsules or 10 drops

DC49701 (1 fl. oz.) 57 servings **$18.20**

DC49700 (100 Caps) 50 servings **$26.05**

Glass Eye Cup

This Eye cup is designed to be used with the remarkable Herbal Eye Formula eye wash procedure. Before Use: Examine carefully for any damage. Wash or sterilize thoroughly before each use.

DC31807+T (1 ct.) **$9.65**

Eagle Eye TOP SELLER

Adlerauge/Eagle Eye is a powerful and comprehensive formulation including key vitamins and minerals to support ocular health. It also includes antioxidant nutrients, such as lutein and astaxanthin that have been shown to help eye health.

Serving Size: 2 Capsules

WS5160 (60 Caps.) 30 servings **$48.50**

Vision Essence

VisionEssence™ includes L-taurine, quercetin, vitamin C along with herbs schizandra and goji, making VisionEssence™ one of the most comprehensive vision support systems. Among the best known nutritional ingredients for eye health are lutein and zeaxanthin. Lutein and zeaxanthin are important carotenoids that make up the eyes' macular pigment. Having sufficient levels of these carotenoids is important because macular pigment protects photo receptors by absorbing harmful blue light, and supports visual acuity, contrast sensitivity, light sensitivity and glare recovery. Low macular pigment is a key risk factor for age related macular degeneration.

Serving Size: 2 Capsules

PEL9001 (60 Vcaps.) 30 servings **$37.60**

Complete Eye Health

Complete Eye Health is a 100% Food supplement that is intended to supply nutrients glandulars, and herbs needed to maintain and support the healthy functioning of the eyes. Complete Eye Health contains herbs, nutrients, and goat eye tissue. Goat eye tissue contains proteins and other nutrients found in health functioning eyes.

Serving Size: 1 Capsule

DOC2550 (90 Caps.) 90 servings **$36.00**

20/20 Vision Support

This awesome formulation contains various nutrients and herbs that have been used to protect the functioning of the eyes. Contains many excellent ingredients including: Zinc, Selenium, N-Acetyl L-Cysteine, Bilberry Extract, Quercetin, Lutein (from Lutemax® 2020 marigold flower extract) 10 mg, Zeaxanthin Isomers (from Lutemax® 2020 marigold flower extract) 2 mg, Astaxanthin 2% 4 mg and more.

Serving Size: 3 Capsules

NFR1090 (90 Vcaps.) 30 servings **$39.60**

Visibili-T Eye Health Complex

Visibili-T™ helps protect the eyes from free radical damage and supports healthy circulation. It helps strengthen blood vessels and circulation to the eyes, while also helping to maintain nighttime vision and eye protection from UV rays.

Serving Size: 2 Capsules

LS5206-060 (60 Vcaps.) 30 servings **$29.25**

Vision Support

Designed to improve eyesight and slow the aging process in eyes. Directions: As a dietary supplement, take two (2) capsules daily, preferably with meals, or as directed by your physician or optometrist.

Serving Size: 2 per day

CHU1852 (60 Caps.) 30 servings **$21.60**

MaxiVision Whole Body Formula

Premiere complete multivitamin with 33 ingredients geared towards total eye and body health. Contains 20 mg Lutein and 4 mg Zeaxanthin per serving. Contains more Lutein than most other eye supplement on the market. Contains all the nutrients used in the AREDS studies at safe proper levels. MAXIVISION® Whole Body Formula is doctor recommended for patients of all ages. MaxiVision® Whole Body Formula can be safely taken by anyone that is not a smoker.

Serving Size: 2 capsules 4 x a day

ME9995 (120 Caps.) 60 servings **$46.10**

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Eye Pressure Support w/Mirtogenol TOP SELLER

As you age, the fluid pressure inside your eyes can gradually and unnoticeably increase, leading to higher risk of the age-related vision issues that plague millions of Americans. Eye Pressure Support with Mirtogenol® contains a powerful blend of ingredients that is used in Europe to support fluid pressure in already healthy eyes. Mirtogenol® boasts standardized extracts from European bilberry and French Maritime pine bark that have been shown to support healthy blood flow throughout the body.

Serving Size: 1 capsule

LE1514 (30 VCaps) 30 servings **$31.35**

Macular Vision

NOW® Macular Vision features XanthoSight®, an ingredient consisting of lutein, zeaxanthin, and meso-zeaxanthin in ratios that have been clinically tested and found to promote optimal eye health, visual performance, and cognitive function.

Serving Size: 1 Softgel

NO3402 (50 Gels) 50 servings **$31.90**

Macuguard Ocular Support w/Astaxanthin TOP SELLER

MacuGuard® Ocular Support offers triple eye protection:
Supports concentration of lutein in the eye.
Supports efficient absorption of lutein in the blood stream.
Phospholipids enhance lutein in the cell membrane.
Supports zeaxanthin concentrations in eye.
Provides meso-zeaxanthin which is difficult to obtain from dietary sources.

Serving Size: 1 per day

LE1886 (60 Gels) 60 servings **$35.50**

Lutein w/Greens

Lutein is a carotenoid found in a variety of plants, especially kale. Lutein and zeaxanthin are found within tissues surrounding the macula of the eye - an area vital to sharp vision. This formula provides lutein, with naturally occurring zeaxanthin, in a base of 260 mg of Kale.

Serving Size: 1 per day

C8666 20mg (60 Caps.) 60 servings **$27.00**
C8668 20mg (30 Caps.) 30 servings **$14.40**

Bilberry Berry

Rich in anthocyanins and flavonoids which play an important role in supporting healthy veins, capillaries and arteries. Bilberries are considered super food for the eyes and blood vessels. Bilberries may benefit the eyes by promoting normal blood circulation to the eyes.

Serving Size: 3 droppers up to 4 x a day

NA4037-002 (2 fl. oz) 24 servings **$19.20**

Bilberry Complex

Bilberry (Vaccinium myrtillus) is the fruit of a small shrub related to blueberry growing in cool, temperate climates. It has been used by herbalists for centuries and modern scientific studies have indicated that bilberry possesses powerful free radical scavenging properties. NOW® Bilberry Complex is a standardized bilberry extract with 25% anthocyanins and is completed with carrot powder and citrus bioflavonoids.

Serving Size: 1 Capsule

NO4612 (100 Vcaps.) 100 servings **$23.20**

Blood Sugar

Sugar Controller Tea NEW

Achieve balanced blood sugar with Health King Sugar Controller herbal tea. Crafted for healthy glucose levels and inspired by ancient wisdom. Trusted blood sugar balance supplement with positive reviews. To manage blood sugar, try this tea. Ingredients: Mulberry (leaf), Cassia Seed (seed), Seabuckthorn (leaf), Polygonatum (root), Prunella Vulgaris (stem leaf), Atractylodes (root), Scrophularia (root), Green Tea (leaf), Jasmine (flower).

HK0061 (20 bags) **$5.65**

CuraLin Advanced Glucose Support TOP SELLER

CuraLin offers an effective and 100% natural way to maintain healthy glucose levels to people looking for advanced glucose support. Each vegan-friendly capsule contains our powerful Ayurvedic formula, free from dairy, gluten, preservatives, and artificial colors & flavors.

Serving Size: 2 Capsules

CP5201 (42 Caps.) 21 servings **$18.75**
CP5120 (90 Caps.) 45 servings **$38.95**
CP5212 (180 Caps.) 90 servings **$68.40**

GlucoLyze

GlucoLyze is a vegetarian dietary supplement to support proper glucose metabolism, cravings and weight management. Formulated with nine researched and known nutritional factors, GlucoLyze is useful for: Maintaining healthy glucose levels, reducing cravings, maintaining weight, energy support, aiding glucose transport and utilization by cells, and reducing free radical damage associated with unhealthy glucose levels.

Serving Size: 2 Capsules

NFR4520 (120 Vcaps.) 60 servings **$36.00**

GTF Chromium

NOW® GTF Chromium is a biologically active form of chromium known as chromium nicotinate glycinate. This form is also known as "Glucose Tolerance Factor" (GTF) because it is most similar to the form that was originally isolated from a food source.

Serving Size: 1 Tablet

NO1430 200mcg (100 Tabs.) 100 servings **$6.50**

Pancreas Formula TOP SELLER

Our pancreas is an amazing gland in the abdomen that produces insulin & helps our body break down foods. When our pancreas is healthy it is self-regulating, working day & night for our entire life. A healthy pancreas is able to produce the right chemicals at the right times in the right quantities in order to properly digest the food we eat. Today's average diet lacks many essential nutrients that are needed to support normal immunity, blood sugar levels, digestion & glandular function. Not eating a sensible, healthy diet can damage our pancreas & lead to many health problems.

Dr. Christopher's Pancreas formula aids the liver with controlling blood sugar, enhances digestion & encourages glandular health.

Serving Size: 2 capsules up to 3 x a day

DC89106 (100 Caps.) 50 servings **$22.10**

Sugar Recovery TOP SELLER

A big health concern today is the bodies ability to convert sugar to energy and keep the sugar out of our blood stream where it causes great damage to the arteries. One to four capsules a day works with the body to help the pancreas convert that sugar and put it in the cell where the cell burns it for energy. Keep the sugar out of the blood stream and put it to good use in the cell so you can take those daily walks.

Serving Size: 1 capsule up to 2 x a day

WS5142 (120 Caps.) 120 servings **$44.95**

Sucontral D Blood Sugar Support

Sucontral D combines Hintonia latiflora with B-vitamins, folic acid, vitamins C and E, and the trace minerals zinc and chromium, important nutrient cofactors for insulin function and healthy blood sugar metabolism.

Serving Size: 1 Capsule

TN12702 (120 Caps.) 120 servings **$52.80**

TN12706 (60 Caps.) 60 servings **$30.40**

Glucose Stabili-T Blood Sugar Support

Glucose Stabili-T helps maintain healthy blood sugar, circulation, and vision. It supports the body's natural cellular metabolism and helps fight the damaging effects of free radicals.

Serving Size: 3 Capsules

LS5208-090 (90 Vcaps.) 30 servings **$29.25**

Insuleen Blood Sugar Support TOP SELLER

Subject to the condition that most diets are filled with hidden sugars, we have created INSULEEN to help regulate blood sugar levels by kick-starting the pancreas to increase insulin production and help carry glucose to our cells for more energy and potential weight loss. In order to improve the effectiveness of INSULEEN, we recommend you take it on a consistent basis along with a balanced diet.

Serving Size: 1 Capsule

MFL2075 (60 Caps.) 60 servings **$20.25**

Fat Sugar Trim Formula

Contains ingredients specifically tailored to lower and stabilize blood sugar levels. Effectively digests fats and sugars. Helps eliminate sugar and fat cravings. Supports your body's fight against high cholesterol, heart disease, diabetes and more. Recommended Dose: Take 1 capsule 3 times per day with meals.

Serving Size: 3 Capsules

OH1018 (90 Caps.) 30 servings **$23.65**

Sugar Balance

Custom blend of cleansing and nourishing herbs to support normal pancreatic function and healthy blood sugar levels. Suggested Use: 2-6 droppers, 1/3-1 tsp., 3-4x a day. Use for 6-12 weeks or long term under the observation of a qualified health care provider. Not recommended while pregnant or nursing except under the guidance of a qualified health care provider.

Serving Size: 2 droppers up to 4 x a day

NA1017-004 (4 fl. oz.) 72 servings **$31.20**

Blood Sugar Harmony TOP SELLER

This formula is used for hypoglycemia and diabetes. Helps to promote healthy blood sugar levels. Take 1 capsule before meals as needed.

Serving Size: 1 capsule

CHU7340 (90 Vcaps.) 90 servings **$14.80**

Blood Sugar Health

Blood Sugar Health has therapeutic dosages of synergistic nutrients including water-soluble Cinnulin® Cinnamon Bark extract, Gymnemma Sylvestre, Chromium and Alpha Lipoic Acid which have been shown to help maintain Glucose and Carbohydrate Balance plus help minimize "Sweet Cravings." A well balanced product.

Serving Size: 2 capsules

EL0216 (60 Vcaps.) 30 servings **$36.85**

Blood Sugar Manager

Supports Blood Sugar Metabolism.

Serving Size: 3 Capsules 2 x per day

NW9200 (90 Vcaps) 30 servings **$13.15**

Tri Sugar Shield

Many aging individuals find themselves under assault from rising blood sugar levels. Despite a healthy diet and exercise, blood sugar levels can rise due to a number of factors including excess gluconeogenesis where by the liver produces glucose from protein. Another issue is the rapid conversion of any starch, including whole grains, into glucose. The result is that even health-conscious, active people can experience higher-than-desired blood sugar levels as they age.

Serving Size: 1 per day

LE1803 (60 Vcaps.) 60 servings **$30.95**

Good Sugar "Balanced Blood Sugar"

Blood sugar balancing support* Helps to promote optimal serum glucose levels. Good Sugar supports the metabolic processes that maintain healthy blood sugar (blood glucose) balance and optimize cellular uptake and utilization of glucose for energy production.* In combination with a healthy diet and moderate exercise, Good Sugar promotes good sugar balance and metabolism, and helps avoid problems that can arise from sub-optimal blood sugar metabolism and blood sugar imbalances.*

Serving Size: 2 Capsules

IH7143 (60 Caps) 30 servings **$47.99**

GluCoach w/Transfer Factor

Formulated to promote healthy glucose levels, the body's ability to metabolize glucose, and the metabolic and endocrine systems. Features certified 4Life Transfer Factor® to educate immune cells. Includes minerals, herbs, and phytonutrients to support healthy hormone production, healthy glucose levels, and pancreatic health.

Serving Size: 4 Capsules

LF29001 (120 Caps.) 30 servings **$76.95**

Ceylon Cinnamon

This lab tested Ceylon Cinnamon helps maintain normal blood glucose levels. Ceylon Cinnamon is a 'true cinnamon form' derived from Cinnamomum verum plant bark. Each capsule contains 500 mg.

Serving Size: 1 Capsule

C8103 (180 Caps.) 180 servings **$26.99**

GlucoMedix

This synergistic Glucomedix metabolic support blend pairs two of our favorite herbs, Stevia and Samento in a liquid supplement form, to promote multisystem support and balance. Support your healthy glucose levels with a harmonious metabolic support supplement formula to maintain healthy glucose levels; that can help your body to self-regulate its most important systems. Our metabolic support supplements come in a liquid form for better absorption.

Serving Size: 60 Drops

NUM2954 (4 fl. oz.) 40 servings **$54.35**

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Blood & Circulation

Blood Builder TOP SELLER

Clinically shown to increase iron levels without side effects.Crafted with real food like beetroot and oranges and key nutrients like folate,iron and B12 to improve energy levels and combat fatigue, with vitamin C to support iron absorption.

Serving Size: 1 per day

MF1195 (90 Tabs.) 90 servings **$30.55**
MF1196 (180 Tabs.) 180 servings **$48.95**

Iron Repair Heme Plus

Iron Repair Plus is a Revolutionary Iron Supplement that as Naturally High Absorption: You Can Take WITH or WITHOUT Food. Iron Repair is 'user friendly'! You can take it right along with meals, so it's easy to fit into your day. (This means you can happily enjoy your coffee/tea again without blocking your iron absorption!) Is Easy on the Stomach. Heme iron is absorbed in its whole natural form, so it doesn't cause intestinal pain & inflammation. Heme supplementation has been clinically proven to be exceptionally effective at improving iron status with minimal side effects. *Contains Bio Available Ingredients: Folate & B-12 are essential for healthy red blood cell production. Iron Repair includes innovative ingredients, in methylated forms so your body can actually use them. Offers Innovative Delivery: No more big compressed tablets, these beautiful capsules ensure Iron Repair is available to your body where it's needed.

Serving Size: 1 Capsule

TAN1005 (90 Caps.) 90 servings **$33.45**

Liver Fractions w/ Heme Iron

Liver Fractions delivers absorbable, energizing, and blood-building iron that is easy on the stomach. This formula features predigested beef liver concentrate extract from animals raised in Argentina without the use of chemical sprays, pesticides or antibiotics. Combined with the active forms of folate and vitamin B12, and a non-toxic and non-constipating iron. Liver Fraction offers outstanding support for cognitive and cardiovascular health, along with support for energy and stamina.

Serving Size: 2 Capsules

TN20089 (90 Caps.) 45 servings **$32.00**

Blood Nourish-R Blood Building Support

Blood Nourish-R nourishes healthy blood building processes. It is easy to absorb, revitalizes and energizes. We use a special form of Iron that is easy on the tummy and non-constipating, along with Vitamin B1, B12 and Folate, as well as the plants Alfalfa, Beet, Burdock, Nettle, and Red Raspberry to provide blood building nourishment to the body.

Serving Size: 2 Capsules

LS5245-060 (60 Vcaps.) 30 servings **$17.95**

Blood Circulation

A synergistic blend of herbs for the circulatory system. This formula is designed to nourish vein health, support blood pressure balance, & support optimal blood flow to the heart and legs.

Serving Size: 2 capsules up to 3 x a day

DC89110 (100 Caps.) 50 servings **$20.40**

Blood Stream

A popular blend of synergistic herbs for the bloodstream. This formula is designed to aid the body in elasticity and support the walls of veins and arteries.

Serving Size: 2 capsules or 2 tsp up to 2 x a day

DC89102 Capsules (100 Caps) 50 servings **$19.60**
DC88502 Liquid (4 fl. oz.) 24 servings **$20.10**

Grass Fed Liver TOP SELLER

Let's recapture what the modern diet lacks with the number 1 nutrient-filled superfood on the planet. This wild, grass-fed liver blend is packed with vitamins, minerals, and more to promote optimal liver health.

Serving Size: 6 Capsules

AN22880 (180 Caps.) 30 servings **$38.35**

Purely Liver "New Zealand" NEW

Grass-fed and finished beef liver is the most nutritious food you can possibly eat! That is why NAHS created Purely Liver, a 100% grass-fed and finished New Zealand beef liver with no additives or chemicals. It is rich in over 30 essential vitamins and nutrients. No other food on Earth contains this unique combination. Enjoy all of the benefits of this superfood in a convenient clean chlorophyll capsule.

Serving Size: 5 Capsules

NH4022 (150 Caps.) 30 servings **$28.45**

Liver 500mg TOP SELLER

Liver is a wonderful food for everyone, especially pregnant and nursing women and young children. Rich in vitamin A, vitamin B12 and several other vitamins and minerals. Sourced from New Zealand grassfed, inspected animals, raised without the use of pesticides, hormones or antibiotics. Gluten-free and dairy-free.

Serving Size: 1 Capsule

DRU8168 500 mg (180 Caps.) 180 servings **$33.35**

Liver Powder "Beef Liver"

Liver Power contains all natural hepatic support formulation that contains liver tissue concentrate derived from pure, lyopholized tissue concentrates from New Zealand, which is considered the cleanest and most environmentally responsible country to source from on the planet. It contains a rich amount of naturally occurring enzymes, vitamins, minerals, and hormone precursors as well as additional SOD and catalase enzymes that support inflammation and protection from oxidative stress.

Serving Size: 1 Scoop

WS5146 (6.8 oz.) 60 servings **$39.99**

Copper

Involved in a long list of bodily functions for vibrant, glowing health, this essential trace mineral packs a big punch. Naturally found in all the body's tissues, copper is a vital component of enzymes responsible for energy production, immune system and nerve function, connective tissue maintenance, red blood cell formation, the body's absorption of iron and much more. Committed to crafting superior products that just work better, we bring you Solaray Copper 2 mg. This hardworking supplement provides 222% of the daily value in a bioavailable amino acid chelate form. Minerals in this formula are reacted with aspartic acid, whole rice concentrate, citric acid and glycine for faster absorption and utilization.

Serving Size: 1 Capsule

SOL4026 2mg (100 Vcaps.) 100 servings **$7.25**

Copper TM "Ionic"

Ionic Copper provides 333% of the Daily Value of copper per serving, plus over 72 naturally occurring ionic trace minerals. Copper is an important mineral that helps to activate the antioxidant enzyme superoxide dismutase. Copper also plays an important role in many physiological processes, including the healthy formation of red blood cells, proper enzymatic reactions, efficient utilization of iron, and maintaining healthy connective tissue, hair, and eyes.

Serving Size: 1/4 Tsp. or 1.25ml

TM2020 3mg (2 fl. oz.) 48 servings **$16.35**

Iron + Herbs TOP SELLER

Perhaps you are one of many suffering from iron deficiency, the single most prevalent nutrient deficiency worldwide. Iron deficiency is the leading cause of fatigue among women between the time of menstruation and menopause. Adolescents and women of childbearing age need to regularly replace the iron that is eliminated through monthly blood loss. Demand during pregnancy also increases as iron is needed for proper placenta development and prevention of pre-term and low birth weight babies. In children and teenagers, a lack of iron is common due to poor eating habits, stress and growth spurts, and could influence behavior, learning ability and overall health. When iron is low, ATP production drops and energy levels decrease as a result. Choose from regular or Yeast Free formula.

Serving Size: 10 ml.

FI1010 YEAST FREE Liquid, 8.5 fl. oz. 25 servings **$27.95**
FI1000 Liquid (8.5 fl. oz.) 25 servings **$27.85**
FI1001 Liquid (17 fl. oz.) 50 servings **$48.50**

Iron + Herbs w/B-Vitamin Complex TOP SELLER

Iron supplements are notoriously hard to absorb. Plus, they frequently cause constipation and irritation of the digestive tract. Flora's Iron+Herb™ is different. It features liquid ferrous gluconate — a form of iron clinically proven to be well absorbed and easy on the digestive tract. Bonus: It's enhanced with energizing B vitamins and comes in a great-tasting base of fruit juices and whole foods.* Iron+Herb™ will help you maintain healthy iron levels and keep you feeling energized.

Serving Size: 10 ml

FI64741 (7.7 fl. oz.) 22 servings **$21.85**

Ferritin + Plant Based Iron

Many healthcare providers recommend taking an iron supplement if you're low on this essential mineral. But form matters. Enter Ferritin+™, a plant-based ferritin-iron made with organic peas. Ferritin is a naturally protein-coated form of iron found in legumes that allows for controlled release and efficient absorption, which helps to minimize digestive upset. Our clinical studies have shown that plant-based ferritin iron can effectively increase and maintain healthy iron levels. Support your energy levels and red blood cell production with Ferritin.

Serving Size: 1 Capsule

FI64725 (30 Caps.) 30 servings **$27.55**

Vitamin Code Raw Iron

Vitamin Code RAW Iron is whole food nutrition, specifically formulated with 22mg of gentle, whole food iron. RAW means no high heat, synthetic binders or fillers, artificial flavors, sweeteners, colors or additives commonly used in tablets. Whole food means RAW Food-Created Nutrients are blended in a base of 23 fruits and vegetables together with food cofactors.

Serving Size: 1 Capsule

GO2005 22mg (30 Caps.) 30 servings **$15.75**

Iron Complex

Iron is an essential mineral that plays central roles in energy production, immune system function, and neurological health. Iron is an essential component of hemoglobin, a molecule that transports oxygen to the cells of the body, and myoglobin, which binds oxygen used in muscle tissues. NOW uses Ferrochel® Iron Bisglycinate, which has clinically demonstrated superior absorption and is well tolerated because it is gentle and non-constipating.*

Serving Size: 1 per day

NO1440 (100 Tabs.) 100 servings **$10.15**

Ultimate Iron TOP SELLER

Ultimate Iron® replenishes iron for vital energy and stamina.* Its synergistic blend helps promote healthy red blood cells. Not only do women of childbearing age lose iron each month, an active, athletic lifestyle burns through the body's stores of iron even more quickly. An iron supplement, especially readily absorbed heme iron, can help boost energy and red blood cell levels, too.*

Serving Size: 2 per day

ENT5229 (90 Gels) 45 servings **$19.70**

Herbal Iron

A synergistic blend of herbs rich in plant based iron. Our body uses iron to create the protein center of red blood cells. This iron-rich protein center binds oxygen & delivers it to our tissues. If our body lacks iron, we cannot create enough healthy red blood cells to properly deliver oxygen to tissues.

Serving Size: 2 Capsules 2 x daily

DC89125 (100 Caps.) 50 servings **$18.90**

Iron 25mg

Superior Source provides iron in our Instant Dissolve MicroLingual® Tablets for optimal nutrient delivery. Superior Source Just Women's Iron helps maintain optimum levels of iron in women. Ferrous fumarate helps restore iron levels in the body when levels are low. The ferrous fumarate salt may help reduce the chances of getting gastro-intestinal problems which are sometimes associated with other iron salts.

Serving Size: 1 Tablet

SS92080 (90 Tabs.) 90 servings **$9.60**

Herbal Iron Syrup

Extracts of traditional herbal iron tonics, combined with organic blackstrap molasses, make Herbal Iron Syrup a great tasting formula for supporting healthy iron and hemoglobin levels. Stinging nettle, dandelion and yellow dock have a broad range of minerals, in addition to iron, as well as other nutrients that may support iron uptake from the diet. Foods rich in iron include red meat, organ meats, especially liver, and eggs.

Serving Size: 1 teaspoon up to 4 x daily

NA1070-004 (4 fl. oz.) 24 servings **$29.60**
NA1070-008 (8 fl. oz.) 48 servings **$52.80**

Iron "Ionic"

Ionic Iron is a rich, concentrated liquid dietary supplement that provides iron in an ionic form-the form most widely recognized by the body. Helps support cognitive function, energy production and immune system maintenance.

Serving Size: 1/4 tsp

TM2023 22mg (1.9 fl. oz.) 46 servings **$16.10**

Herbal Iron

This Plant based Herbal Iron provides a great non-animal sourced iron paired with nutrient rich foods, soothing herbs, and antioxidants. Includes Super Foods; Baobab, Nopal, Organic Spinach & Fennel.

Serving Size: 2 Tsp.

BT1014 10 mg (16.54 fl. oz.) 48 servings **$28.15**

Bountiful Beets

Beets contain an abundance of essential vitamins and minerals that benefit the body in many ways, (primarily circulation) by helping to support heart and brain health, as well as promoting proper digestion.

Serving Size: 1 Capsule

KF0495 (90 Caps.) 90 servings **$10.40**

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Clot Melt

The life is in the blood and keeping that blood flowing correctly is a big part of health and healing. The enzymes and ingredients in Clot Melt are designed to meet the needs that are often lost from eating foods that are over cooked and lacking the enzymes that used to be in our foods. Keeping the cells from sticking together is great way to allow the cells to perform at their peak performance carrying oxygen and nutrients to the organs.

Serving Size: 1 capsule up to 3 x a day

WS5145 (90 Caps.) 90 servings **$52.40**

Nattokinase HP TOP SELLER

A protein digesting enzyme, nattokinase is know as an anti-coagulant that can help prevent blood clots. Nattokinase -- natural blood thinner used for those with poor circulation, heart issues, and history of blood clots. Do not use with blood thinning medications!

Serving Size: 1 Capsule 2 x a day

NN6002 (90 Caps.) 90 servings **$29.95**
NN6002-B (180 Caps.) 180 servings **$53.95**

Healthy Veins

What do you see when you look at your legs? If you don't like it give Healthy Veins a try. Healthy Veins is a combination of vein tonic herbs used to support vein health and normal circulation. Not intended for long term use (more than 12 weeks). Can be used internally and externally to relieve minor blood stagnation in the legs. Some people like to rub the Healthy Veins tincture directly on sore veins and capillaries. Suggested Use: 1-3 droppers, 1/6-1/2 tsp., 3-4x a day. Reduce dose if there is constipation or stomach upset.

Serving Size: 2 droppers up to 4 x a day

NA1006-002 (2 fl. oz.) 36 servings **$16.80**
NA1006-004 (4 fl. oz.) 72 servings **$30.40**

V-Vein TOP SELLER

A unique blend of herbs to support veins & arteries. A few of the key ingredients in the formulas are: Japanese Pagoda Bud - This well known herb is proven to strengthen the vein wall & improve the condition of veins & capillaries. Collinsonia Root (stone root) - Has historically been used to support the "vascular tone" of the peripheral circulatory system. V-Vein formula aids the body with circulation & supports vein health, strength & function.

Serving Size: 1 capsule up to 2 x a day

DC89145 (100 Caps.) 100 servings **$20.25**

V-Vein Massage Oil

A unique blend of herbs to support veins & arteries. A few of the key ingredients in the formulas are Japanese Pagoda Bud - This well known herb is proven to strengthen the vein wall & improve the condition of veins & capillaries. Collinsonia Root (stone root) - Has historically been used to support the "vascular tone" of the peripheral circulatory system. Dr. Christopher's V-Vein Massage Oil aids the body with circulation and supports vein health, strength & function.

DC89146 (4 fl. oz.) **$21.30**

Beyond Relief "Vein & Circulation Support" TOP SELLER

Since varicose veins and hemorrhoids are one in the same family, treatment for one is also good for the other. BEYOND RELIEF is a masterfully blended herbal formula that contains nutrients known to strengthen capillaries and veins in the troubled areas of the body while improving circulation. Continued use should result in much improved areas of discomfort.

Serving Size: 2 Capsules

ENS3060 (60 Caps.) 30 servings **$31.50**

CircuCore NEW

CircuCore provides the building blocks to support nitric oxide formation which may enhance overall circulation, including heart health and erectile dysfunction. Nitric oxide is a soluble gas that is continually being made from arginine in endothelial cells. Endothelial cells comprise a layer of cells inside the lining of our blood vessels.

Serving Size: 2 Vcaps.

NFR2198 (120 Vcaps.) 60 servings **$47.60**

Circulari-T Blood Circulation Support TOP SELLER

Circulari-T promotes the structural integrity of arteries, capillaries, and veins. It strengthens peripheral blood flow and soothes heavy and restless legs.

Serving Size: 3 Capsules

LS5246-090 (90 Vcaps.) 30 servings **$20.40**

CircuVein TOP SELLER

The heaviness, swelling, and knotted appearance of varicose veins can be a physical and emotional discomfort for those who are afflicted. Thankfully, there is hope for relief, naturally. Flora's CircuVein contains naturally occurring ingredients that reduce the visible signs of varicose veins. Supports veins by reducing inflammation and contains bioflavonoids diosmin and hesperidin sourced from Spanish oranges.

Serving Size: 1 Vcap

FI61578 (60 Vcaps.) 60 servings **$39.35**

Vein Health

We've taken 5 herbs and combined them in this great formula. Used to support healthy veins & arteries. These herbs have traditionally been used for hemorrhoid care.

Serving Size: 2 Vcaps

CHU8002 (90 Vcaps.) 45 servings **$21.60**

Healthy Feet & Nerves

Healthy Feet & Nerves features the nutrients that support the delicate nerve endings in your feet, legs, fingers, and throughout your body. Active B-Vitamins for more powerful nervous system support. Benfotiamine, the fat-soluble form of thiamin, raises thiamin levels in the blood up to 5 times better, and maintains them significantly longer, than water-soluble B1. Alpha lipoic acid at the clinically studied proven dose for nerve health benefits. A uniquely standardized Boswellia to increase levels of key actives compared to unstandardized boswellia.

Serving Size: 2 Capsules

TN34206 (60 Caps.) 30 servings **$23.20**

Cool Cayenne Pepper w/ Butcher's Broom

Cool Cayenne Pepper 40,000 HU with Butcher's Broom.

Serving Size: 2 Capsules

SOL8103 (90 Vcaps.) 45 servings **$8.25**

Cayenne 40,0000 HU TOP SELLER

Supports Healthy Digestion* Supports Blood Vessels* Cayenne pepper (Capsicum frutescens) has been used as a food and by traditional herbalists for thousands of years. The hot and spicy taste of cayenne pepper is primarily due to a component known as capsaicin. Modern scientific studies have indicated that consumption of Cayenne may help to support cardiovascular and digestive functions.*

Serving Size: 1 Capsule up to 4 x a day

NO4625 500mg (100 Vcaps.) 100 servings **$7.25**
NO4627 500mg (250 Vcaps.) 250 servings **$14.50**

Shepherd's Purse Compound

Shepherd's Purse Compound is a powerful combination of herbs that support a healthy clotting response. Use to support normal blood clotting to slow blood loss. Shepherd's Purse and Yarrow are harvested and processed fresh for this formula to ensure they contribute their maximum potential to the compound. Suggested Use: 3-6 droppers, 1/2-1 tsp., 3-6x a day. Intended for short term use. If symptoms persist seek appropriate medical attention.

Serving Size: 3 droppers up to 4 x a day

NA1047-002 (2 fl. oz.) 24 servings $17.60

Red Clover Combination

The bloodstream is life itself, and it is important to keep it as clean and pure as possible so that as nutrients are efficiently delivered to the body, waste products are picked up & taken for elimination. Christopher's Original Formulas Red Clover Combination formula is designed to aid the body in eliminating impurities from the blood. Directions for Tea - Use 1 teaspoon of cut herb per cup of distilled water. Bring water to a boil, remove from the heat source, then add the applicable amount of herb to the water. Cover & allow to steep for at least 20 minutes (longer for stronger tea). Strain the herb & let stand until cool enough to drink.

DC98370 Cut (16 oz.) $52.90

Red Clover

Red Clover is a flowering plant that flourishes in meadows and fields throughout Europe, North America and northern and central Asia. It is mentioned in the traditional medical texts of both Eastern and Western civilizations for a variety of ailments.

Serving Size: 2 capsules up to 3 x a day

NO4730 375mg (100 Caps.) 50 servings $8.70

Celery Seed Extract

NOW® Celery Seed Extract offers a wide array of bioactive compounds including natural phthalides such as 3-n-butylphthalide (3nB). 3nB is extensively researched for its ability to support vascular health, especially within the brain. This product includes Horse Chestnut Seed Extract, which has been long known to support healthy vascular function. Hawthorn Extract with its many phenolic constituents has also been included to complement this 100% vegetarian formula.

Serving Size: 1 capsule up to 3 x a day

NO4626 (60 Vcaps.) 60 servings $15.90

Horse Chestnut

Horse Chestnut (Aesculus hippocastanum) is commonly used in European herbalism. It has many active constituents, including saponins and flavones, which have been scientifically shown to support the integrity of the vascular system and connective tissue. Rutin, a powerful free radical scavenger, has been added to complete this formula.*

Serving Size: 1 per day

NO4713 (90 Vcaps.) 90 servings $13.80

Chlorella

Chlorella is a green single-celled microalgae that has naturally occurring chlorophyll, plus beta-carotene, mixed carotenoids, vitamin C, iron and protein. The cell wall in this high quality Chlorella has been broken down mechanically to aid digestibility.

Take 6 tablets daily

Serving Size: 6 per day

NO2631 500mg (200 Tabs.) 33 servings $15.95

Chlorophyll Liquid w/peppermint TOP SELLER

Chlorophyll is a green pigment naturally produced by plants and algae and gives them their characteristic green color. Chlorophyll is critical for photosynthesis, the process by which sunlight is converted into chemical energy. Chlorophyll can function as a free radical neutralizer, may help to support the body's detoxification processes and has been traditionally used as an internal deodorizer.* This water-soluble extract is in the form of sodium copper chlorophyllin.

Serving Size: 1 tsp

NO2644 100mg (16 fl. oz.) 99 servings $19.55

Liquid Chlorophyll 100mg TOP SELLER

World Organic's Liquid Chlorophyll is derived exclusively from high quality alfalfa leaves. Chlorophyll is essential to the process of photosynthesis… often called the "building blocks of life." Without chlorophyll there is no life.

Serving Size: 1 Tbsp

WO59013 100mg. (16 fl. oz.) 32 servings $11.95

Chlorocaps 50mg

World Organic Chlorocaps 50mg concentrated chlorophyll softgels. World Organics Chlorocaps are made from concentrated oil soluble Chlorophyll, made water soluble for better absorption into the system. It is effective as an internal deodorant in helping to reduce offensive body odors. Ideal for use in internal cleansing programs.

Serving Size: 1 Softgel

WO59020 (90 Gels.) 90 servings $11.45

Chlorofresh

Chlorofresh is a liquid chlorophyll complex extracted from mulberry tree leaves that reduces digestive tract odors. Can also be used as a mouthwash. (Mint Flavor)

Serving Size: 2 Tbsp up to 2 x a day

NW8500 (16 fl. oz.) 16 servings $12.30

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Blood Pressure

Cholesto Red

This product was designed to assist in supporting cardiovascular function. Containing vitamin B3 (niacin), chromium, phytosterols, gugulipids, policosanol, CoQ10, and red yeast rice, Cholesto Red may also help keep cholesterol levels in the normal range.

Serving Size: 3 Capsules

NFR2195 (90 Vcaps.) 30 servings **$47.20**

Blood Pressure Health "Now"

Emerging evidence indicates that the role of Grape Seed Extract (GSE) in support of cardiovascular health may extend beyond its important antioxidant functions. Scientific studies have shown that the proprietary GSE found in NOW® Blood Pressure Health, MegaNatural®-BP™ contains flavonoids that can support healthy arterial function already within the healthy range through a number of mechanisms. In fact, these studies suggest that MegaNatural®-BP™ can help maintain blood pressure already within the healthy range. In addition, NOW has included standardized Hawthorn Extract as a synergist. Hawthorn Extract provides powerful antioxidant flavonoids, including standardized Vitexin that, along with other components in Hawthorn, have also been found to support healthy range blood flow and healthy range blood pressure.*

Serving Size: 1 capsule up to 2 x a day

NO3066 (90 Vcaps) 90 servings **$23.20**

Blood Pressure Health 109

Kyolic® Formula 109 contains a unique and natural combination of Nattokinase and Suntheanine® with Aged Garlic Extract™ to help relax and support healthy blood pressure through different pathways. Clinical studies have shown these ingredients can help promote relaxation and support healthy blood pressure levels, already within normal ranges.

Serving Size: 2 Capsules 2 x daily

WK9437 (240 Caps.) 120 servings **$64.55**

B/P Stabili-T Blood Pressure Support

B/P Stabili-T helps to promote healthy blood circulation and normal blood pressure. It helps protect against the formation of plaque in the blood vessels, and it helps slow the circulation of stress hormones. We use herbs like Arjuna, Ashwagandha, and Hawthorn Berry that work together to support normal blood pressure. These are plants that have been used for centuries to help hearts stay healthy.

Serving Size: 4 Capsules

LS5202-120 (120 Vcaps.) 30 servings **$25.20**
LS5202-240 (240 Vcaps.) 60 servings **$45.55**

Blood Pressure Health TOP SELLER

Blood Pressure Health contains clinical dosages of essential nutrients that have been shown to help maintain proper blood pressure and good circulation.* Key Ingredients for Blood Pressure Health; Albion™ Magnesium & Potassium – The Gold Standard in Mineral Chelates. European Extracted Ginkgo Biloba Extract – Highest quality Ginkgo Biloba Casien Hydrolosate – Shown to effectively relax blood vessels. Hawthorn Berry Extract – Shown to help support blood pressure health. RAW Whole-Food Proprietary Blend – A distinct blend of organic sprout powders, probiotics, plant enzymes, and super food powders offers increased bioavailabilty and absorption.*

Serving Size: 3 capsules

EL0223 (90 Vcaps.) 30 servings **$28.85**

Endovan TOP SELLER

Endovan works with your body to target the root of the problem and has historically been used for high blood pressure, preeclampsia, endometriosis, fibroids, ovarian cysts, and breast lumps. Many women's reproductive health issues are caused by the body's inability to break down excess fibrin. This unhealthy fibrin plays a major role in the development and exacerbation of fibroids, ovarian cysts, endometriosis, and breast lumps. Endovan's unique formulation is designed to naturally boost your body's ability to target and degrade excess fibrin and relieve the associated adverse symptoms. What To Expect; Results will depend on the severity of your symptoms but some women notice improvement in the first one to two months with continued progress in subsequent months. Important: While successful for the majority of users, not all women respond to Endovan. Stop use while having your period then continue afterward. Can also be used by men.

Serving Size: 1 capsule twice daily

KN2025 (60 Vcaps.) 60 servings **$55.95**

HEALTHY SATURATED FATS

1. Avocados
2. Dark Chocolate (No added sugar)
3. Fatty fish
4. Nuts
5. Chia seeds
6. Extra virgin olive oil
7. Full-fat yogurt

Carditone Blood Pressure Support

Carditone is a holistic, safe, and all-natural way to support healthy blood pressure. Formulated with Ayurvedic expertise and backed by medical research. Carditone's proprietary blend combines potent herbs with essential nutrients to optimize your heart health.

Serving Size: 1 capsule

RUV6001 (30 Caps.) 30 servings **$18.99**

Blood Pressure Factors

Regulation of blood pressure in the body is constantly monitored through a "negative feedback loop". Specific nutrients have been identified as beneficial for supporting this blood pressure regulation system in three key areas: the cardiovascular system, the nervous system, and fluid balance. With Calcium, Magnesium, Hawthorn Berry, Garlic, Vitamin B-6, Vitamin D.

Serving Size: 3 per day

MNP1191 (180 Tabs.) 60 servings **$42.35**

Heart Health

Artery Care TOP SELLER

Designed to assist cleaning and maintaining a healthy cardiovascular system, help strengthen heart muscles, and slow down aging by boosting the immune system. The secret to Artery Care's good results is a right combination of essential ingredients in their proper amounts. If the arteries are lined with plaque and partly closed, the heart has to work harder to pump the blood through the vascular system. This can be the cause for high blood pressure. If plaque breaks off and lodges in a restricted area, it can cause a stroke and death. Why take a chance on the #1 killer?

Serving Size: 1 per day every 10 years of age (example: 50 year old should take 5)

UNI2025 (90 Caps) 90 servings **$28.75**
UNI2026 (1,080 Caps) 1,080 servings **$283.50**

Simply Cardio

Simply Cardio supports a healthy cardiovascular system, by enhancing athletic performance. Reduces muscular weakness. Improves energy and circulation.

Serving Size: 1 Tablet

DOC7290 (100 Tabs.) 100 servings **$28.80**

Cardio for Life

L-Arginine is proven to help regulate your cardiovascular function. And maintain healthy cholesterol and blood pressure levels. By combating high blood pressure and cholesterol levels, the formula supports your optimal heart health.

Serving Size: 1 Scoop

HG1028 Grape (16 oz.) 32 servings **$35.35**

Circulation Cardio Support TOP SELLER

Circulation Cardio Support (formerly known as L-Arginine Complete) was formulated to naturally reduce the risk of cardiovascular disease including, Heart Attack, High Blood Pressure Stroke, High Cholesterol and Neuropathy. It has been well know in the medical community that people suffering with cardiovascular issues such as high blood pressure, high cholesterol, poor circulation, peripheral neuropathy and even low libido are more than likely lacking the life saving molecule we call NITRIC OXIDE. Science has discovered that by taking the correct amounts of the amino acids L-Arginine and L-Citrulline, one can easily reverse this lack of Nitric Oxide and reduce the risk of suffering from the painful and sometimes deadly effects of heart disease, namely heart attack and stroke.

Serving Size: 10 grams up to 2 x a day

FEN1020 Mixed Berry (11.1 oz.) 30 servings **$35.50**

Kyolic Formula 108

Kyolic® Aged Garlic Extract™ Formula 108 for Total Heart Health contains 500 mg of AGE with Vitamins B6, B12, folate and L-Arginine in a formula created to support healthy cardiovascular function per serving (2 capsules; Recommend two servings per day). Elevated homocysteine levels in the bloodstream have been linked with a wide range of health issues. This clinically studied formula has been documented to reduce homocysteine levels and also support healthy cholesterol and blood pressure levels, which are already within normal ranges, and aid in circulation.

Serving Size: 2 Capsules

WK2036 (100 Caps.) 50 servings **$16.95**

Kyolic Aged Garlic Extract Formula 104

KYOLIC® Aged Garlic Extract™ begins with 100% organically grown garlic from California. It is then aged to perfection in a unique extraction process to eliminate odor and create beneficial compounds found only in Kyolic. This combination of Lecithin and Aged Garlic Extract supports healthy cholesterol levels and overall cardiovascular health.

Serving Size: 2 capsules

WK2134 (300 Caps.) 150 servings **$34.85**

Aged Garlic Extract Liquid

Liquid Aged Garlic Extract™ begins with 100% organically grown garlic bulbs. They are then aged to perfection in a unique extraction process to eliminate odor and create the beneficial compounds found only in Kyolic.

Serving Size: 1/4 tsp.-1 tsp. with meal 2 x daily

WK2236 Plain (4 fl. oz.) 120 servings **$30.30**

Kyolic Formula 100 'Cardiovascular Health' TOP SELLER

Aged Garlic Extract™ [600 mg] (per tablet/capsule). KYOLIC® Aged Garlic Extract™ begins with 100% organically grown garlic bulbs. They are then aged to perfection in a unique extraction process to eliminate odor and create beneficial compounds found only in Kyolic.

Serving Size: 2 capsules 2x a day

WK2032 (300 Caps) 150 servings **$34.75**

Serracor-NK

Serracor-NK supports respiratory and sinus health, and promotes cardiovascular and circulatory health and contains a powerful blend of antioxidant herbs, CoEnzyme Q10 and magnesium with enteric-coated serrapeptase and nattokinase. Take on an empty stomach (30-60 minutes before or 2 hours after meals).

Days 1-5: Take 1 capsule, 3 times a day. Days 6-11: Take 2 capsules, 3 times a day. Day 12+: Take the Therapeutic Dose of 3 capsules, 3 times a day.

Serving Size: 1 Capsule 3 x daily

AS5305 (150 Vcaps.) 150 servings **$72.00**

Cholesterol Pro

Cholesterol Pro™ is a combination of two unique ingredients that have clinically demonstrated their ability to help support serum lipid levels already within the healthy range. Bergamonte® is a standardized polyphenolic extract that can help to support cardiovascular health, as well as proper blood sugar management. Plant sterols are also known to support healthy cholesterol levels already within the normal range.

Serving Size: 2 Tablets

NO3510 (120 Tabs.) 60 servings **$43.50**

Choles-T Cholesterol Support

Choles-T™ supports a healthy heart and liver by helping to manage cholesterol. It enhances the body's natural liver function, supports healthy cardiovascular function, and helps maintain normal cholesterol and triglyceride levels.

Serving Size: 3 Capsules

LS5205-090 (90 Caps.) 30 servings **$25.20**
LS5205-180 (180 Caps.) 60 servings **$45.55**

Cholesterol Health TOP SELLER

Cholesterol Health has therapeutic dosages of flush-free Niacin, Fermented CoQ10, Albion® Chelated Chromium, Garlic as well as containing RYR-VA™ Red Yeast Rice shown to help improve HDL (good) cholesterol as well as support overall cholesterol ratios.*

Serving Size: 3 capsules

EL0225 (90 Vcaps) 30 servings **$28.15**

Cholestamin

Cholestamin naturally supports healthy cholesterol. Its active ingredients, crude red grape flavonoids, northern Pacific kelp, garlic, and wild cumin, are ideal for a daily supplement. Cholestamin is high in natural resveratrol, vitamin C, chromium, and potassium. These nutrients are essential to our health. Red sour grape provides the powerful antioxidant resveratrol in a natural non-alcohol extracted form. Cholestamin is natures answer for healthy mineral and antioxidant support. This is a famous formula in Europe, where it is highly regarded as a natural answer.

Serving Size: 2 capsules

NH4051 (90 Caps) 45 servings **$30.75**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Berberine 500mg TOP SELLER

Source Naturals Berberine provides 500 mg of berberine hydrochloride, an amount shown in clinical studies to support multiple body systems. A human clinical trial has shown that berberine supplementation can support gastrointestinal health. Several clinical trials suggest that berberine can help support healthy blood glucose levels and healthy blood cholesterol levels already within the normal range.

Serving Size: 1 Capsule

SN2783 (60 Vcaps.) 60 servings **$22.35**

Oil of Black Seed

Oil of Black Seed is the natural way to feed the cells of the body with a luscious aromatic oil. This is a top source of essential fatty acids among other vital nutrients. This is the true 100% cold-pressed Mediterranean black seed oil along with wild rosemary oil, wild oregano P73 oil, and organic garlic oil. Oil of Black Seed is a natural source of vitamin E, sterols, sterolins, and vital omega-3s, -6s, and -9s. Take one or more teaspoons daily. Makes a tasty addition to any food such as salad, soup, or vegetables. Also add to smoothies.

Serving Size: 1 teaspoon

NH6025 (12 fl. oz.) 72 servings **$38.40**

Black Seed Oil Cardio Plus

Great for heart and arterial support. Black Seed Oil CardioPLUS is a powerful cardiovascular support. It packs three power-houses together, thymoquinone-rich oil of black seed, Mediterranean pomegranate concentrate, and muscadine skin concentrate. You get four great potencies: thymoquinone, which works in the heart and on the brain stem, resveratrol, ellagic acid, and punacaligans.

Serving Size: 1 tsp

NH9153 (8 fl. oz.) 48 servings **$26.99**

Black Seed Plus

Black Seed plus capsules are a natural source for trace minerals including iron, zinc, calcium, magnesium, and chromium. All the ingredients found in Black Seed plus are completely wild from remote, high-mountain regions. Black seed is one of the most aromatic of all wild spices. OurBlack Seed plus capsules are non-irradiated and free of all chemicals and additives. It is so tasty you can open the capsule and add it to your food.

Serving Size: 2 capsules

NH6028 (90 Caps) 45 servings **$20.00**

Heart Formula

"A merry heart doeth good like a medicine" but when you need more cheer reach for our popular formula containing heart and circulatory tonic herbs to support a healthy heart and normal circulation. Suggested Use: 2-4 droppers, 1/3-2/3 tsp., 3-4x a day. Dilute tincture in a small amount of water, juice or tea.

Serving Size: 2 droppers up to 4 x a day

NA1028-002 (2 fl. oz.) 36 servings **$19.20**

NA1028-004 (4 fl. oz.) 72 servings **$33.60**

Heart Strong

A healthy heart that is functioning well is essential to your health. It governs the other components of your cardiovascular system and drives your body's strength and rhythm, distributing vital oxygen and nutrients to all other systems in your body via your blood. Heart Strong™ supports your heart's health and functioning by providing targeted support from a delicate balance of Magnesium, Coenzyme Q10 (CoQ10), Acetyl-L Carnitine and a specially formulated, proprietary Heart Strong blend.

Serving Size: 2 Tablets

RR1126 (60 tabs.) 30 servings **$33.65**

Red Yeast Rice TOP SELLER

The natural way to lower cholesterol. For best results use CoQ10 with this product.

Serving Size: 2 capsules up to 2 x a day

NO3501 600mg (120 Vcaps) 60 servings **$21.00**

Red Yeast Rice + CoQ10 TOP SELLER

Red Yeast Rice (RYR) is a natural product that has been used by Asian traditional herbalists for centuries and is produced by fermenting Red Yeast (Monascus purpureus) with rice. This NOW product also includes Alpha Lipoic Acid and CoQ10 for free radical protection, as well as Silymarin to support healthy liver function. CoQ10 is also known for its cardiovascular supporting properties.

Serving Size: 2 Vcaps

NO3321 (60 Vcaps.) 30 servings **$18.85**

CoQ10 Chewable

Supplemental CoQ10 has long been recognized for its benefits in clinical studies for the heart, brain, and healthy aging. In this formula, we've combined our CoQ10 with an advanced gamma-cyclodextrin delivery system for 800 % higher absorption compared to standard CoQ10 forms.

Serving Size: 1 Tablet

TN10843 100mg CHEWABLE (30 Tabs.) 30 servings **$25.60**

CoQ10

CoQ10 is a very important nutrient to increase oxygen output by heart muscle especially for those with weak heart such as congestive heart failure.

Serving Size: 1 capsule up to 2 x a day

NN43209 100mg (150 Gels) 150 servings **$54.95**

CoQ10 400mg

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 works with vitamin E as a potent free radical scavenger in cell membranes, as well as within blood vessels.* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.*

Serving Size: 1 Softgel 2 x daily

NO3198 400mg (60 Gels.) 60 servings **$50.75**

CoQ10 100mg w/Hawthorn TOP SELLER

Coenzyme Q10 is a vitamin-like compound also called ubiquinone. It is an essential component of cells and is necessary for mitochondrial energy production. Years of research has shown that CoQ10 supports healthy cardiovascular and immune system functions in addition to its vital role in energy production.*

Serving Size: 1 per day

NO3213 100mg (180 Caps.) 180 servings **$52.20**

"The deep roots never doubt spring will come.

Ubiquinol

Ubiquinol is the reduced and active free radical quencher form of Coenzyme Q10 (CoQ10). CoQ10 is found in all cells of the body, with especially high concentrations in the heart, and is essential to mitochondrial energy production and functions as a powerful, fat soluble, free radical scavenger. These properties make Ubiquinol an ideal supplement for the support of energy production and free radical protection in the heart, vascular structures, brain and neurons. Ubiquinol has been shown to be highly bioavailable and the addition of MCT Oil (medium chain triglycerides) to this product naturally improves its solubility and enhances intestinal absorption, thereby creating a product with superior biological value.*

Serving Size: 1 per day

NO3143 100 mg (120 Gels) 120 servings **$65.20**

Hawthorn

Our Hawthorn extract is standardized to 1.8% flavonoids including vitexin and hyperoside. Hawthorn helps promote cardiovascular health by improving blood flow to the heart muscle.

Serving Size: 1 Capsule

NW69100 (90 Vcaps.) 90 servings **$16.45**

Hawthorn Berry Heart

A synergistic blend of highly concentrated Hawthorn Berries for the Cardiovascular System. Dr. Christopher's Hawthorn Berry Heart Syrup provides circulatory system support & has been used historically to help aid heart muscle function. Great for active lifestyles.

Serving Size: 1/2 tsp

DC88506 (16 fl. oz.) 192 servings **$46.45**

Cod Liver & Omega Oils

Cod Liver Oil "Extra Virgin" TOP SELLER

Rosita EVCLO is real Norwegian cod liver oil that is fresh, raw & handcrafted from wild livers using a very rare ancient extraction technique which uses nature to separate the oil from its liver. No chemicals, solvents and mechanical devices are ever used during the extraction process. The oil is completely unrefined and produced under the total absence of heat, a process that allows the many natural vitamins and nutrients present in cod liver oil to stay intact. This type of cod liver oil is both precious and rare – something that is almost impossible to achieve on industrial level and something that is not very cost effective. Rosita cod liver oil has a pale/golden color and a mild, but in no way repulsive, fishy taste. It is thoroughly tested by leading universities and government-linked institutes. A true ancient oil in today's modern world, and one that their Norse ancestors would have been proud to consume!

Serving Size: 3 gels up to 2 x a day or 1 tsp.

RRF4007 (5 fl. oz.) 30 servings **$63.10**
RRF4069 (90 gels) 30 servings **$63.95**

Fermented Cod Liver Oil

A oil with the Omega – 3 fatty acids and Vitamins A & D maintained right through to the bottle. It is rich in EPA, which is the link to fatty acid nutrition that ultimately results in prostaglandins. These are the local tissue hormones that are critical for brain and nervous system function. They are a powerful anti-inflammatory.

Serving Size: 2 ml. or 2 capsules

GP5118 Non-flavor (120 Caps) 60 servings **$35.00**
GP5117A Orange Flavor (6.1 fl. oz.) 90 servings **$35.00**
GP29750A Non-Flavor (6.1 fl. oz.) 90 servings **$35.00**
GP29820A Cinn. Flavor (6.1 fl. oz.) 90 servings **$35.00**

Fermented Cod Liver/Butter Oil

Dr. Weston A. Price discovered high vitamin butter oil in the early 1930's. The pinnacle of his X-Factor discovery was the extreme synergy between high vitamin butter oil and traditional cod liver oil. "One with-out the other did not do his patients justice but the two together worked extremely well.

Serving Size: 2 capsules or 1/2 tsp

GP29790 (120 Caps) 60 servings **$41.00**
GP29794A Non-Flavored (6.4 oz.) 75 servings **$41.00**
GP29797 Cinnamon Gel (6.4 oz.) 75 servings **$41.00**
GP29796A Chocolate Gel (6.4 oz.) 75 servings **$41.00**

Butter Oil

A good high quality high vitamin butter oil. X-Factor Gold High Vitamin Butter Oil is made from dairy oil extracted without heat from cows that eat 100% rapidly growing grass. The speed of the grass growth, timing of grazing of this grass, species of grass, climate and extraction method are all important to make real X-Factor Gold High Vitamin Butter Oil.

Serving Size: 2 capsules or 1/2 tsp

GP5119-91 (120 Caps) 60 servings **$41.00**
GP29640 Unflavored (6.4 fl. oz.) 75 servings **$41.00**

Cod Liver Oil TOP SELLER

Cod Liver Oil is well-known for its naturally occurring Omega-3 Fatty Acids, EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid) and has a long history of traditional use for the support of overall health and well-being.* NOW® Cod Liver Oil is also rich in Vitamins A and D-3.

Serving Size: 1 per day

NO1742 650 mg (250 gels) 250 servings **$15.95**

Norwegian Cod Liver Oil TOP SELLER

Experience the many benefits that Carlson Cod Liver Oils have to offer. Carlson Cod Liver Oil Promotes and Supports: Cardiovascular Health, Brain and Nerve Function, Healthy Vision, Immune System Health, Bone Strength, Healthy Joints and Movement. It has a pleasant "taste" and naturally provides: EPA and DHA (Substantial amounts) and Vitamins A and D (Moderate amounts). Capsules contain 1,000mg cod liver oil, 100mg DHA, and 80mg EPA per softgel. Liquid contains 1,100mg Omega-3, 500mg DHA, and 400mg EPA per teaspoonful.

Serving Size: 1 gel or 1 tsp

C1301 Gems, Super 1000, (100 Gels) 100 servings **$12.95**
C1302 Gems, Super 1000, (250 Gels) 250 servings **$28.95**
C1321 Unflavored (8.4 fl. oz.) 50 servings **$26.95**
C1322 Unflavored (16.9 fl. oz.) 100 servings **$43.95**
C1351 Lemon (8.4 fl. oz.) 50 servings **$26.95**
C1352 Lemon (16.9 fl. oz.) 100 servings **$43.95**

Dr. Formulated Alaskan Cod Liver Oil

Cod Liver Oil has been touted for its health benefits for years—and with good reason. Dr. Formulated Alaskan Cod Liver Oil provides a high-potency formula with a total of 1,000mg of Omega-3s. With EPA, DHA plus DPA, Alaskan Cod Liver Oil also naturally contains vitamins A and D which together, support heart, brain, vision and joint health.

Serving Size: 1 teaspoon

GO3547 (6.76 fl. oz.) 40 servings **$26.25**
GO3548 (13.52 fl. oz.) 80 servings **$43.75**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Artic Cod Liver Oil

Nordic Naturals Arctic Cod Liver Oil™ (CLO) is made from 100% wild Arctic cod. No fish body oils or synthetic vitamins or additives are ever used. Liquid contains total Omega's of 1,060mg , EPA: 340 mg DHA: 510 mg. Capsules contain total Omega's of 750mg, EPA: 240 mg DHA: 360 mg.

Serving Size: 1 teaspoon or 3 Gels

NNA4785 Orange Flavor (8 fl. oz.) 48 servings **$30.70**
NNA5478 Orange Flavor (16 fl. oz.) 96 servings **$52.75**
NNA7885 Non-Flavor (180 Gels) 60 servings **$46.05**

DHA Xtra

Omega-3 DHA makes up 10%-20% of the essential fats in your brain's cerebral cortex, the part responsible for memory, language, creativity, emotion, and attention. Treat your brain to an extra large serving of this important nutrient with DHA Xtra—nearly one full gram of brain-nourishing DHA in a slightly larger, strawberry-flavored soft gel. A very potent DHA formula for intensive cognitive support, DHA Xtra™ packs almost 1000 mg of pure omega-3 DHA into a single serving.*

Serving Size: 2 soft gels

NNA1745 (60 Gels) 30 servings **$32.60**

DHA-1000 Brain Support

DHA helps support brain health and plays a role in cognitive function. This fish oil concentrate is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants such as PCBs, dioxins, mercury, and other heavy metals.

Serving Size: 1 soft gel

NO1614 (90 Gels.) 90 servings **$36.25**

Critical Omega

No fishy aftertaste. Advanced, Critical Care Fish Oil Formula with 900mg Omega-3, 490mg EPA, and 244mg DHA, and other Beneficial Omegas per softgel. Recommended 1 capsule per day. • Burp-free; enteric delivery

Serving Size: 1 Softgel

RL15579 (60 Gels) 60 servings **$31.70**

Maximum Omega 2,000mg TOP SELLER

Maximum Omega 2000 provides 2,000 mg of omega-3s per serving, including 1,250 mg of EPA and 500 mg of DHA to promote heart, brain, vision, and joint health.The American Heart Association (AHA) recommends eating at least two 3.5-ounce servings of fatty fish per week in order to get an adequate amount of omega-3s. Fatty fish, including salmon, mackerel, and sardines are a great source of omega-3s; however, most of us don't get enough fish in our diet to reach the recommended intake, so a supplement may be a great option.

Serving Size: 2 soft gels

C1720 2,000mg (60 Gels.) 30 servings **$24.15**
C1721 2,000mg (90 Gels.) 45 servings **$48.95**

Essential Omegas

Essential Omegas is a high-quality concentrated blend of fish oils providing an excellent source of omega-3 fatty acids in their naturally existing ratios from a high-quality blend of Chilean anchovy, sardine, and mackerel fish oils.

Serving Size: 2 soft gels

HN2095 (120 Gels.) 60 servings **$36.75**

Ultimate Omega

Concentrated Ultimate Omega delivers a total of 1280mg (EPA: 650 mg, DHA: 450 mg) omega-3s per serving and has been shown by original research to support healthy glucose levels, healthy lipid levels in professional athletes, bronchial health, and the body's ability to respond to stress in a healthy way.*

Serving Size: 2 Gels

NNA1790 1,280 mg (60 Gels) 30 servings **$28.75**
NNA1793 1,280mg (180 Gels) 90 servings **$72.95**

Ultimate Omega 2x

If getting the most omega-3s in as few soft gels as possible is your goal, then you've found your ideal product. Ultimate Omega® 2X delivers a mega serving of 1000 mg omega-3s EPA and DHA per soft gel. Ideal for individuals needing the highest levels of omega-3s EPA and DHA, for heart, brain, and immune health, and for those whose doctors prescribe 2000+ mg of omega-3s daily.

Serving Size: 2 Softgels

NNA2152 2000mg (120 Gels.) 60 servings **$94.05**

Omega 3/EPA/DHA

Omega 3/EPA/DHA is a 100% Food supplement that is intended to supply nutrients needed to provide high quality herring source essential fatty acids like omega 3 as well as EPA, DHA and support factors.

Serving Size: 1 Capsule

DOC6040 (90 Caps.) 90 servings **$46.00**

Platinum Omega-3

Minami Platinum Omega-3 Fish Oil is an ultra-concentrated omega-3 supplement made from the purest fish oil utilizing dual supercritical CO2 extraction technology that delivers an unprecedented 1,100mg of omega-3s in the natural triglyceride form, in just one softgel daily. Unlike fish oils, which are two-thirds saturated fat, Platinum Omega-3 Fish Oil contains no saturated fat. It has a clean orange flavor with no fishy aftertaste, and with 1,000IU of added vitamin D, this unique omega-3 supplement is designed to support brain, mood, immune and cardiovascular health.

Serving Size: 1 Softgel

GO1812 Orange (60 Gels.) 60 servings **$54.25**

Omega-3 TOP SELLER

The Natural Fish Oil Concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants). Those who experience nausea or reflux from other fish oils should find this enteric coated, odor controlled softgel easier to tolerate. Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

Serving Size: 1 Softgel up to 3 x daily

NO1657 100mg (180 Gels) 180 servings **$18.85**

Omega-3

The nerve cells in the human brain have a lot of cell membranes that require fatty acids, and when you stock your brain with adequate amounts of omega-3 fatty acids, you give it the cell membrane building blocks it needs to operate with peak connectivity and processing performance. The omega-3 fatty acids in Omega-3 Power are critical to building healthy cell membranes, which are crucial for all our cells to work and essential for our brain cells to make the trillions of connections that enable peak cognitive, mood, and behavioral performance. Most Americans are deficient in omega-3s, getting barely a third of the daily amounts they very likely need for optimum brain and body health. Each serving of Omega-3 Power provides 1,600 mg of DHA, EPA and other omega-3s from ultra-purified, high-quality fish oil.

Serving Size: 2 Softgels

AC1050 (60 gels.) 30 servings **$26.99**

Algal Omega 3 "Fish Free" NEW

Derived from sustainable, eco-friendly, USA grown and harvested algae rich in omega fatty acids, Algal Omega by Mother Earth Labs is a Highly Concentrated, Bio-Active, Plant-Based Alternative to fish oil. With 150mg EPA and 300mg DHA per 2 softgel serving, it's a better way to experience the many benefits of a diet rich in Omega 3. Helps to Reduce Inflammation. Supports Cognitive Development. Aids Sustained Brain Function. Supports Cardiovascular Defense. Small, Easy-to-Swallow Tapioca Softgels. 100% Natural, NON-GMO, Vegan-friendly, Organic.

Serving Size: 2 Softgels

MEL1040 (60 softgels) 30 servings **$28.65**

Vegan Omega-3 Power

A concentrated vegan source of omega-3 fatty acids, Vegan Omega-3 Power delivers 1,100 mg of EPA, DHA, and other omega-3s to power your mood, focus, memory, cognition, and heart. This vegan omega-3 supplement is derived from fresh, ultra-pure, and sustainable marine algae.

Serving Size: 2 Softgels

AC1074 (60 Gels.) 30 servings **$62.40**

MegaMarine (MegaOmega)

This Gut-Specific Fish Oil is the most comprehensive, full-spectrum fish oil scientifically formulated to support a healthy gut microbiome with a superior ratio of EPA, DHA, and the "forgotten" DPA to support healthy immune and gut barrier function. This Gut-Specific Fish Oil is specifically formulated with higher EPA content than DHA content in order to support a healthy gut.

Serving Size: 2 Softgels

MBL2580 (60 gels.) 30 servings **$49.99**

Omega 3-6-9 1,000mg TOP SELLER

Omega 3-6-9 is a blend of Flax Seed, Evening Primrose, Canola, Black Currant and Pumpkin Seed Oils. NOW combines these well-known nutritional oils to create balanced proportions of Omega-3, Omega-6 and Omega-9 fatty acids. The Omega-3, Alpha Linolenic Acid (ALA), and the Omega-6, GLA, play important roles in the maintenance of healthy skin and immune system function. Dietary Oleic Acid, a monounsaturated Omega-9 fatty acid, has been associated with healthy cardiovascular function.

Serving Size: 2 soft gels

NO1835 1,000mg (100 Gels.) 50 servings **$11.60**
NO1837 1,000mg (250 Gels.) 125 servings **$24.60**

Super Omega 3-6-9 w/borage TOP SELLER

Super Omega 3-6-9 is a blend of Fish, Borage and Flax Seed Oils. This combination of well-known nutritional oils has a unique balance of Omega-3 and Omega-6 Essential Fatty Acids plus Omega-9, a non-essential, but useful fatty acid. The Omega-3s, Alpha Linolenic Acid, EPA and DHA, and the Omega-6, GLA, are necessary for the maintenance of healthy skin, normal immune system balance, and proper nervous system function.

Serving Size: 2 softgels daily with food.

NO1841 (180 gels) 90 servings **$26.10**

Omega-3-6-9 w/borage oil

This balanced formula combines equal ratios of the omega-3's (EPA & DHA), omega-6's, plus omega-9 from borage seed oil to promote cardiovascular, joint, brain and vision health. Gluten-free, sugar-free, and preservative-free.

Serving Size: 2 per day

C1733 (180 Gels) 90 servings **$57.65**

Udo's Oil 3-6-9 Blend

Using Creams and moisturizers alone may not stop your skin from looking like an old bag. Udo's Oil establishes a foundation for beautiful skin by providing Omega-3 & Omega-6 EFAs your body needs. Udo's Oil™ 3•6•9 Blend supplies omega-3 and omega-6 EFAs in a 2:1 ratio. It is a special formulation of natural, unrefined oils from fresh, certified organic flax, sunflower, sesame and evening primrose seeds as well as oils from coconut, rice and bran.

Serving Size: 1 Tbsp up to 3 x a day

FI67982 (17 fl. oz.) 33 servings **$42.10**

Udo's Oil 3-6-9 + DHA Blend

Soak up the benefits of DHA, sustainably, with Udo's Oil® DHA 3•6•9 Blend. It combines DHA-rich algae, from unrefined, sustainably-sourced algae, rather than fish, with Udo's unique oil blend of omega-3 and omega-6 essential fatty acids in a balanced 2 to 1 ratio. DHA supports the proper functioning of our brains as adults, and supports the development of the nervous system in children.*

Serving Size: 1 Tbsp up to 3 x a day

FI67998 (17 fl. oz.) 32 servings **$52.15**

Black Currant Oil

Black currant oil is extracted from black currant seeds to produce a valuable nutritional oil with 14% GLA. The omega-3, alpha-linolenic acid and the omega-6, gamma-linolenic acid (GLA), are both considered essential fatty acids. Although the body can manufacture GLA from other dietary omega-6 fatty acids, GLA can be more efficiently utilized for body functions when supplied directly through dietary sources. NOW® Black Currant Oil is expeller-pressed and hexane-free.

Serving Size: 1 Softgel

NO1717 1,000mg (100 Gels.) 100 servings **$21.75**

PolarPower Wild Sockeye Salmon Oil

PolarPower is an unrefined whole food fish oil made from wild sockeye salmon heads. This is what the grizzlies eat, so you know it is good for you: Omega 3's plus naturally occurring vitamins A & D. In fact, PolarPower is the superior source of naturally occurring vitamis A & D, rarely seen together in any other fish oil supplement. It is also a dense source of the potent antioxidant, astaxanthin. Use PolarPower to support your daily nutritional needs and also to support a healthy whole body hormonal system, cardiovascular system, and heart health, along with supporting the health of all the mucous membranes throughout the body.

Serving Size: 2 soft gels or 1 Teaspoon

NH6041 (60 gels.) 30 servings **$26.99**
NH9040 (8 oz.) 48 servings **$31.90**

Salmon Oil Complete

Salmon Oil Complete contains virgin oil from salmon found in deep, pristine waters. This special formula provides 15 different fatty acids, including omega-9, omega-7, omega-6, and the important omega-3s EPA and DHA. Omega-3 fish oil supplements promote healthy cardiovascular and immune systems, brain and nerve function, joints and movement, and vision and skin.

Serving Size: 2 per day

C1831 (120 Gels) 60 servings **$35.50**
C1832 (240 Gels) 120 servings **$52.40**

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Wheat Germ, Coconut Oil, Etc.

Wheat Germ Oil "Cold Pressed" TOP SELLER

Wheat Germ Oil has been used for centuries to supplement the diet with B vitamins such as folate, niacin, thiamin & B6. Other minerals & nutrients include iron, magnesium, manganese, omega 3, phosphorous, potassium, calcium, fiber, protein, selenium, vitamin E & zinc. Wholistic Botanicals Wheat Germ Oil has been manufactured in a convenient capsule to avoid the unpleasant taste while providing the nutritional health benefits.

Serving Size: 1 Capsule

DC90507 1130mg (60 Caps.) 60 servings $23.10

Wheat Germ Oil E

Wheat germ oil is one of the most naturally concentrated food forms of vitamin E. Wheat germ oil naturally also contains octacosonal and has been used by some interested in better athletic performance and mood support. Wheat Germ Oil E is a 100% Food supplement that is intended to supply nutrients needed to provide high quality 100% Food vitamin E.

Serving Size: 1 Capsule

DOC8700 1100mg (90 Caps.) 90 servings $66.00

Prometol "Wheat Germ Oil"

Prometol® is a unique, fortified wheat germ oil concentrate. Rich in Vitamin E, Policosanols, and Essential Fatty Acids such as linoleic acid and linolenic acid, Prometol contains no artificial stabilizers, preservatives or sugar.

Serving Size: 3 per day

VB1020 170mg (100 Gels) 33 servings $30.99

Wheat Germ Oil Liquid

Wheat germ oil is an original time-tested product that has a variety of benefits. NOW® Wheat Germ Oil is not bleached, deodorized or hydrogenated. In addition, each tablespoon of NOW® Wheat Germ Oil may have over 1000 mcg of naturally occurring octacosanol.

Serving Size: 1 Tbsp

NO1880 Liquid (16 fl. oz.) 32 servings $13.90

Evening Primrose Oil TOP SELLER

NOW Evening Primrose Oil has naturally occurring gamma linolenic acid (GLA), an omega-6 fatty acid also found in borage and black currant seed oils. Although the body can synthesize GLA from other dietary fats, it can be more efficiently utilized for bodily functions when consumed in its preformed state. By supporting the body's healthy immune system responses, GLA may help to maintain normal skin barrier function, as well as a healthy vascular system.

Serving Size: 1 Softgel

NO1758 1000mg (90 gels) 90 servings $21.75

Super Primrose Oil, 1300mg TOP SELLER

NOW® Super Primrose Oil has naturally occurring Gamma Linolenic Acid (GLA), an Omega-6 fatty acid also found in Borage and Black Currant Seed Oils. Although the body can synthesize GLA from other dietary fats, it can be more efficiently utilized for bodily functions when consumed in its preformed state. By supporting the body's healthy immune system responses, GLA may help to maintain normal skin barrier function, as well as a healthy vascular system. It may also be used as nutritional support for mild discomfort associated with PMS.

Serving Size: 1 capsule up to 2 x a day

NO1755 1300mg (60 Gels) 60 servings $11.60
NO1757 1300mg (120 Gels) 120 servings $21.75

Evening Primrose Oil, 500mg

Contains a great supply of essential fatty acids. Has been used to lower blood sugar, relieve PMS symptoms, asthma, arthritis and skin conditions. Also used in last weeks of pregnancy to support childbirth.

Serving Size: 1 capsule up to 3 x a day

CHU5504 500mg (180 Gels.) 180 servings $24.80

Flax Oil Liquid TOP SELLER

Oil pressed from flax is incredibly rich in both omega-3 and omega-6 essential fatty acids, if it is freshly pressed and unrefined. Flora's Flax Oil provides 8 g of omega-3 and 2 g of omega-6 essential fatty acid per serving for the maintenance of good health.* Dry skin can be a result of not enough omega 3.

Because of the this flax oil's superior nutritional make-up, we recommend it always be used unheated. Flora's fresh-pressed flax oil is perishable and should be kept refrigerated at all times after opening. The pressing and expiry dates are stamped on each bottle to ensure freshness. The shelf life is 12 months refrigerated, or longer if frozen.

Flora Flax Oil contains:

Alpha-linolenic acid (omega-3), 18% monounsaturated Oleic acid (omega-9), 14% polyunsaturated Linoleic acid (omega-6).

Serving Size: 1 Tbsp up to 3 x a day

FI67898 (32 fl. oz.) 63 servings $42.10

PEOs

Use to promote healthy, radiant skin, normal blood pressure levels, increased energy, healthy fuller hair, and more. PEOs also help lessen your appetite especially your food cravings and hunger. PEOs stands for parent essential oils® PEO's are plant based and they're in the correct ratio based upon human physiology on what the human body needs. Oxyge4Life's PEOs are cold-pressed and organically produced. You can rest assured there are no fishy oils that need to be masked with other flavors. Contains; organic flax oil, pumpkin oil, sunflower oil, evening primrose oil, virgin coconut oil, and a little vitamin E. An excellent source of health fats!

Serving Size: 4 Capsules

OXL1265 (120 Caps.) 30 servings $46.50

Pumpkin Seed Oil

Pumpkin Seed Oil is a nutritional oil rich in essential fatty acids (EFAs). Pumpkin Seed Oil is also known for its high phytosterol content. NOW® Pumpkin Seed Oil is unrefined, cold pressed without the use of solvents, and derived only from the highest quality pumpkin seeds. NOW® Pumpkin Seed Oil delivers the natural nutrient profile found in Genuine Whole Foods.

Serving Size: 2 capsules up to 2 x a day

NO1840 1000mg (100 Gels) 50 servings $13.05

Borage Oil

Borage Oil is a nutritional oil rich in polyunsaturated fats. Linoleic Acid and Gamma Linolenic Acid (GLA) are enhanced essential fatty acids. Although the body can manufacture GLA from dietary linoleic acid, it can be more efficiently utilized for body functions when supplied directly by dietary sources. Borage Oil is a more concentrated source of GLA than Evening Primrose Oil (EPO). One Borage Oil softgel is equivalent to about 5 standard EPO softgels in GLA content.

Serving Size: 1 capsule up to 2 x a day

NO1720 (60 Gels) 60 servings $13.75

Hemp Seed Oil

NOW® Hemp Seed Oil Softgels are a convenient way to get your essential fats. Hemp seed oil has a unique and impressive fatty acid profile that consists mainly of the omega-6 essential fatty acids, linoleic acid and gamma-linolenic acid (GLA), and the omega-3, alpha-linolenic acid. The omega-6 to omega-3 ratio of hemp oil is approximately 3:1, which is considered to be ideal.

Serving Size: 1 soft gel

NO1799 1,000mg (120 gels.) 120 servings $13.00

Sunflower Oil (Cold Pressed) TOP SELLER

Hulled sunflower seeds contain up to 60% oil which, on the average, is 88% unsaturated. Natural sunflower seed oil, cold-pressed and unrefined has a light yellow to rich golden color, depending on the seed, and tastes pleasant and nutty. It is also rich in vitamin E.* Slight cloudiness of unrefined sunflower seed oil is a sign of high quality. Use Flora Sunflower Oil cold in salad dressings and mayonnaise. It can also be used for light stir-frying, sautaing and baking. Flora Sunflower Oil contains: 64% polyunsaturated Linoleic acid (omega- 6), 21% monounsaturated Oleic acid (omega-9), 12% saturated fatty acids. ASSISTS WITH: • Good nutrition • Providing Essential Fatty Acids

Serving Size: 1 Tbsp up to 3 x a day

FI67906 (17 fl. oz.) 33 servings **$18.30**

Virgin Coconut Oil

Organic Virgin Coconut Oil is unrefined cold-pressed oil, and does not utilize any solvents in the manufacturing process. Coconut oil contains no trans-fats and is a rich source of Medium Chain Triglycerides (MCT's), such as lauric acid (C-12) and caprylic acid (C-8). Combined with essential fatty acids, it is a perfect addition to an overall healthy lipid program.

Serving Size: 3 per day

NO1718 (120 Gels) 40 servings **$13.00**

Coconut Oil

They're the perfect addition to any super-busy lifestyle! These convenient softgels make it easy to enjoy pure coconut oil. They're made with cold-pressed coconut oil containing 62% MCTs (medium chain triglycerides) per serving. Made with premium source, non-GMO coconuts that are unrefined, unbleached, and hexane-free.

Serving Size: 4 Softgels

NW10009 (120 Gels.) 30 servings **$15.20**

MCT Oil TOP SELLER

Medium Chain Triglycerides (MCTs) are fats that are naturally found in coconut and palm kernel oil. MCTs are more easily and rapidly digested than other types of fats, as they require lower amounts of enzymes and bile acids for intestinal absorption. MCTs are metabolized very quickly in the liver and are reported to encourage energy expenditure, and not fat storage. Numerous studies suggest that substituting MCT Oil for other fats in a healthy diet may therefore help to support healthy weight and body composition.* This can be used instead of vegetable oil in baking and cooking.

Serving Size: 1 Tablespoon

NO2211 (16 fl. oz.) 31 servings **$15.65**
NO2199 (32 fl oz.) 63 servings **$27.85**

MCT Oil

Medium-chain triglycerides (MCTs) are fats that are naturally found in coconut and palm kernel oils. They're more easily and rapidly digested than other types of fats. MCTs are readily absorbed from the GI tract and are metabolized very quickly by the liver, where they are reported to encourage the use of fat for energy rather than for storage. Numerous studies suggest that substituting MCT oil for other fats in a healthy diet may therefore help to support healthy weight and body composition.

Serving Size: 3 Softgels

NO2196 1,000mg (150 Gels.) 50 servings **$15.95**

Coconut Oil Extra Virgin Cold Pressed 'Organic'

Earth Circle Organics cold-pressed extra virgin coconut oil is a popular substitute to highly processed vegetable oils and butter. Coconut Oil is ideal for baking and medium to high-heat frying. Nutrient-rich extra virgin coconut oil is packed with good saturated fats, vitamin E, vitamin K and minerals such as iron. It's also high in nutrients such as medium-chain triglycerides (MCTs) and lauric acid.

ECO9001 (1 Gal.) **$87.50**

Coconut Oil Expeller Pressed-Pure

An expeller pressed coconut oil that is naturally refined with D.E. and has no coconut taste.

MV9025 (32 oz.) **$17.65**
MV9028 (1 Gal.) **$54.50**

Coconut Oil Centrifuge Extracted Virgin

This centrifuge Extracted, Virgin Unrefined Organic Coconut Oil is different from most coconut oils. It is made from freshly pressed coconut milk that passes through a series of centrifuges that separate the oil from the water components of the milk. The result is a pure, isolated oil that is creamy and smooth with a mild, light coconut taste. Use for Sauteing, Stir frying, Baking, or eating raw and more.

WFN5119-28 (28 fl. oz.) **$34.40**
WFN5119-34 (1 gal.) **$99.95**

Grilled Vegetables in Foil Pack

INGREDIENTS

- Potatoes, Onions, Carrots, Peppers, Mushrooms, Cabbage, Zucchini, etc.
- Garlic Salt or Powder
- Fresh Herbs
- Seasonings of your choice
- Olive Oil
- Butter

DIRECTIONS

Preheat Grill to 450 degrees.

Prepare the vegetables of your choice.

Place the vegetables on greased foil. (Layer vegetables according to the longest amount of time it takes for vegetable to soften (example: potatoes, carrots etc.)

Add plenty of seasonings & drizzle with olive oil.

Cut a few small cubes of butter to put on top of vegetables.

Fold up foil to create a packet. Place on grill and grill for 30 minutes or less, according to your preference of soft or crunchy vegetables.

You will need to flip the packet once halfway during grilling time.

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Amino Acids

Total Amino Solution (Free Form) TOP SELLER

Total Amino Solution™ is a high quality dietary supplement designed for your body's total wellness support. This revolutionary product helps people with:

- Hypoglycemia / Moodiness
- Low Serotonin Conditions Stress, Anxiety, Panic, Insomnia
- Fibromyalgia
- Eating Disorders Recovery
- Low Endorphin Conditions, Chronic Physical / Emotional
- Pain, Recovery from all Addictions
- Recovery from Surgery or Soft Tissue Injury-Sports
- Enthusiasts/Body Builders
- Low Protein Consumption – Vegans, Vegetarians
- Children or others who will not eat protein

Serving Size: 3 capsules up to 2 x a day

GE1001 (180 Vcaps) 60 servings $46.95

Balanced Free Form Aminos

Amino acids are essential building blocks for enzymes, neurotransmitters, and hormones. In fact, all systems, organs, and tissues in our bodies require the right blend of amino acids to function properly, with the help of vitamins, minerals and other nutrients.

For these reasons, Balanced Free-form Aminos is effective as a daily amino acid supplement as well as a specialized supplement for medication withdrawal symptoms, wound healing, immune enhancement, and much more!

Serving Size: 4 capsules

HN2135 (240 Caps.) 60 servings $46.50

Perfect Amino Tablets TOP SELLER

PerfectAmino contains the eight essential amino acids the body needs to support and maintain its muscular, skeletal, enzymatic, and hormonal systems. The essential amino acids in PerfectAmino are in the exact proportions needed for maximum utilization by the body.

Serving Size: 5 Tablets

BH1060 (150 Tabs.) 30 servings $33.75

Perfect Amino XP Powder

PerfectAmino® is comprised of pure Essential Amino Acids in an exact ratio that is 99% utilized to build new protein and collagen in the body ? without the calories. 1 serving (1 scoop) is the protein equivalent of approximately 30 grams of whey, pea, soy and collagen, but instead of 120 calories, you only get 2. PerfectAmino contains the eight essential amino acids the body needs to support and maintain its muscular, skeletal, enzymatic, and hormonal systems. The essential amino acids in PerfectAmino are in the exact proportions needed for maximum utilization by the body.

Serving Size: 1 Scoop

BH1050 Mixed Berry (7 oz.) 30 servings $33.75
BH1052 Lemon Lime (8.5oz.) 30 servings $33.75
BH1055 Mixed Berry (28 oz.) 120 servings $98.95

Amino Complete

Amino acids are the sub-units that make up proteins. They are necessary for the function of all cells, for tissue repair, and for the production of enzymes and neurotransmitters. The body uses 20 amino acids to construct proteins. People with limited diets or poor digestion may not get enough essential amino acids from their diet.

Serving Size: 4 per day

NO0011 (120 Caps.) 30 servings $13.05
NO0013 (360 Caps.) 90 servings $31.90

5-HTP 50mg

5-HTP supports the production of serotonin, an important substance for healthy nerve and brain function and the normal regulation of mood and normal sleep patterns. Our Instant Dissolve MicroLingual® Tablets go to work fast, under the tongue.

Serving Size: 1 Tablet

SS90330 (60 Ct.) 60 servings $20.20

5-HTP "100mg" TOP SELLER

Supports a Positive Mood* 5-HTP, the intermediate metabolite between the amino acid L-tryptophan and serotonin, is extracted from the seed of an African plant (Griffonia simplicifolia).

Serving Size: 1 capsule daily preferably at bedtime

NO0106 100mg (120 capsules) 120 servings $23.20

5-HTP

HTP is a calming neuro-nutrient, that enhances mood and promotes restful sleep. It is the precursor to serotonin in the brain and acts as a mood stabilizer.

Serving Size: 1 per day

PS09060 50mg, (60 Caps) 60 servings $17.60

GABA Calming Support

More than just a GABA supplement, GABA Calming Support also contains key supporting ingredients: Lemon balm, a time-tested herb used for occasional stress, is thought to increase GABA activity.* L-theanine, an amino acid found in tea, likely acts on GABA receptors and has been shown to hone focus while dialing down situational stress.*

Vitamin B6 and Magnesium, which both help produce enzymes that make GABA, work particularly well when paired.* Pyridoxal-5-phosphate is the most bioavailable form of vitamin B6, while magnesium glycinate and malate are better absorbed than the commonly used magnesium oxide.

Serving Size: 1 Capsule

AC1070 (90 Caps.) 90 servings $43.70

GABA "Now" TOP SELLER

GABA (gamma aminobutyric acid) is a non-essential amino acid found mainly in the human brain and eyes. It is considered an inhibitory neurotransmitter, which means it regulates brain and nerve activity by inhibiting the numbers of neurons firing in the brain. GABA is referred to as the "brain's natural calming agent". By inhibiting over-stimulation of the brain, GABA may help promote relaxation and ease nervous tension. NOW provides only the naturally occurring form as found in food and in the body.

Serving Size: 1 Capsule or 1/4 teaspooon

NO0089 750mg (100 Caps.) 100 servings $14.50
NO0215 Powder (6 oz.) 340 servings $13.05

GABA

This is an amino acid that helps keep the brain chemistry in balance. Amino acid deficiencies occur when we are under long periods of stress, anxiety, depression or pain. GABA 750 has a natural calming affect.

Serving Size: 1 per day

PS01000 750mg (60 Caps) 60 servings $15.90

GABA 100mg

GABA helps to maintain a healthy nervous system and supports the regulation of muscle tone. Easy to take instant dissolve tablet.

Serving Size: 1 Tablet

SS90900 (100 Ct.) 100 servings $13.15

Pharma GABA Chewable

Pharma GABA® is a superior source and naturally produced form of the important brain compound Gamma Amino Butyric Acid (GABA). Clinical studies have shown that Pharma GABA® helps increase the production of alpha brain waves to create a profound sense of physical relaxation while maintaining mental focus.

Serving Size: 1-2 Capsules 3 x daily

NFN2835 Tropical Fruit 100mg (60 Chews.) 30 servings $25.60

L-Theanine 200mg TOP SELLER

L-Theanine is an amino acid that is found in tea leaves. L-Theanine promotes relaxation and facilitates sleep by contributing to a number of changes in the brain. L-Theanine elevates levels of GABA, as well as serotonin and dopamine. These chemicals are known as neurotransmitters, and they work in the brain to regulate emotions, mood, concentration, alertness and sleep, as well as appetite, energy and other cognitive skills. Increasing levels of these calming brain chemicals promotes relaxation and can help with sleep. Easy to take instant dissolve tablet.

Serving Size: 2 Tablets

SS90045 (100 Ct.) 50 servings $21.15

L-Theanine 100mg TOP SELLER

L-Theanine is a unique amino acid found naturally in the tea plant (Camellia sinensis). L-Theanine promotes relaxation while maintaining alertness and promotes healthy cognitive function.* L-Theanine may also support healthy vascular function through this relaxing effect.*

Serving Size: 1 Capsule or 1/8 teaspoon

NO0145 100mg (90 Vcaps.) 90 servings $15.95

L-Theanine, 200mg

Theanine is a unique amino acid found naturally in the tea plant (Camellia sinensis). Theanine promotes relaxation while maintaining alertness and promotes healthy cognitive function. Theanine may also support healthy vascular function through this relaxing effect.

Serving Size: 1 Capsule

NO0147 (60 Vcaps.) 60 servings $18.85

L-Theanine

The relaxation Amino Acid. An amino acid derived from green tea leaves. L-T supports relaxation without the effects of drowsiness. L-T assists in learning and concentration, heightens the mental acuity, and supports the immune system.

Serving Size: 1 per day

PS21060 (60 Caps) 60 servings $22.95

L-Tyrosine TOP SELLER

L-Tyrosine is a non-essential amino acid that plays an important role in the production of the neurotransmitters dopamine and norepinephrine. In addition, because LTyrosine is necessary for the synthesis of thyroid hormone and epinephrine (adrenaline), L-Tyrosine supports healthy glandular function and stress response.* Do not us with M.A.O. inhibitors.

Serving Size: 1 capsule up to 3 x a day

NO0165 750 mg (90 Caps.) 90 servings $14.50

Tyrosine

Stress can drain your brain of the neurotransmitters necessary for emotional balance and mental performance. Our Tyrosine capsules can help replenish what stress depletes, by providing the raw materials (amino acids & magnesium), your body needs to make more of these crucial brain chemicals.

Serving Size: 2 Capsules

AC1068 1,000mg (120 Caps.) 60 servings $21.85

Tyrosine

The Mood Amino Acid. Tyrosine is the precursor to critical neurotransmitters and is necessary for the formation of thyroid hormone and melanin. Tyrosine provides norepinephrine, dopa, and dopamine, natural neurotransmitters known to uplift mood. Tyrosine helps you deal with stress/anxiety and physical stress. Your brain and mental function depend on Tyrosine for proper emotional functioning. (Not to be taken with antidepressants.)

Serving Size: 1 per day

PS08061 850mg (60 Caps) 60 servings $24.10

Glycine 1000mg

Glycine is the smallest and simplest amino acid, making it versatile for use in a wide range of functions. Glycine is necessary for the production of glutathione, DNA, creatine, bile, hemoglobin, and most proteins. It also helps to promote glycogen storage, thereby making glucose readily available for energy production. Glycine also functions as a calming neurotransmitter in the brain, where it facilitates nerve impulses and is important for the maintenance of healthy sleep patterns.

Serving Size: 1 Capsule

NO0107 1000mg (100 Vcaps) 100 servings $12.30

Glycine

Glycine is a non-essential amino acid that has one of the simplest structures of all the amino acids. Glycine is found in proteins of all life forms, and is important in the synthesis of proteins as well as adenosine triphosphate(ATP).

Serving Size: 2 Capsules

SN1604 1000mg (100 Caps.) 50 servings $8.25

L-Arginine

L-Arginine is a conditionally essential basic amino acid involved primarily in urea metabolism and excretion, as well as in DNA synthesis and protein production.* It is an important precursor of Nitric Oxide (NO) and thus plays a role in the dilation of blood vessels.* Available in capsules, tablets or powder.

Serving Size: 2 twice daily or as needed, between meals

NO0030 500mg (100 Caps) 50 servings $9.45
NO0035 1,000mg (120 Tablets) 60 servings $21.75

L-Arginine Powder

Arginine is a conditionally essential basic amino acid involved primarily in urea metabolism and excretion, as well as in DNA synthesis and protein production. It is an important precursor of nitric oxide (NO) and thus plays a role in the dilation of blood vessels.

Serving Size: 2 Teaspoons

NO0210 (1 lb.) 76 servings $28.99

L-glutamine

Glutamine is considered to be a conditionally essential amino acid, which means that under certain circumstances, the body may require more Glutamine than it can produce. In the body, Glutamine functions as a major nitrogen transporter and is critical for the maintenance of healthy nitrogen balance.* Glutamine also acts as the primary fuel for the rapidly growing cells of the immune system and GI tract.*

Serving Size: 1 Capsule

NO0092 500mg (120 Vcaps.) 120 servings $11.60

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L-Glutamine Powder

Glutamine has recently been the focus of much scientific interest. A growing body of evidence suggests that during certain stressful times, the body may require more glutamine than it can produce. Under these circumstances glutamine may be considered a "conditionally essential" amino acid. Glutamine is involved in maintaining a positive nitrogen balance and also aids rapidly growing cells. In addition, glutamine is a regulator of acid-base balance and a nitrogen transporter. L-Glutamine Powder is a 100% pure, free-form, non-essential, amino acid and is the highest grade available.

Serving Size: 1 tsp up to 2 x a day

NO0220 5,000 mg (6 oz.) 34 servings **$14.50**
NO0221 5,000 mg (1 lb.) 91 servings **$29.00**

L-Lysine TOP SELLER

L-Lysine is an essential amino acid, which means that it cannot be manufactured by the body and must be obtained through the diet or by supplementation. Lysine is necessary for the production of all protein in the body including hormones, enzymes, and antibodies, as well as carnitine and collagen, which is the structural protein forming all connective tissue such as skin, tendon, and bone. L-Lysine also plays a major role in calcium absorption. Some evidence suggests that L-Lysine supplementation may help to support a healthy immune system as well as proper cardiovascular function.

Serving Size: 1 capsule up to 3 x a day

NO0100 500mg (100 Tabs) 100 servings **$5.80**
NO0110 500mg (100 Caps) 100 servings **$8.70**
NO0112 500mg (250 Caps) 250 servings **$16.65**

L-Methionine

L-Methionine supports the production of the cellular radical scavenger glutathione, and thereby assists in natural detoxification processes.* In the body, L-Methionine can also be converted into SAMe (S-Adenosyl Methionine), a compound that supports healthy joints.* Furthermore, the human body relies on ingested sulfur amino acids, such as L-Methionine, for the synthesis of protein, as well as for biologically active sulfur.*

Serving Size: 2 capsules

NO0117 500 mg (100 caps.) 50 servings **$14.50**

L-Methionine

L-methionine is an essential sulfur-bearing amino acid that supports liver detoxification, liver fat metabolism, and energy production. Free form amino acid, high purity, well tolerated.

Serving Size: 1 Capsule

NCY2807 (100 Caps.) 100 servings **$19.85**

L-Ornithine

Ornithine is a non-essential amino acid that plays a central role in the urea cycle, functioning along with Arginine and Citrulline to rid the body of ammonia, a byproduct of protein metabolism. Because Ornithine is converted into Arginine, it can help to maintain healthy Arginine levels in the body. Ornithine can also be converted into other amino acids, such as citrulline, proline, and glutamate, as well as creatine, an important muscular energy source.

Serving Size: 3 caps

NO0122 500mg (120 Vcaps) 40 servings **$18.85**

L-Phenylalanine

L-Phenylalanine is an essential amino acid that is necessary for the synthesis of proteins.* Because L-Phenylalanine can be readily converted into the amino acid tyrosine, which forms part of the structure of the neurotransmittters dopamine and norepinephrine, it is important for the maintenance of a healthy nervous system.

Serving Size: 1 capsule

NO0132 500mg (120 Vcaps.) 120 servings **$14.50**

L-Carnitine Liquid 1,000mg

NOW® L-Carnitine Liquid has all of the properties of carnitine in a highly absorbable liquid form. Carnitine is a non-essential amino acid that helps to maintain overall good health by facilitating the transfer of fatty acid groups into the mitochondrial membrane for cellular energy production. It naturally occurs in red meat and other animal-source foods, but we recommend supplementation to obtain optimal levels of this excellent amino acid.

Serving Size: 1 Tablespoon

NO0065 Citrus (16 fl. oz.) 31 servings **$16.70**

L-Cartitine

L-Carnitine is a non-essential amino acid that helps to maintain overall good health by facilitating the transfer of fatty acid groups into the mitochondrial membrane for cellular energy production.* It naturally occurs in red meat and other animal source foods, but we recommend supplementation to obtain optimal levels of this excellent amino acid.

Serving Size: 1 Capsule 3 x daily

NO0072 500mg (60 Vcaps.) 60 servings **$18.85**

Neuro NAC Extra Strength "375 mg" NEW

Experience the benefits of cellular repair, ultimate defense, and renewed vitality. Nourish your body and cells and brain with Nutri NACET. Healthy Aging: As you age, you face a natural decline in glutathione levels. Studies have shown that NAC Ethyl Ester can help boost glutathione levels.

Serving Size: 2 Vcaps

NTR2797 (60 Vcaps.) 30 servings **$38.40**

N-Acetyl Cysteine 600mg W/ Selenium

N-acetyl cysteine (NAC) is a stable form of the non-essential amino acid cysteine. It is a sulfur-containing amino acid that acts as a stabilizer for the formation of protein structures, and is also necessary for the formation of glutathione. Molybdenum and selenium are essential trace minerals that facilitate the production of several important enzymes.

Serving Size: 1 Capsule

NO0085 (100 Vcaps) 100 servings **$15.90**

"Restore unto me the joy of salvation; and uphold me with thy free spirit."

PSALMS 51:12

Brain & Mood Support

Mushroom Breakthrough Powder NEW

Supports Alertness & Healthy Brain Function. A blend of four mushrooms and collagen that gives you maximum brain power, healthier skin, hair and nails, and supports the immune system. Each dose contains 2.5 g 50:1 Lion's Mane, which is equal to 200 grams of ground mushrooms. Lion's Mane boosts BDNF (Brain-Derived Neurotrophic Factor). This helps to significantly improve learning and memory. Taking it at this concentration also massively promotes the number of neurons being created. By focusing on the BDNF and expanding the amount your body can intake, Lion's Mane is one of the most vital nutrients to include on your path to achieving excellent neurogenesis.

Serving Size: 2 Scoops

BO1671 Salted Caramel (10.01 oz.) 30 servings $32.00

Total Amino Solution (Free Form) TOP SELLER

Total Amino Solution™ is a high quality dietary supplement designed for your body's total wellness support. This revolutionary product helps people with:

- Hypoglycemia / Moodiness
- Low Serotonin Conditions Stress, Anxiety, Panic, Insomnia
- Fibromyalgia
- Eating Disorders Recovery
- Low Endorphin Conditions, Chronic Physical / Emotional
- Pain, Recovery from all Addictions
- Recovery from Surgery or Soft Tissue Injury-Sports
- Enthusiasts/Body Builders
- Low Protein Consumption – Vegans, Vegetarians
- Children or others who will not eat protein

Serving Size: 3 capsules up to 2 x a day

GE1001 (180 Vcaps) 60 servings $46.95

EMPowerplus Ultimate TOP SELLER

Truehope EMPowerplus is a specially formulated vitamin, mineral, and amino acid supplement designed to assist in creating a balanced life. It provides a broad-spectrum, highly absorbable range of nutrients that are essential to brain function and overall health. The EMPowerplus formula may be helpful in reducing or eliminating the symptoms of bipolar, anxiety, depression, and ADHD. Helps Improves: Focus, Mood, Energy, Brain Fog, Cellular Nutrition, & Brain Fog.

Serving Size: 1 Capsule

TH1001 (30 Caps.) 30 servings $85.95

Fresh Start TOP SELLER

A great all-in-one brain support and vitamin & mineral, and amino acid supplement! This product has also been used for people with mood disorders using 4 to 6 capsules per day. Formulated by John Keim. Suggested use; 2 caps with each meal. Excellent Product. Choose from the Original Formula or the Improved & Reformulated Formula.

Serving Size: 6 per day

WS5132-A Reformulated (270 Caps) 45 servings $84.95
WS5132-B Original (270 Caps) 45 servings $79.95

Daily Essential Nutrients TOP SELLER

A all-in-one brain support and vitamin & mineral supplement! Used for the treatment of various conditions, especially mood and anxiety-related disorders such as bipolar disorder, ADHD, autism spectrum disorders, OCD, and anxiety disorders.

Serving Size: 4 capsules up to 3 x daily

HN2035 (360 Caps) 90 servings $115.00
HN2038 No Zinc, Copper, or Folate (360 Caps.) 90 servings $127.95

Brain & Body Power Max TOP SELLER

A great all-in-one brain support and vitamin & mineral supplement! Advanced Health Power for Your Brain and Entire Body! Brain & Body Power Max is recommended for those who are interested in a truly powerful dietary supplement for their brains. It provides your brain and the rest of your body with amino acids, vitamins, minerals, botanical extracts and neuro-nutrients – but at advanced levels. This all-in-one supplement system makes it easy to stay healthy on the go with easy-to-carry packets for your purse or pocket. Each convenient daily packet contains the same supplements as Brain and Body Power, plus 2 additional capsules of Omega-3 Power and 2 additional capsules of Brain and Memory Power Boost.

Serving Size: 2 packs per day

AC1020 (60 Packets) 30 servings $145.95

Brain & Memory Power

Did you know that your brain requires about 20 percent of your body's total oxygen and blood sugar resources – and even more when your brain is in "overdrive". Formulated with 6 key brain boosting nutrients that promote brain energy, support important neurons and defend against free radical damage to the brain. Together, they help you feel mentally sharp and focused so you can think fast on your feet again. Brain & Memory Power Boost promotes healthy aging and can benefit brains of all ages. Has also been used to support reduced seizer activity.

Serving Size: 4 Capsules

AC1025 (120 Caps.) 30 servings $65.50

Brain Reward

Cognition support using natural ingredients for optimal brain health, mental sharpness, and focus, resulting in a sense of well-being. Utilizes VNI's patented rapid absorption Prodosome technology. Among its other benefits, the unique patented science led formula in Brain Reward® has been shown to: Aid stress management. Support focus, concentration, cognition and mental sharpness. Help regulate cravings and improve recovery, energy and detox. Support dopamine sensitivity and function, lifting mood and balancing serotonin and dopamine levels.

Serving Size: 6 Capsules

VN1006 (180 Caps.) 30 servings $93.95

Laminine TOP SELLER

Laminine is a stem cell regeneration supplement that contains the proprietary blend of egg bioactive growth factors, marine proteins and phyto proteins. Laminine is clinically proven to raise your Serotonin (making you happier & calmer). It also lowers your Cortisol (the stress hormone) but is egg-based, NOT pharmaceutical! It also provides the most essential proteins and amino acids our body needs, along with the proper transport mechanisms to direct these nutritional building blocks to where our body needs it the most. Whether it is a physical or mental challenge you face or just the need to handle everyday demands, Laminine may help. Benefits may include: • Improve Energy & Stamina • Reduce Stress & Depression • Promote More Restful Sleep • Elevate Serotonin Levels • Decrease Pain • Increase Clarity and Alertness • Memory Enhancement • Mood Enhancement • Increase Libido & Burn Fat. Aid in Brain Function. We recommend 2 capsules, twice a day for the first 10 days, and 1 capsule, twice a day thereafter. An excellent product.

Serving Size: 1 capsules up to 4 x a day

LP05221 (30 Caps) 30 servings $49.95

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NeuroQ SMART Thinking Brain Power

Don't let brain fog, stress, and fatigue stop you from getting things done. When it's time to rally, jumpstart your energy levels with Smart Thinking. Smart Thinking is made with fast-acting ingredients to optimize brain function like never before. This formula contains clinical doses of Bacognize® bacopa, Cognizin® citicoline, and NeuroFactor® coffee fruit extract, powerful nootropics that stimulate alertness and performance naturally, without the caffeine jitters. It's an instant brain boost ideal for working professionals, college students, and adults looking to step up their game.

Serving Size: 2 Capsules

LS5305 (60 Caps.) 30 servings **$48.00**

NeuroQ QUICK Thinking Alertness

Fast-acting ingredients boost mental focus within minutes. So you can crush that exam, nail that big interview, and meet tight deadlines, without feeling worried, drained, or overwhelmed. This formula contains clinical doses of L-theanine and caffeine (50 mg) as well as L-tyrosine and beta-alanine, powerful nootropics to perform and focus under stress. An instant brain boost ideal for working professionals, college students, and adults seeking better cognitive performance.

Serving Size: 1 Capsule

LS5306 (60 Caps.) 60 servings **$20.00**

Diamond Mind TOP SELLER

Targeted Mind Performance Enhancer – High quality, comprehensive formulation for mental clarity, stamina, increased concentration and renewed focus. Improve long and short memory. Great for students, adults and seniors. Power packed, effective, all natural formulation!

Serving Size: 1 Tablet

DHP3090 (60 Tabs.) 60 servings **$28.05**

BrainEssence

BrainEssence has phosphatidylserine – an essential fatty acid that countless studies have shown has a positive impact on memory and problem-solving skills; acetyl-l-carnitine – supports specific neurons that encourage memory and learning processes; alpha lipoic acid – helps guard against oxidative damage to cells, and fisetin – helps guard against free radical oxidation. There is also an amazing blend of herbs that have been used for centuries to combat stress and deal with mental fatigue.

Serving Size: 2 Tablets

PEL4001 (60 Tabs.) 30 servings **$50.55**

Brain Elevate

NOW® Brain Elevate™ is scientifically formulated to support healthy cerebral functions. Brain Elevate™ features Ginkgo biloba and RoseOx®, two plant extracts known for their free radical scavenging properties. This product is also formulated with phosphatidyl serine, glutamine, and choline as critical brain nutrients to promote optimal results.

Serving Size: 1 Capsule 2 x daily

NO3303 (60 Vcaps.) 60 servings **$17.40**

Brain Awakening

Brain Awakening™ is a high-potency formula with three scientifically studied powerhouse ingredients — Magtein™, Amla and Lions Mane Fruiting Body. Combined, they help support healthy cognition and brain function — the essentials you need every moment of every day. Supports short and long-term memory and promotes healthy levels of magnesium in the brain. Supports healthy cognitive function, concentration and focus.

Serving Size: 4 Capsules

RR1127 (120 Vcaps.) 30 servings **$66.25**

Serious Brain Enhancer

The brain is the master organ of the body and directly or indirectly controls nearly all processes in the body including movement, intellect, memory, and mood. Bovine brain tissue naturally contains substances such as phosphatidylserine. Serious Brain Enhancer also contains pituitary, medulla, and other bovine tissues, along with the antioxidants selenium and vitamin E. It also contains ribonucleic acid.

Serving Size: 1 Capsule

DOC7120 (90 Caps.) 90 servings **$46.98**

NeuroLink

Proper neurotransmitter balance essential for optimal brain function. Do you ever feel sad or irritable for no reason? What about feeling anxious or worried? Unfocused? All these can be linked to brain neurotransmitters being out of whack. NeuroLink provides an exclusive blend of nutrients that support such key transmitters as adrenaline, noradrenaline, dopamine, GABA, glutamate, and serotonin.

Serving Size: 4 capsles

AC1040 (180 Caps.) 45 servings **$43.65**

NeuroMax Advanced Brain Support

NeuroMax is a phenol-free dietary supplement designed to support balanced behavior, social interactions, immune system function, and stress management. Balancing behavior and socialization skills. Helping to cope with stress and improving mental clarity.
Also supports immune system function.

Serving Size: 7.5 ml

NFR4120 (15.22 fl. oz.) 60 servings **$42.80**

Neuro-Nectar

Neuro-Nectar "The Mental Maximizer" is an exceptional blend of vitamins, herbs and neuro-nutrients designed to provide increased energy and awareness, enhanced mental clarity and peak memory performance. The perfect choice for students, busy executives, golfers searching for the mental edge or anyone wishing to experience optimum brain power and memory.

Serving Size: 2 Tbsp

BT5690 (17 fl. oz.) 16 servings **$31.00**

Brain Link Complex

Brain Link Complex is a total amino acid neurotransmitter formula for support of hyperactivity, increased concentration/memory, anxiety, and stress. Brain link contains the GABA, glutamine, glycine that create needed neurotransmitters to keep your brain in balance and functioning well. If you prefer all of your vitamins, minerals and amino acids in one, use brain link. A drink formula that mixes with any juice, perfect for children and adults.

Serving Size: 4 Teaspoons

PS5503 Powder (6.52 oz.) 15 servings **$47.95**

Brain Re-Fresh

Clear the mental fog with this thoughtful combination of herbs to promote clear thinking and healthy brain function. Brain ReFresh contains herbs known as brain tonics which may support normal blood flow to the brain. Suggested Use: 2-6 droppers, 1/3-1 tsp., 3-4x a day.

Serving Size: 3 droppers up to 4 x a day

NA1021-002 (2 fl. oz.) 24 servings **$17.60**
NA1021-004 (4 fl. oz.) 48 servings **$31.99**

CuraMed Brain

Provides the key nutrients you need to support clear thinking: Curcumin is a clinically studied ingredient extracted from turmeric that supports cognitive health, mental agility, and provides turmeric essential oils with turmerones for better absorption and greater benefits. Vitamin D3 supports clear thinking and focus. Higher blood levels of vitamin D are associated with healthy brain function. Rosemary and Sage support healthy brain enzyme activity, which in turn supports focus and clarity.

Serving Size: 2 Gels

TN20294 600mg (60 Gels) 30 servings $36.80

Attention Support

If you or your child has difficulty paying attention, you may be searching for focus and concentration supplements. Attention Support, a comprehensive formula of nutrients and herbs, helps the wandering mind focus on what's important by promoting a calm, focused, and productive brain.

Serving Size: 3 Capsules

AC1064 (90 Caps.) 30 servings $45.60

Focus-R Concentration Support

Focus-R promotes the ability to concentrate and enhances mental performance and focus. It increases attention span.

**Contains Caffeine (from green coffee bean extract, coffee arabica) 75 Mg Per Serving

Serving Size: 2 Capsules

LS5247-060 (60 Vcaps.) 30 servings $27.65

Focus & Energy TOP SELLER

Clean energy! Boost focus, energy, and endurance – without the jitters or a caffeine crash. If you're looking for a smoother "pick me up," Focus and Energy naturally supports your body's energy level with caffeine-free green tea, choline and the special adaptogens Rhodiola, ashwagandha, and ginseng. And unlike the energy blast some of us get from go-to daily stimulants (coffee, diet soda, caffeine pills), there is no mood-thudding crash. We call it clean energy! Note; This is not a substitute for quality sleep.

Serving Size: 4 per day

AC1030 (120 caps) 30 servings $43.65

PXP Forte

In today's world we come in contact with many toxins that are harmful to our cells and are seeing lots of ADHD, ADD, Autism, Parkinson, Crohns' disease and many other illnesses. Our body needs the proper nutrients to help rebuild and replenish our cells so they can nourish our body. Each PXP molecule contains a complete amino acid profile, complex carbohydrates, cofactors, vitamins, and minerals - everything your cells need to create energy and restore health. PXP Forte is a dietary supplement made from a proprietary blend of brown rice. The rice is grown in the Siam valley region of Thailand and harvested at a nutritionally optimal stage. Using sophisticated technology, the rice grains are processed to preserve and increase the bioavailability of polysaccharides and polypeptides, which can act as an energy source helping to repair damage and keep the body functioning at its best.

Serving Size: 1 tsp

EZA8050 454g (Powder) 90 servings $163.50

NeuroQ Memory & Focus Daily Boost

Gotu Kola has been used for thousands of years to promote brain and nervous system health. Ginkgo Leaf extract has been shown to support healthy blood flow to the brain. Phosphatidylserine supports brain function by maintaining healthy cell membranes. Coffee Fruit extract fuels brain-derived neurotrophic factor (BDNF), which boosts nerve transmission. Yamada Bee Farm® Propolis supports the development of nerve tissue, and is neuroprotective. **Contains Caffeine (from coffee fruit extract) 100 mg per serving

Serving Size: 2 Capsules

LS5283-060 (60 Vcaps.) 30 servings $39.95

Memory & Focus for Young Adults

Staying focused in class, at work and during extra-curricular activities is important. That's why we've created this special formula with clinically studied organic sage to support improved memory, focus and retention speed in healthy individuals.

Serving Size: 2 per day

GO3013 (60 Tabs.) 30 servings $31.50

Memory Plus TOP SELLER

A synergistic blend of herbs for the brain. Dr. Christopher's Memory Plus supports peripheral & cerebral circulation & has been used historically for overall brain health, energy, alertness & concentration.

Serving Size: 2 capsules up to 3 x a day

DC89156 (100 Vcaps) 50 servings $18.20

CurcuBrain LongVida 400mg

Improve cognitive function, memory and mood. NOW® CurcuBrain™ features Longvida® Optimized Curcumin, which in studies exhibits up to 65 times the bioavailability of free curcuminoids compared with generic curcumin. Longvida® is absorbed by the GI tract and delivered to the rest of the body as free curcumin, the active form in the body. Longvida® is shown to penetrate the blood-brain barrier for the support of healthy neuronal tissues.*

Serving Size: 1 per day

NO2395 (50 Vcaps.) 50 servings $28.95

Clari-T Cognitive Support

Clari-T™ supports healthy memory and cognitive functions. It acts to support neurotransmission by helping sustain normal blood circulation and oxygen delivery to the brain. It also provides nutrients that help neutralize free radicals.

Serving Size: 2 Capsules

LS5209-060 (60 Vcaps.) 30 servings $33.35

Teen Link TOP SELLER

Teen Link is specifically formulated for the active teen's brain and may be helpful for those who struggle with anxiety, apathy, fear, feelings of worthlessness, insomnia and fatigue. (Not to be taken with antidepressants.)

Serving Size: 1 capsule up to 3 x a day

PS00014 (60 Caps) 60 servings $17.60

Higher Mind

Higher Mind™ addresses the multiple, interdependent body systems necessary for healthy brain function: Neurotransmitter production, cell membrane stability, energy generation, antioxidant defense, and myelin sheath generation. This formula features phosphatidylserine, a phospholipid that is an essential component of nerve cell membranes. These membranes conduct electrical impulses that promote communication between nerve cells, contributing to healthy cognitive function.*

Serving Size: 1 to 4 tablets daily with a meal

SN1150 (60 Tabs) 15 servings $41.60

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St. John's Positive Thoughts

St. John's Positive Thoughts™ combines mood-soothing herbs, calming factors, and uplifting amino acids. It contains the standardized herbal extract of St. John's wort yielding 0.3% hypericins. It also features valerian, Relora®, GABA, magnesium, and the amino acids taurine, N-acetyl L-tyrosine, L-theanine, and L-phenylalanine.

Serving Size: 3 Tablets

SN0349 (90 Tabs.) 30 servings $22.05

Happy Saffron Plus

Three nutraceutical (medicinal & nutritious) ingredients with proven mood and cognitive benefits team up in Happy Saffron Plus, a mood supplement formulated to help you feel happier, calmer, and mentally sharp.

Serving Size: 3 Capsules

AC1072 (90 Caps.) 30 servings $53.50

Saffron

Saffron is a well-known culinary herb that has been used for centuries but has only recently been scientifically studied. Recent research indicates that saffron can help to support a positive mood, a relaxed attitude, and may also promote restful sleep. Other studies suggest that saffron may help to support a balanced immune response and is a powerful free radical neutralizer. NOW uses only whole saffron stigma powder, not an extract.

Serving Size: 1 Capsule

NO4791 50mg (60 Vcaps.) 60 servings $24.65

Calm My Brain

Feeling tense? Stuck in a thought spiral? Unable to focus on anything other than your anxiousness? Find your calm with Calm My Brain. This breakthrough science-based formula provides fast-acting relief from stress and anxiousness. Contains: Magnesium, Ashwagandha, & L-Theanine.

Serving Size: 3 Capsules

AC1078 (90 Caps.) 30 servings $46.75

Calm Thoughts

Calm Thoughts addresses the multiple, interdependent body systems that are involved with stress. It influences neuromodulation, energy generation, the adrenals and the musculoskeletal system. Calm Thoughts combines soothing botanicals such as St. John's wort, bacopa and Relora® herbal blend, with supporting nutrients including GABA, L-theanine, magnesium, tyrosine, and folic acid, to provide a balanced formula for relaxed well-being.

Serving Size: 3 Tablets

SN1131 (90 Tabs.) 30 servings $21.90

Emotional Balance

Maintaining a healthy emotional state is challenging at times. Emotional Balance™ can help. This award-winning formula supports mood health and a positive outlook with a blend of herbs traditionally used to help the body cope with daily stress. A synergistic blend of herbs including St. John's Wort, Passionflower, Vervain, Gotu Kola and Ginkgo.

Serving Size: 1 Capsule

GH2060 (60 Vcaps.) 60 servings $26.50

Serotonin Mood Support

With a comprehensive blend of clinically studied ingredients designed to boost your brain's production of serotonin, this powerful formula can increase calm, decrease anxiousness and promote positive mood.

Serving Size: 4 Capsules

AC1076 (120 Caps.) 30 servings $54.65

Mood Support w/ St. John's Wort TOP SELLER

Mood Support is a nutritional supplement that has both nutrients and herbal extracts that aid in the support of a healthy nervous system and a positive, balanced mood state. Helps to Maintain Positive Attitude*

Serving Size: 2 per day

NO3351 (90 Vcaps) 45 servings $15.90

Mood Stabili-T Emotional Support

Mood Stabili-T supports a feeling of calmness and emotional well-being. It helps to stabilize and balance mood by promoting healthy neurotransmission. It can also promote proper blood flow.

Serving Size: 2 Capsules

LS5264-060 (60 Vcaps.) 30 servings $27.20

Mood Sync

Times of stress and tension can cause mood to plummet because the brain is using up too much of its inhibitory neurotransmitters. Mood Sync is a thoughtful blend of powerful amino acid nutrients your neurotransmitters need. Give your brain and body a boost with this natural mood stabilizer that helps balance and normalize your brain chemistry.

Serving Size: 1 Capsule

PS21065 (60 Caps.) 60 servings $17.55

HTP10 Neurotransmitter Complex TOP SELLER

HTP10 is designed for children or small adults who need reduced amounts of 5-HTP, the precursor to serotonin in the body. Serotonin addresses stress/anxiety, poor concentration, agression and impulse control, moodiness, low mood, overactive behavior & sleep.

Serving Size: 1 per day

PS1002 (60 Caps) 60 servings $15.95

Super Balanced Neurotransmitter Complex

Super balanced Neurotransmitter Complex supplies a balance of amino acids to support your brain and body and inhibits the firing of stress messages. Keep your brain functioning at peak levels.

Serving Size: 1 per day

PS1005 (90 Caps.) 90 servings $26.50

St. John's Wort

Lift your spirits. ST. John's Wort is used to support a healthy mood and emotional well-being.*

Serving Size: 3 Capsules

OWH0147 (90 Caps.) 30 servings $24.00

St. John's Wort

St. John's Wort has become one of the top selling dietary supplements in the United States. The major components of St. John's Wort are the following: Hypericin, hyperform, pseudohypericin, flavonoids, xanthones, and essential oils.

Serving Size: 2 Capsules 3 x Daily

DC86782 750mg (100 Vcaps.) 50 servings $21.60

St. John's Wort 300mg

St. John's Wort (Hypericum perforatum) has a long history of traditional use by herbalists dating back more than 2000 years.

Serving Size: 1 Capsule 3 x a day

NO4760 (100 VCaps) 100 servings $12.30

St. John's Wort Flowering Tops

The sunny flowering tops of St. John's Wort, make a beautiful red tincture useful for relieving occasional sour stomach and mood and supporting healthy nerves. Warning: may decrease or increase the effectiveness of certain medications. If you are taking medications use only under the supervision of a qualified health care provider.

Serving Size: 2 droppers up to 4x a day

NA4026-002 (2 fl. oz.) 36 servings $12.50

Full Spectrum Hemp Extract Oil

An excellent USDA Certified Organic Hemp Extract providing phytocannabinoids, works by stimulating the endocannabinoid system in the human body. Hemp extracts are gaining popularity for the relief of painful conditions like neuropathy pain. Hemp extract has also been tried by patients for a wide variety of psychological complaints including anxiety, depression, and more. Planted, Cultivated, Harvested, & Extracted in the US. Contains 20mg of CBD per serving. A great product!

Serving Size: 1 Dropper = 20mg CBD

NFR8002 Mint (1 fl. oz.) 30 servings $71.60

Hempanol Super Strength

Top source of CB2 receptor activator beta caryophyllene. CB2 Receptor Activator and P73 Fortified. Hempanol is a high grade whole food, organic hemp extract. This is the CO2 extract of hemp, which means it is 100% raw. The CO2 extract captures all the key ingredients, including the full spectrum of canabanoids and the all-important, super-potent terpene, beta caryophyllene. Available in liquid or softgels.

Serving Size: 10 drops up to 2x a day or 1 cap.

NH9556 (50 Caps) 50 servings $49.95

Hempanol-CF "Calm & Focus"

Need some calm in your day? With full spectrum Hempanol CF you get the original truly raw hemp supplement. It's derived from wild-source seeds, which makes it complete with the full profile of raw terpenes.

Serving Size: 10 drops

NH8032 Liquid (1 fl. oz.) 92 servings $46.10

Anti-Spasmodic

A synergistic combination of herbs for the nervous system. Christopher's Original Formulas time-tested ANTSP Extract supports muscles, nerves, gums, teeth, hair, throat & the brain.

Serving Size: 20 drops

DC98261 (2 fl. oz.) 57 servings $18.70

Rhodiola "NOW"

Rhodiola (Rhodiola rosea) is indigenous to the Arctic and Alpine regions of Europe, Asia and America and has long been used as a tonic by many cultures, including the Ancient Greeks. Rhodiola is generally known as an "adaptogen", a term which refers to any agent possessing the ability to increase the body's capacity to adapt to stressful conditions.

Serving Size: 1 capsule up to 2x a day

NO4754 500mg (60 VCaps) 60 servings $24.65

Rhodiola

Primary uses include energy, stress, mental performance, and depression.

Serving Size: 1 capsule up to 3 x a day

CHU19850 (60 Vcaps.) 60 servings $24.80

DOPA Mucuna

Dopamine is a neurotransmitter that promotes enjoyment and interest in life.* With 15% L-Dopa (the immediate precursor of dopamine), NOW® Dopa Mucuna helps the body with what it needs to make this important neurotransmitter.* Mucuna has been used in the traditional Ayurvedic system in India for thousands of years. It can also be helpful for to increase sperm count, nocturnal emissions & control.

Serving Size: 1 to 2 caps. a day

NO3092 400 mg (90 Vcaps.) 45 servings $14.50

Sunflower Lecithin "Powder, or Liquid"

TOP SELLER

NOW® Sunflower Lecithin has Phosphatidyl Choline, the most abundant phospholipid in the cell membrane, where it plays a key role in cellular signaling and synaptic function. NOW® Sunflower Lecithin aslo naturally abounds in Phosphatidyl Inositol, Phosphatidyl Ethanolamine, and essential fatty acids. Lecithin in the diet aids in emulsifying fats, enabling them to be dispersed in water; and as a choline-containing phospholipid, its choline is easily absorbed and utilized by the body.* NOW® Sunflower Lecithin is Non-GMO and Soy-Free.

Serving Size: 1 1/2 Tbsp

NO2314 Powder (1 lb.) 45 servings $20.90

NO2372 Liquid (16 fl.oz.) 32 servings $17.40

SAMe

SAMe (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health. Numerous studies have indicated that SAMe can help to temporarily alleviate aches and pains resulting from overexertion or stress. Therefore, SAMe is a natural product that can be part of a nutritional program for pain management. In addition, because SAMe is also necessary for the synthesis of neurotransmitters, it plays an important role in the regulation of mood. NOW® SAMe is enteric-coated, which makes it very well tolerated and protects it from degradation.*

Serving Size: 1 capsule up to 4 x a day

NO0141 400mg (60 Tabs.) 60 servings $57.40

NO0128 200mg (120 Vcaps.) 120 servings $54.30

J. Kloss' Anti-Spas

Jethro Kloss's original formula of Skullcap herb, Skunk Cabbage root, Black Cohosh root, Lobelia herb, Myrrh gum and Cayenne, has stood the test of time as a helpful nervous system tonic to support optimal muscle tension and nerve health. We use mostly fresh herbs in this formula to bring you a superior product. Suggested Use: 1/2-1 dropper, 3-5x a day. Length of use- Low dose: 6-12 weeks; High dose; 1 week, except under the guidance of a qualified health care provider.

Serving Size: 1/2 Dropper 3 x a day

NA1041-002 (2 fl. oz.) 120 servings $17.60

CDP-Choline

Cytidine Diphosphate Choline is an active lipotrope of choline that restores brain levels of Phosphatidylserine, Phosphatidylcholine and Sphingomyelin which are crucial to the function of neurons and the myelin sheath that protects them. It also increases brain levels of key neurotransmitters like acetylcholine (for memory), dopamine (for fine motor control and mood), and norepinephrine (for mental energy). With all of the above modulating activities, it isn't surprising that CDP Choline has so many beneficial effects on the brain, helping to maintain optimal brain function and balance.

Serving Size: 1 Capsule

NBN1280 500mg (30 Caps.) 30 servings $36.85

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Choline & Inositol

Choline & Inositol are members of the B-vitamin family. Choline is found in most animal tissues and is necessary for normal synaptic transmission and brain health. In addition, Choline is involved in fatty acid metabolism in the liver. Inositol is also essential for brain and nervous system health. Both Choline and Inositol are essential components of all cell membranes, where they function as cell signaling molecules.*

Serving Size: 1 per day

NO0470 250/250 mg (100 Caps.) 100 servings $10.90

Inositol TOP SELLER

Inositol is a non-essential member of the B-complex family with dietary sources from both animal and plant foods. The form of inositol used in this product is myo-inositol, the most abundant form of this nutrient. Inositol is found in all cell membranes, with the highest concentrations in the brain and central nervous system, where it plays an important role in neurotransmitter signaling.* Inositol is also critical for the proper action of insulin, lipid metabolism, and for the maintenance of cellular calcium balance.

Serving Size: 1 capsule

NO0475 500mg (100 Vcaps.) 100 servings $9.45

Inositol Powder

Inositol is a non-essential member of the B-Complex family with dietary sources from both animal and plant foods. The form of Inositol used in this product is Myo-Inositol. Myo-Inositol is the most abundant form of this nutrient, with its highest concentrations being found in the brain and central nervous system. Myo- Inositol is found in all cell membranes as a component of signaling molecules that mediate cellular responses to external stimuli. Availability of Myo-Inositol is especially important in the brain and central nervous system, as it is an important participant in neurotransmitter signaling. In addition, Inositol is critical for the proper action of insulin, lipid metabolism, and for the maintenance of calcium balance within the cell.*

Serving Size: 1/4 tsp. daily dissolved in water

NO0529 (16 oz.) 622 servings $39.85

Inositol Powder

Inositol Powder, helps to calm physical symptoms of stress, anxiety, panic and depression. It supports normal brain and gastrointestinal function by promoting proper neurotransmitter signaling, has been proven effective in double-blind trials as a short-term intervention for anxiety and obsessive-compulsive disorder, when taken at doses of 12–18 g/day.

Serving Size: 1 teaspoon

HN2045 (8 oz.) 56 servings $47.95

Sunflower Phosphatidyl Serine

Phosphatidyl serine (PS) is a natural compound that's an important component of cell membranes, where it plays an essential role in communication and the transfer of nutrients between cells.* Derived from non-GMO sunflower lecithin, NOW® Soy-Free Sunflower Phosphatidyl Serine supports brain health, nervous system function, and the activity of neurotransmitters involved in learning, memory, and mood.*

Serving Size: 1 softgel

NO2393 (120 Vcaps.) 120 servings $47.85

Phosphatidyl Serine

A great product to help enhance memory and brain function.

Serving Size: 1 capsule up to 3 x a day

NO2380 100mg (60 Vcaps) 20 servings $26.80

Phosphatidyl Choline

Phosphatidylcholine is a superb daily addition to the diet for anyone seeking safe nutritional support for healthy liver function.

Serving Size: 1 soft gel

NFN2605 420mg (90 Gels.) 90 servings $16.95

Ashwagandha Root TOP SELLER

Balances endocrine, nervous system and immune function. Supports thyroid function. Traditionally used as brain tonic. Do not use if you have an overactive thyroid.

Serving Size: 2 droppers up to 4 x a day

NA4001-002 (2 fl. oz.) 36 servings $17.60

NA4001-004 (4 fl. oz.) 72 servings $31.20

Ashwagandha

Ashwagandha (Withania somnifera) is an herb that is extensively used in Ayurveda, the traditional herbal system in India. Ashwagandha is used as a general tonic and "adaptogen", helping the body adapt to temporary normal stress.* In addition, preliminary data suggest that Ashwagandha supports a healthy immune system.* Do not use if you have an overactive thyroid.

Serving Size: 1 Capsule 2 to 3 x daily

NO4603 450mg (90 Caps) 90 servings $12.30

Ginko Biloba

Ginko promotes circulation to the brain and nervous system. If you are suffering from forgetfulness, depression, headaches, or hearing loss, try this! Contains NO gluten.

Serving Size: 1 Capsule

CHU4820 (90 Vcaps.) 90 servings $14.80

Multi Collagen Brain Boost

This multi-source formula is designed to bring you all the real results of collagen, plus brain-boosting botanicals that help you stay focused and think clearly. This superfood blend combines organic fermented ashwagandha root, ginkgo leaves and bacopa brahmi leaves, plus organic ashwagandha root and leaf extract and organic lion's mane extract. These powerful botanicals have been used for centuries to support concentration, focus and positivity. Ashwagandha is one of the most-studied adaptogenic herbs available, and our lion's mane is grown on our own regenerative farmland — so we can ensure the highest quality ingredients possible. Bovine Collagen.

Serving Size: 3 Capsules

AN22875 (90 Caps.) 30 servings $52.75

Sunflower Lecithin 1200 mg

NOW® Sunflower Lecithin has phosphatidyl choline, the most abundant phospholipid in the cell membrane, where it plays a key role in cellular signaling and synaptic function. NOW® Sunflower Lecithin also naturally abounds in phosphatidyl inositol, phosphatidyl ethanolamine, and essential fatty acids. Lecithin in the diet aids in emulsifying fats, enabling them to be dispersed in water; and as a choline-containing phospholipid, its choline is easily absorbed and utilized by the body. NOW® Sunflower Lecithin Softgels are non-GMO and soy-free.

Serving Size: 2 Softgels

NO2313 (200 softgels) 100 servings $18.85

Stress & Anxiety Support

Calm/Nerve Formula TOP SELLER

Need some mellowing? Reach for our Calm/Nerve, a combination of nine herbs used to nourish and support a healthy nervous system during times of stress. The herbs in Calm/Nerve are tinctured fresh to bring you a superior tincture. Suggested Use: 1-3 droppers, 1/6-1/2 tsp., 3-4x a day. Or 1-2 droppers, 1/2-1 hour before bedtime. May be taken every hour as needed for a short time only.

Serving Size: 2 droppers up to 4 x a day

NA1016-002 (2 fl. oz.) 36 servings **$17.60**
NA1016-004 (4 fl. oz.) 72 servings **$31.99**

Anxie-T Stress Support TOP SELLER

Anxie-T™ helps the body feel more calm and relaxed, mentally and physically. It nourishes the nervous system, providing a sense of wellbeing and relaxation. Anxie-T supports the body's natural ability to deal with common symptoms of stress, including nervousness and nervous exhaustion, stress-related muscle tension, anxious fearfulness, and stress-related sleep problems.

Serving Size: 2 Capsules

LS5215-060 (60 Vcaps.) 30 servings **$25.85**
LS5215-120 (120 Vcaps.) 60 servings **$49.95**

Anxiety Control TOP SELLER

Provides enriching levels of amino acids, herbs, minerals and essential cofactors to help the brain's natural inhibitory system cope with the normal stress and anxiety in everyday life. (Includes Magnesium, B6, GABA, Glycine, L-glutamine).

Serving Size: 2 per day

PS11090 (90 Caps) 45 servings **$21.60**

AnxioCalm TOP SELLER

AnxioCalm® is an award-winning, clinically studied supplement that's been shown to quiet your nerves and relieve occasional anxiety—without drowsiness! It's made from a specialized root extract of Echinacea augustifolia(no, it's not the same extract used to boost immune health). AnxioCalm is perfect for everyday use or occasionally when you need extra support. It helps provides relief when you need it without drowsiness or mental fogginess.

Serving Size: 2 Tablets

TN41009 (90 Tabs.) 45 servings **$49.60**

Anxie-Tone

Supports emotional well being. Eases stress and anxiety. Promotes positive mood and encourages relaxation. Anxie-Tone™ naturally contains carbohydrates, lipids, proteins (including all ten essential amino acids), and truly organic bioflavonoids as found in specially grown, enzymatically processed Saccharomyces cerevisiae and citrus fruits.

Serving Size: 1 Capsule

DOC1420 (90 Caps.) 90 servings **$31.00**

Stress Support System

With its extracts of magnolia bark and Zizyphus seeds, Stress Support System™ works very quickly to restore a sense of calm. It also provides factors that strengthen the Heart and Liver Systems and clear liver congestion. Because of this, it helps you make "molehills out of mountains," so that every stressful event passes more easily.

Serving Size: 2 capsules

PEL3190 (60 Tabs.) 30 servings **$29.40**

Stress Guard

Calms and soothes the nerves* Crack open a bottle and take a deep breath. That's fresh, whole, organic herbs and vitamins and a patented amino acid (L-Theanine) you smell. Prepared with love for optimum potency. A daily dose of stress can wear you down. Stress can affect your adrenal glands causing adrenal depletion. Digestion slows. Sleep is disrupted. You're tired during the day but can't sleep well at night. It's a vicious cycle. Stress Guard is a wonderful combination of whole organic herbs and organic B-vitamins designed to help your body adapt to stress.

Serving Size: 3 capsules

OWH0459 (90 Vcaps) 30 servings **$25.60**

Stress Relief

Manage stress, support mood, and improve cognitive function with our powerful formula. Combining traditional and modern ingredients like Organic Banana Peel, Organic Poria Mushroom, SAMe, and Lithium Orotate, our stress relief supplement provides an effective solution to help you find calm and enhance your overall well-being.

Serving Size: 2 Capsules

GK1160 (120 Caps.) 60 servings **$43.20**

Stress "B" Gone

SYNERGISTIC ANXIETY AND STRESS SUPPORT
Full range of all B Vitamins.
Optimum levels of Vitamin C & Bioflavinoids
High quality of Kava Kava which promotes relaxation, calms nervousness and relieves anxiety while maintaining full mental clarity.

Serving Size: 2 Tablespoons

BT4039 (16 fl. oz.) 16 servings **$27.25**

Neu-BeCalm'd TOP SELLER

NeuBecalm'd is for anyone looking for help with impulsive, hyperactive, or aggressive behavior, or those looking for help coping with day-to-day stress or insomnia. NeuBecalm'd may be effective for those suffering from Attention Deficit Disorder (ADD), Attention Deficit Hyperactivity Disorder (ADHD), Post Traumatic Stress Disorder (PTSD), or Anxiety Disorder. The targeted nutrients in NeuBecalm'd may help those affected with these disorders gain mental focus and regain control in their lives.
Directions for Use; Take 30 minutes or more before meals.
Adults and children over 80 lbs. should take one serving (two capsules) up to three times per day. Children 40 – 60 lbs. should take one serving (two capsules) one time per day. Children 60 – 80 lbs. should take one serving (two capsules) two times per day.

Serving Size: 2 capsules up to 3 x per day

NGC2156 Capsules (90 Caps) 45 servings **$37.70**

Neuro-Calm TOP SELLER

Neuro-Calm combines five ingredients that work together to improve our body's response to stress. Holy Basil, Ashwaganda, and Rhodiola are adaptagenic herbs that reduce the stress hormone, known as cortisol which has health damaging affects including imsomnia, weight gain, hot flashes, anxiety, and more. This cortisol reducing effect can make a dramatic difference in how we feel each day with greater freedom from stress and more of a sense of energy and well being. GABA is an amino acid responsible for calming the brain and mitigating the over activity of other brain cells. GABA has helped those with addictions to alcohol and nicotine, especially with the withdrawal symptoms that accompany the removal of addictive substances. GABA also can help improve serotonin which improves mood and sleep quality. L-Theanine is an another amino acid in the formula that generates alpha waves in the brain, which are brain waves that relax the brain assisting those with anxiety or those individuals having trouble with concentration.

Serving Size: 1 per day

NN7095 (120 Caps) 120 servings **$35.95**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

True Calm Amino Relaxer

True CalmTM is an effective combination supplement that incorporates the latest amino acid and neurotransmitter research into one easy-to-use formula. True CalmTM includes cerebral nutrients like GABA, an amino acid that supports the down regulation of overstimulated nerve cells. It is synergistically blended with vitamins, herbs and other amino acids to support relaxation and a balanced mood.

Serving Size: 1 capsule up to 3 x a day

NO0155 (90 Caps.) 90 servings $14.50

GABA Calming Support

More than just a GABA supplement, GABA Calming Support also contains key supporting ingredients: Lemon balm, a time-tested herb used for occasional stress, is thought to increase GABA activity.* L-theanine, an amino acid found in tea, likely acts on GABA receptors and has been shown to hone focus while dialing down situational stress.*

Vitamin B6 and Magnesium, which both help produce enzymes that make GABA, work particularly well when paired.* Pyridoxal-5-phosphate is the most bioavailable form of vitamin B6, while magnesium glycinate and malate are better absorbed than the commonly used magnesium oxide.

Serving Size: 1 Capsule

AC1070 (90 Caps.) 90 servings $43.70

Calm Essence

CalmEssence™ provides 150 mg per day of pure L-Theanine (Suntheanine®), an amino acid from green tea that studies have shown promotes a sense of calm, even under extreme pressure. It also provides Honokiol, a phytochemical from Magnolia bark that helps us remain calm. These factors may help reduce the frequency of the stress response being triggered in your body. They may also reduce the intensity of stress responses when they do occur. Any reduction in the amount and/or intensity of stress response is a step toward better health.

Serving Size: 1 per day

PEL5002 (30 Vcaps.) 30 servings $38.80

Calm Day

This formula is designed to support the neurotransmitters dopamine and serotonin, with the potential to improve problems with sleep and anxiety. Serotonin plays a role in sleep, mood, intestinal function, pain control, and inflammation. Dopamine plays a role in cognitive function, memory, learning, and pleasure. In our bodies, dopamine is released as a result of rewarding experiences. Certain nutrients and amino acids may help to balance levels of neurotransmitters by providing co-factors that assist in the body's ability to manufacture neurotransmitters.

Serving Size: 2 capsules

NFR4505 (60 Vcaps.) 30 servings $27.60
NFR4506 (120 Vcaps.) 60 servings $47.60

Control II TOP SELLER

This product has been helpful for those struggling with addictions such as smoking, alcohol and more. Simply take 3 capsule at the onset of a craving. This should help give relief for 8 to 10 hrs. or more. The ingredients of Control II help those people struggling with sugar and carbohydrate cravings. Carb cravings can be a symptom of insulin resistance, neurotransmitter imbalance, or mood problems. This formula addresses these concerns to help people working to avoid excessive dietary intake of carbohydrates.

Serving Size: 1 per day

NFR7060 (90 Caps.) 90 servings $39.20

Calm A.S.A.P.

Moments of nervous stress and tension can interfere in the enjoyment of your day by disrupting the functioning of body and mind. Calm A.S.A.P. Provides the support you need to help promote a sense of calm during times of peak stress. Made with Passionflower, and fresh Skullcap from the Gaia Herbs farm, this herbal blend gives your nervous system the soothing support it deserves in stressful moments.

Serving Size: 3 capsules

GH4935 (30 Caps.) 10 servings $14.10

Re-LAXX

Muscle cramps, or spasms, are uncomfortable and involuntary muscle contractions. Muscle cramps can occur in any of our muscles, but are especially common in the extremities, such as the legs, calves or feet. A muscle spasm can last from seconds to minutes, or even longer. While muscle cramps are common and short-lived, they occasionally cause a great deal of discomfort and can interfere with sleep or daily activities. Re-LAXX is designed to help relieve muscle spasms through its relaxing and anti-spasmodic ingredients.

Serving Size: 4 Capsules

NFR4205 (120 Vcaps.) 30 servings $27.60

Adaptra

Adaptra® is a potent, herbal adaptogen formula that improves your mental and physical resilience to help you get through your day with ease. Contains; Ashwagandha and Rhodiola to Maximize Energy & Stamina • Boost Mood • Revitalize Adrenals

Serving Size: 1 capsule

TN20016 (60 Caps) 60 servings $32.00

Theanine Serene w/Relora

Theanine Serene® with Relora® contains the amino acid L-theanine to support relaxation and focused attention, and the calming neurotransmitter GABA. Taurine can support the movement of potassium out of neurons which may help prevent over-excitation of neurons. It also features magnesium to support muscle and nerve relaxation, calming holy basil leaf extract and Relora® to gently soothe away the tension in your body. Relora contains magnolia and philodendron extracts that may help relieve temporary anxiety.

Serving Size: 2 per day

SN1773 (120 Tabs) 60 servings $31.65

MindTrac

A synergistic blend of whole herbs for optimum mental & emotional balance. Feeling sad, down, blue, not thinking straight & miserable are ways we may feel from time to time. Taking a natural approach for a chemical imbalance & to rid negative thoughts is essential as whole herbs will not have the long term side effects that many chemicals do. MindTrac formula supports brain function, properly assisting the body with delivering nutrients to the brain, aids in calming the nervous system & supports the bodies natural response to stress.

Serving Size: 2 capsules up to 3 x a day

DC89134 (100 Caps) 50 servings $19.90

Mag Complete Powder

Our new effervescent magnesium powder contains a combination of highly absorbable calcium, magnesium, vitamin D, potassium, chloride, and sodium in a tasty, powdered form for ease of administration. Mag Complete Powder features Albion™ TRAACS™ minerals. These patented minerals are designed to do the stomach's work in advance by producing low molecular weight mineral compounds in which the minerals are bound to amino acids to produce natural organic chelates that can pass easily through the intestinal wall.

Serving Size: 1 Scoop

NFR1060 Lemon Lime (6.35 oz.) 30 servings $39.20

Magnesium Anti-Stress Drink

A delicious drink to help calm and relax you, while restoring your body's optimal magnesium levels. Whole Food Magnesium Anti-Stress features whole food magnesium made using the finest brown rice, as well as, live probiotics—1 billion CFU—to support healthy digestion and regularity. So, if you're feeling stressed out or unable to sleep well, you should consider taking Whole Food Magnesium at bedtime to help you de-stress and get a good night's sleep.

Serving Size: 1 teaspoon

GO2772 Orange (7 oz.) 40 servings **$21.00**
GO2773 Orange (14.8 oz.) 85 servings **$35.90**

Natural Calm (Powder) TOP SELLER

Did you know that magnesium influences many bodily processes, including digestion, energy production, muscle function, bone formation, creation of new cells, activation of B and D vitamins, and relaxation of muscles, as well as assisting in the functions of the heart, kidneys, adrenals, brain and nervous system.

Natural Calm is the solution to both restoring a healthy magnesium level and balancing your calcium intake—the result of which is natural stress relief.

- The Anti-Stress Drink
- Balances your calcium intake
- Restores healthy magnesium levels

Note; Available as regular Natural Calm or as Calm Plus Calcium.

Serving Size: 2 teaspoons or plus calcuim 3 teaspoons

NC1545 Original (16 oz.) 113 servings **$34.50**
NC1150 Orange (8 oz.) 56 servings **$21.65**
NC1151 Orange (16 oz.) 113 servings **$34.50**
NC1010 Rasp/Lemon (8 oz.) 56 servings **$21.65**
NC1011 Rasp/Lemon (16 oz.) 113 servings **$34.45**
NC1152 Cherry (8 oz.) 56 servings **$22.95**
NC1153 Cherry (16 oz.) 113 servings **$34.50**
NC1154 Lemon (8 oz.) 56 servings **$22.95**
NC1155 Lemon (16 oz.) 113 servings **$30.95**
NC1093 Plus Calcium, Rasp/lem (8 oz.) 30 servings **$22.50**
NC1146 Plus Calcium, Rasp/lem (16 oz.) 60 servings **$38.50**
NC1148 Plus Calcium, Unflavored (16 oz.) 60 servings **$38.45**

Calm Gummies TOP SELLER

Snackable stress relief? Natural Vitality CALM® Gummies take the term to a whole new level. Each delicious gummy packs 83 mg of magnesium citrate so everyone—from kids to adults—can release tension from the body and calm the mind to find a relaxing sense of calm, anytime, anywhere.

Serving Size: 4 gummies

NC4308 Orange (120 ct.) 30 servings **$26.50**
NC3984 Raspberry/Lemon (120 Ct.) 30 servings **$26.50**

Stress-X

Stress-x Magnesium Powder is a natural magnesium supplement formulated with magnesium citrate and over 72 ionic trace minerals from ConcenTrace to help maintain healthy magnesium levels in the body to help you stay calm and relaxed and to feel overall wellness in the body and mind.Serving size for powder;7.2 grams [1/2 scoop]

TM1024 Powder (15.8 oz.) 50 servings **$36.50**
TM1026 (60 Tabs.) **$26.60**

Relax Tincture TOP SELLER

A great formula to help the little ones settle down and relax for the evening or when around crowds.

Serving Size: 30 drops

CHU4861 (1 fl. oz.) 30 servings **$12.40**

Nerve Support TOP SELLER

Support for muscle tension, spasms, sleep aid, and relaxing.

Serving Size: 2 capsules up to 2-3x a day or 2 Droppers

YOB5175 (2 fl. oz.) 36 servings **$29.20**

L-Theanine 100mg

L-Theanine is a unique amino acid found naturally in the tea plant (Camellia sinensis). L-Theanine promotes relaxation while maintaining alertness and promotes healthy cognitive function.* L-Theanine may also support healthy vascular function through this relaxing effect.*

Serving Size: 1 capsule 1-2 x daily

NO0145 (90 Vcaps.) 90 servings **$15.95**

L-Tryptophan TOP SELLER

L-Tryptophan is an essential amino acid; therefore, it is not synthesized by the body and must be obtained from the diet. L-Tryptophan is critical for the production of serotonin and melatonin, which help to support a positive mood, healthy sleep patterns, and proper immune system function.

Serving Size: 2 Capsules

NO0166 500 mg (60 Vcaps.) 30 servings **$15.95**

L-Tryptophan

Tryptophan is a natural building block of serotonin, the neurotransmitter that plays an important role in appetite, mood, normal sleep patterns, and nervous-system function.

Serving Size: 1 Capsule

LT0252 (120 Caps.) 120 servings **$34.10**

L-Tryptophan Complete

Supports Healthy Sleep & Mood Research shows L-Tryptophan may promote relaxation and sleep, improve mood, and reduce cravings for carbohydrates. Not to be taken with anti-depressants. L-Tryptophan Complete contains the co-factors and co-enzymes that drive the conversion of L-Tryptophan to serotonin. *Do not take with MAOIs, Tricyclics, or SSRIs

Serving Size: 3 per day

LT0325 (120 Caps) 40 servings **$38.45**

L-Tryptophan Chewable

L-Tryptophan now comes in a delicious, maple-vanilla chewable that brings out the best in kids and parents alike! L-Tryptophan is the natural building block of serotonin, the neurotransmitter that plays an important role in your appetite, mood, normal sleep patterns, and nervous-system function.

Serving Size: 1 Tablet up to 2x per day

LT0324 Maple-Vanilla (60 Tabs) 60 servings **$17.25**

Adapto-munity

Revitalize and energize both mind and body with fortifying herbs in times of environmental or psychological stress. Increase circulation and stamina while nourishing your respiratory, nervous system, endocrine and immune systems with this powerhouse blend. With Adaptogens, Immuno-modulating, Nourishing nervine and Immuno-stimulating herbs. Contains Holy Basil, Ashwagandha, Linden Leaf & Flower, Eleuthero Root, Ginseng Root leaf, Reishi, Maitake and Chaga mushrooms. Elderberry, Astragalus and flowering Goldenrod tops.

Serving Size: 2 Droppers

NA1072-002 (2 fl. oz.) 36 servings **$16.80**
NA1072-004 (4 fl. oz.) 72 servings **$30.40**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Kava Gold TOP SELLER

Kava Gold is formulated to aid with anxiety, nervous irritability, compulsive thinking, insomnia, and panic attacks etc. Serving size for liquid; 30 drops up to 3x a day

Serving Size: 1 capsule up to 3x a day

CHU4801 (90 Caps.) 90 servings **$22.40**
CHU4802 liquid (2 fl. oz.) 59 servings **$25.60**

D-Stress with Hemp

We packed our 'D-Stress with Hemp' formula with a compliment of herbs that nourish and support your nervous system during those stressful and discomforting moments. It is not a drug and works very differently than many other products out there. We designed this amazing synergistic blend to work with your body's natural responses to life's typical discomforts, concerns, and stress. We begin with our Full-Spectrum Hemp Tincture. 'Full-spectrum' means it is a complete extract with the multiple beneficial constituents of this herb in natural balance. It is CBD plus much more! If you have had strong allergic reactions to other products intended to ease discomfort and provide calmness, D-Stress with Hemp may be your answer.

Serving Size: 2 Droppers

NA1071-002 (2 fl. oz.) 37 servings **$20.80**
NA1071-004 (4 fl. oz.) 75 servings **$38.40**

Full Spectrum Hemp Tincture

Our Hemp extract is a full-spectrum tincture made from the female flowering tops and leaves of organic hemp plants grown in the fields of our own Pennsylvania Organic Herb Farm and extracted with organic cane alcohol, distilled water, and vegetable glycerin. It is not a drug and works very differently than many other products out there, nourishing and supporting the nervous and endocannabinoid systems. Full spectrum means it has the natural complement of all the cannabinoids, not just CBD.

Serving Size: 3 Drops

NA4122-002 (2 fl. oz.) 24 servings **$26.60**

Lemon Balm Herb

Lemony scented herb lifts the spirit and clears the mind. Lemon Balm can be used for relieving occasional stomach upset and supporting healthy nerves and immune system.

Serving Size: 3 droppers up to 4x a day

NA4074-002 (2 fl. oz.) 24 servings **$16.80**

Milky Oat Seed

Harvested in the milky stage and tinctured the same day our fresh Milky Oat seed is used to nourish the nerves and support a healthy nervous system in times of stress.

Serving Size: 3 droppers up to 4x a day

NA4019-002 (2 fl. oz.) 24 servings **$17.60**

Sleep Support

Sleep Perfect TOP SELLER

Sleep Perfect takes a three-pronged approach to fighting sleeplessness using three of the most effective approaches for getting a great night's sleep naturally! The Mineral Approach. The calcium found in Sleep Perfect works to reset the brain's "snooze button" so you feel ready to sleep when it's time to sleep. And the magnesium helps to relax your muscles and calm the central nervous system. These two ingredients are highly effective on their own but I put additional sleep power in this non-addictive formula. Hormone-Amino Acid Approach. This formula includes L-Theanine, an amino acid that promotes production of the brain's alpha waves, helping to reduce tension, stress and anxiety that keep you awake at night. And melatonin, a brain hormone, tells your body it's time to sleep. The Herbal Approach. This last formula is the important finishing touch of Sleep Perfect. It's a unique Herbal Sleep Blend that contains 5 of the most effective sleeping compounds supported by clinical and experience. They work together synergistically to help you fall into a deep and natural sleep. Take it 30 minutes or more before bedtime. In virtually no time at all you'll feel this all-natural formula working to prepare your body for a full night of restful sleep.

Serving Size: 2 per day

EY1025 (60 Caps) 30 servings **$17.50**

Calmful Sleep TOP SELLER

Calmful Sleep starts with Natural Calm and magnesium glycinate to soothe nerves, relax muscles and provide support for over six hundred various functions in your body. This magnesium blend also balances your calcium intake. Without enough magnesium to balance the calcium you take in through diet and supplements, muscles can tense, cramp, spasm and twitch. Low cellular magnesium can also lead to headaches and sleeplessness. Because Calmful Sleep was designed for those times when you need a little extra help getting enough rest, we also added a potent blend of sleep-promoting nutrients, including Suntheanine®, a patented premium form of the relaxing amino acid l-theanine, calm-enhancing GABA (a non-protein amino acid) and melatonin, which helps the body ease into restful sleep. Calmful Sleep is the solution to restoring a healthy magnesium level, balancing your calcium intake, and getting the sleep you need to restore natural vitality.

Now available in capsules!

Serving Size: 1 teaspoon or 2 Capsules

NC3952 Powder (6 oz.) 43 servings **$25.60**
NC3955 (60 Caps.) 30 servings **$14.50**

Calm Sleep Gummies

Need help getting into a snooze groove? CALM Magnesium Citrate Gummies for Sleep gives you a combination of L-theanine to help you relax, melatonin to help you fall asleep and magnesium for added support.

Serving Size: 2 Gummies

NC4382 Blueberry Pomegranate (60 Gummies) 30 servings **$13.60**

Sleep Complete TOP SELLER

Sleep Complete promotes restful sleep with chamomile, passion flower, lemon balm, and melatonin. A healthy person spends over one-third of their life sleeping. Restful sleep might be one of the keys to health and longevity. Enjoy a restful night's sleep and awake refreshed with Sleep Complete.

Serving Size: 2 Tbsp

BT4030 (17 fl. oz.) 16 servings **$24.65**

DID YOU KNOW ?

We may lose a lot of water while sleeping during the night.
A great way to rehydrate the next morning is to drink a pint of water adding one teaspoon to one tablespoon of either lemon or apple cider vinegar.

Relax Eze

A unique whole herb formulation that promotes relaxation. Dr. Christopher's Relax-Eze soothes the nervous system, helps calm nerves & supports restful sleep.

Serving Size: 2 capsules up to 3x a day

DC89113 (100 Vcaps) 50 servings **$19.75**

Natural Sleep

Rather than counting sheep take a few droppers of Natural Sleep after supper and before bed. Natural Sleep is formulated with herbs to support a restful mind and body and relieve occasional restlessness. Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 2-3 hours before going to bed and then again 1/2 hour before bed time. A third dose may be taken if needed at bed time or during the night.

Serving Size: 2 droppers up to 4x a day

NA1027-002 (2 fl. oz.) 36 servings **$17.60**
NA1027-004 (4 fl. oz.) 72 servings **$31.99**

Hempanol PM Sleep

Hempanol PM is the natural way to support sleep function. Also use it whenever you need to relax. Calm yourself to sleep through the powers of organic hemp plus hops. Directions: Take 5 or more drops under the tongue or in juice/water at bedtime. Repeat as necessary. 186 Servings.

Serving Size: 5 drops a day

NH8027 (1 fl. oz.) 186 servings **$30.75**

Herbal-zzZs

Utilizing pure synergistic ingredients and a quality manufacturing process, Herbal-zzZs, is a product that you can trust. The Five Core active ingredients are Ashwagandha, Hops, Chamomile, Magnolia Bark,and Black Seed Oil. Each herb is gentle to the body and well-tolerated. Together, these ingredients work naturally and harmoniously as the ideal replacement for melatonin at night. Try our unique Herbal-zzZs sleep formula and experience a wholesome rest in the arms of mother nature's embrace.

Serving Size: 1 Softgel

NH9259 (60 Gels.) 60 servings **$23.05**

Rest-ZZZ Sleep Support

Rest-ZZZ aids in relieving muscle tension, restlessness, and nerve-related sleeplessness. It works on underlying disruptors of healthy sleep by helping to calm the nervous system and promoting natural sleep cycles. Rest-ZZZ is also a nice alternative for some people who cannot tolerate melatonin, as the melatonin dosage is minimal and combined with other natural sleep aids in this formula.

Serving Size: 2 Capsules

LS5216-060 (60 Caps.) 30 servings **$21.10**
LS5216-120 (120 Caps.) 60 servings **$38.10**

Sleep Time

The Sleep Time formulation, to be taken 1 hour before bed, is designed to improve problems with sleep. Sleep Time was formulated to help support the neurotransmitters dopamine and serotonin, which have a role with sleep cycles and anxiety. Contains: Vitamin B6 10 mg (as Pyridoxal-5-Phosphate), Pantothenic Acid 10 mg (as Calcium-D-Pantothenate), Gamma Amino Butyric Acid (GABA) 500 mg, Glycine 500 mg, Taurine 250 mg, L-Theanine (as Suntheanine®) 100 mg, 5-Hydroxytryptophan (5-HTP) 50 mg (from Griffonia simplicifolia Seed Extract), Melatonin 3 mg. For added support take along with the Nutritional Frontiers Calm Day formula.

Serving Size: 2 Capsules

NFR4508 (60 Vcaps.) 30 servings **$31.60**
NFR4509 (120 Vcaps.) 60 servings **$55.60**

Tranquil Sleep

Tranquil Sleep® may help you fall asleep quickly, sleep soundly through the night, and wake up feeling refreshed, without the potentially serious mental and physical side effects caused by pharmaceutical "sleeping pills." Containing Suntheanine L-Theanine, melatonin, and 5-HTP, this natural alternative is completely safe, and non-habit forming.

Serving Size: 2 tablets

NFN2831 Chewable (60 Tabs.) 30 servings **$25.25**

NightRest w/Melatonin

NightRest™ combines the powerful properties of melatonin and GABA with key amino acids and soothing herbs. This uniquely comprehensive combination utilizes cutting-edge technology and traditional herbalism to create a potent and relaxing nighttime formula. Suggested Use: 1 to 2 tablets as desired 30 to 60 minutes before going to sleep. Do not exceed directed use.

Serving Size: 2 tablets

SN1121 (100 Tabs.) 50 servings **$18.25**

NaturalRest Plus+

NaturalRest Plus+ provides a relaxing blend of all natural herbs, enzymes, calcium, LTheanine, and body balanced sea minerals from Utah's inland sea, the Great Salt Lake, to calm, nourish, and balance the nervous system for a restful night's sleep.

Serving Size: 2 tablets

TM1032 (60 Tabs) 30 servings **$21.50**

Super Slumber Helper

Super Slumber Helper is an all natural herbal formula designed to support healthy sleep patterns. Passion flower helps with sleep problems and anxiety. Chamomile extract promotes calmness and restfulness. Valerian root and wild yam have traditionally been used in many cultures to aid in the induction of sleep. Includes 5mg melatonin. Try this special formulation in our Instant Dissolve MicroLingual®Tablets.

Serving Size: 1 Tablet

SS90360 (90 Ct.) 90 servings **$20.10**

Sleep Link

The active ingredients in Sleep Link are a special class of unique neuronutrients that act as precursors to inhibitory neurotransmitters. These neuronutrients send out signals to the limbic system where all emotions are stored. As levels are restored, you enjoy a restful night's sleep and awaken feeling positive and relaxed. Sleep disorders occur when several brain chemicals become out of balance due to stress/anxiety, or depression.

Serving Size: 1 capsule

PS28060 (60 Caps) 60 servings **$23.95**

Slumber

A synergistic blend of time tested herbs for nervous system function. All to often we try squeezing one more activity into an already overcrowded day. We may feel like we can stretch our days by stealing from our nights, but at what price? Getting adequate sleep is essential for our quality of life, productivity, safety & health. Dr. Christopher's Slumber provides calming properties & promotes restful sleep.

Serving Size: 2 Capsules

DC90512 (100 Vcaps.) 50 servings **$19.25**

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Resteva Sleep Formula

Resteva Sleep Intra-oral Extra Strength is a different kind of sleep formula. Ingredients promote the body's natural REM and non-REM sleep states by modulating the circadian sleep-wake cycles. Resteva Sleep can be taken at bedtime and is rapidly absorbed, providing a synergistic blend of botanicals, nutrients and melatonin proven to promote enhanced sleep cycles. Enjoy deep, restful sleep. Use nightly for consistent results.

Serving Size: 12 Sprays up to 2 x daily

RN1092 (2 fl. oz.) 30 servings **$16.95**

Revitalizing Sleep Formula

Unique herbal blend to promote restful sleep so you wake up energized. These ingredients help you fall asleep faster and maintain a healthy sleep cycle without feeling groggy the next day.

Serving Size: 1 capsule

ENT3239 (90 Vcaps) 90 servings **$33.50**

Evening Magnesium

Smidge® Evening Magnesium is a gentle, calming supplement made with a premium form of magnesium called glycinate complex. All-natural and easily absorbed, Evening Magnesium helps you relax, sleep and wake up the next morning feeling refreshed. One capsule of Evening Magnesium will begin to wind down your day, in addition to helping fulfill your body's essential need for magnesium. It also may help reduce feelings of mild stress and restlessness — and soothe sleep-disturbing leg cramps.

Serving Size: 1 Capsule

RRF4090 (60 Caps.) 60 servings **$30.10**

Melatonin EP120 10mg TOP SELLER

While you may associate melatonin with getting a good night's sleep, it supports much more than that. In fact, melatonin and melatonin receptors are present in virtually every cell in the body: it is intricately involved with our immune system response, healthy cellular replication, and every aspect of health and vitality. Sustained release means that you can count on a consistent level of melatonin overnight, every night.

Serving Size: 1 Tablet

TN11946 10mg (60 Tabs.) 60 servings **$11.20**

Melatonin 1mg w/B-3, B-6 & Mag.

Melatonin is a potent free radical scavenger naturally produced in the pineal gland. It is involved in many of the regulatory processes of the body, including regulation of glandular secretory functions related to the maintenance of normal sleep/wake cycles and aspects of immune system function. Melatonin is also produced in the GI tract, where it is essential for the maintenance of a healthy gastrointestinal lining.

Serving Size: 1 Tablet

NO3262 1mg (100 Tabs.) 100 servings **$7.25**

Melatonin TOP SELLER

Research indicates that Melatonin may be associated with the regulation of sleep/wake cycles. Melatonin is a potent antioxidant that defends against free radicals and helps to support glutathione activity in the neural tissue.

Serving Size: 1 dropper or 1 capsule

NO3261 Liquid 3mg (2 fl. oz.) 67 servings **$7.25**
NO3255 3mg (60 Caps) 60 servings **$5.10**
NO3557 10mg (100 Caps.) 100 servings **$13.05**

Melatonin 3mg

Melatonin acts as a natural aid for healthy sleep regulation and the promotion of normal sleep cycles during travel. Chamomile is an herb that works together with melatonin to promote calmness and restfulness. Instant Dissolve MicroLingual® Tablets.

Serving Size: 1 Tablet

SS9000 3mg (60 Ct.) 60 servings **$7.15**

Cortisol Stress Reset TOP SELLER

Cortisol calming support for stressed-out people*. Formulated to help calm stress overdrive, balance cortisol levels, support relaxation, and support brain and cardiovascular health during chronic stress. Focused amino acids, minerals, natural bioactive compounds and magnolia bark. Synergistic combination supports efficacy of individual ingredients.

Serving Size: 1 Tablet

IH4505 (60 Tabs.) 60 servings **$50.40**

Calming Formula

Calming Formula combines L-Theanine, 5-HTP and Melatonin in an all-natural formula designed to support calmness and healthy sleep. L-Theanine is an amino acid that is found in tea leaves; it promotes relaxation and facilitates sleep by contributing to a number of changes in the brain. L-Theanine elevates levels of GABA, as well as serotonin and dopamine. 5-HTP supports the production of serotonin, an important substance for healthy nerve and brain function and the normal regulation of mood and normal sleep patterns. These chemicals are known as neurotransmitters, and they work in the brain to regulate emotions, mood, and sleep; increasing levels of these calming brain chemicals promotes relaxation and can help with sleep. Melatonin acts as a natural aid for healthy sleep regulation and the promotion of normal sleep cycles. Easy to take instant dissolve tables.

Serving Size: 2 Tablets

SS90365 (60 Ct.) 30 servings **$20.10**

Passionflower Herb

Laying in bed with your thoughts going in unending circles? Restless and irritable? Reach for Passion Flower for the relief of occasional sleeplessness and worrisome thoughts.

Serving Size: 2 droppers up to 4x a day

NA4010-002 (2 fl. oz.) 37 servings **$17.60**
NA4010-004 (4 fl. oz.) 75 servings **$31.20**

Skullcap Herb

Legs twitching and sleep evading you? Reach for skullcap to relieve occasional muscle and nerve tension.

Serving Size: 2 droppers up to 4x a day

NA4020-002 (2 fl. oz) 36 servings **$15.99**

Valerian Root

Popularly used to support a good night's sleep, Valerian supports a healthy nervous system and can be used for the relief of minor stress induced digestive upset and muscle tension. Caution: some people find Valerian root to be stimulating rather than relaxing.

Serving Size: 3 droppers up to 4x a day

NA4021-002 (2 fl. oz.) 24 servings **$17.60**

Amantilla "Valerian Root"

Everyday stressors affect us in more ways than one and can wreak havoc on our mood and regular daily routines. Amantilla, also known as Valerian Root Extract, can be used to promote balance when it comes to everyday anxiety, stress, and occasional sleeplessness.

Serving Size: 15-30 Drops

NUM01170 (1 fl. oz.) 20 servings **$14.50**

Joints & Arthritis

Deep Tissue Oil TOP SELLER

Popular warming massage oil and salve for the relief of minor muscle discomfort. We make our Deep Tissue by infusing olive oil with the herbs and then adding wintergreen oil, peppermint oil and menthol crystals to create a concentrated product.
Warning: Do not apply to broken skin, mucous membranes, face or other sensitive areas. Will burn sensitive tissue. Choose from oil or salve.

NA6002-001 Oil (1 fl. oz) **$15.95**
NA6002-002 Oil (2 fl. oz.) **$26.60**

Complete Tissue & Bone Massage Oil TOP SELLER

A synergistic combination of herbs for bones, flesh & cartilage. Bones play a major role in our body. They provide structure, protect organs & anchor muscles. Skin care along with healthy lifestyle choices can help slow the natural aging process. Dr. Christopher's time-tested Complete Tissue & Bone Formula supports bones, skin, tissue, hair, nails. A great proprietary blend of *White Oak Bark, Comfrey Root, Mullein Leaf, Black Walnut Leaf, Marshmallow Root, Gravel Root, Wormwood Herb, Skullcap Herb & Lobelia Herb. Also see Complete Tissue & Bone capsules & Powder in Pain & Inflammation section.

DC49901 (4 fl. oz) **$19.75**

Arthritis Suppressor TOP SELLER

So many people struggle with joint pain. With Arthritis Suppressor, you can eliminate the joint soreness that so often comes. This product supplies the body some great joint nutrients unlike anything on the market today. It works best when taking a loading dose for the first two to four weeks then maintain a dose that keeps the joints strong.

Serving Size: 3 capsules up to 2x a day

WS5148 (180 Caps) 60 servings **$53.50**

Enzym-a-core

Enzym-a-core is a powerful systemic enzyme blend formulated to support normal fibrin metabolism, metabolic health, and joint, muscle, and tissue health. This powerful systemic blend supports: Overall Metabolic Health, Healthy Circulation, Muscle Recovery, Joint & Tendon Health, Vital Energy Levels, Healthy Stamina, Healthy Heels and Feet, and Normal Circulation.

Serving Size: 1 Capsule

NA8101 (90 Vcaps.) 90 servings **$24.00**

Joint Formula

Joint discomfort is a common physical complaint many face, often making the simplest daily activities more difficult to manage. Our joints are subjected to a lot of weight through daily activities. As if that weren't enough, poorly aligned bones, weak muscles & exercise can produce even greater stress on joints. Dr. Christopher's Joint Formula consists of herbs that are rich in organic calcium that can be assimilated useful for joints.

Serving Size: 2 Capsules 2 x daily

DC89130 (100 Caps.) 50 servings **$19.40**

JointEssence

JointEssence™ has excellent ingredients with botanicals that support joint health in many complimentary ways. With these superior ingredients, it is shown to work quickly and more completely than many other joint health supplements.*

Serving Size: 2 per day

PEL2001 (60 Vcaps.) 30 servings **$44.65**

Mobili-T Healthy Joints

Mobili-T™ assists in free movement of the joints by providing building blocks for new cartilage and collagen synthesis. It also assists in moisturizing the joints to help support ease and range of mobility.

Serving Size: 4 Capsules

LS5201-120 (120 Caps.) 30 servings **$25.20**
LS5201-240 (208 Caps.) 52 servings **$39.45**

Inflama Rest

Inflama-Rest™ is a formula that may ease joint function and support comfortable movement via inhibition of the COX-2 enzyme. It also addresses additional factors shown in scientific research to influence muscle and joint comfort: nuclear factor-kappa & B activity, leukotriene regulation and nitric oxide production. Inflama-Rest helps protect cells from free radical damage and is specially formulated with adaptogenic herbs and minerals which may help reduce muscle tension associated with physical and emotional stress.

Serving Size: 4 per day

SN1578 (60 Tabs) 15 servings **$26.70**

Boswellia w/Curcumin Extract

NOW® Boswellia Extract is a standardized extract of Boswellia serrata, also known as frankincense, a resinous botanical that has been traditionally used by Ayurvedic herbalists for centuries. The bioactive constituents of boswellia, boswellic acids, have been shown in scientific studies to affect key enzymes involved in the maintenance of healthy tissues. Through these mechanisms, boswellia may help to naturally support the immune system's balanced response to normal internal metabolic stress, as well as to the typical wear and tear of everyday life.

Serving Size: 2 Capsules

NO4614 (120 Vcaps.) 60 servings **$21.75**

Boswellia

Harvested in India, Boswellia resin (also know as Indian frankincense) is carefully hand collected from tree bark. Grown in particularly rocky soil and gravel, Boswellia is a uniquely resilient herb that supports joint mobility.*

Serving Size: 1 Tablet

NW2400 (60 Tabs.) 60 servings **$13.15**

Myo-Tone TOP SELLER

Supports Healthy Muscles, Tendons & Ligaments* Myo-Tone provides a well-balanced combination of vitamins and minerals in a base of other ingredients. These nutrients are a must to support healthy collagen, which affects ligament, tendon, and muscle status, too.*

Serving Size: 2 tablets up to 3x a day

ENT1558 (80 Tabs) 40 servings **$16.45**

Tart Cherry Extract

Tart cherries are packed with potent antioxidants called anthocyanins that give them their deep, dark color and provide numerous health benefits. In addition to promoting cellular health in general, including heart and brain health, they also promote faster recovery of isometric strength and muscle function after exercise. That means faster relief from the minor aches, discomfort, and stiffness that can follow everyday muscle exertion. Enjoy all the muscle-supporting benefits of tart cherries without the calories. Add Tart Cherry with CherryPURE® to your regimen!

Serving Size: 1 caps. up to 3x a day

LE2023 (60 Caps.) 60 servings **$22.85**

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Tart Cherry Juice Concentrate

Tart Cherries have extraordinary health benefits. Research indicates Tart Cherry consumption can boost immunity, supports healthy joint function, and can improve overall cardiovascular health.

Serving Size: 1 oz.

SI2050 (32 fl. oz.) 32 servings $36.20

Glucosamine & MSM TOP SELLER

Joint Mobility and Comfort* NOW® Vegetarian Glucosamine & MSM combines two well-known joint support ingredients in a vegetarian/vegan friendly formula that does not include shellfish-derived Glucosamine.* Glucosamine is an essential building block for the formation of glycosaminoglycans (GAGs) and proteoglycans, the main components of cartilage tissue.* These compounds attract water to form a joint cushion, providing lubrication and shock absorption.* MSM (Methylsulfonylmethane) is an organic form of sulfur, a mineral necessary for the production of GAGs and proteoglycans.*

Serving Size: 3 per day

NO3130 (120 Vcaps) 40 servings $18.10

Optimum Joint

Intended for use by those suffering from arthritis and joint pain. It may take a few weeks to achieve desired results. Liquid Health's joint health supplements use the highest quality ingredients available. This Optimum Joint supplement contains Opti-MSM, glucosamine, and chondroitin.

Serving Size: 2 Tablespoons

LH00632 (32 fl. oz.) 32 servings $32.00

Urilow "Gout Out"

Supports Healthy Uric Acid Levels. Urilow is a synergistic blend of fruit extracts, vitamins, and herbal extracts designed to support healthy uric acid levels.Urilow is most effective when taken daily for maintenance but may also be taken periodically when flare ups occur.

Serving Size: 3 capsules up to 3 x a day

BN1045 (60 Vcaps.) 20 servings $20.10

Devil's Claw

Devil's Claw is native to the southern regions of Africa and gets its name from the hooks which cover its fruit. It has been traditionally used by tribal African peoples and more recently by Europeans and North Americans. Devil's Claw is abundant in naturally occurring bioactive compounds including harpagoside, phytosterols, phenolic acids and flavonoids (kaempferol). Some studies suggest that these compounds may help to support joint comfort through their ability to promote a healthy response to typical everyday joint stress.*

Serving Size: 2 Capsules 2 to 3 x daily

NO4650 500mg (100 Caps) 50 servings $8.70

Shark Cartilidge

NOW Shark Cartilage is derived from 100% pure freeze dried backbone of sharks and is a natural source of chondroitin and glycosaminoglycans (GAG's). Our powder is thoroughly tested for important shark components and contains no solvents, bleaches or chemical processing agents. The sharks harvested are also used for food purposes. Due to the natural variation in shark cartilage, color, texture or taste may vary, but the same high quality is guaranteed.

Serving Size: 6 per day

NO3270 750 mg (100 Caps) 16 servings $15.95

Hyaluronic Acid

Hyaluronic Acid is a compound present in every tissue of the body, with the highest concentrations occurring in connective tissues such as skin and cartilage. Hyaluronic Acid is an important constituent of joint fluid where it serves as a lubricant and plays a role in resisting compressive forces.

Serving Size: 2 capsules up to 2x a day or 1 Tbsp.

NO3156 Capsules (60 Vcaps) 30 servings $14.50
NO3159 Liquid (16 fl. oz.) 32 servings $27.55

Hyaluronic Joint Complex

Hyaluronic Joint Complex™ is a comprehensive formula that combines hyaluronic acid with glucosamine, chondroitin, MSM, and manganese ascorbate. These ingredients are important building blocks for healthy joints and connective tissues. Hyaluronic acid is a major component of joint tissue. It helps to hold lubricating moisture in joints and cartilage, which affects their resilience, elasticity, and strength. BioCell Collagen II® is a patented product that has undergone a hydrolysis process that yields low molecular weight hyaluronic acid, chondroitin sulfate, and collagen type II peptides.

Serving Size: 2 tablets up to 2 x a day

SN1893 (60 Tabs.) 30 servings $30.40

BoneActiv

Support your bone density and joint health with this wild spice formula based on scientific studies. Wild oregano, combined with wild rosemary sage and raw New Zealand grass-fed bone, gives you real power. Nothing is as potent as this combination, and there is no need to take high-dose calcium plus synthetic vitamin D.

Serving Size: 4 Capsules

NH0047 (120 Caps.) 30 servings $38.40

Bone Densi-T Osteo Support

Bone Densi-T provides synergistic nutrients to support bone health and skeletal integrity. The stronger your bones, the less likely they are to break when you fall, or ache as you get older.

Serving Size: 4 Capsules

LS5292-120 (120 Caps.) 30 servings $28.85

Bone Strength

Clinical strength, organic plant-based calcium promotes bone, joint & heart support while reducing the risk of osteoporosis. This calcium supplement includes fermented D3 for better absorption, and vitamin K2 to direct calcium to bones you need it most.

Serving Size: 3 per day

NE0408 (120 Tabs) 40 servings $56.30

BonePlus Calcium

A healthy blend using a highly absorbable form of calcium. Promotes bone formation and strength. Helps with osteoporosis.

Serving Size: 6 Capsules

OH1064 (90 Caps.) 15 servings $28.20

Bone Strength "Now"

Microcrystalline Hydroxyapatite (MCHA) is a natural compound that makes up the crystalline matrix of bone and teeth, and is the substance that gives them their rigidity. MCHA is a source of highly absorbable Calcium and Phosphorus, which are the major mineral components of bone. NOW® Bone Strength™ is a comprehensive bone support product with MCHA. It also has Magnesium and other important minerals, as well as Vitamins C, D and K to aid in the synthesis and maintenance of bone tissue.* NOW® Microcrystalline Hydroxyapatite (MCHA) is derived exclusively from Australian cattle.

Serving Size: 4 per day

NO1229 (240 Caps.) 60 servings $23.90

Fo-Ti TOP SELLER

Fo-Ti (Polygonum multiflorum), also called Ho Shou Wu, is a woody perennial native to China. Deeply imbedded in traditional Chinese herbal systems, this plant is still used today for its tonic properties and to promote overall well-being. Has historically been used for back & knee soreness, hair & skin health, skin sores, scar tissue and more.

Serving Size: 2 Capsules

NO4675 560mg (100 Vcaps.) 50 servings $8.70

Joint Pain Therapy

Joint Pain Therapy penetrates deep into your skin, formulated as a natural solution for joint pain and stiffness. Use regularly to help with a long term increase in joint mobility. A safer and effective natural alternative without the side effects.

OE2090+T (2 oz.) $14.50

Joint Ease Plus

Buried Treasure Joint Ease Plus is a vegetarian safe, dietary supplement blend for the joints which may help build cartilage, boost joint mobility, increase joint flexibility, support joint structure, protect joint tissue, reduce risk of joint swelling, and risk of cartilage degeneration. Joint Ease Plus is an advanced supplement with a complex of powerful natural ingredients that aid you with joint related aches and discomfort. Whether it's for your knee, back, elbow, hand, hips, or joints.

Serving Size: 2 Tablespoons

BT6120 (16 fl. oz.) 16 servings $37.30

Glucosamine /MSM/ Arnica Lotion

Glucosamine, MSM & Arnica Liposomal Lotion is a soothing lotion specifically formulated for use on joint areas. This unique blend of ingredients combines glucosamine, a normal joint and cartilage component with MSM, a source of organic sulfur. Sulfur is an element known to be a normal component of connective tissue structures. Arnica is well known for its traditional uses. NOW Solutions uses liposome technology for enhanced absorption. Liposomes are very similar to the different layers of the skin barrier and compatible with cell membranes. Due to their mimicking ability, the liposome can more easily moisturize the skin's natural barrier layers, and allow the ingredients to function more effectively.

NO3283+T (8 fl. oz.) $13.75

Pain & Inflammation

Bone & Tissue Connect TOP SELLER

Designed to support healthy bones, muscles, cartilage, ligaments, tendons and other connective tissue this is a formula for every active and/or accident prone family's herbal cabinet. Bone & Tissue Connect includes herbs that support the key body systems that play a role in connective tissue health - circulatory, nervous, endocrine, lymphatic, urinary and immune to have you smiling and back on your feet in record time. Suggested Use: 1 teaspoon (5 ml) with water or herbal tea, 3-6 times daily, or as needed. Maximum dose depends greatly on the person. Larger doses can be safely taken by most people. If more than 2 Tbsp. daily are needed, dose can be increased gradually up to 1 Tbsp. six times a day.

Serving Size: 1 tsp.

NA1062-004 (4 fl. oz.) 24 servings $26.40
NA1062-008 (8 fl. oz.) 48 servings $47.99

Complete Tissue & Bone TOP SELLER

An excellent formula for pain relief and to aid in healing broken bones, tendons and sprains. May be taken at high doses to help speed the healing process. A synergistic combination of herbs for bones, flesh & cartilage. Bones play a major role in our body. They provide structure, protect organs & anchor muscles. Skin care along with healthy lifestyle choices can help slow the natural aging process. Dr. Christopher's time-tested Complete Tissue & Bone Formula supports bones, skin, tissue, hair, nails, teeth & gums.Serving size for syrup;1 Tablespoon

Serving Size: 2 capsules up to 3x a day

DC89128 Capsules (100 Caps) 50 servings $19.75
DC88527 Syrup (4 fl. oz.) 8 servings $18.05
DC88528 Syrup (16 fl. oz.) 32 servings $37.75

Nerve Formula TOP SELLER

Nerve Formula is a formula specific to the motor nerves. Yet it is greatly beneficial to the whole nervous system, helping to rebuild the nerves and nervous system. This formula has also been used historically for the health and vitality of the spinal cord and other nerves.A synergistic blend of herbs for the nervous system. Dr. Christopher's Nerve Formula contains herbs that traditionally support the central nervous system, soothes muscle tension & may help with occasional restlessness. Shake well before opening. Take 1-2 droppersful three times a day or as directed by your Health Care Professional. For optimum results take 1 hour before or after meals as to not compete with digestion.

Serving Size: 1 dropper

DC98346 (2 fl oz.) 59 servings $16.35

Neuropath-ease

Neuropath-ease contains several B vitamins along with other key nutrients, (like Alpha Lipoic Acid, Biotin, Folate, Chromium and Boswelia serrata) to help aid nerve cell transmission and reduce the symptoms of peripheral neuropathy.

Serving Size: 2 Capsules

NFR5340 (60 Vcaps.) 30 servings $31.60

Turmeric Power-Plus TOP SELLER

Turmeric-PLUS is highly potent, because it is made exclusively from the wild-growing spice thriving without farming or cultivation. Because it is wild, it is free of all pesticides and herbicides. Supports joint, heart, & digestive health.

Serving Size: 1 per day or as needed

NH2211 (60 Gels) 60 servings $23.05

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Turmeric Extract
Use for arthritis, joint inflammation and degeneration etc.
Serving Size: 1 per day
CHU7341 (60 Vcaps.) 60 servings $26.40

Turmeric Plus
Turmeric Plus includes two trademark and patented ingredients for enhanced absorption and increased bioavailablity. Turmeric, a flavoring spice rich in Curcumin, has liver protective, detoxifying and free radical scavenging properties. BioPerine® which comes from the black pepper fruit, a common household spice, has been used extensively as a medicine for centuries. The delicate pepper berries are harvested just prior to ripening and then sun dried to assure optimum maturity and quality. The extract of piperine, called BioPerine® in the patented form, has been clinically tested in the United States. BioPerine® significantly enhances the bioavailability of various supplement nutrients through increased absorption. An excellent Turmeric product!
Serving Size: 1 capsule up to 6 x daily
NFR1062 (60 Vcaps.) 60 servings $36.00

Turmeric Supreme "Extra Strength"
Supports a healthy inflammatory response Turmeric Supreme represents full Curcumin Synergy™. This unique formulation creates a powerful whole plant profile of Turmeric's valuable properties. It may be taken alone or combined with one other targeted formulations.
Serving Size: 1 capsule 1-2 times daily with meals.
GH3109 (120 Vcaps.) 120 servings $42.25

Turmeric Root
It's the whole root, not a single part, that is awesome. Curcumin has long been thought to be the active compound in Turmeric, but when scientists removed the curcumin, it worked just as well. We use the whole fresh root for a superior tincture.
Serving Size: 2 droppers up to 4 x a day
NA4015-002 (2 fl. oz.) 36 servings $17.60
NA4015-004 (4 fl. oz.) 72 servings $31.20

Turmeric & Bromelain
Turmeric & Bromelain is a synergistic combination that helps to support a healthy inflammatory response. NOW Turmeric & Bromelain can help to temporarily alleviate minor joint discomfort caused by overuse.
Serving Size: 2 capsules up to 2 x a day
NO3110 (90 Vcaps) 45 servings $21.75

Tumeric HP
A good anti-imflammatory used for arthritis, headaches, fibromyalgia, or any type of pain including backache and toothache. 2 capsule every 4 hrs. is the therapeutic dosage.
Serving Size: 1 per day
NN6003-5 (90 Caps) 90 servings $31.95

CuraMed Acute Pain Relief
CuraMed® Acute Pain Relief features a unique delivery system that joins modern day science with time tested botanical wisdom. This new groundbreaking, clinically proven technology emulsifies powerful, clinically studied ingredients with black sesame seed oil for outstanding benefits!
Serving Size: 2 Softgels
TN34706 (60 Gels.) 30 servings $41.60

CuraMed TOP SELLER
When compared gram per gram, BCM-95® Curcumin delivers up to 10 times more curcumin to the bloodstream than plain curcumin.
- The only patented curcumin with turmeric essential oils
- Superior support for a healthy inflammation response
- Supports liver, brain, heart, and immune health
- Protects cells from oxidative stress and free radicals*
- High antioxidant ORAC value >1,500,000**
- Provides 500 mg of pure curcuminoids per softgel
- From non-GMO turmeric grown without chemicals

Serving Size: 1 per day
TN20292 750 mg (120 Gels) 120 servings $91.20

Curamin Pain Relief
Curamin is the safe, effective choice for pain relief. It provides a clinically studied curcumin extract from turmeric, blended with superior ingredients for powerful pain relief. When occasional pain slows you down, you need something safe, effective and powerful. Choose from Regular or Extra Strength.
Serving Size: 3 per day
TN10220 Reg. Strength (120 Caps) 40 servings $56.00
TN11206 Extra Strength (60 Caps) 20 servings $39.20
TN11202 Extra Strength (120 Caps) 40 servings $69.60

Curamin Headache Formula
Curamin® Headache combines strong ingredients from award-winning Curamin®, along with additional targeted nutrients for safe and effective relief to help you feel great again.
Serving Size: 3 per day
TN11527 (21 Tabs.) 7 servings $16.00

MigraHemp
MigraHemp is a complete whole food support for migraine health. It is powered by raw hemp extract emulsified in raw, wild greens extracts plus ginger, basil, and wild oregano, all of which have been used over the centuries for migraine support. Use it when you need it, a spoonful at a time and also on a daily basis, a few drops, as prevention.
Serving Size: 1 tsp
NH8019 (4 fl. oz.) 48 servings $30.75

Migra-T Tension Ease
Migra-T helps with light and sound sensitivity and eases discomfort. It helps reduce the formation of compounds in the body that are often associated with migraines and helps ease symptoms by helping maintain blood vessel tone.
Serving Size: 2 Capsules
LS5240-060 (60 Vcaps.) 30 servings $22.45

Butterbur
Modern scientific studies have demonstrated that Butterbur supports healthy blood flow to the brain and healthy neurological function. Petasins, the active constituents in Butterbur, have been shown to play a role in minimizing the frequency and severity of neurological discomfort triggered by bright lights and stress that occasionally occurs in healthy individuals. NOW® Butterbur is also free of undesirable Pyrrolizidine Alkaloids (PA's), so it can be used regularly. May assist in reducing headaches if taken on a regular basis.
Serving Size: 1 capsule up to 3 x a day
NO4602 75mg (60 Vcaps) 60 servings $20.30

Canacurmin

Wild Turmeric plus Raw CO2 Hemp Stalk Extract. Supports a healthy anti-inflammatory response. Supports a whole body nervous system response. Joint, muscle, and nerve formula. Choose from Capsules or Liquid.

Serving Size: 2 Gels

NH8036 (60 Gels) 30 servings **$30.75**
NH8037 (120 Gels) 60 servings **$49.90**

Curcumin T4

Curcumin T4 is a synergistic blend of botanicals that zeroes in on 4 different pain targets: the joints, the muscles, stress and the brain. Curcumin T4 is a thoughtful approach which recognizes the unique individuality of the sensations of pain and dismisses the single-action approach of many common pain relievers. Adaptogenic support to balance the brain with the body, and a scientifically validated and patented form of turmeric, Curcumin T4 goes beyond merely dulling the senses or targeting a single pathway. Curcumin T4 works to restore balance between the body and the mind, and supports those particularly vulnerable areas – the joints and the muscles.

Serving Size: 3 per day

RR1132 (60 Caps.) 20 servings **$40.35**

Curcumin Extract

Curcumin is the major bioactive component found in the roots of Turmeric (Curcuma longa), a plant belonging to the ginger family. Turmeric has been used as a coloring and flavoring agent in South Asian cuisines for centuries, and it has also been recommended by traditional Ayurvedic herbalists for thousands of years. Curcumin has been extensively researched by modern scientists for its various biological activities.

Serving Size: 1 capsule

NO4638 (60 Vcaps) 60 servings **$21.70**

Factor 5 Inflammation & Pain Support

TOP SELLER

A good choice for Arthritis, Fibromyalgia and gout, Factor 5 has five components: Turmeric, Garlic, Stinging Nettle, Horsetail and Celery Seeds-to help remove excess fluids from the body which helps in the reduction of inflammation and pain in the joints and muscles.

Serving Size: 2 capsules

MFL2060 (60 Caps.) 30 servings **$47.00**
MfL2065 (120 Caps.) 60 servings **$69.00**

Inflain

TOP SELLER

A nice product for pain & inflammation. Has been used for Gout. Contains the following five ingredients; Stinging Nettle Leaf, Garlic Bulb, Horsetail, Celery Seed & Tumeric.

Serving Size: 2 Capsules

NHN1045 (120 Caps.) 60 servings **$29.95**

SPM

This unique, SPM omega-3 derived supplement was designed to help modulate and resolve inflammation. SPM stands for "Specialized Pro-resolving Mediators" which are recently discovered, naturally occurring substances derived from omega-3 and omega-6 fatty acids. Our bodies make SPMs as a response to help resolve inflammation and they can be produced all over the body in areas like the bloodstream, nervous system tissue, and breastmilk. Specialized pro-resolving mediators are theorized to contribute to the demonstrable beneficial effects of omega-3 fatty acids on reducing inflammation.

Serving Size: 2 Softgels

NFR1590 (60 Gels.) 30 servings **$63.95**

Stop AKE

A synergistic blend of herbs designed to provide support for the body. Contains White Willow Bark, Feverfew Herb, Clove Powder, Hops Flower, Lobelia Herb, Valerian Root, Wild Lettuce Leaf & Wood Betony Herb.

Serving Size: 2 Capsules

DC81060 (100 Caps.) 50 servings **$19.40**

Relieve-R

Relieve-R, a natural pain relief supplement that eases discomfort while helping to relax muscles and quiet the mind. Not only does it soothe everyday aches and pains by inhibiting substances that can be irritating, but it also helps calm the nervous system. **Contains Caffeine (From Coffee arabica) 75 Mg Per Serving

Serving Size: 2 Capsules

LS5236-046 (46 Vcaps.) 23 servings **$20.40**

Inflamma-X

Inflamma-X promotes a healthy inflammatory response within the body. It soothes the discomfort and inflammation of everyday aches and pains. It modulates pro-inflammatory enzymes that result from modern diets and lifestyles.

Serving Size: 2 Capsules

LS5262-060 (60 Vcaps.) 30 servings **$29.25**

Inflam-eeZ

Inflam-eez capsules are a combination of enzymes plus wild herbs and spices. To live well a person must be able to function and move. Both Inflam-eez capsules and oil are essential in supporting healthy physical activity. Inflam-eez capsules contain highly potent forms of bromelain and papain plus turmeric, ginger, and wild rosemary. Papain is frequently derived from genetically engineered papayas, but ours is non-GMO. Inflam-eez is the ideal complement to a healthy diet and exercise regimen. Best when used in combination with Inflam-eez oil which is a massage oil to be used externally. Most effective when taken on an empty stomach, one hour away from meals. Ideally, take with Turmerol wild turmeric extract.

Serving Size: 2 capsules per day

NH2201 (90 Caps.) 45 servings **$46.45**

Excellacor

TOP SELLER

Excellacor, a formula that includes proteolytic enzymes which help cleanse the blood, is scientifically formulated to support overall metabolic health, as well as muscle and joint health. Additional uses include: Arthritis, inflammation, pain, blood pressure, fibrosis and more.* Serrapeptase supports joint, muscle, respiratory, and tissue health.* The awesome ingredient combination in Excellacor produces a synergistic effect and amplifies their collective beneficial properties. Muscular skeletal discomfort can make everyday life difficult. When that discomfort becomes prolonged, it can manifest into chronic discomfort throughout the body. Seemingly simple day-to-day tasks can become overwhelmingly difficult. Living with chronic muscular skeletal issues can bring daily challenges. Excellacor can help provide the relief you need to restore the quality of life you desire.

Serving Size: 1 Capsule, up to 9+ capsules daily

AS5110 (90 Vcaps.) 90 servings **$19.25**
AS5112 (450 Vcaps.) 450 servings **$96.00**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Neprinol AFD

Cleanse the blood. Uses include: Arthritis, inflammation, pain, blood cleansing, blood pressure, fibrosis and more. Neprinol has been specially formulated to support healthy circulatory and immune function.* Systemic enzymes are similar to digestive enzymes, but primarily target the bloodstream rather than the gastrointestinal tract. These enzymes support healthy levels of Endogenous Blood Particles or EBPs.* EBPs can be pro-inflammatory proteins that normally accumulate in the blood.* Systemic enzymes essentially purify the blood of these EBPs, supporting healthy cardiovascular and liver function, as well as maintaining a healthy inflammatory response. A great product.
Directions: Take Neprinol with 8 oz of water on an empty stomach. Larger amounts may be divided into 2 or 3 servings per day.
Maintenance: 2-3 capsules per day.
Increased Support: 6 capsules per day.
Therapeutic: 9 capsules per day.
Serving Size: 1 capsule up to 9 x a day
AA1044 (90 Caps.) 90 servings **$54.99**
AA1050 (150 Caps.) 150 servings **$84.99**
AA1051 (300 Caps.) 300 servings **$149.95**

Serrapeptase

A concentrated natural proteolytic enzyme supplement. This serrapeptase is enterically-coated to maximize efficacy, allowing the enzymes to survive the acidic conditions of the stomach, leading to greater absorption. Serrapeptase supports healthy respiratory and sinus function, as well as muscle joint and overall tissue health. Choose strength below.
Serving Size: 1 Capsule
AS6550 130K (60 Vcaps.) 60 servings **$30.40**
AS6100 80K (120 Vcaps.) 120 servings **$57.60**

Serrapeptase NEW

Serrapeptase benefits are numerous. These powerful vegetable capsules are therefore great as a digestive and joint health supplement? and can be used for metabolic support.
The key ingredients in Serrapeptase may also support healthy sinus and airway functions, as well as cardiovascular and arterial health. In addition, Serrapeptase is a proteolytic enzyme that may assist in the process of breaking molecules of protein into amino acids, making Serrapeptase capsules great supplements for gut health support.
Serving Size: 2 Vcaps
NUM7699 (60 Vcaps.) 30 servings **$21.75**

Serrapeptase 60,000

Serrapeptase (serratiopeptidase) is a protein-digesting enzyme isolated from the friendly bacterium Serratia marcescens.* Studies indicate that serrapeptase is absorbed intact from the digestive tract and that it acts systemically to support healthy immune system functions and promote the body's normal healing processes.* Some evidence suggests that serrapeptase may support respiratory health by helping to maintain normal mucus secretions.
Serving Size: 1 Capsule
NO2973 (60 Vcaps.) 60 servings **$15.95**

Serretia

Serrétia is the world's strongest Serrapeptase with a minimum activity of 250,000 SPU's per dose. Serrétia has a variety of different benefits that may help with the following: Sport injuries* Promote healthy sinus activity* Promote free joint mobility* Muscle tears and pulls* Surgical recovery* Normal fluid retention such as swelling*
Serving Size: 2 capsules or up to 6 capsules a day
AA1061 (30 Caps.) 15 servings **$24.50**
AA1065 (180 Caps.) 90 servings **$99.99**

Protease 360

Protease contains a large amount of protease and should be taken on an empty stomach to maximize its ability to break down protein-based invaders in the bloodstream. If Protease is taken with food in the stomach, it will begin to work on digesting that food instead of going directly into the bloodstream.* Can be used for; allergies, infection, fever, inflammation, lowered immune response, hypoglycemia, osteoporosis, candida, acne, cold/flu, and acute traumatic injuries.
Serving Size: 3 capsules up to 6 x day
ER1050 (360 Caps) 120 servings **$55.30**

Hemp Shield Oil

Shield Oil and Salve has been used for centuries by the early apothecaries for relieving various symptoms including tingling feet, poor circulation, restless legs, Charlie horse, sore muscle, aching tendons and arthritic discomfort.
NA6005-001 (1 fl. oz.) **$13.60**

Hemp Shield Salve

Shield Oil and Salve has been used for centuries by the early apothecaries for relieving various symptoms including tingling feet, poor circulation, restless legs, Charlie horse, sore muscle, aching tendons and arthritic discomfort.
NA2015-001 (1 oz.) **$11.20**
NA2015-004 (4 oz.) **$25.60**

Recover Muscle Cream NEW

Experience the ultimate comfort and relaxation as Recover works. Formulated with cutting-edge technology, this advanced muscle cream provides relief, catering to your unique needs.
ABL2805+T (14 oz.) **$20.00**

Real Time Pain Relief

Includes MSM - Glucosamine - Chondroitin - Capsicum - Arnica - Emu Oil - Aloe Vera and more healing ingredients that help to resolve your pain instead of masking it.
Real Time PAIN RELIEF contains a proprietary blend of 19 natural and herbal ingredients. Many of the Natural and Herbal Ingredients used in Real Time PAIN RELIEF have been used for thousands of years, like Aloe Vera, Arnica, Capsicum, Chondroitin, Emu Oil, Glucosamine, Menthol, MSM and more.
It has been found to be extremely effective for acute and chronic pain including Simple Backache, Muscle Strains, Sprains, Bruises, Cramps and over 100 types of Arthritis.
RT1021+T Lotion (4 oz.) **$20.00**
RT1024+T Lotion (5 oz.) **$24.00**

Wonder Spray

These powerful combinations of organic/wild harvested herbs, roots and barks are extracted into a base of apple cider vinegar, grain alcohol and distilled water. This exciting combination has been helpful for a wide range of ailments. Ingredients in Medium Formula: Cayenne, Wintergreen, Tea Tree Oil, Oregano, Comfrey Root, Peppermint, Eucalyptus, Myrrh, Horsetail Herb, grain alcohol, apple cider vinegar, distilled water and natural minerals.
FOL6601-004 Medium (4 fl. oz.) **$27.50**
FOL6602-004 Hot (4 fl. oz.) **$27.50**

Old Amish Muscle Tonic

This muscle cramp remedy is an all natural formula that can be taken internally or used topically. The solution can be used for both preventing leg cramps from starting and stopping them once they do start. This solution can be used for all types of muscle cramps - including: leg, foot, hand, back, thigh, and arm. Contains; Apple Cider Vinegar, Ginger, and Garlic.
CT1503 (8 fl. oz.) **$10.55**

No Muscle Cramps

NO! Muscle Cramps is a unique complex containing pure, essential electrolytes such as potassium, sodium, magnesium, chloride, and sulfate that your muscles need to stay properly hydrated. There are many causes for acute muscle cramping, but dehydration is one of the most common. Proper hydration with water and key electrolytes like magnesium and potassium help keep electrolytes in the muscles so they stay healthy, balanced, and hydrated to help avoid muscle cramps, especially those that wake you up at night.

Serving Size: 2 ml.

TM1343 (4.06 fl. oz.) 60 servings **$20.40**

Migra-Ease Oil 'Cooling Blend'

Anti-inflammatory & Arthritis blend. This blend is great for burns, sunburns, topical rashes, and swelling from arthritis. Apply directly, mix with aloe vera gel, or add a few drops to a spray bottle with water.

NFE1206+T (0.5 fl. oz.) **$22.00**

BF&C Herbs (Complete Tissue & Bone)

A synergistic combination of herbs for bones, flesh & cartilage. Bones play a major role in our body. They provide structure, protect organs & anchor muscles. Skin care along with healthy lifestyle choices can help slow the natural aging process. Dr. Christopher's time-tested BF&C Cut supports bones, skin, tissue, hair, nails, teeth & gums.

Directions; Varies according to individual need. Bulk Formulas can be prepared for Extracts, Capsules, Decoctions, Balsams, Plasters, Fomentations & many other uses. We encourage you to research information on the formula & preparation that works best for you. While we cannot cover every herbal preparation below is a few common methods. *Infusion or Tea - Use 1 teaspoon of cut herb per cup of distilled water. Bring water to a boil, remove from the heat source, then add the applicable amount of herb to the water. Cover & allow to steep for at least 20 minutes (longer for stronger tea). Strain the herb & let stand until cool enough to drink. *Decoction - Cover roots, barks & other hard herbal material with water, an ounce of the herb to a pint and a half of water. Bring to a boil & gently simmer for about 20-30 minutes. Drain off the liquid while hot & press the herbs to make sure that the decoction is fully extracted. Decoctions are strong. Take as directed. *Fomentation - Soak a piece of gauze, Turkish towel or similar porous material in the infusion or decoction needed. Sometimes hot Apple Cider Vinegar is used. Cool until the material is just bearable. Cover with plastic or oil cloth to prevent the liquid from soaking bed clothes, etc. Keep damp & change periodically.

Ingredients; White Oak Bark, Comfrey Root, Marshmallow Root, Mullein Leaf, Black Walnut Leaf, Gravel Root, Wormwood Herb, Lobelia Herb & Skullcap Herb.

*This product contains comfrey and therefore FDA recommends for external use only. Many have and do use this product internally. Use at your own risk. Do not use if pregnant or nursing.

DC87328 Powder (16 oz.) **$44.90**
DC87329 Cut Herbs (16 oz.) **$45.25**

Complete Tissue Soak

Dr. Christopher, a naturopath and herbalist of the 19th century, combined these herbs to make a soak for one of his clients. Since then this well-loved combination of herbs has been used to help support healthy bones, ligaments, tendons, muscles, and other connective tissues. Directions: Put 1 cup of the dried herbs in 2 quarts of cold water. Heat till boiling, reduce heat and simmer 20 minutes. Steep (let it sit) for 20-60 minutes. Then strain through a sieve or cloth. Add hot or cold water to bring temperature to pleasantly hot for soaking. If there is no infection in the area, the soak can be reused a number of times. Keep refrigerated between uses, reheat to use and do not keep more than 2 days. Alternate hot tea soak with a shorter cold water soak for best results.Do not use internally.

NA3006 (8 oz.) **$23.20**

Hard Knock Drops

Even Humpty-Dumpty fell down and bumped his crown. When you need to call in all the King's horses and all the King's men, reach for our Hard Knock Drops. This custom blend is formulated for the relief of minor pain. Please note that this formula is not a substitute for emergency medical care. Sometimes, we all need a little help putting ourselves back together again. Suggested Use: 1/2-1 dropper, 3-5x a day. Do not take more then 5 droppers in one days time.

Serving Size: 1/2 dropper up to 5 x a day

NA1038-002 (2 fl. oz.) 120 servings **$17.60**

White Willow Bark

White Willow Bark is a deciduous shrub native to Britain and Southern Europe whose therapeutic use dates back thousands of years. It is mentioned in Ancient Greek and European medical journals, and was used by Native North American tribes as a traditional herbal. Contains naturally occurring Salicin. Supports natural pain relief.

Serving Size: 2 capsules up to 2 x a day

NO4775 400mg (100 Caps) 50 servings **$8.70**

DID YOU KNOW ?

Sometimes lower back pain can be a sign of needing a kidney cleanse instead of needing a chiropractor.

Men's Health

Men's Energy

Our Men's Energy formula is an expertly crafted blend of tonic herbs designed to support an overall sense of wellbeing. As a tonic herb blend, this formula is well suited to address occasional bouts of sluggishness, and decreased stamina associated with the natural aging process. Men's Energy: the ideal supplement for a man's healthy, active lifestyle! Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-4x a day.

Serving Size: 2 droppers up to 4 x a day

NA1045-002 (2 fl. oz.) 36 servings **$19.20**
NA1045-004 (4 fl. oz.) 72 servings **$34.40**

Total Man TOP SELLER

Total Man is a combination of vitamins, minerals, herbs and other nutrients for man's special needs. This high energy, anti-aging multivitamin formula promotes healthy cholesterol levels already within the normal range. It also supports stress management, clarity and endurance plus general good health. Total Man strengthens the immune system and boosts mental clarity. This product is free of corn, salt, yeast, wheat, milk, eggs, sugar, starch and preservatives.

Serving Size: 4 Capsules

ENS3016 (90 Caps.) 22 servings **$31.50**

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Senior Total Man

Senior Total Man has 40 nutritional components and 1500 mg. of high quality herbs for a Senior Man's daily needs.

Serving Size: 3 Capsules

ENS1050 (90 Caps.) 30 servings $33.80

Male Urinary Tract

A synergistic blend of whole food herbs for men over 50. Many of us will have some kind of urinary problem or injury in our lifetime. Urinary tract problems & injuries can range from minor to more serious. It's essential to keep our prostate clean of sedimentation & dissolve the stones that are in kidneys. This formula works exceptionally well by itself. However, when combined with Prostate Plus Formula, another male urinary tract formula, they work very synergistically together.

Serving Size: 2 Capsules

DC89103 (100 Vcaps.) 50 servings $22.45

Prosta Hi-Power

New and improved Prosta Hi-Power is now even stronger! Saw Palmetto, Beta Sitosterol, and Lycopene at clinical strength along with Zinc, Selenium, Quercetin and Vitamin D3 makes this the product of choice for prostate health.

Serving Size: 3 Softgels

CHU968 (90 Gels) 30 servings $42.40

Prostate Plus TOP SELLER

Prostate Plus formula has been used historically for the aid of the malfunctioning weakened prostate glands. This formula has been designed to help strengthen and tone the prostate while cleansing it with nourishing antioxidants.

Serving Size: 2 Capsules

DC89135 (100 Vcaps.) 50 servings $16.95

Pros-T Glandular Support

Pros-T supports normal urine flow and prostate function in men, while also supporting tissue integrity.

Serving Size: 2 Capsules

LS5211-060 (60 Vcaps.) 30 servings $31.30

Prostate Health "Crila"

Crila® is a unique patented plant from Vietnam, a descendent of "The King's Herb." Historically it was a closely guarded secret, reserved for kings and emperors. The royal doctors were not allowed to share information about it. If you're a man of a certain age, you know that symptoms can creep up gradually, and you don't even realize the problem…until one day you're embarrassed by frequent visits to the men's room. Crila® for Prostate provides welcome relief without side effects, including fewer bathroom trips, and more restful sleep.

Serving Size: 2 Capsules

CRH1020 (60 Vcaps.) 30 servings $65.99

Prostate Health.

Decreased prostate function is a normal part of a man's aging process. Prostate Health is the perfect choice to support healthy prostate function. Crafted with herbal mainstays of nature's apothecary, Prostate Health is well-suited to help keep your life flowing freely. Suggested Use: 3-6 droppers, 1/2-1 tsp., 3-4x a day.

Serving Size: 3 droppers up to 4 x a day

NA1046-004 (4 fl. oz.) 48 servings $34.40

Men's Prostate Complete

Helps balance male hormone levels. Helps prevent inflammation and swelling. Improve circulatory and urinary functions.

Serving Size: 2 Tbsp

BT4043 (17 fl. oz.) 16 servings $26.35

Prostate Health

NOW Clinical Strength Prostate Health is a synergistic combination of botanicals and nutrients that support a healthy prostate gland. A great formula for men's prostate problems such as frequent urination etc.

Serving Size: 3 per day

NO3348 (90 Gels) 30 servings $30.45
NO3349 (180 Gels) 60 servings $56.55

Prostate Essence

Through 300 mg of daily BetaSitosterol, ProstateEssence™ addresses the symptoms caused by prostate enlargement. Through a perfectly balanced botanical base, it dispels the stagnation of blood that holistic health disciplines see as the root cause of such enlargement. It also provides Vitamin D and trace minerals, for maximum prostate support.*

Serving Size: 2 per day

PEL7001 (60 Vcaps.) 30 servings $32.90

ProstaPollen "Triple Strength"

This powerful, triple-strength formula supports healthy urination patterns and prostate function. It contains concentrated pollen extracts specifically selected for effective prostate support. Clinical studies have demonstrated that the flower pollen extracts in Triple Strength ProstaPollen™ provide healthy support for aging prostate glands.

Serving Size: 1 soft gel

LE1909 (30 Gels.) 30 servings $25.95

Small Flowered Willow Herb

Pronatura's Small Flowered Willow Herb Capsules is an effective treatment for all kinds of prostate complaints from simple inflammations to infection. Take two capsules three times daily.

Serving Size: 2 Softgels

PRN1600 (60 Gels.) 30 servings $21.20

Male Performance

This blend combines organs, glands, and superfoods designed specifically for men's hormonal health, performance and vitality. You'll also get organic cordyceps and fenugreek seeds – both time-tested superfoods for men's health – 10mg zinc, and 100mcg selenium. Together, this formula delivers powerful support to help men feel energized, youthful, and ready for their best years yet. Excellent product.

Serving Size: 6 Capsules

AN22895 (180 Caps.) 30 servings $57.55

Tongkat Men's Performance NEW

Men's Performance Complex contains excellent ingredients that have been shown to increase stamina, energy levels & testosterone, normalize cortisol levels, support muscle strength, and decrease stress. Ingredients include: Tongkat Ali Extract, Tribulus Terrestris, L-Citrulline, Ashwagandha Extract, Eleuthero Root, Damiana Leaf Extract, Nettle Root, and Kanna.

Serving Size: 4 Vcaps

NTR2971 (120 Vcaps.) 30 servings $28.80

The Art of Resilience: Mastering Stress for Optimal Men's Health

By Dr. Greg Russo, DC

While navigating the complex journey of life, we often find ourselves accompanied by stress, an unwelcome companion casting heavy shadows at every turn. Throughout this landscape, the pioneering research of Hans Selye acts as a guiding light, illuminating our path through stormy waters. Selye introduced the concept of General Adaptation Syndrome, which outlines how our bodies react to stress by transitioning from alarm to resistance and at times descending into exhaustion without proper management. His work unveils stress's dual nature: **distress,** which erodes our vitality, and **eustress,** akin to the beneficial exercise stresses that build our resilience.

It's imperative to embrace a holistic strategy for stress management. A well-rounded approach taps into the wisdom found in God's bounty, particularly through the use of adaptogenic herbs. It also gathers insights from a commonsense study of our design, unlocking the keys to optimal body care.

Adaptogenic herbs, with their unique ability to help our bodies adapt to stress and restore balance, are at the forefront of natural healing capability. When combined with the rejuvenating power of physical exercise, and the serenity of Biblically-based mindfulness practice (which I will describe below), these herbs play a crucial role in rebalancing our internal state amidst the relentless assault of cortisol, a notorious stress hormone. This synergy of natural remedies and practices stands as a powerful testament to the natural capacity found within the Creation, to nurture and heal.

As a brief and unbiased aside, products like the "Daytime Formula Ashwagandha" by North American Herb & Spice exemplify the practical application of these adaptogenic herbs, and in fact this is a product that I have personally used myself.

Our journey towards serenity and resilience also invites us to harness the power of our own thoughts. Vigilantly monitoring our mind's chatter allows us to intercept negative thoughts before they escalate. By applying the law of substitution, we can replace these nascent shadows with the luminous truths found in Scripture, thus bolstering our spiritual resilience and reshaping our identity in the light of divine truth.

Furthermore, stress infiltrates our metabolic health, disrupting blood sugar regulation. This highlights the importance of a comprehensive strategy to nurture both body and mind.

An intriguing dimension of stress management is the role of omega-3 fatty acids. Rich in anti-inflammatory properties, omega-3s, particularly EPA and DHA from fish oil, are linked to numerous health benefits, including cortisol modulation and depression symptom mitigation. A study published in the "Brain, Behavior, and Immunity" journal reveals that omega-3 supplementation can significantly reduce cortisol production in response to stress, suggesting a lessened stress response that potentially alleviates cortisol's prolonged detrimental effects on body and mind.

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ADAPTOGENIC HERBS

BIBLICALLY-BASED MINDFUL PRACTICES

OMEGA-3 SUPPLEMENTATION

The same study also illuminates omega-3's impact on depression, indicating that these fatty acids may act as a promising adjunct therapy for reducing depression symptoms, by addressing inflammation and modulating neurotransmitter pathways.

Incorporating adaptogenic herbs, Biblically-based mindful practices, and omega-3 supplementation into our lives underscores the necessity of a holistic health strategy. It's not solely about combating stress, but thriving amidst it, preserving the divine gift of health and fulfilling our stewardship with grace.

Our mission extends beyond personal well-being; it encompasses leadership and stewardship, while echoing the biblical Parable of the Talents. We are reminded of our duty to protect and enhance the talents bestowed upon us, including, in my opinion, our health, which serves as a beacon of resilience and excellence for others.

One question we often hear from concerned wives is what they can do to help their husbands, who, like many of us men, may not take an active role in their own health? My answer to this is to encourage them through the realization that part of what they are building, whether a business or a legacy, is told by how they live. As a father, I want to instill in my children the importance of self-care and the understanding that in order to have the greatest impact, we can only express our full potential through a sound body and mind, by taking steps to be good stewards of health.

God entrusted to us. In preparing for this article, I consulted with my own family for their insights. My daughter, in particular, has adopted many wholesome, health-promoting, habits on her own. When I asked her why, she reminded me of the quote attributed to John Wooden: "The most powerful leadership tool you have is your own personal example," and she remarked about the positive changes that she has seen me make over the years, in taking ownership over my own health and fitness. The essence is this: ***how we live our lives is going to be much more impressionable than what we say.*** As fathers, we need to realize that someone is always watching, and our life lived is our legacy. It is what we are passing on to future generations. I am the first to admit that I am not perfect in any regard, however, what my daughter said really made me recalibrate the importance of even the little things I do because I am leaving my legacy with every decision and every seemingly insignificant indiscretion.

Everything matters.

The insights of Hans Selye, combined with modern strategies for stress mitigation, form a comprehensive blueprint for managing stress effectively.

This clarion call urges us to face life's challenges with courage, knowledge, and a steadfast commitment to wellness. Through deliberate actions—whether through exercise discipline, the tranquility of mindful breathing, or the strategic use of adaptogens and omega-3 fatty acids—we embark on a quest not just for survival, but for a flourishing existence.

As a healthcare provider dedicated to health and its determinants, my goal is to guide you through life's tempests and to ignite a passion for the journey itself. I invite you to discover the strength and beauty in mastering life's challenges, fostering a bond that transcends mere words, and creating a legacy of health, resilience, and vitality. This journey, enriched by our collective understanding, commitment to progress, and, most importantly, our faith, resonates with our spirit's highest aspirations and creation's profound intentions.

Dr. Greg Russo brings a holistic and foundational approach to chiropractic care, cranial therapy, and bodywork at Brighter Dawn Retreat, where he supports the well-being of both residents and the Plain Community. He believes that true health is achieved only by returning to the foundation of God's design for our bodies in the way that we live, move, and nourish our bodies. Besides his nurturing work at Brighter Dawn, he also shares his passion for health and performance with top athletes around the world. As a trusted consultant, he combines his knowledge of cutting-edge bodywork, nutrition, and performance strategies to help these athletes excel at the highest levels of competition.

For Him Testosterone & Libido

Formulated to help stimulate a man's hormonal chemistry by amplifying testosterone and libido levels. Supports Overall libido Health & Fertility. Gluten-Free, Milk-Free, Soy-Free, Non-GMO, Vegan, Kosher.

Serving Size: 2 Capsules

BBN4002 (60 Vcaps.) 30 servings **$39.99**

Testo 180 TOP SELLER

Testo 180 is a dietary supplement to help achieve normal levels of male hormones and increase desire. T Boost is a synergistic blend of research-proven ingredients designed to maximize hormone levels and increase libido. Hormones such as DHEA and Testosterone levels decline with age and adrenal stress. Testo 180 is a unique formula designed to support three metabolic pathways. Now available in liquid!

Serving Size: 2 Capsules or 1-2 Drops

NFR2120 (120 Vcaps.) 60 servings **$38.00**

NFR2122 (2 fl. oz.) 48 servings **$34.40**

Masculini-T Testosterone Support TOP SELLER

Masculini-T™ enhances mental and physical aspects of male and athletic performance. It helps to boost free testosterone, which can enhance libido. It also supports normal erectile function and natural stimulation of androgen receptors in the brain. The effects of taking Masculini-T are generally felt within a couple of days, and they include more overall energy, stronger male drive, and enhanced male performance. Everyone is different, and results will vary from person to person. The key is to maintain consistent use every day to see best results.*

Serving Size: 3 Capsules

LS5224-090 (90 Vcaps.) 30 servings **$29.25**

LS5224-180 (180 Vcaps.) 60 servings **$52.35**

Male Nitro TOP SELLER

Male Nitro™ is a comprehensive formula that supports multiple body systems. Systemic benefits include enhanced blood flow, nitric oxide (NO) production and endothelial health. Nitric oxide released by healthy endothelial cells stimulates dilation of blood vessels (vasodilatation) for healthy blood flow. Key ingredients for male function are yohimbine and arginine. Saw palmetto, nettle, and zinc support a healthy prostate and genitourinary system. Suggested Use: General use is 1 to 4 tablets daily. Due to the nature of this formula, start with 1 to 2 tablets per day to assess personal response. If desired, gradually increase over the course of two weeks based on comfort level. Do not exceed 4 tablets per day. Best if taken on an empty stomach, 1 hour prior to male activity. May be divided into separate dosage occasions; for example, twice per day.

Serving Size: 4 per day

SN2476 (60 Tabs.) 15 servings **$24.50**

Natural Boost for Men

This complex proprietary blend of 10 natural ingredients was carefully formulated to support the unique male needs of men. FEEL THE DIFFERENCE. Take 30 drops twice daily. Can be taken under the tongue or in 2-4 oz. (60-120 mL) of water. Ingredients; Epimedium leaf extract, Tribulus fruit extract, L-Arginine HCI, Jatropha macrantha stem extract, Muira Puama bark extract, Maca root extract, Ginkgo leaf extract, Eurycoma longifolia root extract, Eustephia coccinea bark extract, Saffron pistil extract.

Serving Size: 30 drops

NUM3633 (2 fl. oz.) 40 servings **$28.99**

DOPA Mucuna

Dopamine is a neurotransmitter that promotes enjoyment and interest in life.* With 15% L-Dopa (the immediate precursor of dopamine), NOW® Dopa Mucuna helps the body with what it needs to make this important neurotransmitter.* Mucuna has been used in the traditional Ayurvedic system in India for thousands of years. It can also be helpful for to increase sperm count, nocturnal emissions & control.

Serving Size: 1 to 2 caps. a day

NO3092 400 mg (90 Vcaps.) 45 servings **$14.50**

Maca Root "Gaia"

Supports energy & stamina. Gaia Herbs' Maca Root capsules contain vegetarian, gelatinized Maca. The gelatinization process cleanly removes plant starches, leaving easily digestible, concentrated, and beneficial Maca constituents. Maca Root capsules are a convenient way of taking Maca each day.

Serving Size: 1 capsule 2 times daily between meals.

GH9753 (60 Vcaps.) 60 servings **$17.75**

Horny Goat Weed

Goat Weed is an ornamental plant that also has a long history of traditional use. Goat Weed is a tonic for the female and the male. Epimedium was thought to "tonify life's gate"- a term used to refer to the "vital energy" in men. NOW® goat Weed Extract is standardized to Icariin, its active constituent and is combined with Maca, another herb known for its tonifying properties.*

Serving Size: 1 per day

NO4758 (90 Tabs.) 90 servings **$17.40**

EstroCleanse III

Estrocleanse III is a unique antioxidant formulation designed to enhance detoxification and promote hormone balance in both men and women.

Serving Size: 3 per day

NFR7052 (90 Vcaps.) 30 servings **$53.60**

Fertility Help for Men & Women

Mates Men's Fertility Supplement Kit

Mates™ by Binto is formulated to support sperm health including quality, motility, (the movement of the sperm) and morphology. (the quality of the sperm) The supplements in each packet are: A multivitamin with folate, selenium, & zinc, CoQ10 200mg capsule, Vitamin C ester C 500mg capsule, and a Plant-based DHA Omega fat softgel.

Serving Size: 1 Packet

BI2015 (30 Packets) 30 servings **$40.70**

FertilAid for Men TOP SELLER

FertilAid for Men is a male fertility enhancing supplement designed to improve sperm count, motility, and morphology. Doctor-developed and clinically proven. We'd recommend that you take FertilAid for Men for at least 2-3 months. Given the life cycle of sperm, it would take 2-3 months before you could detect a difference in the semen analysis. Of course, we recommend that you continue this supplement until pregnancy is achieved to ensure optimal sperm parameters

Serving Size: 3 per day

FH2121 (90 Caps) 30 servings **$33.95**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

FH Pro for Men

Producing healthy sperm in the right amounts requires that the body have all the 'raw materials' it needs and as little as possible of the oxidative stress it doesn't need. FH PRO for Men is a premium, patented and clinically proven fertility supplement designed to promote male fertility by increasing overall nutritional status, decreasing oxidative stress, and improving sperm function. With over 25 ingredients and broad spectrum antioxidant support, along with a full multivitamin, FH PRO for Men offers comprehensive nutritional support for male fertility, along with immune supporting ingredients such as Vitamin D, Vitamin C, and Zinc to help you stay healthy while you are trying to conceive.

Serving Size: 6 Capsules

FH1006 (180 Caps.) 30 servings $94.95

MotilityBoost TOP SELLER

MotilityBoost for Men is a non-prescription dietary supplement designed specifically for men who have been diagnosed with a low sperm motility, which along with low sperm count represents a leading cause of male infertility. MotilityBoost is not a standalone product, but rather it is designed to be taken along with FertilAid for Men.

Serving Size: 2 per day

FH2126 (60 Caps.) 30 servings $22.35

CountBoost for Men

Formulated specifically to help men increase low sperm count. CountBoost for Men, designed to be taken with FertilAid for Men, provides additional vitamin, antioxidant, and herbal support to increase sperm count.

Serving Size: 2 per day

FH2125 (60 Caps) 30 servings $22.95

FertileDetox for Women & Men

Doctor-designed FertileDetoxTM was formulated to enhance fertility in women and men by helping the body's detoxification systems neutralize and remove the toxic compounds that diminish both reproductive health and the health of baby.*

Serving Size: 3 per day

FH2015 (90 Caps.) 30 servings $32.95

Male Tonic

A synergistic blend of herbs to help promote vitality, balance and overall health of the male reproductive system.

Serving Size: 2 capsules up to 3 x a day

DC89141 (100 Caps) 50 servings $19.40

For Him Fertility Support Multivitamin

Delivers targeted nutrients to help support a man's fertility by providing the necessary vitamins, minerals, and botanicals needed for optimal reproductive health and wellness.

Serving Size: 1 Capsule

BBN4020 (60 Vcaps.) 60 servings $27.25

For Him Conception Support

Daily nutrition for fertility support and balancing testosterone levels. Supports sperm quality, count, & motility. Gluten-Free, Soy-Free, Kosher Certified, Non-GMO.

Serving Size: 2 Capsules

BBN4024 (60 Vcaps.) 30 servings $36.80

For Him Testosterone & Libido

Formulated to help stimulate a man's hormonal chemistry by amplifying testosterone and libido levels. Supports Overall libido Health & Fertility. Gluten-Free, Milk-Free, Soy-Free, Non-GMO, Vegan, Kosher.

Serving Size: 2 Capsules

BBN4002 (60 Vcaps.) 30 servings $39.99

Maca Root

Maca (Lepidium meyenii), a small South American cousin of the turnip, is highly nourishing. It has at least 18 important amino acids, including L-lysine and L-arginine, as well as 6 sterols. The synergisms of its amino acid complex are indeed unique. It has been noted to improve energy, stamina and endurance. It has adaptogenic qualities that help regulate mood and reduce fatigue. For some, it's super nourishing qualities are desired to improve both male & female fertility.

Serving Size: 2 Droppers up to 4 x daily

NA4119-002 (2 fl. oz.) 37 servings $16.80

Mac-o-Power TOP SELLER

Maca not only stimulates libido, it has also been shown to increase fertility by increasing egg and follicle count in women and sperm count and mobility in men. Mac-o-Power Plus is the only fresh raw mountain maca extract available. This is the rare purple maca, which is the most powerful type, along with purple corn, and yacon root, all from the Andes Mountains. These powerful plants and vegetables are kept in a raw state to preserve their valuable enzymes and other nutrients. Because of this, Mac-o-Power Plus is far more effective than the chemically or heat extracted extracts. When choosing a Maca supplement it is essential that only the true raw variety be used for maximum benefit. This is raw liquid power.

Serving Size: 10 drops

NH9096 (2 fl. oz.) 172 servings $23.05

Maca

Maca has been used for centuries by indigenous Peruvians as a food source, as well as for increasing stamina and energy. More recent scientific studies have demonstrated that Maca supports hormonal balance and both male and female reproductive health.*

Serving Size: 1 capsule up to 2 x a day

NO4777 750mg (90 Vcaps) 90 servings $18.10

Herbal Libido

A synergistic blend of herbs for the male & female libido. Christopher's Original Formulas Herbal Libido is an all natural formula that helps aid the body.

Serving Size: 2 capsules

DC89124 (100 Caps.) 50 servings $22.65

FertilAid for Women TOP SELLER

FertilAid for Women is a fertility enhancing supplement designed for trying-to-conceive women. Helps restore hormonal balance, supports reproductive wellness, and optimizes your chances of conceiving.

Serving Size: 3 capsules up to 3 x a day

FH1010 (90 Caps) 30 servings $33.40

FH Pro for Women

FH PRO for Women is a comprehensive dietary supplement with more than 30 ingredients, including myo-inositol, d-chiro inositol, CoQ10, and folate. It is designed to support fertility and reproductive wellness in healthy women in three ways: by providing antioxidant support, by supporting healthy hormone balance, and by providing preconception vitamin and mineral support. FH PRO for Women also includes Vitamin D, Vitamin C, and zinc to support a healthy immune system while you are trying to conceive.

Serving Size: 6 Capsules

FH1004 (180 Caps.) 30 servings **$79.95**

Female Reproductive

A synergistic blend of herbs for a woman's special reproductive needs. Can be take with Hormonal Changease. May take up to three month to see desired results.

Serving Size: 2 capsules up to 2 x a day

DC899121 (100 Caps) 50 servings **$32.00**

Female Tonic

A synergistic blend of herbs to help vitality, energy, balance & overall health of the female reproductive systems. As women age, the functioning of their reproductive systems decline. With menopause, estrogens levels decrease & ovulation & menstrual cycles cease. It is important, then, to keep the reproductive system operating at peak efficiency. Dr. Christopher's Female Tonic formula has been used historically to support the reproductive function of the female body.

Serving Size: 2 capsules

DC91147 (100 Caps.) 50 servings **$22.45**

Fertility Support "Women"

This formula helps to support healthy hormone levels and ovulation rhythm. With Organic Chaste Tree, Organic Ginger Root, and Cramp Bark, it also helps to maintain healthy cycles during preconception. SUGGESTED USE; Adults take 2 capsules daily in the morning. Best results obtained after 1 month of use.

Serving Size: 2 Capsules

GH5088 (60 Caps.) 30 servings **$29.15**

For Her Fertility Support Multivitamin

Delivers targeted nutrients to help support a woman's optimal reproductive health and wellness with a complementary combination of vitamins, minerals, and botanicals.

Serving Size: 1 Capsule

BBN4022 (60 Vcaps.) 60 servings **$35.99**

For Her Conception Support

Daily nutrition for fertility support and balancing hormone levels. Supports ovulation and egg quality. Gluten-Free, Soy-Free, Kosher Certified, Non-GMO.

Serving Size: 2 Capsules

BBN4026 (60 Vcaps.) 30 servings **$32.00**

V.B. Formula

A synergistic blend of herbs that helps support the reproductive system. Whether preparing for pregnancy or just wanting to be healthier it is crucial to take care of our reproductive organs. Complications within the reproductive areas can lead to hormonal imbalances, pregnancy difficulties & painful menstrual periods. Eating correctly, regular exercise & certain herbs can help support the reproductive system by removing excess hormones & toxins. Christopher's Original Formulas VB (Vaginal Bolus) Powder aids malnourished organs & supports elimination of toxins.

DC70081 Powder (4 oz.) **$39.10**

Myo-Inositol for Women

Myo-inositol helps to promote proper utilization of the hormone insulin, which in turn supports proper hormone balance, ovarian function, egg quality and menstrual cycle regularity.

Serving Size: 4 per day

FH1013 (120 Caps.) 30 servings **$22.70**

Thyroid w/ Liver

Thyroid tissue from male moose was eaten in the fall by northern Native Americans to enhance fertility. These organs and glands are ideal supplements for individuals wanting to provide nutritional support for specific organs and systems, and to complement the diet with the incredible array of nutrients found in organs and glands from healthy, carefully raised animals. Contains 30 mg bovine thyroid with 470 mg liver. Gluten-free and dairy-free.

Serving Size: 1 Capsule

DRU1821 (180 Caps.) 180 servings **$62.35**

Organs Blend

This wild, grass-fed organ blend is packed with vitamins, minerals, and more to help promote optimal organ health. Multi organ Blend of Grassfed Bovine Liver, Organic Beet Root, Grassfed Ovine Liver, Grassfed Ovine Heart, Grassfed Ovine Kidney, Grassfed Bovine Adrenal, Grassfed Bovine Pancreas, Organic Spirulina, Lipase Complex, Organic Reishi Mushroom Extract, Shilajit.

Serving Size: 6 Capsules

AN22885 (180 Caps.) 30 servings **$47.95**

Endovan TOP SELLER

Endovan works with your body to target the root of the problem and has historically been used for high blood pressure, preeclampsia, endometriosis, fibroids, ovarian cysts, and breast lumps. Many women's reproductive health issues are caused by the body's inability to break down excess fibrin. This unhealthy fibrin plays a major role in the development and exacerbation of fibroids, ovarian cysts, endometriosis, and breast lumps. Endovan's unique formulation is designed to naturally boost your body's ability to target and degrade excess fibrin and relieve the associated adverse symptoms. What To Expect; Results will depend on the severity of your symptoms but some women notice improvement in the first one to two months with continued progress in subsequent months. Important: While successful for the majority of users, not all women respond to Endovan. Stop use while having your period then continue afterward. Can also be used by men.

Serving Size: 1 capsule twice daily

KN2025 (60 Vcaps.) 60 servings **$55.95**

FertileCM TOP SELLER

FertileCM for Women is a balanced dietary supplement to promote the healthy production of fertile cervical mucus – the bodily fluid central to fertility and conception. The ingredients in FertileCM have also been shown to support female sensitivity and strengthen the uterine lining, both of which can increase chances for successful conception.

Serving Size: 3 per day

FH1011 (90 Caps.) 30 servings **$22.95**

"Men, the world may tell you to suppress your emotions and act tough, but the scripture is full of men who sought God passionately with tears.

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Fertili Tea "Fertility Tea for Women"

FertiliTea is a delicious herbal tea designed especially for trying-to-conceive women. Supports overall reproductive health, encourages hormonal balance, and optimizes your chances of conceiving. Directions for use: FertiliTea is a loose leaf tea, use 1 teaspoon to each cup of water. Bring water to a boil and add herbal tea directly or by using a tea ball or infuser. Cover and let steep for 5 minutes straining out any leaves before drinking.

- Drink 2-3 cups per day beginning right away, there is no need to wait for a particular time within your cycle to start.
- One bag is generally a 1-month supply.
- Intended for daily use by women trying to conceive.

FH1020 (3 oz.) 30 servings **$20.40**

OvaBoost for Women TOP SELLER

OvaBoost contains a natural formula to improve egg quality and ovarian function. Designed to protect egg cells from the damaging effects of free radicals and to help eggs produce the energy needed for successful conception and implantation.

Serving Size: 4 per day

FH1012 (120 Caps) 30 servings **$33.40**

BabyDance Fertility Lubricant TOP SELLER

Most everyday lubricants have a low pH and very high salt concentrations, and are harmful to sperm. It goes without saying that using one of these everyday lubricants when you are trying to get pregnant is counterproductive. The class of lubricants specifically designated as fertility lubricants, of which BabyDance is one of just a few, undergo specialized testing to ensure that they won't harm sperm or eggs. BabyDance has a pH of ~7 and mimics the consistency of your cervical secretions, which help the sperm to swim through your cervix to meet the egg for conception. Not only does BabyDance mimic your own body fluids, it contains no ingredients that can be harmful to eggs or sperm.

FH9302 (1.4 oz.) **$20.85**

Fertile Focus Ovulation Microscope TOP SELLER

An affordable, high quality saliva-based fertility test that predicts ovulation with 98% accuracy, reusable for unlimited tests.

FH1024 (1 Ct.) **$28.50**

SpermCheck Fertility

SpermCheck Fertility is an easy-to-use home fertility test for men. Find out if low sperm count is affecting your fertility from the comfort of your own home.

FH2135 (1 Ct.) **$42.50**

BFP Early Pregnancy Test Strip TOP SELLER

The BFP brand of early pregnancy test (short for "big fat positive") was designed by Fairhaven Health exclusively for the trying-to-conceive (TTC) community. Manufactured right here in N. America, the BFP Pregnancy Test Strip provides you with all the features TTC women care about in a pregnancy test: early detection, accuracy, ease of use, and affordability.

FH1032+T (1 ct.) **$1.00**

Pregnancy Midstream Test TOP SELLER

The BFP Early Pregnancy Test provides you with greater advance notice of pregnancy than some other brands, allowing you to receive a positive result as early as 4 days before your missed period.

FH1029+T (1 ct.) **$2.50**

Ovulation Midstream Test TOP SELLER

The BFP Ovulation Test from Fairhaven Health is the ideal way to pinpoint your ovulation date.

FH1025+T (1 ct.) **$2.55**

Pregnancy & Ovulation Wheel

Follow your baby's development, predict due dates, and see doctor appointment reminders. This wheel also serves as an ovulation predictor.

FH1030 ..... **$8.25**

Women's Health

Ladies Formula TOP SELLER

Popular women's formula used to support healthy hormonal balance and nourish the female reproductive, endocrine and nervous system. To ease occasional monthly discomfort, stress and irritability take on days 14-28 of cycle. Warning: Do Not Use During Pregnancy. Women with heavy cycles should be aware that this formula contains Dong Quai which may cause excessive bleeding, especially when taken just prior to or during menses.

Serving Size: 2 droppers up to 4 x a day

NA1002-002 (2 fl. oz.) 36 servings **$16.80**
NA1002-004 (4 fl. oz.) 72 servings **$31.99**

Female Cornerstone TOP SELLER

Fräuline Eckstein/Female Cornerstone formulation provides key vitamins and minerals as well as other nutrients that support women's health. It contains herbs including dong quai and chaste tree that have been used for centuries to support specific female needs hormonally and metabolically, as well as powerful antioxidants such as resveratrol, Co-enzyme Q-10 and digestive support.? A good product for young girls and women of all ages. Please see "Multivitamin" section for more multivitamins.

Serving Size: 4 tablets

WS5134 (120 Tabs) 30 servings **$46.95**

Women's Vitality

Women's Vitality supports hormonal, reproductive, and liver health while promoting healthy elimination & digestive function. Also supports healthy bones, immune function, energy and more. Formula contains 12 organs and glands that are sourced from grass-fed Argentinian beef & wild, free roaming Icelandic lambs along with herbs & probiotics.

Serving Size: 6 Capsules

AN22898 (180 Caps.) 30 servings **$57.55**

Total Woman TOP SELLER

Total Woman has 1500 mg. of high quality herbs plus 40 nutrional components directed to a womans daily needs.

Serving Size: 4 Capsules

ENS3017 (90 Caps.) 22 servings **$31.50**

DID YOU KNOW ?

Children whose mothers took fish oil during pregnancy may be less prone to hay fever, asthma, eczema, and food allergies.

Senior Total Woman

Senior Total Woman has 40 nutritional components and 1500 mg. of high quality herbs.

Serving Size: 3 Capsules

ENS1080 (90 Caps.) 30 servings **$33.95**

Endovan TOP SELLER

Endovan works with your body to target the root of the problem and has historically been used for high blood pressure, preeclampsia, endometriosis, fibroids, ovarian cysts, and breast lumps. Many women's reproductive health issues are caused by the body's inability to break down excess fibrin. This unhealthy fibrin plays a major role in the development and exacerbation of fibroids, ovarian cysts, endometriosis, and breast lumps. Endovan's unique formulation is designed to naturally boost your body's ability to target and degrade excess fibrin and relieve the associated adverse symptoms. What To Expect; Results will depend on the severity of your symptoms but some women notice improvement in the first one to two months with continued progress in subsequent months. Important: While successful for the majority of users, not all women respond to Endovan. Stop use while having your period then continue afterward. Can also be used by men.

Serving Size: 1 capsule twice daily

KN2025 (60 Vcaps.) 60 servings **$55.95**

Hormonal Changease

A synergistic blend of herbs favored by women. This formula contains plant hormones "phytosterols" which are safe for both male and female use. May take up to three months to see desired results.

Serving Size: 2 capsules up to 2 x a day

DC89123 (100 Caps) 50 servings **$28.10**

Cycle Balance

Helpful for women that are dealing with cycle cramps or heavy bleeding, irregular cycles, headaches, breast tenderness, bloating, water retention, and mood swings. Can also be helpful for women dealing with hot flashes. Containing vitamin B-6, Folate, Dong Quai Root powder, Chaste Tree, Red Clover powder, Licorice powder, and Ginger powder.

Serving Size: 2 Capsules

NN7950 (120 Caps.) 60 servings **$39.95**

Hormonal Balance

Hormonal Balance's ingredients counteract many of the factors that affect normal libido including stress, low testosterone, diabetes, depression, arthritis, benign prostatic hypertrophy (BPH), poor sleep, consuming too much alcohol, anger, menopause, medications, chronic pain, anemia, hypothyroidism and cardiovascular disease. The ingredients in HormonalBalance not only cleanse and eliminate built-up toxins and promote cellular repair, they also balance hormones, promote blood flow, relax and build smooth muscles, and relieve hormone imbalances (i.e., PMS) coinfections that are usually associated with this condition. Hormonal Balance is a proprietary blend of the extracts of seven plants — Epimedium grandiflorum, Jatropha macrantha, Lepidium meyenii (Peruvian), Ptychopetalum olacoides, Eustephia coccinea (Peruvian), Tribulus Terrestris, and Eurycoma longifolia.

Serving Size: 20 drops

NUM3630 (2 fl. oz.) 60 servings **$28.99**

False Unicorn Lobelia

Christopher's Original Formulas False Unicorn & Lobelia aids the female body during hormonal changing periods & supports the female reproductive system.

Serving Size: 2 Capsules

DC86760 (100 Caps.) 50 servings **$74.45**

Fibrovera AHS Hormonal Support

Designed to support normal hormone levels as well as uterine and breast health. Fibrovera is a gentle option that corrects and maintains healthy hormone levels. It's an all-natural blend of hormone-balancing botanicals and enzymes designed to help women with hormonal irregularities. Fibrovera also provides fibrinolytic (fibrin-eating) enzymes and co-factors that are specifically selected to promote normal fibrin activity. How Fibrovera Works; Fibrin is the building block of scar tissue and one of the main components of uterine fibroids, fibrocystic breast disease, and endometriosis. Healthy hormone levels will naturally promote normal fibrin activity as well as support normal premenstrual symptoms. Fibrovera is intended to regulate the hormonal response, restoring natural processes in a woman's body. Each ingredient was carefully selected using only well-researched, clinically supported ingredients.

Serving Size: 1 capsule

AA1082 (90 Caps) 90 servings **$69.99**

DHEA

DHEA is the body's most abundant circulating steroid hormone. But as we age, DHEA levels begin to decline. Supplementing with DHEA can help support healthy hormone levels, promote healthy immune function, circulatory health, healthy mood, lean muscle mass and more.

Serving Size: 1 Capsule

LE0335 25mg (100 Caps.) 100 servings **$12.80**

Estro DTX

We are living in a modern world with extreme levels of Estrogen in our food and environment. It is causing a great deal of health disturbances. This new product is designed to help break down excess estrogens in the body. Estro-DTX helps support Estrogen balance through a combination of nutraceutical ingredients that have been shown to aid liver function which can help eliminate estrogen while leaving essential estrogen intact.

Serving Size: 1 Capsule

NN8000 (90 Caps.) 90 servings **$39.95**

EstroCleanse III

Estrocleanse III is a unique antioxidant formulation designed to enhance detoxification and promote hormone balance in both men and women.

Serving Size: 3 per day

NFR7052 (90 Vcaps.) 30 servings **$53.60**

Easter Lily Tincture TOP SELLER

Supports cleansing of the female reproductive system and helps bring back into balance. Some people notice heavier bleeding during menstruation with darker (brown) blood and some clots, for a few cycles as extra tissue is cleaned out of uterus. By third cycle, period may be lighter and blood more bright red. After this cleansing is done, periods may be easier with fewer symptoms such as cramping. Supports organs to help women and men who have cysts (in ovaries, uterus, breasts, under skin, etc.) and supports dense tissue breakup in breasts.

Serving Size: 30 drops up to 4 x per day

BWH2060 (2 fl. oz.) 60 servings **$33.50**

Women's Energy Balance

A general female tonic that may help balance the hormones and increase energy and vitality. Can assist with mood swings, irritability, fatigue, PMS and low libido.

Serving Size: 30 drops

CHU751 (1 fl. oz.) 30 servings **$12.40**

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Dong Quai

Used for hot flashes, mood swings, irritability and decreasing cramping and bloating.
Suggested use: Take 1 capsule, 1-5 times per day or as directed by a health care professional.
Serving Size: 1 capsule up to 3 x a day
CHU770 500mg (90 Vcaps) 90 servings $13.60

Mood Balance

Supports Emotional Well-Being. Mood Balance™ combines mood-soothing herbs, calming factors, and uplifting amino acids. It contains standardized herbal extracts of St. John's wort yielding 0.3% hypericins. It also features valerian, Relora®, GABA, magnesium and the amino acids taurine, N-acetyl L-tyrosine, L-theanine, and L-phenylalanine.*
Serving Size: 3 per day
SN1072 (90 Tabs) 30 servings $22.35

Menopause Vitamins Kit

This shift is hard and leaves us feeling moody, hot, tired, and dried out. But, you don't need to feel this way or go it alone. We'll get your body what it needs to support all the stages and symptoms of menopause. Relief from all those frustrating symptoms from hot flashes and night sweats, to mood swings and gut health. Binto helps reduce hot flashes, improve your gut health and metabolism, and support your mental health.
Serving Size: 1 Packet
BI2020 (30 Packets) 30 servings $48.35

Transitions Herbs for Menopause TOP SELLER

Hot flashes, mood swings, and other normal symptoms of menopause and peri-menopause may be uncomfortable, but that doesn't mean you have to live with them. Transitions™ exclusive formula is supportive for menopausal women, with the added benefit of adrenal gland support.* As menopause nears, hormone production slows, which can place more demands on the adrenal glands. While ingredients like isoflavones can help support normal hormone levels and calm menopausal symptoms, they do nothing to strengthen the adrenal glands. Hot flashes, mood swings, fatigue and other normal menopausal symptoms are uncomfortable on their own, but related adrenal weakness can cause lack of energy, fatigue, occasional difficulty in sleeping, and decreased libido.*
Serving Size: 2 Capsules once a day
PEL0702 (120 VCaps) 60 servings $51.70

ProFema Menopause Multiple

ProFema ™ is a comprehensive multi with a distinctly Pure Essence energy package, and with additional factors to keep you feeling your very best as you experience your midlife transition. It is simply fabulous for women at this time of life. Hot flashes, mood swings, and other normal symptoms of menopause and peri-menopause may be uncomfortable, but that doesn't mean you have to live with them. ProFema™ is a comprehensive multivitamin with additional support for menopausal women and the adrenal glands.*
Serving Size: 4 per day
PEL1806 (120 tabs) 30 servings $58.75

Menopause Formula

This product is formulated to help women through menopause using a variety of herbs. Take 1-3 capsule daily with warm water between meals.
Serving Size: 1 capsule
CHU9979 (30 Vcaps.) 30 servings $14.00

Opti-Female

Contains all the known nutrients that support hormonal balance. Includes pre-digested glandulars for hormonal balance. Helps with menstrual irregularity. Eases cramping and reduces bloating. Helps with menopausal post symptoms.
Serving Size: 2 Capsules
OH1015 (90 Caps.) 45 servings $25.95

Pausitivi-T Menopause Support

Pausitivi-T eases menopausal discomfort by nourishing the tissues affected by hormonal changes in women. It helps to reduce hot flashes and sweating, while supporting balanced hormones and healthy tissues in the reproductive system.
Serving Size: 2 Capsules
LS5214-060 (60 Vcaps.) 30 servings $22.45

DIM Complex w/ Curcumin TOP SELLER

Healthy hormone balance is critical to mental and physical health. Without it, your mood, weight, energy levels, and overall well-being seem thrown off and out of sync. That's why we formulated DIM Complex with BCM-95 Curcumin. Provides PMS, perimenopause, and menopause symptom relief. Supports healthy hormone detoxification and liver function. Promotes healthy estrogen and progesterone ratios. Supports healthy metabolism and weight management.
Serving Size: 1 Capsule
TN32243 (30 Caps.) 30 servings $33.60

Female Hormone System

Hormones are products secreted by some organs which circulate throughout the blood system and react upon other cells. This reaction could be secreting milk, menstruation, proper cellular growth, etc. The more common organs (glands) involved in the reproductive hormone system are the pituitary, pineal, hypothalamus, thyroid, breast, adrenal, pancreas, ovaries, and uterus. All these organs constantly work with one another in keeping a marvel of chemical hormonal balance in a continually changing mind and body environment. This formula may be helpful for women of all ages even those that have had hysterectomies and are past menopause.
Serving Size: 1 Capsule
RGA1030 (180 Caps.) 180 servings $31.50

Women's Vitali-T Libido & Mood Support TOP SELLER

It's not unusual for libido to decline slightly during times of stress or with age. Women's Vitali-T™ is formulated with all-natural ingredients to improve energy, libido, support healthy circulation, and rebalance hormones over time.
Serving Size: 3 capsules
LS5238-070 (70 Vcaps.) 23 servings $19.75

Herbal Libido

A synergistic blend of herbs for the male & female libido. Christopher's Original Formulas Herbal Libido is an all natural formula that helps aid the body.
Serving Size: 2 capsules
DC89124 (100 Caps.) 50 servings $22.65

Damiana (Desire) TOP SELLER

Acts as an antidepressant and circulatory stimulant. The many uses for this herb includes enhancing libido in women, headaches connected to menstruation and urinary infections. And it has also been used as a mild laxative.
Serving Size: 30 Drops up to 3 x daily
CHU3971 (1 fl. oz.) 30 servings $12.00

Chaste Tree Organic

Chaste Tree is known for helping to bring your hormones under control so you feel good all month long.

Serving Size: 1 Capsule

OWH0442 (90 Caps.) 90 servings **$20.00**

Chaste Berry Vitex Extract

Supports Endocrine Function* Chaste Berry has been traditionally used by herbalists for centuries; it is derived from the fruit of Vitex agnus-castus. More recently, scientific studies have indicated that Chaste Berry can support healthy endocrine function.* The Chaste Berry extract in this formula is standardized to Agnusides, the active components of Chaste Berry. Dong Quai has been included to complete this women's health support formula.*

Serving Size: 1 per day

NO4773 300 mg (90 Vcaps) 90 servings **$14.50**

Chaste Tree Berry

Favorite herb for supporting healthy hormonal balance. Chaste Tree is hands down better for most women, than Black Cohosh for relief of occasional anxiousness and change of life discomforts. Caution: do not use with progesterone creams or pills, as excessive progesterone levels can occur.

Serving Size: 1 dropper

NA4006-002 (2 fl. oz.) 60 servings **$17.60**
NA4006-004 (4 fl. oz.) 120 servings **$31.20**

Motherwort Herb TOP SELLER

Traditionally a woman's tonic herb, used to support healthy liver function, hormonal balance. Also used as support for stress and relief of minor discomfort associated with menses.

Serving Size: 3 droppers up to 4 x a day

NA4013-002 (2 fl. oz) 24 servings **$15.99**

Black Cohosh Root

Commonly known as the "menopause herb", Black Cohosh has also been used for relief of occasional muscle discomfort.

Serving Size: 3 droppers up to 4 x a day

NA4002-002 (2 fl. oz) 24 servings **$19.20**

Black Cohosh Root NEW

Black cohosh is a plant that has been historically used by Native American women. Current scientific research shows that black cohosh root may help support a healthy response to the natural changes occurring during menopause. NOW® Black Cohosh Root also includes licorice root and dong quai, which have enjoyed widespread popularity in Asia for centuries, especially among middle aged women.

Serving Size: 1 Vcap

NO4607 80 mg (90 Vcaps.) 90 servings **$11.60**

Cramp Bark Compound

Formerly "Monthly Ease". A blend of nourishing and toning herbs favored by women of all ages for the relief of occasional uterine and abdominal discomfort with menses or after giving birth. Supports a normal menstrual flow and healthy uterus.

Serving Size: 2 droppers up to 4 x a day

NA1003-002 (2 fl. oz.) 36 servings **$16.80**
NA1003-004 (4 fl. oz.) 72 servings **$31.20**

Shepherd's Purse Herb

Named for the little heart shaped pods which resemble a small purse, Shepherd's Purse has been a favorite of midwives for centuries. We tincture the wild harvested herb fresh to bring you the highest quality extract.

Serving Size: 3 droppers up to 4 x a day

NA4014-002 (2 fl. oz.) 24 servings **$17.60**

Shepherd's Purse Compound

Shepherd's Purse Compound is a powerful combination of herbs that support a healthy clotting response. Use to support normal blood clotting to slow blood loss. Shepherd's Purse and Yarrow are harvested and processed fresh for this formula to ensure they contribute their maximum potential to the compound. Suggested Use: 3-6 droppers, 1/2-1 tsp., 3-6x a day. Intended for short term use. If symptoms persist seek appropriate medical attention.

Serving Size: 3 droppers up to 4 x a day

NA1047-002 (2 fl. oz.) 24 servings **$17.60**

Pregnenolone 50

Pregnenolone is a neurohormone that acts as a precursor to many other hormones and has brain and nervous system benefits. As our levels of pregnenolone decline with age, ensuring optimal levels are maintained supports youthful hormone and cognitive health.

Serving Size: 1 Capsule

LE0302 (100 Caps.) 100 servings **$21.75**

Proferia Advanced Dermal Progesterone

Supports healthy progesterone levels in women and men who are suffering from hormonal imbalances. Proféria is an all-natural, topical hormone product. It provides a natural source of the progesterone hormone, a key component to healthy hormone levels. Proféria is a safe and effective hormone balancing product that can help you enjoy a healthier life—free from the effects of hormone imbalances. Directions: Proféria should be applied once daily or as directed by your healthcare provider. Apply to thin areas of the skin, such as the neck, breasts, inside the arms etc. A typical dosage of Proféria varies on the individual and the symptoms they're experiencing. We recommend a 1/4 to 1/2 teaspoon of Proféria daily (contains appx 20mg of progesterone per 1/4 teaspoon).

AA1090 500mg (2oz) **$24.99**

Platt PRO 5% Progesterone Cream TOP SELLER

A major benefit of this cream is that it has been specially formulated to provide maximal effectiveness. In this regard, it is the strongest progesterone available without a prescription. An advantage of using progesterone in a cream form is that people can adjust the amount they use in accordance with the benefit they are seeking. After awhile, one should notice that they are able to lower the amount originally used.

Recommended Dose
Strength: 50 mg per pump
Apply ½-1 pump to inside of one forearm and rub forearms together
Do this up to 3 times a day, 1-3 minutes before meals
If you have trouble sleeping at night, it is recommended that you eat a low-glycemic carbohydrate just before going to bed. In addition, apply the cream again just before eating your bedtime snack.

Serving Size: 1 pump

MI1020 (3 oz.) 85 servings **$49.95**

Natural Progesterone Cream

Natural Progesterone Cream from Wild Yam and balancing herbs to support natural levels. 20 mg of Natural Progesterone per pump.

NO3338 Scent Free (3 oz.) 65 servings **$16.65**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Red Raspberry Leaves TOP SELLER

Red Raspberry assists in cleansing a canker condition of the mucus membranes in the alimentary tract while leaving the tissue toned. In pregnancy, the infusion, if taken regularly, may help sooth premature pains, while producing a safe, easy and speedy delivery. Red raspberry may also help balance hormones.

Serving Size: 2 capsules up to 2 x a day

DC86768 500 mg (100 Caps) 50 servings $21.05

Red Raspberry Leaves 450mg

Red Raspberry is a member of the rose family. Red Raspberry's astringent leaves are widely used as a traditional herbal supplement, especially popular with women.

Serving Size: 2 per day

NW16100 (100 Caps) 50 servings $10.95

Wild Yam Root TOP SELLER

Wild Yam has been used traditionally to support women's health, as well as help soothe occasional gastrointestinal discomfort.*

Serving Size: 2 Capsules

NW8706 (100 Caps.) 50 servings $8.95

D-Mannose TOP SELLER

D-mannose is a naturally occurring simple sugar that your body utilizes to help cleanse the urinary tract and maintain a healthy bladder lining.* It's metabolized only in small amounts, with excess amounts rapidly excreted in urine, so it won't interfere with healthy blood sugar regulation.* Clinical studies have demonstrated that, when taken regularly, D-mannose promotes normal urinary tract function by cleansing and maintaining the health of the bladder lining.*

Serving Size: 3 capsules up to 3 x a day

NO2811 500mg (120 Caps) 40 servings $23.20

UF Women's Care Go Pack "15 Billion"

Once-Daily Maintenance Formula To Support Vaginal & Urinary Tract Health Ultimate Flora Women's Probiotic helps promote healthy yeast balance while supporting vaginal and urinary health. Lactobacilli are the most prevalent good bacteria in a healthy vagina. They produce beneficial compounds to help promote urogenital health. Ultimate Flora Women's probiotic contains 100% Lacto strains known to help maintain a healthy balance of vaginal flora. No refrigeration needed.

Serving Size: 1 per day

RL15872 (30 Vcaps.) 30 servings $23.99

UF Women's Complete "90 Billion"

Ultimate Flora Women's Complete 90 Billion is a once-daily, high-potency probiotic uniquely formulated for women to promote digestive and immune health, and support vaginal and urinary health. Each capsule contains 90 billion live cultures of 12 GPS strains of beneficial flora.

Serving Size: 1 per day

RL15667 (30 Vcaps.) 30 servings $52.80
RL15621 (60 Vcaps.) 60 servings $91.80

Herbal Sitz Bath

Directions: Bring 2 quarts water to boiling. Add approx. 2 cups of the herb blend to the hot water or pour the hot water over the herbs. Let sit, covered one hour. Strain and pour into a sitz bath or small tub. Add water to bring to desired level and temperature. Should be comfortably hot.

NA3008 (8 oz.) $23.20

Yellow Dock Combination

A synergistic blend of herbs rich in plant based iron that helps support the uterus.

DC87006 Cut (16 oz.) $44.20

Menopause "Crila"

Known in Vietnamese herbal traditions as "The Royal Women's Herb", Crinum latifolium has a long history of use in reducing the uncomfortable effects of menopause and peri-menopause. Taken regularly, Crinum latifolium reduces the frequency and intensity of hot flashes and sleep-disrupting night sweats.

Serving Size: 2 Capsules

CRH1030 (60 Vcaps.) 30 servings $64.95

ActiFem, Female Hormone Support

With ActiFEM you can support the entire female endocrine response with whole food, unprocessed herbs, spices, and nutrient-dense foods. Support your ovaries, adrenals, thyroid and more with this single formula.

Serving Size: 1 Capsule

NH9109 (90 Caps.) 90 servings $30.75

Wild Yam Root

Used for rheumatic conditions and gallbladder problems. Also used by women directly after childbirth to help prevent menstrual cycle. Contains NO sugar, starch, yeast, wheat, milk, corn, soy, or preservatives.

Serving Size: 1 Capsule

CHU7610 (100 Caps.) 100 servings $10.00

Belle Vie w/Transfer Factor

Promotes overall feminine reproductive health. Contains a potent blend of phytoestrogen, detoxification, and antioxidant ingredients to help support healthy hormone balance and immune system function in women. Features certified 4Life Transfer Factor® to educate immune cells and promote healthy cell growth and function. Includes a blend of herbal antioxidants, phytoestrogens, indoles, and calcium d-Glucarate to support the female endocrine system.

Serving Size: 2 Capsules

LF22535 (60 Caps.) 30 servings $67.75

TIPS THAT MAY HELP SWELLING DURING PREGNANCY

1. Avoid standing for extended time
2. Engage in daily activity (exercising)
3. Sleep on your left side
4. Stay hydrated
5. Put a cold compress on swollen areas
6. Eat a well-balanced diet (avoid too much sodium)
7. Go for massages

MTHFR & the Impact on Health

By Tracey Stroup, ND, CNHP

MTHFR mutation is a gene mutation that codes for an enzyme (Methylenetetrahydrofolate reductase) in the folate pathway. For some people when this gene is mutated, this important MTHFR enzyme that maintains the methyl pool and regulates important processes in the body, gets the wrong direction or improper signal. This impacts regulatory functions and conversions, such as converting homocysteine to methionine, an essential component for overall health and the prevention of chronic disease. This enzyme also plays a role in processing amino acids, the building blocks of proteins. Methylenetetrahydrofolate reductase is important for a chemical reaction involving the vitamin folate (also called vitamin B9). Mutations in the MTHFR gene can lead to alterations in this process, potentially impacting health. Among the various mutations identified in the MTHFR gene, the C677T and A1298C variants are particularly noteworthy due to their association with elevated homocysteine levels in the blood.

SCIENTIFIC DETAILS & VARIANTS:

The MTHFR gene provides instructions for producing an enzyme involved in the conversion of homocysteine to methionine, a critical step in the methylation cycle. Methylation is essential for DNA synthesis, repair, and regulation, neurotransmitter production, and detoxification processes within the body. The type of MTHFR mutation a person may have is called a variant. Depending on the variant, your ability to create new and healthy cells, monitor systems and regulate functions can be mildly or majorly impacted. Currently, a total of 34 rare but deleterious mutations in MTHFR, as well as a total of 9 common variants (polymorphisms) have been reported. The 677C→T (A222V) variant has been particularly noteworthy since it has become recognized as the most common genetic cause of hyperhomocysteinemia.

VARIANTS & HOMOCYSTEINE LEVELS:

Elevated homocysteine levels have been associated with an increased risk of various health conditions, including cardiovascular disease, neural tube defects, and pregnancy complications. The C677T variant is generally considered to have a more significant impact on homocysteine levels compared to the A1298C variant. Both variants can impact the efficiency of the MTHFR enzyme, potentially leading to elevated homocysteine levels in the blood.

C677T Variant: This variant involves a cytosine-to-thymine substitution at position 677, resulting in reduced MTHFR enzyme activity. Individuals with the C677T variant may experience elevated homocysteine levels in the blood, potentially contributing to cardiovascular issues and other health concerns.

A1298C Variant: The A1298C variant is associated with a substitution of adenine with cytosine at position 1298. While its impact on homocysteine levels is less pronounced than the C677T variant, it can still affect the methylation process and contribute to health complications.

SYMPTOMS AND HEALTH CONDITIONS ASSOCIATED WITH HIGH HOMOCYSTEINE:

- Cardiovascular issues
- Mood disorders
- Migraines
- Increased risk of certain cancers
- Fertility issues
- Dementia Risk
- Atherosclerosis (hardening of the arteries)

OTHER SYMPTOMS & HEALTH CONDITIONS ASSOCIATED WITH MTHFR VARIANTS:

- Fatigue
- Cognitive issues
- Mood disorders
- Recurrent pregnancy loss
- Cardiovascular issues
- Neural tube defects in newborns

TESTING FOR MTHFR MUTATION:

Several testing methods can identify MTHFR mutations, providing valuable insights into an individual's genetic makeup:

- **DNA Testing:** Genetic testing through services like 23andMe or AncestryDNA can provide information about MTHFR variants. However, hese tests may not specifically report on the C677T and A1298C variants.
- **Medical Genetic Testing:** Healthcare professionals can order targeted genetic tests specifically looking for the C677T and A1298C variants. This method ensures accurate and detailed information regarding MTHFR mutations.
- A great clinic for testing which I highly recommend is:
  Brighter Dawn Clinic
  505 Roadcap Rd.
  Millersburg, PA 17601
  717-447-2910

SUPPLEMENTS FOR MTHFR MUTATION:

Individuals with MTHFR mutations may benefit from specific supplements to support methylation and reduce homocysteine levels. Methylated B vitamins play a crucial role in supporting individuals with MTHFR mutations, as these mutations can impact the proper functioning of the methylation cycle. Methylated B vitamins, in their active forms, are particularly important for individuals with MTHFR mutations because these mutations can hinder the conversion of folate to its active form, 5-methyltetrahydrofolate (5-MTHF). Generic supplements or low-quality supplements, in turn, can be very hazardous to your health for those suffering from this mutation and you want to avoid any supplement with regular **Folic Acid.** Instead, you want to use Folate forms like **Quatrefolic** which is a patented trademark form of **Folate.** It is vital to use quality supplements of the highest standard such as Nutritional Frontiers brand. Their B vitamin is called **Super B Complete** and I recommend it.

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HERE'S AN OVERVIEW OF THE ROLE OF METHYLATED B VITAMINS FOR THOSE WITH MTHFR MUTATIONS:

Methylfolate

Primary Role:
Methylfolate is the active form of folate, and it is a key component in the methylation cycle. Individuals with MTHFR mutations often have reduced ability to convert folate to its active form, leading to lower levels of 5-MTHF.

Benefits:
- Supports DNA synthesis and repair.
- Facilitates the conversion of homocysteine to methionine, helping to regulate homocysteine levels.
- Aids in neurotransmitter synthesis, potentially benefiting mood and cognitive function.
- Supports cellular methylation processes crucial for overall health.

Methylcobalamin

Primary Role:
Methylcobalamin is the active form of vitamin B12, and it is involved in the methylation of homocysteine to methionine within the methylation cycle.

Benefits:
- Supports the production of red blood cells and helps prevent megaloblastic anemia.
- Facilitates proper neurological function and may alleviate symptoms related to nerve damage.
- Works synergistically with methylfolate to support methylation processes.

Pyridoxal-5-Phosphate or P5P

Primary Role:
Pyridoxal-5-phosphate is the active form of vitamin B6, and it is involved in various enzymatic reactions, including those related to amino acid metabolism and neurotransmitter synthesis.

Benefits:
- Supports the conversion of homocysteine to cysteine, aiding in homocysteine regulation.
- Facilitates the synthesis of neurotransmitters such as serotonin and dopamine.
- Contributes to overall cellular health and metabolism.

Riboflavin (Vitamin B2) & Thiamine (Vitamin B1)

Primary Role:
While not directly involved in the methylation cycle, these B vitamins play supportive roles in energy metabolism and cellular health.

Benefits:
- Riboflavin supports the activity of the MTHFR enzyme, indirectly influencing methylation processes.
- Thiamine is essential for cellular energy production and can indirectly impact overall health.
- For individuals with MTHFR mutations, supplementing with the active forms of B vitamins (methylated B vitamins) can bypass the enzymatic challenges associated with the mutations. This supplementation aims to ensure that the necessary cofactors are available for the methylation cycle, supporting overall health and mitigating potential symptoms associated with impaired methylation. However, as with any supplementation, it is important to consult with healthcare professionals to determine appropriate dosages and ensure individual needs are met.

NUTRITION PLAN FOR INDIVIDUALS WITH MTHFR MUTATION & OVERALL HEALTH:

Crafting a nutrition plan that supports methylation and addresses potential nutrient deficiencies is crucial for individuals with MTHFR mutations.

Here are a few things to help tailor for specific needs:

1. **Folate Rich Foods:** Focus on natural sources of folate, which is the bioavailable form of vitamin B9. Leafy green vegetables (spinach, kale, broccoli), legumes (lentils, chickpeas), and avocados are excellent choices. Choose whole, unprocessed foods to ensure a balance of nutrients and avoid synthetic folic acid, which may be challenging for individuals with MTHFR mutations to convert to its active form.
2. **Methylated B Vitamins as discussed:** Opt for supplements that provide methylated forms of B vitamins. Methylated forms, such as methylfolate (5-MTHF) for folate and methylcobalamin for vitamin B12, are more easily utilized by the body and can bypass potential issues related to MTHFR mutations. Include foods rich in B vitamins, such as lean meats, fish, eggs, and dairy products. For those with MTHFR mutations, emphasizing these dietary sources can be beneficial.
3. **Avoid Synthetic Folic Acid:** Since individuals with MTHFR mutations may have difficulty converting synthetic folic acid into its active form, it's advisable to limit or avoid foods fortified with folic acid and instead opt for naturally occurring folate.
4. **Omega 3 Fatty Acids:** Include sources of omega-3 fatty acids, such as fatty fish (salmon, mackerel, sardines), flaxseeds, and walnuts. Omega-3s are essential for brain health and may offer additional support for individuals with MTHFR mutations. Or supplement with Omega 3, or SPM.
5. **Consume Antioxidant Rich Foods:** Consume a variety of antioxidant-rich foods, including berries, citrus fruits, and colorful vegetables. Antioxidants help combat oxidative stress, which individuals with MTHFR mutations may be more susceptible to.
6. **Limit processed foods and additives:** Minimize the intake of processed foods, which may contain synthetic additives and preservatives. Focus on whole, nutrient-dense foods to support overall health.
7. **Hydration:** Adequate hydration is essential for optimal cellular function. Water helps in the elimination of toxins and supports various physiological processes.

SUPPLEMENTATION WITH METHYLATED B VITAMINS:

A comprehensive formula such as **Frontier Men's Complete, Woman's Complete, Super B Complete or Neuromax** will contain all the right forms and amounts of the B Vitamins for individuals with an MTHFR mutation or anyone who is looking for more energy and the benefits of a good multivitamin or B Vitamin.

An excellent supplement on the market is EnerDMG!
One nutrient many people do not know about is Di-methyl-glycine. Better known as DMG, this one nutrient should be a foundation in any supplement program. DMG plays a crucial role in the methylation cycle, **similar to the MTHFR enzyme as DMG can serve as a methyl donor,** aiding in these essential processes. DMG aids in improved Oxygenation Utilization and this can be particularly beneficial for individuals with MTHFR mutations, as impaired methylation may affect the production of red blood cells and, consequently, oxygen transport.

Benefits of DMG for those with MTHFR Mutation:

- Enhanced Methylation Support: DMG can act as a methyl donor, providing an alternative pathway for methylation support where the conventional methylation pathway might be compromised.
- Homocysteine Regulation: MTHFR mutations can lead to elevated homocysteine levels, which can pose cardiovascular risks. DMG has been suggested to help regulate homocysteine levels, potentially mitigating some of the cardiovascular concerns associated with MTHFR mutations.
- Improved Energy Levels: As a contributor to improved oxygen utilization, DMG may help enhance energy levels. This can be beneficial for individuals with MTHFR mutations who may experience fatigue or low energy.
- Neurological Support: Methylation is crucial for the production of neurotransmitters, and MTHFR mutations have been linked to neurological symptoms. DMG's role in the methylation cycle may offer neurological support, potentially alleviating some of the mood and cognitive issues.

Supplementation with DMG:
For individuals with MTHFR mutations, DMG supplementation may be considered as part of a comprehensive approach to managing associated symptoms. Between 300 and 500 mg can be administered in liquid or chewable form. EnerDMG, by Nutritional Frontiers is an incredible add to any protocol but vital for those with MTHFR mutation.

SUPPLEMENT REVIEW CHECKLIST:

- EnerDMG
- Super B Complete
- Neuromax
- Frontier Men's Complete
- Women's Complete

CONCLUSION:

Methylation is the key to health through cellular repair and detoxification of the body. Today, MTHFR mutations are more common than ever before. According to the Rare Disease Day at the NIH about 30 to 40 percent of the American population may have a mutation at gene position C677T. Roughly 25 percent of people of Hispanic descent and 10 to 15 percent of Caucasian descent are homozygous for this variant. This is no longer a question of IF someone has a mutation or issues with methylation, this is now a statement of, "How bad is it?"

Understanding the MTHFR mutation and its variants is crucial for individuals seeking insights into their genetic predispositions. Testing can provide valuable information, allowing for personalized approaches to manage associated symptoms through lifestyle changes and targeted supplementation. As with any genetic information, consulting with healthcare professionals is essential to make informed decisions about managing MTHFR-related concerns and to develop an individualized nutrition plan based on specific needs, lifestyle, and any existing health conditions. A healthcare professional can also help to determine if supplements are necessary based on individual requirements and potential nutrient deficiencies. Make sure you are always using quality supplements like Nutritional Frontiers brand that offer the right forms, the right amount and nothing else. Everyone benefits from a well-rounded nutrition plan focusing on natural, whole foods and for those with MTHFR mutation, considering the unique needs associated with mutations can play a significant role in managing symptoms and promoting overall health.

Tracey Stroup is a Naturopathic Doctor, Certified Natural Health Professional, Level 2 Digestive Specialist, Master Herbalist, and an Aroma Therapist. Dr. Stroup began her career in the personal training and sports injury space after attaining a B.S. in Exercise and Sport Science from the Pennsylvania State University. She has enjoyed a rewarding and evolving career in the health and wellness industry for the last 25 years. Dr. Stroup is a sought-out speaker and presenter for medical freedom, functional medicine in the space of complementary care and as an expert in the supplement world pertaining to understanding protocols, products and ingredients. Dr. Stroup is an educator and mentor for the masses where she teaches biblical wellness and abiding in Christ in all that He has created and said it was Very Good. (Genesis 1:31) Currently, Dr. Stroup is Vice President of Innovation and Growth at GetHealthy.store where she is the influencers, influencer; helping those in the limelight, refine and strategize their businesses to be more effective in helping the masses. But more importantly, Tracey is a wife, mom, and a lover of Jesus Christ.

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Prenatal, Postnatal & Lactation Support

Momma 2B Tea TOP SELLER

Women have found it helpful to drink one quart daily the last five months of pregnancy. Use 1/4 cup of tea mix to one quart of boiling water. Let stand for fifteen minutes. Strain and sweeten. Add ice to make two quarts. This makes a two day supply. When taken faithfully these herbs may help shorten labor. Ingredients: Red Raspberry Leaf, Alfalfa Leaf, Nettle Leaf.

NA3005 (4 oz.) $11.99

Prenatal Kit

Complete Clinical Pre-Natal Kit provides a comprehensive array of nutrients specifically formulated, and conveniently packaged, to support both the mother and the developing fetus. The proper balance of vitamins, minerals, fatty acids, and other key nutrients ensures that the nutritional demands of such a profound period of growth are met without burdening the delicate symbiosis with excessive amounts of any one nutrient.

Serving Size: 1 Packet twice daily

NA8103-060 (60 packets) 60 servings $58.50

Prenatal & Postnatal Support TOP SELLER

Designed with care to meet the high nutritional needs of women who are expecting, or preparing to have a child. This all-natural product provides a comprehensive prenatal formula with a unique blend of high-quality, non-synthetic Albion® chelated minerals and vitamins. Weibes Spezial Plus also includes bioavailable nutrients that support the digestive system, as digestive discomfort is common while expecting, as well as nutrients that support the immune system.? MTHFR Compatible.

Serving Size: 6 Capsules

WS5135 (180 Caps.) 30 servings $44.95

Prenatal Plus TOP SELLER

Welcome to Chupps new improved prenatal! Now with red raspberry, ginger, DHA and lots of calcium. Great for mothers that need added support.

Serving Size: 4 Tablets

CHU1182 (120 Tabs.) 30 servings $22.80

Prenatal One TOP SELLER

Prenatal One High Potency Multivitamin supports healthy moms and babies from conception through nursing! This once-daily comprehensive multivitamin is now Non-GMO Project Verified and delivers clinically researched ingredients in potencies that meet or exceed daily values of key nutrients for prenatal care. Folate, calcium, choline, and gentle on the stomach iron, nourish Mom's health and Baby's development. A high-potency B-complex promotes natural energy production and nervous system health. Vitamins C and D, Zinc, and a shelf-stable probiotic are included to support immune and cellular health. The essential nutrients are combined with a nourishing rainbow blend of superfoods which includes nutrient rich spirulina, beet, broccoli, kale, spinach, blackberry, blueberry, carrot, and cranberry. The formulation is rounded out with an advanced Digestive Support Blend designed just for Mom and Baby.

Serving Size: 1 Tablet

RLN1725 (120 tabs.) 120 servings $36.00

Mama Bear Prenatal TOP SELLER

Made with whole food ingredients, Mama Bear Prenatal is an herbal blend you will love. Mom-to-be, this prenatal has all of the recommended vitamins and minerals you are looking for in a more natural form, making them easier for your body to process. MTHFR Compatible.

Serving Size: 4 capsules

SPR6215 (120 Caps.) 30 servings $35.99

Prenatal Multi Gummy "mykind organics" TOP SELLER

Enjoy the wonderful ride to motherhood with mykind Organics Prenatal Multi Gummies—Certified USDA Organic and Non-GMO Project Verified fruit and vitamin gummies. Made with nine organic whole fruits in every bottle—no synthetic vitamins—mykind Organics Prenatal Multi gummies come in a great-tasting organic berry chew made with pectin from non-GMO apples and organic orange peel—no pig gelatin. Mykind Organics Prenatal Multi Gummies Benefits; Contains 600mcg of folate, With 800IU Vegan D3, Made with only whole food ingredients, mykind Organics Prenatal Multi Gummies have targeted ingredients to support mom and her baby. Iron Free.

Serving Size: 4 gummies daily with food.

GO2030 Berry (120 ct.) 30 servings $27.65

Mother to Be Master Prenatal

Mother to Be™ is an exquisite multiple built specifically for those who want the very best for the baby they are carrying. It is said that a woman transfers huge amounts of her "essence" to her child during gestation and at delivery. Mother to Be™ helps build this essence so that both mother and child are stronger during pregnancy and at that wondrous moment of birth. MTHFR Compatible.

Serving Size: 3 per day

PEL1202 (90 Tabs.) 30 servings $37.60

Women's Prenatal Multivitamin & Mineral

Women's Prenatal Multivitamin & Mineral is a comprehensive, whole food-based supplement optimized for support from conception to birth and throughout breastfeeding. Non-GMO and 100% vegan, this formula contains bio-enhanced active vitamin and mineral complexes for maximum absorption. Additional whole food nutrition is supplied by Farm Fresh Factors™, made from raw, organic, nutrient-rich plants. Two tablets a day provide the adequate amount of folic acid, iron, vitamins B6 and B12, and many other essential nutrients, helping to reduce the risk of neural tube defects and prevent iron deficiency anemia. The recommended daily dosage also provides 100 mg each of magnesium and calcium, 1000 IU of vitamin D, and other nutrients vital for building healthy bones, cartilage, teeth and gums, and for red blood cell production and muscle activity. MTHFR Compatible.

Serving Size: 2 Tablets

NFN5517 (60 Tabs.) 30 servings $36.99

Bloom Prenatal Vitamin

Bloom within! Our Prenatal Plus vitamin contains all the core nutrients you need to support your body when trying to conceive and supports you and your growing baby once pregnant. Made with 20 essential nutrients to support both mom and baby. Formulated with 1mg of folate, Choline, vitamin D3, and the most gentle form of iron (to prevent constipation). Added ginger and peppermint may support the relief of morning sickness along with vitamin B6. MTHFR Compatible.

Serving Size: 2 Capsules

BI2012 (60 Caps.) 30 servings $24.10

Bloom Prenatal Vitamins Kit

Each Kit comes with a month's supply of the three supplements recommended for a healthy pregnancy: Essential Prenatal, Prenatal DHA, and a Probiotic. Support fetal growth and development and reduce morning sickness . Relieve constipation. Contains Folate (1mg), Vitamin D3 (50mg), Iron (20mg), Choline (30mg), and Algae DHA/EPA Omega 3. MTHFR Compatible.

Serving Size: 1 Packet

BI2010 (30 Packets) 30 servings $40.70

Prenatal Multi

Prenatal Multivitamin and mineral provides specially balanced potencies for pregnant or lactating women, including Buffered Vitamin C to avoid possible stomach discomfort.

Serving Size: 2 capsules up to 2 x a day

NW15900 (180 Caps.) 90 servings $22.55

Prenatal Multi Gummy "Alive"

Complete multi-vitamin formula with premium DHA from algae: Supports healthy eye and brain development with life'sDHA. Full B-Vitamin complex with 8 B-Vitamins.
Orchard Fruits™ and Garden Veggies™ blend.
Sweetened with organic tapioca and dried cane syrups.
Pectin-based gummies (no gelatin).
Delicious Strawberry and Lemon fruit flavors.
Easy alternative to swallowing pills.
Provides 150 mg fruit/vegetable powder, dried juice and extract per serving.
Strawberry & Lemon fruit flavors. Iron Free.

Serving Size: 3 per day

NW10482 (75 Ct.) 25 servings $19.30

Prenatal Multiple

Liquid Health Prenatal Complete Multiple is specifically designed to address all nutritional needs of women before, during, and after pregnancy by supporting Mom and Baby's well-being at the cellular level with an all-inclusive profile of full-spectrum natural elements in liquid form. New comprehensive formula updated with bioavailable methyl-folate and ultra-gentle iron from SunActive® Iron. Great tasting and naturally sugar free.

Serving Size: 2 Tbsp

LH70015 (32 fl. oz.) 32 servings $32.00

PreNatal Plus DHA Complete

Designed for the Special Nutritional Needs of the Mother-To-Be. Buried Treasure designed PreNatal Plus DHA Complete for use prior to conception, during pregnancy, and while breastfeeding to assure constant nutritional support during these three vital stages of life.
Pregnancy is a time of wonder, discovery and personal growth. Your role as a loving, nurturing mother begins even before you become pregnant. Nutrition plays one of the most important roles in prenatal care because not only are you keeping your body healthy, but you are providing the building blocks for your baby's body and mind.

Serving Size: 1 Tbsp

BT4040 (16 fl. oz.) 32 servings $30.51

Prenatal DHA

Prenatal DHA provides 500mg DHA plus DPA and vitamin D3 in one convenient softgel to support baby's brain development. This is not a Prenatal multivitamin, be sure to also take a prenatal multivitamin supplement.

Serving Size: 1 Softgel

GO3650 (30 Gels.) 30 servings $26.25

Birth Prep TOP SELLER

A unique whole herb formulation designed to support an expecting mother's body for the last 6 weeks of pregnancy to prepare her physically for the birthing process.
Ingredients: Squawvine Herb, Blessed Thistle Herb, Black Cohosh Root, Pennyroyal Herb, False Unicorn Root, Red Raspberry Leaf & Lobelia Herb.
Directions:
Take 1 capsule daily for the 1st week.
Take 2 capsules daily during the 2nd week
Take 2 capsules 3 times a day for the 3rd week and thereafter or as directed by your health care professional. 6 capsules daily is the maximum dosage suggested. To be taken ONLY in the last 6 weeks of pregnancy.

Serving Size: 2 capsules

DC89127 (100 Caps.) 50 servings $27.90

P-6 Formula

Suggested use is for the last 6 weeks of pregnancy to help with better, easier birth. One bottle lasts 6 weeks.
Directions: As an herbal supplement or as recommended by your healthcare professional, use only in the last six weeks of pregnancy. Take one (1) capsule, three times a day for the first 2 weeks, then two (2) capsules, 3 times a day or as recommended by your healthcare professional.

Serving Size: 1 capsule up to 3 x a day

CHU1 445mg (200 Vcaps) 200 servings $29.60

P-9 Formula TOP SELLER

Helps with morning sickness and with easier childbirth. 6 bottles are needed for all 3 trimesters of pregnancy.
Directions: As an herbal supplement or as recommended by your healthcare professional, during pregnancy take three (3) capsules or more each morning. For severe morning sickness increase dosage as needed.

Serving Size: 3 per day

CHU2 450 mg (180 Vcaps) 60 servings $24.00

Ninth Month Formula

Combination of herbs that may help tone and prepare the body for smoother and less painful childbirth and have traditionally been used to welcome a new baby. Care was taken in birthing this formula to use only herbs safe for mother and baby. Rest, nourishment, and gentle exercise are best in preparing Mom for bringing a child into the world. Warning: Do not take before the 36th week of pregnancy. May increase uterine activity prematurely. Best used under the guidance of a qualified health care provider.

Serving Size: 3 droppers up to 3 x a day

NA1050-004 (4 fl.oz.) 48 servings $34.20

Full Term

Precious times call for treasured herbs. This proprietary blend was designed to provide tonic uterine support through every phase of a healthy pregnancy. Full term may be taken 3-4 times a day for a few weeks at a time. More frequent doses may be taken as necessary for 3-5 days in a row. Please talk with your health care provider to discuss more frequent or long term use.

Serving Size: 2 droppers up to 4 x a day

NA1037-004 (4 fl. oz.) 72 servings $34.40

Red Raspberry Leaves TOP SELLER

Red Raspberry assists in cleansing a canker condition of the mucus membranes in the alimentary tract while leaving the tissue toned. In pregnancy, the infusion, if taken regularly, may help sooth premature pains, while producing a safe, easy and speedy delivery. Red raspberry may also help balance hormones.

Serving Size: 2 capsules up to 2 x a day

DC86768 500 mg (100 Caps) 50 servings $21.05

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Brighter Mornings

Ladies, did you ever wake up first thing in the morning with a wave of nausea? When this occurs during pregnancy it is often referred to as "Morning Sickness". Many experience this for the first three months of pregnancy and some experience it for the entire duration! There are others going through menopause and hormonal changes that also may experience waves of nausea. Still others struggle with nausea for seemingly little or no good reason. Men may sometimes feel a bit nauseated, too. To support your body's attempts at calming the nausea, we developed Brighter Mornings, an elixir of organic herbs: Catnip, Chamomile, Fennel Seed, Fresh & dried Ginger, along with Peppermint & Spearmint oil and Organic Apple Cider vinegar.

Serving Size: 4 Droppers

NA1069-002 (2 fl. oz.) 18 servings **$15.99**
NA1069-004 (4 fl. oz.) 36 servings **$28.80**

Digestive Tonic TOP SELLER

Ginger combined with Peppermint, Catnip and Fennel makes a great tasting formula to support healthy digestive function. Digestive Tonic is a favorite of travelers and expecting women to keep one's breakfast where it belongs. Suggested use: 2-6 droppers, 1/3-1 tsp., 3-4x a day. Can be diluted in a half glass of water and sipped slowly for relief.

Serving Size: 2 Droppers

NA1013-002 (2 fl. oz.) 36 servings **$16.80**
NA1013-004 (4 fl. oz.) 72 servings **$31.20**

Mother & Child PostNatal TOP SELLER

A woman's nutritional needs change after delivery; this Mother & Child™ formula was designed for women who are recovering from delivery and are breast feeding. With so much of the body's energy devoted to healing and producing nourishing milk for a child, a comprehensive multiple vitamin is important. Mother & Child™ is a thoughtful blend of vitamins and minerals, enzymes, Superfoods, herbs, and phytonutrients. Mother & Child™ is great for every new mother.*

Serving Size: 4 per day

PEL1302 (120 Tabs.) 30 servings **$39.95**

Milk Plus TOP SELLER

Special blend of herbs to support a nursing mother contains tonic and nutrient rich herbs traditionally used to increase supply and richness of breast milk. Rest, relaxation, nourishing food and water are all very important to nursing mothers.

Serving Size: 2 droppers up to 4 x a day

NA1004-002 (2 fl. oz.) 36 servings **$15.99**
NA1004-004 (4 fl. oz.) 72 servings **$28.80**

Milk Plus Tea

Nourishing blend of nutrient rich herbs traditionally used to support a nursing mother. Tastes good enough to easily drink the recommended 2-4 cups a day. Ingredients: Marshmallow root, Fennel seed, Alfalfa leaf, Stinging Nettle leaf, Chamomile flower, Anise seed, Oat straw, Lemon balm herb, Blessed Thistle herb, Fenugreek seed, Stevia leaf.

NA3010 (4 oz.) **$11.99**

Go-Lacta TOP SELLER

500 mg vegan capsules packed with 100% premium Moringa leaves. A single-ingredient supplement rich in nutrients while providing expectant and nursing moms the path to producing breast milk for their babies. For prenatal care, take 2 capsules twice a day on your 36th week of pregnancy to boost your breast milk supply soon as you deliver baby. For moms who have already given birth, the initial dose is 2 capsules, twice a day. You may increase or decrease the dose depending on your desired milk supply.

Serving Size: 2 Capsules

SPN1295 500mg (180 Vcaps) 90 servings **$49.95**

Moringa TOP SELLER

Futurebiotics® Moringa is derived from pure Moringa oleifera leaves. Moringa is considered to be one of the richest botanical sources of nutrients on earth. In fact, nutrient-dense Moringa is often referred to as a super food or miracle plant, with virtually every part of the tree being of value. Traditionally, Moringa has been used not only to help meet nutritional needs but also for other health purposes such as weight loss, hormonal balance, depression, and breast milk production.

Serving Size: 1 Capsule

FB6502 5000mg (60 Vcaps.) 60 servings **$17.50**

Lactation Formula TOP SELLER

A synergistic blend of herbs for nursing mothers. This fast & effective formula contains 11 carefully chosen herbs that are historically known to be used by nursing mothers to overcome the obstacles associated with breast feeding. If you look at this formulation carefully you will find that both the mother & babies nutritional needs are considered in the supplementation. This calming formula contains two of the most important considerations by nourishing both the mother & child.

Serving Size: 2 capsules up to 3 x a day

DC89144 (100 Caps) 50 servings **$18.20**

More Milk Special Blend

An alcohol-free liquid concentrate in vegan capsules. This formula blends the herbs in More Milk Plus with Goat's Rue. Specially formulated at the request of lactation consultants, this product can help the development of mammary tissue and boost breast milk supply for women who did not increase in breast size during pregnancy, women who have had previous breast surgery, and adoptive mothers. Not for use during pregnancy. Ingredients; goat's rue herb*, fenugreek seed*, blessed thistle herb*, nettle leaf*, fennel seed*, non-GMO soy lecithin, vegetable cellulose, medium chain triglycerides. Suggested Use. Take 1 capsule 4 times per day. Women over 175 lbs take 2 capsules 3 times per day.

Serving Size: 2 capsules

ML9901 (60 Caps.) 30 servings **$26.99**
ML9902 (120 Caps.) 60 servings **$45.99**

Goat's Rue

Goat's rue is known to optimize milk supply, as well as support the development of mammary tissue.

Serving Size: 1 Capsule 4 x daily

ML4300 (60 Caps.) 15 servings **$26.99**
ML4302 (120 Caps.) 30 servings **$45.99**

Calcium & Magnesium

Herb Cal-Mag Syrup

Herb Cal-Mag Syrup starts with classic, organic wild-crafted, high mineral herbs like Stinging Nettles, Horsetail, and Alfalfa, carefully extracted with non-GMO Palm Glycerin, Organic Cane Alcohol and Organic Apple Cider Vinegar, to increase the bioavailability of the minerals. Then we add Aquamin™ Calcium and Magnesium, which due to its pure, natural, and un-refined origin in the pristine waters of the Celtic Sea, have more than 70 trace minerals as well. They are blended into an Organic Blueberry Juice and Wildflower Honey base, which also helps increase the assimilation of the minerals in the whole formula.

Serving Size: 1 Teaspoon up to 3x per day

NA1075-004 (4 fl. oz.) 24 servings **$29.75**
NA1075-008 (8 fl. oz.) 48 servings **$52.50**

Vitamin Code Raw Calcium TOP SELLER

Vitamin Code RAW Calcium is a whole food plant calcium formula with magnesium, vitamin D3 and K2 (MK-7). Vitamin Code RAW Calcium is clean, meaning no synthetic binders or fillers, artificial flavors, sweeteners, colors or additives commonly used in tablets. Whole food means RAW Food-Created Nutrients are blended in a base of 24 fruits and vegetables together with food cofactors and 73+ naturally occurring trace minerals. Plus, Vitamin Code RAW Calcium has 1,600IU of vitamin D3 to help your body utilize calcium efficiently, and 100mcg of vitamin K2 as MK-7 and magnesium to promote proper absorption of calcium in the bone, where you want it most.

Serving Size: 4 capsules

GO1659 (120 Caps.) 30 servings **$45.75**

Super Cal Plus TOP SELLER

Super Cal Plus is a synergistic formula that contains 6 well-researched nutrients to:
- Support the organic and inorganic matrix of bone
- Support hormone balance
- Provide bioavailable minerals for bone health
- Support bone density

MCHC Microcrystalline hydroxyapatite is whole bone food and provides a highly absorbable and a superior source of calcium. This source of calcium also provides other essential minerals (such as magnesium, potassium, zinc, copper, manganese, silicon, and iron) and protein growth factors proven to support bone health and strength.

Serving Size: 4 Capsules

NFR120 (120 Vcaps.) 30 servings **$39.20**

Calcium Citrate TOP SELLER

Calcium citrate is a readily digested and absorbed form of calcium, a mineral that is necessary for the maintenance of bone health. Vitamin D, magnesium, zinc, copper, and manganese have been included for their essential roles in bone metabolism.

Serving Size: 2 per day

NO1232 (250 Tabs) 125 servings **$26.10**

Calcium Citrate

Calcium is an essential mineral to build healthy teeth and bones and to support muscle function. If you aren't getting the required amount of calcium from your daily diet, ensure you're giving your body the nutrients it needs with this potent calcium blend. Nature's Way Calcium Citrate is a blend of citrate, malate, and carbonate forms to help support bones and muscles.

Serving Size: 2 Capsules

NW10670 500mg (100 Caps.) 50 servings **$9.90**

Herbal Calcium

A synergistic blend of herbs for calcium & other minerals. Calcium is important to keep our bones, hair, teeth, skin, & nails healthy.

Serving Size: 2 Capsules

DC98030 (100 Caps.) 50 servings **$18.20**

Alive Calcium

While many supplements contain calcium from limestone rock or animal bones, Alive! Calcium provides calcium and 70+ trace minerals in a natural food matrix that may be easier for the body to digest, absorb and utilize. 100% whole food calcium & vitamin C plus vitamin D3, vitamin K2, magnesium, boron and synergistic minerals.

Serving Size: 4 tablets or 2 gummies up to 2 x a day

NW15839 (120 Tabs) 30 servings **$33.50**
NW15849 Gummies (60 Ct.) 30 servings **$12.60**

Alkaline Calcium Chewable

A delicious chewable alkaline calcium. Bavarian cream flavor and safe for children.

Serving Size: 1 Wafer 3 x daily

CHU704 (100 Wafers) 100 servings **$12.25**

BonePlus Calcium

A healthy blend using a highly absorbable form of calcium. Promotes bone formation and strength. Helps with osteoporosis.

Serving Size: 6 Capsules

OH1064 (90 Caps.) 15 servings **$28.20**

Min-Col Forte

Daily Min-Col® Forté is a natural mineral phosphate supplement. Min-Col® is a unique nutritional supplement and each capsule provides 100mg of Calcium (from 334 mg of Min-Col® soft rock phosphate and 209mg of Calcium Gluconate). One scoop (450 mg) provides 81 mg of Calcium (Soft Rock Phosphate). Now available in powder!

Serving Size: 1 Capsule or 1 Scoop

DM2507 (100 Caps.) 100 servings **$12.80**
DM2508 (250 Caps.) 250 servings **$25.60**
DM2510 Powder (6 oz.) 378 servings **$27.20**

Osteo Cal Food

A 100% food base calcium with all the co-factors needed for its absorption. Contains; Vitamin C, Vitamin D, Vitamin k12, Folate, Vitamin B12, Calcium, Phosphorus, Magnesium, Proprietary Blend, Panax notoginsing extract, Astragalus, Silica, Boron, Black Pepper.

Serving Size: 6 Capsules

NN7040 (180 Caps.) 30 servings **$54.95**

Calcium D-Glucarate

Calcium D-Glucarate is the calcium form of D-glucaric acid, a substance produced naturally in small amounts in the body. Glucaric acid is also found in many fruits and vegetables. Scientific studies have found that Calcium D-Glucarate can facilitate complete detoxification and elimination of certain metabolic waste products and environmental compounds from the body. By supporting the body's natural cleansing mechanisms, Calcium D-Glucarate may help to maintain normal cellular function and promote liver, prostate, and breast health.

Serving Size: 1 Capsule

NO3097 500mg (90 Vcaps.) 90 servings **$31.90**

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Coral Calcium TOP SELLER

NOW® Coral Calcium contains an alkaline form of Calcium that can help to support a healthy serum pH. In addition, Coral Calcium has naturally occurring trace minerals that are important for bone health, as well as for optimal enzymatic activity. NOW® Coral Calcium is not harvested from living coral reefs or even from the ocean environment, but from above-ground sources in an ecologically friendly manner.

Serving Size: 1 capsule up to 2 x a day

NO1273 1000mg, (100 VCaps.) 100 servings $14.50
NO1279 1000mg, (250 VCaps.) 250 servings $29.00

Coral Calcium w/ConcenTrace

Coral Calcium is a dietary supplement sourced from pure ecologically safe, bio-available coral calcium, combined with a proprietary nutritional blend to provide one of the best pH balanced coral calcium formulas available. We also added vitamins and minerals to support bone health & immunity.

Serving Size: 2 Capsules

TM2060 (60 Caps.) 30 servings $36.10

Acid-A-Cal

Enhances calcium absorption and supports healthy pH balance.

Serving Size: 2 Capsules 2 x daily

ENT1151 (100 Caps.) 50 servings $17.60

Calcium Lactate +

Calcium Lactate + ™ is intended for those who would like mineral salt calcium and magnesium support. Calcium supports healthy bones, and is also involved with muscle contractions, nerve conduction, and cell membranes.

Serving Size: 4 Capsules

DOC3010 (180 Caps.) 45 servings $28.98

Calcium Lactate "Now"

NOW® Calcium Lactate is a stable and bioavailable form of phosphorus-free Calcium. Calcium is a mineral that is essential for the growth and maintenance of healthy bones and teeth. Calcium is also critical to many body functions, including normal muscle contraction, nerve conduction, and vascular function. Caution: For adults only.

Serving Size: 3 capsules up to 2 x a day

NO1260 (250 Tabs.) 83 servings $14.50

Calcium Lactate "Chupps"

A favorite for lactating mothers to help with better milk flow as well as bone health. Directions: Take 3 tablets 1 - 2 x daily with food.

Serving Size: 3 Tablets 1 - 2 x daily

CHU702 255mg (250 Tabs.) 83 servings $19.20

Calphonite #38

The calcium in #38 Calphonite™ is absorbed 8 times more readily than the calcium in bone meal or regular dicalcium phosphate, permitting assimilation into the bloodstream within an hour and a half.

Serving Size: 1 Tablespoon

VE0038 (15 fl. oz.) 30 servings $25.65

Calcium 'Ionic'

Ionic Calcium is a concentrated liquid dietary supplement that provides calcium in an ionic form–the form most widely recognized by the body. Calcium is essential for healthy nerves, muscles, and bones. 47 percent of calcium in blood plasma is ionized, the same type found in Ionic Calcium. It also contains a full spectrum of concentrated ionic trace minerals.

Serving Size: 1/4 teaspoon

TM1040 200mg (2 fl. oz.) 48 servings $16.45

Calcium Ionic

Calcium, the most plentiful mineral found in the human body, ideally comprises 1.5 to 2% of an adult's total body weight. Every cell and organ in the body depends on Calcium for proper functioning. Teeth and bones contain the majority of the body's Calcium (about 99%), where it is stored for future uses. Eidon's ionic liquid Calcium is bioavailable and quickly absorbed. Vegan and Gluten-Free.

Serving Size: 1 Tbsp

EIM0031 (18 fl. oz.) 36 servings $16.35

ReCalcia "Ionic Calcium"

Calcium is vital for the strength and development of bones and teeth. Along with magnesium, it transmits nerve and muscle impulses and stabilizes cell membranes, decreasing their permeability to cellular toxins and allergens. Calcium is also necessary for proper blood coagulation. 300 mgs per serving

Serving Size: 1 teaspoon

RNA1010 (8 fl. oz.) 48 servings $48.65

Calcium Plus

Buried Treasure™ Calcium Plus provides an advanced, comprehensive formula for strong, healthy bones. By combining the bone building benefits of high quality calcium citrate, Vitamin D, and a full spectrum of complimentary minerals. Calcium Plus offers the latest nutritional advances in bone health, and is an excellent bone-supporting formula for men and women of all ages.

Serving Size: 2 Tablespoons

BT5678 Blueberry (17 fl. oz.) 16 servings $22.05

Calcium Complex

100% Food Calcium Complex is a plant source of calcium.

Serving Size: 3 Tablets

DOC2272 (270 Tabs.) 90 servings $53.75

Cal-Mag Complex

Cal-Mag Complex is a 100% vegan Food supplement that is intended to supply 100% Food minerals and vitamins to support optimal bone health.

Serving Size: 3 Tablets

DOC2140 (90 Tabs.) 20 servings $38.00
DOC2150 (270 Tabs.) 90 servings $94.00

Complete Calcium & Magnesium 1:1 TOP SELLER

Complete Calcium & Magnesium 1:1 is formulated with high quality ingredients to help maintain healthy bones and joints. It has a unique blend of calcium citrate, calcium malate and a specially precipitated calcium carbonate for maximum absorption. To increase overall effectiveness there is also magnesium, boron, potassium and nutritional enhancers like vitamins C & D, grapefruit, and horsetail. Also contains ConcenTrace, a complex of full spectrum trace minerals from the Utah's inland sea.

Serving Size: 4 tablets

TM1035 (120 Tabs.) 30 servings $19.60

Calcium & Magnesium

Helps to maintain already healthy blood pressure levels and cardiovascular health* Supports the health of bones and muscular system* Organic herbs provide synergistic trace minerals to catalyze utilization* Easy to digest even on an empty stomach

Serving Size: 2 per day

MF1232 (90 Tabs) 45 servings $34.25

Calcium & Magnesium NEW

Supports healthy bones. Promotes healthy energy production. Important for blood and tissue processes. Provides calcium and magnesium in the preferred 2:1 ratio. Lab tested for potency and quality.

Serving Size: 2 Softgels

C5172 (250 Gels) 125 servings $36.55

Cal/Mag/Zinc Liquid TOP SELLER

Liquid Cal/Mag/Zinc is a complementary blend of premium forms of calcium, magnesium, and zinc that has been supercharged with Ionic Trace Minerals to help support the assimilation and absorption of these minerals in the body. We've also included vitamin D to create a formula that provides complete nutrition to maintain bone, muscle, and connective tissue health.

Serving Size: 1 to 2 Tbsp (2 Tbsp = 1 capful)

TM1038 Strawberry (32 fl. oz.) 32 to 64 servings $34.95

Liquid Cal-Mag-Zinc

Chupps new and improved Cal-Mag-Zinc liquid! Now using a better absorbed magnesium and including a sea mineral complex. A few more ingredients and now in a strawberry flavor!

Serving Size: 1 to 2 Tbsp (1 Tbsp = 1/2 Capful)

CHU730 Strawberry (32 fl. oz.) 32 to 64 servings $25.60

Calcium & Magnesium

High bioavailable calcium/magnesium with 4 kinds of bio-reactive chelated minerals. With Vitamin D3, Boron, Silica, lysine, and trace minerals for complete bone and connective tissue support.

Serving Size: 2 Tablespoons

LH70042 (32 fl. oz.) 32 servings $28.80

Calcium Plus "Powder"

Ionic-Fizz™ Calcium Plus is a delicious beverage (actually, a powder you mix gently into water) that provides the world's best-absorbed calcium and magnesium in the ratio that best supports bones. Because its minerals enter the body in ionic form, they are absorbed better than many others you'll find. This product also provides every co-nutrient required for strong bones. It is, in short, the finest bone support supplement ever made. It can be used with any of our vitamin D series products, and with any multiple that does not supply more than 5000 IUs of vitamin D per day.

Serving Size: 1 scoop

PEL3008 Mixed Berry (7.41 oz.) 30 servings $27.05

Magnesium Anti-Stress Drink

A delicious drink to help calm and relax you, while restoring your body's optimal magnesium levels. Whole Food Magnesium Anti-Stress features whole food magnesium made using the finest brown rice, as well as, live probiotics—1 billion CFU—to support healthy digestion and regularity. So, if you're feeling stressed out or unable to sleep well, you should consider taking Whole Food Magnesium at bedtime to help you de-stress and get a good night's sleep.

Serving Size: 1 teaspoon

GO2772 Orange (7 oz.) 40 servings $21.00
GO2773 Orange (14.8 oz.) 85 servings $35.90

Mag Complete Powder

Our new effervescent magnesium powder contains a combination of highly absorbable calcium, magnesium, vitamin D, potassium, chloride, and sodium in a tasty, powdered form for ease of administration. Mag Complete Powder features Albion™ TRAACS™ minerals. These patented minerals are designed to do the stomach's work in advance by producing low molecular weight mineral compounds in which the minerals are bound to amino acids to produce natural organic chelates that can pass easily through the intestinal wall.

Serving Size: 1 Scoop

NFR1060 Lemon Lime (6.35 oz.) 30 servings $39.20

Natural Calm (Powder) TOP SELLER

Did you know that magnesium influences many bodily processes, including digestion, energy production, muscle function, bone formation, creation of new cells, activation of B and D vitamins, and relaxation of muscles, as well as assisting in the functions of the heart, kidneys, adrenals, brain and nervous system.

Natural Calm is the solution to both restoring a healthy magnesium level and balancing your calcium intake—the result of which is natural stress relief.

- The Anti-Stress Drink
- Balances your calcium intake
- Restores healthy magnesium levels

Note; Available as regular Natural Calm or as Calm Plus Calcium.

Serving Size: 2 teaspoons or plus calcuim 3 teaspoons

NC1545 Original (16 oz.) 113 servings $34.50
NC1150 Orange (8 oz.) 56 servings $21.65
NC1151 Orange (16 oz.) 113 servings $34.50
NC1010 Rasp/Lemon (8 oz.) 56 servings $21.65
NC1011 Rasp/Lemon (16 oz.) 113 servings $34.45
NC1152 Cherry (8 oz.) 56 servings $22.95
NC1153 Cherry (16 oz.) 113 servings $34.50
NC1154 Lemon (8 oz.) 56 servings $22.95
NC1155 Lemon (16 oz.) 113 servings $30.95
NC1093 Plus Calcium, Rasp/lem (8 oz.) 30 servings $22.50
NC1146 Plus Calcium, Rasp/lem (16 oz.) 60 servings $38.50
NC1148 Plus Calcium, Unflavored (16 oz.) 60 servings $38.45

Calm Gummies TOP SELLER

Snackable stress relief? Natural Vitality CALM® Gummies take the term to a whole new level. Each delicious gummy packs 83 mg of magnesium citrate so everyone—from kids to adults—can release tension from the body and calm the mind to find a relaxing sense of calm, anytime, anywhere.

Serving Size: 4 gummies

NC4308 Orange (120 ct.) 30 servings $26.50
NC3984 Raspberry/Lemon (120 Ct.) 30 servings $26.50

Magnesium Liquid

Magnesium,essential for maintaining health! Magnesium is the most abundant mineral in the body and is required for more than 300 biochemical reactions. Studies have shown that people who consume adequate amounts of magnesium are less prone to certain health problems than those with a lower magnesium intake, yet few of us actually get enough of this important mineral. As it is severely lacking in the average diet, it is wise to maintain sufficient magnesium intake throughout our life by taking a properly prepared supplement that offers maximum absorption and is safe for long-term use.

Serving Size: 20 ml.

FI4783 (8.5 fl. oz.) 12 servings $27.95
FI4729 (17 fl. oz.) 25 servings $46.95

Magnesium Plus (Powder)

Ionic-Fizz™ Magnesium Plus is a great magnesium supplement. Because it reaches the stomach in 100% liquid, ionic form, every milligram of it is instantly available for absorption. And you won't believe how good it tastes!

Serving Size: 1 scoop

PEL3108 Mixed Berry (6.03 oz.) 30 servings $22.35
PEL3109 Mixed Berry (12.06 oz.) 60 servings $35.25

Magnesium Chewables

Our brains love magnesium! These powerful yet versatile vitamins help you feel calm under stress, sleep better, and encourage mental clarity with positive thinking.

Serving Size: 1 Chewable

AC1066 (60 Chews.) 60 servings $21.80

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Magnesium Breakthrough NEW

Get all 7 forms of magnesium and transform your body and mind into the peak performance you know and deserve. Promotes a balanced stress response, feel relaxed and at peace. Sleep faster and deeper. A key nutrient for healthy immune responses. Provides an essential electrolyte to maintain healthy rhythm. Provides a key building block to strong bones. An excellent product!

Serving Size: 2 Capsules

BO0754 (60 Caps.) 30 servings $28.00

Mama Bear, Magnesium Complex NEW

Mama Bear Magnesium Complex is crafted with four forms of magnesium to offer support for expecting mothers. Having enough magnesium is always important but is especially important during pregnancy because the body needs to supply not only mom but also baby with nutrients. Specially formulated for optimal absorption and enriched with nourishing whole foods like nettles and spinach, Mama Bear Magnesium Complex provides essential nutrition during pregnancy.

Serving Size: 4 Capsules

SPR6217 (120 Caps.) 30 servings $24.00

Purely Min "Magnesium Complex" NEW

PurelyMin Magnesium complex stands out by offering a unique combination of mood and sleep supporting magnesium Threonate, highly absorbable magnesium Glycinate, and heart healthy magnesium Taurate. That's not all! It's also the only complex master formulated with stress supporting L-Theanine, a potent amino acid found in green tea, known for its calm energy effects. This innovation sets PurelyMin apart, delivering benefits beyond the ordinary magnesium supplement.

Serving Size: 3 Vcaps

NH8100 (90 Vcaps.) 30 servings $30.75

MAG-Synergy TOP SELLER

This mineral combination of Magnesium & Zinc along with Vitimin B6, in it's activated form of P5P, has been formulated to help keep Calcium in a liquid solution to prevent conditions such as kidney stones, bone spurs, and back pain. Mag-Synergy was formulated to be used for leg cramps, muscle tension, and nerve spasms.

Serving Size: 1 Capsule 2 x daily

NN7020 (120 Caps.) 120 servings $26.95

Magtein (Magnesium L-Threonate) NEW

Magnesium (Mg) is an essential mineral best known for its role in bone and nervous system function. Recent research has demonstrated that it is also critical for normal brain health and normal cognitive function by maintaining the density and stability of neuronal synapses. However, most forms of Mg are not easily absorbed into the nervous system. Magtein® & is a patented form of Mg that readily crosses the blood-brain barrier for utilization in the brain. Laboratory studies indicate that Magtein® & supports brain health and may facilitate learning and memory, as well as a relaxed mood.

Serving Size: 3 Vcaps

NO2390 (90 Vcaps.) 30 servings $34.80

Mag Glycinate TOP SELLER

Magnesium Glycinate combines magnesium and glycine. The amino acid glycine assists in absorbing magnesium into the cells. Magnesium helps stabilize your nervous system, while glycine is calming. Mag Glycinate is less apt to cause loose stools.

Serving Size: 1 per day

PS1000 120mg (90 Vcaps.) 90 servings $24.00

Chelated Magnesium "Glycinate" TOP SELLER

Magnesium is an essential mineral involved in hundreds of normal body functions. Some of the most important include promoting cardiovascular system health and supporting muscle function and bone health. Chelated Magnesium contains buffered magnesium glycinate. Chelation assists our body with transporting minerals across the intestinal wall for optimal absorption.

Serving Size: 1 Tablet

C5611 200mg (90 Tabs.) 90 servings $14.40
C5612 200mg (180 Tabs) 180 servings $27.00

Magnesium Chelate Complex

Source Naturals MAGNESIUM CHELATE COMPLEX is composed of magnesium complexed with amino acids from hydrolyzed vegetable protein, for easy assimilation and utilization. Magnesium is an essential mineral, playing a key role in over 300 enzymatic reactions in metabolism. It is involved in energy production and storage, the breakdown of fatty acids, protein synthesis, DNA metabolism, the relaxation of both voluntary and involuntary muscle tissue, neurotransmitter activity, and hormone regulation. Magnesium is stored primarily in the bones, and along with other minerals plays a role in bone metabolism.

Serving Size: 1 Tablet 1-4 x Daily

SN0318 100mg (250 Tabs.) 250 servings $19.50

Magnesium Complex

Magnesium Complex is a 100% vegan Food supplement that is intended to supply 100% Food magnesium. Magnesium is involved in 300 enzymatic steps in which components of food are metabolized and new products are formed.

Serving Size: 2 Tablets

DOC5670 (90 Tabs.) 30 servings $38.00
DOC5680 (270 Tabs.) 135 servings $93.00

Magnesium Transporters "5 Forms" TOP SELLER

NOW® Magnesium Transporters combines five different forms of magnesium for maximal absorption and utilization. Magnesium is a mineral that is critical for energy production and metabolism, muscle contraction, nerve impulse transmission, and bone mineralization. It is a required cofactor for an estimated 300 enzymes. Among the processes that require magnesium are fat and protein production, as well as glucose metabolism. Contains Magnesium (from Magnesium Citrate, Taurinate, Malate, Glycinate and Aspartate)

Serving Size: 1 Capsule

NO1305 (180 Vcaps.) 180 servings $21.75

Magnesium TOP SELLER

Magnesium is a mineral that is critical for energy production and metabolism, muscle contraction, nerve impulse transmission, and bone mineralization. It is a required cofactor for an estimated 300 enzymes. Among the reactions catalyzed by these enzymes are fatty acid synthesis, protein synthesis, and glucose metabolism. Magnesium status is also important for regulation of calcium balance through its effects on the parathyroid gland. Contains Magnesium Oxide, Magnesium Citrate and Magnesium Aspartate.

Serving Size: 1 per day

NO1283 400mg (180 Caps) 180 servings $15.95

Magnesium 400mg

100% Pure Albion® Magnesium as Glycinate Chelate, considered to be the Gold-Standard in quality minerals, for maximum bioavailability.

Serving Size: 4 capsules

EL0352 400 mg (120 Caps) 30 servings $19.75

Magnesium Citrate TOP SELLER

Magnesium is a mineral that is critical for energy production and metabolism, muscle contraction, nerve impulse transmission, and bone mineralization. It is a required cofactor for an estimated 300 enzymes. Among the reactions catalyzed by these enzymes are fatty acid synthesis, protein synthesis, and glucose metabolism. Magnesium status is also important for regulation of calcium balance through its effects on the parathyroid gland. Magnesium Citrate is easily absorbed, and NOW® Magnesium Citrate Softgels are provided in a liquid base with chelated forms for superior bioavailability.*

Serving Size: 3 softgels or 1 tsp. per day

NO1297 400mg (90 Gels) 30 servings **$12.30**
NO1294 400mg (120 Vcaps) 40 servings **$14.50**
NO1295 435mg Powder (8 oz.) 76 servings **$13.75**

Magnesium Malate TOP SELLER

HIGHLY BIOAVAILABLE - Magnesium Malate is one of the most bioavailable forms of the essential mineral magnesium. FEEL THE DIFFERENCE - Take two capsules twice daily before meals or as directed by your physician. Do not use if pregnant or nursing. Has also been used to help with constipation.

Serving Size: 2 Capsules 2x daily

NUM05319 (120 Capsules) 60 servings **$10.90**

Magnesium Orotate TOP SELLER

Magnesium Orotate supports normal, healthy nerve and muscle function while helping to regulate the healthy flow of ions across cellular membranes for increased stability. It may also help support the heart, blood vessels and tissues. KAL Magnesium Orotate tablets provide 200 mg of Magnesium per serving!

Serving Size: 2 capsules

KA7106 (120 Vcaps.) 30 servings **$13.15**

Magnesium

Helps support the health of the heart and nervous system, as well as muscle relaxation. Organic spinach is a synergistic source of minerals and life-enhancing chlorophyll. Naturally buffered and easy to digest even on an empty stomach.

Serving Size: 1 Tablet

MF1186 (60 Tablets) 60 servings **$21.45**
MF1187 (90 Tablets) 90 servings **$27.40**

ReMag "Ionic Magnesium" TOP SELLER

Created by Dr. Carolyn Dean (author of The Magnesium Miracle), ReMag® minerals are meticulously created from a pure source of magnesium chloride and developed to deliver stabilized magnesium ions that are similar in size to to the magnesium available from plants. The magnesium in ReMag® is picometer in size, which is smaller in diameter than the body's cell mineral ion channels. Its direct and complete absorption into cells means ReMag® can bypass a leaky gut and does not reach the large intestine; Dr. Carolyn Dean's ReMag® solution, therefore, does not have a laxative effect, like you may have experienced with other magnesium supplements.

Serving Size: 1/2 teaspoon

RNA1020 (8.1 fl. oz.) 96 servings **$29.95**
RNA1021 (16.2 fl. oz.) 192 servings **$54.98**

Liquid Magnesium "Citrate" 300mg

Liquid Magnesium is a great tasting dietary supplement containing a special blend of magnesium citrate and magnesium chloride from Ionic Trace Minerals to help you maintain healthy levels of magnesium in the body. It has an all natural tangerine flavor that tastes great!

Serving Size: 1 Tbsp

TM1030 (16 fl. oz.) 32 servings **$22.95**

DID YOU KNOW ?

A 'Charlie horse' cramp can be caused by a need of calcium.

Magnesium Ionic

Magnesium plays an essential role in over 300 enzyme reactions in the human body. All refined foods are lacking Magnesium, as well as most other essential minerals. Many Americans eat a highly refined diet and are, as a result, deficient in Magnesium. Supplementing with Magnesium can help to support: healthy blood sugar levels, healthy blood pressure, protein synthesis and the body to produce the antioxidant glutathione.

Serving Size: 1 Tbsp

EIM0086 (18 fl. oz.) 36 servings **$16.35**

Magnesium "Ionic"

Liquid Ionic Magnesium is a rich, concentrated liquid dietary supplement that provides magnesium in ionic form - the form most widely recognized by the body?. Our proprietary process ensures maximum absorption, while the balanced liquid form provides safety and flexibility. Magnesium is required for cellular energy production. It participates in over 300 biochemical pathways in the body, including cardiovascular function. 15-day supply, 400 mg/serving of Magnesium from ConcenTrace®. Suggested Use Using the metered dropper, take 4 ml (0.8 teaspoon) daily with juice or food to mask the concentrated mineral flavor.

Serving Size: 4 droppers

TM1022 400mg (2 fl. oz.) 15 servings **$12.15**
TM1023 400mg (4 fl. oz.) 30 servings **$21.00**

Mag Chlor 90

Supports constipation relief, simply adjust dose till desired results are achieved. Magnesium is a vital mineral that supports our muscles, nerves, heart, bones, and enzymes. Can be used for children.

Serving Size: 18 drops up to 2 x a day

PS1001 (2 fl. oz.) 60 servings **$15.95**

Magnesium Glycinate

Magnesium Glycinate is a highly absorbable and bioavailable form of magnesium that is created by combining magnesium and glycine (a building block used to form proteins in the body). It benefits the heart, bones, nerves, and digestive tract and is very gentle on the stomach. It is known for supporting quality sleep and promoting healthy, natural sleep patterns and REM cycles. It has a calming effect on muscles and throughout the body.

Serving Size: 1 Scoop, 1/4 Capful or 1 Capsule

TM3037 Mixed Berry Lemonade Powder (6.35 oz.) 60 servings **$18.15**
TM3038 Lemon Lime (8 fl. oz.) 30 servings **$19.00**
TM3039 (90 Caps.) 90 servings **$21.60**
TM3040 (180 Caps.) 180 servings **$34.55**

Magnesium Citrate Gummies

Magnesium Gummies are a delicious way to provide your body with magnesium, one of the most important minerals in the body. Research has shown that up to 80% of Americans are deficient in magnesium! During times of elevated stress or strenuous physical activity, you may want to replenish your body with additional magnesium.

Serving Size: 1 Gummy

TM3034 Tangerine (120 gummies) 120 servings **$21.15**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Vitamin A, B, C, D, E & K

Herbal A

A great whole plant based Vitamin A. Vitamin A serves many roles from maintaining good overall health. Among other benefits Vitamin A is an excellent support for the reproductive, respiratory & urinary tracts. Ingredients: Organic Dandelion Leaf, Organic Marjoram, Organic Cayenne Pepper, and Organic Paprika.

Serving Size: 1 Capsule

DC90521 (100 Caps.) 100 servings **$22.00**

Vitamin A 10,000 IU

Our Instant Dissolve MicroLingual® Tablets go to work fast, under the tongue. Vitamin A is a group of compounds that support eye health and the maintenance of healthy skin, teeth, and the surface linings for the respiratory, urinary and intestinal tracts. Vitamin A also plays a vital role in the promotion of immune system health.

Serving Size: 1 Tablet

SS90530 (100 Ct.) 100 servings **$6.40**

Vitamin A 25,000 IU (Fish Oil)

Vitamin A is essential for the maintenance of healthy epithelial tissue, which is found in the eyes, skin, respiratory system, GI and urinary tracts.*

Serving Size: 1 per day

NO0340 (100 Gels) 100 servings **$7.20**

Super B Complete TOP SELLER

This unique, high quality formula contains the most biologically active forms of many B-vitamins including B12 in the form of methylcobalamin. B-vitamins play many important roles in the body. For example, vitamin B12 and folic acid (Quatrefolic®) are crucial for proper cell division; vitamins B1, B2, B3 and biotin are essential for energy production. Amino acid metabolism requires vitamin B6. Vitamin B5 is necessary for the synthesis of acetylcholine (a neurotransmitter) and is also involved with energy production. Some B vitamins have been shown to play a role in wound healing and vitiligo. Biotin is known to improve nail strength.

Serving Size: 1 Capsule

NFR1306 (60 Caps.) 60 servings **$23.75**

Purely-B Powder

Purely-B is a truely natural B complex powder. Made from a combination of rice bran/germ, torula yeast & royal jelly. Stay calm and happy with Purely-B, which is the real power of essential , natural B vitamins. You will feel more energy and also less hunger. Free of all wheat, grains, soy and milk.

Serving Size: 1 Tbsp

NH9070 (14.10 oz.) 28 servings **$46.95**

B-Complete

High potency B vitamins plus Vitamin C. B vitamins are more potent together than when used separately and the addition of Vitamin C and Bioflavonoids provides optimum utilization of B vitamins. Provides potent anti-aging vitamins B-6, B-12, and folic acid. Provides adrenal support during stress. May reduce the risk of heart disease and strengthen your immune system.

Serving Size: 2 Tbsp

BT5671 (17 fl. oz.) 16 servings **$27.25**

B-Optimal

Beneficial for everyone - ideal for those individuals with the MTHFR gene mutation, as the folate and B-12 are methylated allowing for ready use by the body. B vitamins often work together synergistically, therefore it's important to take the full complex of B vitamins for optimal health.

Serving Size: 1 Capsule

DRU1830 (60 Caps.) 60 servings **$22.03**

Super-Potency B-Complex

Mother Earth Labs' Super-Potency B-Complex provides naturally biologically active forms that are readily absorbable and primed to be used immediately throughout the body. You'll feel the difference!

Serving Size: 2 Capsules

MEL2055 (60 Caps.) 30 servings **$49.95**

ReAline

Our ReAline Vitamin B complex supplement includes all eight B Vitamins, as well as L-Methionine and Taurine to help with liver detoxification. ReAline is nice B supplements made using a specific formula that provides the perfect building blocks to enhance and assist the body's natural detoxification processes. Instead of forcing the body with purges or IV chelation, ReAline has l-methionine, which is the building block for glutathione, the body's most important antioxidant. That way the body can detox when it wants to not when it's forced to.

Serving Size: 1 Capsule

RNA3014 (120 Caps.) 120 servings **$78.00**

B-Healthy

Vitamin B Complex, B-Healthy from Emerald Labs has therapeutic amounts of Coenzymated Methyl Folate and the activated forms of B Vitamins to help Energy and Stress-Related Fatigue.

Serving Size: 2 Capsules

EL0208 (60 Vcaps.) 30 servings **$21.60**

B Stress Complex

B Stress Complex is a 100% vegetarian Food supplement that is intended to supply 100% Food B vitamins. B Stress Formula naturally contains carbohydrates, lipids, proteins (including all ten essential amino acids), and superoxide dismutase. Supports energy metabolism and eases stress.

Serving Size: 1 Capsule

DOC1740 (90 Caps.) 90 servings **$40.00**

Vitamin B Complex

B vitamins are essential to our most basic cellular metabolic activities. As coenzymes, they help regulate and support the enzymes that make our bodies work, helping us to get energy from food, and to make neurotransmitters for brain and nerve function. Vitamin B Complex is a blend of eight highly absorbable B vitamins in their active forms to help optimize important metabolic activities throughout the body.

Serving Size: 1 Capsule

NNA1531 (45 Caps.) 45 servings **$28.75**

Balanced B Complex

Our balanced blend of B complex vitamins supports cellular energy production, nervous system health. Crafted with the active forms of folate, B12 plus real food like kale.

Serving Size: 1 Tablet

MF1167 (30 Tablets) 30 servings **$16.95**
MF1169 (90 Tablets) 90 servings **$40.75**

B-Complex 100

A great formula for energy and building immune system in a stronger dosage.

Directions: Take one (1) capsule daily with meals or a glass of water, or as directed by your healthcare professional.

Serving Size: 1 per day

CHU2851 (100 Caps.) 100 servings **$24.40**

Allithiamine

Allithiamine contains a fat-soluble form of thiamin (vitamin B1) and other nutritional cofactors that naturally occur in garlic. Allithiamine may be more bioavailable than water-soluble thiamin, and is suggested for individuals whose intake of the vitamin may be insufficient.

Serving Size: 1 Capsule

LE2135 (60 Vcaps.) 60 servings $21.50

Vitamin B-1

Vitamin B-1 helps support the metabolism of energy in the body, lowers stress levels and is essential for a healthy nervous system.

Serving Size: 1 Tablet

SS01135 100mg (100 Tabs.) 100 servings $8.00

B-1 "Thiamin"

Vitamin B-1 (thiamin) is essential for the metabolism of carbohydrates, some amino acids, and alcohol. It is also necessary for the production of the neurotransmitter acetylcholine, and for the detoxification of both alcohol and lactic acid (a by-product of strenuous exercise). Thiamin has important roles in the production of energy and ATP derived from reactions in the Krebs cycle. A high-carbohydrate diet, strenuous physical exercise, or chronic alcohol consumption may increase the physiological need for vitamin B-1.*

Serving Size: 1 tab.

SN4080 100 mg (250 Tabs) 250 servings $18.60

B-2

Necessary for red blood formation and growth. Helps prevent cataracts. Lack of B-2 can damage developing fetus.

Serving Size: 1 per day

CHU2854 100mg (100 Caps.) 100 servings $8.40

P-5-P w/Mag. "Pyridoxal-5-Phosphate

Vitamin B-6 (pyridoxine) acts primarily as an enzyme catalyst in many body processes including energy metabolism and neurotransmitter function. Before it can be used for this purpose it must be converted into its coenzyme form (P-5-P) by the liver. P-5-P eliminates this step by providing B-6 in its converted form, allowing for greater bioavailability.

Serving Size: 1 Capsule

NO0461 50mg (90 Vcaps.) 90 servings $15.95

Pyridoxal 5 Phosphate 'P5P'

Pyridoxal 5'-phosphate is the metabolically active form of vitamin B6. It plays a crucial role in a number of life processes and has been shown to protect lipids and proteins against glycation reactions. By inhibiting these reactions and working as a coenzyme in biochemical reactions, pyridoxal 5'-phosphate can support healthy nerve, eye, cardiovascular and kidney function.

Serving Size: 1 Capsule

LE1217 100mg (60 Caps.) 60 servings $13.95

Coenzymated B-6 'P5P'

In order for vitamins to be utilized by the body, they must first be converted into their active coenzyme forms. This more potent Coenzymated B-6 is in its active form; ready to go to work immediately. Pyridoxal-5'-Phosphate (PLP or P-5'-P) is the main metabolically active coenzyme form of vitamin B-6. It is primarily in the liver that P-5'-P is synthesized from vitamin B-6, with the help of enzymes that require B-2, zinc, and magnesium for their activity. P-5'-P activates over 100 enzymes, many of which are involved in the conversion of amino acids into the neurotransmitters dopamine, norephinephrine, and serotonin. For best results, allow to dissolve in the mouth before swallowing.

Serving Size: 1 Lozenge

SN2673 25mg (120 Loz.) 120 servings $17.75

Vitamin B-6, B-12 & Folate

Vitamin B6, B12, & Folate is a 100% vegan Food supplement that is intended to supply nutrients needed to provide high quality 100% Foods vitamins B6, B12 and B9 (folate).

Serving Size: 1 Capsule

DOC8260 (90 Caps.) 90 servings $33.00

B-6 100mg 'Now'

Vitamin B-6 is a cofactor in numerous enzymatic reactions and is required for the metabolism of fats, carbohydrates, and proteins. It facilitates the conversion of amino acids from one to another as needed, and is necessary for normal synthesis of hemoglobin, as well as for normal function and production of red blood cells. B-6 plays an important role in regulating homocysteine metabolism in the body. Homocysteine, a by-product of the methionine cycle, is known to be destructive to bodily tissues, especially vascular structures. B-6 is also critical for the maintenance of a healthy nervous system.

Serving Size: 1 Capsule

NO0458 (250 Capsules) 250 servings $14.50

B-6 100mg

Pyridoxine

Required by the nervous system. A mild diuretic, useful in preventing kidney stones and helps alleviate carpal tunnel symptoms.

Directions: Adults take one (1) tablet daily with meals or a glass of water as a dietary supplement of Vitamin B-6.

Serving Size: 1 per day

CHU2101 (100 Tabs) 100 servings $8.80

Folic Acid 800 mcg w/Vitamin B-12

Folic Acid is a very important member of the B-vitamin family required for DNA synthesis and genetic repair, making an adequate supply essential for rapidly dividing cells, such as red blood cells.* Folic Acid is also necessary for the synthesis of methionine from homocysteine and can help to contribute to the healthy function of both the cardiovascular and nervous system.*

Serving Size: 1 tablet

NO0476 (250 Tabs) 250 servings $6.55

B-12 + Folic Acid Chewable

Vitamin B-12 (cyanocobalamin) is a water soluble vitamin necessary for the maintenance of a healthy nervous system and for the production of energy from fats and proteins.* Vitamin B-12 is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells.* In addition, adequate intake of vitamin B-12, along with folic acid and vitamin B-6, is critical for the conversion of homocysteine to methionine, thereby supporting a healthy cardiovascular system.* While B-12 is stored in the liver, dietary sources are of animal origin only (meat and dairy). Therefore, supplementation with B-12 may be especially important for strict vegetarians.

Serving Size: 1 Loz.

NO0466 1,000mcg (100 Loz.) 100 servings $7.25
NO0462 5,000mcg (60 Loz.) 60 servings $11.60

Methylfolate

Superior Source soft molded MicroLingual™ tablets dissolve immediately under the tongue, resulting in quick and direct absorption.This supplement is the most bioavailable, active form of folate. Methylfolate supports optimal cardiovascular and nerve function.

Serving Size: 1 Tablet

SS90250 1000mcg (60 Ct.) 60 servings $18.20

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Methylfolate 'Now' TOP SELLER

Methylfolate is the biologically active, naturally occurring form of folate that is used for fundamental body functions like normal cell division and the synthesis of neurotransmitters and DNA.* Unlike regular folic acid, Methylfolate has been shown to penetrate the blood-brain barrier, where it helps to support neurological health.

Serving Size: 1 daily with meal

NO0491 1,000mcg (90 Tabs.) 90 servings **$15.95**
NO0502 5,000mcg (50 Vcaps.) 50 servings **$31.90**

Methyl B-12 TOP SELLER

Vitamin B-12 is a water soluble vitamin necessary for the maintenance of a healthy nervous system and for the metabolic utilization of fats and proteins. Vitamin B-12 is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells.

As a dietary supplement, take 1 lozenge 1 to 2 times daily. Chew lozenge or hold in mouth until dissolved and swallow. Choose from 1,000 or 5,000 mcg.

Serving Size: 1 per day

NO0495 1,000mcg (100 Loz.) 100 servings **$9.45**
NO0496 5,000mcg (60 Loz.) 60 servings **$18.85**

B-12 2,000 mcg

Vitamin B-12 is necessary for the maintenance of a healthy nervous system and for the metabolic utilization of fats and proteins. Vitamin B-12 is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells.

Serving Size: 1 per day

NO0459 2,000 mcg (100 Loz.) 100 servings **$11.60**

Methylcobalamin B-12

NO SHOT B-12 Instant Dissolve MicroLingual® Tablets go to work fast, under the tongue. This concept is critical for B-12 supplementation. With regular B-12 supplements, as much as 50% of the B-12 potency is lost in the high acid environment of the stomach.

Serving Size: 1 Tablet

SS90670 1,000mcg (60 Ct.) 60 servings **$13.15**
SS91065 2,500mcg (90 Ct.) 90 servings **$21.80**
SS90750 5,000mcg (60 Ct.) 60 servings **$30.10**
SS90960 10,000mcg (30 Ct.) 30 servings **$32.65**

Methylcobalamin B-12 1,00mcg/B-6 TOP SELLER

NO SHOT Methylcobalamin Vitamin B-12/Vitamin B6 w/L-5 Methyltetrahydrofolate MicroLingual® Tablets go to work fast,under the tongue. Other forms of Vitamin B-12 supplementation can result in a loss of as much as 50% of Vitamin B-12 potency in the high acid environment of the stomach.This supplement is a combination of activated B-12 (methylcobalamin), activated Folate (L-5 methyltetrahydrofolate) and B6, which are three critical B vitamins required for control of elevated homocystein levels.

Serving Size: 1 Tablet

SS90470 (60 Ct.) 60 servings **$30.10**

DID YOU KNOW ?

Frequent nosebleeds can be linked to a vitamin K deficiency.

Methyl-Mate B12 Liquid

Methylcobalamin or Methyl B12 is a form of vitamin B12 that is considered to be more absorbable and effectively utilized than other forms of B12. Adequate levels of Methyl B12 are needed to protect nerve tissue and maintain the myelin sheaths that cover the nerve endings. Vitamin B-12 is required for proper digestion, absorption of foods, protein synthesis, and anemia prevention. Helping to metabolize fats and carbohydrates, it aids cell formulation and longevity. Vitamin B-12 promotes development of healthy red blood cells and maintenance of nerve tissue. Adequate levels of this vitamin is important for the creation of glutathione and to assist the body in detoxification. As a dietary supplement, take 5 drops per day or as suggested by your physician. For best results, hold in the mouth, preferably under the tongue, for one minute before swallowing. For young children, a few drops at a time can be squirted under the tongue to allow for more effective absorption.

REN1263 1,385mcg (1 fl. oz.) 108 servings **$35.40**

Methyl B-12

Methyl B-12 Liquid combines the active, chelated forms of vitamin B12, vitamin B6, and folic acid, and is recommended for: An alternative to B-12 injections, ongoing fatigue and weakness, individuals who have trouble absorbing vitamin B12 from foods, and cardiovascular support.

Serving Size: 1 ml

NFR1325 (1 fl. oz.) 30 servings **$40.00**

Ultra B-12

Vitamin B-12 has the largest and most complex chemical structure of all the vitamins. It is a water-soluble vitamin with a key role in the normal functioning of the brain and nervous system, as well as in the metabolic utilization of fats and proteins and the cellular production of energy. Vitamin B-12 is also essential for proper red blood cell production, homocysteine metabolism, and the maintenance of a healthy gastrointestinal tract.

Serving Size: 1 Teaspoon

NO0452 5,000mcg (4 fl. oz.) 24 servings **$13.05**

B-12 Liquid-B-Complex

Vitamin B-12 Is a water soluble vitamin necessary for the maintenance of a healthy nervous system as well as for energy production from fat and proteins. Vitamin B-12 is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells such as blood cell. In addition adequate intake of vitamin B-12 along with folic acid and vitamin B-6 supports healthy serum homobysteine levels thereby sustaining a healthy cardiovascular system.

Serving Size: 1/4 tsp

NO0465 (8 fl. oz.) 48 servings **$17.40**

Instant Energy B-12 2,000mcg

Vitamin B-12 (cyanocobalamin) is a water soluble vitamin necessary for the maintenance of a healthy nervous system and for the production of energy from fats and proteins.* Vitamin B-12 is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells.* In addition, adequate intake of vitamin B-12, along with folic acid and vitamin B-6, is critical for the conversion of homocysteine to methionine, thereby supporting a healthy cardiovascular system.* While B-12 is stored in the liver, dietary sources are of animal origin only (meat and dairy). Therefore, supplementation with B-12 may be especially important for strict vegetarians. These convenient packets are perfect for purse, pocket and while traveling!

Serving Size: 1 packet

NO0497 2000mg (75 Packets) 75 servings **$14.50**

B-50

B-50 Caps provide a full complement of B-vitamins plus choline and inositol. These vitamins work to support energy production, maintain healthy homocysteine metabolism, and promote the health of the nervous system.

Serving Size: 1 Capsule

NO0422 (250 Caps.) 250 servings $29.00

B-100

B-100 Caps are a blend of key B vitamins combined with other nutritional factors for enhanced synergism. This formula provides recommended potencies of the most important B vitamins and is designed to supply your body's required daily intake in one complete supplement.

Serving Size: 1 per day

NO0438 (250 Caps) 250 servings $43.50

Biotin 5,000mcg

Biotin helps to maintain healthy blood sugar levels, promotes nail and hair strength, supports cell growth, metabolism of fats and amino acids and the production of fatty acids. Biotin is essential in the healthy functioning of the "Krebs Cycle" in which energy is released from foods and transferred to the body for use. Easy to take instant dissolve tablets.

Serving Size: 1 Tablet

SS90310 (100 Ct.) 100 servings $15.05

Biotin

Biotin is a water-soluble vitamin necessary for normal growth and body function. Biotin is a key regulatory element in gluconeogenesis, fatty acid synthesis, and in the metabolism of some amino acids. Alongside its role in energy production, Biotin enhances the synthesis of certain proteins. In addition, Biotin promotes normal immunity and plays a critical role in skin health.

Serving Size: 1 per day

NO0474 5,000mcg (120 Vcaps.) 120 servings $13.05

Niacinamide B3

Niacinamide (Vitamin B-3) is a form of Niacin, a water soluble B-Vitamin. It is a derivative of Niacin that does not cause the "flush" normally associated with taking high doses of Niacin. Niacinamide is readily converted into the bioactive forms of Niacin, NAD+, NADH, NADP, and NADPH, which are vital cofactors in cellular energy production and are critical for the maintenance of DNA stability.* Niacinamide and Niacin are two different forms of Vitamin B-3. Niacinamide does not cause a Niacin flush.

Serving Size: 1 capsule

NO0478 500 mg (100 Caps.) 100 servings $8.70

Flush Free Niacin

Niacin (Vitamin B-3) is an essential B-vitamin necessary for good health. Many Niacin supplements cause a temporary Niacin flush or tingling red rash on the skin when taken in large doses. This flush-free Niacin is formulated to avoid such reactions.Inositol Hexanicotinate is a stable, non-flushing source of Niacin. This superior source, and lower potency, of Niacin works to reduce the problems associated with mega doses of Niacin supplements.

Serving Size: 2 per day

NO0483 250mg (90 Caps) 45 servings $10.15

Pantothenic Acid TOP SELLER

Pantothenic Acid is an essential member of the B-complex vitamins.

Serving Size: 1 per day

NO0486 500mg (100 Caps) 100 servings $9.45

Brewer's Yeast

NOW® Brewer's Yeast has several naturally occurring vitamins and minerals, with most notably B-vitamins. In addition, brewer's yeast offers other components, such as amino acids and beta-glucans. No synthetic vitamins are added to the yeast during processing. NOW® Brewer's Yeast is a genuine whole food supplement. Brewer's yeast has naturally occurring B-vitamins such as: thiamin (vitamin B-1), riboflavin (vitamin B-2), niacin, vitamin B-6, folic acid, biotin and pantothenic acid.

Serving Size: 3 Tablets

NO2410 650mg (200 Tabs.) 66 servings $10.90

Living Vitamin C "Organic"

Living Vitamin C is a USDA Organic and Non-GMO Project Verified whole food vitamin C with a unique combination of four citrus whole fruits combined with a fermented citrus blend, plus four antioxidant berries to deliver 250mg vitamin C with natural bioflavonoids in two caplets daily. Living Vitamin C is made with whole food ingredients and provides an excellent source of vitamin C. Its naturally occurring citrus bioflavonoids enhance your body's ability to effectively utilize vitamin C, plus an Antioxidant Berry Blend helps protect your body against free radical damage.

Serving Size: 2 Tablets

GO1109 (60 Tabs.) 30 servings $20.15

Vitamin Code Raw Vitamin C

Vitamin Code Raw Vitamin C supplies 500mg of whole food Vitamin C with bioflavonoids, blended in a base of 23 fruits and vegetables with live Probiotics and Enzymes. Raw Vitamin C also uses no high heat, synthetic binders or fillers, artificial flavors, sweeteners, colors or additives commonly used in tablets. It's everything you want in whole food vitamin C—and nothing you don't want!

Serving Size: 2 Capsules

GO2010 (120 Caps.) 60 servings $31.00

Herbal C

A great plant based whole Vitamin C! Vitamin C serves many roles for our immune system, adrenal glands, tissue development & is a powerful antioxidant. Unfortunately Vitamin C is easily washed from the body & needs to be replaced constantly. While it is an excellent support system for the digestive tract, it also improves the assimilation of food, helps make body collagen, aids in maintaining skin integrity & our adrenal glands need large amounts of this nutrient to produce energy. Ingredients: Organic Acerola Cherry, Wildcrafted Rosehips & Wildcrafted Hawthorn Berry.

Serving Size: 1 capsule up to 3 x per day.

DC90522 (100 Caps.) 100 servings $24.60

Whole C Reset

Whole C ReSet® vitamin C supplement is a great vitamin C supplement because it combines organic acerola, organic tart cherry and whole fruit complex. It provides full spectrum phytochemicals, polyphenols, including bioflavonoids, anthocyanins, proanthocyanins, ellagic acid, chlorogenic acid, resveratrol and quinic acid. Barley seed powder derived from the RnA ReSet Drops® makes it compatible with several other Completement Formulas.

Serving Size: 2 Capsules

RNA3015 (60 Caps.) 30 servings $38.40

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

C Complex

FOOD vitamin C containing Acerola and Mixed Citrus is an antioxidant and has long been recognized as an important nutrient for supporting cardiovascular, immune, musculoskeletal, endocrine, and other systems. Contains naturally occurring carbohydrates, lipids, proteins (including all ten essential amino acids), and truly organic bioflavonoids as found in the edible portions of citrus fruits with mixed plant fiber Cellula vegetabalis. Contains 270mg whole food Vitamin C per serving!

Serving Size: 1 Tablet

DOC2040 (90 Tabs.) 90 servings $38.00
DOC2050 (270 Tabs.) 270 servings $92.00

PureWay C

A nice vitamin c supplement. Provides Therapeutic dosages of PureWay-C® (12-Hour retention vs. standard 4-hours) and superior R-Alpha Lipoic Acid to support a Healthy Immune Response and Optimal Liver Function*

Serving Size: 2 capsules

EL0355 500 mg (90 Vcaps) 45 servings $19.25

Whole-C TOP SELLER

Whole-C™ is a whole food concentrate made from eco-sustainable, wild crafted camu-camu from the Amazon rain forests – the world's richest source of complete vitamin C complex. Also included in the formula is buckwheat, lemon peel, and extracts of blueberries, raspberries, cranberries, pomegranate, and elderberries (all organic). All these nutrients make Whole-C™ worlds beyond simple ascorbic acid supplements.*

Serving Size: 1 per day

PEL8001 120 mg (30 Tabs) 30 servings $11.75

Optimal Whole C

Whole C contains a high potency of whole food vitamin C. Derived only from fruits and vegetables, it ensures your body gets vitamin C the way nature intended.

Serving Size: 1 Tablet

OH1060 166mg Chewables (60 Tabs.) 60 servings $19.60

Liposomal Vitamin C 1000 mg

Vitamin C is a necessary nutrient and powerful antioxidant. It is commonly known for its ability to support a healthy immune response. But, there are so many other benefits to taking a vitamin C supplement. For instance, vitamin C assists with the creation of collagen and helps the body absorb iron. The form of vitamin C used in this product is Liposomal Vitamin C. This nutrient is fat-soluble, which means that it can be more easily absorbed into the bloodstream and tolerated better than water-soluble options.

Serving Size: 2 Capsules

LS5601-060 (60 Caps.) 30 servings $17.60

Vitamin C Liposomal Hydrogel

Vitamin C is one of the most popular vitamins for a reason: it supports immune health, fights back against oxidizing free radicals and even helps keep your skin healthy. But your body can only absorb so much at a time. We've created a liposomal vitamin C formula that uses a fenugreek hydrogel to protect vitamin C once ingested. The result: better absorption and vitamin C benefits that will last 24 hours a day!

Serving Size: 1 Tablet

LE0250 (60 Tabs.) 60 servings $27.47

Purely-C "Vitamin C" TOP SELLER

A great natural source Vitamin C with 225mg per serving. Made from camu camu berries, acerola cherries, rose hips, and Rhus coriaria. Get your vitamin C naturally—and raw—and feel the Purely-C difference!

Serving Size: 3 per day

NH9017 225 mg (90 Caps.) 30 servings $26.90

Vitamin C ReSet

Vitamins are compounds that you must have for growth and health. Humans are the only mammals that don't make their own vitamin C. This means we must get it from our diets. More than just a boost to the immune system, vitamin C plays a critical role in many of the body's functions and is a powerful antioxidant. Vitamin C has also been shown to support oral and brain health, manage stress, increase nutrient availability, improve energy levels, and so much more.

Serving Size: 1 Scoop

RNA3016 Mixed Berry (14.81 oz.) 60 servings $57.60

Purely-C Bulk Powder

Purely-C is the truly whole food, multiple-source vitamin C complex. Compared to most others made from genetically engineered corn, Purely-C contains wild fruit complexes, including Peruvian Amazon camu camu and wild Mediterranean Rhus coriaria. Purely-C provides 150% of the daily requirement for vitamin C in a whole food bioavailable form.

Serving Size: 1 tsp

NH9019 (120 Grams) 40 servings $46.10

Berry -C TOP SELLER

Berry C is natural blend of dried fresh fruits and berries, which contain the complete natural form of Vitamin C, and is rich in Polyphenols, Bioflavinoids, Resveratrol, Ellagic Acid, and other extremely beneficial nutrients. The key ingredient that makes the sweet blend so sweet is Luo Han Guo fruit, also known as Monk Fruit.

Serving Size: 1 capsule or 1 scoop

LT0388 360 mg (120 Caps) 120 servings $17.95
LT0385 Powder 225mg (3.5 oz.) 45 servings $21.80

Amla-C TOP SELLER

AMLA-C is a natural form of Vitamin C, which is necessary for the growth, development, and repair of all body tissues. The benefits of Vitamin C supplementation include support for the immune system, adrenal function, collagen formation for healthy skin, and cardiovascular health. Vitamin C is a potent antioxidant, neutralizing free radicals and also helping to recycle vitamin E and glutathione. The body does not make vitamin C, so it must be taken in through diet or supplementation.

Serving Size: 1 capsule up to 2 x a day

WS5138 250 mg (60 Caps.) 60 servings $26.30
WS5138-120 (120 Caps.) 120 servings $44.80

Amla-C Plus

The amla berry, or Indian gooseberry, contains tannins and is one of the richest sources of Vitamin C. Revered in Ayurvedic medicine, this whole food is twelve times more absorbable than synthetic Vitamin C. Amla, considered a bitter, is also used as a digestive tonic. To maximize absorption and support high protein diets, Pure Planet has combined this potent super fruit with organic spirulina.

Serving Size: 10 per day

PP86401 (200 Tabs) 20 servings $18.00

Acerola Powder

Acerola is an exotic fruit that is one of the highest sources of Vitamin C found in nature. Apart from its Vitamin C content, Acerola also abounds with a broad range of anthocyanins, which are powerful free radical scavengers.* NOW® Acerola Powder is a 4:1 concentrate with added Ascorbic Acid that yields 160 mg of Vitamin C per serving and tastes great! Vitamin C from Acerola and Ascorbic Acid.

Serving Size: 1 tsp.

NO0740 160 mg (6 oz.) 53 servings $11.60

Vitamin C Spray mykind "Organic"

Get this essential nutrient in a burst of vitamin C that's Certified USDA Organic and Non-GMO Project Verified. Teeming with organic nutrition. Vitamin C from organic food blend. Orange/Tangerine flavor. Great for children! Can be mixed with drinks etc.

Serving Size: 5 Sprays

GO1859 60 mg (2 fl. oz.) 27 servings $12.25

C-500 Chewable TOP SELLER

Delicious chewable vitamin C wafers are naturally fruit-flavored. Our vitamin C wafers contain 500 mg of vitamin C in a blend of citrus bioflavonoids, hesperidin, rosehips and rutin to optimize the body's use of vitamin C. Bioflavonoids both enhance the absorption and act in synergy with vitamin C to provide antioxidant protection, keep collagen healthy and help increase capillary strength.

Serving Size: 1 Wafer

NFN1327 Blueberry & Rasp. (180 Wafers) 180 servings $22.80
NFN1331 Tangy Orange (180 Wafers) 180 servings $22.80

Vitamin C Melts

Our Vitamin C 500 mg, Tangy Orange Melts, utilizes sodium ascorbate, which is a buffered (non-acidic) form of C that does not contribute to gastric irritation. Sodium ascorbate is a fully reacted, truly buffered form of vitamin C. Additionally, Vitamin C Melts are formulated with a proprietary blend including Acai Berry, Acerola Cherry and Citrus Bioflavonoids. NO sugar added; only sweetened with a little stevia. Easy to take instant dissolve tablet.

Serving Size: 1 Tablet

SS92020 500mg, Orange (90 Ct.) 90 servings $16.75
SS92070 500mg, Sour Cherry (90 Ct.) 90 servings $16.75

Vitamin C-500 "Buffered" TOP SELLER

This product supplies calcium ascorbate, a buffered form of vitamin C that is bioavailable and non-acidic; it is enhanced with bioflavonoids, which work synergistically with vitamin C.* Vitamin C is a water soluble nutrient well known for its vital role in the immune system.* Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health.* Vitamin C is needed for amino acid metabolism, neurotransmitter synthesis, and the utilization of many nutrients, such as folic acid and iron.* It is also a highly effective antioxidant that can help maintain healthy tissues by neutralizing free radicals generated during normal metabolism and exposure to environmental stressors.*

Serving Size: 1 caps. up to 2x a day

NO0676 (100 Caps) 100 servings $8.70

C-500 Chewable "Now" TOP SELLER

Vitamin C is a water soluble nutrient well known for its vital role in immune system function. It is also a highly effective antioxidant that can help maintain healthy tissues by neutralizing free radicals generated during normal metabolism and typical environmental exposures.

Serving Size: 1 Tablet up to 2 x a day

NO0640 Cherry (100 Tabs.) 100 servings $11.60

Chewable C-500

A nice tasting chewable C for children and adults in Orange flavor. Directions: As a dietary supplement, chew one (1) tablet daily preferably after a meal.

Serving Size: 1 per day

CHU331 Orange (100 wafers) 100 servings $14.50

Vitamin C 1,000mg TOP SELLER

Vitamin C plays a critical role in your body. It is a powerful antioxidant, aids in wound healing, stimulates white blood cell immune activity and helps the body combat colds, flu and other infections. It also supports cardiovascular health and aids in iron absorption. Vitamin C deficiency can be a real problem and is not uncommon when undergoing emotional stress or higher levels of physical stress such as burns, surgery, or other trauma. It is very beneficial when dealing with other ailments such as allergies and infections.

Serving Size: 2 capsules

NUM9333 (120 Vcaps.) 60 servings $14.50

Vitamin C-1000mg TOP SELLER

Vitamin C is a water soluble nutrient well known for its vital role in the immune system. Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone and joint health. Vitamin C is needed for amino acid metabolism and the utilization of many nutrients, such as folic acid and iron. It is also a highly effective antioxidant that can protect the body's cells and molecules from damage by free radicals and reactive oxygen molecules generated during normal metabolism and exposure to environmental stressors. This product includes Bioflavonoids, which work synergistically to support Vitamin C utilization.* Vitamin C from ascorbic acid.

Serving Size: 1 per day

NO0690 (100 Caps) 100 servings $10.15
NO0692 (250 Caps) 250 servings $21.75

Vitamin C-1000 Complex "Buffered"

This product supplies Calcium Ascorbate, a buffered form of Vitamin C that is bioavailable and non-acidic; it is enhanced with Bioflavonoids, which work synergistically with Vitamin C.* Vitamin C is a water soluble nutrient well known for its vital role in the immune system.* Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health.* Vitamin C is needed for amino acid metabolism, neurotransmitter synthesis, and the utilization of many nutrients, such as folic acid and iron.* It is also a highly effective antioxidant that can help maintain healthy tissues by neutralizing free radicals generated during normal metabolism and exposure to environmental stressors.*

Serving Size: 1 Tablet

NO0700 (90 Tabs.) 90 servings $13.05

Sodium Ascorbate Powder (Buffered Vit. C)

Vitamin C is a water soluble nutrient well known for its vital role in the immune system. Vitamin C is necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health. Vitamin C is also needed for amino acid metabolism and the utilization of many nutrients, such as folic acid and iron. It is also a highly effective antioxidant that can protect the body's cells and molecules from damage by free radicals generated during normal metabolism.* This product supplies Sodium Ascorbate, a buffered form of Vitamin C (from sodium ascorbate) that is gentler on the stomach. From the FDA's website: "Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive."

Serving Size: 1/2 scoop

NO0760 Powder 1,670 mg (8 oz.) 119 servings $12.35

Vitamin C Crystals

Vitamin C is a water soluble nutrient well known for its vital role in the immune system.* Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health. *Ascorbic Acid *Pure Powder *Pharmaceutical Grade

Serving Size: 1/4 tsp

NO0791 Powder (16 oz.) 204 servings $20.30

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Lypo-Spheric Vitamin C TOP SELLER

Why LivOn's Lypo-Spheric™ Vitamin C? Most ordinary forms of oral Vitamin C - tablets, capsules, powders, liquids and even the Vitamin C from your diet - are not processed and absorbed efficiently by your body. As a result, much of this Vitamin C is never transferred into your bloodstream and even less of it makes it into your cells where it's needed most. In fact, when you take 1,000mg or more of regular oral Vitamin C, more than half of it is digested and passed as waste by your body. Until now... LivOnLabs' patented Lypo-Spheric™ Vitamin C encapsulates the C molecules in liposomes made from Essential Phospholipids, which protect the C from destruction by your digestive juices. Within minutes of taking Lypo-Spheric™ Vitamin C, liposomes filled with Vitamin C are transported directly into the bloodstream, and into the cells.

Serving Size: 1 per day

LO1001 (30 Packets) 30 servings $45.50

Citrus Bioflavonoids

Citrus Bioflavonoids are powerful polyphenolic compounds found in lemons, limes, oranges, grapefruits, and tangerines. Bioflavonoids serve to maintain cellular health by neutralizing free radicals. Among the many attributes of Bioflavonoids is their ability to support a healthy immune system response and to promote the maintenance of a healthy vascular system.

Serving Size: 2 Capsules

NO0610 700mg (100 Caps.) 50 servings $11.60

Vitamin D-2

Vitamin D-2, or ergocalciferol, is a vegetarian based form of vitamin D that can help to maintain optimal levels of vitamin D in the body. Vitamin D enhances the uptake of calcium from the diet, is critical for bone health, and supports the immune system.

Serving Size: 1 Capsule

NO0368 1000 IU (120 Vcaps.) 120 servings $7.25

Vitamin D-3 TOP SELLER

Vitamin D works in conjunction with calcium to promote the development and maintenance of strong bones and teeth. Our Vitamin D products are D3, the finest source of Vitamin D available. Easy to take instant dissolve tablets.

Serving Size: 1 Tablet

SS90850 1,000 IU (100 Ct.) 100 servings $7.15
SS90860 5,000 IU (100 Ct.) 100 servings $13.30

Vitamin D3 'Plant Based'

Vitamin D, commonly known as "the Sunshine Vitamin," is actually a hormone mostly produced in the skin when exposed to sunlight, and absorbed from the food we eat. Vitamin D is essential for the absorption of calcium and development and maintenance of strong bones. This is a organic non-GMO plant based Vitamin D3.

Serving Size: 1 Capsule

DRU3040 2000 IU(180 Caps.) 180 servings $43.15

Vitamin D-3 TOP SELLER

Available in Softgels, Chewables, or liquid and 1,000 or 5,000 IU to meet your specific needs and preference. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, Vitamin D supplementation becomes even more necessary to ensure that your body receives an adequate supply. Helps maintain strong bones, supports dental health.

Serving Size: 1 Gel or Chewable or 1 drop 2 x daily

NO0365 1,000 IU (180 Gels) 180 servings $6.50
NO0372 5,000 IU (120 Gels) 120 servings $9.45
NO0357 1,000 IU 'Fruit' (180 Chewables) 180 servings $8.70
NO0358 5,000 IU (120 Chewables) 120 servings $10.90
NO0371 1,000 IU (1 fl. oz.) 1,071 servings $10.15
NO0376 10,000 IU (120 Gels.) 120 servings $12.30

Mega D-3 "5,000 IU & MK-7" TOP SELLER

NOW® Mega D-3 & MK-7 combines vitamins D-3 and K-2, two nutrients extensively researched for their roles in the health of bones, teeth and the cardiovascular system. Vitamin D-3 works with calcium to support bone health, and more recent studies indicate it's important for immune system health as well. MenaQ7® MK-7 is a unique soy-free, bioavailable form of vitamin K-2 that plays a critical role in arterial health through its ability to support proper calcium metabolism in blood vessels and arteries. Vitamin K-2 is also important for the formation of strong, healthy bones.

Serving Size: 1 Capsule up to 2 x daily

NO0384 180mcg (60 Vcaps.) 60 servings $19.66
NO0386 180mcg (120 Vcaps.) 120 servings $33.35

D3K2 ReSet

D3K2 ReSet™ contains 3,600 IU of Vitamin D in the form of cholecalciferol (Vitamin D3). Our vitamin D3 is a natural, plant-based extract from lichen. Vitamin D3 is the most biologically active form of vitamin D. It is easily absorbed into the body and taken into the bloodstream. 100mcg of vitamin K2 works to actively direct calcium to the bones and teeth. 11 mg of germinated barley seed powder provides a novel aspect of macro and micronutrients found in the RnA ReSet Drops.

Serving Size: 1 Capsule

RNA3018 5,000 IU (60 Caps.) 60 servings $38.40

Liquid Vitamin D-3 & MK-7

NOW® liquid D-3 & MK-7 combines vitamins D-3 and K-2, two nutrients extensively researched for their roles in the health of bones, teeth and the cardiovascular system. Vitamin D-3 works with calcium to support bone health, and more recent studies indicate it's important for immune system health as well. MenaQ7® MK-7 is a unique soy-free, bioavailable form of vitamin K-2 that plays a critical role in arterial health through its ability to support proper calcium metabolism in blood vessels and arteries. Vitamin K-2 is also important for the formation of strong, healthy bones.

Serving Size: 5 Drops

NO0379 100mcg (1 fl. oz.) 163 servings $21.75

Vitamin D3 Plus K2 and MCT

Our Vitamin D3 liquid supplement with natural Vitamin K2, expertly designed to support your overall health and well-being. This effective formula combines the essential nutrients Vitamin D-3 (cholecalciferol) and natural Vitamin K2 which work synergistically to promote various aspects of your health.

Serving Size: 0.5 ml.

BT5002 (2 fl. oz.) 120 servings $22.55

Purely-E

It is now known that the whole food, unprocessed complex of vitamin E with all its synergists is most powerful versus heavily processed isolates. Purely-E is a proprietary blend of sunflower seed oil-source vitamin E, plus wild high tocopherol red palm oil, and Austrian pumpkin seed oil. It's highly potent both for internal and topical use.

Serving Size: 1 Capsule

NH9090 (60 Caps.) 60 servings $25.35

Vitamin E 200 IU TOP SELLER

Vitamin E is a major antioxidant and the primary defense against lipid peroxidation. It is particularly important in protecting the body's cells from free radical/oxidative damage. These protective benefits are achievable with supplemental intakes higher than what is normally consumed in the average diet.

Serving Size: 1 capsule up to 2 x a day

NO0880 (100 Gels) 100 servings $10.15

Vitamin E 400 IU TOP SELLER

All natural Vitamin E helps support heart health, high blood pressure and circulation.

Serving Size: 1 softgel

CHU4411-B (90 Gels) 90 servings **$22.00**
CHU4412-B (180 Gels) 180 servings **$38.80**

Sun-E "Soy Free Vitamin E"

NOW® Sun-E™ is a soy-free, natural Vitamin E derived from Identity Preserved (IP), Non-GMO Sunflower Seed Oil. Vitamin E is a major antioxidant and the body's primary defense against lipid peroxidation. It is particularly important for the protection against cellular free radical/oxidative damage. These protective benefits are achievable with supplemental intakes higher than what is normally consumed in the average diet. Choose from liquid or softgels.

Serving Size: 1 softgel or 1/4 teaspoon

NO0935 400 IU (60 Gels) 60 servings **$18.10**
NO0936 400 IU (120 Gels) 120 servings **$32.60**

E-Gems Elite 400 IU

E-Gems Elite is an exclusive blend of eight forms of natural source tocopherols and tocotrienols providing the antioxidant benefits of the entire family of vitamin E. Research supports that all natural forms of vitamin E as found in foods have beneficial properties playing roles in protecting body cells from free radical damage.

Serving Size: 1 gel up to 2 x a day

C0770 (60 Gels) 60 servings **$30.35**

Advanced Triple K

Vitamin K2 as Menaquinone-7 (MK7) plays a critical role in directing calcium where it belongs and away from where it doesn't belong. Menaquinone-4 helps maintain strong bones. Vitamin K also supports normal blood clotting and the formation of prothrombin. Easy to take instant dissolve tablets.

Serving Size: 1 Tablet

SS90480 (30 Ct.) 30 servings **$22.25**

Vitamin K-2 100mcg MK-7

Vitamin K supports normal blood clotting and the formation of prothrombin. Easy to take instant dissolve tablets.

Serving Size: 1 Tablet

SS90455 (60 Ct.) 60 servings **$23.95**

Mega Quinone K2-7

MegaQuinone K2-7 is a high-dose, 100% soy-free formulation of natural vitamin K2 (MK-7) formulated for optimal bone, nerve, and heart health. This formula includes 320 mcg of vitamin K2 with vitamin K1 and chelated minerals for absorption. Formulated with MenaquinGold™.

Serving Size: 2 Capsules

MBL2520 320mcg (60 Caps.) 30 servings **$47.95**

Minerals

Energy Boost TOP SELLER

Energy Boost 70'S fulvic Minerals mineral complexes are the world's finest electrolyte, which improves energy function, increases assimilation, stimulates metabolism, restores electrochemical balance, reduces high blood pressure, enhances nutrients, and helps rebuild the immune system. Energy Boost 70 is the excellent electrolyte, it is a transporter it carries nutrients and vitamins into the blood stream, it increases absorbsion of other minerals that the body can become depleted from such as Calcium and Magnesium. Energy Boost 70® liquid contains the most easily digestible and bioavailable organic mineral complexes and amino acids available.

Directions ADULTS: Recommended dosage minimum of 1 oz (30ml) / a day with large glass of non-chlorinated water or fruit juice. For other needs, up to 2 oz (60ml) in a large glass of non-chlorinated water or fruit juice, three times a day or as directed by your health care professional. CHILDREN: 1 teaspoon for every 25 lbs of body weight.

Serving Size: 1 oz 2 x per day

MSM09973 (1 gal.) 128 servings **$45.00**

Inner Vitality TOP SELLER

Inner Vitality a 4-1 blend of Energy Boost 70 and Vitality Boost HA. It helps with concentration and focus helps to pull heavy metals, toxins and viral loads from the body, helps with absorption of nutrients, and vitamins we get from the foods we eat. Inner Vitality® is an all-natural, completely organic dietary supplement, chelated from ancient plant matter rich in essential minerals, trace elements and amino acids. A great product!

Serving Size: 1 oz up to 2 x a day

MSM09976 (1 Gal.) 128 servings **$45.00**

Vitality Boost HA

Vitality Boost HA this is the strongest of their products and offers the best healing power of all, Humic minerals has the ability to pass the blood brain barrier and pull heavy metals toxins and viral from the brain, it is a (detoxifier) some people with hi viral such as herpes, aids and hepatitis will feel discomfort (drink water to help with detox affects) for the first 2-3 days but it will pass along with their viral loads. Vitality Boost HA® is an all-natural, completely organic dietary supplement, chelated from ancient plant matter rich in essential minerals, trace elements and amino acids.

Serving Size: 1 oz up to 2 x a day

MSM09986 (1 Gal.) 128 servings **$45.00**

IntraMin

In just a one-ounce daily serving, the Carbon-bound trace minerals and naturally-occurring electrolytes in intraMIN nutritionally support all of the body's processes, including the endocrine, brain and nervous system functions.

Serving Size: 1 fl. oz.

DL1030 Tropical Fruit (32 fl. oz.) 32 servings **$72.95**

SOME EDIBLE HERBS WITH HEALTH BENEFITS

1. Rosemary
2. Oregano
3. Parsley
4. Peppermint
5. Echinacea

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ConcenTrace Trace Minerals TOP SELLER

ConcenTrace is the perfect solution for replenishing your body with the nutrients you need to maintain optimum health. It's highly concentrated and contains over 72 ionic trace minerals. Supports; Energy production, joint health, bone health, maintain healthy ph balance, hair and skin health and much more. 8 oz. = 3 month supply. 90 Tablets = 30 day supply. Suggested Use: This product is all natural, highly concentrated, contains no added preservatives, flavors, or sweetners and has a very strong taste. We recommend mixing it with juice or food and dividing the serving throughout the day to mask the concentrated mineral flavor. Begin regimen by taking 10 drops for 3 consecutive days. Each day thereafter, increase serving by 10 drops up to ½ teaspoon (40 drops) once or twice daily. Children over age 2: Take 1 drop for every 5 lbs of body weight. Children under age 2: consult a physician. For regular or sodium restricted diets.
Re-mineralize Water: Improve the flavor of distilled, reverse osmosis or purified water. Adding 20-40 drops per gallon or to taste (2-4 drops per glass) compares to expensive mineral water.
Minor crystallization may occur, but this does not affect the quality of the product.

Serving Size: 3 tablets or 1/2 tsp

TM1020 Liquid (8 fl.oz.) 96 servings **$41.55**
TM1019 (90 Caps.) 30 servings **$23.30**
TM1021-S (90 Tabs.) 30 servings **$24.45**
TM1021-L (300 Tabs.) 100 servings **$55.70**

Ionic Plant Minerals

Ionic Plant Minerals is a great tasting dietary supplement formulated with organic, hydrophilic, prehistoric plant-derived trace minerals from humic shale that we've infused with concentrated ionic trace minerals. This unique, comprehensive blend of trace mineral complexes provides naturally-occurring fulvic acid and a complete, full-spectrum of body-balancing, naturally occurring trace minerals.

Serving Size: 1 teaspoon

TM1036 (17 fl. oz.) 102 servings **$25.70**

Super Trace Minerals TOP SELLER

Used foa a body builder, used for bedwetting children, arthritic adults, helps tiredness, muscle cramps, builds blood, boost ph,all around tonic for daily use or for 3-4 months at a time, especially in winter when viruses are more active. A liquid concentrate of a full spectrum of approximately 75 naturally occurring plant derived minerals. Highly concentrated mineral water.

Serving Size: 1 oz

NN6006 Cherry Flavor (32 fl. oz.) 32 servings **$22.30**

ReMyte "Ionic Minerals" TOP SELLER

Electrolytes are ionic conductors of electrical current in the body. They are dissolved in bodily fluids and travel throughout the body ready to activate nerve cells and muscle cells for electrical and physical activity. Electrolytes also regulate, effect and affect metabolism at every level of the body. ReMyte® is a Completement formula that will balance electrolytes in your system allowing for complete hydration. ReMyte® includes Boron, Copper, Chromium, Iodine, Selenium, Zinc, all of which have very specific roles to play in bone health, blood vessel integrity, blood sugar balance, thyroid support, and immune system regulation.

Serving Size: 3/4 teaspoon

RNA1050 (16.2 fl. oz.) 129 servings **$67.95**

Multiple Mineral Ionic

Eidon's Multiple Minerals are a complement of all essential and trace minerals necessary for good health in a silica base. Eidon's formulation reflects the most current understanding for optimal balance in a mineral formula. The macro minerals, Calcium and Magnesium, are kept in a 1:1 ratio to correct the erroneous dietary trend of high Calcium and low Magnesium intake. The delicate combination of Zinc and Manganese are kept in a specific ratio so as not to imbalance each other. Higher and equal levels of Selenium and Chromium complement the Zinc and Manganese ratio. Boron is utilized with Silica and Sulfur in proportion to Calcium and Magnesium. Iron is included with careful attention to Zinc and Manganese. Iodine and Potassium put the finishing touches on the formula within the current acceptability guidelines for mineral balance. Eidon's combination of balanced minerals can serve as a stable foundation for mineral nutrient supplementation.

Serving Size: 1 Tbsp

EIM0109 (18 fl. oz.) 36 servings **$16.35**

Mineral Boost

Macro Mineral Boost an ideal balance of key minerals and vitamins designed to optimize mental and physical health. It is packed with added value, as it now contains our entire NutraTek™ mineral chelation complex (all of the key, highly-bioavailable minerals in our Daily Essential Nutrients and Optimal Balance®).

Serving Size: 2 Capsules

HN2040 (180 Caps.) 90 servings **$43.70**

Frontier Minerals

Minerals are essential for many aspects of overall health and well-being such as proper composition of body fluids, formation of bone and blood, maintenance of healthy nerve function, regulation of muscle tone (including the muscles of the cardiovascular system), activation of many enzymes and more. Frontier Minerals is newly revised to contain a full spectrum of bioavailable, trademarked Albion™ TRAACS™ minerals. These patented minerals are designed to do the stomach's work in advance by producing low molecular weight mineral compounds. These minerals are bound to amino acids to produce natural organic chelates that can pass easily through the intestinal wall.

Serving Size: 4 Capsules

NFR1585 (120 Vcaps.) 30 servings **$28.00**

Humic & Fulvic Concentrate

Humic and Fulvic substances are made by friendly soil bacteria as they break down decomposing plant matter and contain the nutrients we need for optimal health. Super Concentrated Liquid & Capsule Formulas - Excellent for taking it on-the-go. Supports nutrient absorption. Provides 72 macro, micro, & trace minerals. Promotes healthy GI bacterial balance. Supports natural cellular detoxification along with powerful antioxidant support.

Serving Size: 20 Drops or 1 Capsule

MEL2045 (4 fl. oz.) 120 servings **$49.95**
MEL2046 (90 Caps.) 90 servings **$48.10**

Fulvic Liquid Minerals 400X Concentrate

400x Super Concentrated Fulvic naturally carries essential macro, micro, and trace minerals and elements in their "cell-ready" forms delivered directly to the cells. A potent bi-directional super anti-oxidant. Fulvic molecules act like "mini-batteries" providing electrons to help charge cell membranes and support cell membrane dynamics for optimal cellular function. When cells and cell membranes are fully charged, nutrients are absorbed more easily into cells. Nutrients must be absorbed into cells to be used in the biochemical processes that support life. These processes only occur INSIDE the cells. Also, acidic waste products produced in normal biochemical processes can build-up when the cell membrane dynamics are not functioning well. This can significantly impair cellular function and health. Fulvic also provides electrons that help restore or optimize cellular energetics - especially in the mitochondria, the cell's powerhouse, so the mitochondria can produce the energy we need for life and vitality.

Serving Size: 40 drops (2 dropper pulls)

MEL2040 (4 fl. oz.) 60 servings $49.95

Colloidal Minerals "Unflavored"

NOW® Colloidal Minerals is comprised of highly absorbable, water-soluble minerals derived from prehistoric plant deposits in Utah. Each 1 ounce serving has naturally occurring trace amounts of many major and trace minerals. These colloidal minerals were created ages ago when they became incorporated into the living plants, fruits and vegetables of that era. These trace elements helped to form the luscious vegetation which contributed to the vibrant life which flourished on this planet.

Serving Size: 1 fl. oz.

NO1405 (32 fl. oz.) 32 servings $17.40

Colloidal Minerals

This plant derived colloidal mineral supplement consists of a natural assortment of over 70 minerals. Trace amounts of these minerals are essential for health and vitality. These minerals are harvested from plant material known as humic shale in Utah. That are the same type found in fruits and vegetables. They are nontoxic, water soluble and more easily assimilated than metallic minerals.

Serving Size: 2 Tbsp

BT4565 Grape Flavor (33 fl. oz.) 32 servings $25.95

Pico Potassium

Using the same proprietary technology that created ReMag® and ReMyte®, we have made Pico Potassium™ liquid potassium supplement available to our customers. Pico Potassium™ is a great potassium supplement to use as it offers stabilized ions of potassium that are fully absorbed at the cellular level. We add it to our mineral family to help support the electrolyte balance in the body. The potassium ions of Pico Potassium™ are derived from potassium chloride originally sourced from potash mined in Saskatchewan, Canada.

Serving Size: 1/4 tsp

RNA1012 (8.1 fl. oz.) 192 servings $29.95

Potassium 99mg 'Ionic'

Ionic Potassium is a natural source of concentrated liquid potassium in ionic form. Potassium is an essential mineral for basic life function and is found in every cell of the body. It's essential for proper nerve conduction, muscle function, fluid balance, and helps maintain healthy heart and brain function.

Serving Size: 1/3 tsp

TM2035 (2 fl. oz.) 33 servings $14.30

Potassium Citrate TOP SELLER

Potassium is an essential mineral that is widely distributed among food sources, with especially high levels present in fruits and vegetables. Potassium is critical for the maintenance of normal whole-body and cellular fluid levels, as well as for the maintenance of acid-base balance. It is also necessary for proper muscle contraction, the maintenance of healthy heart function, and for the transmission of nerve impulses. Potassium citrate is a well absorbed and highly bioavailable form of potassium.

Serving Size: 1 Capsule up to 5 X daily

NO1448 99mg (180 Vcaps.) 180 servings $10.15

Potassium Citrate

Potassium is an important macromineral, required by the body in relatively large amount. Potassium Citrate is a pure source of potassium, with good bioavailability.

Serving Size: 1 Capsule

NCY2703 (120 Caps.) 120 servings $11.00

Potassium Iodide

Potassium is an essential mineral that is widely distributed among food sources, with especially high levels present in fruits and vegetables. Potassium is critical for the maintenance of normal whole-body and cellular fluid levels, as well as for the maintenance of acid-base balance. It is also necessary for proper muscle contraction, the maintenance of healthy heart function, and for the transmission of nerve impulses. For Short-Term Use.

Serving Size: 3 Tablets

NO1454 30mg (60 Tabs.) 20 servings $9.45

Boron (Calcium Borogluconate)

Boron is a biologically active trace mineral that affects calcium, magnesium and phosphorus metabolism. Boron is known to support bone strength and structure.*

Serving Size: 1 capsule

NO1410 3 mg (100 Caps) 100 servings $6.50
NO1412 3 mg (250 Caps) 250 servings $14.50

Copper

Involved in a long list of bodily functions for vibrant, glowing health, this essential trace mineral packs a big punch. Naturally found in all the body's tissues, copper is a vital component of enzymes responsible for energy production, immune system and nerve function, connective tissue maintenance, red blood cell formation, the body's absorption of iron and much more. Committed to crafting superior products that just work better, we bring you Solaray Copper 2 mg. This hardworking supplement provides 222% of the daily value in a bioavailable amino acid chelate form. Minerals in this formula are reacted with aspartic acid, whole rice concentrate, citric acid and glycine for faster absorption and utilization.

Serving Size: 1 Capsule

SOL4026 2mg (100 Vcaps.) 100 servings $7.25

Copper TM "Ionic"

Ionic Copper provides 333% of the Daily Value of copper per serving, plus over 72 naturally occurring ionic trace minerals. Copper is an important mineral that helps to activate the antioxidant enzyme superoxide dismutase. Copper also plays an important role in many physiological processes, including the healthy formation of red blood cells, proper enzymatic reactions, efficient utilization of iron, and maintaining healthy connective tissue, hair, and eyes.

Serving Size: 1/4 Tsp. or 1.25ml

TM2020 3mg (2 fl. oz.) 48 servings $16.35

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Copper Ionic

Copper is essential for both Iron and Zinc utilization, as well as for maintaining a strong cardiovascular system. Copper, along with Iron, is necessary to produce hemoglobin (the part of the red blood cell that carries oxygen from the lungs to all the cells in the body). Copper is necessary for normal development and maintenance of blood, bone, nerves, connective and other tissues.

Serving Size: 1 Tbsp

EIM0055 (18 fl. oz.) 36 servings $16.35

Chromium TOP SELLER

New and improved! Now bound to Niacin, studies show a greater biological activity and safety than other chromiums. Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Serving Size: 1 Capsule

CHU6292 200mcg (200 Caps.) 200 servings $18.40

Platinum

Platinum is believed to help with the brain function, glandular production and circulation. It has also been linked to controlling the inflammation in the body.

Serving Size: 1 Tablespoon

NHN6264 (32 fl. oz.) 64 servings $38.70

Selenium Ionic

The ability to obtain Selenium in our foods on a regular basis is difficult at best. Supplementation is the best way to insure a steady supply and a steady supply is essential for optimal health. Supplementing with Selenium helps to support a healthy immune system, thyroid and liver function, and breast and prostate tissues.

Serving Size: 1 Tbsp

EIM0123 (18 fl. oz.) 36 servings $16.35

Selenium

Selenium helps to protect the body from cell damage due to free radicals and supports the functioning of the thyroid gland. Superior Source provides selenium in our Instant Dissolve MicroLingual® Tablets for optimal nutrient delivery.

Serving Size: 1 Tablet

SS90050 200mcg (60 Ct.) 60 servings $8.35

Selenium TOP SELLER

Selenium is an essential trace mineral and functions as part of the antioxidant enzyme glutathione perioxidase.It is bonded to the essential sulfur amino acid, methionine, in a naturally occuring form as found in the diet. Selenium is found most abundantly in Brazil Nuts, organ meats, seafood, and wheat germ.* From L-Selenomethionine

Serving Size: 1 Capsule

NO1486 200 mcg (180 Caps.) 180 servings $14.50

Manganese

Amino Acid Chelate. Supports Energy Production

Manganese is an essential trace mineral involved in many key functions in the body. It plays a role in energy production, in normal bone formation and development, and in the synthesis of many vital cellular biochemicals such as collagen, prothrombin, urea, mucopolysaccharides, fatty acids and proteins. In addition, manganese is a cofactor for superoxide dismutase, one of the body's main protective antioxidant systems. This manganese is specially bonded (chelated) with amino acids to protect mineral value and enhance assimilation.*

Serving Size: 1 per day

SN0342 10 mg (100 Tabs.) 100 servings $5.95

Pico Zinc Plus

Pico Zinc Plus™ follows the tradition of our ReMag®, ReMyte®, ReCalcia®, and Pico Silver® as a stabilized pico-meter-ion of zinc. The source of Pico Zinc Plus™ is pure zinc lactate. Its ions are smaller in diameter than the body's cell mineral ion channels which makes it easier to digest and absorb than a pill or powder. Also contains 2mg of copper.

Serving Size: 1/2 Teaspoon

RNA1030 (8.1 fl. oz.) 96 servings $36.40

Zinc 50mg "Ionic"

Liquid Ionic Zinc is a rich concentrated liquid dietary supplement that provides zinc in ionic form – the form most widely recognized by the body. The balanced liquid form allows for variable dosing. Also contains a full spectrum of concentrated Ionic Trace Minerals.

Serving Size: 1/4 teaspoon

TM2029 (2 fl. oz.) 48 servings $12.40

Zinc Ionic

Zinc is essential for the maintenance of immune system strength and glandular health. It can be rapidly depleted when the body is fighting an illness. Zinc promotes immune system health by activating the production of white blood cells. Zinc also activates the production of numerous hormones necessary for growth and development. Like enzymes, hormones are proteins essential to the body's health and function. These proteins are produced in specific organs in the body, passed into the bloodstream and carried to distant cells and organs to stimulate the functioning of that organ.

Serving Size: 1 Tbsp

EIM0126 (18 fl. oz.) 36 servings $16.35

Zinc TOP SELLER

Zinc is an essential mineral that plays an important role in many enzymatic functions. Found primarily in the kidneys, liver, pancreas, and brain, Zinc also helps support healthy immune system functions and is an important component of bodily antioxidant systems.

Serving Size: 1 per day

NO1520 50mg (100 Tabs) 100 servings $5.80

NO1522 50mg (250 Tabs.) 250 servings $11.60

Zinc Complex TOP SELLER

Zinc Complex is a 100% vegetarian Food supplement that is intended to supply nutrients needed to provide high quality 100% Food organic zinc.

Serving Size: 1 Capsule

DOC9090 18mg (90 caps.) 90 servings $25.00

Zinc TOP SELLER

Zinc delivered in wholesome nutritional yeast (S. cerevisiae). Having adequate zinc in your diet is critical to support the vital functions of over 100 different enzymes in the body. Supports healthy tissue development, wound recovery and immune function. Mineral-rich organic whole foods provide synergistic trace minerals tocatalyze utilization. Easy to digest even on an empty stomach. Fermented Zinc Bisglycinate.

Serving Size: 1 per day

MF1188 22.5 mg (60 Tabs) 60 servings $19.95

Zinc Lozenjets 5mg

Zinc is an essential mineral required by more than 300 enzymes for the support of multiple systems and functions in the human body. In addition, studies have indicated that zinc promotes recovery from the common cold and related symptoms. Our Zinc Lozenjets are formulated with vitamin C and elderberry extract as added protection for your health. Current research indicates that elderberry extract stimulates antibody production during acute illness. Try this special formulation in our instant dissolve Zinc Lozenjets.

Serving Size: 1 Tablet

SS90070 5mg (60 Ct.) 60 servings **$7.15**

Zinc Lozenges

Zinc Lozenges are truly superior tasting supplements for both children and adults. It contains zinc in the gluconate and citrate form to support immune system function, which is especially important during the winter months. The lozenge form also works well to support the tissues of the throat.

Serving Size: 1 Lozenge

NFR9182 25mg Peppermint (120 Loz.) 120 servings **$25.20**

Zinc Lozenges (Berry Flavored)

Zinc is a mineral that is present in all tissues, organs, and secretions of the body. It supports general health and is best known for helping support immune function. These wild berry flavored lozenges make taking zinc easy and delicious, especially when you're traveling, working in a crowded office or school environment, or getting ready for the winter season. Our formula also includes Vitamin C for immune support.

Serving Size: 1 Lozenge

NW41092 (60 Ct.) 60 servings **$4.95**

Lithium Ionic Liquid

New Beginnings Nutritionals offers an ultra concentrated blend of ionic liquid lithium that mixes easily into water or juice. Ionized minerals are very bio-available because they are easily recognized and absorbed by the body, which results in better utilization and assimilation into the cells.

Serving Size: 10 Drops

NBN1262 (60 ml.) 100 servings **$20.55**

Lithium Orotate

Lithium is an important trace element naturally occurring in many types of foods including grains and vegetables.

Serving Size: 1 capsule

KA6331 5 mg (120 Vcaps) 120 servings **$11.85**

Antioxidants

Fisetin "500 mg" NEW

Product Benefits: Healthy aging and longevity Activates Sirtuins. Fisetin is also a powerful senolytic that helps remove dead (senescent) cells that build up as we age. BRAIN SUPPORT: Fisetin crosses the blood-brain barrier supporting memory and cognitive function. Powerful antioxidants: Fisetin helps produce glutathione – the strongest antioxidant in our body.

Serving Size: 1 Vcap

NTR2698 (60 Vcaps.) 60 servings **$67.20**

Grape Seed Extract TOP SELLER

NOW® Grape Seed Extract is a highly concentrated natural extract containing a minimum of 90% Polyphenols, including OPC's (Oligomeric Proanthocyanidins), the beneficial antioxidant compounds found in Grape Seeds. Grape Seed Extract and OPC's have been the subject of numerous scientific studies demonstrating their efficacy in the support of cardiovascular health and immune system balance. In addition, non-clinical studies have shown that Grape Seed Extract may protect healthy brain and nerve tissues.*

Serving Size: 1 capsule up to 2 x a day

NO3274 250mg (90 Vcaps.) 90 servings **$21.75**

Muscadine Grape Seed

Muscadine grapes are grown in the hot, humid, disease prone climate of the Southeastern United States. Like our immune system, which provides more antibiotics when under attack, Muscadine grapes produce more phenolic compounds when under stress from fungal disease. Nature's Pearl Premium Muscadine Grape Seed is made with over 100 naturally occuring phenolic compounds such as, Resveratrol, Ellagic Acid, Quercetin and OPC's working on a mission to build your health!

Serving Size: 1 capsule up to 2 x a day

NP001 (60 Caps) 60 servings **$57.99**

Resvital

This is the true sour Mediterranean grape powder, full-spectrum. Resvital is a sun-dried formula full of photonic energy and contains naturally occurring resvertrol, malic acid, tartaric acid, and vitamin C, all of which are needed for circulation. It also contains naturally occurring chromium. It's ideal for supporting a healthy heart & circulatory response and also healthy detoxification.

Serving Size: 2 capsules

NH9066 (90 Vcaps.) 45 servings **$26.95**

Resveratrol 200mg w/Red Wine Extract

Resveratrol is a polyphenol naturally found in the skin of red grapes, certain berries, and other plants. Recent research has shown that Resveratrol can help to support healthy cardiovascular function. Resveratrol is best known for its cellular anti-aging properties, as well as for its ability to promote a healthy response to biological stress.

Serving Size: 1 Capsule

NO3354 (120 Caps.) 120 servings **$36.25**

Clinical OPC TOP SELLER

French Grape Seed Extract contains powerful healthpromoting nutrients called oligomeric proanthocyanidins (OPCs) that support a wide range of health needs. It supports; Heart and Arteries • Blood Sugar• Cellular Protection • Immune Function • Cholesterol Balance • Weight Management • Focus and Concentration • Blood Pressure • Liver Function

Serving Size: 1 capsule up to 3 x a day

TN28425 "Reg. Strength" (60 Caps.) 60 servings **$24.80**

TN28426 "Extra Strength" 400 mg (60 Gels) 60 servings **$41.60**

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MegaHydrate

MegaHydrate™ is a powerful antioxidant supplement that promotes essential full-body hydration. Dehydrated cells cannot properly absorb nutrients or get rid of waste. Over time this leads to nutritional deficiency, cellular oxidation, and a dangerous build up of toxins. MegaHydrate™ is the key to unlocking the hidden nutrient enhancing potential of water inside your body. It's scientifically tested, safe, and has no known adverse side effects.

Serving Size: 2 per day

PSA1069 (60 Caps.) 30 servings **$35.99**

ReadiSorb Go (Liposomal Glutathione)

ReadiSorb GO is Liposomal Glutathione in an easy to use powder! There are 30 packets per box and each packet contains 500mg of glutathione.

Serving Size: 1 Packet

YES1050 (30 Packets) 30 servings **$64.00**

Glutathione "Clinical" TOP SELLER

Featuring a unique, patented Slow Melt tablet, Clinical Glutathione was shown in a published human study to achieve an unparalleled 230% improvement in healthy glutathione ratios compared to unprotected glutathione. Stable, Oral Glutathione for Vital Support. Supports anti-inflammation and detox.

Serving Size: 2 per day

TN23706 300 mg (60 Tabs) 30 servings **$54.40**

Alpha Lipoic Acid TOP SELLER

This is a versatile water and fat soluble metabolic antioxidant. It is a potent free radical quencher and aids other vitamins in their antioxidant activities

Serving Size: 1 per day

NO3042 250mg (60 caps) 60 servings **$14.50**

R Alpha Lipoic Acid "600 mg"

Each serving contains a potent 600mg dose of R Alpha Lipoic Acid may support healthy cellular function. With Biotin: Each serving also contains 300mcg Biotin to help prevent Biotin Deficiency that often occurs with continued use of R Alpha Lipoic Acid. Powerful Antioxidant Support: R-Alpha Lipoic Acid is renowned for its potent antioxidant properties. Cellular energy and metabolism support: R Lipoic Acid plays a vital role in cellular energy production, converting glucose into usable energy. By supporting optimal mitochondrial function, it helps maintain energy levels throughout the day, promoting vitality and well-being.

Serving Size: 2 Vcaps

NTR2599 (60 Vcaps.) 30 servings **$38.40**

Skin Health

Nail-It "Toe & Fingernail formula" NEW

Nail-It is a powerful and researched topical agent for nail beauty and health. Made of potent spice oils with proven antiseptic powers this is the ideal rub for the nails. This is an aggressive natural complex for supporting overall health of the nailbeds. Use as a rub twice daily. May also be taken simultaneously as sub-lingual drops. Get the extreme power of Nail-It for toenail and fingernail support. Best used with Nail-It capsules and/or OregaRESP. All these are highly potent for achieving the needed positive results.

Serving Size: 1 Capsule

NH0180 (1 fl. oz.) **$30.75**

NH0188 (60 softgels) 60 servings **$30.75**

The Good Oil

Short of treating it to a high-end spa, this gorgeous organic face oil is a great way to pamper your skin! Wonderfully aromatic (like a Thai garden in springtime), 'The Good Oil' is a multitasking wonder; a natural face oil not only helps to nurture and rejuvenate the skin, but also to provide that finishing glow. Try 'Clean Slate Cleanser' & 'Daily Rituals Moisturizer' along with 'The Good Oil' to get full glowing effects.

OS0005+T (1.0 fl. oz.) **$25.95**

Vitamin Sea Serum

Life is beautiful, thanks to this hydrating, brightening, and plumping vitamin C face serum. Formulated to rejuvenate the skin, replenish collagen, and help manage aging, Vitamin Sea contains a synergistic blend of premium organic ingredients, including replenishing New Zealand Native Red Seaweed and hydrating New Zealand Native Black Fern. If you're into super-soft, glowing skin, then it's time to get a little Vitamin Sea in your life! Great product to combine with ' The Dream Cream' for anti-aging skincare routine.

OS0009+T (1.0 fl. oz.) **$30.25**

Task Force Nine Calming Cream

Infused with 9 hydrating and calming natural ingredients, this multitasking treatment cream is the perfect addition to your bathroom cupboard or travel bag. Formulated to help care for a variety of skin conditions - from dry, tired skin to minor breakouts - it contains moisturizing and antioxidant properties that your skin will love, especially when it needs a little TLC. Combine with 'Clean Slate Cleanser' for full clear-skin benefits. Can be used as an after shave cream for both male and female.

OS0004+T (2.0 fl. oz.) **$21.60**

Clean Slate Cleanser

You can wipe the slate clean with our gentle, regenerative, natural AHA face cleanser! Formulated to both set up your day and remove its traces, Clean Slate is infused with antioxidants and five natural AHAs to help brighten your complexion, boost collagen, unclog pores, and protect the skin against environmental toxins. New dawn. New day. Clean slate. Combine with 'Task Force Nine Cream' to get full clear-skin benefits.

OS0003+T (3.0 fl. oz.) **$21.60**

Acne Essentials TOP SELLER

Everyday toxins, occasional stress, and poor diets can make even the best skin break out. That's why it makes sense to take a new approach to acne. With the targeted nutrients in Acne Essentials, your best skin starts from the inside out. Reduces occasional breakouts. Aids your skin's defenses. Supports healthy detoxification and promotes clear, fresh skin.

Serving Size: 1 Capsule

TN29906 (60 Caps.) 60 servings **$20.00**

Herpanacine Skin Support TOP SELLER

Clear, Healthy Beautiful Skin - Naturally. Use for Acne, Psoriasis, Eczema, Herpes, Canker Sores and more. Dr. Diamond designed the unique blend in Herpanacine utilizing the finest quality, gluten free, non-GMO vitamins, herbs, amino acids and antioxidants including Lysine, A-Beta-Carotene, L-Tyrosine, E-D-Alpha, Selenium, Dandelion, Sarsaparilla, Astragulus, Ligustrum, Echinacea and Zinc. Using all these important ingredients in the precise amounts, Herpanacine Skin Support helps clients achieve optimal benefits, from the inside out. We suggest using it for a minimum of 2 months. For best results use long term. Can be used for children of any age, simply open capsule and mix with juice, yogurt, apple sauce etc. Great for rashes and more.

Serving Size: 3 capsules

DHP1100 (100 Vcaps) 33 servings **$32.55**
DHP1200 (200 Vcaps) 66 servings **$50.65**

Grass Fed Collagen Peptides

Collagen is the most abundant protein in the human body and is often described as the glue that holds everything together. As we age, our body's natural production of collagen, a protein essential to overall health and appearance, declines. Grass Fed Collagen Peptides provides an easy way to add highly absorbable collagen to your daily diet. It's unflavored and perfect for shakes, smoothies, coffees, drinks or can be used in baking. One scoop conveniently delivers 20g of collagen peptides and is great for anyone looking to improve skin elasticity, nail and hair strength and joint mobility.

Serving Size: 1 Scoop

GO3536 (560 Grams.) 28 servings **$38.50**

Collagen Power Plus

This is that rare collagen supplement that is convenient to take and also made more potent through the addition of the plant enzymes, bromelain and papain, plus high-mountain shilajit as a mineral source. The collagen used in this is bovine from grass-fed Brazillian herds.

Serving Size: 3 capsules

NH2011 (90 Caps.) 30 servings **$23.05**

Neocell Super Collagen TOP SELLER

Provides specific amino acids necessary to replenishing the body's collagen supply helps, minimize fine lines & wrinkles, and improves elasticity in the skin; builds and supports bone matrix; corrects weak, broken, split and damaged nail beds; thickens fine hair; adds body and slows down hair loss; repairs connective tissues for improved elasticity; improves circulation; promotes glycine; builds lean muscle to help burn fat while you sleep.

Serving Size: 1 scoop or 6 tablets per day

NE1025 Powder (6.7 oz.) 20 servings **$17.95**
NE1028 Powder, Berry/Lem (6.7 oz.) 16 servings **$20.20**
NE1032 +C (180 Tabs.) 30 servings **$16.80**
NE1036 +C (270 Tabs.) 45 servings **$22.40**

Lustrous Hair

This is a formula that helps with premature hair loss and help promote strong hair growth.

Serving Size: 30 Drops

CHU950 (2 fl. oz.) 59 servings **$23.20**

Hairfluence TOP SELLER

Hair growth supplement featuring healthy growth supporting nutrients like MSM, biotin, collagen hydrolysate and bamboo extract. Bid breakage adieu and prepare for the stronger, healthier hair of your dreams. This formula also provides the essential proteins, vitamins, and minerals to support more radiant skin and strong nails.

Serving Size: 2 Capsules

ZN6140 (60 Vcaps.) 30 servings **$29.99**

Hair, Skin & Nails Max

Purvana Max stops split-ends, fortifies weak nails and eliminates dark spots fast! Double strength Biotin 5000mcg, Vitamin A, Vitamin B Complex, folic acid and grape seed extract form a powerful compound guaranteed to give you undeniable results. One a day veggie cap Hair, Skin and Nails formula with 5000mcg biotin. Promotes thicker & fuller hair, stronger nails and glowing skin. Increase collagen production to prevent sagging skin and wrinkles.

Serving Size: 1 Capsule

WG1015 (30 Vcaps.) 30 servings **$23.95**
WG1020 (90 Vcaps.) 90 servings **$43.95**

Living Silica

Supports healthy collagen and elastin production for joint & bone support, glowing skin, and promoting healthy hair & nails.

Serving Size: 2 Capsules

SC1015 (120 Caps.) 60 servings **$47.95**

BioSil Hair, Skin, Nails

Award-winning BioSil Hair Skin Nails, with clinically proven ch-OSA®, is specifically formulated to help nourish your body's 3 beauty proteins and restore them to more youthful levels.* Collagen "plumps out" skin, removing wrinkles and preventing them from forming.* In addition, collagen is essential for strong, healthy bones and joints.* Keratin is the protein that's packed into your hair shaft. It gives your hair thickness, body, strength, and elasticity.* Plus, keratin gives your nails strength.* Elastin gives your skin its ability to stretch and "bounce back" preventing fine lines and wrinkles.*

Serving Size: 1 capsule 2 times per day

NFN9182 (30 Vcaps) 30 servings **$21.50**
NFN9183 (60 Vcaps.) 60 servings **$36.30**

Beau-T Hair, Skin & Nails

Beau-T™ supports healthy tissues throughout the body and nourishes hair, skin and nails. It supports the health of all three, and it specifically helps with growth of hair and nails.

Serving Size: 3 Capsules

LS5219-090 (90 Caps.) 30 servings **$26.55**
LS5219-180 (180 Caps.) 60 servings **$47.60**

Hair Skin & Nails

DESIGNED TO SUPPORT "INNER HEALTH" PRODUCING "OUTER BEAUTY." A comprehensive beauty formula providing minerals, herbs and cofactors for support of healthy hair, skin and nails.

- Thicker, stronger, fuller hair.
- Clear, glowing, beautiful skin.
- Strengthens nails naturally.

For internal use.

Serving Size: 1 Tbsp

BT4038 (17 fl. oz.) 32 servings **$26.25**

Hair, Skin & Nails

Formerly called Hair Specific, This formula has been reformulated to help meet your Hair, Skin & Nail needs.

Serving Size: 3 per day

CHU849 (90 Caps.) 30 servings **$19.40**

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Udo's Oil 3-6-9 Blend

Using Creams and moisturizers alone may not stop your skin from looking like an old bag. Udo's Oil establishes a foundation for beautiful skin by providing Omega-3 & Omega-6 EFAs your body needs. Udo's Oil™ 3•6•9 Blend supplies omega-3 and omega-6 EFAs in a 2:1 ratio. It is a special formulation of natural, unrefined oils from fresh, certified organic flax, sunflower, sesame and evening primrose seeds as well as oils from coconut, rice and bran.

Serving Size: 1 Tbsp up to 3 x a day

FI67982 (17 fl. oz.) 33 servings **$42.10**

Acne & Blemish Treatment

Kit Clear is an all-natural acne and skin blemish treatment that helps to prevent oncoming breakouts and to lessen the duration and severity of acne already visible. In a convenient 12ml on-the-go size, this go-on-clear solution can be discretely applied with the handy roller ball applicator at work or play without any visible residue.

TH7566+T (0.33 oz) **$14.50**

Clean Skin "Spray"

Herbal alternative to Hydrogen peroxide in a handy spray bottle. Can be applied directly, straight or diluted. A gauze pad can be soaked with the tincture and applied to the area for continual application. Also use for cuts, scrapes, bruises, rashes, pimples and more.

NA1057-001 (1 fl. oz.) **$11.99**
NA1057-002 (2 fl. oz.) **$17.60**

Thyme Out TOP SELLER

The Natural Alternative for Skin Problems. Use for Acne, use it like a toner on clean skin* to treat problem areas like the classic T-zone of forehead to chin. Simply saturate a cotton pad with Thyme Out and immediately apply it gently to skin, allowing Thyme Out to sink deep into your pores. Since it doesn't dry like other acne products you can easily use it multiple times daily as an anti-bacterial preventive measure. Also used for Psoriasis, Rosacea, Eczema, Dermatits, Skin Fungus. These skin issues are at their source either fungul, viral, or bacterial. Thankfully Thyme Out is a powerful anti-fungul, anti-viral, and anti-bacterial that fights the source of the issue. Additionally, Thyme Out is a heralded anti-inflammatory topically so it soothes and heals the actual symptoms as well.

TO7669 (8 fl. oz.) **$15.95**

Thyme Out Wrinkles

Formulated from whole plants like sweet potatoes and the Babchi flower, Thyme Out delivers safe, natural and comprehensive results! Our mist is rich in anti-aging ingredients like Vitamin A, AHAs and Retinol. Together, they effectively remove dead cells, promote thicker skin and even stimulate collagen production. With regular use, you'll see a visible reduction in fine lines and wrinkles!

TO7675 (4 fl. oz.) **$16.95**

C-Herb Salve

For the removal of moles, warts, or skin tag, you may find that the C-Herb works very well. Some discolored spots may not be affected. C-Herb will not do anything to healthy tissues, so if it doesn't work as described, you haven't hurt anything by applying it. We suggest that you apply a small amount of Herbal Skin Salve, to the area you plan to use C-Herb on, for at least 3 days prior to using C-Herb. This will prepare the tissues and reduce the chance of scarring. Ingredients: Water, fiber, black walnut, burdock, white oak bark and mineral salts and proprietary herbs. Contains 1 gram (note the bottle is only 1/8 of the way full and not completely full. The color is light brown due to an ingredient being harvested in a different season.)

TY2460 (1 Gram) **$21.95**

Skin Spray

This is a great travel or purse companion. P2 probiotics eat away the microscopic film in which disease-causing bacteria thrive on your skin's surface. Use this spray for cuts, rashes, burns, bug bites or skin diseases like eczema or psoriasis. This spray will coat your skin, providing protection and a fresh clean feeling of relief all day long. Hey, spray your cell phone, purse, etc. to protect against bacteria! Safe for Skin and Inhalation. Non-Allergenic. Safe for Babies. Ingredients: A Proprietary Blend of FDA GRAS Spore Probiotics. Water, Organic Vanilla, Organic Spearmint.

EB1020+T (2 oz.) **$10.15**
EB1022+T Refill (16 oz.) **$37.10**

D-Lenolate Skin Treatment NEW

This formula will leave your skin feeling revived and healthy. Using the healing power of East Park's d-Lenolate, this topical formula provides natural solutions to fight vitally every chronic skin problem, from skin inflammation to pathogens. Our d-Lenolate Topical Skin Treatment Formula penetrates to the third layer of skin and, in the presence of blood, transforms into nature's most powerful and broad-spectrum pathogen exterminator. Give your skin what it deserves with this small olive leaf extract for skin problems and discover just how good your skin can feel.

EPR1775+T (1 oz.) **$13.95**

Derma Boost 70

Derma Boost Skin Rejuvenator is an organic, all natural spray-on skin & Hair conditioner and restorer. It is formulated from naturally occurring Fulvic Minerals in purified water. ADULTS & CHILDREN: Spray on skin and hair daily after bathing, or as a refreshing boost any time of the day. Derma Boost is safe for any type of external use. If redness appears, discontinue use.

MSM2980 (8 fl. oz.) **$14.25**

E-Oil

This 80% Mixed Tocopherol Vitamin E Oil is in its natural and unesterified form. Vitamin E is a major antioxidant and the primary defense against lipid peroxidation.*

NO0930 (4 fl. oz.) **$14.50**

Hydrated Clay TOP SELLER

Redmond Clay Facial Mud with Silver makes the power of Redmond Clay more convenient, portable, and effective than ever. Through a potent combination of Redmond Clay and nano silver, it helps clarify your skin, absorb excess oil, reduce pores, remove impurities, tone, and deep clean your skin for a beautiful, clear complexion. Just apply this simple facial mask to your skin daily and get ready to glow.

RE0032+T (4 oz.) **$11.75**

DID YOU KNOW ?

Eczema tends to be either a food intolerance or toxic build up in the body.

SuperFoods & Greens

Energizing Morning Blend Powder TOP SELLER

Foundational Super Greens: Energizing Morning Blend is a simple, yet effective way to give your body the extra nourishment that it needs, every day. It is formulated with highly concentrated nutrient-dense foods, including: fermented ingredients and multiple source, organic food-based prebiotic natural fiber to support gut health, digestion, and elimination; as well as power-packed probiotics to support a healthy microbiome which helps immunity, vitamin assimilation, and overall gut health; multiple food-based sources of antioxidants; and energizing enzymes to support effective digestion. This blend is naturally sweetened with Monk Fruit Extract, it has NO added sugar! No fillers or extra bulking agents added, either! It's also Certified Organic, which means NO GMOs or Chemical Pesticides, etc. Our Energizing Morning Blend includes a special energy blend including Apple, Cordyceps Mushroom Extract, Green Tea Extract, and more! Try some Foundational Super Greens: Energizing Morning Blend today! Note: Contains approximately 11mgs. of natural caffeine from organic green tea leaf extract.

Serving Size: 1 Scoop

NA8201-030 (6.98 oz.) 30 servings **$29.95**

Organic Super Greens Energizer

Get your greens plus an energy boost. Organic SuperGreens Energizer is packed with 25+ greens, fruits and herbs (plus probiotics), including energy-boosting botanicals to bring you clean, sustained energy.

Serving Size: 1 Scoop or 3 Tablets

AN22905 Powder (7.5 oz.) 25 servings **$43.15**
AN22910 (90 Tabs.) 30 servings **$43.15**

Super Food Plus TOP SELLER

Dr. Schulze's SuperFood Plus blasts your bloodstream with a rich supply of vitamins and nutrients that increase energy, vitality and strength. BLASTS every cell in your body with nutrient-rich organic vitamins and minerals to give you more ENERGY than ever. The great whole food, herbal, vitamin and mineral product. Nature's high-octane SUPER-NUTRITION that ASSIMILATES in seconds.

Serving Size: 2 TBSP or 15 Tablets

DS6503 Powder (14 oz.) 26 servings **$49.99**
DS6504 Tablets (390 Tabs.) 26 servings **$98.95**

Super Food 100 TOP SELLER

SuperFood 100 was designed to get you the NUTRITION you need and the ENERGY you want, all from natural sources using only herbs and foods. Clean, vegan and all-natural, it will supply 100% of your major vitamins, plus over 500% of your Vitamin B12 for energy, in just three tablets per day. Nutrition is what builds every cell, every organ and every metabolic chemical in your body—it's what YOU are made of. Having a rich supply of nutrition in your blood gives you energy, vitality and strength, protects you from disease and illness, and if you get sick, speeds up your recovery dramatically.

Serving Size: 3 Tablets

DS6505 (90 Tablets) 30 servings **$38.70**

Perfect Food "Energizer"

Perfect Food RAW Energizer is power-packed with naturally occurring chlorophyll, beta carotene, B vitamins, minerals, protein and amino acids from RAW organic USA grown grass juices, dark green juices like spinach, parsley and kale, protein-rich sprouts and juiced-up super antioxidant fruits like RAW organic blueberries, strawberries, raspberries, and Indian Amla Berries. Yerba Mate/ Pomegranate flavor.

Serving Size: 1 scoop

GO1715 Powder (9.73 oz.) 30 servings **$40.25**

Perfect Food "Green Superfood"

Perfect Food RAW is RAW, whole food nutrition providing naturally occurring antioxidants, enzymes, amino acids, essential fatty acids, and dozens of phytonutrients. Bursting with prebiotics, probiotics, and enzymes to support healthy digestion and nutrient absorption, packed with the power of 34 nutrient-dense, RAW, organically grown greens, sprouts and vegetable juices for the RAW ENERGY you need every day. Just think of it as RAW organic veggie juice in a bottle. Perfect Food RAW is the convenient and sensible way to get your veggie juice every day. 30 Servings. Apple Flavor.

Serving Size: 1 scoop

GO1624 Powder (8.14 oz.) 30 servings **$40.25**

Body Food "Superfoods"

Body Food is a comprehensive nutritional formulation that is uniquely designed to meet daily macro and micronutrient needs of adults. The ingredients include whole foods such as organic barley, watercress, dulse and a powerhouse of additional well-absorbed key antioxidants, probiotics, bioflavonoids & essential enzymes. Extracts of organic plants such as yucca, carrot root & grape seed are also found in this complete daily formulation making it an excellent addition to a healthy diet or as a daily meal replacement.

Serving Size: 2 scoops

WS5170 Powder (16 oz.) 21 servings **$57.00**

Daily All-In-One + Organic Greens

175 Organic Hand Crafted Ingredients. Daily All-In-One + Organic Greens provides a wealth of greens and other beneficial superfoods. Promotes higher energy levels, enhanced mental focus, adrenal support, immune support, and detoxification with fulvic acid. Mix your green drink in the morning and you will love the taste, how you feel, and the convenience of Daily All-In-One + Organic Greens. Packed with a bounty of organic ingredients.

Serving Size: 1 Scoop

MEL2030 (25.4 oz.) 30 servings **$76.70**

Pro Oranges "Fatigue Fighter"

Nutritional Frontiers' Pro Powders are all-natural fruit and vegetable-based juice powders, fortified with specific nutrients to target specific systems. Ingesting a variety of fruits and vegetables daily provides intake of phenols, vitamin C, proanthocyanidins, ellagic acid, bioflavonoids, and anthocyanins, all of which are powerful antioxidants. Antioxidants battle damage from free radicals, which are believed to play a role in numerous health conditions like aging, cancer, atherosclerosis, and more. In addition to fruits and vegetables, Pro Oranges features added nutrients like riboflavin (vitamin B-2), vitamin C from acerola fruit, and added fiber as Fibersol®-2. Fibersol®-2 is a soluble fiber comprised of a digestion-resistant maltodextrin.

Serving Size: 1 Scoop

NFR031 (11.64 oz.) 30 servings **$44.00**

DID YOU KNOW ?

When planting herbs together, think about how they will thrive. Lavender, oregano, rosemary, sage, and thyme are Mediterranean herbs that grow well in drier soil, On the other end of the spectrum, cilantro, parsley, and basil need lots of water, and do best in damp, sunny environment.

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Pro Reds "Free Radical Fighter

Nutritional Frontiers' Pro Powders are all-natural fruit and vegetable-based juice powders, fortified with specific nutrients to target specific systems. These formulations are gluten-free, dairy-free, egg-free, vegetarian formulas that are free from herbicides and pesticides. Fruits and vegetables are necessary components of a healthy diet. They contain powerful plant compounds known as phytochemicals which perform numerous functions throughout the body. Sometimes people find it difficult to attain the recommended 5-7 servings of produce a day, and that's where Pro Reds and other Pro Powders by Nutritional Frontiers come in. Pro Reds contains the following array of health-promoting produce: orange, carrot, beet, apple, berries, acerola, watermelon, cranberry, pomegranate, black cherries, papaya, plum, peach, broccoli, collards, spinach, and grapefruit. In addition to fruits and vegetables, Pro Reds features added nutrients and herbs such as the antioxidants quercetin, milk thistle grape seed extract, resveratrol, green tea, and more!

Serving Size: 1 Scoop

NFR033 (10.75 oz.) 30 servings **$44.00**

Pro Purples "Cognitive Function"

Nutritional Frontiers' Pro Powders are all-natural fruit and vegetable-based juice powders, fortified with specific nutrients to target specific systems. These formulations are gluten-free, dairy-free, egg-free, vegetarian formulas that are free from herbicides and pesticides. Fruits and vegetables are necessary components of a healthy diet. They contain powerful plant compounds known as phytochemicals which perform numerous functions throughout the body. Sometimes people find it difficult to attain the recommended 5-7 servings of produce a day, and that's where Pro Purples and other Pro Powders by Nutritional Frontiers come in. Pro Purples contains a diverse group of antioxidant-rich produce: cranberry, blueberry, raspberry, black currant, pomegranate, elderberry, bilberry, fig, cherry, plum, cabbage, beet, carrot, eggplant, and more.

Serving Size: 1 Scoop

NFR032 (10.58 oz.) 30 servings **$44.00**

Daily Super Greens TOP SELLER

Eat like a nutritionist, feel like an athlete, and get your daily fruits and veggies all before breakfast. Imagine a great tasting drink with a super blend of superfoods, enzymes, probiotics, fiber, trace minerals, and tons of phytonutrients! What could you do with more energy? With the right nutrition, you can feel better than ever. Daily Super Greens is a ready-to-mix green powder that can help you detox, cleanse your body, and have you feeling your best every day. Available in 3 flavors!

Serving Size: 1 Scoop

SPR4624 Tropical (9.5 oz.) 30 servings **$42.50**
SPR4627 Berry (9.5 oz.) 30 servings **$42.50**
SPR4629 Peach (9.5 oz.) 30 servings **$42.50**

Greens First

Drink your greens. The easy and delicious way to get 15+ servings of organic fruits and veggies. Greens First is a nutrient-rich, phytonutrient & antioxidant super-food that helps maintain a highly alkaline body.

Serving Size: 1 scoop

DFN1000 Mint Powder (9.86 oz.) 30 servings **$31.95**

Pro Lean Greens

Nutritional Frontiers is breaking through nutritional boundaries with Pro Lean Greens, the new frontier in cleansing and detoxification! Pro Lean Greens is a great tasting combination of nutrient rich fruits, vegetables and herbs blended with enzymes and probiotic cultures. Supports Detoxification Cleansing and Rejuvenation. Convenient, Easy-to-use, 30-Day Supply. Gluten Free, Dairy Free & Vegetarian. Supports immune system function and is a great tasting, easy-to-mix powder!

Serving Size: 1 scoop

NFR030 Powder (10.76 oz.) 30 servings **$44.00**

Greens Pak

Greens Pak is a great-tasting, easy-to-mix phyto-nutrient powder that is loaded with energy-packed raw whole foods, super fruits, antioxidant foods, vegetables, enzymes, probiotics, fiber and plant extracts to help energize your body. These "Super-Foods" are the foods we should eat daily for optimum health and wellness. However, most of us don't get them in our standard diet. Suggested Use; Open packet and place the entire contents of the packet into 2 oz. of water and stir vigorously until dissolved. Add more water as desired and enjoy. May also be put in organic soy, rice, almond or cow's milk, a smoothie, or other beverage as desired. Some caking may occur. This does not affect the safety or integrity of the product.

Serving Size: 1 pack

TM1008 Berry (30 Paks) 30 servings **$48.55**
TM1009 Chocolate (30 Paks.) 30 servings **$48.55**

Greens & Probiotics

Greens & Probiotics is a rich probiotic-prebiotic blend that helps promote optimal digestion. This powerful product delivers both a wide variety of health-promoting bacteria and the greens they love to eat! -Provides a bountiful blend of enzymes, botanicals, and other nutrient-rich ingredients for optimal nourishment of humans and beneficial bacteria . -Enteric coating helps our probiotics survive, multiply, and flourish in the gut. -Regulates and normalizes bowel function, relieving constipation, diarrhea, and other digestive problems . -Helps protect and recover the gut microbiome during and after treatment with oral antibiotics . Note; Contains propylene glycol.

Serving Size: 2 capsules

HN2125 (180 Caps.) 90 servings **$46.99**

Garden Veggies

Garden Veggie™ capsules contain phytonutrients from 12 vegetables that are essential to health and vitality. Taking Garden Veggies, along with a healthy breakfast, is a great way to start your day.

Serving Size: 2 capsules up to 3 x a day

NW14793 (60 Vcaps) 30 servings **$13.55**

Barley Power

Green Supreme Barley Grass helps the human body to feel its very best. Considered by many to be the most nutritional of the green grasses, Barley Grass is a source of vitamins, minerals, protein, amino acids, antioxidants, enzymes, and chlorophyll. Our body uses these nutrients to build itself, create energy, strengthen and detoxify at a cellular level.

Serving Size: 4 per day

GS1025 (400 Tabs) 100 servings **$34.35**

Jurassic Green

Jurassic Green is packed full of phyto-nutrients, whole food vitamins, trace minerals, active enzymes, chlorophyll, balanced amino acids & other important nutrients needed by the body.

Serving Size: 2 capsules up to 3 x a day

DC89171 (100 Caps) 50 servings **$21.30**

Alfalfa 'Organic' TOP SELLER

The roots of this Alfalfa grow deep to carry many essential nutrients to the leafy tops. The plant is harvested at maturity ensuring the highest quality plant material and making Alfalfa a powerhouse of nutrients.

Serving Size: 3 Capsules

OWH0060 1200mg (90 Caps.) 30 servings $17.60

Alfalfa 650mg

Alfalfa is a super green that is abundant in vitamins, minerals, and chlorophyll. It has been consumed since ancient times and has been used by herbalists world-wide for centuries.

Serving Size: 3 Tablets

NO2620 (250 Tabs.) 83 servings $10.15

Alfa-Max

Alfa-Max is an easily absorbed 10x Alfalfa Concentrate blended with Alfalfa leaves.

Serving Size: 2 capsules up to 3 x a day

NW5321 1050mg (100 Caps) 50 servings $9.85

RnA ReSet Drops

RnA ReSet Drops are a novel liquid barley supplement formulated to take advantage of the unique properties of its ancient grains, seeds, and plant flowers. RnA ReSet Drops are formulated using safe, all-natural ingredients. Every batch is free of additives, soy, caffeine, hormones, and GMO's.

Serving Size: 2 Drops

RNA1025 (1.5 fl. oz.) 450 servings $98.95

Protein

Complete Plant Protein

Sustains Energy– packed with 21g of plant-based proteins including peas, artichokes, algae and organic superfoods. Builds and Repairs Muscle– amino acid infused protein blend for complete balance. No Bad Stuff!– certified Non-GMO and Gluten Free.

Free of dairy, soy, rice, eggs, nuts, fish, tree nuts, shellfish, artificial flavors and colors. Excellent, smooth texture and great taste!

Serving Size: 1 Packet

PF9820 Vanilla (12 packets) 12 servings $43.70
PF9821 Rich Chocolate (12 packets) 12 servings $43.70

Bone Broth Protein, 20 grams TOP SELLER

For as long as humans have been cooking food over fire, bone broth—the simmering stock of bones from fish, beef, chicken, turkey and other animals that are typically discarded—has been a daily part of life. And it's celebrated by cultures around the world. Bone Broth Protein begins as a true bone broth liquid. It's then dehydrated, making it into a concentrated source of high-quality, tasty powder. Supports healthy joints and skin. Features Collagen type II. Also features glucosamine, chondroitin, hyaluronic acid and 19 amino acids. What's more, Bone Broth Protein supplies 20 grams of bone broth-fueled protein.

Serving Size: 1 Scoop

AN22000 Pure (15.7 oz.) 20 servings $48.30
AN22004 Chocolate (17.8 oz.) 20 servings $48.30
AN22044 Vanilla (17.4 oz.) 20 servings $48.30

Bone Broth Protein, 15 grams

Supports overall satiety & healthy metabolism, healthy joints, healthy gut, healthy skin and nails. Features collagen types 1, 2 and 3, glucosamine, chondroitin, hyaluronic acid and 18 amino acids, all in one scoop!

Serving Size: 1 Scoop

AN21015 Savory Chicken Soup (11.4 oz.) 15 servings $47.95

Multi Collagen Protein

If you're looking to boost your collagen intake, Multi Collagen Protein powder could be just what you're looking for. Multi Collagen Protein features five collagen types from four different sources! Multi Collagen Protein includes hydrolyzed bovine collagen peptides, chicken bone broth collagen concentrate, hydrolyzed fish collagen peptides and eggshell membrane collagen, featuring collagen Type I, II, III, V and X. Odorless, tasteless and easy-to-mix Multi Collagen Protein can be added to a wide variety of healthy foods and beverages, and can: Promote healthy skin and support healthy gut and joints. 9g protein, 0g carbs, 0g fat. Great for coffee, smoothies, pancakes and cookies!

Serving Size: 1 Scoop

AN22696 Chocolate (16.65 oz) 40 servings $48.30
AN22823 Straw/Lem (18.9 oz) 45 servings $48.30
AN22854 Vanilla (16.8 oz) 45 servings $48.30
AN22860 Unflavored (16 oz.) 45 servings $48.30

Multi Collagen Protein Brain Boost

This is more than just collagen: this is real results from 10 types of collagen and brain-boosting botanicals. Manage stress, clear your mind, and stay focused with Multi Collagen Protein Brain Boost. This superfood blend combines organic fermented ashwagandha root, ginkgo leaves and bacopa brahmi leaves, plus organic ashwagandha root and leaf extract and organic lion's mane extract. These powerful botanicals have been used for centuries to support concentration, focus, and positivity. Available in powder or capsules!

Serving Size: 1 Scoop or 3 Capsules

AN22870 Vanilla Powder (16 oz.) 45 servings $52.75

Multi Collagen Protein "Beauty Within"

Multi Collagen Beauty Within is a multidimensional superfood powder uniquely formulated with 5 Types of Collagen (Type I, II, III, V and X) whole food sources. Formulated for supporting healthy aging by improving wrinkle depth and supporting skin health and repair. Supports a healthy gut, skin and joints. Contains 9g protein, 0g carbs, 0g fat.

Serving Size: 1 Scoop

AN22301 Guava/Passionfruit (18.4 oz) 45 servings $50.15

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Multi Collagen Protein "Beauty + Sleep"

With a warm, comforting flavor, this new formulation is a welcome addition to your evening wind-down routine. Promoting a sense of calm after a long day, these ingredients pack in the joint, gut, nail and hair support benefits that makes our collagen famous, plus an added layer of skin support from our clinically studied, plant-based phytonutrient blend. Magnesium and organic ashwagandha round out the ingredient list, providing restful sleep support while alleviating the effects of stress and tension. 9 grams of protein (per serving). Great for teas and smoothies!

Serving Size: 1 Scoop

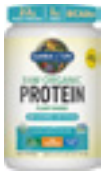
AN22318 Vanilla/Chai (16.51 oz) 38 servings $50.15

Organic Raw Protein & Greens

We combined the power of clean organic protein and the nutrient-rich energy of organic greens! RAW Protein & greens are CLEAN—Certified USDA Organic and Non-GMO Project Verified. Offering 20 grams of smooth, raw organic plant protein per serving from organic sprouted brown rice, organic peas, organic chia, organic navy beans, organic lentil beans and organic garbanzo beans and 6 organic greens and veggies—organic alfalfa grass juice, organic spinach, organic kale, and organic broccoli, carrots and beets—1.5 billion CFU probiotics, 13 non-GMO enzymes, 3 grams of organic fiber and less than 1 gram of naturally occurring sugar, RAW Protein & greens is a delish way to get your protein and greens in one serving. And it's CLEAN, TRACEABLE and PURE.

Serving Size: 1 Scoop

GO2565+T Lightly Sweet (23 oz.) $42.00



Raw Organic Plant Protein

Unleash the nutritive power of living grains and seeds with Garden of Life RAW Organic Protein—a certified organic, RAW, vegan protein powder with a nice taste. Featuring 22 RAW and organic sprouts, RAW Organic Protein is an excellent source of complete protein—providing 22 grams and 44% of the Daily Value—including all essential amino acids. RAW Organic Protein contains RAW Food-Created fat-soluble vitamins A, D, E and K and supports digestive health and function with live probiotics and protein-digesting enzymes. RAW matters because heat can denature proteins, reducing their availability to your body. But Garden of Life's Certified Organic plant proteins are different—always gently produced at low temperatures, without any added fillers or carriers, preserving their complete amino acid integrity and whole-food, Certified Organic, Non-GMO goodness.

Serving Size: 1 Scoop

GO1611+T Unflavored (19.75 oz.) 20 servings $42.00
GO1867+T Vanilla (620 g.) 20 servings $42.00

Replenish Advanced Veggie Protein

This awesome REPLENISH Veggie Protein includes a 100% all natural protein and omega-3 veggie fusion of Sacha Inchi, Pea Protein Isolate, Artichoke, Brown Rice Milled Protein Concentrate, and Milled Chia Seeds, providing 22 grams of protein per scoop! This protein is "Highly-Digestible", and Great-tasting. Also included are essential Phospholipids for Cellular Membrane and Energetic Advanced Lipid Support. Also special Digestive Enzymes to help insure maximum amino acid availability – a problem with regular protein products! REPLENISH offers many benefits over your standard protein powder on the market today!

Serving Size: 1 Scoop

MEL2070+T Vanilla (32 oz.) 30 servings $54.95

Super Shake

Super Shake features pea, rice, and pumpkin as its protein sources, providing a delicious alternative for people on a variety of food programs including weight management, detoxification, low carbohydrate, diabetes, food allergies, or those simply looking to add shakes to their daily routine. Super Shake can be mixed easily with water, coconut, rice or almond milk, and juice. Super Shake may be added to a blender with fresh or frozen fruit, coconut, rice or almond milk, ice, and nut butter.

Serving Size: 1 Scoop

NFR1198+T Vanilla (2.2 lb) 30 servings $55.20

Restructure Protein Powder

ReStructure® is a high protein powder - protein is the main ingredient but carbs and fats are also part of the formula for the appropriate macronutrient balance. Low Glycemic index. Contains 500mg of Omega 3 fatty acids. Grass-fed whey protein, rice, and pea proteins. Natural antioxidants.

Serving Size: 1 Scoop

RNA1005+T Vanilla (594 Grams.) 22 servings $49.95

NutraHemp Raw Protein

NutriHemp Raw Protein Powder Plus Extreme is an ideal, potent vegan protein powder. Protein is needed by every cell of the body—every day. Without it, cells and organs break down. Feel the strength and energy from the immense protein power of organic, sprouted brown rice and hemp protein combined with organic yacon, red sour grape, and wild chaga. Support your blood sugar, plus healthy weight loss and more, with NutriHemp Raw. Feel the strength and energy. 28 servings. Directions: Take 4 tablespoons daily in juice, milk, or smoothies. Mix in hot or cold cereal, soup, and entrees. Add to recipes to increase nutritional value. Great in yogurt and cottage cheese. Delicious in organic almond milk and organic whole milk.

Serving Size: 4 Tbsp

NH1012+T Blueberry (28.2 oz.) 28 servings $46.45

Hemp Protein Powder 'Organic'

Ideal for healthy, on-the-go nourishment for men, women, and children. Helps with building muscle and weight loss. Perfect meal replacements when added to smoothies, or your favorite protein shake. 100% pure plant-based protein, No Fillers, No Sweeteners, Dairy-Free, Vegan, No Artificial flavors, No Sugar or Salt. 19g of Organic Raw Hemp Protein per serving.

Serving Size: 3 Tbsp

ECO1325+T Powder (8 oz.) 7 servings $17.40

Pea Protein

Peas are well known for being a highly bioavailable protein. Additionally, they have no major allergens. Collectively, this makes pea protein an ideal source of post-workout nutrition for athletes who may have difficulty supplementing with other types of protein. NOW® Sports Pea Protein is a Non-GMO vegetable protein isolate that has 24 grams of easily-digested protein. Each 1 scoop (33 g) serving typically has over 4,200 mg of branched chain amino acids, and over 2,000 mg of L-Arginine. NOW® Sports Pea Protein is pure and natural, unflavored, and mixes easily into your favorite beverages.

Serving Size: 1 Level Scoop

NO2124+T Powder (7 lbs.) 81 servings $82.60

Plant Protein Complex

If you're an active vegetarian or vegan then you know how difficult it can be to find a premium quality vegetarian protein powder. NOW® Sports Plant Protein Complex is specifically formulated to address your needs with a non-GMO vegan protein blend from Pea, Brown Rice, Hemp and Quinoa sources. Each 1 scoop serving provides 22 grams of protein, and typically has about 3,900 mg of branched chain amino acids and 1,800 mg of L-Arginine. Naturally sweetened with Xylitol and BetterStevia® Stevia Extract, NOW® Sports Plant Protein Complex is the ideal protein product for your active vegetarian lifestyle.

Serving Size: 2 scoops

NO2129+T Vanilla Powder (2 lbs.) 34 servings **$38.25**

Pea Protein 'Organic'

Peas are well known for being a source of highly bioavailable protein. Additionally, peas are not considered one of the major dietary allergens. Collectively, this makes pea protein an ideal source of post-workout nutrition for athletes who may have difficulty supplementing with other types of protein. NOW® Sports Organic Pea Protein is a non-GMO vegetable protein isolate that has 15 grams of easily-digested protein. Each 2 scoop (20 g) serving typically has over 2,700 mg of branched chain amino acids, and over 1,300 mg of L-Arginine. NOW® Sports Organic Pea Protein is pure and natural, and available in chocolate, vanilla and unflavored, and mixes easily into your favorite beverages.

Serving Size: 2 scoops

NO2108+T Unflavored Powder 15g (1.5 lb.) 34 servings **$26.10**

Eggwhite Protein Unflavored

Eggwhite Protein from NOW is an excellent natural source of high quality protein. Good quality proteins contain virtually no fat or carbohydrates and rate well on the PDCAAS (Protein Digestibility Corrected Amino Acid Score), the newest and most accurate measurement of a protein's quality. NOW® Eggwhite Protein contains 1 g of fat and carbohydrates per serving and rates as one of the highest quality proteins available when using the PDCAAS. A good mix of proteins from different sources provides the best results, and high quality Eggwhite Protein from NOW is an excellent addition to any protein supplementation program.

Serving Size: 1/4 cup

NO2040+T Powder (1.2 lb.) 27 servings **$31.30**

Capra Mineral Whey

The supplement that started the goat milk revolution 85 years ago! A 100% all-natural powdered mineral/electrolyte supplement sourced from goat milk whey. CMW contains over 20 naturally occuring macro and trace minerals in a bio-organic form that is easily assimilated by our metabolism.

Serving Size: 2 Tbsp or 15 tablets

MC2125 Powder (360 g) 14 servings **$27.25**

Replenish Advanced Whey Protein

This blend provides a very high amount of usable protein per serving, 22 grams per scoop! This level provides an ample amount of protein to meet your nutritional needs and also provides immune benefits. This whey is "Highly-Digestible", Great-tasting, pure, and organic, protein powder formula. Also included are essential Phospholipids for Cellular Membrane and Energetic Advanced Lipid Support. Also special Digestive Enzymes to help insure maximum amino acid availability – a problem with regular protein products! The blend used in our REPLENISH Whey provides a high percentage of pure protein and can be pure enough to be virtually lactose free, carbohydrate free, fat free, and cholesterol free.

Serving Size: 1 Scoop

MEL2074+T Vanilla (28 oz.) 30 servings **$53.25**
MEL2072+T Chocolate (30 oz.) 30 servings **$49.25**

Whey Protein TOP SELLER

Enjoy in your yogurt, baked goods, and shakes! Sugar Free and Gluten Friendly Ingredients: Whey (Milk) Protein Isolate.

SFC2085 (16 oz.) **$26.95**

Best Whey Protein

Whey protein is a naturally complete protein that provides essential and non essential amino acids to support healing, muscle building, muscle and tissue recovery, energy and the immune system. Whey protein is a source of branched chain amino acids for muscle support, precursors for glutathione production as well as alpha-lactalbumin and immunoglobulins for immune system support.

Serving Size: 1 scoop

NFR1189+T Choc. Powder (2.29 lb.) 30 servings **$63.75**
NFR1190+T Vanilla Powder (2.09lb.) 30 servings **$63.75**

Whey Protein Powder TOP SELLER

THM Pristine Whey Protein Power is the "Plan Approved" whey. It is the whey we whip it into our Fat Stripping Frappas and Greek Yogurt Swirls. It froths and whips drinks up into rich, creamy deliciousness without added fat. It is simply yummy… and that is what counts. We even use in our coffee to make Trimmaccinos!

Serving Size: 1 scoop

TH5153+T Unflavored (16 oz.) 20 servings **$42.95**
TH5156+T Chocolate (16 oz.) **$45.85**
TH5158+T Strawberry (16 oz.) **$45.85**

Whey Protein Isolate

NOW® Whey Protein Isolate is a high quality protein that is both bioavailable and easily digested. Whey protein has naturally occurring Branched Chain Amino Acids (BCAAs). NOW® Whey Protein Isolate is ideal for active individuals. Whey protein is considered to have the highest Biological Value of any protein source — superior in essential amino acid content to beef, milk, casein or soy.

Serving Size: 1 Level scoop

NO2172+T Unflavored Powder (1.2 lb.) 19 servings **$34.80**
NO2174+T Unflavored Powder (5 lb.) 81 servings **$98.95**

THE BEST TIME TO CONSUME PROTEIN

1. Morning fuel: Metabolism boost
2. Pre & Post-Workout advantage: Performance & recovery
3. Midday energy lift: Sustain & mental focus
4. Evening recovery: Support muscle repair & overnight regeneration

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Weight Loss & Diet

Trim Healthy Mama Plan "Book" TOP SELLER

Forget the Fad Diets, Join the Food Freedom Movement. Becoming trim and healthy doesn't have to be difficult or painstaking anymore. After trying almost every fad diet out there, Serene Allison and Pearl Barrett, creators of the Trim Healthy Mama movement, took matters into their own hands. Through trial and error and much research, they created the Trim Healthy Mama Plan: Keep It Simple. Keep It Sane. Based on the authors' successful self-published book, this simplified, improved, practical plan shows readers a unique way to lose weight and get healthy by eliminating sugar, and still eating hearty, delicious food.

PR2639+T (Book) $18.50

BodyHealth Bars

A convenient, quick, easy, delicious, and nutritious snack that provides clean-burning energy and a boost of nutrients your body needs to be at peak performance. The BodyHealth Bars are delicious, appetite-filling, nutritious bars that will enhance your life and your daily routine. They can tackle hunger and provide a stable source of energy. Fortified with PerfectAmino, all bundled together in a delicious Blondie or Mocha Chip flavored bar. Whether you are on a weight-management journey, keeping it low-carb, living a vegan lifestyle, or just want a tasty snack for you or your kids to tide you over through the day, this is the perfect bar for you. Contains 9 grams of protein fortified with PerfectAmino.

BH1070 Mocha Chip (12 Bars.) 12 servings $38.50
BH1072 Blondie (12 Bars.) 12 servings $38.50

High Protein Weight Loss Bar

Whether you're thinking about shedding a few pounds or just simply want to stay fit, our Organic Fit bar is a delicious way to enhance your diet and exercise program. Providing 14-15g of clean, high-quality Certified USDA Organic and Non-GMO Project Verified protein to build and refuel muscle, Organic Fit bars also contain 225mg of Organic Svetol® green coffee bean extract. Also included is 13-14g of organic prebiotic fiber to help you feel fuller longer and 150mg of Organic Ashwagandha to help you feel fuller longer. Our plant-based Organic Fit high protein for weight loss bars taste decadent and indulgent, but provide low glycemic, high protein support as part of your daily success plan. Super convenient to take with you when you're on-the-go or need a quick healthy snack.

Serving Size: 1 Bar

GO2640 Sea Salt Caramel (12 Bars) 12 servings $35.10
GO2648 S'mores (12 Bars) 12 servings $35.10

Multi Collagen Protein "Lean" NEW

Multi Collagen Advanced Lean powder includes a Fat Loss Blend of clinically studied organic ashwagandha root extract and organic ceylon cinnamon, as well as our clinically studied Vitamin C and SBO (soil-based organism) probiotics. These ingredients have been used for centuries to help your body with a healthy response to stress, feel balanced and maintain a healthy weight (in addition to an overall healthy diet and lifestyle, including regular exercise). Now, organic ashwagandha root extract is one of the most clinically studied superfoods in the world.

Serving Size: 1 Scoop

AN22320 Cinnamon (15.09 oz.) 25 servings $52.75

Net-O Keto

Net-O Keto is a keto-friendly collagen protein powder designed to reflect the fatty acid composition of some ketogenic diets. Net-O Keto features bovine-derived collagen protein for people on ketogenic diets, weight management programs, low carbohydrate diets, or 'diabetes' diets. Collagen is a popular dietary supplement used by consumers to benefit the appearance and elasticity of the skin, optimize body composition, improve joint health, speed wound healing, and more.

Serving Size: 1 Scoop

NFR1195 Vanilla Carmel Ice Cream (1.27 lbs.) 14 servings $39.60

Raw Organic Meal

Raw Organic Meal is a delicious organic MEAL-ON-THE-GO packed with incredible nutrition to help you satisfy hunger, manage weight and feel great! Raw Organic Meal delivers 20 grams of clean protein per scoop from 13 raw sprouted ingredients, along with greens, healthy fat, 7g of Organic Fiber, probiotics, enzymes, plus 21 vitamins and minerals.

Serving Size: 1 Scoop

GO1610 Vanilla (37.04 oz.) 28 servings $56.85

RAW Fit Vanilla "Protein"

Weight Loss Protein Powder Real RAW Vanilla. RAW Fit Real RAW Vanilla is a Certified USDA Organic, RAW, plant-based, vegan, high-protein powder specifically designed for weight loss and is made with 13 raw sprouted organic ingredients. It differs from our other proteins because it has several additional clinically studied ingredients, including Svetol® Green Coffee Bean Extract, RAW Food Created Chromium and Organic Cinnamon to help you burn fat, maintain healthy blood sugar, boost your energy, lose weight and look great! It also has RAW Organic Ashwagandha added to help support cortisol levels and manage stress-related cravings. This product has delicious vanilla taste. Provides 28 g complete plant protein. Approx. 10 servings.

Serving Size: 1 scoop

GO4050 Powder (16.40 oz) 10 servings $42.90

FucoThin

fücoTHIN is made with Xanthigen®, a proprietary blend of concentrated fucoxanthin from brown seaweed combined with pomegranate seed oil. It is a non-stimulant natural fat burner and the only fucoxanthin formula with "Gold Standard" human clinical studies.

Serving Size: 1 Softgel

GO1287 (90 Gels.) 90 servings $51.60

Metabolism Weight Management

Metabolism supports the body's natural ability to manage weight and boost energy. It helps curb the appetite by maintaining a healthy digestive pH to enhance nutrient absorption, while at the same time enhancing energy and mood. **Contains Caffeine (from green coffee bean extract (coffee arabica) 250 mg

Serving Size: 3 Capsules

LS5203-070 (70 Caps.) 23 servings $19.75
LS5203-140 (140 Caps.) 46 servings $35.35

LimuZ 6

LimuZ6 is a nutritional product which focuses on (4) four major systems of the body; Endocrine, Nervous, Immune and Pineal. While working on the major systems with focus, LimuZ6 also works on the two (2) underlying issues associated with all disease; pH balancing and heavy metal/toxin removal. LimuZ6 is packed with 700+ nutrients; IGF-1 Superfamily, Immune Factors, and Essential Glyconutrients/ Fatty Acids/Amino Acids, Vitamins, Minerals, Phytonutrients, Antioxidants and Anti-Inflammatories.

Serving Size: 1 Packet

IT9904-A (30 packets) 30 servings $82.05

LeptiTrim6 Shake

This drink isn't for lightweights! Each serving contains 27 grams of protein as well as a natural substance called "leptin", found within the Colostrum6. Leptin literally works on shrinking fat cells among other things.

By providing proteins and building blocks in a delicious liquid meal, this helps your body overcome some of the underlying roadblocks to long-term successful Inch Loss.

Potential Benefits May Include:

- Inch Loss
- Underlying Lean Muscle Gain
- Higher Energy Levels
- Better Mental Clarity
- Tightening of Skin
- Anti-Aging

IT9907-A Vanilla Powder (1.9 lb.) 15 servings **$80.75**
IT9908-A Chocolate Powder (1.9 lb.) 15 servings **$80.75**

LeptiTrim6 Daytime Capsules TOP SELLER

This proprietary formula, with leptin from colostrum, allows you to overcome the five underlying factors that prevent you from obtaining long-term, successful inch loss, by:

- Filling the communication gap between your stomach and the hypothalamus (the overeating mechanism) which puts you in control of how much you eat.
- Cleansing the cravings for sweets. It isn't wrong to want some sweets, but most people find they aren't in control and overindulge. This product will hep limit the amount of bad carbohydrates.
- Balancing the body's thermostat (the thyroid) for a better, natural thermogenic burn, but without stimulants. The best energy source is FAT and by getting your thermostat working properly you can experience much more energy and lose inches.
- Increasing your lean muscle mass which is a large part of your fat burning engine, allowing you to burn more calories.
- Balancing body chemistry helps to overcome insulin resistant weight gain and has a positive impact on your adrenal functionality as well as blood pressure.

Serving Size: 2 capsules up to 3 x a day

IT9906-A (180 Caps) 90 servings **$73.75**

LeptiTrim6 NightTime

This Collagen based formula works with your body's natural sleep processes to enhance inch loss ALL NIGHT LONG! The LeptiTrim NightTime formula capitalizes on keeping the thermogenic burn happening (FAT LOSS) throughout the night while you sleep and helping to balance chemistries namely insulin. The NightTime formula synergistically works to help you lose FAT and also helps to tighten, lift and tuck all those droopy areas we all hate!

Potential Benefits Include:

- Inch Loss
- Burning Fat
- Tightening of Loose Skin
- Better Mental Clarity

Serving Size: 1 scoop

IT9911-A Powder (5.7 oz.) 33 servings **$71.50**

TrimROX Metabolism

Metabolic support to boost metabolism, stabilize blood sugars, burn fat and balance hormones. TrimROX is designed to work on multiple body systems that all play a role in metabolic health, which results in a truly holistic and synergistic approach to achieving a trimmer and healthier YOU. This unique product supports energy (ATP) production and endocrine and adrenal support, better blood flow and nitric oxide production and assists in stress and anxiety management. Utilizes VNI's proprietary rapid absorption Prodosome technology.

Serving Size: One Packet

VN1009 Tart Cherry Grape (30 packets) 30 servings **$93.95**

Control II TOP SELLER

This product has been helpful for those struggling with addictions such as smoking, alcohol and more. Simply take 3 capsule at the onset of a craving. This should help give relief for 8 to 10 hrs. or more. The ingredients of Control II help those people struggling with sugar and carbohydrate cravings. Carb cravings can be a symptom of insulin resistance, neurotransmitter imbalance, or mood problems. This formula addresses these concerns to help people working to avoid excessive dietary intake of carbohydrates.

Serving Size: 1 per day

NFR7060 (90 Caps.) 90 servings **$39.20**

Appetite Formula

Best when used with a healthy lifestyle & exercise program. This acts as a blood purifier, aids kidneys in relieving excess fluids, feeds the body for relief from nervous tension generally caused by diets, appeases the appetite, feeds the thyroid and other malfunction glands and thus gains a healthier state for holding weight control. Ingredients: Black Walnut Leaf, Burdock Root, Chickweed, Echinacea Augustafolia Root, Fennel Seed, Hawthorn Berries, Kelp, Licorice Root, Mandrake, Papaya, Parsley Root & Safflower.

Serving Size: 2 Capsules

DC89111 (100 Caps.) 50 servings **$20.40**

Fat Sugar Trim Formula

Contains ingredients specifically tailored to lower and stabilize blood sugar levels. Effectively digests fats and sugars. Helps eliminate sugar and fat cravings. Supports your body's fight against high cholesterol, heart disease, diabetes and more. Recommended Dose: Take 1 capsule 3 times per day with meals.

Serving Size: 3 Capsules

OH1018 (90 Caps.) 30 servings **$23.65**

Firm, Fit & Slim TOP SELLER

This amino acid complex goes great with any weight loss program. Great for metabolism, protein building and ridding the body of excess fat.

Directions: Adults take four (4) capsules daily as a dietary supplement with a full glass of water, preferably on an empty stomach before bedtime.

Serving Size: 4 per day

CHU854 (120 Caps) 30 servings **$19.60**

Tone & Lean CLA

Tone and Lean CLA is designed to be effective in increasing lean muscle mass and decreasing fat. A dietary supplement to support weight management and healthy cortisol function. Contains Safflower Oil. **Take 2 capsules 30 minutes before each meal for 30 days or longer for best results.

Serving Size: 1 Softgel up to 6 x daily

NFR2180 (180 Gels.) 180 servings **$36.00**

MCT Oil

Medium-chain triglycerides (MCTs) are fats that are naturally found in coconut and palm kernel oils. They're more easily and rapidly digested than other types of fats. MCTs are readily absorbed from the GI tract and are metabolized very quickly by the liver, where they are reported to encourage the use of fat for energy rather than for storage. Numerous studies suggest that substituting MCT oil for other fats in a healthy diet may therefore help to support healthy weight and body composition.

Serving Size: 3 Softgels

NO2196 1,000mg (150 Gels.) 50 servings **$15.95**

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AMPK Activater

There's an enzyme called AMPK that's found in every cell in your body. Over time, declining AMPK levels can cause the accumulation of abdominal fat. We've created AMPK Metabolic Activator to trigger youthful AMPK activity, help burn fat and promote healthy cellular metabolism.

Serving Size: 1 Capsule

LE1907 (30 Vcaps.) 30 servings **$30.75**

7-Keto DHEA Metabolite

7-Keto® DHEA has been shown to safely promote thermogenesis, the process of producing cellular energy in the form of heat. This formula also contains antioxidant extracts from curcumin, green tea, Japanese knotweed, and whole red grapes because of the effect 7-Keto® has in boosting mitochondrial oxidation. Benefits at a Glance; Safely promotes thermogenesis, Encourages a healthy body weight. Supports lean muscle mass. Contains antioxidant extracts to counter oxidative stress. 7-Keto® DHEA Metabolite is an excellent choice when considering a scientifically formulated DHEA supplement for weight management.

Serving Size: 1 capsule 2 times per day

LE1479 100mg (60 Vcaps) 60 servings **$32.95**

Metaburn Herbal Weight

If your weight is a balancing act, then there are plenty of small but powerful changes that will help you achieve lasting weight loss such as avoiding common dieting pitfalls. Develop a healthy plan with enjoyable choices, eat fewer calories than you burn & remember that your best friend is exercise. Dr. Christopher's Metaburn Herbal Weight supplies the essential vitamins & minerals needed for proper body function during weight management.

Serving Size: 3 Capsules

DC89173 (100 Caps.) 33 servings **$19.25**

Optimized Saffron w/Satiereal

Often find yourself snacking between meals? Can't help reaching for that extra cookie? Having difficulty exercising portion control? Optimized Saffron with Satiereal® may be just the answer you need. Satiereal® is a clinically studied, proprietary extract of saffron … a spice that's been prized since ancient Persia as a way to enhance mood and relieve stress.

Serving Size: 1 per day

LE1432 (60 Vcaps.) 60 servings **$31.00**

Green Coffee Bean

Green coffee bean can be used for weight loss and works well along with Chupps Firm Fit & Slim.

Serving Size: 1 per day

CHU9790 (60 Caps.) 60 servings **$16.40**

CoffeeGenic Green Coffee Extract

CoffeeGenic® Green Coffee Extract is a non-GMO supplement with chlorogenic acid that promotes healthy blood sugar metabolism and helps maintain already-healthy glucose and insulin levels after meals. Take one capsule before each heavy meal, up to three times daily.

Serving Size: 1 Capsule up to 3 x daily

LE1620 400mg (90 Vcaps.) 90 servings **$25.60**

"Tears of joy are like the summer rain drops pierced by sunbeams.

Chitosan 500 Plus Chromium

Chitosan is a dietary fiber derived from the shells of crustaceans that has been shown in non-clinical studies to bind to fat and cholesterol in the digestive tract. NOW® Chitosan contains LipoSan ULTRA®, a patented high-density form of Chitosan that binds up to five times more fat than conventional Chitosan according to laboratory testing. A published clinical study has demonstrated that LipoSan ULTRA®, taken as directed, may aid in the support of healthy body weight and serum cholesterol levels already within the normal range. NOW has also included Chromium in this formula. Chromium is an essential trace mineral that works with insulin to support healthy blood glucose levels and plays an important role in the proper utilization of protein, fat, and carbohydrates.*

Serving Size: 3 capsules up to 2 x a day

NO2025 (120 Vcaps.) 40 servings **$15.95**

NuviaTrim Weight-loss Coffee TOP SELLER

Healthy weight-loss in a cup!
*Supports appetite control.
*Supports thermogenic fat loss.
*Increase lipolysis.
*Healthy antioxidant.
*Support healthy after meal sugar levels.
Contains; Green coffee bean, Raspberry keytone, African mango, Green tea with ECGC, Ganoderma, Gracinia cambogio.

Serving Size: 1 per day

NT2040 (30 Packs) 30 servings **$25.60**

Organic Expresso TOP SELLER

This rich creamy, heavy dark chocolate is coupled with an elegant finis that gives you a great tasting coffee. Maximum Slim Organic Espresso is a Gourmet Espresso, Medium Dark Roast with the finest Arabic Coffee. Just add water for a convenient, remarkable, functional delicious espresso, that will give you that extra boost to take on your day!

Serving Size: 1 Scoop

MAS9508 20 servings **$16.95**

Fermented Apple Cider Vinegar

Our Apple Cider Vinegar capsules give you all the apple cider vinegar benefits with none of the taste. Our Apple Cider Vinegar capsules are fermented with "the mother," the protein that makes ACV cloudy and full of good bacteria.

Serving Size: 1 Capsule

NFN0563 500 mg (180 Caps.) 180 servings **$15.20**

Teas

Lemon Ginger Tea "Organic"

Our delicious Lemon Ginger Tea is the ideal after dinner tea. Lemon balm, lemon peel, and ginger have a longstanding reputation for aiding and improving digestion. At the same time, Echinacea and green tea help support the immune system, being loaded with antioxidants. Our Lemon Ginger Tea does have some caffeine, but a cup of this delightful tea has only about 1/10th the caffeine of a cup of coffee. Try it cold or mix it half and half with either orange juice or lemonade for a refreshing summertime drink or slush!

NA3024-007 Canister (4 oz.) **$16.80**
NA3024-006 Refill Bag (6 oz.) **$19.99**

Indian Spiced Chai Tea "Organic"

Indian Spiced Chai brings an exotic flavor from the Far East, with a lively spice blend, delicious adaptogen Holy Basil, and Indian Orange Pekoe Black Tea. This blend provides many well-documented health benefits. It is also USDA Certified Organic. Delicious hot or cold with Organic cream and honey! Contains a low amount of natural caffeine from organic pekoe black tea.

NA3017-004 Tin (4 oz.) **$16.80**
NA3017-006 Refill Bag (6 oz.) **$19.99**

Moringa Mint Tea "Organic"

Moringa Mint Tea is a delicate and delightful energizing blend of super-food Moringa (a powerhouse of vitamins and minerals), calming Chamomile and Spearmint, with antioxidant Green Tea. This is a great tasting tea that will remind you of Meadow Tea. It is also USDA Certified Organic. Try it hot or cold. Also, try making your Kombucha with it! Contains a low amount of natural caffeine from organic green tea.

NA3016-004 Tin (4 oz.) **$16.80**
NA3016-006 Refill Bag (6 oz.) **$19.99**

Russian Friendship Tea "Organic"

Russian Friendship Tea is a warm, cozy, and energizing blend. A nice alternative to coffee, this tea will tend to keep you alert without high levels of caffeine. It is also USDA Certified Organic. Try sweetening with a touch of Maple Syrup!

NA3018-004 Tin (4 oz.) **$16.80**
NA3018-006 Refill Bag (6 oz.) **$19.99**

Imm-Uni-Tea "Organic"

Imm-Uni-Tea brings you a refreshing citrus tea flavor with the immune boosting power of Amla Berry, Echinacea, Raspberry Leaf, Elderberry, and Rose Hips. Great served hot or cold! It is also USDA Certified Organic. Contains a low amount of natural caffeine from organic green tea.

NA3019-004 Tin (4 oz.) **$16.80**
NA3019-006 Refill Bag (6 oz.) **$19.99**

B-Well Tea TOP SELLER

This tea can be used every hour when sick or use as a preventative. Directions: Bring 1 quart water to boiling. Add 1 rounded tablespoon herbs to the hot water or pour hot water over herbs in a glass jar. Let sit, covered for 20-30 minutes. Strain through a sieve into a glass jar or pitcher. Sweeten with honey or other natural sweetener if desired. Botanical Ingredients: Raspberry leaf, Peppermint leaf, Alfalfa leaf, Stinging Nettle leaf, Yarrow herb & flower.

NA3003 (4 oz.) **$11.99**

Throat Soothe Tea

Sweet blend of moistening and soothing herbs brings comfort and supports healthy lungs and throat. Ingredients: Marshmallow root, Cherry bark, Fennel seed, Licorice root, Orange peel, Ginger rhizome, Lemon peel, Cinnamon bark.

NA3014 (4 oz.) **$12.99**

Resp-Tea TOP SELLER

Use to help clear the respiratory system and help the immune system. Ingredients: Peppermint Leaf, Oregano Leaf, Echinacea Leaf, Mullein Leaf, Plantain Leaf, Red Clover Flowers.

NA3002 (4 oz.) **$13.60**

Momma 2B Tea TOP SELLER

Women have found it helpful to drink one quart daily the last five months of pregnancy. Use 1/4 cup of tea mix to one quart of boiling water. Let stand for fifteen minutes. Strain and sweeten. Add ice to make two quarts. This makes a two day supply. When taken faithfully these herbs may help shorten labor. Ingredients: Red Raspberry Leaf, Alfalfa Leaf, Nettle Leaf.

NA3005 (4 oz.) **$11.99**

Milk Plus Tea

Nourishing blend of nutrient rich herbs traditionally used to support a nursing mother. Tastes good enough to easily drink the recommended 2-4 cups a day. Ingredients: Marshmallow root, Fennel seed, Alfalfa leaf, Stinging Nettle leaf, Chamomile flower, Anise seed, Oat straw, Lemon balm herb, Blessed Thistle herb, Fenugreek seed, Stevia leaf.

NA3010 (4 oz.) **$11.99**

Calc-Tea TOP SELLER

Supports the rebuilding of teeth, strengthening of bones and encourages new hair growth. Suitable for children and adults. Can be taken for long periods of time. Ingredients Horsetail herb, Oat straw, Nettles, Lobelia herb.

Directions: Bring 1 quart water to boiling. Add 1 rounded tablespoon herbs to hot water in pot or place herbs in a glass jar and pour hot water over herbs. Let sit, covered for 30-60 minutes. Strain through a sieve into a glass jar or pitcher. Sweeten with honey or other natural sweetener if desired. To extract more minerals, steep longer - 6-8 hours.

NA3007 (4 oz.) **$11.99**

Black Walnut Tea

Similar to the Dental formula, this simple blend of cut herbs is designed to support healthy teeth and gums. Please note; This is not powdered it is cut/sifted herb.

NA3001-004 cut/sifted (4 oz.) **$13.60**

Happy Days Tea

Bring some herbal sunshine into your life with Happy Days tea. Ingredients: St. John's Wort flowering tops, Lemon balm herb, Tulsi / Holy Basil herb, Chamomile flower, Linden leaf and flower, Rosemary leaf, Damiana herb, Rose petals, Calendula flower, Stevia leaf

NA3012 (4 oz.) **$14.40**

Anxi-a-Tea

Do you know one of the most common problems people from all over the world suffered during the recent pandemic? If you replied "uncertainty, financial reverses, food shortages, fear, loneliness, grief, or pain," you'd be right. But one overarching problem was…anxiety. We crafted our Anxi-a-Tea with some of the best choices of organic herbs known for calming and relaxing the overtaxed body, mind, and soul.

NA3025 (4 oz.) **$23.95**

Brain Re-Fresh Tea

Clear the fog or replace that cup of coffee with this blend of traditional brain tonics that support healthy blood circulation to the brain. Ingredients: Gotu Kola leaf, Peppermint leaf, Tulsi / Holy Basil herb, Lemon Balm herb, Lemon Grass leaf, Ginkgo leaf, Rosemary leaf, Orange peel, Ginger rhizome, Cinnamon bark, Stevia leaf.

NA3015 (4 oz.) **$13.60**

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Sweet Dreams Tea

Enjoy a cup or two of Sweet Dreams tea to relax and ease your passage into the land of dreams. Ingredients: Chamomile flower, Lemon Verbena herb, Milky Oat tops, Passionflower herb, Lemon Balm herb, Linden flower and leaf, Lavender flower, Stevia leaf.

NA3011 (4 oz.) **$14.40**

Tummy Soothe Tea

Delicious blend of herbs traditionally used to support healthy digestion. Tummy Soothe Tea can be enjoyed on a daily basis by every member of the family. Ingredients: Lemongrass herb, Peppermint leaf, Fennel seed, Chamomile flower, Lemon balm herb, Catnip herb, Orange peel, Ginger rhizome, Licorice root powder.

NA3013 (4 oz.) **$11.99**

Great Heart Tea

The number one killer of Americans is heart disease. Since an ounce of prevention is worth a pound of cure, wouldn't it be great if we could simply drink a cup of tea each day to nourish and support our hearts? Wouldn't it be nice if there was a tea with herbs that strengthen, protect, and build up the heart? Wouldn't it be great if it was strong in effectiveness but gentle in taste? Look no further than our new Great Heart Tea! Brew a cup of Great Heart Tea and drink…to your heart's content!

NA3026 (4 oz.) **$14.50**

Mesh Tea Ball

This is a great way to make your favorite loose tea. Simply place the loose tea into this handy tea ball and place in kettle.

SW2028+T Stainless (1.75") **$4.95**
SW2020+T Stainless (2.5") **$4.95**
SW2060+T Stainless (4") **$7.95**

Mesh Tea Ball w/Handle

A stainless steel mesh tea ball with a convenient handle. For perfect tea flavor, fill the infuser just half full to allow the leaves to expand. Remove promptly when the tea has steeped to the desired strength.

SW2070+T 1.75" (1 Ct.) **$4.95**
SW2072+T 2.5" (1 Ct.) **$4.95**

Sugar Controller Tea NEW

Achieve balanced blood sugar with Health King Sugar Controller herbal tea. Crafted for healthy glucose levels and inspired by ancient wisdom. Trusted blood sugar balance supplement with positive reviews. To manage blood sugar, try this tea. Ingredients: Mulberry (leaf), Cassia Seed (seed), Seabuckthorn (leaf), Polygonatum (root), Prunella Vulgaris (stem leaf), Atractylodes (root), Scrophularia (root), Green Tea (leaf), Jasmine (flower).

HK0061 (20 bags) **$5.65**

Dandelion Tea Bags "Organic"

While it may be a pesky weed to some, Dandelion tea is an amazing herbal brew that aids in cleansing the body. A weed? We prefer to think of it as a precious flower.

NO4222 (24 bags) **$4.99**

Dandelion Leaf & Root Tea NEW

Celebrated in herbal medicine for thousands of years, the humble dandelion is a powerhouse of wellness. Dandelion root tea benefits are truly amazing! Using some of our favorite sustainably harvested dandelion from the wild meadows of Europe, our dandelion leaf and root tea promotes the flushing of the kidneys to support the body's natural detoxification processes.

TR2358 (16 bags) **$6.95**

Roasted Dandelion Tea

Gets the juices flowing, gently stimulates the liver and supports healthy digestion. Once you've brought dandelion into your life, you'll never look at those "pesky weeds" the same way again. Named "the small postman" in Persian because of the belief that dandelion brings good news, we love how this mildly bitter, roasted root tea helps your body's natural detoxification process by helping your body break down fats during digestion and carry away waste. Pleasantly roasted, sweet and slightly bitter.

TR7039 (16 bags) **$6.95**

EveryDay Detox Tea

Promotes healthy liver function.

TR6939 (16 bags) **$6.95**

Cup of Calm Tea

In the chaos of everyday life, we could use a little calm, right? How about a cupful? This blend of relaxing herbs like passionflower, chamomile, lavender and catnip will help bring some tranquility to your day (or night). These herbs are called "nervines" because of their ability to have a beneficial effect on your nervous system. We love this tea anytime we need to step back and take it easy. Taste, A delightful blend of complex herbal tastes—floral, apple-like and minty!

TR7170 (16 bags) **$6.95**

Senna "Constipation Relief"

Sometimes you just gotta go. And Organic Senna herbal tea can get you going. A trusted laxative, it also supports bowel health and can help the body detoxify.* It's your belly's best buddy.

Serving Size: 1 bag

NO4236 (24 Bags) 24 servings **$4.99**

Smooth Move Tea TOP SELLER

Relieves occasional constipation, generally produces a bowel movement within 6-12 hours. Just about everyone experiences constipation occasionally—uncomfortable, embarrassing and a real damper on life. For gentle, overnight relief, we love our senna-based herbal tea.* Used for thousands of years to get your "movement" moving again, senna works by gently stimulating your intestines and aiding your body's natural elimination process. Traditionally combined with fennel, coriander and ginger to reduce the potential for unpleasant feelings like cramping, Smooth Move® is best taken at bedtime. Sip and sleep easy knowing you'll be right as rain in the morning.

TR1010 (16 bags) **$6.95**

Nighty Night Tea

Helps you relax and get a good night's sleep.

TR6981 (16 bags) **$6.95**

Red Raspberry Tea TOP SELLER

Our Red Raspberry tea is a delightfully refreshing blend that combines raspberry leaves, rose hips, fenugreek, hibiscus and more to create the perfect floral fantasy and the ultimate wellness tea for every stage of life.

Serving Size: 1 bag

NO4240 (24 Bags) 24 servings **$4.99**

Raspberry Leaf Tea

Raspberry Leaf supports healthy menstruation, tones the uterus, and soothes normal menstrual cramps.

TR7033 (16 bags) **$6.95**

Healthy Cycle Tea
A wholesome tea that supports healthy menstruation.
TR6941 (16 bags) **$6.95**

Pregnancy Tea TOP SELLER
A great blend of supportive herbs to help tone the uterus and prepare the womb for childbirth.* A combination of raspberry and nettle leaf, as well as other herbs like alfalfa, we love this tea both for its pleasingly mild, minty taste as well as for its gentle support of a healthy pregnancy.*
TR6993 (16 bags) **$6.95**

Third Trimester Tea
Organic Third Trimester Tea is a hearty blend of stinging nettles, chamomile, rosehips, oatstraw and red raspberry leaf, traditionally used to nurture your third trimester self and to prepare for labor. It's a time-honored blend for the occasional leg cramp that can…um… CRAMP your style in the third trimester.
EM3159 (16 bags) **$5.35**

Milkmaid Tea
Our organic Milkmaid Tea is a fragrant, comforting blend of organic herbs traditionally used to help support healthy breast milk production and promote healthy lactation. Tasty iced or hot, with fenugreek, fennel, milk thistle and other herbs — plus the power of nettle and raspberry leaf. Organic Milkmaid Tea is NOT FOR USE DURING PREGNANCY. Many galactagogue herbs are not recommended for use during pregnancy in greater than culinary amounts.*
EM3173 (16 bags) **$5.35**

Mothers Milk Tea TOP SELLER
Traditionally used to help nursing mothers with breast milk production.*
TR0018 (16 bags) **$6.95**

Nettle Leaf Tea
In herbalism, nettle leaf is the mother of all spring tonics. Incorporating the nettle tea benefits of whole body support and joint health, nettle tea can help kick-start your body when you're feeling stagnant. Our organic nettle leaf tea supports joint health and overall wellness. Earthy, fresh, and grassy taste.
TR1025 (16 Bags.) **$6.95**

Chamomile Tea TOP SELLER
Calms your nervous system, soothes and supports your digestion.
TR7013 (16 bags) **$6.95**

Echinacea Plus Tea
Gets the immune system fired up.
TR7017 (16 bags) **$6.95**

Throat Coat Tea
Slippery elm or Ulmus rubra (Latin for "red elm," so called for its lovely reddish bark) is a beautiful, native North American elm tree. It's the inner bark of this tree that is actually called "slippery elm" due to its, yes, slippery, smooth, and slimy-in-a-good-way properties. Combined with licorice and marshmallow root, we think this tea blend is like taking your voice to the spa—because we all need a little comfort sometimes so we can get back to being our best.
TR7005 (16 bags) **$6.95**
TR7006 w/Lemon/Echinacea (16 bags) **$6.95**

Ginger Aid Tea
Gets the digestive juices flowing, relieves occasional indigestion and prevents nausea associated with motion.*
TR7019 (16 bags) **$6.95**

Peppermint Tea TOP SELLER
Soothes your belly and alleviates digestive discomfort.
TR7031 (16 bags) **$6.95**

Spearmint Tea
We like to think of spearmint as the fun-loving, slightly less intense cousin of peppermint. In fact, spearmint and peppermint are so closely related, and look so much alike, they're often confused for one another. Soft and sweet, with that characteristic minty zing, spearmint is so named because of its pointy, spear-like leaves. Milder than peppermint, it is still aromatic and refreshing. We love it for its distinctly spearminty, mildly sweet flavor.
TR6704 (16 bags) **$6.95**

Green Tea/Peppermint
Soothes your belly and alleviates digestive discomfort.
TR2218 (16 bags) **$6.95**

Matcha Green Tea Powder 'Organic'
NOW Real Tea® Organic Matcha is a highly concentrated, culinary grade, pure powder that's made without any other ingredients or additives. Traditionally the highlight of Japanese tea ceremonies - it's great just mixed with water or try it with your favorite milk or non-dairy beverage and natural sweetener to make a latte. It's the perfect alternative to coffee with its strong flavor and energy-boosting capabilities and makes an invigorating add-on to smoothies.
Serving Size: 1/2 teaspoon
NO4253 (3 oz.) 85 servings **$17.30**

Green Tea "Loose"
Unlcle Lee's brings you a fine Premium Green Tea in bulk. This tea is hand picked for the choicest leaves. One cup of green tea provides vitamin C, catechins, amino acids and minerals and has 20 to 35 mg of caffeine per serving.
UL1327 (4.23 oz.) **$9.95**

Green Tea "Organic" TOP SELLER
This 100% Organic Green Tea is made from freshly harvested leaves that are young and tender. The leaves go through a pan-frying process, which is common to Chinese green teas, for a richer taste and a darker color. Green tea is known for its antioxidant properties that have many natural health benefits. A typical cup of green tea contains about 20-30mg of caffeine while a cup of coffee ranges from 100 -180mg.
Brewing Directions: Place one tea bag in a 6 fl. oz. cup, add hot water and let it steep for 3-5 minutes before drinking. Sweeten to taste.
Serving Size: 1 teabag
PO1799 (100 Bags.) 100 servings **$8.15**

Organic Black Tea TOP SELLER
Our 100% Organic Black Tea leaves are selected from high quality tea leaves from Yunnan. This fully fermented tea has a rich flavor and soothing aroma and is known for its antioxidant properties which have many natural health benefits. A typical cup of black tea has about 50-80mg of caffeine, and cup of coffee ranges from 100-180mg.
PO2001 (100 bags) **$7.75**

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Black Tea

Loaded with Catechins and Flavonols for Everyday Wellness. Premium tea bags with our no-staples design. Contains no artificial colors, flavors, preservatives, or sugars. Whoever decided to call oil "black gold" obviously wasn't familiar with black tea. With naturally occurring catechins and polyphenols it's worth its weight in, well, you know. When it comes to health and happiness a cup of black tea is like hitting the mother lode; you're excited to find such a rich treasure, but you really have no idea how good you have it until you dig deeper. Here's to digging!

NO4246 (24 Bags) **$4.99**

Oolong Tea

Oolong Tea (Camellia Sinensis) is a partially oxidized green tea that has qualities of both green and black tea. Packed with antioxidants, Oolong Tea is rich and robust in flavor. Certified organic and kosher, every batch is carefully hand inspected to ensure goodness and purity.

UL1020 (18 bags) **$5.45**

Oolong Tea TOP SELLER

Oolong is semi-fermented, combining the best qualities of black and green teas. This Oolong Tea is completely hand-picked, delightfully aromatic with a mild flavor and bright golden color. It also offers a large number of health benefits. A typical cup of green tea has about 20-30mg of caffeine, and cup of coffee ranges from 100-180mg.

PO5200 (100 bags) 100 servings **$8.15**

Oolong Tea "Organic"

Enjoy the benefits of Oolong tea. In bulk size.

SW1086 Cut (4 oz.) **$13.85**
SW1087 Cut (16 oz.) **$42.20**

Graviola Tea NEW

Promote healthy immune system function with Bio Nutrition Graviola Tea. Each tea bag contains 1,860 mg of graviola leaf powder. May be enjoyed hot or cold.

Serving Size: 1 Bag

BN2020 (30 bags) 30 servings **$13.80**

Olbas Herbal Tea TOP SELLER

A delicious blend of 20 soothing herbs, enhanced with essential oils. Olbas Herbal Tea provides a delightfully warm soothing feeling you will enjoy at any time of the day or evening. Suitable for adults or children. A favorite among many.

OL50710 (7 oz.) **$19.20**

Ojibwa Tea

Ojibwa is a traditional North American herbal beverage long known for its health benefits. Originally prepared by the Ojibwa Indians of Ontario, Canada, this caffeine-free brew has been trusted for decades and remains a best-selling tea. Ingredients: Red Clover Flowers, Burdock Root, Sheep Sorrel Herb (Rumex acetosella), Licorice Root, Slippery Elm Bark, Dandelion Root, Barberry Root Bark, Turkey Rhubarb Root (Rheum palmatum).

Serving Size: 1 Bag

NO4232 (24 bags) 24 servings **$4.99**

Essiac Herbal Tea

ESSIAC® is an herbal formula which helps support the immune system*. Ingredients; Vitamins A & C, Burdock root, Sheep sorrel, Slippery elm, Indian rhubarb. Powder makes approximately 72 fl. oz. of tea.

Serving Size: 3 tsp. up to 3x a day

EI9064 Powder (1.5 oz.) **$39.25**

Essiac C Formula "Cut"

Deriving from Ojibwa Indians made popular by Rene Caisse (Essiac spelled backwards) in the 1920's. This time-tested formula has been taken worldwide for a variety of issues, from skin health, blood purifying all the way to supporting the immune system. Dr. Christopher's C Formula Cut aids the immune system and helps detoxify the body's systems.

DC87002 Cut (16 oz.) **$43.70**

Chag-O-Charge Tea

Delicious wild chaga mushroom health drink with wild raw white birch bark and organic purple maca root. Top source of SOD and betulinic acid. Drink this wild and organic beverage for better health. Chag-o-Charge tea is also a potent source of natural B vitamins plus the all-important antioxidant enzyme SOD. It is also a natural source of beta glucan, minerals, and powerful plant sterols. Ingredients: wild, raw chaga mushroom, wild, raw white birch bark, and organic purple maca root A sterol-, mineral-, and enzyme-rich infusion.

Serving Size: 1 teaspoon

NH9080 Powder (3.2 oz.) 45 servings **$23.05**

Coffee, Cocoa & Hot Drinks

"Flow" Medium Roast Coffee NEW

This original medium roast coffee is produced using exceptional quality specialty-grade organic coffee beans, lab-tested for purity, high in antioxidants, and specifically formulated to support overall health and wellness. USDA Organic Certified. INGREDIENT: 100% Specialty-grade organic Arabica coffee. Purity Coffee® contains only high-quality Arabica coffee beans with no additives or allergens. Third-party tested for mold, mycotoxins, and contaminants.

PC1010 Whole Bean (12 oz.) **$24.00**
PC1012 Whole Bean (5 lbs.) **$120.00**
PC1015 Single Serve Pods (12 ct.) 12 servings **$20.00**

"Ease" Dark Roast Coffee NEW

This is a balanced, darker roasted coffee with a full-bodied flavor, high in antioxidants, lower in acidity, with prebiotic benefits ideal for supporting gut health and overall wellness. USDA Organic Certified. INGREDIENT: 100% Specialty-grade organic Arabica coffee. Purity Coffee contains only high quality Arabica coffee beans with no additives or allergens.

PC1025 Whole Bean (12 oz.) **$24.00**
PC1027 Single Serve Pods (12 ct.) 12 servings **$20.00**

"Protect" Light-Medium Roast Coffee NEW

This is a light-medium roasted coffee with sweet citrus characteristics, sourced and roasted specifically for liver care, metabolic vitality and the highest level of antioxidant activity. PROTECT contains more CGA than any of our coffees. USDA Organic Certified. TASTE PROFILE: Toasted hazelnut Hint of brown spice Sweet, juicy notes INGREDIENT: 100% Specialty-grade organic Arabica coffee. Purity Coffee contains only high quality Arabica coffee beans with no additives or allergens.

PC1020 Whole Bean (12 oz.) **$26.00**
PC1023 Single Serve Pods (12 ct.) 12 servings **$22.00**

"Balance" 1/3 Caffeine Coffee NEW

Purity Coffee BALANCE™ One Third caffeinated medium roast coffee is crafted for those who are mindful of their caffeine intake. Using a precise blend of regular and naturally decaffeinated Swiss Water® beans, this coffee provides high antioxidant activity with less caffeine. USDA Organic Certified. Hand-Picked Specialty-Grade. Sustainably Grown. 3rd Party Tested for Mold & Toxins. Roasted to Retain Natural Antioxidants. TASTE PROFILE: Vanilla Berry Roasted Almond INGREDIENT: 100% Specialty-grade organic Arabica coffee. Purity Coffee® contains only high-quality Arabica coffee beans with no additives or allergens.

PC1030 Whole Bean (12 oz.) **$24.00**

"Calm" Decaf Coffee NEW

This is a original medium roast specialty-grade organic coffee, decaffeinated with a chemical-free natural water process that removes 99.9% of caffeine and retains high antioxidant properties. USDA Organic Certified. Swiss Water® Processed. TASTE PROFILE: Dark chocolate Vanilla Sweet red apple-like mild acidity INGREDIENT: 100% Specialty-grade organic Arabica coffee. Purity Coffee contains only high quality Arabica coffee beans with no additives or allergens.

PC1035 Whole Bean (12 oz.) **$24.00**
PC1037 Single Serve Pods (12 ct.) 12 servings **$20.00**

Healthy Morning Coffee TOP SELLER

Are you looking for a very smooth tasting organic coffee that is easy on your stomach, less acidic, and less bitter. If so you have found the perfect coffee! This coffee is infrared roasted. This simply means that during the roasting cycle, the coffee beans are not exposed to an open flame like most of the other coffee roasters do in the country. Infrared roasted coffee is never burnt, noticeably smoother, and less acidic; making it more friendly for all ages, digestive and dietary concerns, and fitness levels. When you burn the coffee beans, you rupture the cells of the bean, which disperses the coffee volatiles/oils. As a result you reduce the coffee yield per pound. With infrared roasting, the cells are not ruptured and the bean retains more volatiles/oils generating a higher cup yield and in turn more cups per pound of coffee. Through State-of-the-Art roasting technology, we can evenly roast all our coffees to the exact roast level you are seeking each and every time. Every bean is gently and evenly roasted, which allows the acids in the bean to be converted into sugars [This Coffee is still Sugar Free…and has NO ADDED SUGAR], providing you with a very full, rich and smooth finish. This black coffee is noticeably smoother and tastes more pleasant/sweeter than traditional roasting. This coffee is also great to use when baking etc. So go ahead and help yourself to one awesome cup of coffee! A 2 oz. pack makes approximately 12 cups of coffee and a 12 oz. bag approximately 72 cups.

NL1206 French (2 oz.) 12 servings **$2.95**
NL1232 French (12 oz.) 72 servings **$16.95**
NL1202 Medium (2 oz.) 12 servings **$2.95**
NL1220 Medium (12 oz.) 72 servings **$16.95**
NL1225 Dark (12 oz.) 72 servings **$16.95**
NL1240 WHOLE BEANS Medium (12 oz.) **$16.95**
NL1245 WHOLE BEANS Dark (12 oz.) **$16.95**
NL1249 WHOLE BEANS French (12 oz.) **$16.95**

French Press Coffee Maker "8 Cups"

This French Press Coffee Maker is attractive and functional, durable and heat-resistant. It's easy to use and easy to clean. A mesh filter allows this flavor to be delivered direct to your cup and not absorbed by a paper filter. Plus, no paper filter means no waste. The safety lid prevents the splashing of liquids while pressing. This nice glass French press can make up to 8 cups of coffee at a time.

FR7422+T (1 Ct.) **$44.80**

1 Cup Pour Over Coffee Brewer

A fast, inexpensive way to bring out coffee's true flavor in three easy steps. The new cone design enables you to see into the cup without lifting to avoid overfill. 1. Place Pour-Over cone on top of mug, insert #2 cone coffee filter. 2. Scoop in your favorite fresh ground coffee to taste. 3. Pour hot water (just off the boil) into the cone, fully saturating all grounds. Brews 1 cup of coffee. Choose the nice heavy porcelain or the light plastic pour over brewer below. 5 #2 filters also included.

FR7317+T Porcelain (1 ct.) **$17.30**
FR7318+T Plastic (1 ct.) **$5.95**

Bamboo Coffee Filters

Brews rich, flavorful coffee. #2 size cone filters fit all 2 to 6 cup electric and 1 cup non- electric cone and manual coffee filters.

FR7310 (80 Ct.) **$6.80**

Basket Coffee Filters

These natural brown coffee filters are made with a thicker paper. Fits 8 to 12 cup basket style coffee makers.

FR7313 (200 Ct.) **$5.50**

Bio-Coffee TOP SELLER

Bio Coffee is a revolutionary product that provides vitamins, minerals, nutrients, pre and probiotics and 6 grams of fiber in each cup. Bio Coffee is alkalizing and provides 3-5 servings of Green vegetables in each cup! So go ahead and challenge yourself to make a change to living better….drink at least one cup of Bio Coffee for 12 days in a row, and watch the positive results come your way. Once you see and feel the difference in your body and the improved performance of your digestive system, drinking Bio Coffee may become more than a habit; it may become a way of life!

Serving Size: 1 sachet

BC6500 (16 Sachets) 16 servings **$22.50**
BC6501 (12 Sachets) 12 servings **$19.20**

Moringa Hot Chocolate TOP SELLER

CocoRinga is a non-dairy, multi-nutrient, multi-vitamin hot chocolate made with natural unprocessed cacao. Containing two superfoods (cacao and moringa), a natural pre- and pro-biotic sweetener (oligosaccharide from chicory root) and high-fiber plant creamer (from coconut and tapioca) adults and kids will love this! You can drink this with hot water or cold water—and you can even add it to smoothies, shakes or baked goods.

BC7100 (14 Sachets) **$20.80**
BC7101 (10 Sachets) **$18.15**

Avarle 3+1 Ganoderma Coffee TOP SELLER

3 Plus 1 Gano Coffee is a convenient & delicious, Rich Coffee blend with just the right amount of creamer & sugar already added. Now you can enjoy rich coffee flavor while your body benefits from the health benefits of Ganoderma.

AVA5141 (20 Sachets) **$13.95**

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Cafe Avarle Coffee "Mocha"

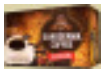
Cafe Avarle Healthy Mocha is a nutritious beverage made with high quality instant coffee, cocoa , non-dairy creamer, cane sugar, natural sweetener (Birch) Xylitol, Ganoderma lucidum, and Cordyceps sinensis mycelia mushroom extracts. Containing less sugar than most competing brands, this lightly pre-sweetened and creamy rich Mocha combination tastes delightful and offers a wonderful and sophisticated beverage any time of day.

AVA5139 (20 Sachets) **$23.25**

Cafe Avarle Coffee

Cafe Avarle™ Healthy Gano Black Coffee is an instant coffee based on gourmet exotic coffee beans blended with Ganoderma lucidum and Cordyceps mycelia mushroom extracts. The rich aroma from these carefully selected beans and the surprisingly fresh roasted flavor will put a smile on every coffee lover's face.

AVA5134 (20 Sachets per box) **$15.95**



Ganoderma Coffee

Ganoderma Coffee is a line of quality beverages blended with high quality ganoderma extract. Formulated for taste and nutrition, they produce consistent, delicious and quality cup of coffee every time.

AVA0108 (20 Sachets per box) **$13.25**

Diamond Coffee "4 In 1 Ganoderma" TOP SELLER

4-1 Gano Coffee is a convenient & delicious, Real Brazilian Instant Rich Coffee blend with just the right amount of creamer & sugar already added. Now you can enjoy rich coffee flavor while your body benefits from the health benefits of Ganoderma.

AVA5140 (20 Sachets) **$13.95**

Cafe Avarle Coffee "All-In-One"

Cafe Avarle All-in-One Coffee is a beverage made with high quality instant coffee, non-dairy creamer, cane sugar, natural sweetener (Birch) Xylitol, Ganoderma lucidum, and Cordyceps sinensis mycelia mushroom extracts. Containing less sugar than most competing brands, this lightly pre-sweetened and creamy rich coffee combination tastes delightful and offers a wonderful and sophisticated beverage any time of day.

AVA5138 (20 Sachets) **$16.95**

Brazilian Blend Ganoderma Coffee "Instant"

Our new smooth tasting Brazilian Blend coffee includes Digestive Enzymes which may help soothe your stomach if you're sensitive to coffee. Coffee is naturally acidic which is the reason many people may have a problem digesting it. This new Brazilian Blend also includes Ganoderma which may boost your immune system while also helping to decrease your sensitivity to coffee. This coffee is a blend of high quality Brazilian and Colombian coffee powder plus Digestive Enzymes and Ganoderma.

Serving Size: 1 Scoop

SR4050 (5.1 oz.) 40 servings **$24.80**

LaCoffio Organic Columbian Coffee "Instant"

NEW

Sunrise Naturals products are produced with a clean label using high quality ingredients, but this Organic Coffee takes it one step farther to assure you there are zero unhealthy carriers, fillers, colors, or preservatives backed with certified organic label.

Serving Size: 1 Scoop

SR4065 (3.7 oz.) 30 servings **$28.80**

LaCoffio DARK Ganoderma Coffee "Instant"

LaCoffio Dark is a Columbian coffee infused with the immune boosting Ganoderma. In this new formulation we also added Guarana which is a powerful natural ingredient that will give you a great boost of energy and may also help clear up sinus problems. One serving of LaCoffio Dark has 120mg of caffeine, the same amount of caffeine as a cup of brewed coffee. To receive best results, we recommend drinking 2 servings per day. Don't consume more than a maximum of 4 servings per day.

Serving Size: 1 Scoop

SR4055 (5.1 oz.) 40 servings **$23.25**

LaCoffio MEDIUM Ganoderma Coffee "Instant"

LaCoffio Medium is also a Columbian coffee infused with the immune boosting Ganoderma ingredient. The main difference between the Dark and Medium formulations is that the Medium only has half as much caffeine per serving because we didn't include the energy boosting Guarana ingredient in the formulation. One serving of LaCoffio Medium as half as much caffeine as a brewed cup of coffee. To receive the best results, we recommend drinking 2 servings per day. Don't consume more than a maximum of 4 servings per day.

Serving Size: 1 Scoop

SR4058 (5.1 oz.) 40 servings **$23.25**

Cafe Mam Organic Coffee

Light Roast roast is light brown, with no oil on the surface of the bean. Light roast has the highest caffeine content and an herbal, flowery aftertaste. This coffee can also be used as Therapy coffee to assist the detoxification efforts of patients for use in their coffee enemas.

CM1020 ground (8 oz.) **$13.25**
CM1022 ground (32 oz.) **$44.50**

NuviaTrim Weight-loss Coffee TOP SELLER

Healthy weight-loss in a cup!
*Supports appetite control.
*Supports thermogenic fat loss.
*Increase lipolysis.
*Healthy antioxidant.
*Support healthy after meal sugar levels.
Contains; Green coffee bean, Raspberry keytone, African mango, Green tea with ECGC, Ganoderma, Gracinia cambogio.

Serving Size: 1 per day

NT2040 (30 Packs) 30 servings **$25.60**

Organic Expresso TOP SELLER

This rich creamy, heavy dark chocolate is coupled with an elegant finis that gives you a great tasting coffee. Maximum Slim Organic Espresso is a Gourmet Espresso, Medium Dark Roast with the finest Arabic Coffee. Just add water for a convenient, remarkable, functional delicious espresso, that will give you that extra boost to take on your day!

Serving Size: 1 Scoop

MAS9508 20 servings **$16.95**

ChagaBlack Tea"Coffee Substitute"

ChagaBlack tea is the original wild forest coffee substitute. Far more nutritious than coffee, it is a special concentrate of wild black chaga plus wild rose hips and birch bark. A potent source of antioxidants, ChagaBlack has an exceptionally high ORAC value. It's a dense source of sterols, polyphenols, betulin, and betulinic acid, plus vitamin C from rose hips. ChagaBlack is also a source for vital trace minerals such as copper, iron, magnesium, and potassium, as well as B vitamins, especially pantothenic acid—the adrenal nourisher. It is the top source of the potent antioxidant enzyme SOD (superoxide dismutase). Ingredients: Wild, raw black chaga, wild, raw whole chaga, pulverized wild birch bark, wild aromatic rose hip powder.

Serving Size: 1 teaspoon

NH9072 Powder (3.2 oz.) 45 servings **$30.70**

Dandy Blend TOP SELLER

A great coffee substitute! Rich, smooth full-bodied coffee flavor, without the caffeine, acidity or bitterness. Dandelion is know for it's many health benefits such as ridding the body of toxins, purifying the blood and much more. Can also be made as an iced coffee substitute. Instant beverage.

DB15024 Organic (3.53 oz.) **$9.95**
DB15026 Organic (11 oz.) **$25.20**
DB15025 Packets (25 ct.) **$10.15**
DB15023 (7.05 oz.) **$12.95**
DB15022 (14.1 oz.) **$22.35**
DB15017 (2 lb.) **$36.85**

Hot Chocolate Mix

This is a nice healthy hot chocolate mix that is Sugar Free and Gluten Friendly. Ingredients: Erythritol, Xylitol, Cocoa, Collagen, Stevia, Himalayan Pink Salt.

SFC4000 (12 oz.) **$11.75**

Clean Minerals w/ Collagen Peptides Hot Cocoa

Clean Minerals with Collagen Peptides combines regenerative minerals from grass-fed goat whey and restorative Type I and III collagen into a convenient and tasty drink. When taken in unison, these two ingredients deliver soothing joint, skin, hair, and nail support for health restoration. With minimal added sugar from honey crystals, you can now enjoy your hot cocoa guilt free!

Serving Size: 2 Scoops

MC2130 (23.8 oz.) 16 servings **$38.40**

Cocoa Lovers Instant Hot Cocoa "Organic"

You'll look forward to those crisp, cool days when you have Cocoa Lovers™ Organic Hot Cocoa in your cupboard. Kids and adults alike love the delicious, decadent flavor and comfy-cozy warmth you get from a piping hot cup of cocoa. Cocoa Lovers™ makes it even better with ground organic cocoa beans for a rich, creamy, milk chocolate taste that leaves you looking forward to that next cold snap!

NO6671 (14 oz.) **$11.15**

AshwaMilk Mix

AshwaMilk is the energizing power of wild, raw, organic ashwagandha root extract. Fight back against stress and low energy plus much more with this delicious, nourishing milk mix.* It's a ready drink mix, naturally sweetened with organic, Peruvian yacon powder, which as a prebiotic supports a healthy digestive response and also healthy intestinal function.* Mix one teaspoon with a cup of warm nut milk or your choice of milk.

Serving Size: 1 tsp.

NH2012 (3.5 oz.) 36 servings **$23.05**

MacaMilk Mix

MacaMilk is a powerful maca beverage fortified with wild, freeze-dried chaga in an organic yacon powder base. Maca is also a dense source of highly nourishing minerals and vitamins, plus plant sterols, which support a healthy hormone response. Wild chaga is also rich in minerals, vitamins, and superoxide dismutase, the pigment melanin, along with beta glucan. Raw yacon is an excellent source of inulin, which is a natural prebiotic. Feel the MacaMilk difference by drinking this coffee and hot beverage alternative, which strengthens but also relaxes. It's the power of wild and organic nature for supporting a healthy hormone, muscular, and energy function plus far more. Mix one teaspoon with a cup of warm nut milk or your choice of milk.

Serving Size: 1 tsp.

NH2016 (3.5 oz.) 33 servings **$29.99**

Golden Milk Turmeric Blend

A delicious blend of Turmeric, Dates & Herbs. Golden Milk is made with organic Turmeric and Ashwagandha and is based on the traditional recipe that has been savored for centuries and used to support the mind and body in a number of ways. Golden Milk is a tonic that's meant to be nourishing, while also tasting delicious. Mix one teaspoon with a cup of warm nut milk or your choice of milk.

Serving Size: 1 tsp.

GH4927 (3.7 oz.) 30 servings **$22.75**

Collagen Creamer Powder "Vanilla"

Garden of Life Grass Fed Collagen Creamer combines energizing MCTs from organic coconuts and coconut milk, with Type I & III Collagen Peptides for a delicious, dairy free creamer.

Serving Size: 1 Scoop

GO3785 (11.64 oz.) 12 servings **$35.00**

Collagen Peptides "Stickpack"

Vital Proteins Collagen Peptides are sourced from grass-fed, pasture-raised bovine hides to ensure a natural, high quality, and sustainable source of this ancient nutrient. *Bioavailable: digested and absorbed by the body quickly for maximum benefits. *Beneficial: improves hair, skin, nails and joints, ligaments, tendons. *Easy to use: soluble in hot or cold liquids, including coffee, smoothies and baked goods.

Serving Size: 1 stick

VP5050 (20 sticks) 20 servings **$35.50**

Drink Mixes & Power Pak's

Rehydrate & Refuel NEW

These refreshing Rehydrate & Refuel drinks may help you recover faster so you can feel more energized and focused and get back to doing more of the activities you enjoy! Contains four powerful ingredients: Organic coconut water (electrolyte), Potassium D-Glucarate, 140 mg of vitamin C & himalayan & pink salt.

Serving Size: 1 Scoop

SR1030 Black Cherry Lemonade 50 servings **$38.20**
SR1032 Blueberry Vanilla 50 servings **$38.20**
SR1034 Lemon Lime 50 servings **$38.20**

ZeroLyte "Electrolyte Drink Mix" NEW

ZEROLyte is a sodium and electrolyte drink pack aimed at replenishing essential electrolytes lost through exercise and other daily activities to keep your body hydrated and full of energy. ZEROLyte supports proper nerve and muscle function and is full of high quality ingredients including ancient sea salt, coconut water, potassium, magnesium, and a full spectrum of Ionic Trace Minerals.

Serving Size: 1 Packet

TM0930 Salty Orange (30 packets) 30 servings **$32.85**
TM0933 Salty Citrus (30 packets) 30 servings **$32.85**

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Power Pak Vitamin C Electrolytes TOP SELLER

If you have ever felt drained or sluggish after a day in the hot sun or a tough workout, your body may be telling you that it needs more electrolytes. Power Pak includes 1,200 mg of Vitamin C., Electrolytes, and 1 gram of Organic Cane Sugar This is an easy to fix supplement drink with no caffeine or artificial ingredients. This great tasting, high vitamin C, electrolyte power packed supplement drink provides a quick and stimulating electrolyte replacement in a matter of minutes. Vitamin C helps the connective tissues faster when combined with ConcenTrace®. Vitamins without minerals are harder to assimilate. You will find all major electrolytes (potassium, magnesium, chloride and sodium) plus over 72 trace minerals and elements in Electrolyte Stamina Power Pak. This provides the combination your body needs for maximum absorption. Electrolytes are needed to maintain proper fluid balance and to optimize your energy levels so you can function at your best.

TM0998 Watermelon (30 packets) **$15.95**
TM0999 Guava/Passion (30 packets) **$15.95**
TM1007 Pomegr/Blueberry (30 packets) **$15.95**
TM1006 Tangerine (30 packets) **$15.95**
TM1000 Orange (30 packets) **$15.95**
TM1001 Acai Berry (30 packets) **$15.95**
TM1002 Grape (30 packets) **$15.95**
TM1003 Rasp (30 packets) **$15.95**
TM1004 Lemon Lime (30 packets) **$15.95**
TM1005 Mixed Berry (30 packets) **$15.95**

Power Pak Vitamin C Electrolytes "Sugar Free"

TOP SELLER

Sugar Free Electrolyte Stamina Power Pak is an easy-to-fix high performance energy drink with no sugar, caffeine, artificial flavors, or artificial stimulants. Our formula is Non-GMO and contains 1200 mg of Vitamin C, an essential antioxidant for people who are active and on the go. It also contains all major electrolytes (potassium, magnesium, chloride and sodium), plus a full spectrum of ionic trace minerals from ConcenTrace®, which supports the assimilation and absorption of vitamins and nutrients.

Serving Size: 1 Pak

TM0995 Orange Mango (30 paks.) 30 servings **$15.95**
TM0996 Citrus (30 paks.) 30 servings **$15.95**

Power Pak + immunity

Electrolyte Stamina Power Pak + Immunity is our classic ESPP formula that's bursting with essential immune supporting antioxidants, including 1,200mg of Vitamin C, manganese, and selenium, and is now equipped with Elderberry, additional Zinc, and Vitamin D for even more immunity support. It also features other vitamins, minerals, and electrolytes for daily energy and hydration.

Serving Size: 1 Packet

TM1050 Lemon Berry (30 Packets) 30 servings **$17.95**
TM1053 Grapefruit (30 Packets) 30 servings **$17.95**

Green Tea Drink Mix

Do you need a balanced boost of ENERGY & FOCUS without the jitters while curbing your appetite at the same time? This Green Tea provides a balanced boost of energy & focus while detoxing your body and supporting weight loss. Choose from great tasting flavors! Ingredients: Green Tea Extract, L-Theanine, OPC's, Noni Extract and Natural Caffeine (42mg per serving) from the Guarana Plant. Manufactured in the USA. 100% natural, high quality ingredients. Small amount of Stevia & Natural Sugar included. New flavors and now available in packets!

SR2015 Grape (6.3 oz.) 40 servings **$33.60**
SR2020 Orange Mango (6.3 oz.) 40 servings **$33.60**
SR2026 Lemonade (6.3 oz.) 40 servings **$33.60**
SR2028 Peach (6.3 oz.) 40 servings **$33.60**
SR2030 Mint (6.3 oz.) 40 servings **$33.60**
SR2040 Raspberry Mango (30 Packets) 30 servings **$33.60**

Multivitamin Focus & Hydration NEW

Our unique blend of 20 natural vitamins and minerals works together to boost your productivity, focus, and overall well being. Get the long-lasting boost you need plus hydration benefits all in one! Enjoy improved focus, clarity and concentration! Caffeine Free.

Serving Size: 1 Packet

SR1020 Orange Cream (30 count) 30 servings **$32.40**
SR1025 Grape (30 count) 30 servings **$32.40**

Multivitamin Energy & Focus

These Energy and Focus drinks include 20 vitamins and minerals to keep you hydrated and healthier all year round! It also includes a balanced amount of natural caffeine to boost energy (100 mg which is equal to a cup of coffee) plus L-Theanine and Pterostilbene to increase your focus so you can stay active longer and get more done.

Serving Size: 1 Packet

SR1010 Blueberry Acai (30 count) 30 servings **$30.99**
SR1012 Peach Mango (30 count) 30 servings **$30.99**
SR1014 Pink Lemonade (30 count) 30 servings **$30.99**

Slender Sticks

These great tasting Sugar Free Drink Sticks are refreshingly delicious and are high in Vitamin Antioxidants, and contain 10 super foods. Sweetened with BetterStevia™. Available in two great flavors.

NO6992 Acai Lemonade (12 Sticks) **$7.10**

Hydration I.V. Electrolyte Drink TOP SELLER

Hydration I.V., a great-tasting electrolyte drink mix that has been carefully formulated with 20 times the hydrating power of an average 16-ounce bottle of spring water because of its full spectrum of electrolytes, which helps hydrate the body faster. In addition, when compared to a sports drink, Hydration I.V. has 3 times the electrolytes, one-third the sugar and carbs, half the calories, and five essential vitamins for energy and recovery.

Serving Size: 1 Pack

TM0915 Strawberry/Coconut (16 packs) 16 servings **$28.80**
TM0920 Rasp./Lemonade (16 packs) 16 servings **$28.80**

Electrolyve Powder

Electrolyve® drink mix is the perfect combination to replenish essential electrolytes, vital minerals and trace elements to nourish, hydrate and detox the body, naturally powered by bioactive nutrients including electrolytes, amino acids, minerals and antioxidants to boost immunity.

Serving Size: 1 packet

CSS1039 (30 packets) 30 servings **$66.40**

Coconut Milk Powder "Organic"

NOW Real Food® Organic Coconut Milk Powder comes directly from fresh, organic coconuts and is spray dried and then mixed with organic plant-based ingredients so it easily dissolves in hot water or coffee. It's ideal for baking since it has a much longer shelf life than liquid coconut milk and does not require refrigeration. Our coconut milk can be used in sauces, smoothies, desserts, and wherever you want to avoid dairy milk but still enjoy its rich, creamy taste.

Serving Size: 1 Tablespoon

NO5835 (12 oz.) 43 servings **$11.15**

Coconut Water Powder TOP SELLER

Want to boost your energy levels? Want to avoid muscle soreness? Pure organic coconut water is packed with essential electrolytes that will help hydrate your body faster and help your muscles recover.

Serving Size: 1.5 Tbsp

ECO1316 Powder (8 oz.) 15 servings **$21.25**

Pappy's Sassafras Tea Concentrate TOP SELLER

Craving the taste of homemade Rootbeer? Now you can satisfy your taste buds naturally with this all natural Sassafras concentrate! Suggested Use; 1 oz. of concentrate to 8 oz. of water. A full bottle of concentrate makes 2 quarts of tea. Also try flavoring your kombucha with it. Just add 1 or 2 ounces to a quart of finished kombucha and let set at room temperature for a few more days, then refrigerate and you have delicious rootbeer flavored kombucha!

AI1001 (12 fl. oz.) **$4.95**

Alkalife PH Booster Drops

Just a few drops of Alkalife® turns ordinary drinking water into high pH alkaline water! What does this mean for your body? You reap the benefits of anti-aging through improved cellular function and removal of acid waste buildup. You become less susceptible to both infectious and degenerative disease. You even experience more energy throughout the day and quicker recovery from physical activity. In short, you give your body what it needs to achieve extraordinary health and longevity. One bottle of Alkalife makes 360 glasses of high pH alkaline water. A 2-month supply.

ALK7240 (1.25 fl. oz.) **$20.00**

Max-Hydrate Energy TOP SELLER

Max-Hydrate is a convenient, great-tasting fizzing tablet that when added to water, provides elite levels of electrolytes–sodium, potassium, magnesium, calcium–to help avoid muscle cramping and muscle fatigue. 10 Tablet Tube High Performance Electrolyte Fizzing Tablets Plus 50mg of natural Caffeine from Green Tea Extract Electrolytes–sodium, potassium, magnesium, calcium. All natural Orange flavor, tastes great! Gluten Free, Sugar Free, Certified Vegan, Non-GMO

Serving Size: 1 Tablet

TM1203 (10 Tabs) 10 servings **$6.75**

Max-Hydrate Endurance Fizz Drink

Max-Hydrate is a convenient, great-tasting fizzing tablet that when added to water, provides elite levels of electrolytes–sodium, potassium, magnesium, calcium–to help avoid muscle cramping and muscle fatigue.

Serving Size: 1 tablet

TM1205 (10 Tabs) 10 servings **$6.75**

Sweeteners

NATURAL

Better Stevia Powder "White" TOP SELLER

A natural organic sweetener in a powder form. Use for drinks, baking and more. Available in three sizes. NOW® BetterStevia™ is a zero-calorie, low glycemic, certified organic sweetener that makes a perfectly healthy substitute for table sugar and artificial sweeteners. Unlike chemical sweeteners, NOW® BetterStevia™ contains pure Stevia extract. NOW Foods takes special measures to preserve Stevia's natural qualities in this unique, pure, better-tasting Stevia.

NO6960 (1 oz.) **$8.70**
NO6943 (4 oz.) **$26.10**
NO6961 (1 lb.) **$80.00**

Stevia Extract Powder TOP SELLER

An awesome stevia with no aftertaste.This pure stevia extract IS NOT an artificial or chemical sweetener. This extract is made from the non-bitter, naturally occurring, sweet component of the herb stevia – a glycoside called Rebaudioside A. This naturally sweet component is isolated from the stevia leaf, using a gentle water extraction process. This is the real deal. A little goes a very long way.

Serving Size: 1/32 Teaspoon

TH5638 (1 oz) **$19.70**
TH5640 (4 oz.) **$62.20**

Organic Stevia

Simple Foods Organic Stevia comes from a natural herb native to South America. It is a small shrub-like perennial plant which belongs to the sunflower family.

SFC1005 (1.5 oz.) **$16.80**

Organic Simple Sweet TOP SELLER

Organic Simple Sweet is a sweetener blend that has a sweet taste and no after taste. Substitute 1/3 cup simple sweet for 1 cup sugar. Add a little more Simple Sweet if you prefer a sweeter taste. If children have a problem concentrating it can be helpful to cut sugars and white flour from the child's diet. Sugar Free and Gluten Free.

SFC1010 (16 oz.) **$14.55**

Organic Powdered Simple Sweet TOP SELLER

Organic Powdered Simple Sweet is used for mixing into cream cheese, drinks, smoothies, and much more as it will dissolve much easier than the regular Simple Sweet. Sugar Free and Gluten Free.

SFC1015 (16 oz.) **$14.55**

Gentle Sweet TOP SELLER

Having trouble adjusting to the taste of Stevia? Sweeten those "hard to get right" treats with Gentle Sweet and you can bank on the "yum!" word passing your lips. Gentle Sweet blend has a cotton candy taste but won't mess with your blood sugar. Ingredients: Xylitol, Erythritol, Stevia powder.

TH5658 (16 oz.) **$20.95**

Super Sweet Blend TOP SELLER

This blend is the perfect combination of two natural sweeteners, non GMO erythritol and our Organic Pure Stevia Extract Powder. Both are diabetic friendly, offer numerous health benefits and have no impact upon blood sugar.

TH5660 (16 oz.) **$20.95**

Better Stevia 'Organic'

Delicious BetterStevia® Organic Liquid is an excellent addition to your favorite beverages and is especially suited for sweetening coffees and teas - just a few drops is all you need to add a burst of flavored sweetness to any beverage, hot or cold! BetterStevia® Organic Liquid is now in a new convenient flip-top plastic bottle that makes it easy to dispense the perfect amount of BetterStevia® with no leaking and no mess. These attractive new bottles are lightweight, portable, and easy to use.

Serving Size: 1 to 4 Drops

NO6980 (2 fl. oz.) 461 servings **$10.45**
NO6991 (8 fl. oz.) 1823 servings **$26.10**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

BetterStevia Glycerite TOP SELLER

This is one of our most popular natural sweeteners. It is great for drinks, canning and more. A liquid form of stevia. ½ tsp. = approx. 1 cup of sugar. The glycerite form of stevia does not have as strong an aftertaste of stevia as the original. NOW® Stevia Glycerite is alcohol-free and a zero calorie, low glycemic, natural plant based sweetener that makes a perfectly healthy substitute for table sugar and artificial sweeteners. Unlike chemical sweeteners, NOW® Stevia Glycerite contains natural plant Stevia extracts.

NO6952 (2 fl. oz.) **$8.90**
NO6953 (8 fl. oz.) **$24.35**

Better Stevia Original(Alcohol Extract)

BetterStevia™ is a zero-calorie, low glycemic, natural sweetener that makes a perfectly healthy substitute for table sugar and artificial sweeteners.

NO6959 (8 fl. oz.) **$24.35**

SweetLeaf Stevia

Add flavor, not calories or carbs! Made with stevia leaf extract and natural flavors, SweetLeaf® Sweet Drops™ let you add just the right amount of flavor and sweetness to foods, beverages, and recipes. Since their introduction in 1996, Sweet Drops have become a favorite with consumers, who enjoy creating unique mixes and finding new ways to use them. With no artificial flavorings, consumers can be confident that Sweet Drops provide a better-for-the-body sugar alternative.

Serving Size: 5 drops

SLD5659 Regular (4 fl. oz.) 576 servings **$21.60**
SLD3006 Toffee (2 fl. oz.) 288 servings **$12.90**
SLD3846 Vanilla (2 fl. oz.) 288 servings **$9.70**
SLD3969 Lemon (2 fl. oz.) 288 servings **$9.70**
SLD4027 Chocolate (2 fl. oz.) 288 servings **$12.90**

Stevia Leaf Powder "Green" 'Organic'

An organic green stevia leaf powder.

SW1126 Powder (4 oz.) **$10.05**

Confectioner's Erythritol "Organic"

TOP SELLER

Replaces Powdered Sugar. This Organic Confectioner's Erythritol is the perfect replacement for powdered sugar in your favorite recipes. Use it for frostings and icings, or dust it over desserts, fruits or baked goods. Erythritol is a natural sweetener known as a sugar alcohol that's about 70% as sweet as refined sugar. It has 95% fewer calories than sugar, a low glycemic impact, and it doesn't contribute to tooth decay. You get the sweetness of sugar without any of the bad stuff!

NO6902 Powder (1 lb.) **$9.10**

Erythritol TOP SELLER

Erythritol is a naturally-occurring sugar alcohol derived from a corn source and is naturally found in small amounts in various plants, fruits and fungi, including mushrooms. It contains virtally no calories (95% less calories than table sugar), has a low glycemic impact, and doesn't contribute to tooth decay. Basically all the bad things about sugar are absent in Erythritol, yet it tastes just like sugar and is about 70% as sweet.

NO6923 Powder (2.5 lb.) **$16.30**

Birch Xylitol TOP SELLER

Xylitol is one of the most popular natural sweeteners and can be used in virtually all recipes in lieu of sugar. Health Garden travels the globe to find the sweetest, purest Xylitol plant sources to ensure balanced taste and texture in every sweet spoonful. This calorie-free, low-glycemic blend is a perfect sugar substitute for everyone, including diabetics and allergy sufferers. Health Garden Birch Xylitol contains no corn and is not from China. Ingredients: 100% Birch Xylitol

HG2010 (1 lb.) **$11.35**
HG2012 (3 lb.) **$27.75**

Xylitol TOP SELLER

Xylitol is a sugar alcohol that is naturally present in small amounts in various fruits and vegetables. It was originally extracted from birch trees in Finland. NOW Xylitol is derived from non-GMO corn. It is comparable to xylitol derived from other sources, such as birch.

It resembles sugar in consistency and taste, but has a third fewer calories and is a great sugar alternative for diabetics. Xylitol may also inhibit cavities by denying plaque bacteria, the fuel (sugar) it needs to erode tooth enamel. It can be used as a sugar substitute in most sugar-free recipes.

NO6983 (1 lb.) **$7.60**
NO6986 (2.5 lb.) **$17.25**
NO6989 (15 lb.) **$94.25**

Organic Cane Sugar

NOW Real Food® Organic Cane Sugar is made from pure, organic sugarcane and is an excellent sweetener that can be used as a 1:1 replacement for refined white sugar.

NO6898 (2.5 lbs.) **$9.10**

Coconut Sugar "Organic" TOP SELLER

It's said that a coconut tree can provide everything a person needs – food, clothing, shelter and more. We now know it's true after discovering delicious sugar from the coconut tree! NOW Real Food® Organic Coconut Sugar is a minimally processed natural sugar with a low glycemic impact and a mild sweetness and flavor similar to brown sugar. Unlike table sugar Coconut Sugar has naturally occurring vitamins, minerals, and amino acids, making it a healthy substitute for sugar in almost any dish. NOW Real Food® Coconut Sugar can be substituted 1:1 for table sugar in recipes.

NO6915 (16 oz.) **$5.80**

Sucanat Cane Juice Powder

Certified Organic Sucanat® Cane Sugar from NOW Real Food™ is a whole cane sugar from pure, dried sugar cane syrup and is a healthy alternative to more refined and processed sugars. It retains all the properties of natural sugar cane, including its molasses content, which gives Sucanat® a strong and distinctive flavor.

NO6965 (2 lb.) **$8.10**

Monk Fruit w/Erythritol Powder "Organic"

1:1 sugar replacement. Discover and enjoy the enlightened sweetener! Monk fruit is nature's perfect substitute for sugar. You'll be pleasantly surprised by how great it tastes, because it's deliciously sweet without any bitter aftertaste like that of artificial sweeteners. At zero calories, monk fruit is perfect for keto and other no-sugar diets. Add it to your favorite beverage, yogurt, oatmeal, in your recipes, or anytime you need to add a touch of delicious sweetness.

Serving Size: 2 tsp

NO7124 (16 oz.) 57 servings **$11.15**

Monk Fruit "Organic"

Monk fruit, also known as Luo Han Guo, is our newest zero-calorie sweetener. Monk fruit is significantly sweeter than sugar, up to 200 times as sweet and is a fantastic alternative to sugar in beverages. NOW Real Food® Organic Monk Fruit Liquid has a delightfully vibrant, sweet taste with very little aftertaste. Also available in Pumpkin Spice flavor.

Serving Size: 8 Drops or 10 Drops

NO6916 (2 fl. oz.) 268 servings **$10.99**
NO7116 (8 fl. oz.) 1077 servings **$33.45**

Maple Syrup

Maple Syrup is distilled from the sap of organic Sugar Maple trees in springtime. It takes 40 gallons of pure sap to make one gallon of pure syrup. A good Sugar Maple tree is able to produce 1 to 2 quarts of pure maple syrup each season.

Serving Size: 1/4 cup

NO6947 ORGANIC Amber A (32 fl. oz.) 16 servings **$25.35**

Agave Nectar

Known in Mexico as aguamiel, or "honey water", Agave Nectar was considered a gift from the gods by the ancient Aztecs, and today is considered nature's perfect sweetener by many. Agave Nectar (also called Agave Syrup) is minimally processed using low temperatures and has a low glycemic index. NOW Real Food® Organic Amber Agave Nectar is a medium-intensity liquid sweetener with a taste closer to maple syrup. Its stronger flavor makes it ideal for use in more hearty culinary applications, and it's an excellent substitute for maple syrup. It dissolves quickly and easily in both hot and cold beverages, so use it right out of the bottle for a healthy splash of natural sweetness!

NO6909 (23.28 fl. oz.) **$7.10**

Organic Blackstrap Molasses

Experience the many benefits of Plantation Organic Blackstrap Molasses, 15 fl. oz. The thick syrup is delicious, natural and rich in nutrients, making it a superb replacement for white sugar. This unsulphured blackstrap molasses provides a significant source of iron, calcium and potassium. A byproduct of refining sugar cane, it has a subtle nutty flavor. This organic molasses offers an excellent way to add sweetness to many different foods. It can be used in tea, coffee, hot breakfast cereal or baked goods. Keep it on hand to add depth of taste to baked beans and homemade barbecue sauces.

PL5140 (15 fl. oz.) **$10.35**

Blackstrap Molasses TOP SELLER

Taken from the third and final pressing of the sugar cane, Blackstrap Molasses naturally retains the rich mineral content and subtle, nutty flavor that refined sugar lacks. That's why a single tablespoon of Plantation Blackstrap Molasses provides no less than 20% of the US RDA for calcium, iron and potassium.

PL5136 (31 fl. oz.) **$14.55**

Vegetable Glycerin

A palm base vegetable glycerin. Use for making tinctures and more.

NA9000 (1/2 Gal.) **$29.95**
NA9001 (1 Gal.) **$52.95**

Lactose

Perfect for wholesome beverages and an excellent addition to recipes. Lactose is a sugar found in milk and is actually the first carbohydrate you and every other mammal on Earth consumes. Extracted from whey, NOW Real Food® Lactose is about 20% the sweetness of sugar and is used in unique food applications and as a sweet addition to children's milk.

Serving Size: 2 Teaspoons

NO6940 (1 lb.) 57 servings **$4.60**

Baking & Cooking Supplies

Fruit & Veggie Wash

This is a one-of-a-kind fruit and vegetable cleaner! Fertilizers, chemical-filled water, improper storage, insects and human handling can spread pathogens that cause food-borne illnesses, like gastroenteritis. P2 Probiotic Fruit & Veggie Cleaner helps eliminate the biofilm that spreads pathogens, and it helps clean away wax and dirt, too. Use for every kind of fruit and vegetable. Always wet what you want to clean first, as the probiotics need to be activated. Leaves no residue of weird taste. Ingredients: A Proprietary Blend of FDA GRAS Spore Probiotics, Naturally Occurring Enzymes, Water Soluble Biosurfactant (microorganisms), Organic Spearmint.

EB1001+T (12 oz.) **$18.65**

Brown Rice Flour

A benefit to Brown Rice Flour is that the husk remains intact which provides more nutritional value. Brown rice flour has a nutty flavor and works best when combined with other flours to help avoid a dry, crumby texture. Ingredients: Brown long grain rice. Great for all baking!

SFC2054 (24 oz.) **$8.85**

Organic Sorghum Flour

Organic Sorghum Flour has an impressive amount of nutrients, with a good source of many vitamins, minerals, fiber, and protein all which contribute to better health. Ingredients: Whole Grain Sorghum. Gluten Free.

SFC2058 (12 oz.) **$7.95**

Simple Flour Blend TOP SELLER

Using Simple Foods Simple Flour Blend is very easy, you can make your favorite baked goods gluten friendly by replacing regular flour with Simple Foods Simple Flour Blend in measures 1 for 1. Perfect for cookies, cakes, gravy, biscuits, and pancakes!

Serving Size: 1/4 Cup

SFC1031 (24 oz.) 21 servings **$10.25**

Quick Mix

Quick mix is an easy way to put together healthy biscuits, pizza crust, and a loaf of bread. Recipes are included on the back of the bag!

SFC1032 (24 oz.) **$13.50**

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Organic Frosting Mix TOP SELLER

This frosting mix is made with organic cane sugar, organic Powdered Simple Sweet and other organic ingredients. You can use coconut oil instead of butter, and almond milk instead of milk for dairy free frosting. The vanilla and chocolate frosting recipes are on the back of the frosting mix bag. Gluten Friendly Ingredients: Powdered Confectioners Sugar, Erythritol, Xylitol, Tapioca Flour, Stevia, Xanthan Gum, Himalayan Pink Salt. Gluten Free

SFC1055 (24 oz.) **$11.75**

Brownie Mix

The brownie mix can be used for many desserts or simply frosted with simple foods frosting mix. Makes a 9x13 pan of brownies. Gluten Free Ingredients: Almond Flour, Oat Flour, Cocoa, Coconut Sugar, Erythritol, Brown Rice Flour, Xylitol, Xanthan Gum, Baking Soda, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium, Posphate), Stevia.

SFC1035 (12 oz.) **$10.15**

White Cake Mix

Sugar free gluten free, this white cake mix is a favorite with its fresh vanilla taste, add egg whites, oil and water bake in 9x13 pan. Ingredients – Blanched almond flour, brown rice flour, Organic erythritol, whey protein powder (milk), Organic tapioca flour, xylitol, Organic coconut flour, baking soda, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate) Organic stevia, natural flavor (vanilla), xanthan gum.

SFC1038 (12.5 oz.) **$8.95**

Chocolate Cake Mix

Create a healthy, sugar free, gluten friendly, chocolate cake with this simple to use cake mix! Bake in a 8x11 cake pan. Ingredients: Erythritol, Almond Flour, Brown Rice Flour, Oat Flour, Tapioca Flour, Xylitol, Cocoa, Coconut Flour, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium, Posphate), Baking Soda, Xanthan Gum, Stevia.

SFC1040 (11.7 oz.) **$9.95**

Chocolate Sandwich Cookies Mix

Looking to whip up some yummy cookies on the fly? Try this simple cookie mix. Makes 15 cookies. Gluten Free Ingredients: Brown Rice Flour, Coconut Palm Sugar, Erythritol, Oat Flour, Blanched Almond Flour, Cocoa, Xylitol, Baking Soda, Tapioca Flour, Stevia , Xanthan Gum, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium, Posphate).

SFC1045 (14 oz.) **$9.95**

Pancake Mix

Ingredients: Blanched Almond Flour, Coconut Flour, Tapioca, Flour, Erythritol, Xylitol, Brown Rice Flour, Pink Himalayan Salt, Xanthan Gum, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium, Posphate), stevia. Sugar Free & Gluten Free.

SFC1062 (15.9 oz.) **$11.20**

Coconut Cream Powder 'Organic' TOP SELLER

Coconut Cream Powder is vegan, certified organic and can be easily added to soups, smoothies, hot chocolate and used as a coffee creamer replacement. Coconut Milk is a great dairy-free alternative for those who are lactose intolerant or allergic to casein or animal milk. Coconut cream powder can be reconstituted with water to make an easy and affordable substitute for canned or boxed milk. Delicious when mixed with curries, sauces, puddings, juices, yogurt, soups, hot cocoa, coffee or blended with your favorite fruits for a delicious, creamy smoothie!

Serving Size: 1 Tbsp

ECO1311 Powder (1 lb.) 50 servings **$25.50**

Tapioca Flour 'Organic' TOP SELLER

Many people are surprised to learn that tapioca is used for more than just pudding. Derived from the root of the cassava plant, NOW Real Food® Organic Tapioca Flour is a fantastic thickening agent that is gluten-free. Tapioca flour is widely used to make soft, tender baked goods, including breads, cookies, cakes, biscuits and more. It's an excellent addition to baked goods with a high liquid content, such as fruit pies, since tapioca absorbs moisture and is commonly used as a thickening agent in soups and sauces.

NO6181 Powder (1 lb.) **$3.70**

Baobab Boost Powder TOP SELLER

Welcome a multi-talented, multi-tasking, multi-vitamin and mineral one of a kind supplement into your life. This ultra-low net carb powder is like a daily "multi" but is 100% real food! That's why we call it Baobab Boost, because this amazing fruit grown on the majestic Baobab tree boosts your nutrition in every area. Its citrus and sherbet tasting dried flesh has five times the fiber of oats, and higher antioxidant levels than any food on the planet (8 times that of the super berry Acai, and more than both blueberries and pomegranates combined!) It has more than twice the calcium of milk, double the magnesium and iron of spinach and is loaded with six times the potassium of bananas. Most importantly, it is a delicious way of boosting your vitamin C. Throw Baobab in smoothies, oatmeal, bars, sauces, soups, and casseroles where its lemony light and pleasant flavor pairs with almost anything, or just add it to water and gulp it down!

Serving Size: 2 Tbs

TH5289 (11 oz.) 26 servings **$21.75**

Baking Blend TOP SELLER

Finally a gluten-free, low glycemic baking mix that isn't excessively loaded with fuel. Our blend also contains disease-fighting lignans and satisfies any hungry tummy with large amounts of insoluble fiber.

Serving Size: 1/4 cup

TH5279 (16 oz.) 18 servings **$18.15**

Almond Flour "Raw" TOP SELLER

Almonds aren't just a healthy snack food; they're also an excellent addition to many other popular foods. Almonds can also be used to make a wholesome and delicious flour that can be substituted for white flour in almost any recipe. NOW Real Food® Raw Almond Flour is 100% pure, unblanched, gluten-free, and low in carbs, making it a healthy, and tasty alternative to bleached white flour. Almond Flour adds a rich texture and color to your favorite baked goods. When substituting Almond Flour for other flours used in recipes, use roughly the same amount of Almond Flour, but reduce the amount of liquid slightly. As with most recipe substitutions, some experimentation may be necessary to obtain the best results.

NO6006 (22 oz.) **$12.15**

Almond Flour "Organic Blanched"

Almonds aren't just a tasty snack food; they can also be used to make a delicious flour that can be substituted for white flour in almost any recipe. NOW Real Food® Organic Almond Flour is gluten free and only 3 grams of net carbs per serving, making it a tasty alternative to bleached white flour. Almond flour adds a rich texture and color to your favorite baked goods.

Serving Size: 1/4 Cup

NO6007 (16 oz.) 21 servings **$14.25**

Blanched Almond Flour

Almond flour is made from ground almonds. The process involves blanching almonds in boiling water to remove the skins, then grinding and sifting them into a fine flour. Almond flour is not the same as almond meal. Almond meal is made by grinding almonds with skins intact which makes for a more coarse flour. Gluten Friendly!

SFC2050 (24 oz.) **$18.80**

Coconut Flour "Organic" TOP SELLER

With Now Real Food® Organic Coconut Flour you can say goodbye to overly processed, grain-based flours and replace them with a wholesome, healthy, flavorful flour that's free of gluten and other common allergens. Our Organic Coconut Flour is dried, defatted coconut meat and ground into a fine powder. It's also an excellent source of fiber. With Organic Coconut Flour you'll use far less than grain-based flours, approximately 1/4 to 1/3 the amount of regular flour called for. You'll also need to increase the amount of liquid used, which can be done by increasing the amount of eggs or egg-substitute. With its unique characteristics we recommend using recipes specifically developed for Coconut Flour, which you can find at: NowRealFood.com.

NO6917 (16 oz.) **$5.60**

Pressed Peanut Flour

While nuts are part of the Trim Healthy Mama plan, all those dense calories can be easily eaten in excess. They can cling to places on our bodies that we least want them to and drive us nuts! Our De-fatted Peanut Flour is the answer to a mouthful of peanut-ty pleasure without guilt or a stubborn scale.

Serving Size: 1/4 cup

TH5256 (11 oz.) 10 servings **$14.95**

Flax Seed Meal 'Organic'

NOW Real Food® Organic Flax Seed Meal has a mild, nutty flavor similar to wheat germ, and it's often added to cereals, pancakes, muffins, breads, meatloaf, meatballs, and even yogurt. Flax is abundant in essential fatty acids and is a good source of fiber.

Serving Size: 2 1/2 teaspoon

NO6266 (12 oz.) 21 servings **$5.10**
NO6256 (22 oz.) 39 servings **$8.70**

Flax Seed "Organic" TOP SELLER

NOW Real Food™ Organic Flax Seeds have a mild, nutty flavor similar to wheat germ, and they're often added to cereals, pancakes, muffins, breads, meatloaf, meatballs, and even yogurt. Flax is a natural plant source of healthy fatty acids and a good source of fiber.

NO6260 (1 lb.) **$6.10**

Golden Flax Seed "Organic"

NOW Real Food® Organic Golden Flax Seeds have a mild, nutty flavor similar to wheat germ, and they're often added to cereals, pancakes, muffins, breads, meatloaf, meatballs, and even yogurt. Golden Flax is typically lighter in color and more flavorful than dark flax. Flax is abundant in essential & fatty acids and is an excellent source of fiber.

NO6268 (1 lb.) **$6.10**

Oat Flour

Made from certified organic and gluten-free oats grown in the Western Canadian Prairies. Perfect for gluten-free baking. A source of fiber and iron.

Serving Size: 1/4 Cup

OT2550 (17.6 oz.) 16 servings **$4.80**

Oat Fiber

Trim Healthy Mama Oat Fiber to the baking rescue! This gluten-free, zero calorie flour full of dietary fiber is here to help save your yummy baked goodies from wreaking havoc on your waistline. With zero calories, it brings to life tasty treats like our decadent, chocolate Muffin in a Bowl (page 258, Trim Healthy Mama)

Serving Size: 1/4 cup

TH5286 (16 oz.) 16 servings **$13.99**

Whey Protein TOP SELLER

Enjoy in your yogurt, baked goods, and shakes! Sugar Free and Gluten Friendly Ingredients: Whey (Milk) Protein Isolate.

SFC2085 (16 oz.) **$26.95**

Whey Protein Powder TOP SELLER

THM Pristine Whey Protein Power is the "Plan Approved" whey. It is the whey we whip it into our Fat Stripping Frappas and Greek Yogurt Swirls. It froths and whips drinks up into rich, creamy deliciousness without added fat. It is simply yummy… and that is what counts. We even use in our coffee to make Trimmaccinos!

Serving Size: 1 scoop

TH5153+T Unflavored (16 oz.) 20 servings **$42.95**
TH5156+T Chocolate (16 oz.) **$45.85**
TH5158+T Strawberry (16 oz.) **$45.85**

Collagen TOP SELLER

Provides structural health to much of your body. Clean collagen, grass fed from Brazil. No hormones. No antibiotics. No pesticides herbicides. Sugar Free and Gluten Friendly!

SFC2060 (16 oz.) **$26.95**

Integral Collagen

Integral Collagen is a pure protein powder for health and beauty as well as yummy food creations. From the grasslands of Argentina and Brazil, bovine Integral Collagen is pork free and processed with integrity. It dissolves easily in liquid with no blending required and is completely tasteless. This makes it the perfect choice to swirl into Greek yogurt or pour into your hot tea for a nutritional overhaul.

Serving Size: 1 scoop

TH3358 (16 oz.) 38 servings **$34.50**

Collagen Peptides Powder

Collagen peptides from types 1 and 3 bovine collagen are well-known for their roles in bone, joint and skin health.* As the most abundant protein in mammals, collagen makes up about 30% of the body's protein. Studies indicate that hydrolyzed collagen may help to support strong bones and healthy joints as well as skin smoothness and hydration.

Serving Size: 2 Tbsp

NO3086 (8 oz.) 21 servings **$15.95**

Oat Bran "Organic"

Oat Bran is the nutrient-dense outer husk of oat grain. It's an excellent source of fiber. NOW Real Food® Organic Oat Bran is a good natural additive to most baked goods and is primarily used to boost fiber content. It adds texture and imparts a subtle nutty flavor that's ideal for breads and muffins, and it's a flavorful addition to cereals, or as a topping for breads and muffins that adds color and improves taste. Soluble fiber from foods such as oat bran, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of NOW Real Food® Organic Oat Bran supplies 3 grams of soluble fiber.

NO5951 (14 oz.) **$4.50**

Organic Quick Oats

These Gluten Free Organic Quick Oats are often eaten for breakfast, and are also included in granola bars, cookies, and other baked goods. Ingredients – Organic whole grain oats.

SFC2045 (24 oz.) **$7.95**

Steel Cut Oats "Organic"

Steel Cut Oats (also known as Irish Oats) are whole grain oat groats that have been cut into smaller pieces rather than being rolled to create rolled oats. Commonly used as a hearty breakfast cereal, Steel Cut Oats have the highest nutritional value of all forms of oats and are a tasty and convenient way to quickly improve ones diet.Soluble fiber from foods such as Steel Cut Oats, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of NOW Real Food™ Steel Cut Oats supplies 2 grams of soluble fiber.

NO6295 (2 lb.) **$7.10**

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Rolled Oats "Organic"

Rolled Oats are, well, rolled oats! They're oat grain with the outer husk removed and then steamed and rolled to form a flat flake. Commonly used as oatmeal or a breakfast cereal, and as the basis for many granola products, Rolled Oats are a tasty and convenient way to quickly improve one's diet. Soluble fiber from foods such as rolled oats, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of NOW Real Food™ Organic Rolled Oats supplies 2 grams of soluble fiber.

NO6303 (24 oz.) **$5.10**

Quinoa Pasta "Organic"

From hearty spaghetti and lasagna to every kids favorite, macaroni, pasta is a wholesome, versatile and convenient choice. With Living Now Gluten-Free Organic Quinoa Pasta you and your family can once again enjoy pasta dishes without wheat, corn, soy and other allergens. Made with three simple organic ingredients,
rice, quinoa and amaranth, our gluten-free pasta offers the delicious flavor and texture you expect from traditional pasta. Our wholesome pasta is made without GMOs, allergens and additives and is produced in a dedicated allergy-friendly facility, so your family can enjoy their favorite pasta dishes without sacrificing quality or flavor. Just pure gluten-free goodness.

NO6321 Macaroni (8 oz.) **$5.10**
NO6322 Penne (8 oz.) **$5.10**
NO6325 Spaghetti (8 oz.) **$5.10**

Sprouted Brown Rice "Organic" TOP SELLER

Why are so many people getting turned on to sprouts? It's because these groovy green youngsters are bursting with vital nutrition. Even cooler, almost any grain can be sprouted to increase nutrient content and digestibility! NOW Real Food® Organic Sprouted Brown Rice contains wholesome young rice grains that have been sprouted and harvested at the peak of perfection for maximum nutrient content and digestibility. Sprouted Brown Rice has a subtle, nutty flavor that's slightly sweeter than regular brown rice. Use in place of ordinary brown rice and enhance the nutritional value and flavor of any dish!

NO6102 (16 oz.) **$6.10**

Prune Juice "Organic"

Lakewood Organic Prune Juice is Certified Organic and Non GMO. Ingredients; Organic Prune Juice. Not a concentrate.

Serving Size: 8 oz

LK3201 (32 fl. oz.) 4 servings **$14.95**

Avocado Oil TOP SELLER

Versatile and flavorful, Ellyndale® Naturals Premium Avocado Oil has a high smoke point (approximately 520° F), making it ideal for high-heat cooking such as sautéing and stir-frying. It has a pleasant, buttery-smooth flavor that complements a variety of dishes, and it makes a tasty finishing drizzle for salads and other dishes. Our avocado oil is expeller pressed and has naturally occurring essential fatty acids.

Serving Size: 1 Tablespoon

NOE0511 (16.9 fl. oz.) 33 servings **$13.55**

Macadamia Nut Oil "Expeller Pressed"

Ellyndale® Naturals premium-grade Macadamia Nut Oil is the perfect oil for your favorite recipes. In addition to its rich, nutty flavor and buttery-smooth texture, macadamia nut oil has a high smoke point (approximately 400° F) and a high heat tolerance, making it an ideal oil for frying. With up to 79% monounsaturated fatty acids and very little polyunsaturated fat, macadamia nut oil is very stable, boasting an unrefrigerated shelf life of up to two years.

Serving Size: 1 Tbsp

NOE0515 (16.9 fl. oz.) 33 servings **$13.99**

Napa Valley Organic Extra Virgin Olive Oil

TOP SELLER

This extra virgin olive oil is a delicious, medium bodied flavor that goes well with any food. And best of all, it's organic.

NV1252 (25.4 fl. oz.) **$22.30**

MCT Oil TOP SELLER

Medium Chain Triglycerides (MCTs) are fats that are naturally found in coconut and palm kernel oil. MCTs are more easily and rapidly digested than other types of fats, as they require lower amounts of enzymes and bile acids for intestinal absorption. MCTs are metabolized very quickly in the liver and are reported to encourage energy expenditure, and not fat storage. Numerous studies suggest that substituting MCT Oil for other fats in a healthy diet may therefore help to support healthy weight and body composition.* This can be used instead of vegetable oil in baking and cooking.

Serving Size: 1 Tablespoon

NO2211 (16 fl. oz.) 31 servings **$15.65**
NO2199 (32 fl oz.) 63 servings **$27.85**

Safflower Oil "Pure"

Pure Safflower Oil is truly a versatile oil with numerous benefits from culinary to cosmetics. It acts as a protective barrier to lubricate your skin while it moisturizes. It helps soften dryness, smooth roughness, and soothe skin problems. Cold pressed and food grade.

LF8277 (16 fl. oz.) **$12.05**

Apple Cider Vinegar "Organic" TOP SELLER

Made from a delicious blend of apples raised using no chemical insecticides, fungicides, herbicides, or chemical fertilizers...it's only natural! The fresh organic apples are pressed to make organic apple cider, which is allowed to ferment in the presence of oxygen. It then converts the naturally occurring sugar content of the apple into an organic acid, which produces our healthful vinegar. Part of the natural fermentation process is the growth of friendly probiotic bacteria, as well as proteins and healthy enzymes. Together these are called the "mother culture". That is why the best organic apple cider vinegar is raw, unfiltered, and includes the mother culture...it's only natural!

NA8000-032 (32 fl. oz.) **$6.10**
NA8000-128 (1 Gal.) **$19.75**

Apple Cider Vinegar (Braggs)

Bragg Organic Raw Apple Cider Vinegar is made from delicious, healthy, organically grown apples. Processed and bottled in accordance with USDA guidelines, it is Certified Organic by Organic Certifiers and Oregon Tilth; and is Kosher Certified. Bragg Organic Raw Apple Cider Vinegar is full of zesty natural goodness. Non-GMO Certified. It's a wholesome way to add delicious flavor to salads, veggies, most foods, and even sprinkle over popcorn. Internal benefits: Rich in enzymes & potassium, supports a healthy immune system, helps control weight, promotes digestion & ph Balance, helps soothe dry throats, helps remove body sludge toxins. External Benefits: Helps maintain healthy skin, helps promote youthful, healthy bodies, soothes irritated skin, relieves muscle pain from exercise. NO REFRIGERATION REQUIRED.

BG5105 (1 qt.) **$9.25**

Liquid Aminos

All purpose seasoning. Great on Salads, Veggies, Rice & Beans, Tofu, Tempeh, Potatoes, Meat, Poultry, Fish and Popcorn and in Dressings, Gravies & Sauces, Casseroles, Stir-fries and Macrobiotics. Ingredients: Bragg Liquid Aminos is not fermented, is Gluten-Free and made from non-GMO soybeans and purified water. It is an excellent alternative for Tamari and Soy Sauce.

Serving Size: 1 Teaspoon

BG5102 Liquid (16 fl. oz.) 94 servings **$7.60**

Coconut Liquid Aminos

A natural & organic soy-free option to traditional soy sauce with great flavor! Made from non-GMO, organic coconut tree nectar and sea salt (coconut trees in Indonesia and Bali). An excellent gourmet replacement for Tamari, Worcestershire & Soy Sauce. Great in Salads, Soups, Veggies, Rice and Beans, Casseroles, Potatoes, Tofu, Stir-fries, Meats, Poultry, Fish, Jerky, Tempeh, Marinades, Sauces, most foods, & delicious on Popcorn.

Serving Size: 1 tsp.

BG5104 (10 fl. oz.) 59 servings **$10.25**

Organic Lemon Juice

Italian Volcano® Lemon Juice for both convenience and flavor. All the citrus fruits used in the production of the juice are harvested by hand and processed immediately to ensure the freshest product possible. You'll taste the difference!

VC9870 (33.8 fl. oz.) **$19.90**

Pomona's Universal Pectin

A healthy alternative to SureGel! Use in jam, jelly, jello and more. Recipes included.

"Pomona's Pectin" is different because it requires calcium rather than sugar to jell fruit. That means jam and jelly can be made with less, little, or no sugar. Pomona's gives the jam maker complete control over the sweetener. Other possible sweeteners are honey, fructose, agave, concentrated fruit sweetener, maple syrup, frozen juice concentrate, stevia, xylitol. Sugar free and no preservatives! Any jam maker trying to reduce sugar in their diet will love Pomona's!

Serving Size: 1 oz. makes up to 22 8 oz. jars

WI1212 (1 oz.) **$7.35**
WI1215 (8 oz.) **$39.99**

Gelatin Powder (Beef)

This beef gelatin is 86% protein, with virtually no fat or carbohydrate. Beef gelatin has traditionally and historically been used to strengthen fingernails. This can be used instead of flavored gelatin for desserts etc. For flavor simply add fruit juice of your choice.

NO6509 (1 lb.) **$15.00**
NO6511 (4 lb.) **$48.55**

Just Gelatin "100% Organic Beef" TOP SELLER

This kind of gelatin sets up when chilled so you can make all kinds of delicious dessert creation like key lime pies and slimming gummy candies. Since it is budget friendly, feel free to throw it into family soups and chilies to help balance their amino acid profiles. Gelatin is hydrophilic in nature, which means it attracts water and forms a healing layer inside the mucosal lining of the digestive tract. It has been known to aid in more efficient digestion and breakdown of nutrients and has been named the "Gut Healer." We whole-heartedly agree.

Serving Size: 1 Tbsp.

TH3340 (16 oz.) 37 servings **$26.95**

Beef Gelatin "Pasture Raised"

This Beef Gelatin is a pasture-raised, grass-fed bovine hide gelatin powder that can be mixed into both hot and cold liquids and supports digestive health. *Versatile: can be mixed in hot or cold liquids in a variety of recipes. *Just one ingredient: no artificial flavors, supplements or fillers - just bovine hide gelatin. *Compliant: gluten free, and Paleo friendly.

Serving Size: 2 scoops

VP5102 (16 oz.) 23 servings **$28.95**

Citric Acid Powder

If you're into sprouting then you're already familiar with Citric Acid, a natural preservative typically found in citrus fruits such as lemons and limes. Citric Acid helps to inhibit the formation of mold and other bacterial growth, an all-too-common occurrence when sprouting in a jar due to high temperatures and humidity. Citric Acid is also useful for canning vegetables and fruit preserves.

NO7320 (4 oz.) **$6.00**

Xanthan Gum Powder TOP SELLER

It may sound like a name from a cheesy sci-fi movie, but Xanthan Gum is actually a widely-used thickening agent. In fact, Xanthan is legendary for its ability to increase liquid viscosity with just a tiny amount, and is stable throughout a wide range of temperatures and pH. With Xanthan Gum, a little goes a long way. NOW Real Food™ Xanthan Gum is an excellent addition to your favorite sauces and dressings due to its ability to prevent oil separation and to keep solid particles, such as spices, suspended. It lends a smooth texture to many foods, making it a desirable addition to recipes.

NO6199 (6 oz.) **$7.85**

Guar Gum Powder

A Natural Thickener. Derived from the little-known guar bean, Guar Gum is a natural thickening agent used extensively in the food industry. At the consumer level it's most commonly used when baking with whole grain flours that typically don't rise due to their lack of gluten. It's also an excellent addition to sauces and salad dressings and more.

Serving Size: 1/2 tsp.

NO5040 (8 oz.) 162 servings **$7.85**

Agar Powder

Agar is a naturally gelatinous powder derived from marine red algae. It's the perfect vegetarian substitute for beef gelatin in any food application, and makes an excellent thickener for soups, jellies, ice cream and more.

NO6410 Powder (2 oz.) **$9.00**

Glucomannan Fiber Supplement

You can think of Gluccie as your new BFF. Her full name is Glucomannan but every BFF needs a nickname especially if they're always in our home, hanging around the kitchen. With her help, we can make food creations taste creamy and filling without extra calories. She keeps the snacking monster from attacking. We all feel safer when Gluccie is around. She supports steady blood sugar levels and helps us stay satisfied. Its a great thickener for sauces, gravies, puddings, etc.!

Serving Size: 1 Teaspoon

TH5532 (8 oz.) 65 servings **$38.45**

Glucomannan Pure Powder TOP SELLER

Glucomannan is a soluble, bulk-forming fiber derived from Konjac Root (Amorphophallus konjac). Clinical studies have demonstrated that Glucomannan can provide temporary relief of constipation and may help to maintain serum lipid levels already within the healthy range. In addition, because Glucomannan helps to promote satiety (feeling of fullness), it can be an effective addition to a weight management plan that includes a healthy diet and exercise program.*

NO6513 Powder (8 oz.) **$17.40**

Baking Soda

A baking soda powder for use in the kitchen and more.

SW1004-N Powder (16 oz.) **$7.95**

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Carob Powder "Roasted/Pure"

NOW Real Food® Carob Powder is a flavorful and versatile substitute for chocolate. Use in place of cocoa powder in your favorite recipes for delicious natural chocolate flavor without the fat, caffeine or theobromine found in chocolate. Carob isn't as rich as chocolate but it's actually sweeter. When cooking with Carob substitute 1.5 to 2 parts Carob Powder for every 1 part cocoa powder called for in a recipe. Due to Carob Powder's sweetness you may need to decrease the amount of sugar used.

NO6669 (12 oz.) **$7.10**

Cocoa Powder "Unsweetened"

Organic Cocoa Powder from NOW® is the perfect complement to any health-conscious kitchen. From holiday desserts and everyday baking, to a steaming cup of hot cocoa on those cold winter days, NOW® Organic Cocoa Powder offers a guilt-free way to satisfy your sweet tooth without the high amounts of sugar, fat and preservatives common to many commercially available mixes. In addition to its rich, delicious flavor, each serving of NOW® non-alkalinized Organic Cocoa Powder naturally contains 21.5 - 107.5 mg of cocoa flavanols (polyphenols). Be sure to try some today! Hot Cocoa: Combine 2 teaspoons of NOW® Organic Cocoa Powder, 1 teaspoon of unprocessed sugar, and a dash of salt in a mug. Add 1 cup of hot milk (or soy/rice milk) and stir until smooth. Great when combined with a drop or two of NOW® Organic Vanilla Extract.

NO6672 (12 oz.) **$10.15**

Cacao Powder "Organic" TOP SELLER

With NOW Real Food® Organic Raw Cacao Powder you can enjoy the intensely rich flavor and nutritional benefits of dark chocolate without added sugar and unhealthy ingredients. Cacao powder is ideal for wholesome, natural recipes, and it's a great addition to a variety of desserts and beverages, including hot chocolate and ice cream. Raw cacao has naturally occurring polyphenols and flavonols, making it a true superfood!

NO6678 (12 oz) **$9.10**

Cacao Nibs "Organic Raw"

Pure chocolate may be nature's greatest gift. Not only is it undeniably delicious, it can also be super nutritious. To get the greatest benefits from chocolate you need to enjoy it in its purest form–raw cacao. NOW Real Food® Organic Cacao Nibs are tasty little cocoa bean crumbles with a strikingly rich, delicious, chocolatey flavor. These beauties have naturally occurring vitamins, minerals, fiber, flavonols, and polyphenols. They're perfect for snacking right out of the bag or as a natural substitute for chocolate chips in your favorite recipes. Add them to smoothies, ice cream, shakes, trail mixes, and anywhere else you need a bold chocolate kick!

NO6676 (8 oz.) **$8.10**

Chocolate Chips "Sugar Free" NEW

Ingredients: unsweetened chocolate, allulose powder, cocoa butter, organic agave inulin powder & organic monk fruit extract.

SFC1056 (16 oz.) **$18.99**

Organic Coconut Sugar Chocolate Chips

TOP SELLER

We know how difficult it can be to find a healthy chocolate chip, so we are happy to offer a chocolate chip sweetened with coconut sugar, whether you melt them or add them to your favorite cookie recipe, they will be the chocolate chip you have been searching for. Ingredients – Organic coconut blossom sugar, Organic cocoa liquor, Organic coco butter, Organic sunflower lecithin.

SFC1058 (16 oz.) **$16.25**

Chocolate Chips "Lily's Stevia Sweetened"

Lily's dark chocolate premium baking chips are sweetened with stevia and can be used in baking, melting, etc. Ingredients; Unsweetened Chocolate, Erythritol, Inulin, Stevia Extract, Organic Soy Lecithin, Vanilla.

Serving Size: 60 Chips

LS1318 (9 oz) 18 servings **$11.75**

Semi Sweet Chocolate Chips

Melty, gooey, amazing, and with no sugar added, our Semi-Sweet Baking Chips are the perfect addition to any recipe. Less Sugar. Sweet Life.

Serving Size: 30 Chips

LS1324 (9 oz.) 18 servings **$9.95**

White Chocolate Chips

Melt 'em, bake 'em, or dip 'em, into any of your favorite baked treats. These white chocolate chips are melty perfection and, frankly, just too good to pass up! Less Sugar. Sweet Life.

Serving Size: 26 Chips

LS1320 (9 oz.) 18 servings **$9.95**

Peanut Butter "Powdered"

Just Great Stuff Peanut Butter Powder is a healthier alternative to traditional peanut butter. Just add water. They use perfectly roasted, premium peanuts for superb flavor. Enjoy this Low-Fat product as a post-workout snack! Make delicious, healthy sandwiches for your children's lunch. Great in shakes! Take it camping or on picnics. Great with honey! Low Fat, No Cholesterol, Low Sodium. Only 5 Net Carbohydrates.

BL1075 Organic Original POWDER (6.35 oz.) 15 servings .. **$10.75**

Bone Meal Powder

NOW Bone Meal Powder is derived from cattle raised in the United States. Bone meal powder is an excellent source of calcium. Calcium in bone meal occurs as a calcium phosphate compound known as hydroxyapatite. NOW Bone Meal Powder is tested for heavy metals such as lead and aluminum to assure the lowest levels possible.

Serving Size: 1 teaspoon

NO1220 Powder (16 oz.) 162 servings **$17.40**

Bone Broth Powder "Beef or Chicken"

NOW® Bone Broth Powder (Beef or Chicken) is a premium quality bone extract that's an excellent source of natural protein. Bone broth is a common food base in many cultures and a natural source of protein (28 grams per serving), amino acids, collagen and more. This paleo-friendly protein product is made without artificial ingredients, and is free of many common allergens, making it an ideal source of protein for individuals with food sensitivities. NOW® Bone Broth Powder mixes easily in water and is a tasty and convenient way to ensure you're getting the protein your active lifestyle requires.

Serving Size: 1 scoop

NO1960 Beef Broth (1.2 lb.) 18 servings **$31.30**

NO1962 Chicken Broth (1.2 lb.) 17 servings **$31.30**

Natural Burst Extracts THM TOP SELLER

Trim Healthy Natural Burst extracts have arrived to amp up flavor in all your healthy treats! No more "same old-plain old" flavor profiles. Natural Bursts will keep your taste buds tap dancing through any flavor whim. As with any Trim Healthy product, we have your health covered too. Extracts too often mean artificial ingredients or questionable extraction processes. Not so with Natural Flavor Bursts, integrity and natural purity spearhead the entire flavor extraction process and drive the choice of pure ingredients.

TH22241 Caramel Extract (2 fl. oz.) **$10.95**
TH22251 Vanilla Extract (2 fl. oz.) **$10.95**
TH22261 Butter Extract (2 fl. oz.) **$10.95**
TH22271 Cherry Extract (2 fl. oz.) **$10.95**
TH22281 Pineapple Extract (2 fl. oz.) **$10.95**
TH22301 Chocolate Extract (2 fl. oz.) **$10.95**
TH22311 Maple Extract (2 fl. oz.) **$10.95**

Vanilla Extract "Organic"

Simply Organic®'s Vanilla Extract features high-quality vanilla beans derived from Madagascar and Uganda. This high-quality, extract is void of sugar and artificial ingredients and adds pure, organic goodness and great taste to everything you bake.

FR8531 (2 fl. oz.) **$14.15**
FR8532 (4 fl. oz.) **$24.60**

Vanilla Extract "Homemade" TOP SELLER

Homemade vanilla extract.

MV3045 (8 fl. oz.) **$31.95**

Orange Flavor "Organic"

Frontier Co-op Orange Flavor is non-alcoholic and derived from pure orange oil with sunflower oil to help carry and preserve the flavor. Orange flavor gives a stronger taste to recipes than orange juice and is more convenient than squeezing an orange. Use orange flavor to add brightness to smoothies, cookies, muffins, breads, ice cream, puddings and icings.

FR31065 (2 fl. oz.) **$5.10**

Chocolate Extract "Organic"

Pure, organic chocolate extract to enhance drinks, puddings, cheesecakes and whipped cream and more. Ingredients; Organic Agave Syrup, Organic Alcohol, Water, Organic Cocoa Extractives.

FR1020 (2 fl. oz.) **$6.75**

Almond Flavor

Pure, aromatic almond flavor for desserts, pancakes, hot beverages and milkshakes. Ingredients;Glycerin, Water, Bitter Almond Oil.

FR3001 (2 fl. oz.) **$5.65**

Cinnamon Flavor "Organic"

Frontier® Organic Cinnamon Flavor provides the warmth of cinnamon in baked treats, batters and simmering potpourris. Mix a few drops into cookie, cake, waffle or pancake batter, and in icings. For a relaxing potpourri, add to a quart of simmering water, along with cloves and cinnamon sticks. Ingredients: Organic Sunflower Oil, Organic Cinnamon Oil.

FR1035 (2 fl. oz.) **$8.75**

Coconut Flavor

Use our coconut flavor to add tropical flair to frostings, pancake batter, syrups, cookies and candy. Also try a dash in your favorite milkshakes and smoothies. Ingredients; Sunflower Oil, Natural Flavors, Dried Coconut. Contains: Coconut.

FR3061 (2 fl. oz.) **$8.95**

Lemon Flavor "Organic"

Frontier® Organic Lemon Flavor adds non-alcoholic, tart citrus flavor to your baked goods, smoothies, candies, frostings, sauces, sorbets, ice creams or teas. Our pure lemon flavor is stronger than lemon juice, so use in very small amounts. Ingredients; Organic Sunflower Oil, Organic Lemon Oil.

FR1050 (2 fl. oz.) **$4.95**

Maple Flavor TOP SELLER

The rich, sweet flavor of maple syrup can be used in both sweet and savory dishes. Ingerdients; Glycerin, Water, Natural Flavors.

FR3081 (2 fl. oz.) **$5.95**

Peppermint Flavor "Organic"

Frontier® Organic Peppermint Flavor is non-alcoholic and a best friend to chocolate, holiday baking and great drinks. For a minty and refreshing twist, add a few drops to cupcakes, scones, brownies, frosting's, coffee, milkshakes, puddings or homemade ice cream. Ingredients; Organic Sunflower Oil, Organic Peppermint Oil.

FR1070 (2 fl. oz.) **$5.65**

Raspberry Flavor

For a tasty raspberry treat, add to chocolate sauces and puddings, whipped cream and icings. Or add a few drops to vinaigrettes for a berry zest. Ingredients; Glycerin, Natural Flavor, Water, Citric Acid.

FR3106 (2 fl. oz.) **$8.95**

Strawberry Flavor

Frontier® Strawberry Flavor is naturally sweet and perfect for use in baked goods. Adds berry-fresh taste to smoothies, dressings, frostings and cakes. Also works great for flavoring fruit salads and whipped cream. Ingredients; Glycerin, Water, Natural Flavors.

FR3116 (2 fl. oz.) **$8.25**

Color Garden Multi Pack

Color Garden® pure natural food colors bring fun and creativity back to baking. They can be used right out of the box to naturally color icings for your favorite desserts, or you can get creative and color homemade play dough, beverages, mashed potatoes, or even macaroni and cheese. Each individual packet of Color Garden® pure natural food colors delivers enough color to frost one medium-sized cake (roughly sixteen ounces of frosting). The single-use packet is designed to be used all at once. Remember: these are all-natural colors; they are plant based and do not have the strength of artificial colors. It is therefore best to use the entire contents of a single packet. Color Garden® pure natural food colors are also sensitive to heat and ph. Contains 1 each of Blue, Green, Orange, Red and Yellow. Ingredients: (RED) Beet Juice, Beta Carotene; (ORANGE) Beta Carotene, Beet Juice; (YELLOW) Turmeric; (GREEN) Red Cabbage Juice, Turmeric, Baking Soda; (BLUE) Red Cabbage Juice, Baking Soda. All colors contain less than 1% ethyl alcohol to preserve freshness.

COG8184+T (5 single use packets.) **$13.75**

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Spices & Seasoning Blends

Real Salt TOP SELLER

Real Salt means – well, real, authentic salt. A quick glance at the ingredients label on most salts might surprise you! Many salts contain anti-caking agents and even dextrose (sugar). Others have been heat processed and stripped of their natural trace minerals. Real Salt brand, on the other hand, is unrefined and full of natural minerals and flavor – the way salt was meant to be savored.

RE0004 W/Shaker (10 oz.) **$7.45**
RE0005 (26 oz.) **$12.95**

Celtic Sea Salt TOP SELLER

Celtic Sea Salt® is authentic, unprocessed, whole salt from pristine coastal regions. This salts retain the natural balance and spectrum of essential minerals, supplying the body with over 80 vital trace minerals and elements.

CSS1731 Coarse Light Gray (1 lb.) **$6.55**
CSS1720 Fine w/Shaker (8 oz.) **$11.90**
CSS1725 Fine (1 lb.) **$14.55**

Himalayan Salt TOP SELLER

Gourmet cooks recommend the exquisite taste of this wholesome, natural, pink Himalayan salt. This salt contains the same 84 key trace minerals as found in our bodies, so it is easily metabolized. Hammer-crushed and additive-free, this salt is pinkish in color due to the minerals it contains.

ABY6830 Fine (6 oz.) **$3.90**
ABY6840 Fine (15 oz.) **$6.55**
ABY6810 Coarse (18 oz.) **$6.65**

Seasoning Salt Redmond "Organic" TOP SELLER

Organic Season Salt is a combination of Real Salt and organic spices. Now you can enjoy the great taste of Real Salt together with a zesty seasoning flavor you'll love! Ingredients: Real Salt, Organic Onion, Organic Corriander, Organic Mustard, Organic Black Pepper, Organic Paprika, Organic Celery Seed, Organic Tumeric, Organic Parsley. (Kosher Certified by OU)

RE1015 (4.1 oz.) **$7.90**
RE1016 (8.25 oz.) **$13.00**

Lemon Pepper Spice Blend

Lemon Pepper Seasoning is made with all organic spices and our high mineral Celtic Sea Salt®. Uses: This bright and peppery blend is delicious on seafood, chicken, summer vegetables and even salad dressings.

CSS6090 (2.2 oz.) **$8.80**

Chili Powder "Organic"

FR8760 (2.89 oz.) **$7.15**

Cinnamon "Organic"

FR8513 Ground (2.45 oz.) **$7.30**

Cinnamon Ceylon "Organic"

FR8514 Ground (2.08 oz.) **$11.60**

Garlic Power "Organic"

FR8516 (3.64 oz.) **$9.65**

Ginger Root "Organic"

FR8518 Ground (1.64 oz.) **$7.25**

Italian Seasoning "Organic"

FR8606 (.95 oz) **$6.95**

Onion Powder "Organic"

FR8608 (3 oz.) **$7.95**

Oregano Leaf "Organic"

FR8521 Cut (.75 oz.) **$6.50**

Paprika "Organic"

FR8765 Ground (2.96 oz.) **$7.50**

Parsley Flakes "Organic"

FR8522 Cut (.26 oz.) **$5.95**

Pepper (Black) "Organic"

FR8523 Medium Grind (2.31 oz.) **$9.25**

Turmeric Root "Organic"

FR8525 Ground (2.38 oz.) **$6.30**

Nutritional Yeast

FR9560 (1.32 oz.) **$11.45**

Nutritional Yeast Flakes w/B Vitamins TOP SELLER

NOW® pleasant tasting Nutritional Yeast Flakes are produced from a specially selected strain of Saccharomyces cerevisiae. This yeast is grown on enriched purified cane and beet molasses under carefully controlled conditions. This is a primary grown yeast and is therefore NOT a brewery by-product as is brewer's yeast.

Serving Size: 2 Tbsp

NO2455 (10 oz.) 32 servings **$13.80**

Brewers Yeast powder "Debittered" TOP SELLER

Brewer's yeast has naturally occurring protein and several B-vitamins. It is produced by cultivation of Saccharomyces cerevisiae in the production of beer. After fermentation, the yeast is separated from the beer, roller dried and debittered.

Serving Size: 2 Tbsp

NO2420 (1 lb.) 28 servings **$10.90**

Creamy Dill Dip Mix "Organic" TOP SELLER

Simply Organic® Creamy Dill Dip Mix features the full, fresh flavor of organic dill, celery seed, garlic and onion. Simply mix with sour cream for instantly delicious dipping.

FR8843 (1 pk) **$2.25**

French Onion Dip Mix "Organic" TOP SELLER

Rich, creamy and bursting with the flavor fusion of onion, garlic and a hint of black pepper, our French Onion Dip Mix makes entertaining easy.

FR8841 (1 pk) **$2.25**

Ranch Dip Mix "Organic" TOP SELLER

Rich and creamy ranch mix made with top-notch organic ingredients for delectable dipping.

FR8840 (1 pk) **$2.25**

Cultures & Starters

Organic Liquid Vegetable Rennet

Double-strength organic liquid vegetable rennet is a high quality form of liquid rennet which is both non-GMO and gluten free. This rennet is a microbial vegetable rennet that can be used in a range of cheeses from Cheddar to Feta. Each bottle contains enough rennet to set (24) 2-gallon batches of cheese.

Serving Size: 1/4 Teaspoon will set up to 2 gallons milk

CFH1202 (1 fl. oz.) 24 servings **$5.80**

Mesophilic Cheese Starter

From cheddar, Colby, and Monterey Jack to Feta, Chevre, and more, you'll enjoy the flavor and variety of homemade cheeses made using this starter culture.

Serving Size: 0.4 gram

CFH1210 (1 packet) 4 servings **$15.00**

Milk Kefir Starter

Make kefir at home with this powdered starter culture. With no grains to maintain, this culture is easy to use to make homemade kefir that is delicious! Drink plain, add flavoring, or use kefir in many different recipes. May be re-cultured 2-7 times, using a small amount from the current batch to make a new batch. Each box contains 2 packets of kefir starter. Note; Culture can only be re-cultured 2-7 times.

CFH5540 Culture (2 Packets) **$15.55**

Water Kefir

Making naturally gut-healthy soda at home is as easy as mixing sugar into water - our Water Kefir Grains will do the rest. Add fruit or juice for a refreshing, bubbly drink! Making water kefir at home doesn't have to be difficult - in fact, water kefir is one of the easiest beverages to make if you are just getting started culturing. Water Kefir is a probiotic beverage made with water kefir grains. Water kefir grains can be used to culture sugar water, juice, or coconut water. Water kefir can be flavored as desired simply by using different fruits during culturing. Choose from the kit which has all the supplies needed or simply get the starter culture. Kit contains; Butter Muslin Jar Cover, Water Kefir Grains, Organic White Cane Sugar, Stick On Thermometer, Nylon Mesh Strainer.

CFH3529 Grains Only (1 Packet) **$20.99**
CFH3124 Kit (1 Ct.) **$38.95**

Kombucha Starter

Making kombucha at home doesn't have to be difficult. You can learn to make homemade kombucha with the kombucha starter kit. The starter kit includes 7 ingredients and supplies, from tea and sugar, to a starter and vinegar; just add water. The kit is perfect for beginners or if you prefer you can purchase the culture only. Note; It takes 30 days to activate, then 7-30 days per batch.

CFH4532 Culture (1 packet) **$18.55**
CFH4123 Kit (1 Ct.) **$34.95**

Vegan Yogurt Starter Culture

A vegan yogurt starter lets you create creamy, non dairy vegan probiotic yogurt right at home. Use this non dairy yogurt starter with soy milk, coconut milk or other non-dairy milks to make a smooth, mild yogurt. The vegan yogurt culture contains 4 packets of starters. It is a direct-set culture - meaning each packet will only make one batch.

CFH6545 (4 Packets) **$13.55**

Yogurt Starter Culture

Looking to get started making probiotic-rich yogurt at home? Choose from the Greek which contains 2 reusable cultures, or Heirloom Varieties collection of mesophilic heirloom yogurt starters which contains 2 packets of each of the follow cultures: Viili, Filmjölk, Matsoni, and Piimä. These can be cultured right on your counter at room temperature, so it's easy to make these re-usable varieties.

CFH6526 Greek (2 Packets) **$13.60**
CFH6530 Heirloom Varieties (4 Packets) **$18.20**

Sourdough Starter Cultures

Ready to make your own sourdough baked goods? Sourdough is an ancient method of capturing wild yeast to leaven baked goods. A sourdough culture is originally created by mixing flour and water and letting it sit out for a period of time to capture wild yeast. Once established, a sourdough starter is easy to care for, can last indefinitely, and can be used to make a variety of baked goods.

CFH9520 San Francisco Starter Culture (1 Packet) **$12.50**
CFH9528 Gluten-Free Starter Culture (1 Packet) **$12.50**
CFH9537 Whole Wheat Starter Culture (1 Packet) **$12.50**

Butter Muslin 100% Unbleached Cotton

Very tight weave cheese cloth; perfect for draining soft cheese and straining yogurt or milk.

CFH1212+T (1 sq. yd.) **$6.35**

Cheesecloth 100% Unbleached Cotton

Cheesecloth for wrapping hard cheeses and more.

CFH1596+T (1 sq. yd.) **$5.20**

Nuts, Seeds, Dried Fruit & Snacks

BodyHealth Bars

A convenient, quick, easy, delicious, and nutritious snack that provides clean-burning energy and a boost of nutrients your body needs to be at peak performance. The BodyHealth Bars are delicious, appetite-filling, nutritious bars that will enhance your life and your daily routine. They can tackle hunger and provide a stable source of energy. Fortified with PerfectAmino, all bundled together in a delicious Blondie or Mocha Chip flavored bar. Whether you are on a weight-management journey, keeping it low-carb, living a vegan lifestyle, or just want a tasty snack for you or your kids to tide you over through the day, this is the perfect bar for you. Contains 9 grams of protein fortified with PerfectAmino.

BH1070 Mocha Chip (12 Bars.) 12 servings **$38.50**
BH1072 Blondie (12 Bars.) 12 servings **$38.50**

Raw Rev Protein Bars TOP SELLER

The Raw Rev Glo bars have a delicious taste, contain 10 to 14 grams of fiber and 10 to 15 grams of protein.Includes organic and raw ingredients with omega-rich superfoods to keep you GLOing from the inside out. Each bar contains easily digestible plant based proteins, amino acids and trace minerals to keep your body lean and active. Also contains omega rich organic chia, organic flax seeds and mineral rich sea salt for GLOing health. Raw Rev has raised the bar on their commitment to taste, nutrition, and affordability. Always free from GMOs and artificial ingredients. These bars are great tasting and make awesome lunch or anytime snack!

RG1301 Creamy Peanut Butter (12 bars) **$33.85**
RG1303 Peanut Butter Dark Chocolate (12 bars) **$33.85**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Apricot Seeds

Are you throwing away the healthiest part of the fruit? Most of us enjoy the outer sweet taste of many fruits like apricots, peaches, and cherries. But did you know that inside these fruits is what many cultures believe to be the healthiest part of the fruit? Hidden inside the strong armored pit is a small seed that contains a highly nutritious substance called Amygdalin, most commonly known as B17. Contains B17, B15 and Natural Enzymes. Ready To Eat...Grind Into A Powder For Coffee, Smoothies & more!

AP1060 (8 oz.) **$12.99**

Salted Caramel Almonds

Caramel lovers rejoice! Our delectable Salted Caramel Almonds are a dreamy treat. Crunchy almonds are enrobed in our one-of-a-kind caramel coating for a nutty praline taste that's better than dessert. Plus, they're lower in sugar and sodium than other candied nuts. Hand-crafted in small batches and made without butter, these are a caramel lover's dream!

NO7042 (12 oz.) **$8.10**

Cinnamon Honey Almonds

Recall the warm, sweet aroma of freshly roasted cinnamon nuts wafting through the local fair? Now enjoy that nostalgically decadent taste wherever you are with our Cinnamon Honey Roasted Almonds. Crafted in small batches, they're lower in sugar and sodium than other candied and praline nuts for a guiltless treat. Crunch. Smile. Enjoy!

NO7043 (12 oz.) **$8.10**

Raw Walnuts

There are a lot of nuts out there these days, but none as enjoyably edible as Walnuts. They're used in more cooked foods than perhaps any other nut in the world, making an excellent addition to salads, casseroles, desserts, breakfast foods, and more, and are just as good eaten raw, roasted, or toasted. Aside from their culinary popularity, Walnuts are an excellent source of nutrition, providing essential fatty acids. Just like their nutty cousins, they're also a good source of protein.

NO7073 (12 oz.) **$7.10**

Walnuts, Halves & Pieces

There are a lot of nuts out there these days, but not many as enjoyably edible as Walnuts. They're used in more cooked foods than perhaps any other nut in the world, making an excellent addition to salads, casseroles, desserts, breakfast foods, and more, and are just as good eaten raw, roasted, or toasted. Aside from their culinary popularity, Walnuts are an excellent source of nutrition, providing healthy fatty acids. Just like their nutty cousins, they're also a good source of protein. Adding NOW Real Food™ Walnuts to your diet is a tasty and nutritious way to improve your health and well-being without going nuts.

NO7074 unsalted (12 oz.) **$10.20**

Pecans, Unsalted Halves & Pieces

Ah, the Pecan, a favorite of nut lovers around the world, and for good reason. Not only are Pecans super-tasty, they're loaded with nutrients, making them an ideal snack food for kids and adults alike. NOW Real Food™ Pecans are naturally free of sodium and sugar, and they're a natural source of healthy fatty acids. Pecans are so good that they're one of the few nuts to have their own pie. Now that's good eating!

NO7001 unsalted (12 oz.) **$11.70**

Pecans "Honey Roasted"

NOW Real Food® Honey-Roasted Pecans truly are one of nature's tastiest sensations. There's nothing quite like the sweet and caramelized flavor you get with this magnificent merger, kind of like Grandma's best pecan pie. Our Honey-Roasted Pecans make a great addition to ice cream, yogurt, smoothies, and other delectable delights. No artificial additives or preservatives, just honey and pecans together in perfect harmony.

NO7020 (8 oz.) **$11.15**

Cashews, Raw "Organic"

NOW Real Food® Cashews have a rich, buttery, nutty flavor that makes them one of the most enjoyable nuts to eat raw. They're also a great addition to many desserts and appetizers and make a savory crust for chicken and seafood dishes as well. As with most nuts, Cashews are a good natural source of protein (up to five grams of protein per ounce). They're also a good source of fiber and iron. Nature's blessings indeed!

NO7066 (10 oz.) **$9.10**

Cashews "Roasted & Salted" TOP SELLER

NOW Real Food™ Cashews have a rich, buttery, nutty flavor that makes them one of the most enjoyable nuts to eat raw. They're also a great addition to many desserts and appetizers and make a savory crust for chicken and seafood dishes as well. As with most nuts, Cashews are a good natural source of protein (up to five grams of protein per ounce). They're also a good source of fiber and iron. Nature's blessings indeed!

NO7067 (10 oz.) **$9.10**

Almonds "Roasted & Salted"

It's hard to beat the satisfying crunch and flavor of NOW Real Food™ Almonds. There's so much you can do with Roasted Almonds - chop them up for a healthy addition to your favorite recipes, or just eat them right out of the bag for a healthy snack. And like many other nuts, almonds are bursting with nutrition. They're a natural source of protein, fiber and healthy fatty acids. In fact, Almonds may be the most nutrient-rich tree nut of them all. Adding Almonds to you and your family's diet is a smart and tasty move that can pay dividends for life.

NO7009 (1 lb.) **$11.45**

Almonds Raw

It's hard to beat the satisfying crunch and flavor of NOW Real Food® Almonds. There's so much you can do with Almonds - roast them for snacking, chop them up for a healthy addition to your favorite recipe, or just eat them right out of the bag. Like many other nuts, almonds are bursting with nutrition. They're a good source of protein and fiber. In fact, Almonds may be the most nutrient-rich tree nut of them all. Adding Almonds to you and your family's diet is a smart and tasty move that can pay dividends for life.

NO7005 Natural (16 oz.) **$8.10**
NO7041 Organic (12 oz.) **$12.15**

Energy Nut Mix "Unsalted" TOP SELLER

Looking for a healthy and natural boost of energy to get you through the day? NOW Real Food™ Raw Energy Nut Mix is a tasty and nutritious combination of raisins, walnuts, pecans, almonds, pumpkin seeds and cashews that's a perfect healthy energy boost. Our Raw Energy Nut Mix is a natural source of healthy fatty acids, so not only do you get a natural burst of energy to keep you going strong, you also provide your body with essential nutrients for good health. Talk about a win-win!

NO7030 (1 lb.) **$10.20**

Nuts About Berries

Snack food doesn't get much healthier and satisfying than nuts and berries. Since you probably don""t have the time to honor your hunter-gatherer roots and harvest this delicious snack combo on your own, we""ve done it for you. NOW Real Food™ Nuts About Berries™ is a tantalizing combination of fresh nuts, seeds and berries that will please both your palate and your dietitian.

NO7014 (8 oz.) **$8.10**

Hemp Seed Hearts "Organic"

NOW Real Food™ Organic Hemp Seed Hearts are the perfect addition to any healthy diet. They can be eaten raw, roasted and salted, ground into meal, enjoyed as a topping, or used in a variety of baking applications. Hemp seeds have a delicious, mild, nutty flavor, making them a good substitute for nuts and seeds in many applications. The seeds of the hemp plant have valuable naturally occurring essential fatty acids, including omega-3 and omega-6, and their easily digestible protein content has amino acids in a perfect ratio for healthy nutrition. As with all nuts and seeds, hemp seeds also have naturally occurring fiber and minerals.

NO6281 (8 oz.) **$11.15**

Sesame Sticks TOP SELLER

It's time for a snack revolution! For too long we've subsisted on unhealthy treats loaded with preservatives, chemicals and other questionable ingredients. It's time we replaced unwholesome mass-market brands with healthy, tasty alternatives. NOW Real Food™ Sesame Sticks are just one of the many healthy snack foods they offer that are natural with no synthetic flavors, colors, preservatives or additives. Enjoy its amazing taste and terrific crunch!

NO6759 "Salted" (9 oz.) **$4.50**

Popcorn "Organic" TOP SELLER

NOW Real Food™ Organic Popcorn is free of additives, preservatives, herbicides, pesticides, and fumigants, so our kernels create the most natural and wholesome puffs of airy goodness you'll find anywhere, whether you pop them in air or oil. Suggested Usage For best results, heat two tablespoons of NOW Real Food™ Olive Oil in a large frying pan. Add desired amount of popcorn kernels once oil is hot. Cover. Shake pan occasionally until kernels are popped.

NO6306 (24 oz.) **$4.50**

Pineapple Rings

The term "fruit fusion" is often used to describe your typical fruit drink. But this term takes on new meaning when it comes to Pineapples since they're actually produced by a natural fusion of the tree's smaller berries. The succulent fruit of Pineapples is wildly popular due to its desirable balance of sweetness and tartness, which makes it a delicious addition to many recipes

NO5760 (12 oz.) **$9.10**

Papaya Spears

During his famous voyage to the new world, Christopher Columbus reportedly referred to Papaya as ""the fruit of the angels"". Thankfully they agreed to share this wonderful fruit. The sweet flavor and buttery consistency of the Papaya has made the world a better place. Papaya has a unique naturally occurring digestive enzyme called papain, and it's an excellent source of fiber.

NO5720 (12 oz.) **$8.10**

Mango Slices TOP SELLER

It may be hard to believe, but the delectable Mango is the most consumed fruit in the world. For Mango lovers there's no questioning the popularity of this sweet, tasty fruit and its variety of uses in culinary applications. The magnificent Mango is used to make drinks, desserts, preserves and sauces, and is an excellent addition as a topping for ice cream and smoothies. While Mangoes are prized for their culinary uses, they're often overlooked as a natural source of nutrition.

NO5700 (10 oz.) **$9.10**

Ginger Dices

Did you know that Ginger was so treasured for its distinctive flavor that it was the basis of the world's economy for centuries? Or that dynasties rose and fell solely on control of the ginger trade? Talk about clout! Today Ginger is still one of the most popular spices in the world.

NO5696 (1 lb.) **$12.15**

Candy & Gum

NATURAL

Licorice TOP SELLER

A great tasting natural licorice! These soft chews have a pleasant molasses and licorice flavor and are made from all natural ingredients. Fat Free, Gelatin Free, Non-GMO, No Preservatives, No Artificial Colors or Flavors. Panda has the Real Taste of Licorice!

PA1818 Black (7 oz.) **$3.95**

Organic Hard Candies TOP SELLER

Looking for a better alternative to artificial colored and flavored candy? Give these Organic Hard Candies a try. Certified USDA Organic, All Natural, Real Fruit Extracts, No Artificial Colors or Flavors, No High Fructose Corn Syrup. Gluten Free, Peanut Free, Tree Nut Free, Dairy Free, Egg Free, Shellfish Free, Soy Free, Wheat Free, and Corn Free. 100% Vegan, Natural Flavors, and Daily Vitamin C, All Kosher Ingredients. Approximately 30 per bag.

YE2021 "Wild Peppermint" (3.3 oz.) **$5.75**
YE2030 "Assorted Flavors" (13 oz.) **$15.10**

Organic Lollipops TOP SELLER

YummyEarth tastes much better than mass produced chemical candy because we choose real fruit extracts and planet friendly organic ingredients to sweeten our lives and yours. YummyEarth. Good for us. Good for mother earth.

YE2050 "Fruit Flavors" Approx.14 ct. (3.1 oz.) **$4.95**

Organic Gummy Bears TOP SELLER

YumEarth organic candy is a true gourmet experience for families of all ages. One bag Organic Gummy Bears contains 10 snack packs.

YE2040 Fruit Flavors (7 oz.) **$12.75**

XyliChew Gum TOP SELLER

Xylichew is gum for people seeking great taste and quality ingredients. Made with no chemicals or artificial sweeteners, Xylichew promotes a healthier mouth, and is safe for those with diabetes and many food allergies. We sweeten Xylichew with Birch Xylitol extracted from sustainable US forests. Xylitol helps slow the rate and amount of acid production in the mouth reducing the acid-producing bacteria that erode tooth enamel. Imagine that, a natural sweetener that tastes great and does not promote tooth decay.

XC5025 Cinnamon (12 pieces) **$2.00**
XC5030 Fruit (12 pieces) **$1.95**
XC5035 Black Licorice (12 pieces) **$1.95**
XC5040 Peppermint (12 pieces) **$1.95**
XC5041 Peppermint (60 pieces) **$10.70**
XC5443 Pomegranate Raspberry (12 Pieces) **$1.95**
XC5467 Pomegranate Raspberry (60 Pieces) **$10.70**
XC5045 Spearmint (12 pieces) **$1.95**
XC5046 Spearmint (60 pieces) **$10.70**
XC5050 Ice Mint (12 pieces) **$2.00**
XC5051 Ice Mint (60 pieces) **$10.70**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Spry Gum TOP SELLER

Refreshing, flavored sugar-free chewing gum sweetened with 100% xylitol. Great-tasting Spry Chewing Gum--the gum of choice for fresh breath and healthier teeth and gums! Studies have shown that when combined with normal dental hygiene, regular use of xylitol gums may reduce the risk of dental cavities!

XL5222 Cinnamon (10 pieces) **$1.35**
XL5212 Cinnamon (100 pieces) **$8.95**
XL5220 Peppermint (10 pieces) **$1.35**
XL5210 Peppermint (100 pieces) **$8.95**
XL5223 Spearmint (10 pieces) **$1.35**
XL5213 Spearmint (100 pieces) **$8.95**
XL5221 Fresh Fruit (10 pieces) **$1.35**
XL5211 Fresh Fruit (100 pieces) **$8.95**

Ice Chips "Candy"

Ice Chips® candies, are healthy, sugar-free, and safe for diabetics. They burst with flavor and grab your attention. Healthy has never been as much fun as it is with "The Good for You Candy!" A hard candy made with Xylitol, an all natural sweetener, combined with natural flavors. ICE CHIPS has fewer calories than candy made with sugar. Enjoy Ice Chips® throughout your day to keep breath fresh, and teeth healthier! Allow Ice Chips® to dissolve slowly in mouth, coating teeth. Dentists recommend four to eight servings a day to receive full oral health benefits of Xylitol.

IC2000 Berry Mix (1.76 oz.) **$5.25**
IC2007 Lemon (1.76 oz.) **$5.25**
IC2012 Peppermint (1.76 oz.) **$5.25**
IC2015 Spearmint (1.76 oz.) **$5.25**
IC2017 Wintergreen (1.76 oz.) **$5.25**
IC2018 Root Beer Float (1.76 oz.) **$5.25**

Green Tea Mints

These mints are made with organic matcha helps freshen breath naturally. Sugar-free mints come in a variety of flavors and seasonal blends.

SEN9390 Original (60 ct.) **$4.50**
SEN9395 Moroccan (60 ct.) **$4.50**
SEN9397 Blueberry Mint (60 ct.) **$4.50**
SEN9399 Mango (60 ct.) **$4.50**

Breath Mints "Organic"

St. Claire's Organic Mints in collectible tins are deliciously potent organic mint candies. They are made with certified organic molasses granules, certified organic evaporated cane juice, pure essential oils, natural flavors and love. This candy is Wheat-free, Gluten-free, Dairy-free, Casein-free, Soy-free, Egg-free, Peanut-free, Tree nut-free, Corn-free, and Fish and Shellfish-free.

SC7199 Peppermints (1.5 oz.) **$3.45**
SC8059 Ginger Pastilles (1.5 oz) **$3.45**
SC9072 Lemon Tarts (1.5 oz.) **$3.45**

Power Peppermint Mints TOP SELLER

Our mints are flavored with all natural ingredients to create a great all natural flavor that is irresistible and ideal for getting rid of bad breath. Our Spry mints are a great breath freshener for the office, in the car, or to enjoy with friends!

XL5060 (240 Ct.) **$9.05**

Berry Blast Mints TOP SELLER

No need to feel guilty about enjoying these sweet mints that provide a blast of raspberry and blackberry in a tiny package. Spry dental mints are sugar-free and sweetened with 100% xylitol! Clinical studies have repeatedly shown that xylitol may reduce the risk of dental cavities in people who consistently use products sweetened with 100% xylitol. Enjoy great flavor and a cleaner mouth with Spry Dental Mints!

XL5040 (45 Mints) **$2.60**

Sparx Candy

SparX® are naturally flavored little candy "dots" that are rich in Xylitol and calcium. Kids love the great taste, while parents can feel confident that they are giving their kids a treat that actually helps improve dental health.

Over 25 years of clinical testing confirms that xylitol is the best sweetener for teeth. Frequently eating foods high in sugars and starches can promote tooth decay. Xylitol, unlike other sweeteners, may reduce the risk of dental cavities. Sugar-free chewing gums and candies made with this sweetener have already received official endorsements from six national dental associations.

XL5130 Berry (30g) **$1.95**
XL5131 Fruit (30g) **$1.95**
XL5132 Citrus (30g) **$1.95**

Bulk Herbs

Alfalfa Leaf 'Organic'

Powerhouse nutritive 100 % organic herb useful in supporting bones and blood.

NA3501-004 Cut (4 oz.) **$12.15**

Nettle Leaf 'Organic'

This 100% organic herb promotes normal metabolic function and nutrient assimilation.

NA3502-004 Cut (4 oz.) **$15.99**

Raspberry Leaf 'Organic'

A 100% organic astringent tonic herb traditionally taken to strengthen and tonify.

NA3504-004 Cut (4 oz.) **$12.15**

Alfalfa Leaf 'Organic' TOP SELLER

SW1001 Cut (4 oz.) **$12.90**
SW1002 Powder (4 oz.) **$10.00**

Anise Seed 'Organic'

SW1004 (16 oz.) **$19.75**

Arrowroot (Tapioca) "Organic"

SW1004-C Powder (4 oz.) **$5.40**

Ashwagandha Root "Organic"

SW1004-D Cut (4 oz.) **$12.25**
SW1004-E Powder (4 oz.) **$11.50**

Astragalus Root "Organic"

SW1004-F Cut (4 oz.) **$10.75**

Bayberry Root Bark 'WC'

SW1005-4 Powder (4 oz.) **$33.45**

Bee Pollen Granules Domestic

SW1006 (4 oz.) **$9.95**

Gardening with Herbs

By Amy Willis, CN, MH

"He causeth the grass to grow for the cattle, and herb for the service of man."

— PSALM 104:14

In Botany, an herb is defined as any seed-bearing plant that does not have a woody stem and dies down to the ground after flowering. This could include a large variety of plants.

When thinking about gardening with herbs, it is best to consider what type of herbs one would like to use, as there is an abundance to choose from. The use of herbs is mainly divided into three different categories: **Culinary, Nutritional, and Medicinal.**

Culinary herbs are those that are traditionally used in cooking to enhance flavor. Some of these herbs would be: thyme, sage, rosemary, marjoram, oregano, dill, fennel, basil, mints, cumin, parsley, ginger, and saffron.

Nutritional herbs are herbs that are high in vital nutrients and used as food. Some of these are nettle, garlic, onion, kale, burdock, greens, comfrey, and dandelion.

Medicinal Herbs are herbs that are strictly used as medicine. There are many of these, but some common ones would be echinacea, yarrow, mullein, hawthorn berry, lobelia, red clover, plantain, St John's Wort, and yellow dock.

Even though an herb may be categorized as culinary or nutritional, all herbs have some medicinal properties as well. Here are a few examples:

- Garlic is high in nutrients including sulfur, and used as a common food, so while it is considered nutritional, it also has medicinal and culinary properties.
- Dandelion is nutritious with leaves that can be used as a green and a root as a form of coffee, but it is medicinal as well. It is excellent for the liver and kidneys.

TYPE OF GARDEN

When making an herbal garden, one would need to consider the space that they have available. If you only have a small space or container, then you may just want to plant culinary herbs. For a medium to large garden, you can incorporate a wide selection of herbs to help with all forms of culinary and medicinal needs.

An untamed herbal garden is ideal as it is naturally efficient because of its many "edges". An edge is a place where one type of plant community meets another. The idea is to liberate your herbs from the conventional garden bed and spread them all around. Thus, a hedge becomes a bed of lavender or lemon balm. Borders are planted with mixed groups of herbs like catnip, borage, yarrow, and parsley or singly with comfrey or mints. The lawn is replaced with plants like thyme, pennyroyal, or chamomile. For a screen, a grove of elderberry or slippery Elm are planted along the edge of the property. A small pool of water is edged with wild ginger, chickweed, licorice and horsetail.

To maximize efficiency, put the larger herbs in the back and the shorter herbs up front. Larger herbs would be: comfrey, mullein, lemon balm, nettle, and lavender. Smaller herbs would be: mints, catnip, parsley, sage, chamomile, chickweed, cilantro, thyme, dill, and basil.

When making an herbal garden, be sure to look up the herb's uses and properties so that you can have a wide array of medicinal plants available in your own backyard.

There are also herbs that are best when wild crafted, which means, going out and picking them in the wild. These do not need to be planted in an herb garden as they are plentiful in the wild, but they are definitely worth incorporating in your life. Some of these are burdock, dandelion, plantain, yellow dock, and red clover.

Whether you are a seasoned gardener or a beginner, the most important thing in making an herbal garden is to Get Started!

Amy Willis is an advocate of Natural Healing. She often wild-crafts herbs, makes tinctures, teas, and other homemade remedies. Her goal is to teach and enable people to learn healthy ways so they can enjoy better Health and Vitality.

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Beet Root "Organic"
SW1006-C Powder (4 oz.) $8.25

Bilberries "Organic"
SW1007 (4 oz.) $24.80

Black Walnut Hull 'Organic'
SW1008 Cut (4 oz.) $13.40
SW1009 Powder (4 oz.) $15.70

Blessed Thistle Herb 'Organic'
SW1010 Cut (4 oz.) $11.95

Burdock Root 'Organic' TOP SELLER
SW1011 Cut (4 oz.) $11.10
SW1011-A Powder (4 oz.) $10.00
SW1012 Cut (16 oz.) $19.60

Butcher's Broom "Organic"
SW1012-D Cut (4 oz.) $8.99

Calendula Flower 'Organic'
SW1013 (4 oz.) $12.60

Catnip Leaf 'Organic'
SW1015 Cut (4 oz.) $18.55

Cayenne Pepper 35,000 H.U. 'Organic'
SW1016 Powder (16 oz.) $20.30

Cayenne Pepper 90,000 H.U. 'Organic'
SW1017 Powder (16 oz.) $26.75

Celandine Herb 'Organic'
SW1019 Cut (4 oz.) $11.60

Celery Seed "Organic"
SW1020 Powder (4 oz.) $7.95

Chamomile Flower 'Organic'
SW1021 (4 oz.) $10.00

Chaparral Leaf WC
SW1022 Powder (4 oz.) $10.95

Chickweed Herb 'Organic'
SW1023 Cut (4 oz.) $10.75
SW1024 Cut (16 oz.) $31.50

Cinnamon 'Organic'
SW1025 Powder (16 oz.) $26.75

Cinnamon "Ceylon" 'Organic
SW1026 Powder (4 oz.) $12.65

Cleaver Herb 'Organic'
SW1027 Cut (4 oz.) $11.50

Clove Powder
SW1027-A Powder (2.5 oz.) $9.50

Coltsfoot Leaf 'Organic'
SW1028 Cut (4 oz.) $12.50

Comfrey Leaf 'Organic' TOP SELLER
SW1029 Powder (4 oz.) $11.90
SW1030 Cut (4 oz.) $13.25

Comfrey Root 'Organic'
SW1031 Cut (4 oz.) $12.35
SW1032 Powder (4 oz.) $13.50

Corn Silk 'Organic'
SW1033 Cut (4 oz.) $12.65

Dandelion Leaf 'Organic'
SW1034 Cut (4 oz.) $11.55

Dandelion Root 'Organic'
SW1035 Cut (4 oz.) $12.05

Echinacea Angustifolia Herb 'Organic'
SW1037 Cut (4 oz.) $15.10

Echinacea Angustifolia "Root" 'Organic'
SW1038 Cut (4 oz.) $27.50

Echinacea Purpurea Herb 'Organic'
SW1039 Cut (4 oz.) $12.25

Echinacea Purpurea Root 'Organic'
SW1040 Cut (4 oz.) $22.25

Elder Berries 'Organic'
SW1042 (16 oz.) $32.50
SW1043 (4 oz.) $12.85

Elder Flower 'Organic'
SW1044 Cut (4 oz.) $19.95

Eyebright Herb 'Organic'
SW1045 Powder (4 oz.) $15.25

Fennel Seed 'Organic'
SW1046 (16 oz.) $12.70

Fenugreek Seed 'Organic'
SW1048 (16 oz.) $10.65

Garlic 'Organic'
SW1052 Powder (16 oz.) $23.55

Ginger Root 'Organic'
SW1054 ¼" Cut (16 oz.) $25.25
SW1055 Powder (16 oz.) $24.00

Goldenseal Root
SW1057 'WC' Powder (4 oz.) $79.95

Gotu Kola Herb "Organic"
SW1059 Powder (4 oz.) $13.75

Green Tea "Loose"
Unlcle Lee's brings you a fine Premium Green Tea in bulk. This tea is hand picked for the choicest leaves. One cup of green tea provides vitamin C, catechins, amino acids and minerals and has 20 to 35 mg of caffeine per serving.
UL1327 (4.23 oz.) $9.95

Hawthorne Berries 'Organic'
SW1062 (4 oz.) $9.25

Hibiscus Flower 'Organic'
SW1064 Cut (4 oz.) $7.70

Horseradish Root 'Organic"
SW1064-K Powder (4 oz.) $9.55

Horsetail "Shavegrass" Herb 'Organic'
TOP SELLER
SW1119 Cut (4 oz.) $10.75
SW1119-A Powder (4 oz.) $10.75

Hyssop Herb 'Organic'
SW1065 Cut (4 oz.) $11.05

Kelp "Organic"
SW1067 Powder (16 oz.) $11.25
SW1067-A Granules (16 oz.) $11.10

Lady's Mantle Herb 'Organic'
SW1067-C Cut (4 oz.) $14.10

Lavender Flowers 'Extra Organic'
SW1068 (4 oz.) $11.80

Lemon Balm Leaf 'Organic'
SW1070 Cut (4 oz.) $23.30

Licorice Root 'Organic'
SW1072 Cut (4 oz.) $9.60

Lobelia Herb 'WC'
SW1074 Cut (4 oz.) $9.45

Marshmallow Root
SW1076 'Org' Cut (4 oz.) $13.70
SW1075 'Org' Cut (16 oz.) $30.40
SW1077 'Org' Powder (4 oz.) $13.70

Menthol Crystals
SW1079 (4oz.) $26.95

Milk Thistle Seed "Organic"
SW1081 Powder (4 oz.) $9.95

Mistletoe Herb
FR2852 Cut (16 oz.) $11.95

Mullein Leaf 'Organic'
SW1082 Cut (4 oz.) $10.60

Mustard Seed Yellow "Organic"
SW1082-A Powder (16 oz.) $12.99

Myrrh Gum "WC"
SW1083 Powder (4 oz.) $14.60

Nettle Leaf 'Organic' TOP SELLER
SW1084 Cut (4 oz.) $11.70
SW1084-A Powder (4 oz.) $12.95

Nettle Root 'Organic'
SW1085 Cut (4 oz.) $8.50
SW1085-A Powder (4 oz.) $12.95

Oatstraw 'Organic'
SW1088 Cut (4 oz.) $10.75
SW1088-A Powder (4 oz.) $11.75

Olive Leaf 'Organic'
SW1089 Cut (4 oz.) $8.90

Olive Leaf "Organic"
SW1091 Powder (4oz.) $10.50

Oolong Tea "Organic"
Enjoy the benefits of Oolong tea. In bulk size.
SW1086 Cut (4 oz.) $13.85
SW1087 Cut (16 oz.) $42.20

Oregano Leaf 'Organic'
SW1092 Cut (16 oz.) $29.99

Papaya Leaf 'Organic'
SW1094 Cut (4 oz.) $10.00
SW1095 Powder (4 oz.) $10.75

Parsley Leaf "Organic"
SW1097 Powder (4 oz.) $10.30
SW1097-A Flakes (16 oz.) $27.25

Passion Flower Leaf 'Organic'
SW1098 Cut (4 oz.) $13.25

Pau D'Arco Bark 'WC' TOP SELLER
SW1100 Cut (4 oz.) $8.95

Pennyroyal Leaf "Organic"
SW1101 Cut (4 oz.) $11.35

Peppermint Leaf 'Organic' TOP SELLER
SW1102 Cut (4 oz.) $12.80

Red Clover Blossoms & Leaf 'Organic'
SW1108 Cut (4 oz.) $13.50

Red Raspberry Leaf 'Organic' TOP SELLER
SW1110 Cut (4 oz.) $10.25
SW1110-B Powder (4 oz.) $10.00
SW1111 Cut (16 oz.) $27.55

Rosehips 'Organic'
SW1112 Cut (4 oz.) $8.99

Rosemary Leaf 'Organic'
SW1113-A Cut (16 oz.) $18.45

Sarsaparilla Root "WC"
SW1115 Cut (16 oz.) $26.75

Scullcap Herb 'Organic'
SW1118 Cut (4 oz.) $22.50

Shave Grass "Organic" NEW
SW1119-A Powder (4 oz.) $11.00

Shepherd's Purse Herb 'Organic'
SW1116 Cut (4 oz.) $11.75

Slippery Elm Bark 'Organic' TOP SELLER
SW1120 Cut (4 oz.) $18.75
SW1121 Powder (4 oz.) $18.95

Spearmint Leaf 'Organic'
SW1124 Cut (4 oz.) $13.55

Spirulina "Organic"
SW1118-D Powder (4 oz.) $14.25
SW1118-E Powder (16 oz.) $36.95

Stevia Leaf Powder "Green" 'Organic'
An organic green stevia leaf powder.
SW1126 Powder (4 oz.) $10.05

St. John's Wort 'Organic'
SW1127 Cut (4 oz.) $9.25

Thyme Leaf 'Organic'
SW1128 Cut (16 oz.) $26.30

Turmeric Root 'Organic'
SW1130 Powder (16 oz.) $14.75

Uva Ursi Leaf 'Organic'
SW1132 Cut (4 oz.) $11.50

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Wheat Grass 'Organic'
SW1134 Powder (4 oz.) $10.15

White OAK Bark "Organic"
SW1134-B Cut (4 oz.) $15.95

White WILLOW Bark "Organic"
SW1135 Cut (4 oz.) $8.40

Wild Yam Root 'WC'
SW1137-B Cut US (4 oz.) $20.35

Wood Betony 'Organic'
SW1137-L Cut (4 oz.) $36.45

Wormwood Herb 'Organic'
SW1138 Cut (4 oz.) $9.70
SW1138-A Powder (4 oz.) $9.15

Yarrow Flower 'Organic'
FR9705 Cut (16 oz.) $16.25

Yarrow Flower 'Organic'
SW1140 Cut (4 oz.) $9.70

Yellowdock Root 'Organic'
SW1143 Cut (4 oz.) $11.50

Yellowdock Root "WC"
SW1144 Cut (16 oz.) $31.35

Yeast, Nutritional Mini Flakes
FR2326 (16 oz.) $20.35

Single Herb Extracts

Ashwagandha Root TOP SELLER
Balances endocrine, nervous system and immune function. Supports thyroid function. Traditionally used as brain tonic. Do not use if you have an overactive thyroid.
Serving Size: 2 droppers up to 4 x a day
NA4001-002 (2 fl. oz.) 36 servings $17.60
NA4001-004 (4 fl. oz.) 72 servings $31.20

Astragalus Root
Show your liver, kidneys, heart and lungs a little love and care with the use of this tonic herb that supports the deep immune system.
Serving Size: 3 droppers up to 4 x a day
NA4064-002 (2 fl. oz.) 24 servings $17.60

Bilberry Berry
Rich in anthocyanins and flavonoids which play an important role in supporting healthy veins, capillaries and arteries. Bilberries are considered super food for the eyes and blood vessels. Bilberries may benefit the eyes by promoting normal blood circulation to the eyes.
Serving Size: 3 droppers up to 4 x a day
NA4037-002 (2 fl. oz) 24 servings $19.20

Black Cohosh Root
Commonly known as the "menopause herb", Black Cohosh has also been used for relief of occasional muscle discomfort.
Serving Size: 3 droppers up to 4 x a day
NA4002-002 (2 fl. oz) 24 servings $19.20

Black Walnut Hull Glycerin Free
Black Walnut Hull, the key herbal ingredient in our Dental Formula. Now in a new glycerin-free tincture for those who want black walnut by itself, but without glycerin, for supporting healthy teeth. Black walnut is one of very few plants that can take up iodine from the soil, which lends support to its folk use in supporting thyroid health in combination with other herbs such as chickweed.
Serving Size: 2 Droppers
NA4118-002 (2 fl. oz.) 37 servings $17.50

Black Walnut Hull TOP SELLER
Black Walnut hull, the key herb in the dental formula, in a glycohol extract for those who want it by itself for supporting healthy teeth. Black Walnut is one of very few plants that can take up iodine from the soil, which lends support to its folk use in supporting thyroid health in combination with other herbs such as chickweed. Also can be applied to the skin to support healthy skin flora. Note: Dried Black Walnut is not intended for parasite cleansing.
Serving Size: 2 droppers up to 4 x a day
NA4029-002 (2 fl. oz.) 36 servings $15.99
NA4029-004 (4 fl. oz.) 72 servings $29.60

Bladderwrack Seaweed
Nutritive seaweed rich in minerals and trace elements, including iodine, supports thyroid health.
NA4097-002 (2 fl. oz.) $17.60

Blue Cohosh Root
Low dose herb with potential toxicity traditionally used to prepare for and stimulate labor. Blue Cohosh has also been used for the relief of occasional ovarian, uterine, testicular and small joint discomfort. Not recommended in pregnancy or while nursing except under the supervision of a qualified health care professional. Careless use may cause heart and multi-organ failure in infants.
Serving Size: 1/2 dropper
NA4065-002 (2 fl. oz.) 120 servings $17.60

Blue Vervain Herb
Tinctured fresh, to bring you the best of Blue Vervain's muscle and nervous system balancing properties. Combine with a carminative, such as, Ginger for best results.
NA4098-002 (2 fl oz.) $17.60

Burdock Root
Mild tonic herb used as a nourishing food in Asia. Burdock root supports your body's natural ability to cleanse by supporting normal function of your liver and lymph.
Serving Size: 3 droppers up to 4 x a day
NA4003-002 (2 fl. oz.) 24 servings $17.60
NA4003-004 (4 fl. oz.) 48 servings $31.20

Catnip Herb
Excites cats and calms humans; Catnip is used to relieve occasional stress related digestive issues.
Serving Size: 3 droppers up to 4 x a day
NA4024-002 (2 fl. oz.) 24 servings $17.60

Cats Claw Bark
Popular herb from the tropical rainforests of South America has been used to promote bowel and joint health. The belief that there are two chemotypes of Cat's Claw, one high in POA and the other in TOA, and one is good and the other is bad, is unfounded. Cat's Claw contains both POAs and TOAs.
Serving Size: 2 droppers up to 4 x a day
NA4046-002 (2 fl. oz.) 36 servings $15.99
NA4046-004 (4 fl. oz.) 72 servings $28.80

Cayenne Tincture
Not for wimps, our Cayenne is hot and has been used to promote normal circulation to the skin and limbs and stimulate stomach fire.
Serving Size: 1 dropper up to 4 x a day
NA4023-002 (2 fl. oz.) 60 servings $15.99
NA4023-004 (4 fl. oz.) 120 servings $28.80

Celery Seed
Stumbling around favoring your big toe? An Eclectic, herb Doctor of the 1800, would likely have recommended Celery seed as it supports the normal elimination of uric acid.
Serving Size: 1 dropper up to 4 x a day
NA4066-002 (2 fl. oz.) 60 servings $15.99

Chaga Mushroom
A mushroom found on birch trees is used to support normal immune system function in depleted individuals. Also used for energy and endurance.
Serving Size: 3 droppers up to 4 x a day
NA4093-004 (4 fl. oz.) 48 servings $31.20

Chamomile Blossom TOP SELLER
The remedy Peter Rabbit's mother gave to him after a rather stressful day - Chamomile is used to this day for relieving occasional restlessness, stress, irritability, nervousness, sleeplessness and digestive discomfort.
Suggested Use: 2-6 droppers, 1/3-1 tsp., 3x a day. For children use in smaller dosages.
Serving Size: 3 Droppers up to 4 x day
NA4047-002 (2 fl. oz.) 24 servings $16.80

Chaste Tree Berry
Favorite herb for supporting healthy hormonal balance. Chaste Tree is hands down better for most women, than Black Cohosh for relief of occasional anxiousness and change of life discomforts. Caution: do not use with progesterone creams or pills, as excessive progesterone levels can occur.
Serving Size: 1 dropper
NA4006-002 (2 fl. oz.) 60 servings $17.60
NA4006-004 (4 fl. oz.) 120 servings $31.20

Chickweed Herb
Our Chickweed tincture is made from fresh chickweed, as the old dried chickweed is useless, for relieving occasional redness and heat in the skin and digestive and urinary tracts.
Serving Size: 3 droppers up to 4 x a day
NA4048-002 (2 fl. oz.) 24 servings $16.80

Cinnamon Bark
More than a baking spice, cinnamon supports normal circulation, digestion and blood sugar balance.
Serving Size: 1 dropper up to 4 x a day
NA4067-002 (2 fl. oz.) 60 servings $17.60

Cleavers Herb
Cleavers is a mild and soothing herb traditionally used as a non-irritating diuretic and lymph tonic to support normal urinary tract and lymphatic function.Fresh herb is used to ensure the best quality extract.
Serving Size: 3 droppers 4 x a day
NA4031-002 (2 fl. oz.) 24 servings $17.60

CloveBud
Clove tincture is a safer alternative to Clove oil for relief of occasional teeth complaints. Pungent herb sweetens the breath and promotes digestive system health. Cloves hot and dry blast sends Candida and other fungi packing.
Serving Size: 10 drops up to 4 x a day
NA4049-002 (2 fl. oz.) 240 servings $17.60

Cramp Bark
The name of this herb tells of its common use to relieve occasional discomfort with menses and after giving birth.
Serving Size: 2 droppers up to 4 x a day
NA4068-002 (2 fl. oz.) 36 servings $17.60

Cranberry Extract Liquid
Supports Healthy Urinary Tract Function*
Serving Size: 0.7 ml
HP1910 (1 fl. oz.) 42 servings $15.80

Dandelion Leaf
Common weed equals green treasure used as a potassium sparing diuretic to support normal circulatory system function and healthy fluid balance.
Serving Size: 3 droppers up to 4 x a day
NA4007-002 (2 fl. oz.) 24 servings..... $17.60

Echinacea Compound
Combination of Echinacea angustifolia root with fresh Echinacea purpurea root, leaf, flower and seed. Echinacea is commonly used for immune and lymphatic system support.
Suggested Use: 3-6 droppers, 1/2-1 tsp., 4-8x a day. 1 tsp. can be taken every 2 hours for a short period of time (7-10 days).
Serving Size: 3 Droppers up to 4 x a day
NA4008-002 (2 fl. oz.) 24 servings $17.60
NA4008-004 (4 fl. oz.) 48 servings $31.20

Eleuthero Root
Run down and out of steam? Eleuthero root, an adrenal tonic, has been used to support endurance and a healthy response to stress.
Serving Size: 3 droppers up to 4 x a day
NA4016-002 (2 fl.oz.) 24 servings $23.99

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Fenugreek Seed
Middle East spice used to support healthy blood sugar balance, normal digestive function, and nursing mother's milk supply.
Serving Size: 2 droppers up to 4 x a day
NA4053-002 (2 fl. oz.) 36 servings $15.99

Feverfew Herb
Cheery daisy-like flowers to put a smile on your face again. Reach for feverfew when you feel like your head is hot and ready to explode and nothing would feel better than a cold washcloth.
Serving Size: 2 droppers up to 4 x a day
NA4069-002 (2 fl. oz.) 36 servings $16.80

Garlic Clove
Fresh raw garlic is best, but next best, for handy and fast immune system support is our tincture made from fresh raw garlic. Garlic is a great natural antibiotic. Can be used for children at a smaller dosage.
Serving Size: 2 Droppers up to 4 x a day
NA4009-002 (2 fl. oz.) 36 servings $15.99
NA4009-004 (4 fl. oz.) 72 servings $28.80

Ginger Root
Ginger is a popular tonic for the relief of occasional digestive upset, nausea or travel sickness. Pungent warming spice is also used to support normal circulation.
Serving Size: 1 dropper up to 4 x a day
NA4005-002 (2 fl. oz.) 60 servings $17.60

Ginkgo Leaf
Too lazy or busy for crossword puzzles? Try some Ginkgo for supporting normal brain function.
Serving Size: 3 droppers up to 4 x a day
NA4070-002 (2 fl. oz.) 24 servings $17.60

Ginseng Root, American
Prized by the Native Americans and the Chinese as a nourishing energy tonic, Ginseng supports healthy function of the HPA axis and adrenals.
Serving Size: 2 droppers up to 4x a day
NA4028-002 (2 fl.oz.) 36 servings $28.80

Goldenseal
Root & Leaf. Goldenseal root is considered the potent part of the plant, but recent studies show that adding a small percentage of leaf increases the immune system benefits of Goldenseal root. *K. Ettefagh, J. Burns, et al. Planta Med 2011;77:835-840
Serving Size: 1 Dropper up to 4 x a day
NA4033-002 (2 fl. oz.) 60 servings $23.20
NA4033-004 (4 fl. oz.) 120 servings $38.75

Gotu Kola Herb
Tonic herb from India, Gotu Kola, is used for the relief of occasional joint complaints, hot red skin and foggy brain. Gotu Kola loves wet areas and commonly grows in drainage ditches in Asian countries with poor sanitation, Natural Hope Herbals uses fresh Gotu kola grown in their own greenhouse and fresh or carefully dried gotu kola grown in the U.S.
Serving Size: 2 droppers up to 4 x a day
NA4071-002 (2 fl. oz.) 36 servings $17.60

Green Black Walnut TOP SELLER
The green hull surrounding the black walnut is used to promote intestinal health and send uninvited guests packing. Can be used to support healthy intestinal and skin flora.
Serving Size: 2 droppers up to 4 x a day
NA4017-002 (2 fl. oz) 36 servings $15.99

Holy Basil Herb
When your head is foggy and your feet are dragging give Holy Basil a try. Long revered in India as a tonic herb for the brain, Holy Basil, is classed as an adaptogen. Adaptogens support a healthy response to stress.
Serving Size: 2 droppers up to 4 x a day
NA4054-002 (2 fl. oz.) 36 servings $16.80

Horsetail Herb
Naturally rich source of silicilic acid and minerals, Horsetail is a favorite for supporting healthy skin, hair, nails, teeth and bones. Horsetail is also used to support a healthy urinary tract.
Serving Size: 2 droppers up to 4 x a day
NA4056-002 (2 fl. oz.) 36 servings $16.80

Hydrangea Root
Native to the United States, Hydrangea root is used to support normal urinary tract function.
Serving Size: 2 droppers up to 4 x a day
NA4057-002 (2 fl. oz.) 36 servings $15.99

Lemon Balm Herb
Lemony scented herb lifts the spirit and clears the mind. Lemon Balm can be used for relieving occasional stomach upset and supporting healthy nerves and immune system.
Serving Size: 3 droppers up to 4x a day
NA4074-002 (2 fl. oz.) 24 servings $16.80

Licorice Root
Sweet tonic herb nourishes a healthy respiratory system, digestive tract, immune system, and adrenal and HPA function.
Serving Size: 1 dropper up to 4 x a day
NA4058-002 (2 fl. oz.) 75 servings $15.99
NA4058-004 (4 fl. oz.) 150 servings $28.80

Lobelia Herb TOP SELLER
Our Lobelia tincture is made with fresh herb and seed in a vinegar and alcohol base to create a superior lobelia tincture.
Serving Size: 1/2 dropper up to 3 x a day
NA4022-002 (2 fl. oz.) 120 servings $17.60
NA4022-004 (4 fl. oz.) 240 servings $31.20

Lomatium Root
Sought after herb for immune system support needs to be used with respect. Caution: avoid excessive sun exposure when using Lomatium. Warning: with normal use of Lomatium some people can develop a low grade fever and severe full body rash. Do not exceed recommended dose. Best to use with other immune supporting herbs.
Serving Size: 1/2 dropper up to 4 x a day
NA4011-002 (2 fl. oz.) 120 servings $21.60

Marshmallow Root w/ Fennel Seed

Marshmallow root is used the same as slippery elm bark to soothe the throat and digestive tract and is preferred for supporting healthy genito-urinary tract function. Our marshmallow and fennel extract is made with a low-alcohol glycohol base to best capture and hold the soothing mucilaginous compounds.

Serving Size: 3 droppers 2-4 x daily

NA4117-002 (2 fl. oz.) 24 servings $15.99

Milk Thistle Seed

Our gorgeous yellow Milk thistle tincture is made with a special process to best extract a full spectrum of liver supportive compounds, including the Silymarins.

Serving Size: 3 droppers up to 4 x a day

NA4012-002 (2 fl. oz.) 24 servings $17.60
NA4012-004 (4 fl. oz.) 48 servings $31.20

Milky Oat Seed

Harvested in the milky stage and tinctured the same day our fresh Milky Oat seed is used to nourish the nerves and support a healthy nervous system in times of stress.

Serving Size: 3 droppers up to 4x a day

NA4019-002 (2 fl. oz.) 24 servings $17.60

Motherwort Herb TOP SELLER

Traditionally a woman's tonic herb, used to support healthy liver function, hormonal balance. Also used as support for stress and relief of minor discomfort associated with menses.

Serving Size: 3 droppers up to 4 x a day

NA4013-002 (2 fl. oz) 24 servings $15.99

Mullein Leaf TOP SELLER

The fuzzy leaves of mullein are one of the best known respiratory herbs to support normal healthy lung function.

Serving Size: 3 droppers 2-4 x daily

NA4111-002 (2 fl. oz.) 24 servings $15.99

Mullein Root

An overlooked herb, Mullein root deserves to be as well known as Saw Palmetto for supporting healthy urinary tract function. Also used for relief of minor discomfort of the nerves in the face and skeletal muscles.

Serving Size: 1 dropper up to 4 x a day

NA4039-002 (2 fl. oz.) 60 servings $21.60
NA4039-004 (4 fl. oz.) 120 servings $35.20

Myrrh Resin

Potent immune system support for the mouth, throat, lungs, stomach and intestines.

Serving Size: 1-2 droppers 2-4 x daily

NA4105-002 (2 fl. oz.) 24 servings $17.60

Stinging Nettle Leaf

A tonic herb, Nettle, supports healthy kidney function and normal elimination of uric acid and other metabolic wastes. Nettle Leaf may be helpful with allergy relief.

Serving Size: 3 droppers up to 4 x a day

NA4034-002 (2 fl. oz.) 24 servings $17.60
NA4034-004 (4 fl. oz.) 48 servings $31.20

Stinging Nettle Root

Saw Palmetto gets all the attention, but the roots of the common Nettle deserve a place in the spotlight as well, for supporting prostate and lower urinary tract health.

Serving Size: 2 droppers up to 4 x a day

NA4076-002 (2 fl. oz.) 36 servings $16.80

Stinging Nettle Seed

The leaves may sting but the seeds are kind to your kidneys. Stinging Nettle seed is used to support and protect healthy kidneys.

Serving Size: 2 droppers up to 4 x a day

NA4040-002 (2 fl. oz.) 36 servings $17.60

Olive Leaf TOP SELLER

Long lived tree provides leaves used to support a healthy circulatory system and normal immune system function.

Serving Size: 3 droppers up to 4 x a day

NA4059-002 (2 fl. oz.) 24 servings $17.60
NA4059-004 (4 fl.oz.) 48 servings $30.40

Oregano Leaf

More than pizza and spaghetti sauce seasoning, Oregano has quite the reputation for supporting the immune system.

Serving Size: 3 droppers

NA4104-002 (2 fl. oz.) 24 servings $15.99

Oregon Grape Root

Rich in berberine, also found in goldenseal, oregon grape root's yellow roots pack a hard punch. Oregon grape root is herbalist's go to herb for supporting normal liver function and healthy immune system function in the gastrointestinal and urinary tracts.

Serving Size: 2 droppers 2-4 times daily

NA4114-002 (2 fl. oz.) 37 servings $20.00

Passionflower Herb

Laying in bed with your thoughts going in unending circles? Restless and irritable? Reach for Passion Flower for the relief of occasional sleeplessness and worrisome thoughts.

Serving Size: 2 droppers up to 4x a day

NA4010-002 (2 fl. oz.) 37 servings $17.60
NA4010-004 (4 fl. oz.) 75 servings $31.20

Pau' D' Arco Bark

Brazillian tree bark naturally resistant to insect and fungal attack is used as a tonic for immune system support.

Serving Size: 2 droppers up to 4 x a day

NA4060-002 (2 fl. oz.) 36 servings $15.99

Peppermint Leaf

Perhaps our most popular herb used for flavoring and relief of occasional digestive upset and nausea.

Serving Size: 2 droppers up to 4 x a day

NA4061-002 (2 fl. oz.) 36 servings $15.99

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Red Raspberry Leaf

Nourishing herb used as a uterine tonic to support a healthy pregnancy and a normal menstrual flow.

Serving Size: 3 droppers up to 4 x daily

NA4062-002 (2 fl. oz.) 24 servings **$15.99**
NA4062-004 (4 fl.oz.) 48 servings **$28.80**

Red Root

Also known as New Jersey Tea the roots of this attractive shrub are used as a lymphatic tonic to support normal lymph flow and as a gargle to promote throat and gum health. Note: this is not Red Root Amaranth that commonly grows in gardens and pastures.

Serving Size: 2 droppers up to 4 x a day

NA4080-002 (2 fl. oz.) 36 servings **$19.20**

Reishi Mushroom

Like many mushrooms, Reishi is prized as an immune system tonic. Also an adaptogen and nervine, Reishi is a good choice to minimize occasional frazzled feelings.

Serving Size: 3 droppers up to 4 x a day

NA4063-002 (2 fl. oz.) 24 servings **$17.60**

Schisandra Berry

Five flavored berry, with adaptogenic properties, supports healthy adrenal and HPA axis function, urinary and respiratory tract function.

Serving Size: 3 droppers up to 4 x a day

NA4083-002 (2 fl. oz.) 24 servings **$17.60**

Shepherd's Purse Herb

Named for the little heart shaped pods which resemble a small purse, Shepherd's Purse has been a favorite of midwives for centuries. We tincture the wild harvested herb fresh to bring you the highest quality extract.

Serving Size: 3 droppers up to 4 x a day

NA4014-002 (2 fl. oz.) 24 servings **$17.60**

Skullcap Herb

Legs twitching and sleep evading you? Reach for skullcap to relieve occasional muscle and nerve tension.

Serving Size: 2 droppers up to 4x a day

NA4020-002 (2 fl. oz) 36 servings **$15.99**

St.John's Wort Flowering Tops

The sunny flowering tops of St. John's Wort, make a beautiful red tincture useful for relieving occasional sour stomach and mood and supporting healthy nerves. Warning: may decrease or increase the effectiveness of certain medications. If you are taking medications use only under the supervision of a qualified health care provider.

Serving Size: 2 droppers up to 4x daily

NA4026-002 (2 fl. oz.) 36 servings **$17.60**

Teasel Root

Need a little limbering up? Give Teasel a try for the relief of minor musculoskeletal discomfort and stiffness.

Serving Size: 1 dropper 4 x a day

NA4035-002 (2 fl. oz.) 60 servings **$17.60**
NA4035-004 (4 fl.oz.) 120 servings **$31.20**

Turmeric Root

It's the whole root, not a single part, that is awesome. Curcumin has long been thought to be the active compound in Turmeric, but when scientists removed the curcumin, it worked just as well. We use the whole fresh root for a superior tincture.

Serving Size: 2 droppers up to 4 x a day

NA4015-002 (2 fl. oz.) 36 servings **$17.60**
NA4015-004 (4 fl. oz.) 72 servings **$31.20**

Uva Ursi Leaf

Astringent and bitter leaves of this small woods plant are used to support a healthy urinary tract.

Serving Size: 2 droppers up to 4 x a day

NA4087-002 (2 fl. oz.) 36 servings **$17.60**

Valerian Root

Popularly used to support a good night's sleep, Valerian supports a healthy nervous system and can be used for the relief of minor stress induced digestive upset and muscle tension. Caution: some people find Valerian root to be stimulating rather than relaxing.

Serving Size: 3 droppers up to 4x a day

NA4021-002 (2 fl. oz.) 24 servings **$17.60**

Wild Lettuce TOP SELLER

Tinctured twice, our wild lettuce tincture has twice the herb power of a regular tincture. Wild lettuce is used as a mild tonic to support a healthy respiratory system and a full night's rest. It is used as a sedative and a pain reliever.

Serving Size: 2 droppers up to 4 x a day

NA4036-002 (2 fl. oz.) 36 servings **$17.60**
NA4036-004 (4 fl. oz.) 72 servings **$31.20**

Wild Yam Root

Wild Yam's nobby roots support normal gallbladder function and healthy tone of smooth muscles lining the intestines, uterus, ovarian tubes, and bile ducts. Can be used to relieve occasional intestinal discomfort.

NA4106-002 (2 fl. oz.) **$17.60**

Witch Hazel Extract "Organic" NEW

Organic Witch hazel extract is a wonderful ingredient for use in your cosmetic and medicinal preparations. It is gentle enough to be used alone, or it may be combined with other ingredients or herbs. Our witch hazel extract has been double distilled, and contains 86% witch hazel extract and only 14% alcohol. This makes it more soothing than the version found in your local store, and lacks the alcohol sting and scent. This extract is distilled from the twigs and bark of the witch hazel tree.

MR5707 (8 fl. oz.) **$8.40**

Yarrow Herb In Flower

Old timey European herb is used to support a healthy immune system and healthy digestive tract.

Serving Size: 2 droppers up to 4 x a day

NA4091-002 (2 fl. oz.) 36 servings **$16.80**

Yellow Dock Root

Bitter tonic used to support normal liver and bowel function and build blood.

Serving Size: 2 droppers up to 4 x a day

NA4092-002 (2 fl. oz.) 36 servings **$16.80**

Sprouting Seeds & Supplies

Sprouting Jar with Lid

Start your own sprouts with this handy sprouting jar. Directions; Place two tablespoons of sprouting seeds or 1/2 cup of legumes/grains in a sprouting jar with three times as much water as seeds. Soak overnight. For many small seeds, five hours of soaking is sufficient. 2) Drain the water from the jar. Rinse seeds in fresh, lukewarm water and drain again. For well drained seeds/sprouts, lay jar at an angle in a warm (70º F), dark place. 3) Rinse and drain seeds twice a day. In hot and dry weather, you may need to rinse the seeds three times a day. In very humid weather, the seeds should be kept in a dry place. Turn jar over gently. Overturning the jar rapidly will cause shifting in the sprouting seeds. This can break the tender shoots and kill the sprout. This breakage causes the sprout to spoil. Sprouts should be ready to eat in 3-5 days, depending on the seed used. Put in sunlight during the last day to add chlorophyll.

NO7350 (1/2 gal.) **$9.10**

Sprout Mix TOP SELLER

Indulge in some healthy goodness with this zesty sprout mix of clover, fenugreek and radish seed.

NO7271 (16 oz.) **$8.10**

Alfalfa Seeds (Organic) TOP SELLER

Alfalfa seeds are the most popular form of sprouting seeds and can be used in salads,sandwiches,chop suey,and cooked dishes.For sprouting ,place two tablespoons of seeds in a sprouting jar with three times as much water as seeds.Soak overnight.Rinse seeds and drain twice daily,store in low humidity without direct sunlight.About the fourth day,place rinsed sprout jar in direct sunlight to develop green chlorophyll leaves.

NO7212 (12 oz.) **$10.15**

Broccoli Seeds TOP SELLER

Broccoli is one of the healthiest vegetables around due to naturally occurring sulforaphane glucosinolate. Did you know that broccoli sprouts naturally have about 50 times more sulforaphane potential than broccoli florets? They're also a good source of fiber.

NO7215 (4 oz.) **$6.00**

Mung Beans

Mung Beans are one of the most popular sprouting products in use today. NOW Real Food™ Mung Beans are an excellent source of fiber and protein, making them a good meat substitute for vegetarians and vegans. Mung Beans have a mildly sweet flavor and are widely used in Asian cuisine.

NO7250 (1 lb.) **$8.95**

Radish Seed "Organic"

Experience the goodness of these healthy radish sprouts.

SW5121 (16 oz.) **$28.35**

Red Clover Seed "Organic"

Harvest the benefits of red clover seed sprouts.

SW5130 (16 oz.) **$24.60**

Sandwich Blend Seeds "Organic"

Create a healthy greens sandwich with this fantastic blend of red clover, alfalfa, and radish seeds.

SW5140 (16 oz.) **$32.90**

Dental & Oral Health

Dental Formula TOP SELLER

Black Walnut hull is the star of this well-known formula for supporting healthy teeth. Our Dental formula is highly concentrated with dry herbs at a 1:5.2 ratio. To use: dilute Dental Formula in a small amount of water, swish around teeth and swallow. May also be taken without water. This can be done several times a day. Use 4-8 weeks and then take a 1-2 week break. Calcium tea can be taken along with Dental Formula or during the in-between weeks.

Serving Size: 2 droppers up to 4 x a day

NA1001-002 (2 fl. oz.) 36 servings **$14.45**
NA1001-004 (4 fl. oz.) 72 servings **$23.55**
NA1001-008 (8 fl. oz.) 144 servings **$39.50**

Dental Formula "Spray" TOP SELLER

One of our most popular formulas now available in a handy spray bottle designed to make keeping your teeth healthy so much easier. To use: Spray 3 sprays into mouth and swish around to coat teeth, 3-6 times a day or as needed.

NA1051-001 (1 fl. oz.) **$10.40**
NA1051-002 (2 fl. oz.) **$15.99**

Tasty Dental Formula TOP SELLER

One of our most popular formulas, now with improved flavor. Peppermint essential oil helps to hide the taste of the Black Walnut hull, the key herb in this well-known formula for supporting healthy teeth. Suggested Use: 2-3 droppers, 1/3-1/2 tsp., 3-6x a day. Dilute 2-3 droppers in a small amount of water, swish around your teeth and swallow. May also be taken without water. This can be done several times a day.

Serving Size: 2 Droppers up to 3 x a day

NA5012-002 Peppermint (2 fl. oz.) 36 servings **$14.45**
NA5012-004 Peppermint (4 fl. oz.) 72 servings **$23.55**
NA5012-008 Peppermint (8 fl. oz.) 144 servings **$38.75**

Black Walnut Hull Glycerin Free

Black Walnut Hull, the key herbal ingredient in our Dental Formula. Now in a new glycerin-free tincture for those who want black walnut by itself, but without glycerin, for supporting healthy teeth. Black walnut is one of very few plants that can take up iodine from the soil, which lends support to its folk use in supporting thyroid health in combination with other herbs such as chickweed.

Serving Size: 2 Droppers

NA4118-002 (2 fl. oz.) 37 servings **$17.50**

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Black Walnut Hull TOP SELLER

Black Walnut hull, the key herb in the dental formula, in a glycohol extract for those who want it by itself for supporting healthy teeth. Black Walnut is one of very few plants that can take up iodine from the soil, which lends support to its folk use in supporting thyroid health in combination with other herbs such as chickweed. Also can be applied to the skin to support healthy skin flora. Note: Dried Black Walnut is not intended for parasite cleansing.

Serving Size: 2 droppers up to 4 x a day

NA4029-002 (2 fl. oz.) 36 servings **$15.99**
NA4029-004 (4 fl. oz.) 72 servings **$29.60**

Healthy Gums

Healthy Gums is perfect for those who are serious about supporting healthy gums. Supporting gum health is foundational to tooth health. Healthy Gums will leave your mouth feeling clean and fresh. Suggested use: Dilute 1 dropper in 1/2 oz. water. Swish and swallow or spit out.

Serving Size: 1 dropper

NA1040-002 (2 fl. oz.) 72 servings **$17.60**
NA1040-004 (4 fl. oz.) 144 servings **$31.99**

Fresh Breath Spray

Keep your friends - freshen your breath with a spray or two of Fresh Breath, before going to town or church. Fresh Breath Spray is comprised of herbs traditionally used to keep the mouth moist and breath sweet.

NA1053-001 (1 fl. oz.) **$11.99**

Earthpaste Toothpaste TOP SELLER

Earthpaste's formula is nano silver, a pure, effective cleanser that makes a difference in the health of your mouth. It also has a powerful combo of bentonite clay, real salt, xylitol, menthol, tea tree oil and other essential oils.

RE1528 Peppermint (4 oz) **$9.95**
RE1532 Wintergreen (4 oz) **$9.95**
RE1566 Lemon Twist (4 oz) **$9.95**
RE1524 Cinnamon (4 oz) **$9.95**
RE1529 Peppermint w/Charcoal (4 oz.) **$9.95**

Organic Toothpaste TOP SELLER

With the power of food grade hydrogen peroxide and organic essential oils, this amazing non-abrasive toothpaste works to whiten teeth and freshen breath while loving your enamel. It's certified organic and has no objectionable ingredients like fluoride, glycerin, carrageenan, sodium lauryl sulfate or sugar. With many dentists concerned about the way most toothpastes thin enamel, Essential Oxygen created a non-abrasive paste for safe daily use. Ingredients; Aloe vera gel (aloe barbadensis)*, hydrogen peroxide, xanthan gum (xanthomonas campestris), guar gum: (cyamopsis tetragonoloba)*, coconut oil (cocos nucifera)*, peppermint oil (mentha piperia)*, spearmint leaf oil (mentha spicata)*, stevia (stevia rebadiana leaf powder)*, lemon peel oil (citrus medica limonum)*, rosemary leaf oil (rosmarinus officinalis)*, clove flower oil (eugenia caryophyllus)*, cinnamon leaf oil (cinnamomum zeylanicum)*, wintergreen oil*, eucalyptus leaf oil (eucalyptus globulus)*, frankinscence oil (botswellia carterii)*, coconut flour*, calcium phosphate.

EO8670 (4 oz.) **$8.15**

OregaFresh Toothpaste

OregaFRESH tooth paste is the only natural fluoride-free toothpaste infused with the power of P73 oregano, one of the most potent antioxidants known. Brushing daily with OregaFRESH helps reduce dental plaque, freshens breath, and promotes optimal oral health without the use of harsh or dangerous ingredients. A little goes a long way!

NH9051 (3.4 fl. oz.) **$11.60**

Xyli-White Toothpaste TOP SELLER

The XyliWhite™ Advantage - XyliWhite™ is a remarkable new fluoride-free toothpaste that uses natural Xylitol as its main ingredient.

- Formulated with the cleanest ingredients
- Free of SLS chemicals (sodium lauryl sulfate)
- Uses vegetarian/vegan ingredients
- Cool, minty, refreshing taste
- Healthy teeth that are whiter and stronger
- Contains 25% Xylitol, one of the highest contents available!
- For adults and children alike

NO8105 Charcoal Refresh 'Mint' (6.4 oz.) **$6.10**
NO8102 Coconut w/Mint (6.4 oz.) **$6.10**
NO8092 Cinnafresh (6.4 oz.) **$5.25**
NO8091 Platinum Mint (6.4 oz.) **$5.25**
NO8090 Refreshmint (6.4 oz.) **$5.25**
NO8101 Neem/Tea Tree (6.4 oz.) **$6.10**

Xyliwhite Kid's Toothpaste TOP SELLER

The XyliWhite™ Advantage - XyliWhite™ is a remarkable new fluoride-free toothpaste that uses natural Xylitol as its main ingredient.

- Formulated with the cleanest ingredients
- Free of SLS chemicals (sodium lauryl sulfate)
- Uses vegetarian/vegan ingredients
- Cool, minty, refreshing taste
- Healthy teeth that are whiter and stronger
- Contains 25% Xylitol, one of the highest contents available!

NO8088 Bubble Gum (3 oz.) **$3.95**
NO8089 Orange Splash (3 oz.) **$3.95**
NO8097 Strawberry (3 oz.) **$3.95**

Kid-e-kare Toothpaste

Kid-e-kare Toothpaste is a wild and natural way to help your children's mouths feel fresh and clean after every use. Kid-e-kare Toothpaste is designed to help promote healthy teeth and gums in a natural, wild way. Free of fluoride and other additives but supplemented instead with natural, therapeutic plant oils and essences.

NH9292 Strawberry (3.4 oz.) **$11.55**

Spry Kids Tooth Gel

Xlear Infant Tooth Gel with Xylitol is a delicious all-natural gel for application on the gums and teeth of infants and toddlers. Spry Infant Tooth Gel is designed specifically for toddlers and children that struggle with brushing. The sooner children start to regularly use Xylitol products, such as Spry Infant Tooth Gel, the more defense they will have against tooth decay.

Tips for use:

1. Apply the tooth gel to a cotton swab and apply it directly to the gums and teeth.
2. Place a couple of drops on your child's toothbrush before brushing.
3. Add a few drops to the toothbrush after brushing, and let your child practice brushing herself. Less mess than brushing with toothpaste, plus the great dental benefits of Xylitol.

XL5350 (2 fl. oz.) **$6.15**

Kid-e-kare Oral Cleanz

Kid-e-kare Oral Clenz uses natural herbs and spices to help promote healthy teeth and gums in children without the use of harmful chemicals like fluoride. Kid-e-kare Oral Clenz is designed to be taken daily as part of your child's daily dental health routine. We've designed it to bring the natural power of herbs and spices to children's dental health!

NH9291 Strawberry (8 fl. oz.) **$8.00**

Organic Little Gums Soothing Massage Gel

Tender gums call for loving care, not nasty additives. Sweetly soothe sore spots with organic chamomile and vanilla. Just pop a drop on a clean finger for a mini mouth massage and turn tears to smiles.

MB5560 Day/Night Combo (1 Ct.) **$16.65**

Perio-Brite Rub

Soothing Gel for teeth and gums. Dentist Formulated Oral Discomfort Formula infused with patented extract Phytoplenolin® for Maximum Oral Care Support.

NAN0540 Cool Mint (0.5 oz.) **$5.20**

Spry Toothpaste TOP SELLER

Brushing your teeth is an essential part to your happy smile. Spry Toothpaste has xylitol—an ingredient dentists have studied and highly recommend because of its unique qualities in sustaining oral health.

XL5300 Peppermint (5 oz.) **$6.50**

Perio Brite Toothpaste

A excellent natural toothpaste that promotes healthy teeth and gums.

NAN5133 Wintermint(4 oz.) **$6.75**

Cinnamon & Clove Toothpaste

This is a natural toothpaste where bentonite clay detoxifies your mouth and gives the tooth's enamel the vitamins and nutrients it needs while absorbing harmful bacteria and infection, baking soda helps to create sparkly clean teeth, black walnut helps to prevent tooth decay, cinnamon is a potent antibacterial that helps to deter cavities, cloves is an antiseptic to help prevent toothaches and gum infections, stevia does not coat your teeth like glycerin and sugar.

AM760 (4 fl. oz.) **$8.50**

Muscadine Toothpaste

Our teeth and our gums are under constant stress in the abrasive environment of the mouth. These Certified ToxicFree ingredients help the gums restore normal growth and naturally whiten teeth. Fresh Mint Toothpaste has Xylitol, a "tooth friendly" sugar.

NP008 Fresh Mint, "Whitens" (4 fl. oz.) **$19.99**

Earthpowder Toothpowder

Earthpowder is an amazingly natural tooth powder made with bentonite clay and natural ingredients that tastes great and gives amazing results. Remove surface stains the natural way. Redmond Earthpowder is made with nature's perfect high pH polisher that cleans teeth without any chemical additives. Earthpowder is all natural, vegan, gluten free, with no fluoride, no sls and no artificial ingredients. Start with a wet toothbrush, then coat your bristles with a quick dip into Earthpowder. Brush like you would with any toothpaste. Use the Peppermint with activated charcoal for extra whitening power.

RE7283+T Peppermint (1.8 oz) **$12.95**
RE7269+T Peppermint w/ Charcoal (1.8 oz) **$16.45**

Herbal Tooth & Gum Powder

A synergistic blend of whole herbs for teeth brushing. With all the biting, gnashing & chewing our teeth do it's amazing how resilient they are. Still, the natural aging process takes a toll as adults often have weak tooth enamel, chipping, cavities, sensitivity, soreness & gum pain. Dr. Christopher's Herbal Tooth & Gum Powder aids in strengthening gums, assists in tightening loose teeth & brightens the teeth luster.

DC89318 (2 oz.) **$18.55**

Brushing Rinse TOP SELLER

Essential Oxygen Brushing Rinse provides a better way to brush your teeth for a healthy and radiant smile. This amazing rinse is part toothpaste and part mouthwash. It works for all oral issues including natural teeth whitening, gum pockets and receding gums, tooth sensitivity, bad breath, tartar, canker sores and toxic morning mouth. Each ingredient is high quality and all-natural.

Morning Mouth Protocol

While we sleep at night our bodies are in cleanse cycle and our saliva doesn't circulate. Consequently, we wake up with a mouthful of bad oral bacteria and not the best breath. Rather than swallow this bacteria with your first drink of water, spit it out and swish with the rinse for 30 to 60 seconds while you do other morning activities. With the rinse still in your mouth, brush your teeth and tongue. Your mouth and your immune system will thank you.

EO6582 Peppermint (16 fl. oz.) **$12.25**

XyliWhite Mouthwash TOP SELLER

NOW® XyliWhite™ Mouthwash is an effective fluoride-free oral rinse that works in unique ways to help you achieve a smile that's healthier and brighter than ever before! XyliWhite™ Mouthwash gets its cleansing properties from xylitol - a naturally occurring sugar alcohol that has been shown in clinical studies to help promote oral hygiene, effectively rinsing debris, such as food particles, from mouth surfaces. By helping to maintain the mouth's normal balance, Xylitol also helps to keep the enamel surface of teeth clean and fresh.

NO8095+T Mint (16 fl. oz.) **$9.60**
NO8096+T Cinnafresh (16 fl. oz.) **$9.60**
NO8103+T Tea Tree w/Neem (16 fl. oz.) **$9.60**

OregaCare

OregaCARE is an edible oral cleanser that provides the power of P73 oregano. Now you can promote the health of teeth and gums without the use of harmful substances like fluoride and other chemicals. Plus, it helps the whole body. As a mouth cleanser and body tonic, its good for your health.

NH9050+T Mint (8 fl. oz.) **$7.70**

Periowash Mouthwash TOP SELLER

Periowash is a powerful alcohol-free oral rinse and mouthwash that moistens tissue, freshens breath for hours and encourages periodontal health. Contains Echinacea, Green Tea, Olive leaf, and essential oils such as peppermint, clove, oregano and thyme. A great tasting alcohol-free mouthwash.

NAN5190-2+T Cinna Mint (16 fl. oz.) **$10.99**
NAN5190-3+T Winter Mint (16 fl. oz.) **$10.99**

Mineral Mouth Rinse "Mint"

ConcenTrace® Mineral Mouth Rinse is a gentle rinse that helps to promote fresh breath and a clean feeling the natural way. It's made with ConcenTrace® ionic trace minerals, America's #1 selling trace mineral supplement, colloidal silver, and peppermint essential oil. This unique blend helps rinse your teeth and gums of food debris while the minerals help to neutralize odors and acidic foods that cause bad breath, leaving your mouth clean and your breath fresh. Suggested Use; Rinse mouth at full strength for 30 seconds with 20 mL (2/3 fluid ounce or 4 teaspoons) morning and night for best results. Do not swallow. Keep out of reach of children.

TM1028+T (16 fl.oz.) **$13.70**

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Mouthwash

Our highly concentrated, natural probiotic mouthwash cleans away and keeps away the plaque (biofilm) on your teeth. This mouthwash helps remove the biofilm from your teeth, dentures, toothbrush, retainers and mouthguards. Biofilm is plaque, and it traps germs and viruses - if it is not cleaned away, nothing is ever really clean. P2 probiotics keep biofilm plaque from returning without harsh chemicals or alcohol. Non-toxic, biodegradable, food grade. Can be used on dentures or be used as a toothbrush rinse. Safe for children. Ingredients: A Proprietary Blend of FDA GRAS Probiotics, Enzymes, Water, Organic Spearmint.

EB1018+T (12 oz.) **$19.10**

Lumineux Whitening Strips

This whitening starter pack is essential in getting your teeth the shade of your dreams. This kit comes with a 14 day supply of enamel safe, dentist formulated, flavor perfected Whitening Strips to get your teeth visibly whiter without the sensitivity. These strips are certified non-toxic and can be used daily if desired. (1-2 Month Supply)

EO8820 (14 pk.) **$33.25**

Tooth Polish TOP SELLER

BR Tooth Polish offers abrasion-on-demand to get your teeth their pearly whitest while preserving your enamel in the process. This minty powder empowers YOU to polish your teeth as YOU need it because every mouth is different. Made with organic essential oils and calcium phosphate (the sole mineral teeth are made of), everyone will enjoy that fresh-from-the-hygienist feeling! Instructions; Sprinkle 1/2 tsp on BR Toothpaste. For sensitive teeth and thin tooth enamel, use 3 times per week. If you are prone to tartar, use 7 times per week. Ingredients; Calcium carbonate, calcium phosphate, bicarbonate soda, MSM, organic peppermint & spearmint oils, myrrh, organic stevia, organic essential oils: wintergreen, cinnamon, lemon, clove, eucalyptus, rosemary.

EO8671+T Mint (2 fl. oz.) **$8.15**

Dentalcidin LS Oral Care

The active ingredient in Dentalcidin™LS oral rinse is Biocidin, a proprietary blend of 17 botanical extracts and essential oils. In pilot research by Binghamton University, Biocidin® was shown to significantly reduce the viability of germs associated with biofilm (plaque) production.

Serving Size: 2 Pumps

BBR2580 (1 fl. oz.) 75 servings **$39.95**

OregaDent

OregaDENT is specially formulated for use with gums and teeth. Formulated with the highest quality clove, cinnamon, and wild oregano P73 oil. In addition they have added wild pain root, a rare oil exclusively found in this OregaDENT. Apply a few drops to teeth and gums. Saturate a thin roll of cotton with OregaDENT and put against gums. Use with or instead of toothpaste.

Serving Size: 5 Drops

NH9052 (1 fl. oz.) 220 servings **$30.95**

Oil Pulling Concentrate

DrTung's Oil Pulling Concentrate is a time-tested remedy of 24 plants and herbs used for oil pulling. Add it to coconut, sesame or sunflower oil to add efficacy and reduce pulling time. DIRECTIONS FOR USE: Use undiluted, or mix contents with 5 oz. organic sunflower, sesame (not toasted) or coconut oil—i.e. 1:3 ratio. Swish daily after tongue cleaning and toothbrushing: Place 1 tbsp mixture in mouth.Slowly swish it around the mouth and "chew" on it for 5–15 minutes. When done, do not swallow but spit into toilet (not into sink). Rinse your mouth with lukewarm, saline water.

DT1007 (1.7 fl. oz.) **$16.60**

OralBiotic

NOW® OralBiotic™ contains the naturally occurring probiotic organism Streptococcus salivarius BLIS K12®, which has been clinically shown to support oral and throat health. Although it is not an antibiotic, OralBiotic™ BLIS K12® successfully colonizes the oral cavity at the expense of other bacteria, promoting oral health. It also helps to improve breath when used in conjunction with proper oral hygiene. Fructooligosaccharides (FOS) provide nutritional support for S. salivarius.*

Serving Size: 1 capsule up to 4 x a day

NO2921 (60 Loz.) 60 servings **$17.40**

Calc-Tea TOP SELLER

Supports the rebuilding of teeth, strengthening of bones and encourages new hair growth. Suitable for children and adults. Can be taken for long periods of time. Ingredients Horsetail herb, Oat straw, Nettles, Lobelia herb.

Directions: Bring 1 quart water to boiling. Add 1 rounded tablespoon herbs to hot water in pot or place herbs in a glass jar and pour hot water over herbs. Let sit, covered for 30-60 minutes. Strain through a sieve into a glass jar or pitcher. Sweeten with honey or other natural sweetener if desired. To extract more minerals, steep longer - 6-8 hours.

NA3007 (4 oz.) **$11.99**

Black Walnut Tea

Similar to the Dental formula, this simple blend of cut herbs is designed to support healthy teeth and gums. Please note; This is not powdered it is cut/sifted herb.

NA3001-004 cut/sifted (4 oz.) **$13.60**

Toothbrush Sanitizer "Snap-On"

Twin-pack with extra Snap-In Sanitizing discs now give 8 months total protection per pack. Toothbrushes harbor a host of harmful bacteria that can re-infect your mouth when you brush. This Snap-On Sanitizer is a revolutionary product that releases all-natural, anti-bacterial vapors to kill germs and safely sanitize your toothbrush between brushings.

Clinicals show it kills up to 99% of germs. Natural vapors from essential oils -including FDA-approved natural antibacterial agent-kill germs by circulating through the bristles.

DT5115+T (2 pk) **$5.65**

Stim-U Dent Plaque Remover "Mint"

Soft, safe, flexible wooden cleaners shaped to clean tighter spaces between teeth and stimulate gums. Recommended for daily use (especially after eating) for maximum benefit.

TND2201 (160 Picks) **$3.75**

Gentle Floss

All floss is not created equal! ECO-DENT floss is not only the most economical floss, but it has real benefits, such as being waxed, and made with a blend of natural essential oils to reduce plaque and help you maintain healthy teeth and gums. ECO-DENT packages their floss in a cardboard carton rather than a plastic case to cut down on ecological damage done by plastic and the disposal of plastic.

ED1001 (100 Yards) **$5.75**

Deodorants, Body Sprays & Shave Cream

Spring Blooms Deodorant

An all natural women's deodorant that uses natural ingredients to help neutralize body bacteria and body odor. A well-pleasing all-natural fragrance!

HB1004+T (2.65 oz.) $12.45

Meadow Flowers Deodorant

An all natural women's deodorant that uses natural ingredients to help neutralize body bacteria and body odor. Meadow Flowers is a fresh rose scent with hints of sweet pea and jasmine.

HB1000+T (2.65 oz.) $12.45

Misty Lilac Deodorant TOP SELLER

An all natural women's deodorant that uses natural ingredients to help neutralize body bacteria and body odor. Misty Lilac is a classic spring floral scent. Smells like a spring morning.

HB1001+T (2.65 oz.) $12.45

Tropical Breeze Deodorant

An all natural women's deodorant that uses natural ingredients to help neutralize body bacteria and body odor. Tropical Breeze, the scent of coconut, mango, and vanilla takes you away into a tropical paradise.

HB1002+T (2.65 oz.) $12.45

Lavender & Amber Deodorant

An all natural women's deodorant that uses natural ingredients to help neutralize body bacteria and body odor. Lavender & Amber is a sophisticated lavender scent with hints of amber, sage and vanilla bean.

HB1003+T (2.65 oz.) $12.45

Mountain Fresh Deodorant

An all natural men's deodorant that uses natural ingredients to help neutralize body bacteria and body odor. Mountain Fresh is a light and refreshing scent with accents of musk and floral.

HB1009+T (2.65 oz.) $12.45

Midnight Musk Deodorant TOP SELLER

An all natural men's deodorant that uses natural ingredients to help neutralize body bacteria and body odor. Midnight Musk is a musky scent with accents of sandalwood, cedar and amber.

HB1008+T (2.65 oz.) $12.45

Mountain Breeze Deodorant TOP SELLER

Made for men (but women like it too!), this minty yet earthy scent contains essential oils that pack a punch against odor and sweat. Essential oils of Sage, Tea Tree, Peppermint, and Rosemary. Be Free™ Deodorant is 100% FREE of aluminum, parabens, phthalates, petroleum products and other toxic ingredients that are found in commercial deodorants. We use only the safest and healthiest food-grade ingredients that work together to eliminate under arm body odor, help keep you dry and soften the skin.

HD6010+T (3.3 oz.) $9.50

Wild & Fresh Deodorant TOP SELLER

Wild and Fresh: Made for women (but men like it too!), this deodorant provides the protection needed with a clean and slightly floral scent. Essential oils of Lavender, Lime, Sage and Tea tree. Our Be Free™ Deodorant is 100% FREE of aluminum, parabens, phthalates, petroleum products and other toxic ingredients that are found in commercial deodorants. We use only the safest and healthiest food-grade ingredients that work together to eliminate under arm body odor, help keep you dry and soften the skin.

HD6020+T (3.3 oz.) $9.50

Unscented Deodorant

Be Free™ Deodorant is 100% FREE of aluminum, parabens, phthalates, petroleum products and other toxic ingredients that are found in commercial deodorants. We use only the safest and healthiest food-grade ingredients that work together to eliminate under arm body odor, help keep you dry and soften the skin. Although there are no essential oils in this deodorant, the natural scents of the coconut oil and beeswax give it a soft and clean smell.

HD6008+T (3.3 oz.) $9.50

Fresh Fir & Spice Deodorant Stick

Douglas fir paired with spicy citrus. Gentle, all day odor protection with ingredients like shea butter, coconut oil, and essential oils.

SCH8097+T (2.65 oz.) $12.80

Rose + Vanilla Deodorant Stick

Schmidt's award-winning formulas help neutralize odor and keep you fresh, naturally. Bouquet of rose with hints of sweet, powdery vanilla.

SCH7164+T (2.65 oz.) $12.80

Bergamot + Lime Deodorant Stick

Schmidt's natural deodorant sticks help neutralize odor and keep you fresh with ingredients like shea butter, coconut oil, and essential oils. Bergamot & Lime-fresh, invigorating citrus. Gentle, all day odor protection.

SCH6220+T (2.65 oz.) $12.80

Lavender + Sage Deodorant Stick

The clean, herbaceous fragrance of Lavender + Sage is tranquil and soothing. Schmidt's award-winning formulas help neutralize odor and keep you fresh, naturally.

SCH8482+T (2.65 oz) $12.80

Charcoal + Magnesium Deodorant Stick

Charcoal + Magnesium Deodorant helps neutralize odor and keep you fresh, naturally. The scent is reminiscent of freshly fallen rain: vaporous, mild, and wispy. Enriched with mineral-derived ingredients: Magnesium and Sodium Bicarbonate. Free of aluminum, propylene glycol, parabens & phthalates; no artificial fragrance. Non-greasy, non-sticky feel. Easily absorbed; application requires only a small amount. A very nice natural deodorant. Ingredients: Maranta Arundinacea (arrowroot) Powder, Sodium Bicarbonate (baking soda), Cocos Nucifera (coconut) Oil, Butyrospermum Parkii (shea butter), Caprylic/Capric Triglyceride (fractionated coconut oil), Euphorbia Cerifera (candelilla) Wax, Natural Fragrance, Simmondsia Chinensis (jojoba) Seed Oil, Magnesium Hydroxide, Carbo Activatus (activated charcoal), Tocopherol (vitamin E; sunflower-derived)

SCH6213+T (2.65 oz.) $12.80

Long-Lasting Deodorant TOP SELLER

NOW® Solutions long-lasting deodorant is scientifically formulated, using the odor-fighting properties of zinc oxide. It offers amazing protection that you can count on to feel fresh throughout the day. This product is free of harmful forms of aluminum, talc, parabens, sulfates, mineral oil, petrolatum, propylene glycol, silicones, artificial colors and fragrances.

NO8069+T "Rose+Ylang" (2.2 oz.) $8.70
NO8067+T "Lavender"(2.2 oz.) $8.70
NO8074+T "Cedarwood+Cypress" (2.2 oz.) $8.70

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Deodorant Stick

Freshen up and smell great with this natural aluminum free deodorant. It is great for inhibiting the growth of bacteria that makes sweat smell. Choose you preferred scent below.

AM651+T Lavender (2 oz.) **$9.95**
AM653+T Lemon Grass (2 oz.) **$9.95**

Tea Tree Oil Deodorant Stick

Enjoy the carefree feeling of all day odor protection you can rely on. Our clinically tested formula of Zinc Ricinoleate, Corn Starch and Baking Soda neutralizes odor, while Tea Tree Oil and Grapefruit Seed Extract, known for their antimicrobial properties, help fight odor-causing bacteria.

J00011+T (2.5 oz.) **$7.75**

Crystal Mineral Deodorant Roll-On TOP SELLER

This mineral active liquid roll-on prevents body odor by creating an invisible, protective barrier to block odor before it starts. - Prevents odor safely for up to 24 hours - No residue, no staining, no white marks - Won't leave skin feeling sticky or oily - Made without Aluminum Chloride/Chlorohydrate/Zirconium, Parabens, and Artificial Fragrance. This Crystal-infused combination of calming scents rolls on lightly. The power of natural mineral salts naturally eliminate odors all day long. Choose your favorite scent!

CD0020+T Unscented (2.25 oz.) **$5.25**
CD0022+T Lavender/White Tea (2.25 oz.) **$5.25**
CD0023+T Vanilla Jasmine (2.25 oz.) **$5.25**
CD0024+T Pomegranate (2.25 oz.) **$5.25**
CD0025+T Chamomile/Green Tea (2.25 oz.) **$5.25**

"Amaze" Roll on Fragrance NEW

Amaze Nature's Fragrances offer wonderful scents that last all day! It only takes a small amount of fragrance to smell great!

*Pacific Scent (men & women scent): Lemon, Lavender, Fig, Cypress, Patchouli & Amber. *Strength Scent (men & women scent): Cinnamon, Cumin, Tobacco Blossom, Amber, Tonka Bean & Cacao Blossom.

*Peace Scent (women scent): Tulip, Jasmine, Rose, Lavender, Vetiver, & Cedar.

*Beauty Scent (women scent): Orange Blossom, Rose, Ylang-Ylang, Cedar, Balsam Fir & Labdanum.

AZ1010+T Men + Women Scent "Pacific" (10 ml) **$35.90**
AZ1012+T Men + Women Scent "Strength" (10 ml) **$35.90**
AZ1015+T Women Scent "Peace" (10 ml) **$35.90**
AZ1017+T Women Scent "Beauty" (10 ml) **$35.90**

Set The Tone Mist Toner

Take a walk in the rose garden! Our rose spritzer not only smells heavenly, it will give your skin a boost as well, thanks to the hydrating qualities of organic Aloe Vera and Rose Flower Water, combined with soothing shots of Honeysuckle supercritical CO2 extract and brightening Rose Oil. Presented in a gorgeous 100ml glass bottle, this is the perfect face toner for anyone on the lookout for great skin and a natural perfume. Combine the 'Vitamin Sea Serum',& 'Daily Rituals Moisturizer', 'Clean Slate Cleanser' and 'Hydrating Rose Mist Toner' for glowing benefits.

OS0006+T (3.4 fl. oz.) **$21.60**

Natural Deodorant Sprays

Helps neutralize odor and keep you fresh with all day odor protection. No visible residue or white marks. Ozone-friendly nitrogen propellant. Available in 3 scents!

SCH8929+T Lavender & Sage (3.2 fl. oz) **$12.55**
SCH8936+T Clean Powder (3.2 fl. oz.) **$12.55**
SCH8950+T Rose & Vanilla (3.2 fl. oz.) **$12.55**

Dry Body Oil TOP SELLER

Deep Steep's featherweight Dry Body Oil moisturizes and nourishes to leave skin with a healthy radiant glow. This lightweight body oil pampers your skin as a sheer moisturizer that instantly vanishes and absorbs quickly, providing essential hydration leaving skin feeling soft and silky. No dreaded greasy feeling. Can be used alone or layered under our lotions and butters. Great to help improve the appearance of scars, stretch marks, and skin imperfections. Available in a convenient mister for easy application.

DE9100+T Lavender Chamomile (2 fl. oz.) **$9.60**
DE9130+T Grapefruit Bergamot (2 fl. oz.) **$9.60**
DE9150+T Vanilla Coconut (2 fl. oz.) **$9.60**
DE9160+T Rosewater Aloe (2 fl. oz.) **$9.60**

Eucalyptus Mist

Pure Eucalyptus Essential Oil and Brazilian Sugar Cane Alcohol. Point and spray over body and room. Breathe in the refreshing eucalyptus essential oil.

DE9200+T (2 fl. oz.) **$11.50**

Crystal Mineral Deodorant Spray

Crystal™ Mineral-Enriched Deodorant Spray rapidly dries to provide an invisible, protective barrier that blocks odor before it starts. This effective deodorant is non-sticky, non-staining, leaves no white residue, and prevents odor for up to 24 hours. Vegan, cruelty-free, and made for everybody, just spray and go!

CD1020+T Unscented (4 fl. oz.) **$4.95**
CD1022 Lavender (4 fl. oz.) **$4.50**

Thai Deodorant Spray TOP SELLER

The problem with mainstream deodorants today? They smell good and stop us from sweating. Simply put, they are unnatural. They clog our pores with harmful, aluminum-based chemicals the average person cannot pronounce. This deodorant is made to work naturally with your body. A nice natural deodorant!

DSA6597+T (8 fl. oz.) **$6.30**

Nutri-Shave Natural Shave Gel TOP SELLER

This is a great shave cream for men or women. Excellent for everyday use by men looking for a nice, comfortable, natural shave.

Solution: Nutri-Shave™ is a unique skin care product specially formulated to reduce irritation and the occurrence of ingrown hairs that shaving can cause, leaving skin smooth, healthy and well nourished. We've combined the soothing and protective properties of Allantoin with the anti-aging and moisture-retentive properties of Hyaluronic Acid to create a truly effective shave. Nutri-Shave™ also contains synergistic natural ingredients such as Coconut Oil, Panthenol, Aloe Vera, and Olive Oil for a smooth and invigorating shaving experience. It's formulated for women and men to provide a close shave that comforts your skin. A great natural shaving cream!

NO8204+T (8 oz.) **$8.90**

Task Force Nine Calming Cream

Infused with 9 hydrating and calming natural ingredients, this multitasking treatment cream is the perfect addition to your bathroom cupboard or travel bag. Formulated to help care for a variety of skin conditions - from dry, tired skin to minor breakouts - it contains moisturizing and antioxidant properties that your skin will love, especially when it needs a little TLC. Combine with 'Clean Slate Cleanser' for full clear-skin benefits. Can be used as an after shave cream for both male and female.

OS0004+T (2.0 fl. oz.) **$21.60**

Hair Treatments, Sprays & Gels

Styling Spray Aloe Based TOP SELLER

This Styling Spray is a product people know, love and always demand. Formerly "Aloe 80 Styling Spray". They have used the same great formula that made it so popular, with some natural ingredient tweaks to make it even better. They've also given it a whole new, beautified look.

LD0052+T (8 fl oz.) **$9.35**

Extra Volumizing Biotin Hair Spray TOP SELLER

This weightless body-building formula delivers lift and support with long-lasting, flexible hold. Hair-strengthening Biotin, Panthenol and Green Tea help support healthy hair growth, restoring full-bodied thickness to thinning, weak hair. Nourishing Vitamins A, B5 and H and styling polymers give a touchably soft, long-lasting hold. Ingredients; Aqua (Water), Hamamelis Virginiana (Witch Hazel) Water, Alcohol, Methacryloyl Ethyl Betaine/ Acrylates Copolymer, Carbomer, Panthenol, Calendula Officinalis Flower Extract (1), Camellia Sinensis Leaf Extract (1), Equisetum Arvense Extract (1), Linum Usitatissimum (Linseed) Seed Extract (1), Scutellaria Galericulata Extract (1), Hydrolyzed Wheat Protein, Glycerin, Potassium Hydroxide, Phenoxyethanol, Potassium Sorbate, Sodium Benzoate, Limonene, Fragrance (Parfum)

J33464+T (8 fl. oz.) **$14.75**

Hydra Aloe

Hydrate dry, itchy skin naturally with Hyrda Aloe. A light refreshing cucumber scent. Aloe Vera helps moisturize and repair skin while balancing PH. Holds moisture longer, adding skin flexibility. Works great as a hairspray as well!

MH2020+T Spray (4 fl. oz.) **$9.50**

Wild Mint Styling Spray

An excellent alternative to chemical-laden styling products, Wild Mint Styling Spray provides body, shine, and manageability to all hair types. Used on wet hair, it delivers optimum style control and a vibrant shine. On dry hair, you will enjoy a natural, long-lasting hold.

OE2050+T (8 fl. oz.) **$13.75**

Straightening Elixir Hair Gel

Smooth the curls, relax the waves, control the unruliest hair This lightweight crystal clear gel adds silky shine while repelling humidity Smoothes and soothes hair for the ultimate sleek style Straightens hair temporarily until your next shampoo Botanicals protect hair from heat styling

GV0036+T (6.8 oz.) **$10.70**

BF&C Hair & Scalp Massage Oil

Dr. Christopher's scalp formula is derived from natural flowers in combination with his famous BF&C herbal extract to create the finest nourishing aromatherapy use available. Use with Dr. Christopher's Pure Botanical Formula with BF&C Shampoo & Conditioner. Directions, Shake well before opening. Cleanse the scalp with BF&C Shampoo. Rinse & dry hair. Apply Hair & Scalp Formula to the scalp & rub in thoroughly (a tingling sensation on the scalp is to be expected). Leave formula on for at least 15 minutes or longer. Can be left on overnight if desired but wearing a shower cap is recommended. Reapply the BF&C Shampoo to cleanse again & prepare the hair for the BF&C Conditioner. Avoid getting into the eyes. Rinse immediately with water.

DC31811+T (4 fl. oz.) **$18.20**

ScalpClenz Regenerative Hair & Scalp Oil

ScalpClenz Rubbing Oil is a powerful way to optimize the health of the scalp, including the all important hair follicles and sebacceous glands. Powered by oil of black seed, cold pressed sesame oil, and oils of nettles along with oil of wild oregano, rosemary, sage, fennel, and lavender, it is potent and invigorating. What a powerful combination it is, ideal for supporting the health of the hair shafts, while stimulating the growth of new hair.

It is also ideal for dry and troubled hair and scalp. Rubbing oil can be applied by the drop to a selected area or to the entire scalp and combed through the hair. When applied liberally, it is desirable and more beneficial to leave it on overnight. Cover with a shower cap or towel to keep your pillow clean. Shampoo in the morning with ScalpClenz shampoo and use the conditioner for further hair and scalp care. Let some of the conditioner remain in the hair as it helps with balding and scalp issues.

NH5002+T (2 oz.) **$30.95**

Lice Prevention Ladibugs Shampoo

Ladibugs Shampoo is made with the highest quality ingredients. The result is a sulfate-free shampoo with conditioning properties that is great for daily use and for warding off head lice. Ladibugs Shampoo is made with essential oils that lice find offensive. High quality ingredients allow Ladibugs Shampoo to clean the hair without leaving it oily. Ladibugs Shampoo is perfect for children and adults who have a sensitive scalp.

LB5001+T (8 fl. oz.) **$12.70**

Lice Elimination Kit w/comb

Eliminate lice in 3 easy steps!

Step 1: Ladibugs Mint serum is a pesticide-free product for head lice elimination. Shake well and apply to dry hair. Let sit in hair for 15 minutes. Wash out Mint Serum.

Step 2: Ladibugs Mousse is a pesticide-free product for nit and egg elimination. Apply to damp hair. Let sit for 5 minutes. Reapply Mousse and wait an additional 5 minutes.

Step 3: Patent-Pending Ladibugs Lice Comb is for the removal of lice and nit debris. After using Ladibugs Mint Serum and Mousse, comb through hair thoroughly.

Safe for the entire family!

LB5186+T (1 Kit) **$39.40**

Lice Elimination Ladibugs Mint Serum

Ladibugs Mint serum is a pesticide-free product for head lice elimination. Shake well and apply to dry hair. Let sit in hair for 15 minutes. Wash out Mint Serum.

LB5223+T (4 fl. oz.) **$19.00**

Lice Elimination Ladibugs Mousse

Ladibugs Mousse Is a pesticide-free product for nit and egg elimination. Apply to damp hair. Let sit for 5 minutes. Reapply Mousse and wait an additional 5 minutes

LB5247+T (4 fl. oz.) **$17.25**

DID YOU KNOW ?

Horsetail strengthens bones, fingernails, and skin, it can also be a wonderful solution for sinus congestion and frequent colds. You can take it as a tea, tincture and capsules.

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Shampoo & Conditioner

BF&C Shampoo TOP SELLER

This shampoo is derived from natural flowers in combination with his famous BF&C herbal extract to create one of the finest nourishing aromatherapy shampoo available. If you are looking for a safe shampoo this is the one! No harsh parabens, SLS etc.

DC31815+T Shampoo (8 fl. oz.) **$16.70**
DC31814+T Conditioner (8 oz.) **$16.70**

ScalpClenz Regenerative Shampoo TOP SELLER

ScalpClenz provides the natural power of Oreganol P73 plus multiple spice oil complex in an organic hair treatment base. Used for dandruff and to promote healthy hair growth. This proprietary formula moisturizes and supports healthy hair and scalp. The spice oil complex protects against damage from hairstyling products, the sun, and environmental toxins. Supports and strengthens hair and hair roots. Directions: Vigorously rub into the scalp and hair. Allow time for multispice oils to absorb into scalp. No harmful ingredients! A truly clean product.

NH5000+T Shampoo (8 oz.) **$15.50**
NH5001+T Conditioner (8 oz.) **$15.50**

ScalpClenz Shampoo w/Black Seed Oil

ScalpClenz Black Seed Oil-Enhanced Shampoo is free of all synthetics and chemicals, use this exceptional formula to support the health of your hair and scalp, including for all scalp conditions and also hair root support. Oil of black seed has long been used to vitalize the health of the hair and scalp.

NH5006+T Shampoo (8 oz.) **$18.50**
NH5007+T Conditioner (8 oz.) **$18.50**

Berry Full Shampoo TOP SELLER

For fine, lifeless hair in need of volume, body and shine. Berry Full™ Shampoo combines Biotin, Panthenol, Rosemary and Algae Extract to boost volume, add body and generate a beautiful shine. It cleans fine hair and delivers nutrients to stimulate the scalp, creating a fuller, more beautiful head of hair. Berry Full™ Shampoo is formulated with a unique herbal blend to protect, repair and naturally nourish your hair and scalp. Volume Boost for Fine Hair, SLS & Paraben Free, pH Balanced.

NO8214+T Shampoo (16 fl. oz.) **$7.85**
NO8216+T Conditioner (16 oz.) **$7.85**

MSM Shampoo

Our gentle, effective MSM Shampoo is made with premium botanical extracts, nutrients and essential oils. This natural, herbal blend shampoo works well for all hair types: Gently cleanses and leaves hair feeling softer, healthier and more manageable. Fortifies hair, restores vitality and mends split ends. Contains MSM (methylsulfonylmethane), a rich concentration of organic biological sulfur, which builds collagen to strengthen hair and restore elasticity. It is ideal for use as a body wash as well and NO sulfates, parabens, alcohol or chemicals.

DRU9010+T Shampoo (8 fl. oz.) **$12.45**
DRU9012+T Shampoo (16 fl. oz.) **$19.15**
DRU9020+T Conditioner (16 fl. oz.) **$19.15**

Shampoo "Hint of Mint" TOP SELLER

An enriching and conditioning shampoo for all hair types that is made from natural raw ingredients and does not contain any detergent like sls etc. Bring back the feel, shine and bounce you will love along with a refreshing scent coming from essential oils of mint, melaleuca, lavender and eucalyptus.

MN2055+T (8 fl. oz.) **$6.50**

Wild Mint Shampoo TOP SELLER

Sulfate-free, this customer favorite provides luxurious hair care, free of the harsh chemicals found in most shampoos. It's rich in certified organic herbs and oils, beneficial botanicals, and vitamins known to support healthy, full-bodied hair while helping to reduce hair loss. This gentle, nourishing formula helps maintain a healthy scalp and pH balance. It's ideal for all hair types, is color-safe, and perfect for the whole family.

OE2060+T Shampoo (16 fl. oz.) **$13.75**
OE2063+T Conditioner (16 fl. oz.) **$13.75**

Simply Unscented Shampoo

A sulfate-free, unscented, shampoo for the whole family, free of the harsh chemicals found in most shampoos. Rich in moisturizing oils and organic ingredients for soft, shiny, and full-bodied hair. Specially formulated for those who prefer an unscented shampoo. This luxurious, naturally foaming shampoo is rich in organic and natural botanicals and is fortified with moisturizing oils. The ingredients in this simple, gentle formula work synergistically to maintain a healthy scalp and pH balance. Ideal for all hair types. Color safe.

OE2065+T Shampoo (16 fl. oz.) **$13.75**
OE2068+T Conditioner (16 fl. oz.) **$13.75**

Hair Loss Shampoo TOP SELLER

Hair is often subject to harsh chemical treatments, exposure to sun and heat, and environmental stress and pollutants. This makes it difficult to manage and causes it to become dull, frizzy, and brittle. Our Hair Loss shampoo is infused with horsetail, peppermint, and tea tree oil which nourish, rejuvenate, condition, rehydrate and promote hair growth. Use it for balding, hair loss, and alopecia.

TY2725+T (8 fl. oz.) **$15.50**

Hair Loss Conditioner

Our Hair Loss Conditioner is infused with horsetail, peppermint, and tea tree oil which nourish, rejuvenate, condition, rehydrate and promote hair growth. Use it for balding, hair loss, and alopecia. It can be used as a pre-conditioning treatment, overnight conditioner, and hair sculptor.

TY2726+T (8 oz.) **$17.60**

Extra Volumizing Biotin Shampoo TOP SELLER

This rich lathering, body-building shampoo uses botanical surfactants to thoroughly purify the scalp and cleanse the hair of dirt and oil. Hair-strengthening Biotin and Panthenol wrap around the entire hair shaft to boost volume and increase hair cortex elasticity for less breakage. Plant proteins add luster and bounce. Ingredients: Aqua (Water), Aloe Barbadensis Leaf Juice(1), Cocamidopropyl Hydroxysultaine, Sodium Cocoyl Isethionate, Glycerin, Sodium Laurylglucosides Hydroxypropylsulfonate, Mentha Arvenis Leaf Oil, Acer Saccharum (Sugar Maple) Extract, Ascophyllum Nodosum Extract, Chamomilla Recutita (Matricaria) Flower Extract, Chenopodium Quinoa Seed(1), Citrus Aurantium Dulcis (Orange) Fruit Extract, Citrus Limon (Lemon) Fruit Extract, Equisetum Arvense Leaf Extract(1), Saccharum Officinarum (Sugar Cane) Extract, Salvia Officinalis (Sage) Leaf Extract, Vaccinium Myrtillus Fruit Extract, Biotin, Alcohol(1), Benzyl Acetate, Camphor, Citric Acid, Guar Hydroxypropyltrimonium Chloride, Lactic Acid, Lauryl Glucoside, Menthol, Panthenol, Phenethyl Alcohol, Phytantriol, Salicylic Acid, Sodium Chloride, Stearyl Citrate, Terpineol, Triethyl Citrate, Benzoic Acid , Benzyl Alcohol, Potassium Sorbate, Sodium Benzoate, Cinnamal, Cinnamyl Alcohol, Eugenol, Limonene, Linalool.

J00042+T Shampoo (8 fl. oz.) **$11.90**
J00044+T Conditioner (8 fl. oz.) **$11.90**

Coconut Oil High Shine Shampoo TOP SELLER

Instant Repair! High Shine Coconut Oil Infused for Intense Nutrition and Sublime Softness. Our High-Shine shampoo infuses dull hair with a blend of Coconut Oil and Vegetable Proteins. The ultra-nourishing formula restores and repairs, providing the ultimate boost of nutrition and softness. Ideal for dry, coarse, flyaway hair. Organic Coconut and Argan oils provide luster, shine, and softness.

DE7052+T Shampoo (17 fl. oz.) **$15.95**
DE7053+T Conditioner (17 fl. oz.) **$15.95**

Argan Oil Hydrating-Smoothing Shampoo

Formulated with Argan and Marula Oils. Gently cleanses and texturally transforms dry hair leaving it noticeably smooth and touchably soft. Organic Moroccan Argan Oil provides radiant, silky smooth hair appearance. Gentle Plant based cleanser won't strip hair. Goodbye dry brittle hair.

DE7050+T Shampoo (17 fl. oz.) **$15.95**
DE7051+T Conditioner (17 fl. oz.) **$15.95**

Gentle Clarifying Shampoo TOP SELLER

Infused with Tea Tree, Hibiscus, and Rosemary. This detox cocktail breaks down everyday buildup, locking in moisture, leaving your hair rejuvenated and refreshed. For all hair types and textures. Removes product build up, excess oil, and pollution residue. Our exclusive rosemary mint essential oil fragrance leaves the hair and scalp invigorating.

DE7090+T Shampoo (17 fl. oz.) **$15.95**
DE7092+T Conditioner (17 fl. oz.) **$15.95**

Curl Defining Shampoo

Enriched with Aloe and Eucalyptus to stimulate hair follicles and improve hair health. Tames frizz and enhances elasticity for optimal curl definition. Activate bounce and shine with Pro Vitamin B5. Organic Shea nourishing and rehydrates. Organic Sage Extract improves overall hair health. Invigorating Eucalyptus and Mint enlivens hair and scalp.

DE7080+T Shampoo (17 fl. oz.) **$15.95**
DE7082+T Conditioner (17 fl. oz.) **$15.95**

Weightless Moisture Shampoo

The Ultra-rich lather of our Weightless Moisture Shampoo gently replenishes dry, brittle hair. Moroccan Argan Oil and Virgin Olive Oil infuse each strand with moisture to hydrate without weighing hair down. Plant-based cleansers provide gentle but thorough cleansing. Organic Argan and Olive oils for deep hydration. Organic Juniper and Raspberry conditions hair and promotes a healthy scalp.

DE7072+T Shampoo (17 fl. oz.) **$15.95**
DE7074+T Conditioner (17 fl. oz.) **$15.95**

Nourishing Volume Shampoo

Full Body Nourishing Volume! Strengthens and Fortifies with Visible Lift from Root to Tip. Gently cleanses while amplifying lift and volume. Amino acids and Vegetable-based extracts help strengthen the hair cuticle while coating each strand for noticeably thicker, full-bodied hair.

DE7060+T Shampoo (17 fl. oz.) **$15.95**
DE7064+T Conditioner (17 fl. oz.) **$15.95**

Smooth Shine AC Vinegar Shampoo

Revitalize and restore dull, tired hair with Avalon Organics Smooth Shine Apple Cider Vinegar Shampoo. Made with plant-sourced botanicals and essential oils, this certified organic formula gently cleanses and clarifies overworked hair without stripping natural moisture. Raw apple cider vinegar, nettle extract, argan oil and babussa oil work together to restore hair to its natural pH balance, leaving it feeling renewed and silky smooth. This EWG VERIFIED shampoo is made with non-GMO ingredients and no parabens, harsh preservatives, synthetic colors or fragrances, or phthalates.

AO2060+T (11 oz.) **$12.90**

Coco Mango Moisture-Rich Shampoo

Coco Mango Moisture-Rich Shampoo naturally cleanses your scalp while helping to restore balance and shine to your hair. Nature's Pearl® Muscadine 20 Antioxidant Skin and Personal Care are made from over 100 naturally occurring phenol compounds that provide you with unparalleled proprietary cosmeceutical skin and body products. They're made with certified organic and wildcrafted ingredients that are perfect for all skin types. Coco Mango Rich Shampoo is Certified ToxicFree®. A nice shampoo for dry scalp.

NP009+T Shampoo (8 fl. oz.) **$33.85**

Soap

BATH & BODY WASH

Dr. Woods Shea Soap TOP SELLER

A great choice for the whole family! The "Unscented Black" and the "Original Black" soap are excellent choice for men while the Lavender is nice for women. This nice all natural soap is for everyday use as a body wash, shampoo, facial cleanser, and shaving lather. These wonderful soaps contain Shea Butter, nature's hidden secret for beautiful skin. Shea Butter is an ultra moisturizer that penetrates and revitalizes skin. Shea Butter naturally contains vitamins A and E, essential elements that give skin the balance it needs for improved elasticity and to combat dryness.

DW4501+T Unscented Black (32 fl.oz.) **$13.95**
DW4500+T Original Black (32 fl. oz.) **$14.10**
DW4622+T Lavender (32 fl. oz.) **$13.95**
DW4628+T Peppermint (32 fl. oz.) **$13.95**
DW4710+T Tea Tree (32 fl. oz.) **$13.95**
DW4720+T Almond (32 fl. oz.) **$13.95**

Body Wash TOP SELLER

Dive into this lush and intoxicating body cleanser. This gentle wash foams to a sumptuous lather that's soft on skin, with no harsh chemicals or artificial perfumes. Just plant extracts with antioxidants and several yummy scents to choose from. A very nice body wash!

DE7001+T Lavender Chamomile (17 fl. oz.) **$14.95**
DE7003+T Lavender Vanilla (17 fl. oz.) **$14.95**
DE7005+T Lilac Blossom (17 fl. oz.) **$14.95**
DE7010+T Lemon Cream (17 fl. oz.) **$14.95**
DE7015+T Vanilla Coconut (17 fl. oz.) **$14.95**
DE7022+T Pure Coconut (17 fl. oz.) **$14.95**
DE7025+T Rosemary Mint (17.fl. oz.) **$14.95**
DE7027+T Honey Blossom (17 fl. oz.) **$14.95**
DE7030+T Passion Fruit/Guava (17 fl. oz.) **$14.95**

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Spearmint Body Wash

A sulfate-free, natural soap alternative with energizing botanicals and soothing oils for silky-smooth skin. Wholesome light lather, pH balanced formula free of the harsh ingredients. Natural walnut husks gently exfoliate and invigorate with a hint of Wild Spearmint.

OE2075+T (16 fl. oz.) **$13.75**

Psoriasis Eczema Body Wash/Shampoo

Topical Body wash or shampoo with a blend of key ingredients to help provide relief from chronic skin conditions such as eczema, psoriasis, and dermatitis by reducing dryness, redness, and itching.

TY2730+T (8 fl. oz.) **$15.30**

Tea Tree Body Wash/Shampoo

Fungus, yeast, or candida can be very irritating, especially in the summer. Our therapeutic body wash + shampoo is made with key ingredients tea tree, pau d' arco, lemon to help provide relief from itchy or irritated skin.

TY2735+T (8 fl. oz.) **$15.25**

Body Wash "Jason"

This wash cleanses with botanical surfactants and nourishes with Vitamin E and Pro-Vitamin B5. Our blend of invigorating (Rosewater or Lavender) and soothing Calendula Extract keeps your body refreshed, smooth and uplifted. Ingredients: Aqua (Water),Cocamidopropyl Betaine, Sodium Lauryl Sulfoacetate, Aloe Barbadensis Leaf Juice (1), Calendula Officinalis Flower Extract (1), Chamomilla Recutita, (Matricaria) Flower Extract (1), Rosa Centifolia Flower Extract, Helianthus Annuus, Sunflower) Seed Oil (1), Prunus Armeniaca (Apricot) Kernel Oil, Allantoin, Citric Acid, Glycerin, Lauryl Glucoside, Panthenol, Sodium Chloride, Sodium PCA, Sodium Sulfate, Stearyl Citrate, Tocopheryl Acetate, Alcohol (1), Benzyl Alcohol, Potassium Sorbate, Sodium Benzoate,Benzyl Benzoate, Benzyl Salicylate, Butylphenyl Methylpropional, Cinnamyl Alcohol, citronellol, Hexyl Cinnamal, Limonene Fragrance (Parfum)

J02113+T Lavender (30 fl. oz.) **$14.40**
J02114+T Rosewater (30 fl. oz.) **$14.40**

Dr. Woods Baby Mild TOP SELLER

Pamper even the most sensitive skin with Baby Mild Castile Soap; naturally hypoallergenic, fragrance-free and specially formulated to be gentle enough for a baby's precious skin. Olive Oil, Vitamin E and Botanical Extracts nourish, moisturize and condition sensitive skin. Formulated with a naturally healthy coconut and olive oil base, this Castile soap produces incredibly rich lather that allows for a deep, refreshing clean and effortless rinsing. These ingredients are gentle enough for all skin types and beautifully balanced for face, body and hair. Ingredients; Purified Water (Aqua), Saponified Coconut and Olive Oils (with retained Glycerin), Hemp Oil, Tocopherol (Vitamin E), Sea Salt, Citric Acid, Rosemary (Rosemarinus Officinalis) Extract.

DW5071+T Unscented (16 fl. oz.) **$9.25**

Gentle Baby Shampoo & Wash

Formulated with a blend of nutrient-rich, high-quality, plant-based ingredients, our gentle baby shampoo and body wash helps to thoroughly cleanse your baby without any harsh or drying ingredients. Gently cleanses with the soothing properties of calendula and chamomile extracts so nothing is left but soft, clean skin and hair.

NO8233+T Fragrance Free (8 fl. oz.) **$9.55**
NO8236+T Lavender (8 fl. oz.) **$9.55**

Sweet Orange Baby Wash TOP SELLER

Ready to make bath time even sweeter? Gentle castile-based Sweet Orange Baby Wash is vanilla, sweet orange and calendula liquid soap for snuggly li'l newborns, pregnant mamas — and everybody in between. Dermatologist tested and clinically tested for irritation, it's effective and mild for delicate baby skin and hair, and chosen by hospital NICUs. And NO artificial fragrance, triclosan, phthalates, parabens or sulfates. Made with organic herbs and oils and no secrets, no surprises. CAREFUL AROUND THE EYES! Castile-based soap is not "no-tear" - please use extra care and only with the self-foaming bottle.

EM6621+T (5.3 fl. oz.) **$7.95**

Calming Lavender Baby Wash TOP SELLER

Bedtime routines are a real life saver — especially with a peaceful scent in the mix. Calming Lavender Baby Wash is a castile-based lavender, vanilla and calendula liquid soap made for snuggly li'l newborns, pregnant mamas — and everybody in between. Dermatologist tested and clinically tested for irritation, it's effective and mild for delicate baby skin and hair, and chosen by hospital NICUs. And NO artificial fragrance, triclosan, phthalates, parabens or sulfates. Made with organic herbs and oils and no secrets, no surprises.

EM8152+T (5.3 fl. oz.) **$8.45**

Bubble Bath TOP SELLER

Say Ahhh... Bring the spa to your home with Deep Steep luxurious Bubble Bath. As you sink into our soft fragrant bubbles, you'll indulge in an age-old ritual designed to rejuvenate your skin and senses. Deep Steep's premium quality bubble baths can help you relax and unwind after a busy day or as part of your regular home-spa ritual. Enriched with natural essential oils and plant extracts, these beautifully fragranced bubble baths will enliven your senses as you drift off to a place of comfort. Formulated for the health-conscious shopper, Deep Steep Bubble Baths can be enjoyed by all ages and skin-types.

DE5001+T Lavender Chamomile (17 oz.) **$15.95**
DE5002+T Passion Fruit Guava (17 oz.) **$15.95**
DE5005+T Lilac Blossom (17 oz.) **$15.95**
DE5008 Coconut Lime (17 oz.) **$15.95**
DE5010 Grapefruit Bergamot (17 oz.) **$15.95**
DE5012 Rosemary Mint (17 oz.) **$15.95**
DE5014 Fig Apricot (17 oz.) **$15.95**

Olbas Herbal Bath

Olbas Herbal Bath is a delightful, therapeutic and fragrant bath liquid from Switzerland. It soothes and relaxes aching bodies as it tingles and invigorates all the body's senses. Marvelous after a hard day of work, sports or everyday tension. You can use it in your favorite bathtub. Or, for lots of bubbles - try it in a whirlpool bath! A little bit goes a long way. Use it in the shower as a liquid soap - makes an excellent body wash that will stimulate all your senses and leave you feeling clean and refreshed. Excellent as a footbath for tired, aching feet.

OL50320+T (8 fl. oz.) **$16.60**

Bath Bomb TOP SELLER

Shade Mountain Natural's Bath Bombs will turn your bath into something extraordinary! Just plop one (or even a half of one) into your bath water and the bomb will fizz: releasing Sweet Almond oil to super moisturize your skin. Also packed full of Essential Oils to provide an Aromatherapy experience. Available in three great essential oil blends.

*Lavender Ylang Ylang: create a bath that will relax and calm you.
*StressLess: With a blend of Lavender, Lemongrass, Bergamot and Peppermint Essential Oils: who can be stressed?
*Cheerful: Citrus Essential Oils are blended to bring out your cheerful side! Citrus essential oils are associated with feelings of happiness and well being.

SM3010+T Less of Stress (1 Ct.) **$3.75**
SM3011+T Cheerful (1 Ct.) **$3.75**
SM3012+T Lavender (1 Ct.) **$3.75**

Sea Minerals, Mineral Bath

Feel relieved, relaxed, and refreshed with Sea Minerals Natural mineral Bath from the Dead Sea. Helps relieve tension and brings soothing comfort to muscles and joints. Extracted from the Dead Sea which nourishes, regenerates, and soothes the skin. It brings relaxation and refreshment. Beneficial in relieving arthritis and rheumatism pain.

SEM0014 (2 lb.) **$11.35**
SEM0015 (3 lb.) **$15.60**

Magnesium Flakes

These Pure Magnesium Chloride Flakes are an ideal natural bath additive for softening skin. Derived from the ancient Zechstein seabed in the Netherlands, one of the world's purest remaining subterranean mineral sources, our pure magnesium flakes have traditionally been used to improve skin hydration, and make a soothing addition to bath water and foot baths. One cup of flakes contains approximately 19 grams of elemental magnesium. Ingredient: Magnesium Chloride Hexahydrate Flakes.

NO7738 (3.35 lb.) **$19.15**

Epsom Salt

While filling the bath, add 1 cup of Bath Salts. Indulge yourself and soak for 20-30 minutes. Wash and rinse after soaking and feel renewed, refreshed and relaxed!

STL1337 (32 oz.) **$7.00**

Epsom Salt TOP SELLER

Ultra Epsom®, a great high quality Epsom salt. Epsom salt has been well known and prized for years as a versatile and economical at-home product with uses ranging from gardening to bathing to home cleaning and more. Epsom salt is a recognized natural source of magnesium and sulfur, two of life's vital elements and a mineral combination recognized for its therapeutic properties.

UE0491 (5 lb.) **$16.50**

Soap

BAR

Love Me Goats Milk Bar TOP SELLER

A wonderful blend of fruit, floral and earthy essential oils to create one of the most popular soaps with people of all ages. Blended with Shea butter and cocoa butter, this soap is very moisturizing and soothing to dry skin.

AM132+T (4 oz. bar) **$4.75**

Dirty Boy Soap Bar TOP SELLER

Want a better kind of clean? We have a soap that is ready for any kind of "Dirty Boy". Mechanics, gardeners, farmers, fishermen, factory workers, chefs all love the gentle cleansing power of this coffee rich pumice bar. Cleans the toughest dirt, grime, grease and more from the skin while leaving it feeling soft and smooth. It also does a great job as a laundry stain remover. Just wet the stain, rub a little soap onto it and scrub a little then wash like normal. Not recommended for the shower, use with a nail brush for nail bed, use a protective dish for delicate sinks.

AM125+T (4 oz. bar) **$4.75**

B'Saha Soap Bar

Indulge in one of our master soap edition bars made with Moroccan leaf tea, shea butter, coconut oil, palm oil, olive oil and richly scented with vanilla and orange cranberry essential oils.

AM117+T (4 oz.) **$7.50**

Bee-Utiful Bar TOP SELLER

A great soap for relief from eczema, psoriasis, acne and rosacia. Moisturizing and cleansing soap that makes your skin healthy and clean.

AM119+T (4 oz. bar) **$4.75**

Oatmeal Ultra-Moisturizing Bar

Great for winter skin, poison ivy, oak and sumac. This bar blends the best soothing properties of oatmeal with a special blend of Honey and Almond Essential Oil. Customers rave about the soothing exfoliation and relief from dry skin and poison ivy they get when using the Oatmeal Bar. Oatmeal provides many great benefits to the skin, starting with exfoliation, moisturizing, itch relief and more.

AM118+T (4 oz. bar) **$4.75**

Beach Nut Bar

Beach Nut soap is great for really dry skin, sunburned skin and those of us not blessed with much hair. I use this soap everyday to keep my skin clean and moisturized. Beach Nut is infused with Shea butter to help the skins natural balance and moisture.

AM124+T (4 oz. bar) **$4.75**

Sweet Cheeks "Baby Soap" Bar

A very sensitive and mild soap. We want the baby to have fresh, healthy skin that leads to a happy and very healthy baby. The soap is not only made with all organic oils it is full of antioxidants, vitamin-e and more. Ingredients are (Water, Organic Olive Oil, Organic Coconut Oil, Organic Castor Oil and essential oils.)

AM135+T (4 oz. bar) **$4.90**

Wood & Spice Soap Bar (Men's Bar)

Wood & Spice is a unique blend of pure essential oils to hydrate, moisturize, and sooth the skin. It can be used all over the body including as a shaving soap. Blended with pure essential oils of sweet orange, lavender, patchouli, peppermint, sweet basil, and roman chamomile.

TY2763+T (4 oz.) **$7.95**

Lemongrass Bar Soap

An old-fashioned lye soap with three 4oz. bars in a neat package. Heavy duty cleaning power with moisturizing properties to leave your skin looking and feeling refreshed! Made with natural raw ingredients and no chemical detergents. Designed to be a long lasting bar and priced for family use. Also works great as a shampoo. Scented with lemongrass essential oil. Obtain best results by lathering twice.

MN2040+T Package of 3 bars (12 oz.) **$11.60**
MN2041+T Carton of 12 bars (3 lb.) **$40.25**

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Birch Sassafras Soap Bar

Used to control Acne. Great guy scent. Birch has been known to be used for rheumatism and muscle pain since it eliminates accumulation of uric acid in the joints. Good for sore, tired muscles. Shade Mt. soaps are made using the best nature has to offer. Their customers have noted they no longer have to use as much moisturizer after using Shade Mt. soaps regularly. These. soaps are 100% natural, scented with Essential Oils and are larger size than normal: 6.75 to 7.75 oz. Shade Mt. uses no artificial colorants, only all natural ingredients are added to give their bars their beautiful and unique colors!

SM1015+T (6 oz. bar) **$8.99**

Deep Therapy Soap Bar

This Shade Mountain Soap is perfect for those struggling with dry, itchy skin. Perfect for bouts of poison. Contains Essential Oils of Lavender to heal; along with Tea Tree & Palmarosa to protect. To make it even better, they've added ground walnut shells to exfoliate.

SM1026+T (6 oz. bar) **$7.95**

Less of Stress Soap Bar

With a blend of Lavender, Lemongrass, Bergamot and Peppermint Essential Oils: who can be stressed? Beautiful bar with a fabulous scent!

SM1050+T (6 oz. bar) **$8.99**

Goat's Milk Charcoal Soap

A nice large 6-ounce charcoal soap bar made with Wildcrafted Bamboo Charcoal Powder. Created with organic and all natural ingredients for your squeakiest clean ever and yet oh so moisturizing and detoxifying for your skin.

ACC8220+T Unscented (6 oz. bar) **$9.25**

Collodial Silver Soap Bar

Washing with this handmade Colloidal Silver soap deeply cleans as it moisturizes with rich olive and coconut cleansers. Essential rosemary helps to balance an oily or uneven complexion. Cleanse impurities, refresh your skin, and experience all the benefits of colloidal silver with this luxurious bar.

HS7648+T Rosemary (3.5 oz.) **$9.45**

Ivy & Oak Soap Bar

Our powerful enriched bar soap with Jewelweed and Grindelia helps alleviate symptoms of poison ivy and oak. Ingredients: Saponified Coconut Oil, Palm Oil * Castor Oil, Safflower Oil, Glycerin (kosher, of vegetable origin), Purified Water, 5% Shea Butter Sorbitol (moisturizer), Sorbitan oleate (emulsifier), Soybean protein (conditioner). organic grindelia and jewelweed, essential oils of geranium, lavender, chamomile.

TY2760+T (4 oz.) **$7.95**

Soap

HAND & SANITIZERS

Foaming Hand Wash TOP SELLER

Deep Steep's foaming hand wash provides an instant burst of foam that gently cleanses hands while nourishing oils of Argan, Coconut and Shea Butter, leave your skin feeling soft, smooth, and delicately scented. Lather rinses cleanly and completely. No sticky residue, gentle enough for the most sensitive skin.

DE1020+T Lavender Chamomile (8 fl. oz.) **$7.95**
DE1021+T Lavender Chamomile Refill (16 fl. oz.) **$12.95**
DE1019+T Lavender Chamomile Refill (33 fl. oz.) **$21.95**
DE1024+T Passion Fruit Guava (8 fl. oz.) **$7.95**
DE1030+T Grapefruit Bergamot (8 fl. oz.) **$7.95**
DE1031+T Grapefruit Bergamot Refill (16 fl. oz.) **$12.95**
DE1032+T Grapefruit Bergamot Refill (33 fl. oz.) **$21.95**

Foaming Hand Soap TOP SELLER

This soap has a natural antibacterial affect and is a pleasure to use while having the peace of mind knowing it does not contain any sls or other chemical detergents.Experience the skin lubricating and softening benefits of the added cocoa butter. Scented with essential oils.

MN2020+T Mountain Breeze (8 fl. oz.) **$6.95**
MN2021+T Sparkling Grapefruit (8 fl. oz.) **$6.95**
MN2030+T Refill Mt. Breeze (32 fl. oz. **$16.60**
MN2031+T Refill Grapefruit (32 fl. oz.) **$16.60**

Clearly Natural Soap "Unscented" TOP SELLER

Your hands will be clean and soft with each use of Clearly Natural Liquid Hand Soaps. Not only do these soaps smell wonderful, they are non-drying, hypo-allergenic and rinse off easily. A great unscented version for those with extra-sensitive skin.

CN8824+T (32 fl. oz.) **$11.25**

Odor Removing Spray TOP SELLER

Instant odor removal is as simple as a few spritzes! Our odor-removing spray removes odors quickly, leaving you with nothing but fresh air. Use it on clothing, pet bedding, backpacks, sports gear, shoes, trash cans and more! Shake. Spray. Smile. For stronger odors a few more spritzes will do the trick. When you smell "fresh air," it's working. • Removes odors using only natural ingredients. No harsh chemicals or masking fragrances • Non-toxic • Spray in the air or on water-safe fabrics to remove odors immediately.

FW1323+T (8 fl. oz.) **$6.50**

OregaSpray Mulitpurpose Spray

OregaSpray is a completely natural, edible, multipurpose spray. Made with completely natural emulsified oil of wild oregano P73, oil of wild lavender, oil of wild bay leaf, and oil of clove, making it the ideal • vegetable wash • air cleanser • hand cleaner • toothbrush spray • food cleaner • environmental spray • odor neutralizer • kitchen and bathroom cleaner • pet deodorizer • insect repellant • body or foot deodorant • skin toner • nursery spray • public disinfectant • breath freshener. Always take OregaSpray with you.

NH9023+T (4 fl. oz.) **$24.70**

Hand Sanitizer Spray

We've included essential oils a simple 70% Isopropyl Alcohol and Hydrogen Peroxide solution. We've also added Aloe Vera and pH balanced the entire solution to make it as gentle on your skin as possible. You can guard your skin while hydrating and softening at the same time. Hand Sanitizer comes in a simple travel friendly, portable package.

NFE9000+T (2 fl. oz.) **$4.80**

Colloidial Silver Foaming Soap

Colloidal Silver Foaming Soap is made with 150ppm colloidal silver. Colloidal Silver has antibacterial, antifungal, and antiseptic properties and provides relief from chronic skin conditions such as eczema, psoriasis, acne, burn, and dermatitis by reducing dryness, redness, and itching.

TY2752+T (6 fl. oz.) **$14.40**

Soap

DISH, LAUNDRY & CLEANING

Stain Spray TOP SELLER

You can have it all — stain-free clothing and truly safe stain solutions! This natural stain-lifting spray is truly amazing and makes it easy to treat mishaps so a simple spill never ruins an outfit ever again. Powerful enzymes naturally break down and lift away stubborn stains. Unscented and gentle on sensitive skin, safe for everyone in the family. Safe for use on all washable fabrics and has an excellent performance on pet and baby stains!

MS7634+T Unscented (16 fl. oz.) **$14.95**

All Purpose Natural Cleaner

With this all-purpose cleaner, there's no need to choose between safety and a good clean. The plant-powered chemistry of this all-natural, biobased cleaner delivers on both! Perfect for use in the kitchen, bathrooms, patios, and anywhere else you need a powerful cleaner. Concentrated formula easily cleans up tough messes. Cuts through grease, oil, and soap scum. Perfect for cleaning dirty oven doors, microwaves, and refrigerators. Leaves no germs, dirt, grime, or chemical residue — only sparkling clean surfaces!

MS6631+T Lavender (16 fl. oz.) **$9.70**
MS6632+T Lemon Burst (16 fl. oz.) **$9.70**

Surface Cleaner

A all in one surface cleaner concentrate cleans everything, including glass, granite, marble, wood, stainless, tile, concrete, laminates. Great for stains and odors. P2 helps control mold, mildew and fungus. Formulated with 100% natural probiotics, biodegradable, non-toxic, non-flammable, non-allergenic, non-GMO, vegan, gluten free ingredients. Surface Cleaner cleans at microscopic level, going beyond conventional cleaners, to remove biofilm and protect surfaces against harmful, pathogenic bacteria. Ingredients: A Proprietary Blend of FDA GRAS Spore Probiotics, Enzymes, Water, Soluble Biosurfactant (microorganisms), Organic Spearmint.

EB1006+T (12 oz.) **$19.10**

Dish Soap TOP SELLER

This concentrated formula is made with plant-derived ingredients that are extra-gentle on your hard-working hands, while extra-tough on dirty dishes. Long-lasting, powerful formula. Easily cuts through grease and oil. Made with plant-powered ingredients that are gentle on your skin.

MS5617 Unscented (16 fl. oz.) **$8.95**
MS5618+T Lavender (16 fl. oz.) **$9.10**
MS5619+T Lemon Burst (16 fl. oz.) **$9.10**

Trial Kit

Are you new to Branch Basics? Want to give it a try? Our new Trial Kit is the perfect solution. It comes with an empty All-Purpose spray bottle and a Mini Concentrate, which has just enough concentrate to make one full bottle. Great for appliances, Carpet, Dishes, Granite, Grills, Highchairs and more!

BB1015+T (Kit) **$5.95**

The Concentrate

The Concentrate (33 oz.) is a powerful, multi-purpose cleaning solution used to make All-Purpose Cleaner, Streak-Free Cleaner, Bathroom Cleaner, and Foaming Wash (for hand and body) when diluted with water. It's also great for washing laundry! There are many more uses than those listed above. Ingredients: Purified Water, Coco Glucoside (Sugar-Based Cleanser), Organic Chamomilla Recutita (Chamomile) Flower Extract, Decyl Glucoside (Sugar-Based Cleanser), Sodium Citrate (Food-Grade Emulsifier), Lauryl Glucoside (Sugar-Based Cleanser), Sodium Bicarbonate (Food-Grade Baking Soda), Sodium Phytate (Plant-Based Antioxidant).

BB1021+T (33 oz.) **$63.95**

Multi Purpose Cleaner Concentrate

Concerned about harsh chemicals in your household cleaners? Use this natural alternative worry free. Strong enough to clean bathroom fixtures and baked-on oven splatters, but gentle enough to use (in an extra diluted form) on furniture. Concentrated - dilute with 32 or more gallons of water. Not for use on unpainted concrete.

MN2075+T Lemon Refresh (32 fl. oz.) **$13.25**

Washer Cleaning Additive

This is a revolutionary product that goes to the microscopic level to help remove the dangerous plaque that feeds and protects the mold, fungus, mildew, bacteria and viruses that can make you sick. When clothes are washed in warm water and dried on low, P2 Probiotics will remain in clothing for days. P2 Probiotics will continue to clean your washer, as well, even after you close the lid! P2 Washer Additive can be used with any detergent that does not contain bleach. Bleach will kill the probiotics. P2 Probiotics clean away so many difficult things: Clothes and towels filled with mildew from being forgotten in the washer or from not turning on the dryer (we've all been there!) Smoke-filled clothes and more. Ingredients: Water, Proprietary combinations of soil-based GRAS (Generally Recognized as Safe) probiotics, enzymes, organic spearmint, organic coconut surfactant.

EB1008+T (16 oz.) **$22.50**

Super Laundry Powder "Molly's Suds"

Super-powered with active enzymes and earth-derived ingredients, our Super Powder is designed to tackle your dirtiest laundry —all while remaining super-safe both for people and the planet. Enzymes easily strip away stains and odors. Active enzymes help reduce pilling on fabric and helps to whiten dingy whites and brighten fading colors. Highly-concentrated formula washes 60 loads of laundry.

MS3060+T Ocean Mist (60 oz.) **$22.45**
MS3072+T Unscented (60 oz.) **$22.45**

Laundry Powder "Mollys Suds" TOP SELLER

Comprised of only five earth-derived ingredients and formulated especially for sensitive skin, Molly's Suds Laundry Powder is safe and ideal for your clothes AND your family.

The super-concentrated powder is long-lasting and affordable, with just one tablespoon required per load. Smile and wash without the use of harsh chemicals, toxins, fillers, carcinogens, preservatives or GMO ingredients. Works great in all water temperatures and hard water, and is septic- and High Efficiency (HE) washer-safe. Makes approximately 120 loads.

MS3096+T Peppermint (4.16 lb.) **$23.50**
MS3150 Unscented (5.02 lb.) **$23.50**

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RLR Laundry Treatment

RLR Laundry Treatment preps your diapers overnight! When do I need RLR Laundry Treatment?

• Prep Brand New Diapers prior to first use.

• Smelly Diapers: Sometimes soaps and ammonia build up in diapers and cause them to be smelly. RLR Laundry Treatment can fix this.

• Diaper Rash: If diapers are not properly washed, bacteria can build up in the fabric and cause rashes. Remove these bacteria by soaking the diapers in RLR Laundry Treatment overnight.

See section"Laundry & Cleaning Soaps" for more laundry soaps.

TZ1058+T (1.35 oz.) **$2.70**

Oxygen Whitener TOP SELLER

Does hard water leave your whites dingy? Do you need a little something extra to make your whites pop?! Oxygen Whitener uses sodium percarbonate and other earth derived ingredients to aid in breaking down the hard water minerals to bring back your whites! It is color safe, but it is recommended you test a small spot to ensure fabric compatibility. Ways you can use the Whitener: Use it alone as a long soak. Add it to a carpet machine. Add it to your regular wash as a booster. Sprinkle in your toilets, let it sit and then give it a scrub! Our simple and safe formula can be used in high efficiency machines that have a soak cycle, in addition to regular washing machines – hot water is best. No ammonia. No fragrance oils. No bleach.

MS5603+T 120 loads (41.09 oz.) **$14.99**

Oxygen Boost

This product works excellent to remove stains from bathtubs, toilets, countertops, floors, clothing, and much more! Oxygen Boost whitens, brightens and fights stains while keeping you and your family safe from fragrances, binding agents, solvents, etc. Four pounds of Oxygen Boost will be enough for approximately 64 medium loads of laundry. The package comes with a plastic 1 oz (2 Tablespoons) scoop. No bleach. No ammonia. No dyes. No fragrances. Safe for septic tank.

BB1032+T (4 lb.) **$33.65**

Laundry Soap

This product may actually have the word "soap" on it's label as it contains natural and raw saponifed ingredients to create a real soap instead of using the usual detergent ingredients. Low foaming/ HE compatible, with natural fabric softening affects. Scented with essential oils. Have you ever wondered what chemicals you are wearing due to the detergents used to wash your clothing? This soap does not contain optical brighteners that put a film on clothing to brighten them, nor does it contain any of the other common undesirable ingredients found in most of the laundry detergents. Tip: Add borax to hard water for best performance.

A savings of $7.45 per gallon by purchasing in case units of 5 gallons!!! (Cases are shipped directly from the manufacturer and will be shipped separately from the rest of your order)

MN2080+T Mountain Breeze (1 gal.) **$35.55**

MN2083+T SAVE!! CASE (5 gal.) **$132.50**

Organic Laundry Soap Nuts

Soap Nuts are wonderful for washing cloth diapers, as well as the rest of your laundry. Unlike chemical detergents, Soap Nuts will not clog the fabric causing cloth diapers to lose their absorbency, and Soap Nuts will not cause diaper rash. In addition, Soap Nuts will clean and remove detergent residue from cloth diapers. Makes approximately 80 loads.

TZ1053+T (8 oz.) **$18.95**

Dirty Boy Soap Bar TOP SELLER

Want a better kind of clean? We have a soap that is ready for any kind of "Dirty Boy". Mechanics, gardeners, farmers, fishermen, factory workers, chefs all love the gentle cleansing power of this coffee rich pumice bar. Cleans the toughest dirt, grime, grease and more from the skin while leaving it feeling soft and smooth. It also does a great job as a laundry stain remover. Just wet the stain, rub a little soap onto it and scrub a little then wash like normal. Not recommended for the shower, use with a nail brush for nail bed, use a protective dish for delicate sinks.

AM125+T (4 oz. bar) **$4.75**

Wool Dryer Balls

Replace the need for toxic fabric softeners with Molly's Suds 100% hand felted Wool Dryer Balls, which last up to 1,000 loads, or three years, in the dryer, and reduce drying time by 15-30%.

Sourced from humanely sheared sheep, our Wool Dryer Balls are compostable and antimicrobial, naturally soften fabrics, and are great for all laundry, including towels, comforters, clothing, baby laundry, delicates and cloth diapers. Because the wool does not coat the fibers of fabrics with toxins like conventional fabric softeners do, it does not help to prevent static cling; however, try one of our handy tips below to combat the static. Safe for all dryers. Tips to remove static cling:

• Add 1/2 cup of distilled white vinegar to your rinse cycle, in place of fabric softener in the cup

• Add 2-3 extra large safety pins to old socks and keep them in the dryer – the metal helps break static bonds

• After about 3-5 minutes of dryer time, pull out fleece, sweat pants, and workout apparel to air dry, while continuing to dry the fabrics that do not create static. Almost 90% of the time, static is caused by fleece and other synthetic fibers, like rayon, microfiber, fleece, polyester and "blends".

Contains 3 dryer balls per pack.

MS4225+T 3 balls (1 pack) **$16.70**

INGREDIENTS/SUPPLIES TOCLEAN YOUR HOME NATURALLY

1. White vinegar
2. Baking soda
3. Hydrogen peroxide
4. Essential oils
5. Olive oil
6. Castile soap

Women & Child Care Items

Genial Day Pads TOP SELLER

Concerned about your health and safety, but still want to feel comfortable and fresh? GENIAL DAY Eco-certified pads were designed with YOU in mind - to help alleviate the common problems associated with PMS and vaginal infections. These awesome pads are healthy, safe, absorbent, comfortable and eco-friendly! The new anion strip technology with tourmaline allows for fragrance-free odor control which also eliminates toxic chemicals. GENIAL DAY eco-certified pads are also clinically tested for bio-compatibility, so they won't cause irritation. pH friendly to skin, toxin-free, fragrance-free, non-chlorine bleached. Super soft stay-dry cover sheet so you won't feel any discomfort. Yellow ANION Strip with Tourmaline for protection against skin irritation & odor. With air-laid cotton layer and nontoxic, biodegradable, super-absorbent material made in Japan for superior absorbency. Breathable back layer to eliminate heat and humidity. Non-toxic adhesive strips to stabilize the liner. Individually sealed wrapper for safe carrying in your purse.

GD4600 Light Liners (24 ct.) **$6.90**
GD4601 Liners (18 ct.) **$6.90**
GD4602 Regular Flow (10 ct.) **$6.90**
GD4707 Heavy Flow (8 ct.) **$6.90**
GD4708 Super Heavy Flow (6 ct.) **$6.90**

Ultra Thin Winged Pads TOP SELLER

Spend your days worry free with Maxim Hygiene's Natural 100% Cotton Menstrual Pads! These sanitary pads are hypoallergenic and made with 100% Cotton! They are also chlorine free. And because they're cotton, they're more breathable than the sanitary napkins you may be used to. If that's not enough, this pad is uniquely designed with leakage control channels and wings to protect you from leaks and keep you comfortable. These period pads are irritation free because they're synthetic free and wood pulp free. Also, these disposable pads are 95% biodegradable. Better for your body and eco-friendly.

MA1020 "Reg." (10 ct.) **$5.20**
MA1021 "Super" (10 ct.) **$5.20**

Classic Contour Pads TOP SELLER

"Bringing a "classic" to the max! They've taken the classic concepts of a conventional sanitary pad and upped the ante by making these natural contour pads out of soft 100% natural cotton. They are also chlorine free. These natural menstrual pads are hypoallergenic because they're made with cotton and therefore more breathable than the sanitary napkins you may be used to. Also, these pads are exceptionally unique because even the absorbent core is made from natural cotton. Did you know virtually all other pads contain wood pulp, which comes from cutting down trees? These period pads are irritation free because they're synthetic free and wood pulp free. Also, these disposable pads are 95% biodegradable.

MA1010 "Reg." (pack of 16 pads) **$8.95**

Organic Tampon

"Maxim Hygiene's 100% organic cotton tampons look and work just like your conventional tampons, but Maxim Hygiene tampons don't have any of those harmful chemicals that pollute your body and our earth. Make and Feel the difference with Maxim Hygiene Organic Tampons."

MA3010 "Reg." (16 Ct.) **$7.95**

Reign Ultra-Thin Liner TOP SELLER

If you have a heavy flow use these 5-6 days before your cycle to prepare your body. They can also be used at the end of a cycle when the flow is not as heavy. These also are great if you have a yeast infection and you need to use a pad due to a small amount of leakage. Do you get sore feet? Put these liners in your shoes to give you relief. The strip of graphene helps with pain. 30 in a package, no wings, no leak guards, size: 7" x 2 ¾"

RSN6020 (30 Ct.) **$6.95**

Reign Very-Light Liner w/Wings TOP SELLER

These are great to use when you have a lite flow. They have more of an absorbency than liners. If you have young girls starting with their cycle these are a great size for them. Ladies have success using these as nursing pads. 20 per package, has wings, has leak guards, size: 7" x 2 ¾"

RSN6022 (20 Ct.) **$6.95**

Reign Moderate Flow TOP SELLER

Use these when your flow is not as heavy. Does your child have a diaper rash? Line the diaper with one of these. 10 in a package, has wings, has leak guards, size: 8 ¼" x 2 ¾"

RSN6024 (10 Ct.) **$6.95**

Reign Heavy Flow TOP SELLER

If you start out your cycle with a heavy flow use these. They protect you well. 8 in a package, has wings, has leak guards, size: 9 ¾" x 2 ¾"

RSN6026 (8 Ct.) **$6.95**

Reign Super Heavy Flow TOP SELLER

If you start your cycle with a gushing flow and it is hard to contain everything, these cover you from front to back. These are great to use at childbirth as well. 7 in a package, has wings, has leak guards, size: 12 ½" x 2 ¾"

RSN6028 (7 Ct.) **$6.95**

Softies Contoured Nursing Pads

Softies Contoured Nursing Pads have a unique 3-layer design that guards against leaks without adding bulk or puffiness. A plush natural fiber layer rests lightly against your skin, and wicks moisture away quickly. The inner microfiber layer is ultra-absorbent and the outer layer is microbe and leak resistant. Best of all, Softies are contoured in shape to provide a better and more comfortable fit. Designed by nursing moms for nursing moms, Softies keep breastfeeding moms dry and comfortable.

FH3500 (3 Pairs) **$14.95**

Trustyz Feel-Dry Nursing Pads TOP SELLER

High quality nursing pads that provide comfort and leak-resistance. These super-absorbent reusable nursing pads have a waterproof fabric on the outside to prevent leaking. Next to the skin is a special fabric to wick the moisture away allowing for a dry feel. Sandwiched between these layers are two layers of organic bamboo fleece for absorbency. These pads can be washed with regular laundry and line dried. Sold in packs of 6 pads (3 Pairs).

TZ1090 (3 Pairs) **$17.35**
TZ1092 (2 Pairs) **$13.10**

Baby Face, Nose & Cheek Balm "Organic"

Babies and toddlers have to battle drooly chins, dry cheeks and runny red noses, not to mention grumpy skin from colds and teething. Baby Face Organic Nose & Cheek Balm was formulated to be comforting, soothing and moisturizing, and an organic alternative to petroleum jelly. Certified organic ultra-rich calendula coconut balm is especially good for slathering around baby's mouth: NO petroleum, parabens, artificial fragrance or preservatives.

EM1388 (2 oz.) **$9.30**

Sweet Orange Baby Lotion

Earth Mama's smooth and moisturizing blend of gentle ingredients comforts and soothes sensitive, delicate skin. Plus it contains organic herbs and oils to moisturize babies of all ages — from top to bottom, and from cheek to shining cheek. One more thing: much of what goes on your baby goes in your baby, so we've formulated this lotion with extra care for yummy baby goodness all day, every day.

EM5938+T (8 oz.) **$16.10**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Sweet Orange Baby Wash TOP SELLER

Ready to make bath time even sweeter? Gentle castile-based Sweet Orange Baby Wash is vanilla, sweet orange and calendula liquid soap for snuggly li'l newborns, pregnant mamas — and everybody in between. Dermatologist tested and clinically tested for irritation, it's effective and mild for delicate baby skin and hair, and chosen by hospital NICUs. And NO artificial fragrance, triclosan, phthalates, parabens or sulfates. Made with organic herbs and oils and no secrets, no surprises. CAREFUL AROUND THE EYES! Castile-based soap is not "no-tear" - please use extra care and only with the self-foaming bottle.

EM6621+T (5.3 fl. oz.) **$7.95**

Calming Lavender Baby Wash TOP SELLER

Bedtime routines are a real life saver — especially with a peaceful scent in the mix. Calming Lavender Baby Wash is a castile-based lavender, vanilla and calendula liquid soap made for snuggly li'l newborns, pregnant mamas — and everybody in between. Dermatologist tested and clinically tested for irritation, it's effective and mild for delicate baby skin and hair, and chosen by hospital NICUs. And NO artificial fragrance, triclosan, phthalates, parabens or sulfates. Made with organic herbs and oils and no secrets, no surprises.

EM8152+T (5.3 fl. oz.) **$8.45**

BabyIt Perineal Massage Gel

If you aren't yet familiar with perineal massage, don't feel bad – unfortunately, you won't find perineal massage mentioned on many Pregnancy To-Do lists. But, no need to worry, its never too late to learn about this beneficial, ancient practice of daily massage that aims to stretch and relax the birth canal before delivery. When performed in the last several weeks of pregnancy, studies show that perineal massage can decrease: 1) the incidence of trauma to perineal tissues; 2) the need for episiotomy, during childbirth. If your due date is approaching, be sure to add daily perineal massage to your own Pregnancy To-Do list. And, to help you accomplish this important goal, we recommend BabyIt – the first and only isotonic, paraben-free, and pH-balanced gel specifically designed to be used during perineal massage. And, once you've delivered your beautiful bundle of joy, use BabyIt to soothe sore, swollen, bruised, and healing tissues. BabyIt can also be used to moisturize and calm your baby's dry skin.

FH9350 (4.5 oz.) **$21.30**

Belly Oil

Nourishing organic calendula, organic jojoba oil, organic borage oil and orange blossom pure essential oil combine to help ease the appearance of emerging stretch marks. Light and easily absorbable, Belly Oil helps nourish and encourage skin's natural elasticity and the delicate scent won't aggravate occasional morning sickness. It's moisturizing for after shower or bath, and great news – you can still use it when you're not pregnant!

EM6459 (4 fl. oz.) **$19.40**

Belly Butter

Rich, emollient, cruelty-free Belly Butter is a luxurious, moisturizing pregnancy lotion that contains organic herbs and oils traditionally used to help ease the appearance of emerging stretch marks. And these same herbs and essential oils that encourage skin's natural elasticity just happen to have a sumptuously delicious scent that won't aggravate occasional morning sickness.

EM6460 (8 fl. oz.) **$19.40**

Nipple Butter "Organic"

Now 100% organic! Soothing Organic Nipple Butter is buttery and botanical-rich, lanolin-free and non-sticky. It moisturizes dry skin, and brings your nipples back to their happy place. And since it just might end up in baby's mouth, it's Non-GMO Project Verified. So there's no need to wash it off before nursing! A QUICK HOW-TO: Apply after each feeding or as needed — and feel free to slather liberally on flanges for a more comfortable pumping experience. Other places to slather it: on lips, cheeks, heels, cuticles and elbows.

EM1273 (2 oz.) **$11.85**

Happy Bottoms Balm

Gentle herbs infused in olive oil and combined with coconut oil and beeswax make up this lovely lavender scented salve to support healthy looking skin.

NA2009-001 (1 oz.) **$7.99**
NA2009-004 (4 oz.) **$20.80**

Herbal Skin Salve

A salve everyone should have in their first aid kit. This is one of the first products produced at Taylor Made. I originally created it for my daughter who had diaper rash really bad and didn't go away. We've found it useful for more than diaper rashes like a burn, bug bite, abrasion, scratch, skin irritations, open surgical wound, stretch marks, or skin, or diaper rash. When other products don't work, try the Herbal Skin Salve!

TY2520 (2 oz.) **$12.80**

Diaper Balm "Organic"

Being a brand new human is tough — so diaper cream should be as gentle as it is effective. And while we're calling this Organic Diaper Balm, it's so much more. Think extraordinarily soothing calendula diaper balm, so your baby's bottom can stay the way it's meant to be: chubby-soft and cheerful-cheeked! A QUICK HOW-TO: Just apply a thin coat to the diaper area after each change and bath. Also, Organic Diaper Balm doubles as a multi-tasking skin salve. Feel free to use it from top to bottom for everyone in the family. Slather as needed, seal it with a kiss* and send 'em on their way.

EM1320 (2 oz.) **$9.75**

Sweet Cheeks Baby Salve

Made to help with diaper rash and cradle cap. Keeps skin moist, fresh and healthy. Great for treating rashes as well including heat rash. Ingredients are (Organic Olive Oil, Beeswax, St. Johns Wart, Aloe Butter, Mango Butter and Grapefruit essential oil.)

AM434 (2 oz.) **$6.75**
AM435 (4 oz.) **$11.05**

Sweet Cheeks Baby Oil

Sweet Cheeks Baby Oil is an all natural, nourishing blend created to be safe and gentle. This chemical free oil soothes the body and makes the skin soft and smooth. This oil is safe on even the most sensitive skin and it's light fragrance also allows it to double as a great massage oil.

AM437 (4 fl. oz.) **$10.50**

Sweet Cheeks Baby Powder

Soft and soothing, without talc which has a high chance of containing asbestos. Only the best ingredients are used to help create a smooth, soft, moisture wicking layer to be applied to the skin to assist with dampness control and also to help soften rough dry skin. Ingredients are (Tapioca Starch, Organic Arrowroot Powder, Cornstarch, Organic Calendula Powder, Organic Chamomile Powder and essential oil.)

AM436+T (4 oz.) **$8.55**

Baby & Bath Powder TOP SELLER

Enjoy the soothing benefits of the included herbal root powders. Helps protect skin from chafing and irritation while providing a smoother, softer feel. Ingredients: Arrow Root powder, Kaolin clay powder, Comfrey Root powder, Marshmallow Root powder, and Lavender oil.

MN2072+T (4 oz.) **$7.30**
MN2074+T (1.5 oz.) **$5.00**

C-A-Y Defense TOP SELLER

A Powerful Natural vaginal Candida Treatment! C-A-Y Defense - Naturally kills vaginal Candida yeast! It includes 2 of the most powerful yeast killers in nature! Monolaurin is a natural nutrient in mother's milk and Colloidal silver a natural mineral. They are clinically proven in hundreds of studies to kill pathogen (bad) bacteria and all forms of Candida yeast! C-A-Y Defense can also be use topically for diaper and skin rashes.

IN2001 (60 Applications) **$40.45**

Calendula Diaper Care

This rich cream cares for delicate skin in the diaper area by protecting from moisture. Zinc oxide forms a protective barrier against excessive wetness while organic calendula extract is blended with sweet almond and sesame oil to be nourishing and gentle to your baby's bottom.

WE8138 (2.8 oz.) **$14.30**

Thyme Out Diaper Rashes & Boo-Boos

A Thyme Tincture made from organic thyme, purified water, organic grain alcohol, and organic aloe vera. Manufactured naturally in the USA. Directions: Shake gently as some settling of natural particle silt may occur. Apply to skin using a saturated cotton pad or the provided mini sprayer. Thyme Out is extremely gentle on the skin so it can be used many times daily on minor or serious rashes or bumps & bruises without issue. Do not take internally. Avoid eye contact.

TO7194 (4 fl. oz.) **$11.70**

Spry, Infant Tooth Gel Kit with pacifier

Xlear Infant Tooth Gel with Xylitol is a delicious all-natural gel for application on the gums and teeth of infants and toddlers. This kit includes a special pacifier with a reservoir for the tooth gel. Spry tooth gel can be an important tool to support good oral health for your infant or young child. Mothers will find it easy to apply with this dispensing pacifier.

XL5351 (Kit) **$13.75**

Bamboo Baby Wipes

Aleva Naturals® Bamboo Baby® Wipes are specially formulated for baby's sensitive and delicate skin. The combination of Organic Aloe Vera, Chamomile, Natural Tea Tree Oil and Lavender Oils gently cleanses, soothes and leaves your baby's skin feeling silky smooth.

AN1001 (80 Ct.) **$6.35**

Baby Bamboo "Sensitive" Wipes

Aleva Naturals® Bamboo Baby® Sensitive Wipes are specially formulated for babies with eczema prone skin and babies allergic to perfumes and fragrances. The combination of Organic Shea Butter, Organic Olive Oil, Aloe Vera and Chamomile gently cleanses, soothes and leaves your baby's skin feeling silky smooth.

AN1005 (72 Ct.) **$6.35**

Bambo Nature Disposable Diaper TOP SELLER

Bambo Nature Baby Diapers benefits:
*Free from chlorine, perfumes, optical brighteners & lotions
*Easy-to-adjust velcro-like fasteners can be opened and closed as often as necessary, making sure that your child can have an active and safe day.
*Latex-free waist band and leg cuffs
*Phalate-free, absorbent core
*A better alternative to harsh chemical loaded diapers.

BN5060 Size 1, 4-9 lb. (36 ct.) **$16.25**
BN5063 Size 2, 7-13 lb. (32 ct.) **$16.25**
BN5066 Size 3, 9-18 lb. (29 ct.) **$16.25**
BN5069 Size 4, 15-31 lb. (27 ct.) **$16.25**
BN5072 Size 5, 27-40 lb. (25 ct.) **$16.25**
BN5075 Size 6, 35-66 lb. (22 ct.) **$16.25**

Happy Mom's Diaper Covers

Happy Mom's Diaper Covers are waterproof and breathable. They will fit your baby from 7 to 33 lbs. As your baby grows, adjust by snapping the cover to fitted size. They are easy to change- just tuck the insert under the front and back flaps to secure and snap the cover shut. No pins or rubber panties. No clumsy pocket to insert a diaper. No special detergents for washing.
Double gussets free you from worries about leaks. Any solid out of insert can be wiped off easily. There is no need to replace the cover with each change, unless it's soiled.
Please note; You will also need the diaper inserts (next item) when using these diaper covers.

HFD6410 "Butterflies" (3 Ct.) **$42.00**
HFD6398 "White" (1 Ct.) **$15.00**
HFD6399 "White" (3 Ct.) **$42.00**

Natural Feel-Dry Bamboo Inserts

This insert has the Bamboo Terry Stay Dry top to help wick away the moisture. Why bamboo cotton? Bamboo cotton is a soft, highly absorbent material. It won't have compression leaks once wet as micro fiber material will. Wash bamboo cotton inserts prior to first use for best absorbency. No special detergents are needed for washing.
Use these inserts with Happy Flute diapers.

HFD6502 (6 Ct.) **$45.00**

Diaper Sprayer/Washer Kit

No more dunking and soaking dirty diapers! The AquausTM Diaper Sprayer is a simple and easy way to rinse reusable diapers in the toilet before tossing them in the diaper pail. Simply attach this kit to your toilet hose.
Includes:
- Spray Wand with On/Off Button and 1" Round Jet Spray Pattern
- ¼ Turn Solid Brass Ball Valve with 2 ASME Certified Back Flows
- Solid Brass Tee-connector with Anti Cross-thread Wing Nut
- 48" Long Stainless Steel, Small Diameter Hose
- Spray Wand Holder & Toilet Tank Clip.

TZ1050+T (1 Kit) **$72.00**

RLR Laundry Treatment

RLR Laundry Treatment preps your diapers overnight! When do I need RLR Laundry Treatment?
- Prep Brand New Diapers prior to first use.
- Smelly Diapers: Sometimes soaps and ammonia build up in diapers and cause them to be smelly. RLR Laundry Treatment can fix this.
- Diaper Rash: If diapers are not properly washed, bacteria can build up in the fabric and cause rashes. Remove these bacteria by soaking the diapers in RLR Laundry Treatment overnight.

See section"Laundry & Cleaning Soaps" for more laundry soaps.

TZ1058+T (1.35 oz.) **$2.70**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Salves

Deep Tissue Oil TOP SELLER

Popular warming massage oil and salve for the relief of minor muscle discomfort. We make our Deep Tissue by infusing olive oil with the herbs and then adding wintergreen oil, peppermint oil and menthol crystals to create a concentrated product.
Warning: Do not apply to broken skin, mucous membranes, face or other sensitive areas. Will burn sensitive tissue. Choose from oil or salve.

NA6002-001 Oil (1 fl. oz) **$15.95**
NA6002-002 Oil (2 fl. oz.) **$26.60**

Deep Tissue Salve TOP SELLER

May be used for chest congestion, sore throats, ear aches, muscle aches and pains, etc. The same herbs and essential oils as are in Deep Tissue Oil. Can be used for the same purposes but with less mess. Salve tends to be easier to apply as it doesn't run off the skin or spill if the bottle is tipped. Contains: Wintergreen oil, Menthol Crystals, Peppermint oil, St. John's Wort flower, Arnica flower, Calendula flower, Ginger root, Cayenne and Habanero Peppers in a base of Extra Virgin Olive Oil and Beeswax.

NA2003-001 (1 oz.) **$9.25**
NA2003-004 (4 oz.) **$22.80**

Resp-Eze Salve TOP SELLER

Resp-Eze Salve contains a refreshing blend of aromatic herbs and essential oils that help maintain feelings of clear, easy breathing while promoting calm senses and restful sleep. Can be applied to the chest, back, and bottoms of the feet.

NA2014-001 (1 oz.) **$8.00**
NA2014-004 (4 oz.) **$19.20**

Garlic Salve TOP SELLER

Made with fresh garlic, gently infused in organic olive oil and lightly scented with lavender essential oil. Can be rubbed on chest, back and soles of feet. A great product to use for children and adults who have the cold & flu.

NA2011-001 (1 oz.) **$7.99**
NA2011-004 (4 oz.) **$20.80**

Garlic Shmiah (Ointment)

Designed for better penetration, this salve is made with Frankincense and Lavender oil. Adults, children, and infants may benefit from the included oils by applying it to their chest, back, and soles of the feet at the first sign of a cold. Apply every few hours.

MN2060 (4 oz.) **$13.95**

Tea Tree Herbal Salve

Tea Tree Herbal Salve uses the valued essential oil of Tea Tree, along with the leaves and roots of the common Burdock, a treasure trove of herbal goodness. Then we combine these with Mullein and Lobelia to bring you this dark green, all-purpose salve.

NA2013-001 (1 oz.) **$8.80**
NA2013-004 (4 oz.) **$21.60**

The 3 Gifts Salve

A nice salve to support healthy, clear skin containing ancient oils for your skin are Antiseptic, Antiviral, and Antifungal. More than 2000 years ago, Maggi, or Wise men, from the middle east, traveled many miles to see the King of all Kings, Jesus Christ. They came bearing precious Gifts, fit for a king: Gold, Frankincense, and Myrrh; which are the inspiration and secret behind our newest addition to the Natural Hope Herbals Salve line.

NA2012-001 (1 oz.) **$15.99**

Complete Tissue Salve

Dr. Christopher, a naturopath and herbalist of the 19th century, combined white oak, comfrey, marshmallow, mullien, black walnut, gravel root, wormwood, scullcap, plantain and lobelia to make a tea and a soak for a girl with a severe skin rash. Since then this combination of herbs has been used to help support healthy bones, ligaments, tendons, muscles and other connective tissues. Deep Tissue oil or salve may be used along with Complete Tissue Salve to promote circulation and penetration. Ingredients: White Oak bark, Comfrey root, Marshmallow root, Mullein leaf, Black Walnut hull, Gravel Root, Wormwood herb, Skullcap herb, Slippery Elm bark, Aloe Vera leaf, Plantain leaf, Lobelia herb, Vitamin E oil, in a base of Olive oil and Beeswax.

NA2001-001 (1 oz.) **$8.80**
NA2001-004 (4 oz.) **$22.80**

Comfrey Salve

Another name for comfrey is Knit-Bone due to the historical belief that comfrey helps bones heal. Anytime you have an injury your body needs to make many new cells. Comfrey contains allantoin, a cell proliferant, which encourages the cells to grow and multiply. Comfrey and Marshmallow root also have a number of compounds which are soothing to irritated skin.
Warning: Do not apply to puncture wounds.
Ingredients: Comfrey leaf & root, Marshmallow root, Vitamin E oil, in a base of Olive oil and Beeswax.

NA2002-001 (1 oz.) **$7.99**
NA2002-004 (4 oz.) **$20.80**

Herbal Black Salve

Pine tar is the key ingredient that gives this salve its dark brown color. Pine tar has a historical reputation for drawing splinters and other foreign objects out of the skin. Chapparal, red clover and mallow were traditionally used as blood purifiers; plantain, chickweed and mallow to soothe the skin and to draw; lobelia to aid in the action of the other herbs; comfrey to help heal; mullien and poke to improve lymph flow; and barberry to cleanse the skin.
Ingredients: Pine tar, Plantain leaf, Chaparral herb, Mullein leaf, Red Clover flower, Mallow root and herb, Comfrey root, Chickweed herb, Barberry root bark, Lobelia herb with seed, and Poke root in a base of Organic Tallow, Extra Virgin Olive Oil and Beeswax.

NA2005-001 (1 oz.) **$10.40**
NA2005-004 (4 oz.) **$24.80**

Chickweed & Plantain Healing Salve

TOP SELLER

Used for rashes and more, a general all purpose salve for old and young alike. Gardeners, construction workers, elderly folk and others with rough, dry or chapped hands like to use this salve. For centuries Comfrey, Chickweed, Plantain, Mallow, Self-heal, Violet and St. John's wort have been used by herbalists to help speed wound healing, ease discomfort and support immune system response.
Ingredients: Plantain leaf, Chickweed herb, Comfrey leaf, Calendula flowers, Mallow herb and root, Self-heal herb, Violet leaves, St. John's Wort flowers in a base of Extra Virgin Olive Oil and Beeswax.

NA2006-001 (1 oz.) **$7.99**
NA2006-004 (4 oz.) **$20.80**

Calendula Salve

Beautiful yellow-orange flowers make a golden colored salve favored by young and old alike to promote healthy looking skin.

NA2008-001 (1 oz.) **$7.99**
NA2008-004 (4 oz.) **$21.60**

Arnica/St. John's Wort Salve

Same combination of oils as the Arnica/St. John's wort oil thickened with beeswax to make an easy to apply salve. Arnica/St. John's wort salve is only for external use.

NA2007-001 (1 oz.) **$8.80**
NA2007-004 (4 oz.) **$22.80**

Hemp Shield Salve

Shield Oil and Salve has been used for centuries by the early apothecaries for relieving various symptoms including tingling feet, poor circulation, restless legs, Charlie horse, sore muscle, aching tendons and arthritic discomfort.

NA2015-001 (1 oz.) **$11.20**
NA2015-004 (4 oz.) **$25.60**

People's Paste Powder TOP SELLER

First-Aid favorite, promotes healing. Comfrey and Slippery Elm were historically used to support wound healing; Myrrh and Garlic to help fight infection, and Bayberry as a styptic, to help stop bleeding. Powdered herbs can be put directly on or mixed with oil or water to make a paste and then applied to affected area.
Ingredients: Comfrey root powder, Myrrh resin powder, Slippery Elm inner bark powder, Bayberry root powder and Garlic bulb powder.

NA2004-0.5 (0.5 oz.) **$7.20**
NA2004-002 (2 oz.) **$12.80**

LymFlo Salve NEW

Even when you don't feel your best, you can still look your best. Lymflo helps to keep your skin looking healthy no matter how you feel. Alkalizing is one of the best things you can do to maintain healthy looking skin. Lymflo uses herbs like Burdock Root, Lobelia, Mullein Leaf and more.

SPR3498 (1.5 oz.) **$12.00**

Charcoal Salve TOP SELLER

Coconut Activated Charcoal Herbal Salve works as a drawing agent to pull foreign matter or toxins from cuts or wounds. Charcoal Salve has traditionally been used to treat chronic skin problems. Promotes quicker healing. Carry one in your backpack or handbag for insect bites and first defense against allergic skin rashes and cuts and more. The key to using charcoal salve is to apply immediately after bites etc.

ACC6311 (2 oz.) **$18.30**

Herbal Salve

An all natural multi-purpose drawing and moisturizing salve. With Plantain, HealAll, Comfrey, Peppermint, and Capsicum in a soothing natural base, Herbal Salve is a good choice for abrasions,cuts, wounds, insect bites, and more.

NTP2558 (1 oz.) **$4.95**
NTP2559 (2 oz.) **$8.95**

Itch-X

Formulated with HealAll, Chickweed and other soothing herbs this mild salve was developed mainly for use on itchy new skin following treatment for burns and wounds.

NTP2562 (2 oz.) **$11.10**

Vari-X TOP SELLER

An all natural base with Calendula, Horse Chestnut, Comfrey and many other herbs and oils with a history of use on varicose veins. May be helpful on hemorrhoids.

NTP2565 (4 oz.) **$18.35**

Vapo Gold

The power of vaporizing oils in an all natural base for relief from nasal or bronchial congestion, sore throat, and aching muscles.

NTP2568 (1 oz.) **$5.15**
NTP2569 (2 oz.) **$11.05**

Derma Soothe

Have you wished for something natural to soothe your skin issues? Try this one for psoriasis, eczema and similar skin problems. Derma Soothe can also be used for diaper rash.

NTP2572 (2 oz.) **$11.15**

B&W Salve TOP SELLER

A great all natural salve for burns and wounds. Formulated by John Keim.

WS7090 (4 oz.) **$14.00**
WS7100 (8 oz.) **$25.99**
WS7101 (16 oz.) **$49.95**
WS7102 (64 oz.) **$149.99**

Burn Salve

This unique herbal formula offers comfort and promotes healing for burns and wounds. On serious cases try alternating this with another salve.

NTP2555 (7 oz.) **$24.95**

Soothing Skin Ointment

A synergistic blend of herbs for the pain, itching and inflammation of dry, scaly skin and burns. Ingredients: Extra Virgin Olive Oil, Comfrey Root, Marshmallow Root, Marigold Flowers & Beeswax.

DC98360 (2 oz.) **$18.20**

Cayenne Heat Ointment

Christopher's Original Formulas time-tested Cayenne Heat Massage Oil helps aids sore muscles & joints.

DC98362 (2 oz.) **$28.00**

Sen Sei Menthol Rub

We have all experienced sinus pain & pressure at some point whether during the cold or allergy seasons. While most recover without any treatment there are times when we are left scrambling for relief. Dr. Christopher's Sen Sei Menthol Rub Ointment has been used traditionally to relieve tension headaches & sinus pressure.

DC34010 (2 oz.) **$22.45**

Arthritis Salve

Try this for painful joints. 100% Herbal ingredients. Contains; Alfalfa, Marshmallow Root, Cayenne, Arnica Flower, Wintergreen.

FOL1001 (4 oz.) **$17.95**

Pneumonia Salve TOP SELLER

A cold and congestion remedy. Rub some of this salve into your gland/throat area, chest, bottom of the feet, etc.

FOL1000 (4 oz.) **$17.95**

Bee-Utiful Salve

Created to assist the Bee-Utiful bar in aiding the battle against psoriasis, eczema, rosacia and skin dermatitis. This salve is used with only a small amount to be applied to the affected area after cleansing to boost the power. The Bee-Utiful salve can also be used to help with warts, bug bites and minor cuts and scrapes.

AM419 (2 oz.) **$6.25**

Sensation Salve

Made as an all natural alternative to Unkers, Vicks, Biofreeze and many more commercially produced products. Sensation salve is made to help with congestion from the common cold, flu and sinus issue including allergies. Muscle aches and pain don't stand a chance against Sensation as it helps to penetrate and create blood flow circulation to speed up the healing process. Ingredients are (Organic Olive Oil, Beeswax, Pure Camphor, Peppermint and Eucalyptus Essential oils.)

AM427 (4 oz.) **$11.05**

Happy Bottoms Balm

Gentle herbs infused in olive oil and combined with coconut oil and beeswax make up this lovely lavender scented salve to support healthy looking skin.

NA2009-001 (1 oz.) **$7.99**
NA2009-004 (4 oz.) **$20.80**

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Lotions, Creams & Gels

Daily Rituals Moisturizer

We have a word to describe when everything is as it should be – harmony. And when we realize our skin is in perfect pH balance? Thanks to the inclusion of a wealth of organic ingredients, this rejuvenating bioactive face moisturizer has been designed to take our skin to Glowing, & providing optimal pH balance all day, every day. Try 'Clean Slate Cleanser' & 'The Good Oil' along with 'Daily Rituals Moisturizer' to get full glowing effects.

OS0001+T (1.7 fl. oz.) **$25.95**

The Dream Cream Moisturizer

If you're searching for the skin of your dreams, you've come to the right place! That's because 'The Dream Cream' is a luxe, replenishing powerhouse: the perfect natural face moisturizer for anyone with dry skin or interested in well-aging. Packed with antioxidants, including intensely hydrating, age-managing New Zealand Native Red Seaweed and New Zealand Native Black Fern, it's a fine-line fighting, skin-soothing moisturizer that can only be described as… 'dreamy'. Great product to combine with 'Vitamin Sea Serum' for anti-aging skincare routine.

OS0010+T (1.7 fl. oz.) **$25.95**

Eczema Cream "Itch Relief" TOP SELLER

Immediate relief for itchy skin. A rich, silky moisturizing skin protectant that helps prevent dry skin. Temporarily protects and helps relieve minor skin irritation and itching due to: rashes, eczema, poison ivy, oak, or sumac, and insect bites. For use on mild to moderate eczema, or as directed by a physician. Made with an infusion of organic herbs and oils traditionally used to battle irritated, itchy skin. With an extraordinarily generous dose of meticulously-sourced organic colloidal oatmeal. A safe, all-ages, all-inclusive helper of any irritated, dry skin – even during pregnancy.

EM1082+T (3 oz.) **$12.75**

Charcoal Drawing Cream TOP SELLER

Activated Charcoal Drawing Cream. Excellent for pulling out impurities, foreign objects, toxins and poisons. A non greasy, extremely moisturizing cream. 'A little poultice jell in a jar!' Powerful and yet so gentle you can use as a Charcoal Facial! Ideal for dry skin.

ACC6320+T (2 oz.) **$18.50**

Ultimate Relief Cream

Ultimate Relief Cream helps bring speedy relief to itching, inflamed skin. This infused super-cream is packed with anti-itching, anti-inflammatory herbs and is engineered with healing aloe to bring your skin needed relief. Super stubborn conditions like psoriasis and eczema can be brought under control by the cooling elements found in this, our most potent offering.

TH6205+T (2 oz) **$33.80**

Coconut Dream Hydrating Cream

New & Improved with Cell Rejuvenating Magnesium! If you're one who loves slathering pure coconut oil on your skin, you will be enraptured by this perfect combination of extra virgin cold pressed coconut oil and PH-balancing aloe vera. Not only super beneficial as a pre-make up base, but also becoming one of the most popular, all-natural sunscreen alternatives…now richly infused with Magnesium Chloride.

TH5672+T (2 oz.) **$18.00**

Orange Silk Hydrating Cream

Orange Silk Hydrating Cream is a decadently rich facial moisturizer that helps to reduce the appearance of pore diameter while deeply nourishing your skin.

TH5670+T (2 oz.) **$29.95**

Emu Relief Cream

This cream helps bring relief to joint and muscle pain while providing important nutrients to help with healing.

CHU1177+T (4 oz.) **$16.80**

Hand Cream

This awesome hand creme is created with NO water: using organic aloe vera juice! Extremely concentrated and super moisturizing: this creme will not leave hands feeling greasy! Organic aloe vera juice, avocado butter, walnut oil, shea butter, hydrolyzed oats, vegetable glycerin, and essential oils make this a very healing hand creme. *Lavender Ylang Ylang Essential oil blend for a feeling of calmness! *Less of Stress: With a blend of Lavender, Lemongrass, Bergamot and Peppermint Essential Oils: who can be stressed?

SM2010+T Lavender (2 oz.) **$7.75**
SM2014+T Less of Stress (2 oz.) **$7.75**

Hand Salvation

A must for dry, cracked hands. Healing oils of Shea Butter, Apricot Kernel Oil, Sweet Almond Oil, Avocado Butter, Mango Butter and Vitamin E with a blend of four Essential Oils that has proven to heal dry cracked hands, and provides a wonderful woodsy fragrance.: Put on a thick layer before bed, and you will be amazed of the difference in the morning.

SM2025+T (2 oz.) **$13.75**

Body Lotion

Routine but never boring, our Classic Body Lotion is your beauty staple. Allow yourself a moment every morning to relax as you indulge in the silky feel of this lotion. The penetrating formula moisturizes dry, rough skin and leaves a gentle aura of fragrance.

DE9009+T Lilac Blossom (10 oz.) **$14.95**
DE9010+T Honey Blossom (10 oz.) **$14.95**
DE9012+T Lavender Chamomile (10 oz.) **$14.95**
DE9015+T Passion Fruit/Guava (10 oz.) **$14.95**

Hand & Body Lotion "Millers" TOP SELLER

Experience for yourself this premium all natural lotion with the following included moisturizing ingredients: Shea butter, Aloe Vera, Jojoba oil and Extra Virgin Olive oil. Scented with essential oils. Some common customer comments... Has lasting affects; Does not have that greasy feel; The only lotion I use.

MN2015+T Citrus Delight (8 oz.) **$9.25**
MN2016+T Lovely Lavender (8 oz.) **$9.25**

B'Saha Lotion NEW

Here is the story: Our original Orangeberry lotion was drinking Moroccan tea with vanilla bean one day and the tea made her feel so much more alive! The more she drank, the better she felt. So became B'Saha. (Pronounced "Bah-sa-ha") She changed her name and started a new life with Amish Country Soap Co. The translation of B'Saha means to "Brings Good Health". Our BRAND NEW line is created to invigorate skin with a natural organic Shea butter, green tea, vanilla, orange cranberry essential oils. Our lotion creates a soothing soft creamy layer on the skin that absorbs and soothes the skin, then leaves a soft powder feel after.

AM516+T (2 fl. oz.) **$4.50**

Love Me Goats Milk Lotion

A wonderful blend of fruit, floral and earthy essential oils blended with Shea butter and cocoa butter, this lotion is very moisturizing and soothing to dry skin.

AM831+T (2 oz.) **$4.50**
AM832+T (8 oz.) **$11.80**

Lavender Radiance Lotion

Great for wrinkles and tired skin. They only use the finest ingredients available, along with the best French Lavender Essential Oil.

AM811+T (2 oz.) **$4.50**
AM812+T (8 oz.) **$11.50**

Oatmeal & Honey Lotion

Oatmeal provides many great benefits to the skin, starting with exfoliation, moisturizing, itch relief and more. This lotion provides a great moisturizing benefit from the oatmeal milk and is also great for poison ivy. Enjoy these products, we know you will love them.

AM817+T (2 oz.) **$4.50**
AM818+T (8 oz.) **$12.10**

Sweet Cheeks Baby Lotion

An all natural lotion that will leave your child's skin feeling soft and luxurious.

AM834+T (2 oz.) **$4.50**
AM835+T (8 oz.) **$11.50**

Hand & Body Therapy Lotion

This moisturizing lotion hydrates even the driest skin. Exceptionally soothing, Hand & Body Therapy is formulated with special anti-aging and protective ingredients along with powerful anti-oxidants to bring results you'll notice right away. Rich in potent antioxidant anti-aging vitamins and nutrients such as Centella Asiatica, Evening Primrose Oil, Hyaluronic Acid, and Shea Butter. It helps support collagen production, enhance elasticity, and revitalize sun-damaged skin.

OE2085+T (8 fl. oz.) **$13.75**

Hand & Body Lotion

Refreshing lemon essential oil, safflower oil, aloe, shea butter and nutrient-rich beta-glucan work together to restore skin's natural lipid balance. A daily dose of nourishing moisture keeps skin soft and supple.

AO2012+T Lemon (12 oz.) **$14.50**

Lavender Hand & Body Therapy

Protect and hydrate your skin daily with JASON Lavender Hand & Body Lotion. Formulated and enriched with Green Tea Extract, Alpha and Beta Hydroxy Acids, Vitamins C and E, as well as Evening Primrose. This richly fragranced moisturizer is penetrating and long lasting.

J30206+T (8 oz.) **$10.75**

Shea Butter Lotion

Shea Butter Lotion is naturally formulated with 10% Shea Butter to provide a rich, nourishing coat of moisture to the skin. Phospholipids in Soy Lecithin help reduce moisture loss and intensify Shea Butter's natural moisturizing action.

NO7764+T (4 fl. oz.) **$8.70**

Magnesium Topical Spray

Magnesium Topical Spray is a pure, highly concentrated, topical magnesium chloride solution sourced from the Ancient Zechstein Seabed in the Netherlands. This Magnesium Spray is easily applied and non-greasy. Approximately 4 sprays equal 66 mg of elemental magnesium.

NO7737+T (8 fl. oz.) **$10.45**

Magnesium Spray "Wild'erb"

This Magnesium Spray absorbs quickly and is fragrance-free. Spray on arms, legs, torso, as much surface area as you can, and simply rub in until dry. Apply morning and evening if possible for best results. You can't apply too much since the body won't absorb any more than it needs. Known as "magnesium oil", this is a supersaturated solution of magnesium crystals in our herbal extract blend of herbs designed for optimal skin care health. It has a slightly oily feel when applied to the skin, even though there is no oil in the formula. Contains magnesium chloride that was mined from an ancient seabed. This fast acting mineral spray can also be used for menstrual cramping, restless legs, etc.

OV1016 (4 fl. oz.) **$17.95**
OV1017 (8 fl. oz.) **$30.50**

ReMag Lotion Plus

ReMag® Lotion Plus is a boosted version of our original ReMag® Lotion with additional ingredients for skin care health. This cosmetic-grade lotion is perfect for applications on more sensitive areas of skin, like the face. A light, natural scent accompanies this highly effective daily moisturizer to support a range of skin needs. Use it daily!

RNA3020+T (7.5 oz.) **$38.40**

Magnesium Lotion TOP SELLER

All the way from the Netherlands we would like to introduce our NEW Magnesium Lotion! Magnesium helps calm, soothe, and relax the muscles that may be cramping, strained, or sprained, relieve joint discomfort, and muscle stiffness/aches. Magnesium lotion takes about 15-20 minutes to absorb into the skin before seeing overall relief.

TY2625+T (8 oz.) **$15.45**

Magnesium Cream

RECOMMENDED USE: Squeeze a small amount onto your fingers and massage into the skin. Inside the arms, behind the knees, tops of the thighs and bottoms of the feet are the areas that are most absorptive, but any areas of skin can be used. Allow cream to absorb; then more may be applied. Your body self-regulates, so you may apply as much as feels good to you; you cannot over-apply. This is a mineral salt cream; it may cause stinging if applied to open wounds. However, salt is added to substances to prevent microbial growth, so this is a secondary benefit of our cream.

OV1004+T (4 oz.) **$21.35**

Healing Skin Cream

Your skin is an important component in protecting your body, and let's face it – we all want healthy looking skin. Silver Biotics® Healing Cream products are carefully formulated to work triple duty by beautifying and protecting, while promoting healing. Our fast absorbing skin care products use SilverSol Technology® to naturally promote healing, and leave your skin looking and feeling amazing.

ABL2801+T Unscented (1.2 oz.) **$9.95**

Silver Aloe Vera Gel

This unique formula is amazing for drying areas (face, hands, legs, ect.). Silver Wings combines organic ingredients with colloidal silver for the ultimate topical drying formulation.

NPS1050+T 200 PPM (0.75 oz.) **$9.25**

Aloe Vera Gelee

Pure Aloe Vera gelee. Thick enough to apply to cuts, scrapes, scars, burns, bed sores, insect bites, and sunburns. Very Convenient!

MH2010+T (2 oz.) **$9.50**

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Hydra Aloe

Hydrate dry, itchy skin naturally with Hyrda Aloe. A light refreshing cucumber scent. Aloe Vera helps moisturize and repair skin while balancing PH. Holds moisture longer, adding skin flexibility. Works great as a hairspray as well!

MH2020+T Spray (4 fl. oz.) **$9.50**

Silver Gel TOP SELLER

SilverSol® gel formula, your skin will immediately benefit from its many unique properties. Not only does it help hydrate and rejuvenate the skin, but more importantly, it helps to promote natural healing. Your skin is exposed to more damage than you may realize, and sadly, much of it is unavoidable. Use ASAP365™ Silver Gel everyday to give your skin the upper hand, and join the thousands of individuals who have already come to love the rejuvenating benefits of ASAP365™ Silver Gel. Support clear, healthy skin with the power of silver. An excellent silver product. May be useful for fungus and yeast problems on skin.

ABL1000+T (4 oz.) **$24.25**

Vitamin E Cream "28,000 IU"

Vitamin E 28,000 IU Cream is formulated with one of the highest concentrations of Natural Vitamin E. It is designed to replenish skin's natural moisture. To boost the effects of Natural Vitamin E, Wheat Germ Oil is added to aid in fighting free radicals. Rhodiola Extract is also included to aid in protecting the skin from environmental stressors.

NO8199+T (4 fl. oz.) **$13.90**

Ester C Cream

This rich crême intensely softens and protects all skin types, and helps slow down signs of premature aging with super potent vitamin complexes that improve skin texture. Use day, night and anytime skin feels dry. An excellent moisturizer for face, hands and body.

J33002+T Cream (2 oz.) **$16.55**

Herbal AloeForce Skin Gel

Herbal AloeForce Skin Gel is the juice formulation with added Green Tea and Hyaluronic acid (the moisture in our cells!) and processed to be non-sticky and completely and easily absorbed into all 7 layers of skin! Completely undiluted - You'll experience the Full Force of Aloe's regenerative powers from the outside-in, feeding the skin system to rejuvenated Health and Beauty!

HA1001+T (4 oz.) **$21.95**

Scar Reducing Cream

Scar Treatment for Scars, Newly Healed Wounds and Stretch Marks. Herbal scar treatment can help your skin appear free and clear of scars, stretch marks and other related skin blemishes. Quantum Derma scar treatment contains 14 natural, food grade, healing ingredients, designed to soften and reduce the appearance of scars and moisturize the skin.

- Significantly improves the appearance of existing scars
- Helps prevent the formation of scars on newly healed wounds
- Helps scars resulting from surgery, burns, injury and acne
- Great for stretch marks
- Scar treatment helps scars appear softer and smoother
- Excellent for calluses, scar tissue, and other skin hardening
- Reduce visibility of scars
- Smooth, soften, and diminish appearance of scars
- Moisturizes

QU1820+T (0.75 oz.) **$11.70**

Athletes Foot Cure TOP SELLER

Athlete's Foot Mask is packed with natural, anti-fungal botanicals, as well as tolnaftate. Unlike most athlete's foot treatments, which are creams or spray, this is in a mask form. A mask is a cream that is applied to the foot, then dries (in minutes) and adheres to the spaces between the toes, protecting and healing. The mask adheres to the skin comfortably all day -- under socks and shoes or sandals. It washes off easily and has a fresh, clean fragrance. Superior adhesion combined with powerful anti-fungals make this a superior athlete's foot cure.

QU1021+T (0.75 oz.) **$10.95**

Massage Oils

Deep Tissue Oil TOP SELLER

Popular warming massage oil and salve for the relief of minor muscle discomfort. We make our Deep Tissue by infusing olive oil with the herbs and then adding wintergreen oil, peppermint oil and menthol crystals to create a concentrated product.

Warning: Do not apply to broken skin, mucous membranes, face or other sensitive areas. Will burn sensitive tissue. Choose from oil or salve.

NA6002-001 Oil (1 fl. oz) **$15.95**
NA6002-002 Oil (2 fl. oz.) **$26.60**

Arnica Oil TOP SELLER

The cheery yellow flowers of Arnica have a long history of use in Europe for minor bumps and bruises. Much of the "Arnica" on the American market is not arnica but a look a-like plant named False Arnica. Natural Hope Herbals carefully selects only the true Arnica for use in products for you. This handy 1 oz bottle makes it perfect to carry in your purse or first aid kit. Arnica oil is only for external use. Arnica may cause skin irritation or rashes in sensitive individuals. Apply to a small test area first. Discontinue use if skin irritation or rash develops.

NA6000-001+T (1 fl. oz.) **$13.60**

Hemp Shield Oil

Shield Oil and Salve has been used for centuries by the early apothecaries for relieving various symptoms including tingling feet, poor circulation, restless legs, Charlie horse, sore muscle, aching tendons and arthritic discomfort.

NA6005-001 (1 fl. oz.) **$13.60**

Oil Of Garlic

An herbal supplement for the circulatory, immune, respiratory & digestive systems. Dr. Christopher's Oil of Garlic is a powerful antioxidant, all natural immune booster has been used historically for ear aches.

DC49822 (2 fl. oz.) **$17.55**

Olbas Oil TOP SELLER

- ALL Natural Essential Oil Formula
- Soothes Tired Muscles
- Invigorates Your Senses
- Penetrating Vapors Stimulate And Enhance Breathing Passages

Also see Cough & Throat section for Cough syrup.

OL50011 (0.32 fl. oz.) **$8.95**
OL50012 (1.01 fl. oz.) **$17.25**

Be Warm Oil 'Circulation Blend'

Designed to increase blood flow and improve physical warmth. This blend was designed with midwives for women who are in labor and feel cold in a warm room, used in place of layering more blankets or turning up the heat. This blend can significantly increase blood flow which can be excellent for massage.

NFE1263+T (0.5 fl. oz.) **$14.75**

V-Vein Massage Oil

A unique blend of herbs to support veins & arteries. A few of the key ingredients in the formulas are Japanese Pagoda Bud - This well known herb is proven to strengthen the vein wall & improve the condition of veins & capillaries. Collinsonia Root (stone root) - Has historically been used to support the "vascular tone" of the peripheral circulatory system. Dr. Christopher's V-Vein Massage Oil aids the body with circulation and supports vein health, strength & function.

DC89146 (4 fl. oz.) **$21.30**

Complete Tissue & Bone Massage Oil TOP SELLER

A synergistic combination of herbs for bones, flesh & cartilage. Bones play a major role in our body. They provide structure, protect organs & anchor muscles. Skin care along with healthy lifestyle choices can help slow the natural aging process. Dr. Christopher's time-tested Complete Tissue & Bone Formula supports bones, skin, tissue, hair, nails. A great proprietary blend of *White Oak Bark, Comfrey Root, Mullein Leaf, Black Walnut Leaf, Marshmallow Root, Gravel Root, Wormwood Herb, Skullcap Herb & Lobelia Herb. Also see Complete Tissue & Bone capsules & Powder in Pain & Inflammation section.

DC49901 (4 fl. oz) **$19.75**

Glandular System Massage Oil

A synergistic blend of time tested herbs for the glandular system. The Glandular System is a network that communicates with the body's adrenal, thyroid, pancreas & pituitary gland. Many emotional & physical issues are caused from hormone imbalance & weak glands. There is no doubt that our glandular system can get out of balance, especially when it is not taken care of with good nutrition & lifestyle habits. Mullein is one of the most important herbs for influencing our glands Lobelia is a 'thinking herb' that aids the body where needed.

DC49819 (2 fl. oz.) **$14.45**

Vitamin E Oil

Condition: Skin in need of rejuvenation. Solution: Natural E-Oil helps to soothe the skin and keep skin healthy. Ingredients: Tocopherol (Natural Vitamin E Oil) (soy) and Olea Europaea (Olive) Oil (Extra Virgin). Suggested Use: Add Natural E-Oil to your favorite personal care products. For topical use, gently massage a few drops into the skin, paying close attention to dry, cracked or scarred skin.

NO7773+T 23,000 IU (1 fl. oz.) **$15.65**

Neem Oil

Great for skin in need of natural relief from irritation and other skin issues. Add two or three drops of 100% Pure Neem Oil to your favorite lotion, shampoo or conditioner, or apply a few drops directly to the skin. Neem Oil's high concentration of saturated fatty acids causes it to solidify at room temperature. This actually helps to extend the shelf life of the product. To melt, simply warm the bottle in your pocket or in a mug with warm water to return it to a liquid state.

NO7733+T (1 fl. oz.) **$7.85**

Comforting Massage Oil

Comforting Massage Oil is an advanced blend of natural oils specifically formulated for relaxation and skin rejuvenation. Natural essential oils from Lavender, Chamomile and Patchouli are combined with Grape Seed, Apricot and Almond Oils to provide a full spectrum of emollient properties. The tranquil and calming essence of Comforting Massage Oil is the perfect complement to a therapeutic massage. It can also be used as a daily moisturizer to leave skin feeling silky soft, nourished and rejuvenated.

NO7664+T (16 fl. oz.) **$14.80**

Arnica Soothing Massage Oil

Arnica Soothing Massage Oil captures the naturally soothing essence of arnica to bring immediate comfort and relaxation to your massage. Set in a base of antioxidant-rich olive oil, this nourishing massage oil contains potent arnica, in addition to a perfect collection of essential oils and other natural extracts. Arnica Soothing Massage Oil is perfect after a busy day or a strenuous workout, and can also be used as a daily skin softener.

NO7667+T (8 fl. oz.) **$11.30**

Evening Primrose Oil Liquid

Condition: Skin in need of nourishment and protection. Solution: Pure Evening Primrose Oil (EPO) is an all-natural vegetable oil. Used as an herbal treatment for a variety of ailments. EPO contains essential fatty acids (EFA's) that support body tissues, including skin. Combined with zinc, EPO may be helpful for a healthy complexion. Each 1 ml of oil contains 80-100 mg of GLA - an essential fatty acid that can nourish and protect healthy skin cells. Pure Evening Primrose Oil (EPO) is derived from Evening Primrose seeds. This oil is pressed at a low temperature to obtain a pure, natural, virgin oil, without the use of solvents, fillers or preservatives. Suggested Use: Massage Pure Evening Primrose Oil gently into the skin to help reduce skin irritation or dryness. Keep Refrigerated. Expeller-Pressed and Hexane-Free.

NO7690+T (4 fl. oz.) **$16.50**

Lavender/Almond Massage Oil

Lavender Almond Massage Oil combines Organic Lavender Oil and natural Almond Oil to create a luxurious combination that soothes and relaxes. With Vitamins A, D & E included to nourish the skin.

NO7663+T (16 fl. oz.) **$14.80**

Tranquil Rose Massage Oil

For skin in need of a soothing massage and body moisturizer that helps rejuvenate mature, dry or sensitive skin. Solution: Tranquil Rose Massage Oil is infused with the powerful antioxidant benefits of natural Vitamin E and Grapeseed Oil to help protect skin and elastin fibers. Jojoba Oil penetrates deep to provide cell-renewing benefits while Almond and Apricot Oils soften and moisturize the skin.

NO7669+T (8 fl. oz.) **$11.30**

Refreshing Vanilla Citrus Massage Oil

For skin in need of a nourishing massage and a rich body moisturizer that relaxes and helps reduce stress from life's daily activities. Solution: Vanilla Citrus Massage Oil is infused with the powerful antioxidant benefits of natural Vitamin E to help protect skin and elastin fibers. Jojoba Oil penetrates deep to provide cell-renewing benefits while Almond and Apricot Oils soften and moisturize the skin's delicate tissues. The aromatherapy benefits of vanilla aid in reducing stress and providing relaxation while your skin is nourished with a wide array of natural nutrients to comfort the body and mind. Rose Hip Seed Oil rejuvenates the skin, minimizes the appearance of minor imperfections and keeps skin cells hydrated.

NO7671+T (8 fl. oz.) **$11.30**

Organic Castor Oil NEW

This Certified Organic Castor Oil is premium, hexane free, expeller pressed oil. Not only the processing but all the way back to the growing is supervised and maintained chemical-free. Castor oil is rich in vitamins and essential nutrients and has an amazing ability to hydrate the skin, making it a perfect remedy for treating dry, cracked heels. It is also high in Ricinoleic Acid (an Omega 9 fatty acid) which affects the lymphatic system, helping your body produce or increase production of lymphocytes. Lymphocytes are the body's natural disease fighters. The lymphatic system helps drain your body of toxins, waste and proteins that have built up over time. The Omega 9 is also very beneficial for both skin and hair.

NA6006-008+T glass bottle (8 fl. oz.) **$21.60**

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Castor Oil (Expeller Pressed)

In need of an all-natural emollient. Pure Castor Oil is expeller-pressed from the seed of Ricinus communisand and is virtually odorless and tasteless. While it's applicable in many other areas of wellness, Castor Oil is considered by many to be one of the finest natural skin emollients available today.

NO7675+T (16 fl. oz.) **$8.70**

Castor Oil "Organic Roll On" NEW

Your Castor Oil practice just got even easier! Queen of the Thrones® Organic Golden Castor Oil now comes as an easy-application roll-on. Bottled in amber glass with a rose quartz roller that easily glides across your skin, so you can evenly distribute Castor Oil with less mess! 100% pure Hexane-free USDA certified organic Extra virgin.

QT1030+T (1.7 oz.) **$25.28**

Castor Oil Organic

Loaded with multiple Omega fatty acids, including naturally powerful ricinoleic fatty acid, this 100% pure, cold-pressed, organic and hexane-free oil naturally nourishes and conditions scalp, roots and strands to support full, thick, strong, healthy-looking hair. Great product to pair with castor oil packs.

SO1010+T (16 fl. oz.) **$18.40**

Castor Oil (Cold Pressed) TOP SELLER

Castor Oil has been used in many cultures around the world for over 3,000 years. In old herbal texts, it is called the "Palma Christi", Latin for the palm of Christ and has many healing properties. Doctors at the former A.R.E. Clinic, under the guidance of Dr. William McGarey, used castor oil for virtually every aspect of health.

HS2132+T (32 fl. oz.) **$18.65**

Apricot Kernel Oil

100% Pure Apricot Oil is a rejuvenating natural oil that's ideal for softening fine lines and restoring a healthy glow to skin. Rich in essential fatty acids, this gentle oil has excellent restorative properties that promote soft, radiant hair and help to soothe dry skin. Similar in structure and function to almond extracts, oils derived from apricot kernels will naturally nourish and moisturize your skin.

NO7666+T (16 fl. oz.) **$13.05**

Almond Oil, Sweet TOP SELLER

For skin in need of clean and natural nourishment, as a moisturizer or for massage. 100% Pure Almond Oil is a natural oil that's perfect for nourishing and reviving any skin type. Almond Oil is easily absorbed and won't clog pores, promoting clear, soft, healthy skin. This natural skin-nourishing oil is ideal for the entire body. Almond Oil is a natural oil derived from pressed almonds.

NO7660+T (4 fl. oz.) **$5.20**
NO7661+T (16 fl. oz.) **$13.00**

Grape Seed Oil

Pure Grapeseed Oil is a light, odorless oil with mild astringent and emollient properties. This versatile oil contains numerous essential fatty acids including Linoleic, Oleic, Stearic, Palmitic, Myristic and Lauric. Its rich, silky texture is perfect for soothing away dryness and irritation and is suitable for all skin types since it won't clog pores or cause break-outs.

NO7705+T (4 fl. oz.) **$4.30**
NO7707+T (16 fl. oz.) **$11.30**

Jojoba Oil

For those in need of healthier hair, softer skin, or an oil for general bath care and massage. This Pure, Certified Organic Jojoba Oil is derived from the seed of the jojoba (Simmondsia chinensis) shrub and is one of the most popular cosmetic oils available today. Its high stability, invigorating scent and cosmetic versatility make it ideal for all skin and hair types, and it is most commonly used to promote softer hair and skin. Jojoba Oil contains many nutritional compounds, including long-chain essential fatty acids and fatty alcohols. Suggested Use: For healthy hair, add 1 tablespoon of Pure, Organic Jojoba Oil to your favorite shampoo or conditioner. For deep pore cleansing and healthy skin, add 1 teaspoon to your bodywash, bath gel or other quality skin products.

NO7713+T (4 fl.oz.) **$13.05**

Ear Health

Complete Ear Health

Complete Ear Health™ is a 100% Food supplement that is intended to supply nutrients, glandulars, and herbs needed to maintain and support optimal ear health.

Serving Size: 1 Capsule

DOC2490 (90 Caps.) 90 servings **$36.00**

Mullein/Garlic Ear Oil

Olive oil infused with Garlic, Mullein flowers, Calendula and St. John's Wort flowers comprise the base of this gentle formula. Rosemary leaf and Vitamin E oil are added to help preserve the herbal oil. Use for ear ache relief.

To use: Drop 2-3 drops of warm oil in each ear. To warm the oil, hold dropper pointed down under hot running water. Be careful that the oil is warm, not hot. Dry outside of dropper before putting back in bottle. Keep refrigerated after opening. Caution: Do not use if ear drum is ruptured.

NA6003-001 (1 fl. oz.) **$12.80**

Ear Oil

This soothing Ear Oil is a natural blend of herbs that cleanse and moisturize the delicate tissues of the ear canal.

Serving Size: 3-4 Drops

NO7686 (1 fl. oz.) **$8.70**

Kid's Ear Clear Oil

For acute and chronic ear infections. A topical remedy where the oil is gently dropped in the ear. Great for the whole family!

Serving Size: 3-5 Drops

CHU6702 (1 fl. oz.) **$12.40**

Ear & Nerve

A synergistic blend of herbs for the motor & overall nervous system. Ear & Nerve Extract is commonly used with ear applications, supports the ears, aids the motor nerves, and helps support the overall health of the nerves nervous system.

Serving Size: 3 drops

DC49817 (2 oz.) 381 servings ..... **$17..55**

Ear Drops

NutriBiotic® Ear Drops are an excellent topical formula designed to help support the health of the ear canal. Contains grapefruit seed extract and tea tree oil. Adults, place two or three drops in ear. For children 5-12 years of age, place one drop in ear. Repeat up to three times daily. Use only as directed.

NB2555 (1 fl. oz.) **$6.40**

Ear Wax Removal Kit TOP SELLER

The Kyrosol Ear Wax Removal System was developed to dissolve excess ear wax, soften ear wax plugs, or to prevent the recurrence of ear wax plugs. It is also used to dissolve and flush out hard, dry or impacted wax build-ups. The irrigator tip was designed for optimum safety and effectiveness as it cannot damage the ear drum. The syringe feature allows the user to control the flow for maximum comfort during the rinsing process. Kyrosol uses a glycerin-based, wax solving solution and was developed to dissolve and flush out hard, dry or impacted wax buildups. The single dose pipette not only makes it very easy to dispense the correct amount of solution into the ear, but is also very hygienic as there is no risk of contamination as with bottled ear wax removal solutions.

SQ2160+T (Kit) **$12.50**

Ear Wax Removal Drops

Kyrosol Refill Drops for use with Kyrosol Ear Wax Removal System. These drops help dissolve hard, dry, or impacted wax build-ups. Package Contents: One 15ml/0.5oz. Bottle of Ear Wax Removal Drops and 1 Ear Plug.

SQ2162+T (.5 fl. oz.) **$9.60**

Beeswax Candling Kit TOP SELLER

Whats included? *Two handmade therapeutic candles. *Three strike anywhere matches. *One candle holder/protective plate (the box itself).

CY7001+T (2 Ct.) **$6.35**

Ear Candles

Wally's Natural Unscented Beeswax Ear Candles are a perfect way to unwind at the end of a long day. Just relax and clear your mind as the warm air travels down the candle creating rhythmic sounds and soothing warmth.

WN0010+T Beeswax (2 ct.) **$7.30**
WN0015+T Beeswax (12 ct.) **$39.95**

Sunscreen & Lip Balm

Sunscreen Lotion

What's better than a cruelty-free tinted Mineral Sunscreen infused with exceptionally moisturizing organic argan oil to help repair sun damage? Not much. This sunscreen has all the power of non-nano mineral sunscreen, minus the pale cast — using just a hint of iron oxide for a tint that seamlessly blends with most skin tones. And protects using the perfect balance of non-nano zinc and high- SPF organic red raspberry seed oil, that sits on top of the skin rather than being absorbed, so it can scatter sun rays — without any toxic chemicals.

EM1034+T SPF 40 (3 oz.) **$18.75**

Kid's Sunscreen Lotion

Kids Mineral Sunscreen Lotion is packed with organic cranberry seed oil, a soft, moisturizing ingredient rich in good-for-the-skin antioxidants. Also, It's got organic aloe vera — which, while it's known for soothing sunburn, is also packed with antioxidants, plus hydrating vitamins C and E. All that in a sunscreen with non-nano zinc that sits on top of the skin rather than being absorbed, so it can scatter sun rays — without any toxic chemicals.

EM1044+T SPF 40 (3 oz.) **$11.95**

Baby Sunscreen Lotion

It's delicate skin-friendly for that sweet 'n' soft baby skin, with organic shea butter and organic calendula. Plus, it contains both organic red raspberry seed oil (which has the highest naturally occurring SPF value in the plant world) and organic pomegranate seed oil for a boost in UV protection.

EM1035+T SPF 40 (3 oz.) **$11.25**

Aloe Soothing Gel "After Sun"

Use for skin in need of soothing or calming due to environmental factors that cause irritation, also for skin that has been injured or damaged.

NO7508+T (8 fl. oz.) **$7.85**

100% Natural Lip Balm

Infused with Shea butter. Fantastic for chapped lips!

AM212+T Orange Cream (0.15 oz.) **$2.95**
AM214+T Sweet Mint (0.15 oz.) **$3.20**

Lip Soothe TOP SELLER

A nice Lip Balm made by Millers Natural Products.

MN3001+T Citrus Blossom **$1.99**
MN3002+T Spearmint **$1.99**
MN3004+T Honey Comb **$1.99**

SuperLysine + Cold Sore Treatment

Menthol- the active ingredient that relieves pain quickly. Lysine– Well-researched amino acid that nourishes the skin and suppresses the activity of arginine. Calendula– Soothing botanical historically used to calm dry skin. Olive Oil and Propolis– deeply moisturize lips.

QU1525+T (7 Grams.) **$9.90**

CSR Lip Balm, (Cold Sore Relief)

The all natural ingredients in Cold Sore Relief Lip Balm may aid the body's ability to calm or shorten the length of a cold sore outbreak.

DC31818+T (0.14 oz.) **$6.70**

CSR, (Cold Sore Relief)

The all natural ingredients in CSR Extract may aid the body's ability to calm or shorten the length of a cold sore outbreak. Also available in Lip Balm form.

Serving Size: 10 drops up to 3 x a day

DC49842 (1 fl. oz.) 57 servings **$18.20**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

First Aid

Ivy Oaky

Ivy Oaky is designed to support skin health from the inside out by supporting your body's natural ability to rid itself of irritating substances. Ivy Oaky is a combination of lymphatic, liver and immune tonic herbs. For internal use or can be used topically. Ditch the itch.

Serving Size: 2 droppers up to 4 x a day

NA1056-002 (2 fl. oz.) 36 servings **$17.60**
NA1056-004 (4 fl. oz.) 72 servings **$31.99**

Ivy & Oak Soap Bar

Our powerful enriched bar soap with Jewelweed and Grindelia helps alleviate symptoms of poison ivy and oak. Ingredients: Saponified Coconut Oil, Palm Oil * Castor Oil, Safflower Oil, Glycerin (kosher, of vegetable origin), Purified Water, 5% Shea Butter Sorbitol (moisturizer), Sorbitan oleate (emulsifier), Soybean protein (conditioner). organic grindelia and jewelweed, essential oils of geranium, lavender, chamomile.

TY2760+T (4 oz.) **$7.95**

Jewelweed Spray & Ivy Oaky Combo

Introducing Jewelweed Spray & Ivy Oaky combo pack! Use this combo in the heat of the season. When supporting skin health, it's important to address it from the inside as well as the outside. Ivy Oaky and Jewelweed Spray are the perfect combo products to help you and your family enjoy the outdoors spring through autumn. Ivy Oaky works from the inside out while the Jewelweed Spray soothes the skin.

NA1065-002 (2 fl. oz each) **$35.20**

Jewelweed Spray

The perfect product to accompany Ivy Oaky. Jewelweed, the inspiration for this product, is one of the most popular herbs for summertime rashes. To the fresh Jewelweed extract we added extracts of three other well known herbs used to support healthy skin - Burdock, Calendula and Aloe to create a winning Jewelweed spray. For external use.

NA1059-001 (1 fl. oz.) **$11.99**
NA1059-002 (2 fl. oz.) **$19.20**

Clean Skin "Spray"

Herbal alternative to Hydrogen peroxide in a handy spray bottle. Can be applied directly, straight or diluted. A gauze pad can be soaked with the tincture and applied to the area for continual application. Also use for cuts, scrapes, bruises, rashes, pimples and more.

NA1057-001 (1 fl. oz.) **$11.99**
NA1057-002 (2 fl. oz.) **$17.60**

Splinter Removal Kit

This kit includes a high quality stainless steel forceps (Tweezers) and liberator (Digging Tool).

MM80900 (1 kit) **$39.40**

Tick Removal Kit

This kit contains: precision tweezers, magnifying lens, antiseptic towelettes, tick storage bags and instructions.

MM80992 (1 Kit) **$8.95**

Burn Aid Book

An excellent guide on how to treat wounds and burns using B&W Salve, written by John Keim. 33 pages.

WS100+T (Book) **$7.20**

B&W Salve TOP SELLER

A great all natural salve for burns and wounds. Formulated by John Keim.

WS7090 (4 oz.) **$14.00**
WS7100 (8 oz.) **$25.99**
WS7101 (16 oz.) **$49.95**
WS7102 (64 oz.) **$149.99**

Activated Charcoal Powder HARDWOOD

Made from 100% Eastern American Hardwoods, this activated charcoal powder is ideal for treating topical ailments, such as insect, spider, or snake bites, poison ivy, cuts, scratches, minor burns, as well as other simple detox applications. Its mesoporous structure draws and binds a broad range of toxins and poisons from even deep tissue, allowing the body to heal itself the way it is designed to.

ACC5001 (10 oz.) **$21.50**

Charcoal Salve TOP SELLER

Coconut Activated Charcoal Herbal Salve works as a drawing agent to pull foreign matter or toxins from cuts or wounds. Charcoal Salve has traditionally been used to treat chronic skin problems. Promotes quicker healing. Carry one in your backpack or handbag for insect bites and first defense against allergic skin rashes and cuts and more. The key to using charcoal salve is to apply immediately after bites etc.

ACC6311 (2 oz.) **$18.30**

Charcoal Drawing Cream TOP SELLER

Activated Charcoal Drawing Cream. Excellent for pulling out impurities, foreign objects, toxins and poisons. A non greasy, extremely moisturizing cream. 'A little poultice jell in a jar!' Powerful and yet so gentle you can use as a Charcoal Facial! Ideal for dry skin.

ACC6320+T (2 oz.) **$18.50**

Hydrogen Peroxide 3%

Essential Oxygen 3% Food Grade Hydrogen Peroxide is THE essential product for every household. With none of the toxic stabilizers found in non-food grade, brown bottle varieties, FGHP3 is the cleanest way to clean…everything.FGHP3 can be used for first aid, food, household surfaces, laundry, plants, and pets! It's also the perfect cleansing oral mouth rinse for minor infections.

EO2749 Food Grade (8 fl. oz.) **$7.25**
EO2752 Food Grade (32 fl. oz.) **$15.95**

Naked Bandage

The Naked Bandage is a waterproof, flexible, soft, and transparent bandage that breathes and moves with your skin, seals out dirt and contaminants, and feels like you have nothing on at all. It is nearly invisible, so like the name suggests, your skin still looks and feels naked. It works best when used in combination with Silver.

Cut to fit the needed area.

SVC1015 4" x 12" **$12.80**

Sterile Stretch Gauze

Stretches to conform to those hard-to-wrap areas. It clings to itself so taping is not required. Sterile.

MM80876 (2" x 4.1 Yd) 12 rolls per pk **$3.85**
MM80878 (4" x 4.1 Yd) 12 rolls per pk **$12.95**
MM80879 (6" x 4.1 Yd) 6 rolls per pk **$16.70**

Elastic Wrap

Use for support, compression for securing splints, dressings, ice packs, etc.

MM80859 (3 inch by 5 yards) **$3.55**

Essential Oils & Diffusers

Facial Mister

Give your face a soothing mist of hydration! This delicate sprayer gives off a soothing ambient glow when paired with silver. The Facial Mister has also been used for upper respiratory treatments by breathing in the silver infused mist through the mouth or nostrils. Simply remove the silicone stopper at the top, pour in the desired amount of our Silver, then replace the silicone stopper. No dilution required.

SVC1010+T **$12.80**

Woodgrain Air Humidifier

Tired of stuffy noses and dry houses during the long winter months? Try the new Woodgrain Air Humidifier! 3 Liter capacity built in essential oil tray. Easily disassemble for cleaning. Convenient control knob for smooth operation. Power draw 10-20 watts. Water output: 180 ml-hr. max. NOTE: To use with a Dewalt or Milwaukee battery you will need the Accessory Kit listed below!

MT0640+T (1 Ct.) **$82.95**
MT0610+T Accessory Kit (1 Ct.) **$32.00**

Jasmine Ceramic Diffuser

A nice portable ultrasonic diffuser. Fits 20 Volt Dewalt or 18 volt Milwaukee battery. 8 hours run time and low battery protected. Option for continuous mist or 30 seconds on/30 seconds off.

CPC632+T Dewalt/Milwaukee (1 Ct.) **$96.99**

Aroma-Ace Atomizing Diffuser Dewalt/ Milwaukee

Use this awesome diffuser with your existing 20 volt Dewalt or 18 volt Milwaukee battery! This atomizing diffuser disperses essential oils as a fine vapor throughout the air so they can be absorbed gently into the body through the respiratory system. The Aroma-Ace uses a unique and patented cold diffusion™ technology to preserve the natural essence and complete therapeutic benefits of essential oils by effectively transforming them into a micro fine vapor without the use of heat or water. These micro particles permeate the air and may remain suspended for hours, fully intact, with all of their NATURAL defenses against airborne viruses, bacteria, mold, pests and odors. Change essential oils in seconds with the innovative "quick change" system. Simply twist a new bottle of essential oil into the atomizer at any time without mixing or spilling. Advanced, easy to use timer knobs provide exceptional operational control and convenience. Durable, effective, simple to use, backed by a five year warranty and made in the USA. Want to make your diffuser Whisper Quiet? Add the Aroma-Silencer for the ultimate experience! Up to 1,500 sq. ft. coverage! Fits 20 volt Dewalt or 18 volt Milwaukee. Battery not included.. It would be a great idea to use a silencer with the diffuser if running it your bedroom at nighttime.

DIW1040+T Dewalt/Milwaukee **$195.99**

SUMMER ESSENTIAL OIL BLENDS

1. Coastal Waters: 2 drops Cedarwood, 2 drops Frankincense, 2 drops Orange, 1 drop Rosemary
2. Full Bloom: 4 drops Lavender, 2 drops Geranium, 1 drop Jasmine
3. Summer Sunshine: 3 drops Lemon, 3 drops Grapefruit, 2 drops Spearmint, 1 drop Basil

Aroma-Ace Atomizing Diffuser

Atomizing diffusers disperse essential oils as a fine vapor throughout the air so they can be absorbed gently into the body through the respiratory system. The Aroma-Ace uses a unique and patented cold diffusion™ technology to preserve the natural essence and complete therapeutic benefits of essential oils by effectively transforming them into a micro fine vapor without the use of heat or water. These micro particles permeate the air and may remain suspended for hours, fully intact, with all of their NATURAL defenses against airborne viruses, bacteria, mold, pests and odors. Change essential oils in seconds with the innovative "quick change" system. Simply twist a new bottle of essential oil into the atomizer at any time without mixing or spilling. Advanced, easy to use timer knobs provide exceptional operational control and convenience. Durable, effective, simple to use, backed by a five year warranty and made in the USA. *Choose your color options below! Want to make your diffuser Whisper Quiet? Add the Aroma-Silencer for the ultimate experience! Up to 1,500 sq. ft. coverage! Choose from Dewalt/Milwaukee or 110 volt and your color choice. It would be a great idea to use a silencer with the diffuser if running it your bedroom at nighttime.

DIW1040+T Fits Dewalt 20 V. or Milwaukee 18 V. **$195.99**
DIW1050+T 110 Volt Black (1 ct.) **$135.00**
DIW1066+T Aroma-Silencer (1 ct.) **$11.35**

Aroma-Silencer

The new and innovative Aroma-Silencer™ significantly reduces the noise level of the Aroma-Ace™, and the Aroma-Breeze™. This essential oil diffuser silencer replaces the spout on the top of the atomizer. Be sure to remove the separator sweep inside the atomizer first. Now you're ready to enjoy your diffuser...more quietly!

DIW1066+T (1 ct.) **$11.35**

Aroma-Infinity Atomizing Diffuser

Introducing the NEW Aroma-Infinity™ essential oil diffuser. This quality atomizing diffuser uses the most advanced diffusion technology available and is packed with features. Cold diffusion disperses the essential oils into the air on a molecular level, allowing the molecules to be bio-available. Features include a built in digital timer with intermittent options, quiet, portable, coverage reaches over 800 SF, and is self-contained so no leaks. Comes complete with a 12 volt plug, 110 volt wall plug, USB cord, & rechargeable Li-battery. Can also be used with DEWALT, MILWAUKEE, and MAKITA (not included, USB adapter needed) batteries! For Dewalt, Milwaukee, and Makita USB adapters see Item "USB Power Source". One year warranty. Holds 15 ml Essential Oil Bottles.

DIW1070+T (1 ct.) **$145.00**

USB Power Source

For Dewalt, Milwaukee or Makita. These USB power source adapters can be used to run/charge any product that has a USB plug. Excellent for running UBS diffusers, charging phones and more. These adapters work with our Aroma-Infinity, Aroma-Express, Glass Swirl USB, & Ultrasonic USB diffusers! Simply choose the correct adapter for your battery brand. Battery not included.

KA2025+T Dewalt 20 volt USB adapter **$29.99**

Ceramic Stone Ultrasonic Oil Diffuser

NOW® Solutions Ultrasonic Ceramic Stone Oil Diffuser unites scientific innovation with the timeless tradition of aromatherapy to create a BPA-free diffuser that uses only tap water and your favorite essential oils. Instead of heat, this contemporary diffuser utilizes high frequency, ultrasonic electrical vibrations to create an ultra-fine mist, which helps to maintain essential oil integrity and holistic properties. With an automatic shut-off and up to 14 hours of whisper-quiet operation, this diffuser is the perfect complement to your home or office. 1,000 sq. ft. coverage. 110V Electric.

NO7483+T (1 ct.) **$49.99**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Ultrasonic Glass Swirl Oil Diffuser "USB"

NOW® Solutions Ultrasonic Glass Swirl USB Oil Diffuser unites scientific innovation with the timeless tradition of aromatherapy to create a BPA-free diffuser that uses only tap water and your favorite essential oils. Instead of heat, this contemporary diffuser utilizes high frequency ultrasonic electrical vibrations to create an ultra-fine mist, which helps to maintain essential oil integrity and holistic properties. With an automatic shut-off and up to five hours of whisper-quiet operation, this attractive diffuser with rotating colors complements your healthy lifestyle and is ideal for home and office. Can also be used with DEWALT, MILWAUKEE, and MAKITA (not included, USB adapter needed) batteries! For Dewalt, Milwaukee, and Makita USB adapters see Item "USB Power Source".

NO7487+T (1 ct.) **$44.99**

Ultrasonic Oil Diffuser "USB"

With NOW Solutions new Portable USB Ultrasonic Oil Diffuser you can enjoy the benefits of aromatherapy wherever life takes you. This compact little unit can be plugged in to any USB port, making it ideal for the home or office, and is perfectly sized to fit in almost any vehicle beverage holder for portability you just won't find with most other diffusers. With a run time of six hours per fill and a one year warranty, NOW Solutions Portable USB Diffuser is a great complement to any on-the-go lifestyle. Its extremely quiet and easy to clean. Has rotating LED lights, cool steam and automatically shuts off. Just fill with tap water and essential oils. Can also be used with DEWALT, MILWAUKEE, and MAKITA (not included, USB adapter needed) batteries! For Dewalt, Milwaukee, and Makita USB adapters see Item "USB Power Source".

NO7485+T Gray (1 ct.) **$26.99**

Bamboo Ultrasonic Oil Diffuser

NOW® Solutions Real Bamboo Ultrasonic Oil Diffuser unites aromatherapy with modern scientific innovation to create an essential oil diffuser that's the perfect complement to your home or office. This attractive diffuser is BPA-free and utilizes high-frequency ultrasonic electrical vibrations to create an ultra-fine mist. This diffusion method doesn't utilize heat, which maintains essential oil integrity and holistic properties. Just add 150 ml (5 fl. oz.) of water and 5 drops of your favorite essential oils and enjoy. Choose your desired time; 1 Hr or 2 Hr then your mode; intermittent or continuous. It diffuses up to seven hours on continuous or fourteen on intermittent, then shuts off automatically. Electric.

NO7521+T (1 Ct.) **$49.99**

Ultrasonic Oil Diffuser

NOW® Solutions Ultrasonic Oil Diffuser unites scientific innovation with contemporary design to create an essential oil diffuser that's the perfect complement to your home or office. This attractive diffuser is BPA-free and utilizes high-frequency ultrasonic electrical vibrations to create an ultra-fine aromatherapy mist. This diffusion method doesn't utilize heat, which maintains essential oil integrity and holistic properties. NOW® Solutions Ultrasonic Oil Diffuser is perfect for daily and year-round use and is a healthy alternative to synthetic room fresheners and scented candles. Uses Electric.

NO7512+T (1 Ct.) **$44.99**

Sleepy Puppy Ultrasonic Oil Diffuser "USB"

With NOW® Solutions' USB Sleepy Puppy Diffuser you can send your little ones off to sleep with the soothing sights, sounds and scents of nature. This BPA-free diffuser doesn't utilize heat, so there's no risk of burns. All you need is tap water and your favorite essential oils to create a soothing environment that's ideal for a good night's sleep. With three projection templates, ultrasonic misting and restful nature sounds, this Sleepy Puppy Diffuser will make bedtime something the kids will actually look forward to! Can also be used with DEWALT, MILWAUKEE, and MAKITA (not included, USB adapter needed) batteries! For Dewalt, Milwaukee, and Makita USB adapters see Item "USB Power Source".

NO7484+T (1 ct.) **$49.99**

Thieves Immunity Oil 'Protective Blend'

TOP SELLER

Thieves Immunity is a popular blend. Based on the ancient recipe used by corpse robbers in the time of the plague, with updates informed by modern research.

NFE1212 (0.5 fl. oz.) **$15.75**

Ultra Immunity Oil 'Germs Blend' TOP SELLER

Are you fighting a battle with germs or mold? Ultra Immunity to the rescue! Excellent for viral and bacterial infections and even mastitis. Can be rubbed on bottom of feet, chest and other areas as needed. It can also used in a bath soak (only a few drops mixed with soap and water). This is a great oil to use at the first sign of illness or to help get ride of existing germs. Can also be used to combat mold in the home. Note; has a garlic smell. Dilute and apply, use with care.

NFE1245+T (0.5 fl. oz.) **$18.50**

Breathe Easy Oil 'Respiratory Blend' TOP SELLER

A Respiratory & Sinus blend designed to support healthy breathing. Good for congestion, sinus issues, coughs, respiratory issues, asthma, allergies and odors. Can be used in diffuser, rubbed on chest etc. or apply to hands and cup over nose and mouth and breath deeply. These herbs have also been known to have mucus thinning support and help to produce productive mucus. Dilute and apply, use with care.

NFE1209+T (0.5 fl. oz.) **$18.00**

Extreme Sinus Oil 'Skin Stress Blend'

This is a great blend to use for any viruses &/or serious infections including sinus infections etc. Can be used in a nasal rinse solution (1 drop only). Warning: this is a very strong oil and will cause a burning sensation if used in a nasal rinse solution. Can be diffused, used topically and as a nasal flush. For topical uses dilute and apply, use with care.

NFE1257+T (0.5 fl. oz.) **$14.00**

Meno Cool Oil 'Skin Cooling Blend'

A deeply cooling blend. Can be used to help reduce fever, hot flashes, intense heat etc. Applying Icicle on the chest, face, and back is a good way to help reduce fever. This blend has also been used by midwives. Apply to forehead or abdomen with a cool washcloth, or add a drop to ice water.

NFE1233+T (0.5 fl. oz.) **$15.75**

Be Warm Oil 'Circulation Blend'

Designed to increase blood flow and improve physical warmth. This blend was designed with midwives for women who are in labor and feel cold in a warm room, used in place of layering more blankets or turning up the heat. This blend can significantly increase blood flow which can be excellent for massage.

NFE1263+T (0.5 fl. oz.) **$14.75**

Essential Oils for Summer Skincare

By Kristen Smith, Clinical Herbalist & Aromatherapist

When summer comes, it's time to head back outdoors to work, garden, and enjoy the great weather. But with that outdoor time often comes special skincare needs. Thankfully, essential oils can help you provide that extra care.

PROTECT YOUR SKIN WITH SAFETY GUIDELINES

Essential oils are concentrated and powerful plant extracts, which means they can cause irritation and skin damage if you don't use them correctly.

First, always dilute essential oils before applying them to your skin. You may only need 1–3 drops of essential oil in a teaspoon of carrier oil such as coconut oil, fractionated coconut oil, jojoba oil, avocado oil, or sweet almond oil, to get satisfactory results. Use extra care with babies, young children, and anyone with sensitive skin.

Next, check to be sure the essential oil you want to use is safe for topical use. Some are more likely to cause skin irritation than others.

Finally, use high quality essential oils. You might find bargain brands at a discount store, but these oils are likely low-quality and less trustworthy.

SUNBURN HELP

Sometimes you don't notice that you've been in direct sunlight for too long, and you end up sunburned. This often happens to me in mid-spring when the weather is still mild and I'm working in my garden.

Some essential oils are quite soothing for burned skin. After calming the burn with cool water, you can dilute lavender *(Lavandula angustifolia, L. vera)* in a carrier oil and apply it over the skin.

For children, pregnant moms, or those with sensitive skin, you only need 3 drops per teaspoon of carrier oil. Adults can use 5 drops per teaspoon of carrier.

If you don't have or don't like lavender, you can also use Roman chamomile *(Chamaemelum nobile)* or helichrysum *(Helichrysum angustifolium)* instead.

SCRAPES, CUTS, & INJURIES

Summertime often means extra cuts, scrapes, or other skin injuries since you're outside more. Essential oils can help because they offer antimicrobial properties, ease inflammation, and provide pain relief. Some essential oils even help new skin cells develop more quickly! I like to use tea tree essential oil *(Melaleuca alternifolia),* diluted in a carrier oil, on minor skin injuries. Tea tree is well-known for being highly antimicrobial, yet it's still gentle for your skin.

You can use the same dilution amounts as lavender essential oil for sunburns.

BUG BITES

Bug bites are itchy, bothersome, and even painful at times. Lavender essential oil can be very soothing. If you're only applying it over a tiny bite, you can use a stronger dilution, like 10-20 drops in a teaspoon of carrier oil.

You can also use diluted peppermint *(Mentha x piperita)* over itchy bites. The cooling sensation can ease the itch. Use less of this essential oil, such as 5 drops in a teaspoon of carrier oil and only apply it on the bite itself.

I also like to use essential oils in a homemade insect repellent spray to help keep bugs off of me while I'm outside. You can easily make your own with a handful of ingredients (see recipe below).

Kristen Smith is an herbalist and aromatherapist with multiple natural health certifications. She believes natural healing is a blessing from God that you can start enjoying right now one simple step at a time. You can find her at ABetterWayToThrive.com where she shares free articles, publishes helpful resources, and works one - on- one with her Thriving Health clients. kristensmith@abetterwaytothrive.com .

DIY Insect Repellent Spray with Essential Oils

INGREDIENTS

20 drops lemon eucalyptus *(Eucalyptus citriodora)*

10 drops citronella *(Cymbopogon nardus)*

10 drops geranium *(Pelargonium graveolens)*

10 drops peppermint *(Mentha x piperita)* or spearmint *(Mentha spicata)*

2 ounces 80-proof vodka, or two parts of rubbing alcohol and one part of water

INSTRUCTIONS

1. Add the essential oils and alcohol to a 2-ounce glass spray bottle. Shake gently to combine. Label your bottle with the ingredients and spray name.
2. Spray on your clothing to repel insects. Reapply every 2 hours or as needed.
3. Store the bottle away from heat and light. For best results, avoid spraying directly on your skin.

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Migra-Ease Oil 'Cooling Blend'
Anti-inflammatory & Arthritis blend. This blend is great for burns, sunburns, topical rashes, and swelling from arthritis. Apply directly, mix with aloe vera gel, or add a few drops to a spray bottle with water.
NFE1206+T (0.5 fl. oz.) **$22.00**

Vertigo Oil 'Nausea Blend'
Peppermint, coriander, and ginger blend in Vertigo to promote grounding and mental health. Rub into hands and breathe deeply, diffuse in a 2-5% dilution (18-45 drops of oil to a 30ml bottle of a carrier oil) and apply to temples and back of the neck.
NFE1260+T (0.5 fl. oz.) **$14.40**

Deep Muscle Oil 'Anti-spasmotic Blend'
This is a nice blend to help with muscle spasms or to use to help relax muscles during massage.
NFE1215+T (0.5 fl. oz.) **$18.75**

Digest Easy Oil 'Digestive Blend'
Digest Easy is designed to support healthy digestion. It can be used for colic (heavily diluted), indigestion, heartburn, and pain associated with overeating. Massage into abdomen at 2-5% dilution, or add very small amount to cold water.
NFE1200+T (0.5 fl. oz.) **$15.50**

Stress Ease Oil 'Relaxing Blend'
Feeling stressed? This is a nice blend of relaxing oils to use during stressful times.
NFE1221+T (0.5 fl. oz.) **$18.00**

Be Focused Oil 'Alertness Blend'
A great blend of oils to help with the effects of ADD/ADHD and to help promote focus, alertness, and concentration. Great for children, students, and office workers or anyone needing alertness support. Diffuse, apply small amount to wrist or massage into abdomen.
NFE1251+T (0.5 fl. oz.) **$16.25**

Be Happy Oil 'Uplifting Blend'
And nice uplifting blend that can be diffused to help clear unwanted odors. This blend can also be used in cleaning water etc. to leave things smelling fresh and clean.
NFE1236+T (0.5 fl. oz.) **$14.00**

Uplifting Oil 'Uplifting Blend'
Oh the wonderful smell of citrus! A great blend of citrus oils to brighten the gloomiest days. Diffuse or rub into hands.
NFE1203+T (0.5 fl. oz.) **$14.00**

Sleep Easy Oil 'Sleep/Relaxation Blend'
Having trouble falling asleep? Use this blend for improved sleep, stress, or insomnia. Diffuse, apply to pillow or tissue, rub into palms or bottoms of feet.
NFE1239+T (0.5 fl. oz.) **$16.00**

Women's Monthly Oil 'Monthly Feminine Blend'
Designed to ease cramps and mood swings of PMS and other feminine issues. Massage into abdomen at 2-5% dilution or diffuse.
NFE1248+T (0.5 fl. oz.) **$16.75**

Bruise Be Gone Oil 'First Aid Blend'
Bruise Be Gone Oil can be used for bruises, bleeding, enlarged veins, sports injuries, and more. Dilute & apply directly (with care) to minor cuts/abrasions, etc. or massage into scar tissue.
NFE1254+T (0.5 fl. oz.) **$19.50**

Bug-Away Oil 'Insect Repellent Blend'
Want to make your outdoor time more enjoyable? This blend was designed to keep the bugs away. Add to spray bottle with water, apply to clothing/skin, or spray bedding/equipment. For best results apply regularly.
NFE1242+T (0.5 fl. oz.) **$10.50**

Holiday Cheer Oil 'Spice Blend'
A nostalgic combination of oils brings the smell, and memory, of baking cookies, spiced cider, fir trees, and happiness to life. Contains: Orange, Nutmeg, Balsam Fir, Cinnamon Bark, Cassia & Vanilla Absolute.
NFE1230+T (0.5 fl. oz.) **$15.00**

Fractionated Coconut Oil 'Organic' TOP SELLER
This coconut oil can be used to dilute essential oils before applying them topically. Many essential oils are very concentrated and strong and should be diluted to avoid burning.
NFE4010+T (4 fl. oz.) **$12.00**

Balsam Fir Oil 'Therapeutic' 100% Pure
NFE1042+T (0.5 fl. oz) **$16.00**

Basil Oil 'Therapeutic' 100% Pure
NFE1003+T (0.5 fl. oz.) **$11.50**

Bergamot Oil 'Therapeutic' 100% Pure
NFE1006+T (0.5 fl. oz.) **$14.50**

Cedarwood Oil 'Therapeutic' 100% Pure
NFE1018+T (0.5 fl. oz.) **$9.50**

Cinnamon Oil 'Therapeutic' 100% Pure
NFE1021+T (0.5 fl. oz.) **$21.75**

Citronella Oil 'Therapeutic' 100% Pure
NFE1024+T (0.5 fl. oz.) **$9.75**

Clary Sage Oil 'Therapeutic' 100% Pure
NFE1027+T (0.5 fl. oz.) **$18.50**

Clove Oil 'Therapeutic' 100% Pure
NFE1033+T (0.5 fl. oz.) $10.00

Copaiba 100% Pure
NFE1035+T (0.5 oz.) $13.20

Cypress Oil 'Therapeutic' 100% Pure
NFE1036+T (0.5 fl. oz.) $11.00

Eucalyptus Radiata 'Eucalyptus' Oil 'Therapeutic' 100% Pure
NFE1039+T (0.5 fl. oz.) $10.00

Frankincense Boswellia Oil 'Therapeutic' 100% Pure TOP SELLER
NFE1045+T (5 ml) $21.00

Geranium Oil 'Therapeutic' 100% Pure
NFE1048+T (0.5 fl. oz.) $19.50

Ginger Oil 'Therapeutic' 100% Pure
NFE1051+T (0.5 fl. oz.) $10.00

Grapefruit Oil 'Therapeutic' 100% Pure
NFE1054+T (0.5 fl. oz.) $11.35

Helichrysum Oil 'Therapeutic' 100% Pure
NFE1057+T (5 ml) $35.00

Juniper Berry Oil 'Therapeutic' 100% Pure
NFE1063+T (0.5 fl. oz.) $14.50

Lavender Oil 'Therapeutic' 100% Pure TOP SELLER
NFE1069+T (0.5 fl. oz.) $15.00

Lemon Oil 'Therapeutic' 100% Pure TOP SELLER
NFE1072+T (0.5 fl. oz.) $7.10

Lemon Eucalyptus Oil 'Therapeutic' 100% Pure
NFE1075+T (0.5 fl. oz.) $7.75

Lemongrass Oil 'Therapeutic' 100% Pure
NFE1078+T (0.5 fl. oz.) $7.10

Lime Oil 'Therapeutic' 100% Pure
NFE1081+T (0.5 fl. oz.) $9.20

Marjoram Oil 'Therapeutic' 100% Pure
NFE1090+T (0.5 fl. oz.) $13.25

Myrrh Oil 'Therapeutic' 100% Pure
NFE1096+T (0.5 fl. oz.) $31.70

Orange Oil 'Therapeutic' 100% Pure
NFE1105+T (0.5 fl. oz.) $8.00

Oregano Oil 'Therapeutic' 100% Pure
NFE1108+T (0.5 fl. oz.) $15.00

Patchouli Oil 'Therapeutic' 100% Pure
NFE1111+T (0.5 fl. oz.) $14.75

Peppermint Oil 'Therapeutic' 100% Pure TOP SELLER
NFE1114+T (0.5 fl. oz.) $15.00

Pine Oil 'Therapeutic' 100% Pure
NFE1117+T (0.5 fl. oz.) $10.50

Roman Chamomile Oil 'Therapeutic' 100% Pure
NFE1120+T (5 ml) $21.50

Rose Absolute Oil 'Therapeutic' 100% Pure
NFE1123+T (5 ml) $44.00

Rosemary Oil 'Therapeutic' 100% Pure
NFE1126+T (0.5 fl. oz.) $10.00

Sandalwood Oil 'Therapeutic' 100% Pure
NFE1129+T (5 ml) $34.50

Spearmint Oil 'Therapeutic' 100% Pure
NFE1132+T (0.5 fl. oz.) $9.00

Tangerine Oil 'Therapeutic' 100% Pure
NFE1135+T (0.5 fl. oz.) $11.25

Tea Tree Oil 'Therapeutic' 100% Pure
NFE1138+T (0.5 fl. oz.) $13.50

Thyme Oil 'Therapeutic' 100% Pure
NFE1141+T (0.5 fl. oz.) $14.95

Turmeric Oil 'Therapeutic' 100% Pure
NFE1142+T (15 ml.) $15.60

Vetiver Oil 'Therapeutic' 100% Pure
NFE1143+T (15 ml.) $27.85

Wintergreen Oil 'Therapeutic' 100% Pure
NFE1144+T (0.5 fl. oz.) $13.20

Ylang Ylang Oil 'Therapeutic' 100% Pure
NFE1147+T (0.5 fl. oz.) $17.25

Shield "Defends & Protects" TOP SELLER
Helps relieve sinus pressure. Assists in expelling mucus. Assist to strengthen immune system. Protect from cold & flu. Diffuse to eliminate germs. Alleviate headaches. Ease sore throat. Dry up poison ivy. Assist to heal dental infections, canker sores and cold sores. Pure Raw/Therapeutic Grade. Application; Rub on chest and/or feet, or place two drops on the tongue. Beneficial used with diffuser. Ingredients: Clove, cinnamon, lemon, orange, oregano, mandarin, thyme, ajowan, rosemary, nutmeg, ginger, eucalyptus.
CHU9835+T (0.5 fl. oz.) $25.60

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Frankincense "Immune Health"

Support Immune system. Diffuse to promote memory retention. Eliminate warts. Alleviate skin conditions. Alleviate headaches. Reduce inflammation. Reduce stress and anxiety. Reduce asthma symptoms. Pure Raw/Therapeutic Grade. Application: Apply a few drops topically on back of the neck, bottom of the feet or to the weak areas of the body. Inhale directly and diffuse to achieve the maximum benefit. Ingredients: Rare frankincense oil from Sacra trees grown naturally in Oman. Targets the weakest areas of the body and mind.

CHU9812+T (0.5 fl. oz.) **$33.60**

Ease "Digestive"

Relieve heartburn, gas, and bloating. Ease digestive function. Relieve upset stomach, nausea, and morning sickness. Relieve constipation and diarrhea. Pure Raw/Therapeutic Grade. Application: Apply to stomach area, on the feet, or inhale.
Ingredients: Organic peppermint,anise, fennel, juniper berry, ginger root, tarragon.

CHU9809+T (0.5 fl. oz.) **$22.40**

Relax "Stress Release" TOP SELLER

May assist hyperactive children by creating more serenity in their lives. Promotes relaxation. Reduce stress and tension. Reduce sleep apnea and insomnia. Pure Raw/Therapeutic Grade. Application: Apply to the wrist, ear, back of neck or bottom of feet. Beneficial used with diffuser. Ingredients: Organic orange, tangerine, patchouli, lime, blue tansy, ylang-ylang, lavender, citronella, chamomile.

CHU9820+T (0.5 fl. oz.) **$21.25**

Alleviate "Deep Healing"

Assists to relieve pain. Reduce inflammation of sore muscles. Ease achy joints by penetrating deep into the body's tissue. Assists in headache relief. Pure Raw/Therapeutic Grade. Application: Rub 3 drops directly onto area of discomfort and/or to the bottom of feet. Ingredients: Organic wintergreen, peppermint, blue tansy, helichrysum, chamomile, wild spruce.

CHU9800+T (0.33 fl.oz.) **$18.40**

Slender "Weight Management"

May assist with curbing food cravings. Speed up metabolism. Reduce water retention. Stimulate circulation. Decrease toxin buildup. Pure Raw/Therapeutic Grade. Application: Add 8-10 drops to water and drink in-between meals and/or massage over an area of cellulite. Beneficial used with diffuser. Ingredients: Organic grapefruit, lemon, peppermint, cinnamon bark, celery seed, ginger root.

CHU9840+T (0.5 fl. oz.) **$18.60**

Vivid "Skin Revitalizing & Rejuvenating"

Retain elasticity and youthful skin. May help prevent stretch marks. Minimize scarring. Alleviate sunburn. Use to treat dermatitis, eczema, acne, and even psoriasis. Pure Raw/Therapeutic Grade. Application: Rub 3 drops onto area of preference. Ingredients: Organically-grown cucumber oil, lavender, carrot seed, neroli, chamomile, rose.

CHU9852+T (0.33 fl. oz.) **$17.50**

Bandito (Thieves) Blend

The perfect blend to aid in prevention of cold & flu. Frankincense, Cinnamon, Clove, Lemon, Rosemary, and Eucalyptus Essential Oils are combined to create a blend that can be used to boost immunity and to help protect against illnesses. The vibrant and spicy aroma tantalizes the senses and can aid in stimulating the immune system and supporting respiratory health.

BY1025+T (0.5 oz.) **$25.65**

Easy Peasy Breathie

When the sniffles and sneezies are attacking your sinuses, Easy Peasy Breathie™'s therapeutic blend of essential oils is an an effective support for both kid- and adult-sized respiratory systems.

BY1040+T (0.5 fl. oz.) **$19.35**

EZ Peasy Breathie Topical Blend Oil Roller

Easy Peasy Breathie is formulated to support the respiratory system while helping to calm the whole body to better weather the storms of illness and seasonal allergies. With Frankincense, Ginger, Juniper Berry, Marjoram, Black Pepper, Pine, Cedarwood, Rosalina, and Lemon Myrtle Essential Oils, this delightful lemony-scented blend will uplift your mood and encourage healing. This is a pre-diluted essential oil blend with 3% essential oil content to 97% carrier oil, using oils that are generally considered kid-friendly for children 5 years and older.

BY1044+T (10 ml.) **$12.80**

Dreamland Awaits

A soothing and calming blend of essential oils that work synergistically to help encourage restful sleep and usher you into Dreamland.

BY1028+T Rollerball, Pre-diluted (0.3 oz.) **$16.50**

Spiced Cider Fall Blend

Warming & comforting. Ingredients: Citrus Aurantium Dulcis (Orange) Peel Oil, Myristica Fragrans (Nutmeg) Kernel Oil, Cinnamomum Zeylanicum (Cinnamon) Bark Oil, Organic Eugenia Caryophyllus (Clove) Bud Oil, Zingiber Officinale (Ginger) Root Oil.

NO7646+T (1 fl. oz.) **$13.00**

Pumpkin Spice Fall Blend

Warming & calming. Ingredients: Citrus Reticulata Blanco (Tangerine) Peel Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Cinnamomum Zeylanicum (Cinnamon) Bark Oil, Elettaria Cardamomum (Cardamom) Seed Oil, Myristica Fragrans (Nutmeg) Kernel Oil, Zingiber Officinale (Ginger) Root Oil, Organic Eugenia Caryophyllus (Clove) Bud Oil.

NO7697+T (1 fl. oz.) **$13.00**

Nature's Shield Oil Blend

Nature's Shield is a contemporary version of the famed Four Thieves Vinegar that's been used in various forms for centuries. Made with Clove Bud, Lemon, Cinnamon Bark, Eucalytpus and Rosemary oils, Nature's Shield is blended for aromatherapeutic use but can be used for a variety of other purposes. Ideal for freshening and cleansing.

NO7612+T (1 fl. oz.) **$17.40**

Lemon & Eucalyptus Oil Blend

Clarifying, cleansing, and invigorating blend of lemon, eucalyptus and lemongrass oils.

NO7729+T (1 fl. oz.) **$6.10**

Bottled Bouquet Oil Blend

Aroma: Sweet, warm and floral with fresh citrus notes. Attributes: Romantic, balancing, calming. Ingredients: Lavender Oil, Ylang Ylang Oil, Bergamot Oil, Orange Oil, Patchouli Oil, Cedarwood Oil. Suggested Use: Add to a diffuser or create your own room spray by adding up to 30 drops to 1 oz. of water in a spray bottle. The longest lasting bouquet you'll ever own!

NO7630+T (1 fl. oz.) **$13.05**

Smiles For Miles Essential Oil Blend

Uplifting, refreshing, energizing. Aroma: Mild citrus with warm spice notes. Ingredients: Orange Oil, Bergamot Oil, Grapefruit Oil, Lime Oil, Lemon Oil, Natural Vanilla (in Jojoba Oil), Cinnamon Bark Oil, Nutmeg Oil, Ginger Oil.

NO7633+T (1 fl. oz.) **$11.30**

Clear The Air Oil Blend
Benefits: Purifying, cleansing, refreshing. Ingredients: Peppermint Oil, Eucalyptus Oil, Hyssop Oil, Rosemary Oil. Suggested Use: Add to a diffuser, or create a purifying room mister by adding 30 drops to 1 oz. of water in a spray bottle. Great for travelers or for seasonal use. Aroma: Fresh Mint.
NO7605+T (1 fl. oz.) $11.30

Good Morning Sunshine Oil Blend
Aroma: Citrus with a slightly spicy undertone. Attributes: Energizing, focusing, soothing. Suggested Use: Add to a diffuser, or create an uplifting room mister by adding 30 drops to 1 oz. of water in a spray bottle. Ingredients: Rosemary Oil, Grapefruit Oil, Orange Oil, Peppermint Oil, Cinnamon Bark Oil. An easy way to make mornings more enjoyable.
NO7631+T (1 fl. oz.) $11.30

Mental Focus Oil Blend
Benefits: Balancing, centering, focusing. Suggested Use: Add to a diffuser, or create a room mister by adding 30 drops to 1 oz. of water in a spray bottle. Ingredients: Lemon Oil, Peppermint Oil, Wintergreen Oil, Basil Oil, Rosemary Oil, Grapefruit Oil. Aroma: Minty Citrus with Wintergreen.
NO7606+T (1 fl. oz.) $11.30

Peaceful Sleep Oil Blend TOP SELLER
Benefits: Calming, relaxing, soothing. Ingredients: Orange Oil, Tangerine Oil, Lavender Oil, Chamomile Oil, Ylang Ylang Oil, Sandalwood Blend. Suggested Use: Add to a diffuser, add 4-5 drops to a hot bath before bed, or create a room mister by adding 30 drops to 1 oz. of water in a spray bottle. Great for unwinding before a nap or for a good night's sleep. Use caution when adding essential oils to a bath tub since they can make surfaces slippery. Aroma: Floral Citrus.
NO7607+T (1 fl. oz.) $11.30

Woodland Walk Oil Blend
A fresh & woodsy blend with Pinus Sylvestris (Pine Needle) Oil, Cedrus Atlantica (Cedarwood Atlas) Oil, Juniperus Communis (Juniper Berry) Oil, Boswellia Carterii (Frankincense) Oil, Commiphora Myrrha (Myrrh) Oil.
NO7648+T (1 fl. oz.) $13.05

Basil Oil
NO7516+T (1 fl. oz.) $11.25

Camphor Oil "White"
NO7520+T (1 fl. oz.) $5.20

Cedarwood Oil
NO7525+T (1 fl. oz.) $6.10

Cinnamon Bark Oil
NO7533+T (1 fl. oz.) $26.10

Citronella Oil
NO7535+T (1 fl. oz.) $5.20

Clary Sage Oil
NO7538+T (1 fl. oz.) $19.15

Clove Oil
NO7540+T (1 fl. oz.) $6.10

Cypress Oil
NO7652+T (1 fl. oz.) $8.70

Eucalyptus Oil TOP SELLER
NO7545+T (1 fl. oz.) $5.20
NO7491+T (2 fl. oz.) $8.70

Frankincense Oil TOP SELLER
NO7542+T 100% pure (1 fl. oz.) $24.35
NO7548+T 20% blend (1 fl. oz.) $13.05

Geranium Oil
NO7552+T (1 fl. oz.) $17.40

Ginger Oil
NO7550+T (1 fl. oz.) $11.30

Grapefruit Oil
NO7553+T (1 fl. oz.) $8.70

Jasmine Absolute 7.5%
NO7557+T (1 fl. oz.) $23.45

Lavender Oil TOP SELLER
NO7560+T (1 fl. oz.) $12.20
NO7492+T (2 fl. oz.) $19.99
NO7561+T (4 fl. oz.) $34.80

Lemon Oil
NO7565+T (1 fl. oz.) $5.60

Lemongrass Oil
NO7582+T (1 fl. oz.) $6.95

Myrrh Oil
NO7568+T 100% pure(1 fl. oz.) $39.15

Oil Of Oregano Oil
NO7577+T (1 fl. oz.) $12.20

Orange Oil
NO7570+T (1 fl. oz.) $3.60

Oregano Oil
NO7573+T (1 fl. oz.) $14.80

Peppermint Oil
NO7585+T (1 fl. oz.) $7.85
NO7495+T (2 fl. oz.) $13.05
NO7586+T (4 fl. oz.) $21.75

Rose Absolute 5% Blend Oil
NO7597+T (1 fl. oz.) $15.95

Rosemary Oil
NO7600+T (1 fl. oz.) $8.70

Sandalwood Oil 14% Blend
NO7668+T (1 fl. oz.) $30.45

Spearmint Oil
NO7620+T (1 fl. oz.) $6.95

Tea Tree Oil TOP SELLER
NO7625+T (1 fl. oz.) $7.85
NO7489+T (2 fl. oz.) $14.80

Thyme Oil
NO7635+T (1 fl. oz.) $14.80

Vanilla Oil
NO7596+T (1 fl. oz.) $26.10

Wintergreen Oil
NO7640+T (1 fl. oz.) $11.30

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Miscellaneous Items & Bug Repellant

TREK Personal Insect Repellant

TREK is 100% all-natural and bio based, formulated with a blend of essential oils including lemongrass, cedarwood, peppermint and geranium. TREK naturally repels insects without causing harm to you or the environment. TREK is also free from synthetic fragrances and preservatives, making it great for sensitive skin. TREK leaves a pleasant, refreshing scent on your skin. Plant-based moisturizers and soothing agents will leave you feeling clean and refreshed. Continuous Spray BOV can technology applies upside-down and is powered by clean air (no flammables).

LGF1011+T (8 oz.) **$12.40**
LGF1010+T (4 oz.) **$8.35**

SCRAM! Fly Repellant

Create a "NO-FLY ZONE"! Great for picnics, family outings, or barbecue get-togethers to keep flies away from the gathering. SCRAM! has a pleasant lemon-citrus scent. SCRAM! Fly Repellent is specially formulated to keep flies away. Simply spray SCRAM! before setting the table, or periodically while gathering. SCRAM! is free of mystery ingredients and formulated with premium high-grade essential oils that have a wonderful botanical aroma.

LGF1015+T (8 oz.) **$19.20**

Long Handle, Dry Body Brush

This high quality skin brush features 100% natural tampico fiber bristles and a solid lotus wood handle and brush head. The long handle makes this brush great for hard to reach spots like the back. Because the wood is not sealed, this brush is intended for dry use only. Use on all parts of the body except the face since the bristles may be too rough on more delicate facial skin. Dry brushing keeps skin looking healthy by exfoliating away dead skin cells and may help to reduce the appearance of cellulite. Below the surface dry brushing improves blood circulation and encourages the lymphatic system to drain toxins.

BJ0311+T **$20.75**

Castor Oil Pack

The Original Pelvic Castor Oil Pack is a soft, nourishing hug for your pelvic area and reproductive organs. The gentle compression of the pack combined with inflammation-balancing Castor Oil (sold separately) may help relax the nervous system, supporting:
*Lymphatic flow and circulation around the uterus, ovaries, and fallopian tubes
*Fertility, fibroids, ovarian cysts, endometriosis scars or adhesions
*Hormone balance for period problems, postpartum and the transition through menopause. This pack is reusable for up to 3 month.
Step 1: Apply 1 tbsp of Organic Castor Oil onto the soft cotton side of your Pelvic Castor Oil Pack. Step 2: Place the pack over your pelvic area and tie it in place. Measurement: 20" in length, 12.5" width, 10" middle width & 35" straps. Do not share your castor oil pack with a family member or you may spread your germs.

QT1025+T (1 Count) **$39.95**

Fruit & Veggie Wash

This is a one-of-a-kind fruit and vegetable cleaner! Fertilizers, chemical-filled water, improper storage, insects and human handling can spread pathogens that cause food-borne illnesses, like gastroenteritis. P2 Probiotic Fruit & Veggie Cleaner helps eliminate the biofilm that spreads pathogens, and it helps clean away wax and dirt, too. Use for every kind of fruit and vegetable. Always wet what you want to clean first, as the probiotics need to be activated. Leaves no residue of weird taste. Ingredients: A Proprietary Blend of FDA GRAS Spore Probiotics, Naturally Occurring Enzymes, Water Soluble Biosurfactant (microorganisms), Organic Spearmint.

EB1001+T (12 oz.) **$18.65**

Body Guard Herbal Bug Spray TOP SELLER

Repels mosquitoes, ticks, fleas, gnats, chiggers, and other biting insects. This great insect repellent is 100% natural. Contains; Raw apple cider vinegar infused with Lemongrass, Rosemary, Peppermint, Lavender, Tansy, and Wormwood, Witch Hazel Extract, and essential oils of Rosemary, Peppermint, Lavender, Tea Tree, Lemon, Eucalyptus, Sage and Geranium. Has a light vinegar smell.

HD2125+T (4 fl. oz.) **$10.60**

Insect Repellant All Purpose Spray "Organic"

All Purpose was formulated with organic ingredients to repel mosquitoes, ticks, biting flies, fleas, gnats, chiggers and no-see-ums for up to 4 hours. This specialty blend consists of 12 active ingredients: Organic Castor Oil, Organic Soybean Oil, Organic Lemon Grass Oil, Organic Citronella Oil, Organic Sesame Oil, Organic Peppermint Oil, Organic Cedar Oil, Organic Rosemary Oil, Organic Cinnamon Oil, Organic Thyme Oil, Organic Clove Bud Oil, and Organic Geranium Oil. Mixed with our rejuvenating blend of: Organic Coconut Oil, Organic Guar Gum, and Organic Citrus extract

TA5004+T (4 fl. oz.) **$9.95**

Herbal Bug-X

This is a highly potent truly all-natural spray complex for protecting the body from all that bites. Use Herbal Bug-X especially as a natural repellent. Suitable for use for adults, pets, and children as well as pregnant women.

NH4034+T (4 fl. oz.) **$23.05**

BuzzAway EXTREME

Tired of being bugged? Looking for a healthy alternative to harsh bug sprays? Try this great natural insect repellant in a handy spray bottle or towels.

BA1810+T (4 fl. oz.) **$9.50**
BA1690+T (8 fl. oz.) **$15.95**

GermFree Air Purifier

GermFree Purifier™ converts ambient moisture in the air into stable aerosolized hydro-peroxide molecules, to safely treat air and surfaces. Eliminating pathogens, allergens, bacteria, viruses, voc's and mold very quickly with no side-effects, turning back into natural moisture in air when finished. Effective in high and low humidity environments. Occupied space infection control, in a quiet, small footprint, commercial grade application, treats up to 4,000 square feet!

GF2020+T (1 ct.) **$1,395.00**
GF2021+T Remote Control for Air Purifier Use (1 ct.) **$20.35**
GF2022+T Replacement Ozone Plate for Air Purifier Use (1 ct.) **$10.20**
GF2023+T Replacement UV-C Light for Air Purifier Use (1 ct.) **$40.70**

100- pH Test Strips "For Personal Use"

Test your salivary and urinary pH levels at home with these convenient test strips.

NS1118+T (100 Ct.) **$21.55**

pH Test Strips "Water Testing"

Accurate check pH Test Strips for water from AlkaZone helps you easily check the pH level of your water with a range of 2.0 to 10.0.

AZ3509 (50 Ct.) **$9.50**

Pure Non-Scents Total Odor Control

PURIFY YOUR WORLD™ with PURE NON-SCENTS® (PNS) granular activated coconut charcoal - the industrial and home choice for eliminating odors - good, bad and ugly! You name it, remove: mothball odor, pet odors or perfume odors, cigarette odor, mildew, solvents, diaper pails, garbage cans, compost, dead animals, lab chemicals,... PURE NON-SCENTS® adsorbs them all. This is not the cheap recycled coal-based charcoal most often used in treating municipal waste water. PURE NON-SCENTS® is made from a blend of virgin coconut shell granular charcoals that are acid-washed for extra strength. PURE NON-SCENTS® can be sprinkled in garbage cans, litter boxes, in crawl spaces, pet runs, or on compost heaps. It can also be tied in SACHETS and hung just about anywhere there are offensive odors. The sachets work best if they are hung where there is air movement, but they can also be placed in refrigerators, closets, gym bags, diaper pails... Each jar of PURE NON-SCENTS® includes 5 SACHETS for you to fill as needed. Be creative and DON'T COVER UP ODORS, GET RID OF THEM! This product is child and pet friendly. If ingested, PNS is rated "Non-Toxic".

ACC1535+T Powder (2 lb.) **$24.35**

Sachets bags for Pure Non-Scents

Empty Organza Bags for PURE NON-SCENTS® These organza bags are ideal for use with PURE NON-SCENTS®. The sachets work best if they are hung where there is air movement, but they can also be placed in refrigerators, closets, gym bags, diaper pails...

ACC1405+T (5 Empty bags) **$5.05**

Pure Non-Scents Charcoal Odor Eliminator Sachets

Hefty 3"x3" sachets of PURE NON-SCENTS® Activated Charcoal, conveniently ready for you to hang where you need it most, or place it inside a fridge, drawer, gym bag, boot, basically wherever your nose tells you to put it. Remove odors naturally - don't cover up with harmful chemicals!

ACC1544+T (2 Sachets) **$18.90**

Bath Filter

Chlorine, a poisonous gas that is used for water treatment, can be absorbed through your skin during baths. The warm temperature of bath water opens up your pores, allowing chlorine to penetrate your skin. Because chlorine is an oxidant and is what bleach is made of, it can harm your skin and contribute to dryness and flaking. The steam you inhale in a hot bath also contains chlorine vapor that can be absorbed directly into your blood stream. The Santevia Bath Filter reduces chlorine up to 100%! No installation required. Simply hang over your bath tub faucet and let the water run over and through the Santevia Bath Filter. Once your tub is filled, swirl the Santevia Bath Filter in the full bath for best results. Perfect for babies, young children, those with sensitive skin, and anyone who doesn't want to bathe in chlorinated water. Care: Can be used with bath soaps and oils in tub. Rinse filter after use. Hang to dry. Filtration Life: 4-6 months / 200 baths

STE2118+T (1 ct.) **$19.25**

Blender Bottle

The world's #1 best-selling shaker cup for a reason – it works. This is a great leak proof shaker/blender bottle for mixing your favorite drinks and blends. Say 'goodbye' to lumpy protein shakes and 'hello' to smooth, great-tasting drinks. The patented BlenderBall® —found only in BlenderBottle® shaker cups—whips around inside the bottle as you shake, delivering industry-leading mixing and putting the mesh grates and plastic gimmicks in other shakers to shame.

BC1028+T (28 oz.) **$7.95**

Capsule Machine

Save $$ by filling your own capsules. These capsule machines work great and are very handy for filling your own capsules.

CC1001+T 0 Size (Small) **$17.25**
CC1002+T 00 Size (Large) **$17.25**

Vegetable Capsules TOP SELLER

These capsules work well with our capsule machine. Be sure to get the correct size capsules to fit your machine.

CC1005+T Small (Size 0, 500 Caps.) **$10.50**
CC1008+T Large (Size 00, 500 Caps.) **$12.24**

Water Bottle Combination TOP SELLER

Made of dry natural Rubber. Kit contains Water Bottle, Enema Pipe, Vaginal Pipe, Stopper, Hook, Adaptor, Tubing, and Shut Off Clamp. Used for personal hygiene – (douche and enema).
Now available: Only the Water Bottle!

CA5129+T Kit **$12.60**
CA5132 Water Bottle **$9.30**

Baby NasaKleen

Babies need a clear nasal cavity so they can breathe, eat and sleep. Sneezing is a helpful event because it helps the baby clear out their nasal passages. However, when excessive mucus builds up and dries, the nose needs cleaning. Baby NäsaKleen® cleans an infant's nose by ridding it of excess mucus. Baby NäsaKleen® consists of a silicone tip, a plastic chamber with a hygiene filter and a tube connector. The tube is connected to a mouthpiece. By placing the nozzle slightly inside the baby's nostril and gently applying suction through the mouthpiece, the mucus collects in the transparent chamber. A hygiene filter prevents mucus from leaving the chamber. Add a few drops of saline into the nostrils before aspirating if the mucus in the baby's nose is particularly dry or sticky. Repeat one to four times per day, as needed. We recommend that the nose be cleaned upon awakening, before bed and prior to eating.

SQ2166+T (1 Ct.) **$9.60**

Cafe Mam Organic Coffee

Light Roast roast is light brown, with no oil on the surface of the bean. Light roast has the highest caffeine content and an herbal, flowery aftertaste. This coffee can also be used as Therapy coffee to assist the detoxification efforts of patients for use in their coffee enemas.

CM1020 ground (8 oz.) **$13.25**
CM1022 ground (32 oz.) **$44.50**

Cotton Balls "Organic"

Made with 100% Certified Organic Cotton. Chlorine Free. Hypoallergenic. Soft. Better for the environment.

MA1248+T (100 Ct.) **$5.75**

Glass Jar w/Lid TOP SELLER

These handy jars are perfect for making your own salves etc.

DR5156+T (1 oz.) **$1.30**
DR5155+T (4 oz.) **$2.10**

Amber Glass Bottle TOP SELLER

Use these bottles for making your own tincture, syrups and more. New spray top available for 2 oz. bottle only!

DR5152+T (2 oz. with dropper) **$1.30**
DR5154+T (4 oz. with dropper) **$1.80**
DR6180+T (Spray top) "For 2 oz. bottle Only" **$0.95**

Bee's Wax

An 8 ounce block of beeswax.

ST5128+T (8 oz.) **$11.35**

Beeswax Beads

SW6150+T (1 lb.) **$30.99**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Cookbooks

Preserving God's Bounty Canning Cookbook

Preserving Gods Bounty Cookbook: Low sugar & sugarfree canning recipes. Discover the secrets of preserving and savoring the bountiful harvests of nature with this exquisite cookbook. Ideal for food lovers and chefs alike, this book contains a variety of delicious recipes that showcase the art of preserving. With a focus on preserving the natural goodness of the ingredients, the cookbook is an excellent guide for anyone who wants to explore the world of preserving.

PGB1010+T **$22.10**

Nourishing Traditions Cookbook for Children

The Nourishing Traditions Cookbook for Children provides children with the key messages of the parent book. The benefits of eggs, butter, bone broths and soups, lacto-fermented foods, meat and organ meats. Beautifully illustrated, the book teaches the basics of healthy cooking step by step. Children and their parents will enjoy lots of original recipes for healthy snacks, desserts, baked goods, lunches and breakfasts.

SF2122+T **$25.41**

It's All About Sourdough Cookbook TOP SELLER

An awesome cookbook with lots of nice sourdough recipes. This cookbook is dedicated to teaching you how to make and care for your sourdough starter, make bread and much more. 250 + pages with many pictures!

GG7870+T (Book) **$38.40**

Around The Family Table "Cookbook"

A 600+ page cookbook with over 500 sugar-free, low glycemic recipes. This Mennonite lady has outdone herself in sharing fantastic recipes including how to make all kinds of delicious sourdough breads along with canning and butchering recipes. She has taken normal recipes and switched them over to make them healthy and compatible with THM. No white flour or sugar is used in this cookbook. Even though this cookbook isn't endorsed or affiliated by Trim Healthy Mama, she has done her best to categorize recipes as fats, carbs, neutral, or combined fuel within the guidelines of the Trim Healthy Mama eating plan. It's spiral-bound making it very nice to lay open to the recipe you're making. This is one cookbook you won't regret buying if you follow THM or just want to eat healthier.

GG7865+T (Book) **$37.95**

Beyond Gluten-Free Cookbook

A cookbook with an informative introduction to cooking with a goal of better health and wellness. The compiler has experienced and experimented with various health conditions in her family, and now shares what she learned, in hopes that others too, can benefit from their own family's journey. 400+ recipes, with lots of colorful photos, to aid with leaky gut, food intolerances or sensitivities, learning disorders, or other neuro challenges, as well as autoimmune disease and imbalanced blood sugar, etc.

MF2150+T (Cookbook) **$25.55**

Nutritious Treasures Cookbook

Nutritious Treasures is made up of more than 900 recipes that are free from refined sugar, white flour, and a host of other unhealthy ingredients. It contains recipes on sprouting grains, baking with sourdough, making your own spice mixes, fermenting veggies, drying herbs, and too many more to mention. Since some people are sensitive to certain foods, there are a variety of recipes for all, including some egg-free, gluten-free and dairy-free recipes!

NT1260+T (Book) **$28.60**

Simple Cooking "Cookbook"

Rediscover the benefits of food bursting with vitality and refreshing goodness in this sequel to Simple Foods. Innovative, home-designed Simple Foods mixes pack a nutritious punch – twice baked sweet potato, chia pudding, graham streusel cake, and many more – while boosting the well-being of you and your family. Included is a gluten free menu, a dairy-free menu, grocery lists, sweetener and flour alternatives, plus other healthy choices. And of course, simple and wholesome recipes to inspire you in the kitchen. The homework is done, the results are yours to enjoy!

CP6450+T (Book) **$26.00**

Simple Foods Cookbook

Unlock the natural healing God designed for you with simple, wholesome foods. Of course, we know a healthy diet promotes healing. The difficulty lies in getting a reliable plan in place and making it work. Simple Foods packs all you require in its pages. You'll find highly-informative nutritional info, along with an abundance of recipes loaded with restorative qualities and flavor. Simple, easy, no-flour, no-sugar, nutrient-rich and tasty.

Enjoy eating well while eating right. For years we have worked with the B&W burn care protocol. For a burn to heal as quickly as possible, we've always stressed the importance of a healthy diet. The families would invariably ask, "Where can we find recipes that show us how to cook this way?" This gave birth to this book. Our goal is to offer a diet for recovery from illness, that is free of white sugar and white flour -- yet still tasty and easy to make. Good food for a speedy recovery -- again that's Simple Foods. by Norman & Tina Hershberger

CP6500+T Cookbook (1 ct.) **$34.95**

Amazingly Simple "Cookbook"

Do you or your children suffer from ADHD, autism, allergies, asthma, Crohn's Disease, IBS, SIBO or some other inflammatory or autoimmune disorder? Did you know diet can be a large contributing factor to many of the conditions listed above? In this book Ruth Shirk has taken something that can be complicated and difficult and made it simple and easy! Many of the recipes are original with her or have been revised and made "healthy" to fit the challenges listed above. They reflect her taste for the Amish and Mennonite foods she grew up with but are healthy and delicious.

CP9459+T (Book) **$27.10**

A Better Weigh To Healthy "Cookbook"

Whether you are hypoglycemic,diabetic, desire to lose weight, or have food allergies or hypothyroidism, or simply enjoy being healthy.... this cookbook is for you! Sugar-free and Gluten-free with many Dairy-free options. This cookbook isn't endorsed by Trim Healthy Mama, but each recipe is clearly marked whether it is a fats, carbs, neutral, or combination of fats and carbs-making it effortless to use if you're following the Trim Healthy Mama plan. It contains 400 pages of recipes and also much information about naturally treating many health conditions we've personally experienced like: Multiple Chemical Sensitivities, allergies, Leaky Gut, psoriasis, eczema, adrenal fatigue, low blood pressure and Hashimoto's thyroid disease. Although this cookbook is designed to help you lose stubborn weight, it is also perfect for diabetics or those who are wanting to maintain or gain weight in a healthy way. You will be surprised how delicious and "normal-tasting" these recipes are. From pecan pie and peanut butter pie, to stuffed chicken breasts, soups, biscuits, angel food cake, yeast donuts, easy bars and cookies, creamy no bake cheesecakes, raspberry chiffon pie, soft serve ice creams and many sourdough recipes, this cookbook will work for the novice or gourmet chef.

CM8603+T (Book) **$31.05**

Trim Healthy Future 'Cookbook'

Welcome Trim Healthy Future into your kitchen! In this book we have joined forces with our niece, Rashida Simpson, part of the next Trim Healthy generation. Inside these 408 pages you will find more than 200 all new, scrumptious and time saving recipes, designed to catapult you and your family's future into easy and abundant health! Rashida has created over 170 homestyle and family friendly recipes with lots of dairy free options and easy to find ingredients. Serene & Pearl, your Trim Healthy Founders are still in the book though. We're excited to give you 12 each of our latest recipes that have been rocking our world. They're great for gathering the family around the table but many are also extremely effective for those who have stubborn weight to drop or are in difficult weight loss seasons. We can't wait for you to get your hands on this book and add it to your Trim Healthy Cookbook collection. Or if you are new to this lifestyle… a big "Hi" and welcome! Starting with Trim Healthy Future will be great!

PR2680+T (Book) **$43.50**

Trim Healthy Table "Cookbook"

More than 300 all-new recipes! Serene and Pearl share ways to get picky eaters gobbling down veggies and other healthy foods they usually detest. You will learn how to painlessly use whole, unprocessed foods, including blood-sugar friendly carbs, fats, proteins, fruits and vegetables to create meals even the fussiest kids (and husbands) will love. You'll also learn how one basic meal can make a whole family happy even with different nutritional needs. The quick and easy recipes include lots of one-pot dishes such as, skillet meals, slow cooker meals, electric pressure cooker meals, casserole and soups. With the recipes you can wake up to hearty breakfasts, prepare bars for on-the-go or try a creamy, quick-to-make smoothie, even Indulge yourself with the many trimming desserts…cake for breakfast is celebrated! And, if you're simply looking for single serve 5 – 10 minute meals, the Hangry Meal chapter has you covered.

PR2670+T (Book) **$26.00**

Trim Healthy Mama "CookBook" TOP SELLER

In their debut cookbook, the Trim Healthy Mama's share hundreds of delicious, healthy recipes to help readers successfully slim down while eating well. This companion cookbook to the bestselling Trim Healthy Mama Plan is just what readers have been waiting for. It features simple, mouthwatering, recipes for breakfast, lunch and dinner—including slow cooker and one-pot meals, hearty soups and salads, omelets and waffles, pizzas, breads and many indulgent sweet treats. With pantry-stocking advice, time-saving tips & info on how to cook for the entire family, the Trim Healthy Mama Cookbook offers a delicious and nutritious way to make trim and healthy meals!

PR2660+T (Book) **$24.00**

Trim Healthy Mama Plan "Book" TOP SELLER

Forget the Fad Diets, Join the Food Freedom Movement. Becoming trim and healthy doesn't have to be difficult or painstaking anymore. After trying almost every fad diet out there, Serene Allison and Pearl Barrett, creators of the Trim Healthy Mama movement, took matters into their own hands. Through trial and error and much research, they created the Trim Healthy Mama Plan: Keep It Simple. Keep It Sane. Based on the authors' successful self-published book, this simplified, improved, practical plan shows readers a unique way to lose weight and get healthy by eliminating sugar, and still eating hearty, delicious food.

PR2639+T (Book) **$18.50**

Heal Your Gut Cookbook

With more than two hundred straightforward, nutrient-dense, and appealing recipes, The Heal Your Gut Cookbook was created by GAPS Diet experts Hilary Boynton and Mary G. Brackett to help heal your gut and to manage the illnesses that stem from it. In The Heal Your Gut Cookbook, readers will learn about the key cooking techniques and ingredients that form the backbone of the GAPS Diet: working with stocks and broths, soaking nuts and seeds, using coconut, and culturing raw dairy. The authors offer encouraging, real-life perspectives on the life-changing improvements to the health of their families by following this challenging, but powerful, diet. 320 pages.

CG8561+T (Book) **$27.25**

Nourishing Broth Book

NOURISHING BROTH will explore the science behind broth's unique combination of amino acids, minerals and cartilage compounds. Some of the benefits of such broth are: quick recovery from illness and surgery, the healing of pain and inflammation, increased energy from better digestion, lessening of allergies, recovery from Crohn's disease and a lessening of eating disorders because the fully balanced nutritional program lessens the cravings which make most diets fail. Diseases that bone broth can help heal are: Osteoarthritis, Osteoporosis, Psoriasis, Infectious Disease, digestive disorders, even Cancer, and it can help our skin and bones stay young. In addition, the book will serve as a handbook for various techniques for making broths-from simple chicken broth to rich, clear consommé, to shrimp shell stock. A variety of interesting stock-based recipes for breakfast, lunch and dinner from throughout the world will complete the collection and help everyone get more nutrition in their diet.

SF2125+T (Book) **$19.95**

Nourishing Traditions Cookbook

This well-researched, thought-provoking guide to traditional foods contains a startling message: Animal fats and cholesterol are not villains but vital factors in the diet, necessary for normal growth, proper function of the brain and nervous system, protection from disease and optimum energy levels. Sally Fallon dispels the myths of the current low-fat fad in this practical, entertaining guide to a can-do diet that is both nutritious and delicious. Topics include the health benefits of traditional fats and oils (including butter and coconut oil); dangers of vegetarianism; problems with modern soy foods; health benefits of sauces and gravies; proper preparation of whole grain products; pros and cons of milk consumption; easy-to-prepare enzyme enriched condiments and beverages; and appropriate diets for babies and children. 647 pages.

SF2123+T (Cookbook) **$26.25**

Fermented Vegetables Recipe Book

Fermented foods are a delicious, healthy addition to any diet, including the Paleo diet. They're full of nutritious bacteria and probiotics that aid in digestion and boost the immune system. A classic preserving method, the laco-fermentation process yield nutrient-dense live foods packed with vitamins, minerals, enzymes -- and flavor! -- and is easy enough for complete beginners. This guide includes in-depth instruction for making kimchi, sauerkraut, and pickles and then offers more than 120 recipes, using the same basic methods, for fermenting 64 different vegetables and herbs. You'll discover how easy it is to make dozens of exciting dishes, including pickled Brussels sprouts, curried golden beets, carrot kraut, and pickled green coriander. The recipes are creative, delicious, and healthful, and many of them can be made in small batches -- even just a single pint. 376 pages.

WP4254+T (Book) **$24.25**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Raw Energy Recipe Book

It's time to rescue snacks from the realm of empty-calorie packaged junk food and transform everyday pick-me-ups into healthful, satisfying mini meals. Why waste calories on cookies or chips that have no nutritional value and provide only short-term satisfaction when raw foods are delicious, simple to prepare, and bursting with natural energy boosters that everybody needs to stay fit and healthy? Thanks to Raw Energy, it has never been easier to add a full spectrum of raw ingredients to a healthful lifestyle. Author Stephanie Tourles's 125 recipes for trail mixes, parfaits, energy bars, juice blends, smoothies, soups, vegetable chips, zippy dips, candies, and cookies combine raw ingredients in delicious snacks that are chock-full of nutrients and long-term energy boosters. 272 pages.

WP4677+T (Book) **$15.95**

"Read many good books but live in the Bible."

Healthy Choices "Cookbook"

Are you looking for a common sense approach to a healthier lifestyle? This cookbook has been compiled to help provide nutritious food for your family and friends. The recipes in Healthy Choices are sugar-free, use no white flour and don't ask for artificial ingredients. In the long run, no one maintains vibrant, growing health on radiated, fumigated, pasteurized, homogenized, chemical-laden, and nutritionally dead food. Living cells require living foods.

CP3126+T (Cookbook) **$19.95**

Gluten-Free Cooking "Cookbook"

"You hear the doctor say, ""I suspect you are gluten-intolerant. I want you to go on a gluten-free diet."" Dozens of questions race through your mind. How do I cook without flour? Without canned soups? Will I never again enjoy a delicious cookie? Or a fluffy piece of cake? What about pizza? Or bread? Or cinnamon rolls? Meet the Hieberts. For the past 25 years this family of nine has enjoyed eating gluten-free. Yes, gluten-free has its moments, but the Hieberts have conquered these difficulties. In Hieberts' Gluten-Free Cooking they offer not only their recipes, but also their moments of frustration and triumph. Life doesn't end when you go gluten-free. With Hieberts' Gluten-Free Cooking it's only a bend in the road to enjoying better health."

CP3294+T (Cookbook) **$15.65**

Books

Highchair Baby Book TOP SELLER

An invitation to consider the role of real foods in nurturing your baby for optimal health, growth, and development. Includes foundational insights on nutrition from a broad range of sources, ideas for baby's first foods, nourishing recipes, advice for preventing food sensitivities, strategies for the picky eater, and more, all combined with traditional wisdom and solid science. Full color design. 72 pages.

HCB1010+T (Book) **$11.00**

A Fragile Heritage Book

Combining one family's story with fascinating research on genetic disease, A Fragile Heritage traces the strands of heritage, faith, and mutation through generations and addresses questions about genetic mutations resulting from the overlapping ancestry of many Mennonites and Amish today. It also answers a deeper question: In a world of imperfection, how can we believe in a perfect God? 461 pages.

CLP1010+T (Book) **$14.40**

Journey Back to Health Book TOP SELLER

This book is a compilation of notes, stories, recipes, and insights we have gleaned over the years as we have sought the Lord. A healthy lifestyle approach based on divine design and personal responsibility. By Kim Fuhrmann, ND

OF4001+T (Book) **$37.95**

Natural Immune Development Book

Building a strong immune system is foundational for the health challenges we all face in life. Thus, learning the basics of natural immune development will help you feel confident in the health decisions you make for yourself and family. Introducing key concepts such as an integrative immune system, the microbial interactions, the gut-brain connection and the alarming increase of chronic illness, this book offers enlightening and empowering information from Mary Tocco. Based on concepts from leading immunologists and Mary's 40+ years of research and clinical experience, this is knowledge every parent should have!

MT1035+T **$12.95**

Mothers Take Charge Book TOP SELLER

Mothers Take Charge is an essential must-have guide for mothers. Learn how to raise children holistically, using herbal healing, remedies and Sandra's exceptional experience through all her years of teaching. By Sandra Ellis, M.H. 381 Pages.

SPR6220+T (Book) **$20.00**

Herbal Medic Book

With a focus on herbal medicine and first-aid essentials, former Green Beret medic and clinical herbalist Sam Coffman presents this comprehensive home reference on medical emergency preparedness for times when professional medical care is unavailable.
This book is a must have addition for your herbal first aid kit.

WP4680+T (Book) **$19.99**

The Magnesium Miracle Book

Magnesium is an essential nutrient, indispensable to your health and well-being. By adding this mineral to your diet, you are guarding against—and helping to alleviate—such threats as heart disease, stroke, osteoporosis, diabetes, depression, arthritis, and asthma. But despite magnesium's numerous benefits, many Americans remain dangerously deficient. Updated and revised throughout with the latest research, this amazing guide explains the vital role that magnesium plays in your body and life.

RNA3022+T (Book) **$30.80**

Vaccines Are They Really Safe & Effective?

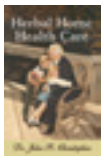
This bestselling vaccine handbook evaluates each vaccine for safety, efficacy, and long-term effects. Contains up-to-date, uncensored data that many doctors don't even know. Summarizes vaccine laws and offers parental options to "mandatory" shots. Helps all concerned people to make wise and responsible decisions. Updated 2015 edition.

NAP5129+T (Book) **$13.55**

Dr. Mom's Healthy Living Book

A family guide to alternative health care, by Sandra K. Livingston Ellis, MH. Sandra is a master herbalist, microscopist, midwife and mother of 15 children and grandmother to 40 grandchildren. She has been instrumental in helping many people discover the joy of self-sufficiency through nutrition and natural healing. In Dr. Mom's Healthy Living, Sandra shares her experiences in natural healing; showing you how to take responsibility for your own health through the use of diet, exercise, herbal medicine, hydrotherapy, and other natural modalities. Included in the book is a Reference Guide listing many different conditions and how to take care of them naturally. This book contains over 520 pages of experiences and instruction to help you attain vibrant health and self-sufficiency.

DC99608+T Book (1 ct.) **$36.95**



Herbal Home Health Care

This is an excellent reference volume of natural health care for both children and adults. It lists diseases in convenient alphabetical order with concise definitions, symptom descriptions, causes and herbal aids. Other natural treatments are outlined, including the cold sheet treatment, the incurables program, detoxification and the mucusless diet. A book for every family.

DC99118+T Book (1 Ct.) **$16.75**

Practical Home Herbal Guide Book

In Practical Home Herbal Guide you will gain knowledge to successfully utilize the powerful benefits of herbs for your family's improved health. Included is information to guide you to use single herbs, formulas, oils, salves, teas and more! The glossary, index, frequently asked questions and common concerns sections provide a wealth of information as well. Enjoy learning more of the original medicines that we have had since the Garden of Eden.

NA9005+T (1 ct.) **$3.20**

Gut & Physiology Syndrome Book

In this book, allergies, autoimmune illness, digestive problems, neurological and endocrine problems, asthma, eczema, chronic fatigue syndrome and fibromyalgia, psoriasis and chronic cystitis, arthritis, and many other chronic degenerative illnesses are covered. Dr. Campbell-McBride believes that the link between physical and mental health, the food and drink that we take, and the condition of our digestive system is absolute. 534 pages.

CG2030+T (Book) **$29.50**

Gut & Psychology Syndrome "GAP's Book"

An excellent book on Natural Treatment for Autism, Dyspraxia, A.D.D., Dyslexia, A.D.H.D., Depression, Schizophrenia. In her book Gut and Psychology Syndrome, Dr. Natasha Campbell-McBride captures her experience and knowledge, incorporating her most recent work. She believes that the link between learning disabilities, the food and drink that we take, and the condition of our digestive system is absolute, and the results of her work have supported her position on this subject. In her clinic, parents discuss all aspects of their child's condition, confident in the knowledge that they are not only talking to a professional but to a parent who has lived their experience. Her deep understanding of the challenges they face puts her advice in a class of its own.

CG2023+T (Book) **$29.50**

Three Day Cleansing Book "Christophers"

Learn the safest program for detoxification through simple juice cleansing revitalization by nourishing the body with live foods found in the mucusless diet. Understand how to bless body and mind with vitality, strength and immunity. Also contained are 63 of Dr. Christopher's famous herbal combinations with descriptions of their components, uses and benefits.

DC99115+T Book **$7.95**

Be Your Own Doctor Book 1 TOP SELLER

By Rachel Weaver, MH.

Be Your Own Doctor offers practical information on:

- How to deal with colds, flus, and fever.
- How to stop bleeding, heal wounds, and deal with emergencies.
- Re-mineralizing teeth and healing abscesses.
- Recipes to make your own tinctures, poultices, teas, and salves.
- Resolving colic and making your own baby care supplies.
- How to deal with most family health problems in your own home.
- Understanding hormones that are going haywire. 336 pages.

BYOD1+T (Book) **$25.99**

Be Your Own Doctor Book 2

Be Your Own Doctor, Book II (2) is an overflow of information that was not included in her first book Be Your Own Doctor (1). It is full of practical, common sense information written in a way that will help you remember what to do when you have an emergency. It should save your family many doctor's visits if you put the information to practice. This book is not New Age in content. The author does not use questionable practices and recommends common herbs and simple remedies like charcoal to help the body do its job of healing. Be Your Own Doctor Book 2 cover issues like, diabetes, high blood pressure and how to find information to deal with cancer naturally. A great book!

BYOD2+T (Book #2) **$27.95**

Back Yard Pharmacy

by Rachel Weaver, MH. A very interesting and helpful book. Back Yard Pharmacy, provides fascinating, full color information on how to use the plants growing around you. So that you can, "Be Your Own Doctor." It is amazing to learn that the many plants that we call weeds, can heal us of many of our diseases. Save money using these simple plant remedies that God gave us. 256 pages.

SAC6919+T (Book) **$25.40**

Be Your Child's Pediatrician

by Rachel Weaver, MH.

Rachel Weaver, mother of nine and grandmother of fourteen, midwife, and master herbalist brings you a wealth of information from her decades of study and experience. This book is packed with practical advice and personal stories, and spiced with the humor of daily life and is packed with helpful information for impetigo, hand, foot & mouth disease and many other problems your child may encounter. An excellent book for the housewife. 256 pages.

SAC6926+T (Book) **$25.40**

Nourishing Traditions Book of Baby & Child Care

In his studies of isolated non-industrialized peoples, Dr. Weston A. Price formulated the dietary laws necessary for ensuring the health and vitality of our children, generation after generation. The Nourishing Traditions Book of Baby & Child Care now makes these principles available to modern parents, with primary emphasis on a nutrient-dense diet starting before conception and continuing through pregnancy, breastfeeding and the period of growth. This compendium of practical advice also addresses parental concerns about interventions during pregnancy and birth, vaccinations, and conventional medical practices for newborns. A section devoted to the illnesses of childhood explains the role of fever in strengthening the immune system and provides detailed instructions on natural therapies for everything from autism to whooping cough. 336 pages.

SF2124+T (Book) **$27.60**

These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

Seeds Of Deception

Without knowing it, Americans eat genetically modified (GM) food everyday. While the food and chemical industries claim that GMO food is safe, a considerable amount of evidence shows otherwise. In Seeds of Deception, Jeffrey Smith, a former executive with the leading independent laboratory testing for GM presence in foods, documents these serious health dangers and explains how corporate influence and government collusion have been used to cover them up. In Seeds of Deception Smith offers easy-to-understand descriptions of genetic engineering and explains why it can result in serious health problems. This well-documented, pivotal work will show you how to protect yourself and your family. 240 pages.

CG6580+T (Book) **$16.25**

Skinny Gut Diet Book

Balance your digestive system for permanent weight loss. In this book, The Skinny Gut Diet, Brenda uncovers the real reason diets don't work. She calls it the gut factor—the underlying explanation for why lasting weight loss remains just out of reach for so many people. She reveals an inner weight loss secret that has to do with the trillions of bacteria inside the gut and whether they are in balance or out of balance and why that makes all the difference. This book is much more than a diet book, it is a complete guide to a healthy Lifestyle that promotes permanent weight loss. by Brenda Watson. 289 pages.

RL12024+T (Book) **$26.00**

Farming The Woods

Farming the Woods covers in detail how to cultivate, harvest, and market high-value non-timber forest crops such as American ginseng, shiitake mushrooms, ramps (wild leeks), maple syrup, fruit and nut trees, ornamentals, and more. Along with profiles of forest farmers from around the country, readers are also provided comprehensive information on:

- historical perspectives of forest farming;
- mimicking the forest in a changing climate;
- cultivation of medicinal crops;
- cultivation of food crops;
- creating a forest nursery;
- harvesting and utilizing wood products;
- the role of animals in the forest farm; and,
- how to design your forest farm and manage it once it's established.

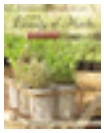
Farming the Woods is an essential book for farmers and gardeners who have access to an established woodland, are looking for productive ways to manage it, and are interested in incorporating aspects of agroforestry, permaculture, forest gardening, and sustainable woodlot management into the concept of a whole-farm organism. 384 pages.

CG8507+T (Book) **$35.25**

The Complete Guide To Saving Seeds

Learn how to collect, save, and cultivate the seeds from more than 300 vegetables, herbs, fruits, flowers, trees, and shrubs. It's easy, and it's fun! Authors Robert Gough and Cheryl Moore-Gough thoroughly explain every step in the seed-saving process. Descriptions of seed biology; tips on how to select plants for the best seeds; and advice on harvesting and cleaning, proper storage and care, and propagating and caring for new seedlings are all presented with clear, easy-to-follow instructions. Chapters dedicated to individual plants contain species-specific directions and detailed information. Gardeners of any experience level will find all the information they need to extend the life of their favorite plants to the next generation and beyond. 320 pages.

WP2574+T (Book) **$24.50**



The Beauty of Herbs

Herbs. They're packed with vitamins, minerals and culinary and medicinal value - offering a myriad of uses! Think about it, they touch nearly ever aspect of our lives, from food to toothpaste. And why not? These easy-to-grow and fun-to-use plants offer a wide spectrum of naturally healthful benefits. Have you explored them yet?

Gleaned from years of growing and working with herbs, The Beauty of Herbs profiles thirty herbs, brims with engaging illustrations, helpful tips, tasty and good-for-you recipes, gift ideas, poetry, inspirational quotes, gardening advice, an introduction to essential oils, and how-to's for basic herbal preparations - all with the focus of bringing glory to the Creator and Giver of all good gifts.

CP5332+T (Book) **$15.95**

Medicinal Herbs Book

With Rosemary Gladstar's expert advice, anyone can make their own herbal remedies for common ailments, such as aloe lotion for poison ivy, dandelion-burdock tincture for sluggish digestion, and lavender-lemon balm tea for stress relief. Gladstar profiles 33 of the most common and versatile healing plants and then shows you exactly how to grow, harvest, prepare, and use them. Stock your home medicine chest with safe, all-natural, low-cost herbal preparations, and enjoy better health! 224 pages.

RG2005+T (Book) **$15.75**

Hiking For Herbs

A helpful book with photos listing over 80 different herbs and there common uses. Find out how to use the herbs and weeds growing in your backyard! 100 Pages

HA1055+T (Book) **$33.25**

Burn Aid Book

An excellent guide on how to treat wounds and burns using B&W Salve, written by John Keim. 33 pages.

WS100+T (Book) **$7.20**

Charcoal Remedies

"The complete handbook of medicinal Charcoal and its' applications". A helpful book on the many uses of charcoal. Learn how to help your family with this simple remedy.

JD5003+T (Book) **$21.50**

Herbal Antibiotics Book

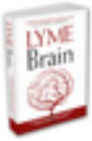
Antibiotic-resistant infections are alarmingly on the rise, and many people are looking for sound information on herbal alternatives to standard antibiotics. In this indispensable reference, herbal expert Stephen Harrod Buhner explains the roots of antibiotic resistance, explores the value of herbal treatments, and provides in-depth profiles of 30 valuable herbs, noting for each one its antibiotic properties, methods for collection and preparation, dosages, potential side effects, contraindications, and alternatives. As we prepare for the end of antibiotics, this comprehensive guide is a must-have in every family's medicine cabinet. 480 pages.

WP2987+T (Book) **$24.55**

Adrenal Fatigue

The original and very comprehensive self-help book on how stress affects your health. Find out how stress affects your body and what you can do to recover and protect your health in this comprehensive self-help book.

IH6090+T (Book) **$16.95**



Lyme Brain Book

Lyme Brain, most people with Lyme have experienced it. It's the most intrusive symptom that comes with the disease, and also one of the most difficult to alleviate. The brain is a very delicate organ, and is often the last organ to experience relief from the effects of Borrelia, co-infections, and co-conditions. In this cutting-edge book, Naturopathic Doctor Nicola McFadzean Ducharme opens up her vault of experience, wisdom, and practical tools, to bring you the most comprehensive protocol for Lyme brain that's ever been written. Nicola's training in natural medicine makes her the perfect doctor to write this book. While she isn't afraid to use pharmaceuticals when necessary, she prefers more gentle, holistic supplements and strategies to heal the delicate and sensitive brain. In this book, she takes you on a journey through dozens of supplements, treatments, and strategies to reclaim your smarts and leave Lyme brain behind.

BM3774+T (Book) **$38.40**

New Paradigms in Lyme Disease Treatment

Recent years have brought dramatic changes in how top doctors are treating Lyme disease. New paradigms in Lyme disease treatment have emerged and are helping people to recover, even those that have failed years of treatments. This book is based on interviews with ten leading Lyme doctors, and takes you deep into their treatment programs, so you can see for yourself what is new and different about modern Lyme treatment. No matter how many Lyme disease books you've already read, you don't want to miss the new treatment strategies presented in this book.

BM3781+T (Book) **$38.40**

Freedom From Lyme Disease

Includes a flexible treatment template which can be adapted to your unique needs and over 50 new treatments and protocols. Broad lifestyle coverage including diet, adrenal fatigue, emotional health, exercise, and more. New data on stealth infections which embed with Borrelia and delay recovery. Hormone imbalances. Various novel approaches to the common problems Lyme sufferers face. New pharmaceutical options which have been reported to catapult Lyme sufferers to new levels of health. Bryan Rosner has put his "all" into this book.

BM3743+T (Book) **$38.35**

The Lyme Diet Book

A Lyme sufferer who does everything right in their treatment program but neglects a proper diet has a very low chance of a full recovery. While we seek advanced medical interventions and sophisticated testing, we often forget about the most fundamental component of our healing: the food we put in our bodies. This book focuses on the following topic areas: •Reducing and controlling inflammation •Maximizing immune function via dietary choices •Restoring the gut and regaining healthy digestion. Addressing hormone imbalances •Detoxification •Specifically aimed at obstacles facing Lyme patients

BM4065+T (Book) **$25.95**

Healing Lyme "Second Edition"

A practical self help book on how to work with Lyme disease. By Stephen Harrod Buhner. 520 pages.

SB1001+T (Book) **$22.25**

Gut Check (Updated Version)

Practical, easy-to-understand information about healthy digestion from both a mainstream medical perspective and a natural healthcare perspective. Answers questions about diarrhea, lactose intolerance heartburn, constipation and more. 317 pages.

NOTE: This is an updated version of the "Gut Solutions Book"

RL12022+T (Book) **$24.95**

And They Said It Wasn't Possible

This book relates the true stories of people who suffered with Crohn's disease, ulcerative colitis, irritable bowel difficulties, and rheumatoid arthritis. Their health problems were reversed through diet. Karen Hurd, a nutritionist, tell the stories of her client in an interesting narrative style. She gives the specifics of how to overcome the debilitating conditions which her clients had been told were impossible to cure.

KH2129+T (Book) **$24.95**

Heal with Amino Acid Book

This book informs you of the roles of amino acids and guides you with natural answers for a variety of everyday problems. Amino acids have the healing power to help you feel better, think better, and stay healthy. 282 pages.

PS5130+T (Book) **$17.60**

Prescription For Nutritional Healing

Prescription for Nutritional Healing is the nation's #1 bestselling guide to natural remedies. The new fifth edition incorporates the most recent information on a variety of alternative healing and preventive therapies and unveils new science on vitamins, supplements, and herbs. With an A-to-Z reference to illnesses, updates include: How omega-3 and exercise may help those suffering from Alzheimer's, Current information on the latest drug therapies for treating AIDs, What you need to know about H1N1 virus, Nutritional information for combating prostate cancer, Leading research on menopause and bio identical hormones, And much, much more. In the twenty years since the first edition was released, the natural health movement has gone mainstream, and the quest for optimal nutrition is no longer relegated to specialty stores. With more than 800 pages of comprehensive facts about all aspects of alternative ways to wellness, Prescription for Nutritional Healing, Fifth Edition, unites the best of age-old remedies with twenty-first- century science.

PR4003+T (Book) **$32.00**

The Coconut Oil Miracle

A completely revised and updated guide for maximizing the health and beauty benefits of coconut oil

For years, The Coconut Oil Miracle has been a reliable guide for men and women alike. Now in its fifth edition, this revised and updated version has even more information on the benefits of coconut oil and shows readers how to use it for maximum effect, including a nutrition plan with 50 delicious recipes. Coconut oil is much more than just a fad. It is a uniquely curative elixir that has been shown to have countless health benefits.

PR3544+T (Book) **$14.95**

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OPEN MON – FRI • 8 AM – 5 PM EST • CLOSED SAT, SUN & HOLIDAYS

MAIL FORM TO	CALL, FAX OR TEXT	EMAIL
PO Box 80 Elliottsburg, PA 17024	717-692-3500 or 855-692-3500	orders@NewLightHealth.life

DATE: _____

MOVE RECENTLY? If so please include your old address so we can update your account. Thanks!

BILLING INFO

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____

SHIPPING INFO *(If different from billing info.)*

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____

☐ *Check here if billing & shipping addresses are same.*

☐ *Check here if this is a multi-family household.*

BUY MORE & SAVE PROGRAM

BUY 6 OF THE SAME ITEM & SAVE 5%
BUY 12 OF THE SAME ITEM & SAVE 10%

CHECK BOX IF YOU DO NOT WANT A SUBSTITUTE

	ITEM #	QTY.	DESCRIPTION	PRICE	DISCOUNT AMOUNT	TOTAL	TAX

SAME DAY SHIPPING ON MOST ORDERS RECEIVED BY 2 PM EST

SHIPPING INFO

All orders outside the 48 contiguous US States pay actual shipping cost

FREE standard First Class or Priority Mail shipping on orders $49.00 or more ..... ☐ **FREE**

$4.95 shipping on orders less than $49.00 ..... ☐ **$4.95**

EXPEDITED SHIPPING — Orders must be received by 2PM EST

	Addresses East of the Mississippi River		Addresses West of the Mississippi River	
Order Amount	2 Day Shipping	Next Day Shipping	2 Day Shipping	Next Day Shipping
$0 to $99.99	☐ $10	☐ $20	☐ $20	☐ $35
$100 to $199.99	☐ $15	☐ $35	☐ $30	☐ $55
$200 or more	Call for pricing.			

..... $_____

PLEASE NOTE: You may already be within the next or 2nd day shipping area by using our standard shipping service depending on your location. The next and 2nd day shipping options are for customers who are not already receiving their orders within these time frames and are desiring a faster shipping service.
NEXT & 2ND DAY SHIPPING DOES NOT INCLUDE WEEKENDS OR HOLIDAYS.

SUBTOTAL: _____

ATTENTION! FOR THE FOLLOWING STATES ADD SALES TAX: AR, IL, IN, IA, KS, KY, MD, MI, MN, MO, NY, NC, OH, PA, TN, VA, WI, WV. PLEASE SEE THE BACK SIDE OF THIS ORDER FOR YOUR STATE TAX RATE & TAXABLE ITEMS.

TAX: _____

SHIPPING: _____

TOTAL ENCLOSED: _____

Thank you for your order!

METHOD OF PAYMENT

☐ Check or Money Order ☐ Check by Phone ☐ Visa ☐ Mastercard ☐ Discover

_____ - _____ - _____ - _____ Credit Card Number

_____/_____ Expiration Date

_____ Security Code (3 Digit Code on Back)

X_____ Cardholder's Signature

PLEASE NOTE: All prices subject to change without notice. • Out of stock items will be placed on back order & will be shipped free of charge. Exception: Long term out of stock items will be refunded. • All sealed/undamaged items may be returned & exchanged for another item. (Customer pays shipping + 10% restocking fee) • Don't see a product listed that you'd like? Call & we will see if it's available.

SALES TAX RATES BY STATE

Arkansas Residents	Add 6.5% sales tax* on all items except: food	Add 0.125% sales tax on food
Illinois Residents	Add 1% sales tax* on supplements, food, drink mixes, & hydrogen peroxide	Add 6.25% sales tax on all other items except: sanitary pads & tampons (no sales tax)
Indiana Residents	Add 7% sales tax* on shipping & all items except: food, drink mixes, & food coloring items (no sales tax)	
Iowa Residents	Add 6% sales tax* on all items except: food, drink mixes, & shipping (no sales tax)	
Kansas Residents	Add 6.5% sales tax* on all items including shipping	
Kentucky Residents	Add 6% sales tax* on shipping & all items except: food, drink mixes, & food coloring items (no sales tax)	
Maryland Residents	Add 6% sales tax* on all items except: supplements, food, drink mixes, floss, Epsom salt, sanitary pads & tampons, personal lubricants, hydrogen peroxide, bandages & gauze, baby powder & oil, cloth nursing pads, & shipping (no sales tax)	
Michigan Residents	Add 6% sales tax* on all items except: supplements, food, drink mixes, & shipping (no sales tax)	
Minnesota Residents	Add 6.88% sales tax* on shipping and all items except: food, drink mixes, food coloring, bug spray, sanitary pads & tampons, diapers, bandages & gauze, hydrogen peroxide, hand sanitizers, & nursing pads (no sales tax)	
Missouri Residents	Add 5.3%* on all items except: food	Add 1.225% sales tax on food
New York Residents	Add 8% sales tax* on all items except: supplements, food, Epsom salt, sanitary pads & tampons, personal lubricants, & hydrogen peroxide (no sales tax)	
North Carolina Residents	Add 6.75% sales tax* on all items except: food & drink mixes	Add 2% sales tax on food & drink mixes
Ohio Residents	Add 6.75% sales tax* on shipping and all items except: food, drink mixes, food coloring, sanitary pads, & tampons (no sales tax)	
Pennsylvania Residents	Add 6% sales tax* to all items with item # ending in +T	
Tennessee Residents	Add 7% sales tax* on shipping and all items except: food (no sales tax)	
Virginia Residents	Add 4.3% sales tax* on all items except: food & hygiene items	Add 2.5% sales tax on food & hygiene items
West Virginia Residents	Add 6% sales tax* on all items except: supplements, food, & protein powder (no sales tax)	
Wisconsin Residents	Add 5% sales tax* on shipping & all items except: food, drink mixes, & food coloring (no sales tax)	

* Or your local tax rate

REQUEST A FREE CATALOG FOR A FRIEND!

PLEASE SEND A CATALOG TO:	PLEASE SEND A CATALOG TO:
NAME: _____	NAME: _____
ADDRESS: _____	ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____	CITY: _____ STATE: _____ ZIP: _____
PHONE: _____	PHONE: _____

☐ *Check here if you need another NewLight Health Catalog, or let us know.*

COMMENTS

We value your input. Feel free to list testimonials, suggestions etc. on how we could better serve you.
Thank you for your business, we look forward to serving you!

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PO Box 80 Elliottsburg, PA 17024	717-692-3500 or 855-692-3500	orders@NewLightHealth.life

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NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____

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$100 to $199.99	☐ $15	☐ $35	☐ $30	☐ $55
$200 or more	Call for pricing.			

..... $_____

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NEXT & 2ND DAY SHIPPING DOES NOT INCLUDE WEEKENDS OR HOLIDAYS.

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TAX: _____

SHIPPING: _____

TOTAL ENCLOSED: _____

Thank you for your order!

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☐ Check or Money Order ☐ Check by Phone ☐ Visa ☐ Mastercard ☐ Discover

_____ - _____ - _____ - _____ Credit Card Number

_____/_____ Expiration Date

_____ Security Code (3 Digit Code on Back)

X_____ Cardholder's Signature

PLEASE NOTE: All prices subject to change without notice. • Out of stock items will be placed on back order & will be shipped free of charge. Exception: Long term out of stock items will be refunded. • All sealed/undamaged items may be returned & exchanged for another item. (Customer pays shipping + 10% restocking fee) • Don't see a product listed that you'd like? Call & we will see if it's available.

SALES TAX RATES BY STATE

Arkansas Residents	Add 6.5% sales tax* on all items except: food	Add 0.125% sales tax on food
Illinois Residents	Add 1% sales tax* on supplements, food, drink mixes, & hydrogen peroxide	Add 6.25% sales tax on all other items except: sanitary pads & tampons (no sales tax)
Indiana Residents	Add 7% sales tax* on shipping & all items except: food, drink mixes, & food coloring items (no sales tax)	
Iowa Residents	Add 6% sales tax* on all items except: food, drink mixes, & shipping (no sales tax)	
Kansas Residents	Add 6.5% sales tax* on all items including shipping	
Kentucky Residents	Add 6% sales tax* on shipping & all items except: food, drink mixes, & food coloring items (no sales tax)	
Maryland Residents	Add 6% sales tax* on all items except: supplements, food, drink mixes, floss, Epsom salt, sanitary pads & tampons, personal lubricants, hydrogen peroxide, bandages & gauze, baby powder & oil, cloth nursing pads, & shipping (no sales tax)	
Michigan Residents	Add 6% sales tax* on all items except: supplements, food, drink mixes, & shipping (no sales tax)	
Minnesota Residents	Add 6.88% sales tax* on shipping and all items except: food, drink mixes, food coloring, bug spray, sanitary pads & tampons, diapers, bandages & gauze, hydrogen peroxide, hand sanitizers, & nursing pads (no sales tax)	
Missouri Residents	Add 5.3%* on all items except: food	Add 1.225% sales tax on food
New York Residents	Add 8% sales tax* on all items except: supplements, food, Epsom salt, sanitary pads & tampons, personal lubricants, & hydrogen peroxide (no sales tax)	
North Carolina Residents	Add 6.75% sales tax* on all items except: food & drink mixes	Add 2% sales tax on food & drink mixes
Ohio Residents	Add 6.75% sales tax* on shipping and all items except: food, drink mixes, food coloring, sanitary pads, & tampons (no sales tax)	
Pennsylvania Residents	Add 6% sales tax* to all items with item # ending in +T	
Tennessee Residents	Add 7% sales tax* on shipping and all items except: food (no sales tax)	
Virginia Residents	Add 4.3% sales tax* on all items except: food & hygiene items	Add 2.5% sales tax on food & hygiene items
West Virginia Residents	Add 6% sales tax* on all items except: supplements, food, & protein powder (no sales tax)	
Wisconsin Residents	Add 5% sales tax* on shipping & all items except: food, drink mixes, & food coloring (no sales tax)	

* Or your local tax rate

REQUEST A FREE CATALOG FOR A FRIEND!

PLEASE SEND A CATALOG TO:	PLEASE SEND A CATALOG TO:
NAME: _____	NAME: _____
ADDRESS: _____	ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____	CITY: _____ STATE: _____ ZIP: _____
PHONE: _____	PHONE: _____

☐ *Check here if you need another NewLight Health Catalog, or let us know.*

COMMENTS

We value your input. Feel free to list testimonials, suggestions etc. on how we could better serve you.
Thank you for your business, we look forward to serving you!

A Glimpse into NewLight Health

At NewLight Health, we are grateful to our customers for their dedication and support. We recognize without you, there would be no company.

We are also very grateful to have a dynamic and devoted NewLight Health team, committed to helping others live healthier lives.

We could not reach as many customers, or help as many people, without the hard work and commitment of many individuals working behind the scenes at NewLight Health to fulfill our business mission.

When **Amos Stoltzfus, Jr.** helped start the company in 2012, it would be hard for him to imagine the many families connected to NewLight Health today. Amos works to ensure his teams and systems are running optimally to provide the products and services customers need. He is humbled to be of service to God, and to the wonderful NewLight Health community, customers, and team.

MEET OUR TEAM

ROSALIE GEHMAN
Health Coach

Rosalie can often be found studying about health or on the phone, helping others through their own health challenges or concerns. She is happy to answer questions and provide guidance on any NewLight Health products.

CUSTOMER SUPPORT TEAM

Do you have a question/or questions about a certain order/invoice? Would you like to place an order without calling? One of the four ladies from the Customer Support team is behind the desk five days a week, entering fax, email, and text orders. Feel free to call, fax, text, or email the 'Customer Support' team about any unfulfilled orders, refunds, returns, damaged items, payments, shipments, etc.

JOHN SMUCKER
Purchasing

John works hard to ensure necessary products are close at hand for our customers. He strives to swiftly fulfill new product requests that meet our standards. He ensures that we're sourcing quality products for our customers.

SALES TEAM

Our dedicated sales team is standing by ready to assist you with your order. They strive for accuracy and detail while taking your information to ensure your order gets shipped to the correct address and that you get the items you ordered.

FULFILLMENT TEAM

Our fulfillment team does their best to ensure that your order is processed accurately and promptly. Their daily goal is to ship all orders received by 2pm the same day they are received.

WELLNESS TO YOUR DOOR™

FROM OUR ENTIRE TEAM,

Thank you for reading and for your support. We appreciate our community of customers, and if there is anything you need, please ask. It is only by the Grace of God that we can fulfill our mission to help our communities live healthful lives.

God Bless.

NEW LIGHT HEALTH™

P.O. Box 80
Elliottsburg, PA 17024

PRSRT STD
US POSTAGE
PAID
HARRISBURG, PA
PERMIT NO. 1182

Free shipping on orders over $49.

Same day shipping on most orders placed by 2:00 PM EST.

Call, fax or text: 717-692-3500 Monday – Friday from 8 AM to 5 PM EST.

Men's Complete

Serving Size: 4 Capsules

Frontier Men's Complete provides important antioxidant vitamins A, C and E, an array of B vitamins, easily absorbable calcium and magnesium, as well as a full spectrum of bio-available, trademarked TRAACS® minerals and trace elements. Frontier Men's Complete also contains benefi cial additions like choline, CoQ10, Lutemax, lycopene, red beet powder, DMG, saw palmetto, and a super-food blend.

NFR1128 (120 Vcaps.) 30 Servings.....**$47.60**

Hydration I.V. Electrolyte Drink

Serving Size: 1 Pak

Hydration I.V., a great-tasting electrolyte drink mix that has been carefully formulated with 20 times the hydrating power of anaverage 16-ounce bottle of spring water because of its full spectrum of electrolytes, which helps hydrate the body faster. Inaddition, when compared to a sports drink, Hydration I.V. has 3 times the electrolytes, one-third the sugar and carbs, half the calories, and five essential vitamins for energy and recovery.

TM0915 Strawberry Coconut (16 Paks.) 16 Servings.....**$28.80**

TM0920 Rasp./Lemonade (16 Paks.) 16 Servings.....**$28.80**

Tick Removal Kit

This kit contains: precision tweezers, magnifying lens, antiseptic towelettes, tick storage bags and instructions.

MM80992 (1 Kit) **$8.95**

Women's Complete

Serving Size: 4 Capsules

Women's Complete is uniquely formulated for women of all ages, from menstruation, conception and pregnancy through menopause. This new women's wellness complex is a high-quality multivitamin-mineral supplement that includes bio-available ingredients in nutritionally meaningful amounts. Women's Complete contains activated vitamins, chelated minerals and the best form of specialty ingredients including DMG, inositol and super foods, along with a unique, proprietary probiotic complex. This formula was created to enhance all facets of women's health, including heart, reproductive, GI and musculoskeletal health as well as skin, hair and nail care.

NFR1120 (120 Vcaps.) 30 Servings.....**$47.95**

Skin Spray

This is a great travel or purse companion. P2 probiotics eat away the microscopic film in which disease-causing bacteria thrive on your skin's surface. Use this spray for cuts, rashes, burns, bug bites or skin diseases like eczema or psoriasis. This spray will coat your skin, providing protection and a fresh clean feeling of relief all day long. Hey, spray your cell phone, purse, etc. to protect against bacteria! Safe for Skin & inhalation. Non-Allergenic. Safe for Babies. Ingredients: A Proprietary blend of FDA GRAS Spore Probiotics, Water, Organic Vanilla, Organic Spearmint.

EB1020+T (2 oz.) **$10.15**

EB1022+T Refill (16 oz.) **$34.95**